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4-10 July 2020

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NEW

Jack Whitehall's SPORTING NATION

The comedian's hilarious look at our epic triumphs and glorious failures

COMEDY FRIDAY ON BBC1 HD

NEW DRAMA

STATELESS
Hard-hitting Australian story

NEW COMEDY

THE KEMPS: ALL TRUE
Spandau Ballet spoof

NEW DRAMA

MRS AMERICA
Cate Blanchett stars in a true-life struggle

HotList This week's 28

Saturday 4

Andy Murray's Greatest Hits

DOCUMENTARY *BBC1 HD, 1.15pm*

Looking back at the British tennis star's career, including his Olympic success and first Wimbledon triumph in 2013. Concludes tomorrow.

The Derby

HORSE RACING *ITV HD, race starts 4.55pm*

English King, winner of the Derby Trial at Lingfield, and Kameko, the 2000 Guineas winner, head the betting for this year's Derby, which will be behind closed doors.

How the Beatles Changed the World

DOCUMENTARY *Yesterday, 7pm*

With the use of rare footage, this documentary traces the band's path through the 1960s, looking at their impact on fashion, film, art and spirituality.

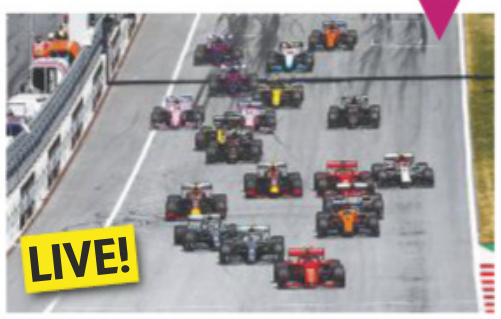
Washington

DOCUDRAMA *Sky History HD, 9pm*

Narrated by actor Jeff Daniels, this three-part docudrama brings to life the extraordinary story of America's first President, George Washington. Continues tomorrow and Monday.

Full listings start on **p35**

Sunday 5



F1: Austrian Grand Prix

MOTORSPORT *Sky Sports F1 HD, race starts 2.10pm*

The coronavirus-hit Formula One season gets underway at the Red Bull Ring with the first of a double-header from Spielberg in Austria.

Bear: Koala Hero

DOCUMENTARY *Sky Nature HD, 7pm*

Wildlife activist and presenter Tyson Mayr follows the amazing work of koala-detection dog Bear and his team as they rescue injured koalas from burnt-out bushland in Queensland, Australia.

Alex Brooker: Disability and Me

DOCUMENTARY *BBC2 HD, 9pm*

The TV presenter confronts his disability, visiting key moments from his past and recalling happy and difficult memories. *See documentaries, page 21*

The Kemps: All True

COMEDY *BBC2 HD, 10pm*

In this spoof documentary, Rhys Thomas interviews Spandau Ballet's Gary and Martin Kemp amid their 40th anniversary celebrations, and looks at their musical history. *See feature, page 11*

Full listings start on **p45**

Monday 6

Trump in Tweets

DOCUMENTARY *BBC3 Online, from 6am*

The story of how Donald Trump, the President of the USA, went from technophobe to serial tweeter. This one-off looks at the impact of his use of social media across the world.

The Repair Shop: Fixing Britain

DOCUMENTARY *BBC1 HD, 4.30pm*

Jay Blades narrates the stories of heirlooms restored in the barn, covering everything from espionage to modern design. Continues all week.

The Secrets She Keeps

DRAMA *BBC1 HD, 9pm*

Laura Carmichael stars in this Australian thriller based on Michael Robotham's novel. Continues tomorrow. All six eps will be on BBC iPlayer after the first ep airs. *See feature, page 8*

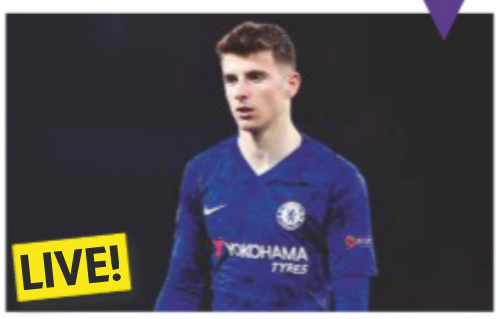
Long Lost Family: What Happened Next

DOCUMENTARY *ITV HD, 9pm*

The series returns with the story of Kathleen Fraser Jackson, who heads to Jamaica to meet her youngest sister for the first time. Nicky Campbell and Davina McCall host.

Full listings start on **p55**

Tuesday 7



Premier League

FOOTBALL *Sky Sports Main Event HD*

Big fixtures on Sky Sports tonight include the London derby between Crystal Palace and Chelsea (kick-off 6pm) and Arsenal v Leicester City (kick-off 8.15pm).

EastEnders

SOAP *BBC1 HD, 7.25pm*

The latest iconic episode is from New Year's Day 2010. On the day of Syed's wedding to Amira, Zainab is left reeling when Christian reveals the truth about her son's sexuality and their relationship.

Bake Off: The Professionals

COOKERY *C4 HD, 8pm*

In the push for a place in the next round, the teams take on the challenge of a sugar showpiece inspired by insects and including lollipops and jelly sweets.

The Battle of Britain

DOCUMENTARY *Channel 5 HD, 9pm*

Kate Humble and Dan Snow present a guide to the World War Two battle, including testimony from pilots and ground crew, and starting with the first skirmishes. Continues to Thursday.

Full listings start on **p65**

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best shows

PROGRAMME DISRUPTION
Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Wednesday 8

Stateless
DRAMA Netflix

EDITOR'S CHOICE Inspired by true events, Cate Blanchett and Yvonne Strahovski star in an Australian drama about refugees in detention. *See Your Watchlist, page 14*

England v West Indies: First Test
CRICKET Sky Sports Main Event HD & Sky Sports Cricket HD, play starts 11am

England take on the West Indies at Southampton in the first of a three-match series. *See sport, page 28*

Mrs America
DRAMA BBC2 HD, 9pm & 9.45pm

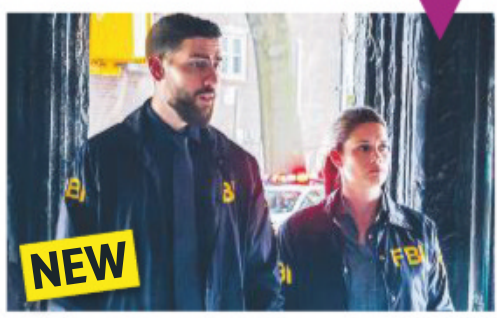
EDITOR'S CHOICE Cate Blanchett stars in this story of the 1970s feminist movement in the US. All nine eps will be on iPlayer after the first two eps air. *See feature, page 6*

The Underdog vs The State: The Battle for Kenya
DOCUMENTARY BBC4 HD, 10pm

The story of Boniface 'Softie' Mwangi, who pays a high price when he decides to stand for election in Kenya, determined to expose government corruption.

■ Full listings start on **p75**

Thursday 9



FBI
CRIME DRAMA Sky Witness HD, 9pm

The New York crime procedural returns for its second series, with agents OA and Maggie taking on a new batch of anti-terror cases, starting with a bomb at a restaurant in Queens.

Get Shorty
COMEDY DRAMA Sky Atlantic HD, 9pm

Chris O'Dowd and Ray Romano return in the third series of the comic drama about a gangster-turned-movie-producer. All seven eps will be on Sky Box Sets/NOW TV from 9 July. *See feature, page 12*

Manhunt: The Raoul Moat Story
DOCUMENTARY ITV HD, 9pm

The story of Raoul Moat, who went on the run in the north-east of England after a two-day shooting spree in 2010. *See documentaries, page 20*

There She Goes
COMEDY BBC2 HD, 9.30pm

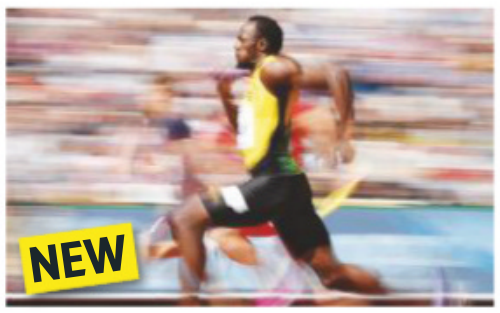
Jessica Hynes and David Tennant return as the parents of Rosie, a child with learning disabilities. In the first episode, the couple hope her communication skills are about to take off. *See feature, page 12*

■ Full listings start on **p85**

Friday 10

Greyhound
DRAMA Apple TV+

Tom Hanks stars in this new film as a US navy commander tasked with leading Allied shipping across the Atlantic during World War Two, only to find his convoy pursued by German U-boats.



Greatness Code
DOCUMENTARY Apple TV+

A new documentary series aims to find out what it is that makes sports stars such as sprinter Usain Bolt, swimmer Katie Ledecky and snowboarder Shaun White the greatest in their fields.

The Old Guard
SUPERHERO DRAMA Netflix

Charlize Theron stars in this big-budget superhero drama as ancient warrior Andy. She and her team work to destroy rogue copycats who seek to take on their supernatural powers.

Jack Whitehall's Sporting Nation
COMEDY BBC1 HD, 8.30pm

EDITOR'S CHOICE The comedian looks at the UK's sporting highs – as well as our glorious failures. *See feature, page 4*

■ Full listings start on **p95**

4 – 10 July 2020

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The UK's great sports moments in *Jack Whitehall's Sporting Nation*

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ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: TREVOR LEIGHTON, NETFLIX, BBC, ALAMY. HOTLIST WORDS: JIM FONE. HOTLIST PHOTOS: ALAMY, GETTY, PA IMAGES

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Jack STRIKES back!

Missing the Olympics and Euro 2020? Never fear, armchair fan **Jack Whitehall** is here to take a light-hearted look at Britain's sporting history...

NEW COMEDY

Jack Whitehall's Sporting Nation
Friday, BBC1 HD, 8.30pm

With live sport only now returning after months of lockdown, fans are in for a treat over the next six weeks as comedian Jack Whitehall presents a celebration of the greatest stories, personalities and moments in the history of British sport.

His new show, *Jack Whitehall's Sporting Nation*, delves into the archives to take a light-hearted look back at our sporting track record, and examines what our love of sport tells us about ourselves as a nation.

Here, Whitehall, who turns 32 on 7 July, reveals just what's in store…

Why did you want to make this series? The British public has lost over 100 hours of sport this summer, with the Olympics, Euro 2020 and Wimbledon being wiped off the schedule. So we came up with the idea of *Sporting Nation*, a look at some of the greatest moments in our sporting story. The whole show will be pure, unadulterated nostalgia.

How would you describe the series? It's not just one of those '100 greatest sporting moments' shows with a load of old clips. We collate these famous achievements and memories to see what they say about us as a country, and what our love affair with sport means.

What sports are you looking at? We wanted to make sure we took in lots of different sports – not just football – so we have people in there like ski jumper Eddie the Eagle, ice skaters Torvill and Dean and snooker player Dennis Taylor.

Do you watch a lot of sport? I can watch any sport and get involved. I could sit down in front of the Winter Olympics and find myself obsessed with curling for a week. Or watch a documentary about Torvill and Dean and find myself genuinely enthralled.

When did you first get interested in sport? From a pretty early age. My mum was far more into sport than my dad was. He hated it, but my mum was into football, hockey and athletics. She was so passionate that my dad subsequently did get into sport, and by the time I was a teenager, he was a football fan!

Did you play sport at school? I played football and cricket, and I started up a lacrosse team so I could be in it, but too many people joined up. So I couldn't even get into a sports team that I had set up!

What are your most vivid sporting memories from childhood? One story that I've been obsessed with, and a very visceral memory from growing up, is the David Beckham saga. We look at the redemption of Beckham, from the sending off against Argentina [in the 1998 World Cup] to the free kick against Greece [in the 2002 World Cup qualifiers]. That goal against Greece is a proper 'remember where you were when you saw it?' moment.

How far back in sporting history are you going? The original 1908 London Olympic Games features, and we have some amazing footage of ladies dressed in big hats and dresses doing archery – so we've delved back quite a long way.

Andrew 'Freddie' Flintoff in 2005

What are your favourite sports films? There are some brilliant sports films around. For example, I don't follow Formula One, but I found *Senna* gripping. It's the same with [Netflix documentary series] *The Last Dance*. I don't care about basketball at all, but it's amazing. The best ones are like drama. You have characters, stories, and reveals and twists that pull at people's heartstrings.

As a football fan, how do you feel about games being played in empty stadiums now the season has resumed? There's the old cliché about the fans being the 12th man, and how important it is to have home advantage. Watching football behind closed doors, it shows just how important the fans really are.

David Beckham scores against Greece in 2001

WORDS: IAN MACEWAN. PHOTOS: BBC, GETTY

'I couldn't even get into a sports team that I had set up!'
JACK WHITEHALL

Jack Whitehall celebrates the best of British sport

Jack's favourite moments from the series...

Class

'In our episode on class, we look at Fred Perry winning Wimbledon and Freddie Flintoff winning the Ashes, and the parallels between them. He's become a friend and I would never say this in front of him, but Freddie is one of my absolute heroes.'

Underdogs

'My mum is a Leicester City fan, so it felt impossible not to include the Foxes winning the Premier League [in 2016] in our episode about underdogs. Club sport can be divisive, but Leicester transcends that, because it's a brilliant story. Also if I didn't do them justice, my mother wouldn't watch the show.'

Glorious Failure

'In this episode, we start with an injured Derek Redmond struggling over the finish line at the 1992 Olympics, and end with England's Euro 96 campaign. We do a montage with music and you will be in tears at the end. If you're not, then you're an emotional husk!'

It's Coming Home

'This instalment starts with England winning the 1966 World Cup, and takes you through all those barren years where we couldn't win anything for love nor money. It ends in 2012 with Mo Farah winning gold at the London Olympics. When I watched the episode, I had goosebumps on the back of my neck.'

Gloria Steinem
Rose Byrne
The co-founder of *Ms.* magazine pushes the women's movement to be more progressive, including lobbying for abortion rights.

Girl POWER

Phyllis Schlafly
Cate Blanchett
The Illinois housewife has a powerful network and leads the campaign against the ERA.

Rose Byrne and Cate Blanchett star as two women on opposite sides of the battle for equality in 1970s America

NEW DRAMA

Mrs America

Wed, BBC2 HD, 9pm & 9.45pm

The debates and campaigns surrounding a landmark piece of legislation may not seem like the most gripping premise for a drama, but BBC2's *Mrs America* has already been praised in the US for its 'electric' storyline and 'stunning performances'.

Set in the 1970s, the drama – which kicks off with a double bill – revolves around the Equal Rights Amendment (ERA), which promised to prevent discrimination against women under US law.

It was expected that the new amendment would be ratified by individual states – but its progress was unexpectedly stymied by a conservative women's movement who believed it would lead to, among other things, young women being drafted into the Vietnam War, and the elimination of single-sex toilets.

A DIFFERENT MINDSET

Created by former *Mad Men* writer Dahvi Waller and starring Cate Blanchett and Tracey Ullman, the nine-parter charts the choppy history of the ERA.

'Every writer who writes a period drama of any kind grapples with how to remove that modern-day lens we automatically have,' says Waller. 'I spent a lot of time reading newspaper articles from the 1970s, really getting inside the minds of these women back then, how they spoke about each other and themselves.'

Tracey Ullman as Betty Friedan

Cate Blanchett plays Phyllis Schlafly

As the series begins, conservative housewife Phyllis Schlafly (played by Blanchett) is considering a third run for Congress. However, after a visit to Washington leaves her disillusioned, she realises that there is power in being outside the system, so she uses her network of homemakers to start a crusade against the ERA.

'She saw it as the thin end of the wedge,' says Blanchett, 51, who also serves as executive producer. 'She was able to mobilise and identify with special-interest groups who thought that, in defeating the women's movement, they could shore up their own platforms – which were anti-abortion, patriarchal family values and isolationism.'

While Phyllis builds her grassroots campaign against the ERA, the feminist movement is working equally hard to gain support for the amendment, and episode two shifts the focus to feminist activist Gloria Steinem, played by Rose Byrne.

STILL RELEVANT

'The terrifying thing is that I related to a lot of it, and this is decades later,' explains Byrne, 40. 'I was like, "I know that feeling, I understand that sense of judgement or dismissal." We'd be on set, going over scenes and saying to ourselves, "This is still what we're talking about in the news today."

'Women of an older generation worked so hard for all of these rights, and we now stand on their shoulders. But the fact that we're still talking about it is depressing.'

In their certainty of getting the amendment passed, the women's movement underestimates the threat posed by Phyllis, dismissing her as a 'right-wing nut'. But it isn't until Phyllis' shrewd campaign sees the ERA defeated in Illinois that Gloria and her allies realise what they are up against.

'There's no point going back in history unless you're revealing something about the present,' says Blanchett. 'We were all wanting to understand the losses and gains, the missteps and the successes of both sides of that women's movement, but also why women have been so divided from one another.

'What the series really points to is that the women have so much in common. They want to protect certain things, and also to change certain things. They've got more in common than perhaps they realised at that point in time.'

Uzo Aduba as Shirley Chisholm

BOX SET

BBC iPlayer

All nine episodes will be on BBC iPlayer after the first two episodes have aired.

WHO'S WHO?

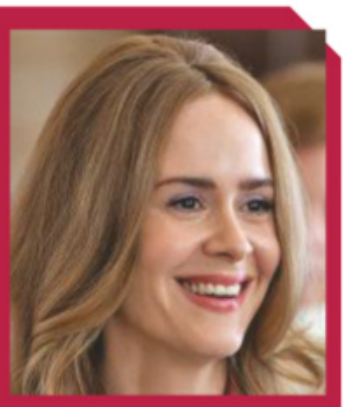
Eleanor Schlafly
Jeanne Tripplehorn
Phyllis' unmarried sister-in-law is a loyal confidante, whose contribution to the movement is often overlooked.

Shirley Chisholm
Uzo Aduba
The first black woman elected to the US Congress finds herself sidelined within the feminist movement.

Bella Abzug
Margo Martindale
'Battling Bella' is one of the main organisers working within the feminist movement, and tries to balance the conflicting priorities within the group.

Betty Friedan
Tracey Ullman
The author of *The Feminine Mystique* refuses to be silenced – but her outspokenness is considered a liability by some of her peers.

Jill Ruckelshaus
Elizabeth Banks
A rare Republican voice in the pro-ERA movement, Jill strives to prevent those on the right from being swayed by Phyllis.



Alice Macray
Sarah Paulson
Based on several women within Phyllis' circle, Alice is responsible for bringing the perceived threat of the ERA to Phyllis' attention.

WORDS: STEVEN PERKINS. PHOTOS: ALAMY, BBC

Dangerous obsession

Downton Abbey's **Laura Carmichael** on playing a troubled woman in BBC1's new domestic noir

NEW DRAMA
The Secrets She Keeps
Monday & Tuesday, BBC1 HD, 9pm

She's best known for playing Lady Edith Crawley in *Downton Abbey*, but Laura Carmichael swaps aristocratic glamour for greasy hair and jeans this week to play a troubled mother-to-be in BBC1's new Sydney-set thriller *The Secrets She Keeps*.

Inspired by a real-life hospital-kidnap incident, the six-parter sees Carmichael take on the role of divorced and lonely Agatha. Pregnant and making ends meet the best she can, Agatha also develops a dark obsession with glamorous Instagram influencer Meghan Shaughnessy (Jessica De Gouw), who is also pregnant.

Laura Carmichael as *Downton*'s Edith

But far from being the perfect wife and mother, Meghan has skeletons in her closet, too – and when Agatha engineers a 'chance' meeting, the story takes a menacing turn as secrets are revealed and their lives fall apart thanks to one horrifying act.

TV&Satellite Week chatted to *The Spanish Princess* and *Marcella* star Carmichael, 33, to find out more…

What attracted you to the role of Agatha? Funnily enough, I'd just been in LA and I was chatting to producers over there and they asked, 'What do you want to do next?' I said, 'I think I'd like to play a psychopath!' And then by the time I got off the plane in London, the script for *The Secrets She Keeps* had arrived! In lots of ways Agatha is a dark character, but over the course of the series you learn more about the trauma she's had at various points in her childhood and what leads her to do what she does. It's an intense story.

How did you find playing someone with such obsessive, conflicting emotions? It was an interesting and satisfying role to play – there's a lot to Agatha. I had to go into tunnel vision of being in her shoes and trying to make sense of everything she does. There's definitely a real sadness that leads to her darkness and I felt like I really cared for her as a character in a weird way.

Agatha compares herself to Meghan's seemingly perfect life. Can you relate to that? I can relate to that Instagram world 100%. I'm terrible at Instagram. Some people can do it really well and are very authentically themselves, but it doesn't come naturally to me. I just worry about the wording and the caption – I'm that sort of person. I don't want to offend anybody or get anything wrong.

The drama is inspired by a real hospital kidnap. Did you do some research into that? Hospital kidnaps have happened quite a lot, so I did look into it. All of the stories were so sad. It's a very selfish thing to do but it comes from trauma.

How did you find filming in Australia? Were you recognised? I was in a yoga class and an Australian girl half-recognised me and asked if we had gone to school together! I was filming there for four months and it felt liberating – it's such a world away from *Downton*. It was amazing to go somewhere where you don't really know anyone and to do something so challenging and different. But I was living on my own, so it was also quite intense.

What are your plans now? I really don't know. It's a very slow edging out of lockdown for the TV industry. But it was such a joy to do something so different for this series that I'm fantasising about doing something different again.

Agatha Fyfle
Laura Carmichael
The lonely mum-to-be and supermarket shelf-stacker is still traumatised by losing her daughter, Chloe, at 32 weeks pregnant, which led to the breakdown of her marriage.

Agatha becomes fascinated by Meghan

'There's definitely a real sadness that leads to Agatha's darkness'

LAURA CARMICHAEL

WHO'S WHO?

Hayden Cole
Michael Sheasby
Agatha's on-off boyfriend is the reluctant father of her unborn baby. Sailor Hayden has been at sea for months. Will he support Agatha on his return?

Nicky Fyfle
Richard Sydenham
Agatha's ex is stunned that she is pregnant again following the loss of their daughter, Chloe, especially since Agatha was told she couldn't have more children.

Jack Shaughnessy
Michael Dorman
A top TV job doesn't bring in the salary Meghan's husband needs to maintain their lifestyle, especially with another baby on the way.

Simon Beecher
Ryan Corr
Jack's best mate is godfather to the couple's eldest child. He enjoys leading Jack astray, but what's the real cause of his frostiness with Meghan?

Meghan Shaughnessy
Jessica De Gouw
The pregnant influencer seems to have it all. But behind the facade, her life's crumbling thanks to cruel online trolling and an unplanned third pregnancy.

BOX SET

BBC iPlayer

All six episodes will be available on BBC iPlayer after the first episode airs.

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Yasmeen opens up to Sally

CORONATION STREET

Sally wants the truth and visits Yasmeen in prison

» **Ever since Geoff** was stabbed by Yasmeen, Sally has questioned her father-in-law's claim that he was an innocent victim. When Cathy reveals this week that Geoff locked Yasmeen in his magic box, Sal's conscience tells her that something truly terrible was going on at No.6.

Seeing Sally as an ally, Alya asks if she'll be a witness for the defence in her gran's upcoming trial for attempted murder. Sally's keen to help, but feels she must first speak to Yasmeen herself.

Over at the prison, Yasmeen opens up about her ordeal, and when Sally returns to the cobbles, she tells Geoff where she has been. Geoff snaps and tears into his terrified relative.

Fearing his control of Yasmeen is slipping away, Geoff's desperate to speak to his wife. Later, when he overhears Alya telling Imran she is expecting a call from her gran, he furtively swipes her mobile phone.

Yas is horrified when she calls her granddaughter and hears evil Geoff on the end of the line. Will he manage to reel her back in?

A shock on the phone for Yasmeen

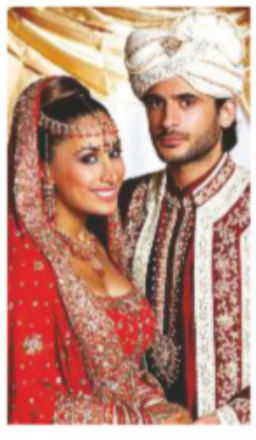
» **PLUS** Leanne turns on Toyah, Laura threatens to go to the police about Rick, Roy gatecrashes Evelyn and Arthur's date, Michael suggests to Grace that they give things another go, and Jenny refuses to speak to Johnny.

whatsontv.co.uk/soaps

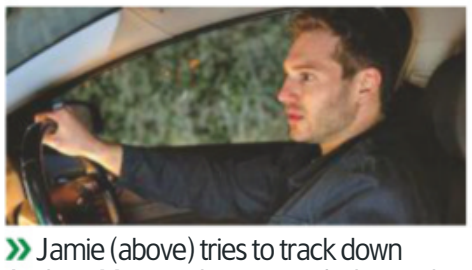
ALSO IN THE SOAPS THIS WEEK...

EASTENDERS

» The show is temporarily off-air, but fans can see James Bye and Davood Ghadami (Martin and Kush) in *EastEnders: Secrets from the Square*, plus there's a chance to see Amira and Syed's wedding from 2010 (right).



EMMERDALE



» Jamie (above) tries to track down Andrea, Moira is the victim of a hit-and-run, Chas cautions Belle over her new relationship, Jacob and Leanna try to reunite Leyla and Liam, Bob puts his foot in it with Wendy, and Gabby feels lonely.

WORDS: HANNAH DAVIES, ALISON SLADE. PHOTOS: BBC, ITV

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NEW COMEDY

The Kemps: All True

Sunday, BBC2 HD, 10pm

Martin and Gary Kemp

This much is *true*

Spandau Ballet's **Martin and Gary Kemp** send themselves up in a spoof documentary

Pop icons Martin and Gary Kemp have never taken themselves too seriously – even at the height of their 1980s fame, when their band Spandau Ballet had a string of top-10 hits, including *True* and *Gold*.

Now the brothers are sending themselves up by playing fictionalised versions of themselves in spoof documentary *The Kemps: All True* – like a cross between *This Is Spinal Tap* and the 2018 Bros documentary *After the Screaming Stops*.

Cameras follow the Kemps while comedian Rhys Thomas interviews the famous brothers as they record their anniversary album, *Spandau ReKemped*, and embark on a range of ludicrous business ventures.

COMEDY GOLD

'I'd worked with Rhys a few years back on the brilliant [BBC4 spoof documentary] *The Life of Rock with Brian Pern*, so I knew how great his work was,' explains Martin.

'What you see on screen are heightened versions of both of us. Watching Gary take the mickey out of himself was so nice – he made me laugh so much.'

The brothers are seen bickering over everything, including who came up with the name Spandau Ballet. Meanwhile, Gary makes a disastrous launch of his vegan meat substitute, Wonge, and Martin tries to drum up investors for a sci-fi film he's written.

'The show seems to suit that strange place Martin and I occupy of being actors as well as musicians, with a band story that goes from the sublime to the ridiculous,' says Gary. 'We also loved the idea of sticking a pin in the ego of our own celebrity.'

The top-notch cast includes Christopher Eccleston, playing himself, who has a role in Martin's movie project, while Daniel Mays also appears as highwayman Dick Turpin in the film franchise.

Meanwhile, *Foyle's War*'s Michael Kitchen is barely recognisable as the brothers' old tour promoter Harvey Stickles, and Anna Maxwell Martin appears as Gary's fictional wife Lorna.

Perry Benson and Daniel Mays

Spandau Ballet in 1982

FAMILY FEUDS

There's also a role for *Benidorm*'s Perry Benson, who plays Gary and Martin's long-lost brother Ross Kemp (not that one!), who they get to work for them as their accountant and general dogsbody.

'We've known Perry since we were kids at the Anna Scher Theatre school,' says Martin. 'But the rest of the cast were pulled together by Rhys – they were all huge fans of his work.'

'It was a total joy to work with Martin again,' adds Gary. 'We both went into this head first – it felt totally mad at times, but we knew we had to commit to the idea 100% or it wouldn't work.

'There's a lot of blurring between what is fact and what is fiction. At times on set, even I forgot what was real and what wasn't.'

You liked...

Criminal Justice on BBC1

This BAFTA-winning series, written by Peter Moffat, ran between 2008–2009, and spawned a US version. The first series starred Ben Whishaw (right) as a man accused of murder after a drunken night out, while the second series featured Maxine Peake as a woman who kills her abusive husband.

Now try this...

Your Honor on Sky Atlantic

***Criminal Justice* writer** Peter Moffat's latest project is this upcoming drama starring *Breaking Bad*'s Bryan Cranston. He plays a respected New Orleans judge whose son is caught up in a hit-and-run involving a member of the Mob. Co-stars include Michael Stuhlbarg as the head of the crime family.

WORDS: HANNAH DAVIES, RICHARD MCCLURE. PHOTOS: ALAMY, BBC, GETTY

Look Who's Back...

A familiar face appearing in a new role this week

Joely Richardson

The Blacklist

Thursday, Sky One HD, 9pm

Joely Richardson's long list of TV appearances include 1993 BBC1 drama *Lady Chatterley* opposite Sean Bean. She's also played Julia McNamara, the wife of plastic surgeon Sean, in the US drama *Nip/Tuck* (2003-2010), Wallis Simpson in the 2005 ITV drama *Wallis & Edward*, and Catherine Parr in BBC2's *The Tudors* in 2010. Her movie roles include *The Patriot*, *101 Dalmatians*, *Maybe Baby* and *The Girl with the Dragon Tattoo*.

HER NEW ROLE

Richardson, 55, guests in this week's episode of *The Blacklist*, playing Cassandra Bianchi, an old flame of Red Reddington (James Spader), who joined him on an art robbery years earlier. But as the pair reunite on a private island, the thieves who pulled off the heist start dropping dead one by one. 'Cassandra's a bit kick-ass – you don't know if she's a goody or a baddie, but she is a tough woman who takes no prisoners,' says Richardson. 'What happens is part Agatha Christie whodunnit mixed with an Indiana Jones caper.'

Joely Richardson with *The Blacklist* star James Spader

WORDS: SEAN MARLAND, RICHARD MCCLURE. PHOTOS: ALAMY, AMC, BBC, C4, GETTY, SKY

Jessica Hynes and David Tennant return as a married couple whose daughter has learning disabilities

Raising Rosie

NEW COMEDY

There She Goes

Thu, BBC2 HD, 9.30pm (times vary)

Viewers went on an emotional roller coaster when they first met young Rosie Yates back in 2018, and the second series of moving comedy *There She Goes* promises more of the same.

Written by Shaun Pye with the help of his wife Sarah, the series is based on their lives with their learning-disabled daughter Jo, and has moved from BBC4 to a new slot on BBC2 after a hugely positive response from viewers and critics.

Rosie's parents Simon and Emily continue to face plenty of new challenges as we rejoin the Yates family 18 months on, not least when they attend a charity sports day at Rosie's special school in this week's first episode.

'Simon and Emily are finally getting some answers about what Rosie's condition is,' says *Good Omens* star David Tennant, 49, who plays Rosie's dad. 'There are some very tough moments, but this series is definitely less bleak. They're dealing with what they've got rather than staring into the abyss.'

UNCERTAIN FUTURE

As before, the five-part series also includes flashbacks to an earlier timeline, when Rosie was a three-year-old, and follows Simon and Emily as they struggle to adapt to their new lives. Simon is feeling daunted and seeks out his father Bill (*Rab C Nesbitt* star Gregor Fisher) for some advice.

It was the show's honesty about life as a parent that really struck a chord. But Pye admits he found it difficult at first to write about his daughter, who was born with a chromosomal disorder.

HONEST PORTRAYAL

'The first draft was about this witty bloke who soldiers on without much help from his wife, and I remember Sarah saying, "You're having a laugh."' he says. 'We rewrote it and decided to be as honest as possible about all the challenges we've faced as parents.'

Audiences particularly warmed to Jessica Hynes' portrayal of Rosie's mum Emily and her powerful performance as a mother struggling to hold her family together won her a BAFTA.

'That was such a special night,' recalls Hynes, 47. 'For a comedy like *There She Goes* to get that sort of acknowledgment was amazing.'

From left: Chris O'Dowd, Steven Weber and Ray Romano

Out for revenge

Chris O'Dowd has a score to settle

NEW COMEDY DRAMA

Get Shorty

Thursday, Sky Atlantic HD, 9pm

Chris O'Dowd has vengeance on his mind when he returns this week as former gangster Miles Daly in the third season of Sky Atlantic's *Get Shorty*.

After movie-loving hitman Miles moved to Hollywood, where he set his heart on becoming a film producer, we last saw him doing time in prison when his deal with the FBI to bring down a drugs cartel went wrong, and studio boss Laurence Budd (Steven Weber) accused him of assault.

As things resume, Miles is out of jail, and has a score to settle with Laurence.

'Miles has to start at the bottom again,' explains O'Dowd, 40. 'So he gets an assistant job in Laurence's company. He squirrels his way in by pretending that he is a changed man.

'Miles was somewhat set up by Laurence. Essentially, this season plays out like a revenge story, while Miles is also dealing with this spiralling relationship with his wife and daughter, and his romantic involvement with studio exec April [Megan Stevenson], which turns into something serious.'

Meanwhile, film producer Rick (Ray Romano) is on the run in Guatemala with Miles' former gang boss Amara (Lidia Porto), while trying to keep secret the fact that he was an informant for the FBI.

'Rick has to hide the fact that he was spying on the woman he loves,' says O'Dowd.

Best-known for *The IT Crowd* and *Moone Boy*, O'Dowd says Miles is one of the best roles he's ever played.

'As soon as I put Miles' tattoos on, I'm straight back in character,' he smiles. 'I've got to the stage that I love wearing the tattoos so much that I'm going to get a big Celtic cross on my upper arm when the show comes to an end. I've only had one small tattoo done before –and I squealed like a pig.'

Megan Stevenson and Lidia Porto as April and Amara

BOX SET

All seven eps of *Get Shorty* will be on Sky Box Sets and NOW TV from Thursday 9 July

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

Missy Peregrym and Zeeko Zaki as Maggie and OA

NEW FBI

Thursday, Sky Witness HD, 9pm

It's back to business for the elite unit working out of the FBI's New York office as the US drama returns for season two. As the action begins, analyst Kristen (Ebonee Noel) starts her first day as a field agent, while a restaurant bombing in the Muslim community in Queens has a personal impact on OA (Zeeko Zaki), who grew up in the district. Other storylines in the series include a school-bus hijacking, a bomb attack on a presidential candidate, and a mass shooting by a white supremacist, while Maggie (Missy Peregrym) deals with the aftermath of her husband's death. New cast members include John Boyd as Kristen's partner, Stuart Scola.

NEW NOS4A2

Tuesday, AMC HD (BT TV 381), 9pm

Based on Joe Hill's novel, this series centres on the battle between the supernaturally gifted Vic McQueen (Ashleigh Cummings) and vampire Charlie Manx (Zachary Quinto), who feeds off the souls of children, then deposits them into an icy Christmas village of his imagination. The second season picks up eight years later, with Charlie desperate for revenge and targeting the soul of Vic's son.

NEW Detective Cain

From Friday 10 July, eight episodes as a box set, All 4

This subtitled crime drama starring Bruno Debrandt as the wheelchair-using title character is one of the most popular shows in France. The second season finds the maverick cop fighting his feelings for police colleague Lucie Delambre (Julie Delarme).

NEW The Repair Shop: Fixing Britain

Monday-Friday, BBC1 HD, 4.30pm

Jay Blades gives a unique insight into the history of some of the most cherished family heirlooms to have been restored in the Repair Shop barn and reveals how the objects shaped our past and influenced the way we live today.

Cate Blanchett plays cult leader Pat Masters

Cry freedom

A young woman is falsely imprisoned in a refugee detention centre in a **topical new drama**

NETFLIX Stateless

NEW *Genre: Drama Available: Wed 8 July Season: 1 Episodes: 6 Runs: 60min TVSW says: Timely and thought-provoking*

It's a busy week for Cate Blanchett. As well as her role in new BBC2 drama *Mrs America* (see page 6), the Oscar-winner can also be seen in hard-hitting Netflix series *Stateless*.

Co-created by Blanchett, the drama is set in an Australian detention centre and follows the perspectives of four characters, most notably Sofie Werner, played by *The Handmaid's Tale*'s Yvonne Strahovski.

A flight attendant of German descent, Sofie suffers mental-health issues, and is teetering on the edge of a breakdown when she meets Pat and Gordon Masters (Blanchett and Dominic West), who run a cult-like dance therapy studio.

When Sofie quits her job in order to focus on self-improvement, she is unable to pay the studio's fees and gets turfed out during a talent night (which sees Blanchett's character perform a memorable rendition of the Frank Sinatra song *Let's Get Away from It All*).

HELD CAPTIVE

Instead of coming to her aid, Sofie's family take away her passport and close her bank account. Soon after, she is detained after providing authorities with a false identity and finds herself in a remote detention centre, alongside passportless refugees from around the world.

The six-part story is inspired by the real-life experiences of German-Australian woman Cornelia Rau. In 2004, Rau was transported against her will to a detention centre. Authorities suspected she was an illegal immigrant and detained her for 10 months – in fact, she was an Australian resident who suffered from a mental illness.

The other major storylines focus on working-class father Cam Sandford (*Suicide Squad*'s Jai Courtney), who becomes a guard at the camp, and bureaucrat Clare Kowitz (Asher Keddie), who is under pressure to sort out a public-relations crisis when human-rights abuses are leaked to the press.

Meanwhile, Fayssal Bazzi plays asylum seeker Ameer, who ends up in the camp after escaping from Afghanistan with his family. Having used all his savings for a boat to Australia, his money is stolen by people smugglers and he gets separated from his wife and children.

SEARCH FOR SAFETY

'Ameer was a teacher back home, but had to flee because of the Taliban,' says Bazzi. 'He is just an ordinary man trying to reach for a better, safer life.'

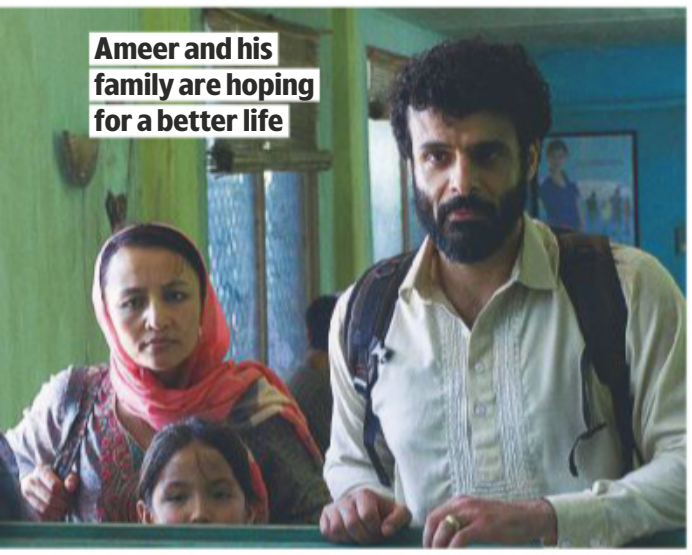
It was shot near Adelaide, close to the site of a former detention centre, though the crew built a replica for filming purposes.

'Adelaide is where a lot of refugees have been resettled, and most of the extras we

Yvonne Strahovski as Sofie Werner

had on *Stateless* had at one point been in a detention centre or refugee camp around the world, says Bazzi.

'On my first day on set, I was greeted by all the Afghan elders who performed a ceremony and welcomed me as their representative for this story. It was a beautiful experience to meet all these amazing people and hear their stories of survival.'


Ameer and his family are hoping for a better life

What we're watching...

A sneak peek at what's being watched by our team

Comedy

Bad Education

Seasons: 1-3 Episodes: 19
Runs: 28-29min

Jack Whitehall stars as Alfie Wickers, a posh teacher at a secondary school. He's incapable of controlling his students and looking cool in front of fellow teacher Rosie (Sarah Solemani). It's silly but very entertaining.

Period drama

Dancing on the Edge

Season: 1 Episodes: 6
Runs: 60-91min

Chiwetel Ejiofor is superb as a bandleader in Stephen Poliakoff's drama about a black jazz band in 1930s London. They become favourites with aristocrats but also face racism and get embroiled in a murder mystery.

True-crime drama

The Search

Season: 1 Episodes: 6 Runs: 38-44min

A real-life missing child case in Mexico is dramatised in this riveting series. In 2010, Paulette Gebara Farah, a four-year-old girl with learning difficulties, vanished from her home during the night. Following an intense search, nine days later her body was discovered in horrifying and strange circumstances...

Documentaries

Spelling the Dream

Runs: 83min

Why Indian-American youngsters do so well in the US' Scripps National Spelling Bee competition is explored in this film. The children are engaging and their parents' stories, about looking for opportunities for their families, are inspiring.

The Unknown

Season: 1 Episodes: 10
Runs: 28-31min

The lives and careers of some of the world's most famous sports stars are profiled in this series. It includes an episode on Colin Kaepernick – the black American football player who took a knee during the national anthem.

What we're listening to...

The podcasts the *TVSW* team are tuning into

The Totally Football Show

Premier League football is well and truly back and there's plenty to play for as England's top teams return to the pitch after a three-month hiatus. James Richardson, host of iconic 1990s show *Football Italia*, and his pals discuss all the big talking points as the games come thick and fast.

Cautionary Tales

We tell children fairy tales to teach them valuable life lessons, but this pod's cautionary tales are for the education of grown-ups – and they're all true. Journalist Tim Harford brings you stories of awful human error, daring heists and hilarious fiascos, with Alan Cumming and Russell Tovey among the stars taking part.

How to get podcasts

1. On your smartphone go to the app store and type 'podcast app'.
2. Download one of the podcast players (you may find there's one pre-installed on your phone).
3. Open the player and type in the name of a podcast or an area that interests you – for example, 'comedy'.
4. Choose a podcast and press play.

WORDS: JUDY EWENS, SEAN MARLAND, RICHARD MCCLURE. PHOTOS: BBC, BRITBOX, GETTY, NETFLIX

Watch it or dodge it

What the critics are saying about the latest releases...

NETFLIX The Politician

Genre: Comedy drama Season: 2 Episodes: 7 Runs: 29-50min

The second season of Ryan Murphy's political comedy has certainly got the critics' votes – with most saying it is better than the first series. Ben Platt again stars as aspiring young politician Payton Hobart, but it's Bette Midler (left) playing his rival's campaign manager who gets the plaudits. 'Midler steals the show in superior episodes,' is the verdict.

NETFLIX The Sinner

Genre: Crime drama Season: 3 Episodes: 8 Runs: 44-51 min

Detective Harry Ambrose (Bill Pullman) investigates a fatal car accident involving two old college friends (Matt Bomer and Chris Messina) in season three of the crime anthology, which, once again, has impressed critics. '*The Sinner* continues to intrigue and keep us guessing,' said one reviewer. 'It quickly pulls you in with a riveting first episode and gets its hooks in you,' was the verdict of another.

NETFLIX Wasp Network

Genre: Spy drama Runs: 128min

'***Wasp Network* feels** like a John le Carré tale drenched in Miami sun,' said one critic about this true story of a ring of Cuban spies in the 1990s pretending to defect to the US in order to infiltrate Cuban-American groups intent on bringing down Fidel Castro. Edgar Ramírez stars as one of the spies who seemingly flees his homeland for a better life in Florida. Penélope Cruz is his unsuspecting wife. 'Cruz dazzles in a Cuban political thriller,' summed up one reviewer.

Basketball superstar LeBron James

tv+ Greatness Code

NEW *Genre: Documentary Available: Friday 10 July Season: 1 Episodes: 7*

TVSW says: A revealing look at sporting legends

Hot on the heels of Netflix's must-see *The Last Dance* series about Michael Jordan, this new docuseries on Apple TV+ aims to reveal what makes the world's greatest athletes so dominant in their chosen sports. Each episode of the seven-part short-form series spotlights the untold stories and pivotal moments that defined the career of a different sporting legend, including basketball superstar LeBron James and Usain Bolt. Also profiled in the series are five-time Olympic champion swimmer Katie Ledecky, prolific surfing champion Kelly Slater, iconic snowboarder Shaun White, US women's soccer player Alex Morgan, and six-time Super Bowl winner Tom Brady.

Brittany O'Grady plays Bess King

tv+ Little Voice

NEW *Genre: Musical drama Available: Friday 10 July Season: 1 Episodes: 9 Runs: 25-34min*

TVSW says: A heartfelt story with stirring songs

After collaborating on the hit musical *Waitress*, singer-songwriter Sara Bareilles and writer-director Jessie Nelson join forces again for this new series. Set in New York, it follows Bess King (Brittany O'Grady) as she struggles to overcome her fear of the spotlight after being jeered off stage. Now she only plays her own material in private – but when handsome new neighbour Ethan (Sean Teale) compliments her songs, she summons the strength to try again. 'I usually play characters drastically different from myself,' says O'Grady. 'This is the first time I'm playing something closer to who I am.'

NETFLIX Warrior Nun

NEW *Genre: Fantasy drama Available: Thursday 2 July Season: 1 Episodes: 10 Runs: 37-50min*

TVSW says: Move over, Buffy – there's a new slayer in town

Based on the 1990s comic-book series of the same name, Netflix's quirky new fantasy drama series follows a group of kick-ass nuns as they take on wicked demons. The action focuses on the newest recruit to their cause, 19-year-old Ava (Alba Baptista), who wakes up in a morgue with a mysterious symbol on her back. Ava's search for answers brings her to the ancient Order of the Cruciform Sword, a secret society of warrior nuns dedicated to protecting the world from evil. It transpires that she is the new Chosen One and the glowing halo on her back gives her various superpowers, including the ability to move through walls. 'If you are looking for a nun action-adventure film with lots of demon butt-kicking, *Warrior Nun* is the right place to start,' says executive producer Dean English.

Immortal COMBAT

Charlize Theron plays an ages-old fighter in a high-octane drama

NETFLIX The Old Guard

NEW *Genre:* **Superhero drama**
Available: **Friday 10 July**
Runs: **125min** *TVSW says:* **Action with a twist**

From *The Fate of the Furious* to *Mad Max: Fury Road*, Charlize Theron is no stranger to a hard-hitting action film, but her latest performance in Netflix's dynamic superhero drama *The Old Guard* is one of her most physically demanding roles to date.

The film sees the Oscar-winner as Andromache the Scythian, known as Andy, who was born many thousands of years ago and is the leader of an elite group of ruthlessly efficient mercenary fighters, all of whom are immortal and have secretly battled for generations to protect mankind from destruction.

World-weary Napoleonic French soldier Booker (Matthias Schoenaerts) and lovers Joe (Marwan Kenzari) and Nicky (Luca Marinelli), who met during the Crusades, comprise the rest of the Old Guard, while Andy soon takes the newest recruit, US Marine Nile (KiKi Layne), under her wing.

After centuries of fighting, however, the Old Guard are growing jaded.

'Andy's become tired and frustrated with her immortality and is reluctant to continue fighting as it doesn't seem to have made a difference after all this time,' says Theron, 44.

DANGEROUS MISSION

The Old Guard are roused to action when shady former CIA operative Copley (Chiwetel Ejiofor) gives them a dangerous new mission that goes badly wrong. After their hidden immortality is threatened with exposure, they have to tackle sinister pharmaceutical executive Merrick (Harry Melling).

With powerful female warriors centre stage and the action set in the gritty modern world, Theron hopes to bring something different to the genre.

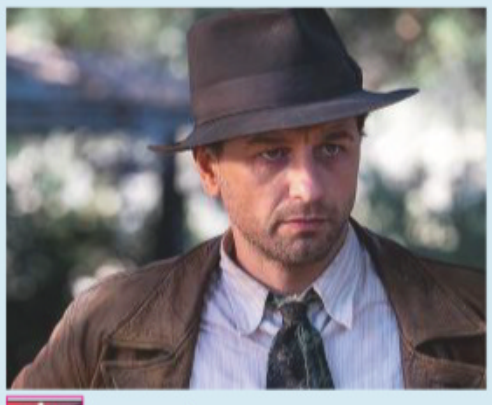
'We wanted this to be an action film that felt fresh and doesn't sacrifice the heart of the story, with characters and predicaments that we haven't seen before,' says the star, who underwent intense training in martial arts, boxing and horse riding.

'I trained five days a week for about four months,' she explains. 'It was tough. But whenever I do stunts or combat, I want it to be authentic.'

Theron as Andy, the leader of an elite force (below)

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up



sky box sets / NOW TV Perry Mason

Everyone's talking about... the brutal encounter between private eye Perry Mason (Matthew Rhys) and a ruthless film studio boss and his heavies in Sky Atlantic's clever crime drama.

BBC iPlayer The Luminaries

Everyone's talking about... the sparks that fly between adventurer Emery (Himesh Patel) and enigmatic Anna (Eve Hewson) during their emotionally charged first meeting in BBC1's drama.

BBC iPlayer The Choir: Singing for Britain

Everyone's talking about... care-home worker William movingly discussing the impact of COVID-19 in the BBC2 documentary about Gareth Malone's Home Chorus.

All 4 The School That Tried to End Racism

Everyone's talking about... the varied reactions to the enforced segregation that the black and white pupils undergo in C4's experiment examining racial bias.

WORDS: CAREN CLARK, JUDY EWENS, STEVEN PERKINS. PHOTOS: APPLE TV+, BBC, C4, NETFLIX, PA IMAGES, SKY

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NEW releases

The best of the week's new shows...

MONDAY 6 JULY

Trump in Tweets BBC3 ONLINE

Donald Trump's love affair with social media is examined in this documentary, which shows how the US President went from technophobe to serial tweeter.

WEDNESDAY 8 JULY

Stateless NETFLIX

Cate Blanchett stars in a powerful drama about four strangers who find themselves at an immigration detention centre. See feature, page 14.

Mucho Mucho Amor: The Legend of Walter Mercado NETFLIX

Documentary about iconic Puerto Rican astrologer Walter Mercado, who vanished from the public eye at the peak of his fame.

THURSDAY 9 JULY

Japan Sinks: 2020 NETFLIX

After earthquakes devastate Japan, one family's resolve is tested on a journey of survival in this Japanese anime.

FRIDAY 10 JULY

The Old Guard NETFLIX

Action drama starring Charlize Theron as the leader of a covert group of immortal mercenaries. See feature, page 17.

Greyhound APPLE TV+

Inspired by a true story, this film follows Commander Ernest Krause (Tom Hanks) as he defends a merchant navy convoy crossing the Atlantic as they come under attack from German U-boats during World War Two.

Little Voice APPLE TV+

Bess (Brittany O'Grady) is a talented performer struggling to make it in New York in a romantic comedy drama.

Greatness Code APPLE TV+

A pivotal moment in a top athlete's career is put under the spotlight.

Dating Around: Brazil (AKA O Crush Perfeito) NETFLIX

Six singles go on five blind dates in the city of São Paulo.

Detective Cain ALL 4

Season two of the French police drama with *Spiral*'s Bruno Debrandt returning as detective Fred Cain, a wheelchair-using cop with a disregard for sticking to the rules.

ALSO AVAILABLE

7500 AMAZON PRIME VIDEO

The Dark Knight Rises' Joseph Gordon-Levitt stars as a pilot whose flight from Berlin to Paris gets hijacked.

Floor is Lava NETFLIX

This game show sees teams of contestants try to navigate a series of obstacles without falling into the red, bubbling 'lava' below them.

Dark NETFLIX

The acclaimed German time-travel series returns for a third season.

Dead Still ACORN TV *(two eps released weekly)*

Luther's Michael Smiley stars in a comedy drama set in Victorian Dublin during the heyday of the macabre practice of taking portrait photos of the recently deceased.

7500's Joseph Gordon-Levitt

George Lopez: We'll Do It for Half NETFLIX

The first Netflix stand-up special from the US actor-comedian sees him riffing on race, politics and Latino culture.

BNA NETFLIX

Japanese anime series set in a world where humanoid animals known as beastkin exist.

Tom Hanks in *Greyhound*

Unsolved Mysteries NETFLIX

UFO sightings, paranormal events, unexplained disappearances and murder mysteries are investigated. Available from Wednesday 1 July.

Under the Riccione Sun NETFLIX

Italian romantic comedy. While holidaying, a group of teens become friends and help each other manage the heartache of summer love. Available from Wednesday 1 July.

Warrior Nun NETFLIX

Waking up in a morgue, an orphaned teen discovers she has superpowers. Available from Thursday 2 July.

Desperados NETFLIX

American comedy film about a young woman (Nasim Pedrad) who panics after drunkenly sending a ranting email to a boyfriend. Out on Friday 3 July.

Cable Girls NETFLIX

The second part of the final season of the Spanish period drama about four female friends in Madrid during the 1920s and 1930s. Available from Friday 3 July.

Canada's Drag Race BBC3 ONLINE *(released weekly)*

Twelve drag acts compete to become Canada's drag superstar. Available from Friday 3 July.

Hanna AMAZON PRIME VIDEO

Esmé Creed-Miles returns in season two of the thriller. Available from Fri 3 July.

JU-ON: Origins NETFLIX

Japanese horror series based on the popular *Ju-On* franchise, AKA *The Grudge*. It focuses on the events that inspired the films. Out on Friday 3 July.

Hamilton DISNEY+

Film version of the original Broadway production of the multi-award-winning hip-hop musical, which tells the story of Alexander Hamilton, one of America's Founding Fathers. Lin-Manuel Miranda stars. Available from Friday 3 July.

The Baby-Sitters Club NETFLIX

Ann M Martin's much-loved novels get a modern update in this comedy drama about young girlfriends who set up their own babysitting business. Available from Friday 3 July.

WORDS: JUDY EWENS, RICHARD MCCLURE. PHOTOS: AMAZON PRIME VIDEO, APPLE TV+, BBC, ITV

Last chance to see...

A round-up of the big TV shows leaving streaming services this week

TUESDAY 7 JULY

The Bat Man of Mexico

Sir David Attenborough narrates this documentary about ecologist Rodrigo Medellín as he tries to protect Mexico's lesser long-nosed bat.

TUESDAY 7 JULY

Marple: Greenshaw's Folly

Julia McKenzie plays the famed Miss Marple in Agatha Christie's whodunnit. Co-starring Fiona Shaw, Julia Sawalha and Martin Compston.

TUESDAY 7 JULY

Crash and Burn

The rise and fall of Irish Formula One driver Tommy Byrne, whose promising career in the 1980s was blown off track by his hard-living.

THURSDAY 9 JULY

Playing Ball

This 15-minute drama stars Grace Cohen as schoolgirl netball player Charlie, who rebels against the pressure on her to succeed – with potentially fatal consequences.

Search for a KILLER

The police manhunt for murderer **Raoul Moat**

Raoul Moat

NEW CRIME

Manhunt: The Raoul Moat Story

Thursday, ITV HD, 9pm

A decade ago, in July 2010, one of the biggest police manhunts in recent British history began after Newcastle bouncer Raoul Moat vanished following a horrific double shooting.

Just days earlier, Moat had been released from Durham Prison, where he had been serving a sentence for assault, and he was hell-bent on revenge.

The 37-year-old already had a long-held grudge against the police, who he thought were victimising him, but he was also furious that his ex, Samantha Stobbart, had a new boyfriend, Chris Brown, who Moat wrongly believed was a police officer.

Armed with a sawn-off shotgun, Moat tracked down the couple in Gateshead, and shot Chris dead and left Samantha wounded. *Manhunt: The Raoul Moat Story*, presented by Nicky Campbell, revisits these shocking events.

'Moat was an incredibly dangerous man,' says Neil Adamson, who was head of Northumbria Police CID at the time and helped lead the hunt. 'The absolute priority was to locate him and neutralise the threat.'

HARROWING

The documentary takes a day-by-day look at the search for Moat, which involved police forces from across the country, and took an alarming turn the day after the double shooting when Moat shot traffic officer PC David Rathband in the face, blinding him.

'That sent shock waves through the force,' admits Adamson. 'The threat level to our staff was through the roof.'

It became clear Moat was hiding out in Rothbury, Northumberland, and the rural market town was placed under police lockdown. But, for several days, the killer evaded capture.

Finally, with the help of TV survivalist Ray Mears, almost a week after the hunt began, armed police located Moat beside a river and a stand-off ensued.

Then, in a truly surreal twist, former footballer Paul Gascoigne, who was struggling with addiction, arrived at the scene offering to help and talk to his 'friend' Moat, before being turned away.

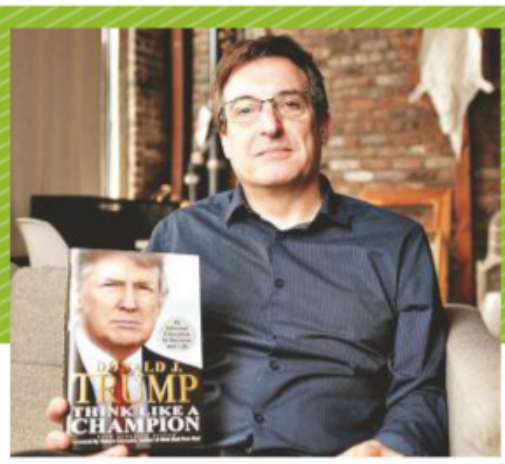
But as negotiations reached a climax, Moat shot himself dead.

'Moat should have faced justice. But he wanted to bring this to an end,' says Adamson, who feels the investigation was one of the most arduous of his career.

'The threat posed a challenge I hope I never have to face again. It's a week I will never forget.'

PC David Rathband, Samantha Stobbart and (inset) Chris Brown

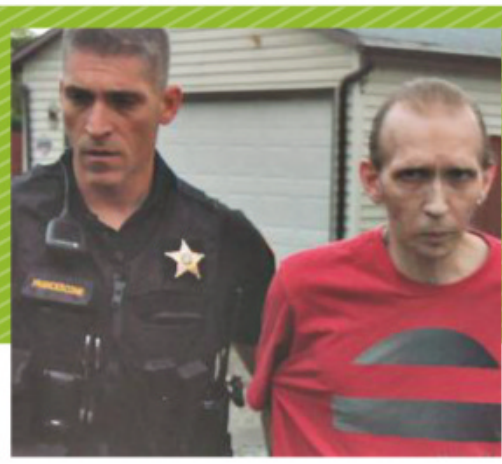
WORDS: CAREN CLARK, TESS LAMACRAFT, IAN MACEWAN. PHOTOS: ALAMY, BBC, C4, CHANNEL 5, ITV, PA IMAGES, SKY



Trump in Tweets

From Mon 6 July, BBC3 Online, from 6am

This look at Donald Trump's love affair with social media examines the US President's use of Twitter, from the 'Rocket Man' exchange that heightened tensions with North Korea, to tweets fuelling the conspiracy theory surrounding Barack Obama's birth certificate. Featuring author Peter Costanzo.



The Trade

Wednesday, Sky Documentaries HD, 9pm & 10.05pm

This five-part series, starting with a double bill, examines the day-to-day reality of America's growing opioid-addiction problem from the perspectives of an opium poppy grower, addicts undergoing treatment and law-enforcement officers in Mexico City and Ohio.

The Battle of Britain

Tue-Thu, Channel 5 HD, 9pm

Dan Snow takes to the skies alongside Kate Humble to relive the terror and triumph of three key days during World War Two's critical Battle of Britain, and tell the stories of the pilots, ground crew and civilians who worked together to protect Britain from a Nazi invasion.

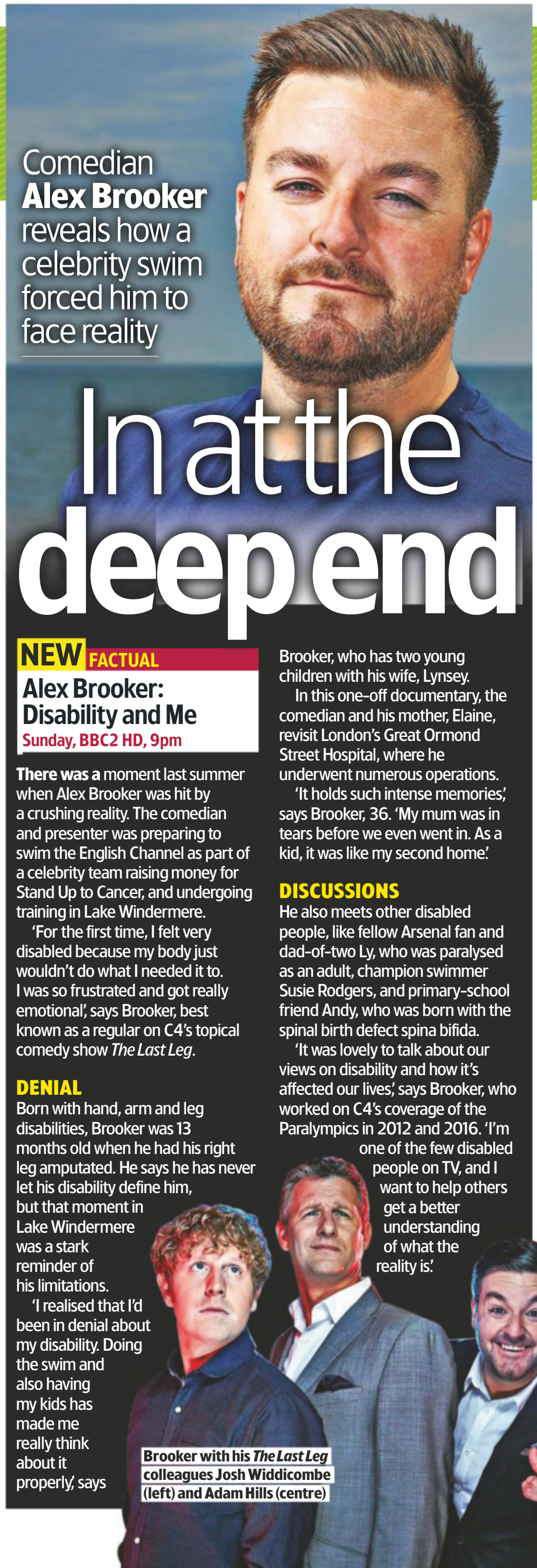
Washington

Saturday-Monday, Sky History HD, 9pm

Showing over Independence Day weekend, this three-part docudrama, narrated by Jeff Daniels, tells the story of how George Washington led the American colonists in their battle to break free of the British Empire, and became the first President of the United States.

DID YOU KNOW?

They're often referred to as 'koala bears', but Australia's koalas are, in fact, marsupials, and closely related to the wombat. **Bear: Koala Hero (Sunday, Sky Nature HD, 7pm)** follows the work of a team rescuing koalas from burnt-out bushland with the help of a specially trained dog called Bear.



Comedian **Alex Brooker** reveals how a celebrity swim forced him to face reality

In at the deep end

NEW FACTUAL

Alex Brooker: Disability and Me

Sunday, BBC2 HD, 9pm

There was a moment last summer when Alex Brooker was hit by a crushing reality. The comedian and presenter was preparing to swim the English Channel as part of a celebrity team raising money for Stand Up to Cancer, and undergoing training in Lake Windermere.

'For the first time, I felt very disabled because my body just wouldn't do what I needed it to. I was so frustrated and got really emotional', says Brooker, best known as a regular on C4's topical comedy show *The Last Leg*.

DENIAL

Born with hand, arm and leg disabilities, Brooker was 13 months old when he had his right leg amputated. He says he has never let his disability define him, but that moment in Lake Windermere was a stark reminder of his limitations.

'I realised that I'd been in denial about my disability. Doing the swim and also having my kids has made me really think about it properly', says Brooker, who has two young children with his wife, Lynsey.

In this one-off documentary, the comedian and his mother, Elaine, revisit London's Great Ormond Street Hospital, where he underwent numerous operations.

'It holds such intense memories', says Brooker, 36. 'My mum was in tears before we even went in. As a kid, it was like my second home.'

DISCUSSIONS

He also meets other disabled people, like fellow Arsenal fan and dad-of-two Ly, who was paralysed as an adult, champion swimmer Susie Rodgers, and primary-school friend Andy, who was born with the spinal birth defect spina bifida.

'It was lovely to talk about our views on disability and how it's affected our lives', says Brooker, who worked on C4's coverage of the Paralympics in 2012 and 2016. 'I'm one of the few disabled people on TV, and I want to help others get a better understanding of what the reality is.'

Brooker with his *The Last Leg* colleagues Josh Widdicombe (left) and Adam Hills (centre)

Films *This week's*

reviewed by **Jason Best, Liz Milroy and Nigel Pizey**

PREMIERE OF THE WEEK

There's a good reason why some people have a fear of clowns...

It: Chapter Two

Killer clown **Pennywise** is back to wipe the smile off everyone's face

HORROR

Friday, Sky Premiere HD, 12.15pm & 8pm ★★★

Twenty-seven years after defeating the diabolical killer clown menacing their small New England town, the grown-up members of the so-called Losers' Club – now played by the likes of James McAvoy, Jessica Chastain and Bill Hader – reunite to take on their shape-shifting evil foe once more.

Sadly, the second half of Andy Muscietti's supernatural horror thriller based on the Stephen King bestseller isn't a match for its predecessor. The film's production design and effects remain stunning, and Bill Skarsgård's evil Pennywise is as chilling as before. However, the coming-of-age element that deepened the scares last time is missing – the sight of a bunch of dysfunctional adults battling a killer clown just isn't as effective or affecting as seeing the task taken on by a bunch of intrepid misfit kids. 2019, 15, 169MIN

Time was running out to eat, drink and be merry

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

ADVENTURE

The Runaways

Tuesday, Sky Premiere HD, 9.45am & 3.45pm ★★★

Following a family tragedy, three children set off from Whitby across the Yorkshire moors accompanied by two donkeys. Pursued by their vicious uncle, they hope to locate their estranged mother.

This unusual adventure is a mixed bag. The kids' quest blends poignancy and menace, and the landscape photography is glorious, but some comic episodes – such as smuggling the donkeys on board a train – are less successful. 2019, 12, 113MIN

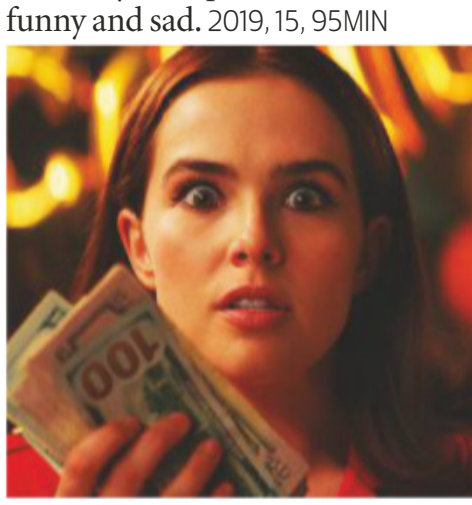
COMEDY DRAMA

Buffaloed

Monday, Sky Premiere HD, 1.30pm & 10pm ★★★

As a child, Peg (Zoey Deutch) dreamt of getting some cash together and escaping her downtrodden life in Buffalo for Ivy League college. Instead, her money-making scams land her in jail. She finally finds her true calling as a debt collector with Jai Courtney's obnoxious Wizz.

Deutch lights up this comedy drama with a livewire performance, and she is well served by a script that is both funny and sad. 2019, 15, 95MIN



NEW RELEASE EVERY DAY

premieres

It was enough loot to make anyone lost for words

WORLD CINEMA

CRIME CAPER

The Heist of the Century

Wednesday, Sky Premiere HD, 1.30pm & 10pm ★★★

It may not have made the headlines over here, but the 2006 robbery of Banco Río in the affluent Buenos Aires suburb of San Isidro was the stuff of legend in its Argentina homeland. It was an ingenious, brilliantly thought-out crime in which the thieves got away with a considerable haul – the actual amount still unknown to this day. All this, and the criminals openly mocked the law's incompetence along the way.

This fascinating tale becomes a light-hearted caper movie, with a terrific double act of Guillermo Francella and Diego Peretti at its core, as they play the chief architects of the enterprise. And the less you know of what transpires, the more entertaining the story is. Subtitled. 2020, 12, 114MIN

ANIMATED ADVENTURE

Okko's Inn

Thursday, Sky Premiere HD, 6am & 4.35pm ★★★

After both her parents are killed in a car crash, young Okko (voiced by Madigan Kacmar) goes to live with her grandma at her inn, where she befriends a couple of ghosts and rubs a snobby school rival up the wrong way while learning the ways of the trade. This Japanese cartoon lacks the magic of Studio Ghibli but it is colourful and quite touching. 2018, PG, 94MIN

DRAMA

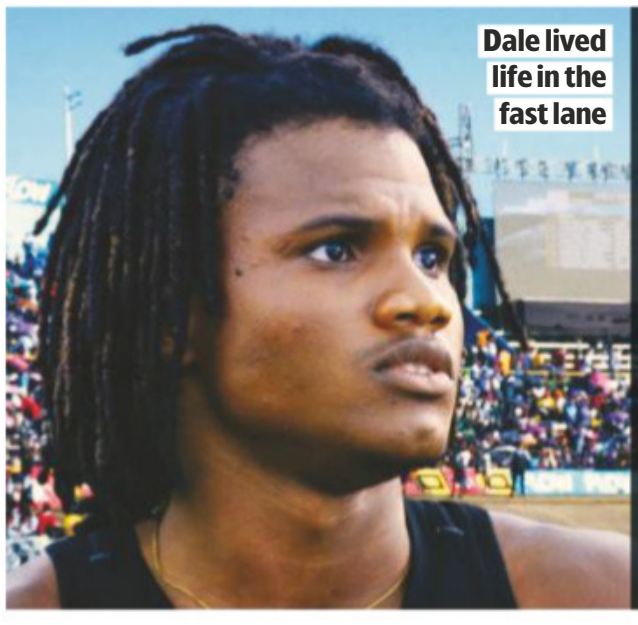
The Goldfinch

Saturday, Sky Premiere HD, 11am & 8pm ★★★

A real doorstopper of a book, Donna Tartt's 2013 novel has been turned into a similarly weighty movie featuring *Baby Driver* star Ansel Elgort alongside Nicole Kidman, Jeffrey Wright and Luke Wilson.

The beautifully filmed and acted story is a twisting tale of a man's quest for redemption that ripples out from a bomb explosion in New York's Metropolitan Museum and the theft of the 17th-century Dutch painting of the title by Carel Fabritius. 2019, 15, 149MIN

Nicole would always lend Ansel a hand



Dale lived life in the fast lane

SPORTS DRAMA

Sprinter

Sunday, Sky Premiere HD, 8am & 8pm ★★★

This sports drama from Jamaica taps out familiar beats, but is done with a fair amount of charm and integrity. It follows Dale Elliott's teen 200m sensation (the 'Rasta Rocket') as he juggles athletics with a home life with an alcoholic father and a conman brother.

Newcomer Elliott does a fine job in the lead, while film-maker Storm Saulter dishes enough grit into the mix to create a grounded, honest portrayal of modern Jamaica, buoyed along by a fantastic soundtrack. 2018, 15, 14MIN

PAY-PER-VIEW HIGHLIGHTS

*The pick of the week's films on **Sky**, **Virgin** and other platforms*

FACT-BASED DRAMA

Dark Waters

Buy to keep ★★★★

Sex ●●● Violence ●●● Language ●●●

In 1998, corporate lawyer Rob Bilott (Mark Ruffalo) is approached by an angry farmer (Bill Camp) who has lost 190 of his cows and thinks chemical company DuPont is poisoning his land. At first, Bilott dismisses the farmer's claims, but then decides to help – and is still fighting nearly 20 years later... The story of an ordinary person taking on a mighty corporation may be familiar, but this true-story drama, is utterly engrossing, revealing Bilott's painstaking investigation in compelling detail as his hunt for the truth takes over his life. Ruffalo gets great support from Anne Hathaway as his supportive wife and Tim Robbins and Bill Pullman as fellow lawyers. 2019, 12, 126MIN

DRAMA

London Unplugged

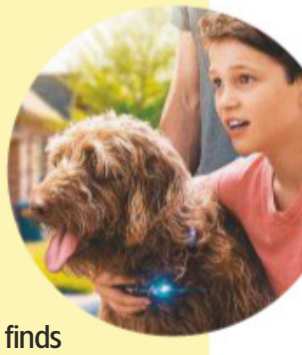
Showing from Monday

An anthology of 11 short films that bring into focus the pre-lockdown capital and its eight million inhabitants, and features Juliet Stevenson, Imogen Stubbs, Poppy Miller and Ivanno Jeremiah in its cast. 2018, 15, 120MIN

FAMILY COMEDY

Think Like a Dog

Showing from Monday



This feelgood family comedy stars Josh Duhamel and Megan Fox as the parents of a geeky 12-year-old (Gabriel Bateman) who finds he can communicate telepathically with Henry, his pet dog. 2020, PG, 91 MIN

FilmFinder The pick of the week at a glance

Action & Thriller

Romancing the Stone ★★★★

Sunday, Film4 HD, 4.40pm

Cleverly matching old-fashioned thrills with tongue-in-cheek banter, this mystery romp features great turns from Michael Douglas, Kathleen Turner and Danny DeVito. 1984, 12, 105MIN

The Hunt for Red October ★★★★

Sunday, Sky Thriller HD, 8pm

Alec Baldwin and Sean Connery go head to head in a riveting adaptation of author Tom Clancy's 1984 Cold War submarine saga. 1990, PG, 135MIN

Ocean's Twelve ★★★★

Tuesday, Sky Thriller HD, 6.40pm

Director Steven Soderbergh reunites his *Ocean's Eleven* stars George Clooney, Brad Pitt and company in a plot that sees them attempting to steal a priceless Fabergé egg. 2004, 12, 125MIN

The Last of the Mohicans ★★★★

Wednesday, AMC HD, 6.50pm

Red in tooth and claw, director Michael Mann's retelling of James Fenimore Cooper's frontier Western finds Daniel Day-Lewis on fine form. 1992, 15, 122MIN

Horror & Sci-Fi

Black Water ★★★★

Wednesday, Horror, 9pm

The makers of this edge-of-your-seat creature feature make it snappy when a crafty crocodile plans to make a main course out of three tourists stranded in an Australian swamp. 2007, 15, 89MIN

Transformers ★★★★

Wednesday, Sky Hits HD, 9pm

Armageddon, *Pearl Harbor* and *The Island* director Michael Bay indulges his joy in mass destruction as he remodels the giant mutating Transformer robots for a new generation. 2007, 12, 143MIN

Independence Day: Resurgence ★★★

Thursday, Film4 HD, 9pm

Thoroughly trashing the world's landmarks, the aliens are even badder than before as Liam Hemsworth's pilot heads the resistance. 2016, 12, 120MIN

Gravity ★★★★

Thursday, Sky Blockbusters HD, 10.15pm

Though the story strains credibility to breaking point, there's no denying this spacebound disaster movie starring Sandra Bullock and George Clooney is breathlessly exciting. 2013, 12, 91 MIN

Family

Rio ★★★★

Monday, Sky Family HD, 1.15pm & 6pm

Rio de Janeiro is the setting for a witty and fast-moving animated adventure about a rare macaw whose attempts to escape from bird-nappers are thwarted by his inability to fly. 2011, U, 96MIN

Enchanted ★★★★★

Tuesday, Sky Disney HD, 12.40pm & 6pm

Beginning with a gorgeous Disney-style cartoon before turning to live action, this delightful fantasy sees Amy Adams at her most appealing as a fairy-tale princess lost in New York. 2007, PG, 107MIN

EDITOR'S CHOICE

Shazam! ★★★★

Tuesday, Sky Hits HD, 9pm

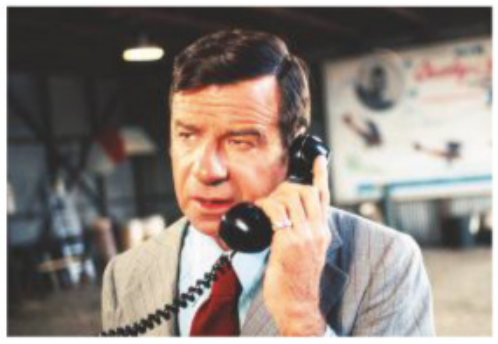
There is more than a touch of Tom Hanks' 1980s body-swap comedy *Big* about this family-friendly superhero movie. Here the story's wish-fulfilment figure is a 14-year-old foster kid named Billy Batson (Asher Angel) who finds he is able to turn himself into a mighty superhero – played by Zachary Levi – whenever he says the magic word of the title. Levi has a ball in the title role and the overall mood is one of playful, frivolous fun. 2019, 12, 132MIN

Classic

Destry Rides Again ★★★★★

Saturday, TCM HD, 5.55pm

A superb comedy Western with James Stewart as a sheriff who doesn't like guns and Marlene Dietrich as a saloon girl who sings *See What the Boys in the Back Room Will Have*. 1939, PG, 94MIN



Charley Varrick ★★★★

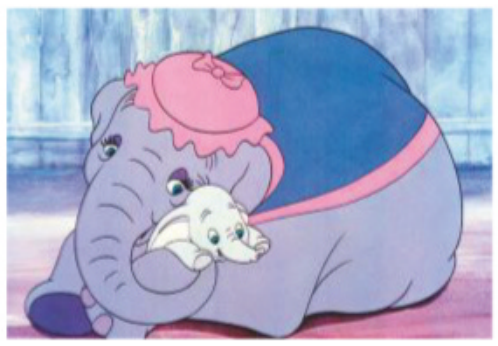
Monday, TCM HD, 11.30pm

Director Don Siegel whips up a smart little thriller from familiar ingredients with a tale of a bank heist, masterminded by Walter Matthau's former stunt pilot. 1973, 15, 111 MIN

Jaws ★★★★★

Wednesday, Sky Blockbusters HD, 8pm

Forty years on, Steven Spielberg's adaptation of Peter Benchley's bestseller about a giant malevolent shark remains a masterclass in generating screen suspense. 1975, 12, 125MIN



Dumbo ★★★★★

Friday, Sky Disney HD, 12.55pm

Suffering a recent remake, this gentle tale of a baby elephant with big ears, who learns how to fly with the help of a circus mouse, is a treat from the golden age of Walt Disney. 1941, U, 64MIN

Films may be edited for television. The running times given are those of the original cinema releases.

PHOTO: ALAMY

Weekend movies

Saturday 4 July

HORROR

Insidious: The Last Key

Film4 HD, 11.20pm ★★★★

Sex ●●● Violence ●●● Language ●●●

The fourth instalment of the creepy supernatural chiller series is a prequel-cum-sequel that finds Lin Shaye's doughty psychic revisiting her traumatic past when she returns to her gloomy childhood home in New Mexico, summoned by its spooked new owner and accompanied by geeky sidekicks Specs and Tucker (Leigh Whannell and Angus Sampson). The film's familiar mix of jump-scares and creaky mystery probably won't pick up many new fans to the series, but veteran scream queen Shaye's charisma holds everything together. 2018, 15, 103MIN

Lin made light work of her latest investigation

FAMILY ADVENTURE

Pete's Dragon

BBC2 HD, 2.15pm ★★★

Sex ●●● Violence ●●● Language ●●●

Disney's 1977 family movie about an orphaned boy who befriends a giant green dragon gets a whizzy CGI makeover with this entertaining fantasy adventure. The digital effects turn Elliot the dragon into an impressively solid, very striking and endearing figure. The beautiful setting – the wilds of the American northwest where the dragon takes the five-year-old Pete (Oakes Fegley) under his wing – proves similarly beguiling. 2016, PG, 103MIN

FAMILY ADVENTURE

The Jungle Book

BBC1 HD, 5pm
(BBC2 Wales, 3.50pm) ★★★★

Sex ●●● Violence ●●● Language ●●●

Disney's live-action adaptation of Rudyard Kipling's stories is not so cuddly as the studio's 1967 animated classic, but remains a spectacularly entertaining family film in its own right. Though it takes a moment to adjust to the sight of the film's talking CGI creatures interacting with Sethi's 10-year-old Mowgli, the boy raised in the wild by wolves, the film is fun as well as scary, and finds space for a few of the original songs. 2016, PG, 106MIN

CRIME THRILLER

Triple 9

C4 HD, 11.15pm ★★★

Sex ●●● Violence ●●● Language ●●●

An A-list cast adds class to a B-movie plot in this gritty heist thriller, although their acting chops can't elevate a stock tale of dirty cops and double crosses to the ranks of the crime classics it plunders. Woody Harrelson's cynical police veteran and Casey Affleck's guileless young officer represent the forces of good, with Chiwetel Ejiofor as a bank-robber being coerced by Kate Winslet's mob boss into attempting a near impossible heist. 2016, 15, 116MIN

Also on Saturday

Stray Dolls
Sky Premiere HD, 4pm ★★★
Geetanjali Thapa and Olivia DeJonge hope crime pays.

Destry Rides Again
TCM HD, 5.55pm ★★★★★
James Stewart walks tall.

The Goldfinch
Sky Premiere HD, 8pm ★★★
Ansel Elgort suffers for his art.

xXx: Return of Xander Cage
C4 HD, 9.15pm ★★★
Vin Diesel's secret agent is back in full-blooded action.

The Dark Red
Sky Sci-Fi & Horror HD, 12.35am ★★★
Is April Billingsley telling the truth?

Full listings start on p35

Sunday 5 July

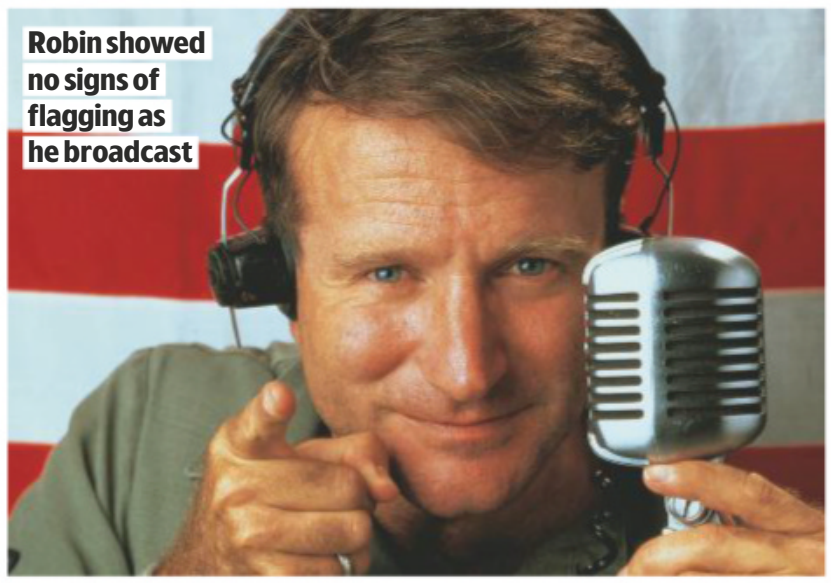
COMEDY DRAMA

Good Morning, Vietnam

Sky Drama HD, 3.50pm & 1.50am ★★★★

Sex ●●● Violence ●●● Language ●●●

After a handful of films that really didn't exploit his manic comic talents, the role of a fast-talking, irreverent US armed forces DJ in Saigon who shakes up the system with his own brand of raucous humour and rock 'n' roll during the Vietnam War proved the perfect vehicle for Robin Williams' supercharged personality, and earned him an Oscar nomination. While the rest of the film rarely lives up to the spectacle of Williams in top gear, the scenes in which he lets rip before the radio mic are spellbinding. 1987, 15, 120MIN



Robin showed no signs of flagging as he broadcast

THRILLER

The Hunt for Red October

Sky Thriller HD, 8pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Author Tom Clancy's CIA analyst Jack Ryan is brought to the screen for the first time, with Alec Baldwin in the role in an entertaining slice of cinematic Cold War derring-do. Sean Connery plays Marko Ramius, a maverick Soviet submarine captain who steals an advanced nuclear vessel and heads towards America, and Ryan has to work out whether Ramius is planning to defect or attack the East Coast. 1990, PG, 135MIN

FANTASY ADVENTURE

The Great Wall

C4 HD, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

With a greedy eye on each other's markets, China and Hollywood join forces for an epic fantasy adventure. Matt Damon plays a mercenary whose quest for gunpowder in ancient China lands him in the midst of a titanic scrap with ravening giant monsters. It turns out that these prehistoric-looking beasts rise up every 60 years and that China's Great Wall has been built to keep them back. Director Zhang Yimou gives the action plenty of vim. 2016, 12, 103MIN

CRIME CAPER

Now You See Me

C4 HD, 10.55pm ★★★

Sex ●●● Violence ●●● Language ●●●

This flashy heist thriller about a quartet of bank-robbing magicians is intriguing, with an anonymous benefactor bringing together four small-time magicians (Jesse Eisenberg, Isla Fisher, Woody Harrelson and Dave Franco) and turning them into superstar illusionists. When they climax their first show by robbing a Paris bank without leaving the stage, the FBI and Interpol, in the form of Mark Ruffalo and Mélanie Laurent, step in. 2013, 12, 115MIN

Also on Sunday

Stuart Little
C4 HD, 2.05pm ★★★★★
There's a mouse about the house.

Local Hero
Film4 HD, 2.35pm ★★★★★
Peter Rigert has come to buy a piece of Scotland.

Wayne's World
Sky Cinema Comedy HD, 4.25pm ★★★★
Mike Myers and Dana Carvey are something on TV.

Romancing the Stone
Film4 HD, 4.45pm ★★★★
Kathleen Turner follows the map.

Sprinter
Sky Premiere HD, 8pm ★★★
Dale Elliott is the Rasta Rocket.

Full listings start on p45

MOVIES ON NETFLIX & AMAZON

Our pick of this week's films

ACTION FANTASY

NETFLIX The Old Guard

Showing from Friday

A cropped haired Charlize Theron plays kick-ass heroine Andy, who recruits KiKi Layne's Nile to join a small group of immortal warriors whose centuries-old role is to protect humanity. Based on Greg Rucka and Leandro Fernández's 2017 graphic novel, this action-packed, very violent fantasy thriller also stars Chiwetel Ejiofor, Matthias Schoenaerts and Marwan Kanzari. 2020, 15, 118MIN

COMEDY

prime Due Date

Showing all week ★★★

Sex ●●● Violence ●●● Language ●●●

Anxious to get home in time for the birth of his first child, Robert Downey Jr's frazzled businessman ends up sharing a chaotic, disaster-strewn cross-country car ride with Zach Galifianakis's wannabe actor. This comic road movie is well worth the ride. 2010, 15, 95MIN

FANTASY COMEDY

NETFLIX Midnight in Paris

Showing all week ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Woody Allen's sparkling comic fantasy stars Owen Wilson as a writer who is whisked magically back to Paris of the past. Allen gently sends up his and our tendency to look at the past through rose-tinted glasses with wit and charm. 2011, 12, 94MIN

Weekday movies over page

Weekday movies

Monday 6 July

DRAMA

21 Grams

Sony Movies, 11.20pm ★★★★

Sex ●●● Violence ●●● Language ●●●

The lives of three unconnected people (Sean Penn, Naomi Watts and Benicio Del Toro) are brought together in the aftermath of a horrific road accident in this harrowing drama. Having events occurring out of sequence may seem a bit of a gimmick but, while it may fall short of being a masterpiece, the tale of betrayal and redemption is streets ahead of the average Hollywood blockbuster. Del Toro and Watts (both Oscar-nominated) and Penn give impassioned, deeply felt performances. 2003, 15, 124MIN

Sean felt he had a great weight on his mind

ANIMATED COMEDY

Rio

Sky Family HD, 1.15pm & 6pm ★★★★

Sex ●●● Violence ●●● Language ●●●

This colourful and exuberant animated comedy takes its cue from the sights, sounds and spirit of Rio de Janeiro at carnival time. The story revolves around timid domesticated macaw Blu (voiced by Jesse Eisenberg), who is taken to Brazil to mate with his species' last female, the feisty Jewel (Anne Hathaway), only then for the pair to fall into the clutches of bird smugglers. There are thrills, spills and gags galore. 2011, U, 96MIN

DRAMA

Hearts and Bones

Sky Drama HD, 6pm ★★★

Sex ●●● Violence ●●● Language ●●●

The ethics of war photography and the long-term effects of trauma and guilt come under scrutiny in this absorbing Australian drama. In Sydney, Hugo Weaving's photographer Dan forms an unlikely friendship with Andrew Luri's South Sudanese refugee Sebastian. Emotionally and mentally scarred by their pasts, the men are linked by the photographs Dan took of a massacre in Sebastian's village 15 years earlier. 2019, 15, 111 MIN

COMEDY DRAMA

The Beaver

Sony Movies, 7.10pm ★★★

Sex ●●● Violence ●●● Language ●●●

Mel Gibson is a good fit for the role of a chronically depressed toy company boss in this offbeat comedy drama. Following a farcical failed suicide attempt, he finds the only way he can cope with life is by communicating through a mangy beaver hand-puppet – much to the consternation of his frazzled wife (Jodie Foster, who also directs) and troubled eldest son (Anton Yelchin). The set-up sounds absurd, but Foster keeps things believable. 2011, 12, 91 MIN

Also on Monday

Hercules
5Star, 9pm ★★★
Dwayne Johnson is the stuff of legend in this action adventure.

Buffaloed
Sky Premiere HD, 10pm ★★★
Zoey Deutch collects the debt.

Custody
Film4 HD, 11.20pm
Léa Drucker has to fight Denis Menochet every step of the way.

Charley Varrick
TCM HD, 11.30pm ★★★★
Walter Matthau robs the robbers.

Brothers in Arms
Sky Thriller HD, 12.50am ★★★
Jai Courtenay and Nat Wolff are called into action.

Full listings start on p55

Tuesday 7 July

SCI-FI THRILLER

Ex Machina

Film4 HD, 11.15pm ★★★★

Sex ●●● Violence ●●● Language ●●●

This stylish sci-fi thriller is a chilly cerebral fable about artificial intelligence and human fallibility. Domhnall Gleeson plays a geeky computer programmer who is brought to a remote Alaskan retreat by his reclusive billionaire boss (Oscar Isaac) to determine whether or not an intelligent android (Alicia Vikander) – a disquietingly sensual mix of human and robotic – possesses consciousness. As the plot gathers pace, you will find yourself gripped and disconcerted by the film's perplexing ideas. 2014, 15, 108MIN

Alicia knew she would get a few likes on Facebook

FANTASY COMEDY

Enchanted

Sky Disney HD, 12.40pm & 6pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

Amy Adams is wonderful in this charming Disney fantasy, playing Giselle, a fairy-tale princess who is banished from her candy-coloured cartoon land by Susan Sarandon's scheming sorceress. The film morphs into live action as the irrepressible Giselle finds herself in modern-day Manhattan. It has a lot of fun spoofing the twee conventions of Disney animated classics, but also works as a witty romcom in its own right. 2007, PG, 107MIN

WAR DRAMA

Hacksaw Ridge

Channel 5 HD, 10pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Fiercely combative and bellicose, Mel Gibson is the last director you would imagine making a film celebrating a pacifist. In fact, his portrait of World War Two US army medic Desmond Doss (played by Andrew Garfield), a conscientious objector, is as bloodily violent as any of his previous films. But even if the ethics of waging war take second place to the carnage, the film is undoubtedly stirring stuff. 2016, 15, 139MIN

CRIME THRILLER

Braven

Sony Movies, 11.15pm ★★★

Sex ●●● Violence ●●● Language ●●●

Taking time off from his DC gig as waterbound superhero Aquaman, Jason Momoa is on snowy dry ground for this action thriller set in wintry Newfoundland. He plays a logging company owner who finds himself up against a gang of drug runners after they use his remote hunting cabin to hide their stash. The movie spends far too long setting up its plot, but director Lin Oeding handles the action efficiently enough. 2018, 15, 94MIN

Also on Tuesday

Tarzan
Sky Disney HD, 2.30pm ★★★★
Tony Goldwyn and Minnie Driver give voice to some animated fun.

The Runaways
Sky Premiere HD, 3.45pm ★★★
A Yorkshire adventure.

Ocean's Twelve
Sky Thriller HD, 6.40pm ★★★★
George Clooney eggs on his merry band of crooks.

Beetlejuice
Comedy Central HD, 8pm ★★★★
Michael Keaton is dead and alive.

Shazam!
Sky Hits HD, 9pm ★★★★
Zachary Levi is the magic word.

Full listings start on p65

Wednesday

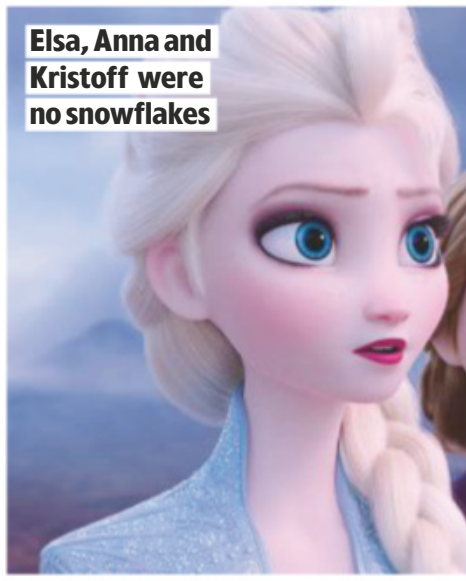
ANIMATED FANTASY

Frozen II

Sky Premiere HD, 11.30am & 8pm ★★★

Sex ●●● Violence ●●● Language ●●●

Feisty princess sisters Anna and Elsa (again voiced by Kristen Bell and Idina Menzel) are back, striving to solve a family mystery and heal ancient enmities in the sequel to Disney's Oscar-winning, blockbuster



Elsa, Anna and Kristoff were no snowflakes

PERIOD ADVENTURE

The Last of the Mohicans

AMC HD, 6.50pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Michael Mann transforms James Fenimore Cooper's stodgy historical novel into the sort of full-blooded romantic adventure that they rarely make anymore. Daniel Day-Lewis is perfectly cast as Hawkeye, the European tracker turned native in the American wilderness who has to save the love of his life (Madeleine Stowe) from a fate worse than death at the hands of the warlike Native Americans. 1992, 15, 122MIN

THRILLER

Black Water

Horror, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Diana Glenn, Maeve Dermody and Andy Rodoreda play holidaymakers whose boat capsizes in an Aussie mangrove swamp and find themselves being eyed up as dinner by a hungry crocodile. With the film's budget unable to stretch to a full-blown CGI or animatronic croc, the directors use real wildlife footage to give us only fleeting glimpses of the lurking predator, which makes the creature's presence all the more ominous. 2007, 15, 89MIN

8 July

animated movie based on Hans Christian Anderson's *The Snow Queen*. There are a sleigh-load of songs, but none are a match for the Oscar-winning *Let It Go*. The overly convoluted story lacks the original's power, but it still conveys a timely ecological message, and the animation is spectacular. *Also on Thursday & Friday*. 2019, U, 103MIN

CRIME THRILLER

A Most Violent Year

Sony Movies, 9pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

Writer-director JC Chandor follows up the financial thriller *Margin Call* and the survival drama *All Is Lost*, with a superb crime drama set in 1981 New York. Oscar Isaac is excellent as a businessman striving to build up his fuel-oil company and keep his integrity in a murky world. There is less violence than you would expect, given the film's title, but the scenes of moral suspense prove just as tense as the episodes of physical jeopardy. 2014, 15, 125MIN

Also on Wednesday

Ghostbusters
Film4 HD, 6.20pm ★★★
Are you gonna call Kristen Wiig and Melissa McCarthy's team?

Jaws
Sky Blockbusters HD, 8pm ★★★★★
A not so short shark shock.

Transformers
Sky Hits HD, 9pm ★★★★
Shia LaBeouf and Megan Fox get stung by a Bumblebee.

The Heist of the Century
Sky Premiere HD, 10pm ★★★
Take the money and run...

Limitless
5Star, 11.05pm ★★★★
Bradley Cooper uses his brain.

Full listings start on p75

Thursday 9 July

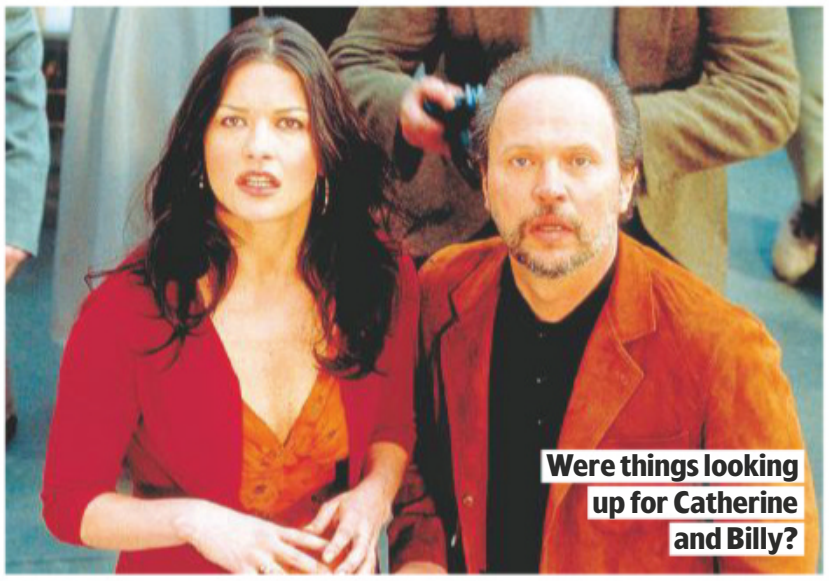
ROMANTIC COMEDY

America's Sweethearts

AMC HD, 7.05pm ★★★★

Sex ●●● Violence ●●● Language ●●●

John Cusack and Catherine Zeta-Jones play an estranged movie-star couple who are forced to grit their teeth while they plug their latest film together and their publicists (Billy Crystal and Julia Roberts) try to manufacture a reconciliation between the warring pair. This breezy farce may not be the sharpest romantic comedy Hollywood has ever produced, but it has enough charm and snappy one-liners to hit the right spot, and Christopher Walken delivers a priceless cameo appearances as a loopy film director. 2001, 12, 102MIN


Were things looking up for Catherine and Billy?

SCI-FI ADVENTURE

Back to the Future Part III

Film4 HD, 6.45pm ★★★★

Sex ●●● Violence ●●● Language ●●●

This third and final time-travel adventure for Michael J Fox's Marty McFly is a Wild West extravaganza as Marty shoots back in time to rescue Doc Brown (Christopher Lloyd). The film has enormous fun at the expense of classic Westerns, although what is perhaps most affecting is the wistful sense of romance that pervades the storyline when Doc falls for the charms of Mary Steenburgen's schoolteacher. 1990, PG, 112MIN

PERIOD DRAMA

Downton Abbey

Sky Hits HD, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Julian Fellowes' posh period drama makes the jump to big-screen grandeur, bringing with it many of the series' favourite characters, including, of course, Hugh Bonneville's patrician Lord Grantham, Maggie Smith's waspish Dowager Countess and Michelle Dockery's haughty Lady Mary. Whether upstairs or downstairs, they are all in a flutter over an impending royal visit by King George V and Queen Mary. 2019, PG, 122MIN

FACT-BASED DRAMA

American Sniper

ITV4 HD, 11.40pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Clint Eastwood draws a bead on Chris Kyle, the Navy Seal whose prowess with a rifle during four tours of duty in Iraq won him renown as the most lethal sniper in US military history. A beefed-up Bradley Cooper is superb as Kyle in this thrilling and troubling biopic, and Eastwood is as unerring as his sharp-shooting protagonist, staging the action with gripping immediacy and clear-sighted accuracy and drawing us into the heat of combat. 2014, 15, 132MIN

Also on Thursday

Okko's Inn
Sky Premiere HD, 4.35pm ★★★
Ghostly goings-on in Japan.

Borg vs McEnroe
BBC4 HD, 9pm ★★★★
Game, set and match for Sverrir Gudnason and Shia LaBeouf.

Independence Day: Resurgence
Film4 HD, 9pm ★★★
They came from outer space...

Gravity
Sky Blockbusters HD, 10.15pm ★★★★
Sandra Bullock gets spaced out.

White Boy Rick
Sky Drama HD, 12.20am ★★★
Richie Merritt goes undercover.

Full listings start on p85

Friday 10 July

CRIME CAPER

Ocean's Eleven

Sky Greats HD, 11.20am & 8pm ★★★★

Sex ●●● Violence ●●● Language ●●●

The original 1960 *Ocean's 11* wasn't a particularly hard act to follow, so it's not surprising that this high-tech update is a vast improvement. The action is infused with lots of attitude, laconic humour and slick visuals as George Clooney's conman Danny Ocean assembles a crack team of mismatched hoods (Brad Pitt, Matt Damon, Carl Reiner, Don Cheadle, Elliott Gould et al) to rip off a Las Vegas casino empire owned by Andy Garcia's oily entrepreneur. It's all very fast, very cool and lots of fun. 2001, 12, 116MIN

George's friends and enemies were right behind him

WAR DRAMA

Enemy at the Gates

Sony Movies, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

There is a steely resolve to this World War Two drama set during the cataclysmic Battle of Stalingrad as Jude Law's Russian sharpshooter plays a fiendish game of cat and mouse with Ed Harris's crack German sniper. The filth and smell of war are realistically conveyed, but away from the action the story gets bogged down in a silly love triangle involving Law, Joseph Fiennes' military bigwig and Rachel Weisz's comely Russian soldier. 2001, 15, 131 MIN

COMEDY

Ted 2

E4 HD, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

Given the first film's huge success, this sequel to Seth MacFarlane's shamelessly rude 2012 buddy comedy about a Boston slacker and his living teddy bear chum was surely inevitable. Mark Wahlberg is back as stoner John and MacFarlane again voices the stuffed bear. The jokes are hit and miss, and many American cultural references will be lost on UK viewers, but there is plenty of puerile fun here to keep fans satisfied. 2015, 15, 116MIN

HORROR COMEDY

Come to Daddy

Sky Thriller HD, 10.45pm ★★★

Sex ●●● Violence ●●● Language ●●●

Elijah Wood's air of wide-eyed anxiety and eternally boyish demeanour are perfect for his role as the jittery protagonist of this seriously grotesque offbeat horror comedy. His character is a pampered Beverly Hills brat who has been summoned to the remote coastal home of his estranged father (Stephen McHattie). The reunion is far from cosy and things turn darker and stranger as well as – be warned – increasingly violent. 2019, 18, 95MIN

Also on Friday

Dumbo
Sky Disney HD, 12.55pm ★★★★★
The Disney cartoon classic.

It: Chapter Two
Sky Premiere HD, 8pm ★★★
Clowning around. See page 22.

The Commuter
5Star, 9pm ★★★
Liam Neeson goes to work.

The Rocky Horror Picture Show
Talking Pictures, 10pm ★★★★
Tim Curry is a sweet transvestite.

Satanic Panic
Sky Sci-Fi & Horror HD, 12.35am ★★★
Hayley Griffith is out of luck.

Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

THE MAIN EVENT

West Indies wicketkeeper Shane Dowrich and England's Ben Stokes

Michael Vaughan

England v West Indies

Former England captain and BBC expert **Michael Vaughan** on cricket's return

LIVE CRICKET

From Wed, Sky Sports Cricket HD & Sky Sports Main Event HD, play starts 11am (highlights: BBC2 HD, 7pm)

Wednesday sees the welcome sound of bat on ball when live cricket returns at last with the start of England's three-match Test series against the West Indies at the Ageas Bowl, Southampton.

Sky Sports will be providing live coverage, while BBC2 will be showing a highlights package each evening at 7pm – the first time the BBC has broadcast the sport in more than 20 years.

Presenter Isa Guha will be joined by West Indies' 2016 World T20 hero Carlos Brathwaite and ex-England captains Sir Alastair Cook and Michael Vaughan.

'For us as commentators, things will be slightly different,' says Vaughan. 'But nothing beats live sport and it's wonderful that cricket is back. The players are so professional that they will quickly get back in the groove and it should be a fascinating series for many reasons.'

Here, Vaughan, 45, assesses the strengths of both sides…

ENGLAND

'There's a chance captain Joe Root will miss the opening Test because his wife is due to give birth, but that won't be a problem as Ben Stokes will step up. England were excellent in South Africa a few months ago, so I would like to see that side start again. Dominic Bess did really well in that series, and my fingers are always crossed that Mark Wood stays fit. James Anderson is returning from injury, while Jofra Archer will be fired up to face his old mates in the West Indies side.'

England's Jofra Archer

WEST INDIES

'England are clear favourites, but West Indies could have the upper hand in terms of preparation as they'll have played three warm-up matches, compared with just one for England. It's a shame that Darren Bravo has decided not to come over because of the virus, but Jason Holder is a wonderful leader and Kemar Roach will be a threat with the ball. West Indies beat England 2-1 last year, and they will be confident of another victory.'

TEST SCHEDULE

The sides will meet in three Tests in the space of 21 days, with matches played without spectators at bio-secure venues that have on-site hotels.

8-12 July
Ageas Bowl, Southampton

16-20 July
Old Trafford, Manchester

24-28 July
Old Trafford, Manchester

WORDS: RICHARD MCCLURE. PHOTOS: GETTY, PA IMAGES

Formula One

Lewis Hamilton targets a seventh world title as the season gets underway

Britain's Lewis Hamilton

LIVE MOTORSPORT

Austrian Grand Prix

Sunday, Sky Sports F1 HD, race starts 2.10pm

The delayed Formula One season finally begins on Sunday with the first of two grands prix from Austria. As world champion Lewis Hamilton returns to the grid, here's everything you need to know about the new season…

How many races will there be? So far, eight Grands Prix in Europe have been announced (see panel). F1 authorities are set to announce more races in the coming weeks in the hope of having 15-18 races before the season ends in December.

What's new? The second race in Austria will be called the Styrian Grand Prix, after the region where it will be held, while the second race at Silverstone marks 70 years since the first ever official F1 Grand Prix took place at the circuit in 1950.

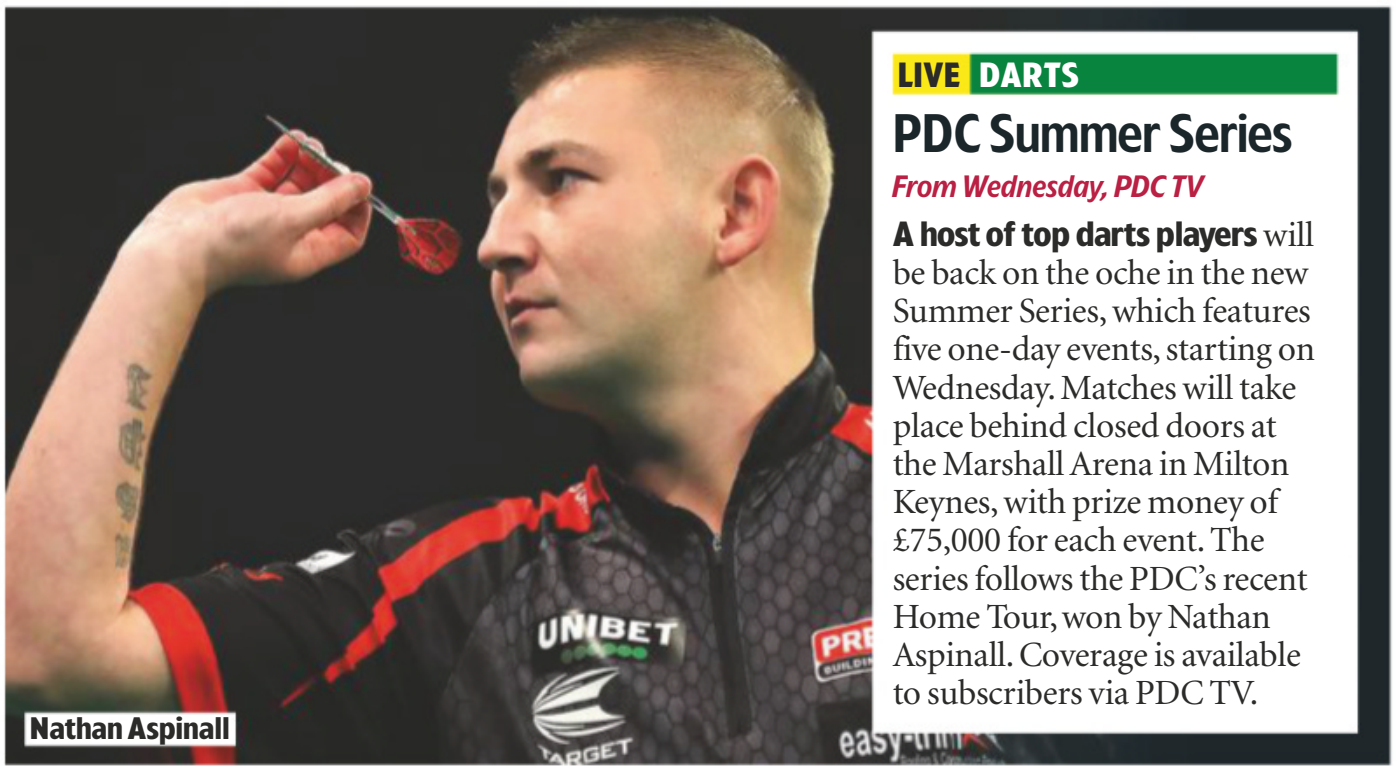
How many British drivers will be in action? As well as Lewis Hamilton, home fans can cheer along McLaren's Lando Norris and Williams' George Russell, who won the virtual F1 season recently.

How can I watch? All races will be live on Sky Sports, with C4 showing a Sunday-night highlights package. C4 will also show the British GP live on 2 August.

REVISED F1 CALENDAR

The confirmed 2020 F1 dates so far…

5 July	Austrian GP	Red Bull Ring
12 July	Styrian GP	Red Bull Ring
19 July	Hungarian GP	Hungaroring
2 Aug	British GP	Silverstone
9 Aug	70th Anniversary GP	Silverstone
16 Aug	Spanish GP	Barcelona
30 Aug	Belgian GP	Spa-Francorchamps
6 Sep	Italian GP	Monza



Nathan Aspinall

LIVE DARTS

PDC Summer Series

From Wednesday, PDC TV

A host of top darts players will be back on the oche in the new Summer Series, which features five one-day events, starting on Wednesday. Matches will take place behind closed doors at the Marshall Arena in Milton Keynes, with prize money of £75,000 for each event. The series follows the PDC's recent Home Tour, won by Nathan Aspinall. Coverage is available to subscribers via PDC TV.

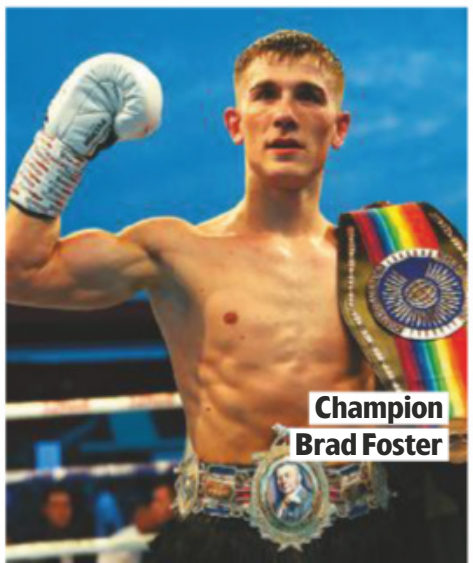
English King

LIVE HORSE RACING

The Derby

Saturday, ITV HD, race starts 4.55pm

Trained by Ed Walker and ridden by Frankie Dettori, English King is among the favourites for this year's Derby. The Classic is part of a seven-race card, also featuring the Oaks, which will be taking place behind closed doors at Epsom. The Derby race time has been moved back 25 minutes for this year's meeting to avoid a clash with Premier League football, with the Oaks held at 3.40pm after being moved from its traditional Friday slot.


Champion Brad Foster

LIVE BOXING

Brad Foster v James Beech Jr

Friday, BT Sport HD

Live boxing is also back this week with the first of promoter Frank Warren's three proposed behind-closed-doors British title fights at the BT Sport Studios in London. Friday's bill sees undefeated champion Brad Foster defend his British and Commonwealth super-bantamweight belt against James Beech Jr. It's preceded by a super-welterweight bout between Hamzah Sheeraz and Paul Kean, which was originally scheduled to take place in April.

Sport A-Z and football planner »»

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Sport week A-Z GUIDE This week's sport on TV

AUSTRALIAN RULES

LIVE Brisbane Lions v Port Adelaide Power
Sat 10.30am BT Sport 2

LIVE Adelaide Crows v Fremantle Dockers
Sat 4am BT Sport 1

LIVE GWS Giants v Hawthorn Hawks
Sun 9am BT Sport 1

LIVE AFL
Thu & Fri 10.30am BT Sport 1
Coverage of two live games.

BASKETBALL

LIVE Big X v Jackson TN Underdawgs
Sat 8pm BT Sport/ESPN
The Basketball Tournament, a 24-team knockout competition, begins in Ohio. Continues all week.

LIVE Brotherly Love v Stillwater Stars
Sat 10pm BT Sport/ESPN

LIVE House of 'Paign v War Tampa
Sat 12m't BT Sport/ESPN

LIVE Team CP3 v Mid American Unity
Sat 2am BT Sport/ESPN

LIVE Team Hines v Sideline Cancer
Sun 8pm BT Sport/ESPN

LIVE Heartfire v Men of Mackey
Sun 10pm BT Sport/ESPN

LIVE Armored Athlete v Power of the Paw
Sun 12m't BT Sport/ESPN

LIVE Jimmy V v Herd That
Sun 2am BT Sport/ESPN

LIVE The Basketball Tournament
Mon-Fri 7pm, 9pm BT Sport/ESPN
Action from the second round and the first two quarter-finals.

BOXING

LIVE Brad Foster v James Beech Jr
Fri 7pm BT Sport 1
A super-bantamweight title bout in London. See p29.

CRICKET

LIVE Dream11 ECS Cricket
Mon-Thu 9am, 11am, 1pm, 3pm, 5pm; Fri 9am, 11am, 1pm, 3pm FreeSports
European T10 competition.

LIVE England v West Indies
Wed-Fri 10.30am Sky Sports Cricket & Sky Sports Main Event
The first three days of the First Test in Southampton. Highlights: Wed-Fri 7pm BBC2; Wed-Fri 8pm Sky Sports Cricket. See p28.

DARTS

LIVE PDC Summer Series
Wed-Fri PDC TV
Action from Milton Keynes. See p29.

GOLF

LIVE Rocket Mortgage Classic
Sat & Sun 1pm Sky Sports Golf; Sun 7pm Sky Sports Main Event
Coverage of days three and four of the PGA Tour event at Detroit Golf Club, Michigan. Highlights: Sun 7am; Mon 10am Sky Sports Golf.

LIVE Workday Charity Open
Thu & Fri 12.30pm Sky Sports Golf; Fri 10.15pm Sky Sports Main Event
The opening days of the PGA Tour event at Muirfield Golf Club in Dublin, Ohio. Highlights: Fri 8.30am Sky Sports Golf.

HORSE RACING

LIVE Racing from Epsom
Sat 1.25pm ITV
Coverage of the 3.40 Oaks and the 4.55 Derby, plus support races at 1.50, 2.25 and 4.15. See p29.

LIVE Racing from Sandown
Sun 1.30pm ITV
Coverage from Sandown Park, including the 3.35 Coral Eclipse. Plus three races from Haydock, including the Lancashire Oaks.

LIVE Racing from Newmarket
Thu & Fri 1.30pm ITV4
The first two days of Newmarket's July meeting, plus races from York (Thu) and Market Rasen (Fri).

MOTORCYCLING

LIVE Speedway European Championship
Sat 4pm; Wed 6pm Euro2
Rounds one and two from Poland.

LIVE Wroclaw v Zielona Gora
Sun 3.30pm Premier Sports 2
Polish speedway coverage.

LIVE FIM CEV Repsol International Championship
Tue 10.45am BT Sport 1
The opening round at the Circuito do Estoril in Portugal, featuring Moto2, Moto3 and superbike classes.

LIVE Wroclaw v Grudziadz
Fri 5pm FreeSports
Speedway racing from Poland.

LIVE Rybnik v Leszno
Fri 7.30pm Premier Sports 1
Polish speedway action.

MOTORSPORT

LIVE Austrian F3 GP
Sat 9.20am; Sun 8.35am Sky Sports F1
Two races in the Formula 3 season.

LIVE Formula 1
Sat 10.45am, 1.30pm Sky Sports F1
Practice and qualifying sessions for the Austrian Grand Prix.

LIVE Indycar Grand Prix
Sat 5pm Sky Sports F1
The GMR Grand Prix at Indianapolis Motor Speedway, Indiana.

LIVE Austrian F2 GP
Sat 3.35pm; Sun 10am Sky Sports F1
Two Formula 2 races from Spielberg.

LIVE Porsche Supercup
Sun 11.15am Euro2; Sun 11.20am Sky Sports F1
Austrian Grand Prix race coverage.

LIVE Formula 1: Austrian GP
Sun 2.05pm Sky Sports F1
The opening race of the season. Highlights: Sun 6.30pm C4. See p29.

LIVE NASCAR
Sun 9pm Premier Sports 2
The Big Machine Hand Sanitizer 400. Coverage from Indianapolis.

NETBALL

LIVE Pulse v Steel
Sat 6am Sky Sports Main Event & Sky Sports Mix
ANZ Premiership action.

LIVE Pulse v Magic
Sun 6am Sky Sports Mix

LIVE Magic v Stars
Mon 8am Sky Sports Main Event, Sky Sports Arena & Sky Sports Mix

LIVE Pulse v Steel
Fri 8am Sky Sports Main Event, Sky Sports Arena & Sky Sports Mix

RUGBY LEAGUE

LIVE Gold Coast Titans v Cronulla-Sutherland Sharks
Sat 6am Sky Sports Arena

LIVE New Zealand Warriors v Brisbane Broncos
Sat 8.30am Sky Sports Arena

LIVE Wests Tigers v Penrith Panthers
Sat 10.35am Sky Sports Arena

LIVE Manly-Warringah Sea Eagles v Newcastle Knights
Sun 7.05am Sky Sports Main Event & Sky Sports Arena

LIVE Canterbury-Sutherland Bulldogs v South Sydney Rabbitohs
Sun 9.30am Sky Sports Arena

LIVE North Queensland Cowboys v Sydney Roosters
Thu 10.50am Sky Sports Arena

LIVE Gold Coast Titans v New Zealand Warriors
Fri 9am Sky Sports Arena

LIVE South Sydney Rabbitohs v Wests Tigers
Fri 10.55am Sky Sports Arena

LIVE Betfred Super League
Fri 7pm Sky Sports Main Event (kick-off 7.45pm)
Coverage of a crucial game.

RUGBY UNION

LIVE Highlanders v Crusaders
Sat 7.30am Sky Sports Main Event & Sky Sports Action (k-o 8.05am)
Super Rugby Aotearoa coverage.

LIVE Brumbies v Rebels
Sat 10.10am Sky Sports Main Event & Sky Sports Action
Super Rugby AU action.

LIVE Chiefs v Hurricanes
Sat 4am Sky Sports Main Event & Sky Sports Action (k-o 4.35am)
Super Rugby Aotearoa action.

LIVE Rebels v Reds
Fri 10am Sky Sports Action
Super Rugby AU at AAMI Park.

TENNIS

LIVE Ultimate Tennis Showdown
Sat & Sun 4pm, 5.15pm Euro1
Round four of the invitational event.

WRESTLING

LIVE WWE Monday Night Raw
Mon 1am BT Sport 1

LIVE WWE NXT
Wed 1am BT Sport 1

LIVE WWE Friday Night SmackDown
Fri 1am BT Sport 1

Rugby league
Jackson Hastings and Wigan Warriors are back in action as the Super League restarts

Football planner »»

Motorcycling
Mikkel Michelsen defends his Speedway European Championship title

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PHOTOS: PA IMAGES

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Peter McDermott,
Head Gardener & Plant Expert.
Peter

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Compact 'Boulevard' Clematis produce a torrent of bright, star-shaped blooms for 6 months every year! Expertly bred for their compact habit and precocious flowering nature, you'll get massive colour impact from limited space. Perfect for small spaces in pots or containers, they will enliven any terraced garden, patio, balcony or conservatory throughout summer. Supplied in 3 spectacular colours, as 10.5cm specimens.

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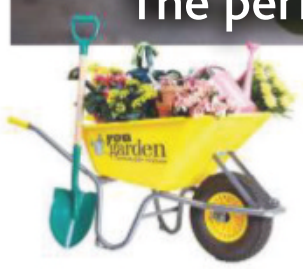
- **Bred by Chelsea Flower Show Gold Medal Winner Raymond Evison**

"Smothered in blooms throughout summer... The perfect varieties for patio containers!"



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550169	**Samaritan Jo** Established Plant in a 10.5cm Pot	£9.99		
550165	**Confetti** Established Plant in a 10.5cm Pot	£9.99		
550167	**Olympia Jo** Established Plant in a 10.5cm Pot	£9.99		
100076	**Vitax Clematis Feed** 900g	£6.99		
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you garden

Football planner

Due to the ongoing coronavirus outbreak, football matches are subject to disruption or cancellation

Saturday 4

LIVE Gamba Osaka v Cerezo Osaka
9.55am FreeSports (kick-off 10am)
Coverage of the Japanese top-flight match at Panasonic Stadium Suita.

LIVE Derby County v Nottingham Forest
12noon Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)
Coverage of the Championship clash from Pride Park.

LIVE Norwich v Brighton
12noon BT Sport 1 (kick-off 12.30pm)
Action from the Premier League.

LIVE Leicester City v Crystal Palace
2.30pm Sky Sports Premier League, Sky Sports Main Event, Sky One & Pick TV (kick-off 3pm)
Coverage of the Premier League match at the King Power Stadium.

LIVE Manchester Utd v Bournemouth
2.30pm BT Sport 1 (kick-off 3pm)
Action from the Premier League meeting at Old Trafford.

LIVE Bristol City v Cardiff
2.45pm Sky Sports Football (kick-off 3pm)
Coverage of the Championship encounter from Ashton Gate.

LIVE Celta Vigo v Real Betis
4pm LaLiga TV

LIVE Juventus v Torino
4.10pm Premier Sports 2 (kick-off 4.15pm)
Coverage of the Italian top-flight clash from Allianz Stadium.

LIVE Lech Poznan v Legia Warsaw
4.25pm FreeSports (kick-off 4.30pm)
Action from the Polish top-flight encounter at Stadion Miejski.

LIVE Wolves v Arsenal
5.15pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
All the action from the Premier League tie at Molineux.

LIVE Sassuolo v Lecce
6.25pm Premier Sports 1 (kick-off 6.30pm)
Coverage of the Italian top-flight tie.

LIVE Real Valladolid v Alavés
6.30pm LaLiga TV

LIVE Bayer Leverkusen v Bayern Munich
6.30pm BT Sport 1 (kick-off 7pm)
Coverage of the DFB-Pokal final from the Olympiastadion in Berlin.

LIVE Turkish Super Lig
7pm BT Sport 2
Action from the Turkish top-flight.

LIVE Valerenga v Aalesunds
7.25pm Eurosport 2 (kick-off 7.30pm)
Norwegian Eliteserien action from the Intility Arena in Norway.

LIVE Chelsea v Watford
7.45pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
Coverage of the top-flight encounter at Stamford Bridge.

LIVE Lazio v AC Milan
8.40pm Premier Sports 1 (kick-off 8.45pm)
Coverage of the Italian top-flight clash from Stadio Olimpico.

LIVE Granada v Valencia
9pm LaLiga TV

LIVE Benfica v Boavista
9.10pm FreeSports (kick-off 9.15pm)
Coverage of the Portuguese top-flight clash from Estadio da Luz.

Sunday 5

LIVE Burnley v Sheffield Utd
11.30am Sky Sports Main Event, Sky Sports Premier League, Sky One & Pick TV (kick-off 12noon)
Coverage of the Premier League fixture at Turf Moor.

LIVE Swansea City v Sheffield Wednesday
11.30am Sky Sports Football (kick-off 12noon)
Action from the Championship clash at Liberty Stadium.

LIVE FC Nordsjaelland v FC Midtjylland
12.55pm FreeSports (kick-off 1pm)
Coverage of the Danish SuperLiga match from Right to Dream Park.

LIVE Athletic Bilbao v Real Madrid
1pm LaLiga TV

LIVE Newcastle v West Ham
2pm Sky Sports Main Event & Sky Sports Premier League (kick-off 2.15pm)
All the action from the Premier League match at St James' Park.

LIVE Espanyol v Leganés
4pm LaLiga TV

LIVE Inter Milan v Bologna
4.10pm Premier Sports 1 (kick-off 4.15pm)
Coverage of the Italian top-flight clash from San Siro.

LIVE Liverpool v Aston Villa
4.15pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30 pm)
All the action from the Premier League as struggling Villa face a tough trip to Anfield.

LIVE Piast Gliwice v Slask Wroclaw
4.25pm FreeSports (kick-off 4.30pm)
Coverage of the meeting from Poland's top-flight at the Stadion Miejski w Gliwicach.

LIVE Odd v FK Haugesund
4.55pm Eurosport 2 (kick-off 5pm)
Coverage of the Eliteserien match from Skagerak Arena in Norway.

LIVE Cagliari v Atalanta
6.25pm Premier Sports 1 (kick-off 6.30pm)
Action from the Italian top-flight clash at Sardegna Arena.

LIVE Parma v Fiorentina
6.25pm Premier Sports 2 (kick-off 6.30pm)
The Italian Serie A encounter from Stadio Ennio Tardini.

LIVE Osasuna v Getafe
6.30pm LaLiga TV

LIVE PREMIER LEAGUE

Liverpool v Aston Villa

Sunday, Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 4.30pm

Captain Jack Grealish and his Villa side face a tough battle to avoid the drop, with this trip to Anfield followed by a visit from Manchester United (Thursday, Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 8.15pm).

LIVE PREMIER LEAGUE

Southampton v Manchester City

Sunday, BBC1 HD and red button, kick-off 7pm

We're at St Mary's for the BBC's third live Premier League game as City's Sergio Agüero looks to continue his fine form against the Saints, having scored in each of the sides' last four meetings. Southampton beat Norwich in their first game after the break.

LIVE PREMIER LEAGUE

Watford v Norwich City

Tue, Sky Sports Premier League HD, Sky Sports Main Event HD, Sky One HD & Pick TV HD, kick-off 6pm

The relegation battle continues at Vicarage Road where Watford began the Premier League restart by rescuing a point against Leicester thanks to a goal from Craig Dawson.

LIVE Southampton v Manchester City
6.35pm BBC1 and red button (kick-off 7pm)
Gary Lineker presents coverage of the Premier League fixture from St Mary's Stadium. The visitors will be looking to continue their excellent recent record against the Saints, having won the last seven games in all competitions between the sides.

LIVE Turkish Super Lig
7pm BT Sport 1
Coverage of the Turkish top-flight.

LIVE Stabaek v Rosenborg
7.25pm Eurosport 2 (kick-off 7.30pm)
Action from Norway's Eliteserien.

LIVE Napoli v AS Roma
8.40pm Premier Sports 1 (kick-off 8.45pm)
Action from the Italian top-flight clash at Stadio San Paolo.

LIVE Villarreal v Barcelona
9pm La Liga TV

LIVE FC Porto v Belenenses
9.25pm FreeSports (kick-off 9.30pm)
All the action from the Portuguese Primeira Liga fixture, which takes place at Estadio do Dragao.

Monday 6

LIVE Oxford United v Portsmouth
4.30pm Sky Sports Main Event (kick-off 5pm)
Coverage of the League One play-off semi-final second-leg.

LIVE Kayserispor v Besiktas
7pm BT Sport 2
Action from the top-flight in Turkey.

LIVE Wycombe v Fleetwood
7.15pm Sky Sports Football (kick-off 7.30pm)
Coverage of the second leg of the League One play-off semi-final,.

LIVE Tottenham Hotspur v Everton
7.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
All the action from the Premier League fixture at Tottenham Hotspur Stadium.

LIVE Moreirense v Sporting
8.55pm FreeSports (kick-off 9pm)
Coverage of the Portuguese top-flight encounter.

Tuesday 7

LIVE Crystal Palace v Chelsea
5.30pm Sky Sports Main Event (kick-off 6pm)
Coverage of the top-flight fixture at Selhurst Park.

LIVE Watford v Norwich
5.30pm Sky Sports Premier League, Sky Sports Main Event, Sky One & Pick TV (kick-off 6pm)
All the action from the top-flight clash at Vicarage Road.

LIVE Lecce v Lazio
6.25pm Premier Sports 1 (kick-off 6.30pm)
Coverage of the Italian top-flight clash from Stadio Via del Mare.

LIVE Arsenal v Leicester City
8pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8.15pm)
Coverage of the top-flight meeting at the Emirates Stadium.

LIVE AC Milan v Juventus
8.40pm Premier Sports 1 (kick-off 8.45pm)
Action from the Italian top-flight meeting at the San Siro.

Wednesday 8

LIVE Turkish Super Lig
4.30pm BT Sport 3
Coverage of Turkey's top division.

LIVE Sheffield Utd v Wolves
5.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 6pm)
All the action from the Premier League fixture at Molineux.

LIVE Manchester City v Newcastle
5.30pm BT Sport 1 (kick-off 6pm)
Action from the Premier league clash at the Etihad Stadium.

LIVE West Ham v Burnley
5.45pm BT Sport 2 (kick-off 6pm)
Premier League action from the London Stadium.

LIVE Genoa v Napoli
6.25pm Premier Sports 1 (kick-off 6.30pm)
Coverage of the Italian top-flight clash from Stadio Luigi Ferraris.

LIVE Fiorentina v Cagliari
6.25pm Premier Sports 2 (kick-off 6.30pm)
Action from Italy's top-flight.

LIVE Turkish Super Lig
7pm BT Sport 3
Action from the Turkish top-flight.

LIVE Brighton v Liverpool
8pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8.15pm)
Coverage of the Premier League clash from the Amex Stadium.

LIVE AS Roma v Parma
8.40pm Premier Sports 1 (kick-off 8.45pm)
Coverage of the Italian top-flight clash from Stadio Olimpico.

LIVE Atalanta v Sampdoria
8.40pm Premier Sports 2 (kick-off 8.45pm)
The Italian Serie A encounter from the Gewiss Stadium.

Thursday 9

LIVE Bournemouth v Tottenham Hotspur
5.30pm Sky Sports Main Event, Sky Sports Premier League, Sky One & Pick TV (kick-off 6pm)
Coverage of the fixture at the Vitality Stadium.

LIVE Turkish Super Lig
7pm BT Sport 1
Coverage from Turkey's top-flight.

LIVE Aston Villa v Manchester Utd
8pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8.15pm)
Premier League action as top-four hopefuls United travel to Villa Park.

LIVE Verona v Inter Milan
8.40pm Premier Sports 1 (kick-off 8.45pm)
Coverage of the Italian top-flight encounter from Stadio Marc'Antonio Bentegodi.

LIVE Famalicao v Benfica
9.25pm FreeSports (kick-off 9.30pm)
All the action from the Portuguese top-flight clash at Estadio Municipal 22 de Junho.

Friday 10

LIVE Sporting v Santa Clara
7.10pm FreeSports (kick-off 7.15pm)
Coverage of the Portuguese top-flight fixture, which takes place at Estadio Jose Alvalade.

PHOTOS: GETTY, PA IMAGES

WHAT'S UP DOC?

MON 14 – SUN 20 SEPTEMBER

Buy a Jeans for Genes Day limited-edition Bugs Bunny™ t-shirt at jeansforgenes.org/shop

All profits from the sale of this t-shirt by Jeans for Genes will help transform the lives of children with life-altering genetic disorders

Modelled by Alex Bowen & Olivia Buckland

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Saturday

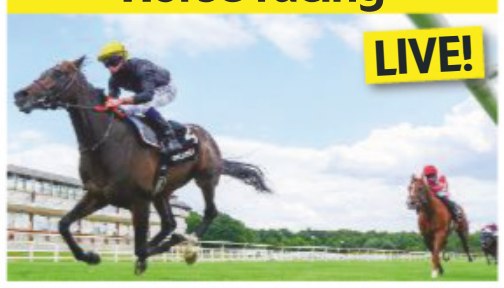
4 July

Evening Planner

Tennis

Andy Murray's Greatest Hits
BBC1 HD, 1.15pm
Sue Barker looks back at the player's career, notably his 2013 Wimbledon win

Horse racing



The Derby
ITV HD, race starts 4.55pm
The behind-closed-doors races at Epsom include the 3.40 Oaks and the Derby, for which English King is favourite

Documentary

How The Beatles Changed the World
Yesterday, 7pm
The life and times of the band throughout the 1960s, featuring rarely seen footage

Docudrama

Washington
Sky History HD, 9pm
Riviera's Nicholas Rowe plays George Washington in a three-part profile, beginning as he breaks from the British

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 Celebrity...	7.30 Pointless Celebrities		8.15 Michael McIntyre's Big Laughs		9.15 Peter Crouch: Save Our...	10.00 News	10.20 Match of the Day
102 BBC2	◂ 6.45 A House Through Time	7.45 Dad's Army		8.15 British History's Biggest Fibs with Lucy...		9.15 Keith Haring: Street Art Boy		
103 ITV	◂ 6.30 Ninja...	7.30 Alan Carr's Epic Gameshow		8.30 Film: Dr No				10.40 News
104 CHANNEL 4	◂ 6.45 Formula 1 Austrian Grand Prix Qualifying...			8.15 How to Build British: Bentley		9.15 Film: xXx: Return of Xander Cage		
105 CHANNEL 5	◂ 6.40 Around America by Train with Tony...		8.00 Jane McDonald: Cruising Scotland			9.15 Fergie & Andrew: The Duke & Duchess of Disaster		
106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Film: Transformers			
ENTERTAINMENT								
116 BBC4	7.00 This Farming Life		8.00 Earth's Natural Wonders		9.00 The Young Montalbano			
118 ITV2	◂ 6.50 Film: The Legend of Tarzan				9.00 Love Island: Australia			10.20 The Weekender: Boat...
136 MORE4	◂ 6.55 Four in a Bed		8.00 Devon and Cornwall		9.00 24 Hours in A&E			
135 E4	7.00 Film: Night at the Museum: Secret of the Tomb				9.00 Film: Ted 2			
107 SKY WITNESS	7.00 Blue Bloods				9.00 9-1-1		10.00 Blue Bloods	
108 SKY ATLANTIC	7.00 CSI				9.00 Band of Brothers			
110 GOLD	◂ 6.40 Only Fools and Horses		8.00 Dial M for Middlesbrough				10.00 Michael McIntyre's Comedy Roadshow	
111 DAVE	◂ 6.40 Would I Lie to You?		8.00 Not Going Out				10.00 Mock the Week	10.40 Big...
119 ITV3		7.10 Midsomer Murders						
120 ITV4	7.00 Tour de France ReCycled: Geraint's Tour		8.00 Film: Cannonball Run II					10.15 Film: Mad Max 2
112 COMEDY CENTRAL		7.10 Film: Hot Pursuit			9.00 Film: About a Boy			
152 SYFY	◂ 6.00 Film: San Andreas: Mega Eruption		8.00 Pandora		9.00 Film: Doom			
109 W	◂ 6.40 Outnumbered		8.00 Inside the Ambulance				10.00 The Catherine Tate Show	
113 SKY COMEDY	7.00 Film: Kicking & Screaming				9.00 Betty	9.35 Insecure		10.10 Film: Forgetting Sarah Marshall
124 FOX	7.00 NCIS: New Orleans				9.00 APB		10.00 Family Guy	
122 SKY ARTS	◂ 6.30 Take That: Odyssey...	7.45 Ed Sheeran: Austin City Limits			9.00 Beyoncé: I Am – World Tour			
DOCUMENTARY								
125 DISCOVERY	◂ 6.00 Deadliest Catch		8.00 Fast N' Loud		9.00 Outback Truckers		10.00 Why We Hate: The Reckoning	
162 ANIMAL PLANET	7.00 Nature's Strangest Mysteries: Solved		8.00 Saved By the Barn		9.00 The Zoo		10.00 Legends of the Wild	
129 NAT GEO	7.00 9/11: Elite Rescue Cops		8.00 9/11 Firehouse		9.00 Osama Bin Laden: The Last Days		10.00 9/11: Inside the Pentagon	
123 SKY HISTORY	7.00 Brunel: The Man Who Built Britain		8.00 Black Patriots: Heroes of the Revolution		9.00 Washington			
155 YESTERDAY	7.00 How The Beatles Changed The World				9.00 Private Lives of the Monarchs			
166 EDEN	7.00 World of Oceans				9.00 The Zoo			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Frozen II		8.00 The Goldfinch					10.30 Downton Abbey
303 HITS	7.00 Gemini Man				9.00 Fantastic Beasts: The Crimes of Grindelwald			
304 GREATS	◂ 6.00 Mission: Impossible		8.00 Mission: Impossible II				10.10 Mission: Impossible III	
305 DISNEY	◂ 5.50 Aladdin		8.00 Inside Out			9.45 Tinker Bell and the Lost Treasure		
306 FAMILY	7.00 Teen Titans Go! To the Movies			8.40 Mission: Panda				10.20 The Goonies
307 ACTION	◂ 5.10 2012		8.00 Crawl			9.30 Twister		
308 COMEDY	◂ 6.00 Instant Family		8.00 Stuber			9.45 Undercover Brother 2		
309 THRILLER		7.10 The Taking of Pelham 1 2 3			9.00 The Equalizer 2			
310 DRAMA	◂ 5.40 First Man		8.00 A Star Is Born: Extended Version					10.30 The Breakfast...
311 SCI-FI	7.00 Annabelle Comes Home				9.00 The Scorpion King			10.35 Us
302 STAR WARS	◂ 5.30 Star Wars: Episode VI – Return of...		8.00 Star Wars: The Rise of Skywalker					10.30 Star Wars...
313 FILM4	◂ 6.00 Independence Day				9.00 Independence Day: Resurgence			
315 TCM MOVIES	◂ 6.00 Destry Rides...	7.35 Apache Territory			9.00 Sherlock Holmes: A Game of Shadows			
SPORT								
401 MAIN EVENT	◂ 5.15 Premier League – Live: Wolverhampton Wanderers v Arsenal: From Molineux (Kick-off 5.30); Chelsea v Watford: From Stamford Bridge (Kick-off 8.00)							10.30 Austrian F1 GP
402 PREMIER LEAGUE	◂ 5.15 Premier League – Live: Wolverhampton Wanderers v Arsenal: From Molineux (Kick-off 5.30); Chelsea v Watford: From Stamford Bridge (Kick-off 8.00)							10.30 PL Greatest...
403 FOOTBALL	7.00 EFL Play Off Final League 1 16/17		8.00 Retro Championship Playoff Semi-Final 2010: Cardiff V Leicester					10.30 EFL Highlights
404 CRICKET	7.00 ICC Cricket World Cup		8.00 The Cricket Lockdown Vodcast		9.00 ICC Cricket World Cup		10.00 The Cricket Lockdown Vodcast	
413 BT SPORT 1	◂ 6.30 German Cup Football – Live: Bayer Leverkusen v Bayern Munich (Kick-off 7.00)					9.15 Meet The Managers		10.30 Bundesliga...
414 BT SPORT 2	7.00 Turkish Super Lig – Live: Action from the Turkish Super Lig				9.00 WWE Friday Night SmackDown			10.30 WWE NXT...

◂ Denotes programmes starting before 7.00pm † Regions vary

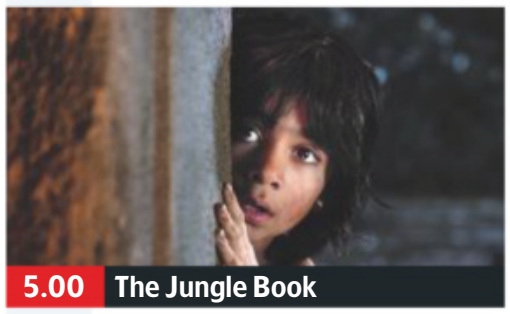
SATURDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition Matt Tebbutt is joined by chef Jason Atherton. (S)
11.30 **The Great Food Guys** Series finale 8/8. Including a twice-baked Mull cheese souffle. (S)(AD)
12.00 NOON **Football Focus** (S)
1.00 PM **BBC News** (S)
1.15 NEW SERIES **Andy Murray's Greatest Hits** 1/2. Sue Barker presents a look at the career of the British tennis star. (S)
3.15 **Sue Barker: Our Wimbledon** The presenter meets Wimbledon greats past and present. (S)(R)(AD)
4.30 **Garden Rescue** (S)(R)
5.00 FILM **The Jungle Book** Disney's adventure starring Neel Sethi, with the voice of Bill Murray. (S)(AD) (2016, PG, 100min) ★★★★


5.00 The Jungle Book

6 PM
6.40 **BBC News** (S)
6.50 **Local News** (S)
7 PM
7.00 **Celebrity Mastermind** With Tim Vine, Alastair Stewart, Hal Cruttenden and Samira Ahmed. (S)(R)
7.30 **Pointless Celebrities** Alexander Armstrong and Richard Osman present a Radio 2-themed edition. (S)(R)
8 PM
8.15 **Michael McIntyre's Big Laughs** Series finale 4/4. Michael looks back at Send to Alls from Emma Bunton and Robbie Savage, while Kylie Minogue has a karaoke surprise. (S)
9 PM
9.15 **Peter Crouch: Save Our Summer** New edition 5/8. Aisling Bea pops by for a chat and a game of Musical VAR. (S)
■ Repeated on Monday
10 PM
10.00 **BBC News** (S)
10.20 **Match of the Day** Gary Lineker presents highlights of the latest Premier League matches. (S)
■ Repeated tomorrow
11.30 **John McEnroe: Still Rockin' at 60** Sue Barker presents a profile of the tennis champion. (S)(R)(AD)
12.30 AM FILM **What Doesn't Kill You** Crime drama with Mark Ruffalo. (S) (2008, 15, 95min) ★★★
2.05 **Weather for the Week Ahead** (S)
2.10 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.45 AM **Marrying Mum and Dad** (S)(R)
7.15 **Wild & Weird** (S)(R)
7.30 **All Over the Place: UK** (S)(R)
8.00 **Blue Peter** (S)(R)
8.30 **Deadly 60** (S)(R)
9.00 **Steve Backshall's Extreme Mountain Challenge** (S)(R)(AD)
10.00 **Big Cats** (S)(R)(AD)
11.00 **Wild West: America's Great Frontier** 1/3. (S)(R)(AD)
12.00 NOON **Nadiya's British Food Adventure** (S)(R)(AD)
12.30 PM **The Good Cook** (S)(R)(AD)
1.00 **My Life on a Plate** (S)(R)(AD)
1.45 **Pubs That Built Britain** (S)(R)(AD)
2.15 FILM **Pete's Dragon** Fantasy. (S) (2016, PG, 95min) ★★★
3.50 **Animals with Cameras** (S)(R)(AD)
4.45 **Inside Central Station** (S)(R)(AD)
5.45 **The Pembrokeshire Coast: A Wild Year** 1/3. (S)(R)(AD)

9.15 Keith Haring: Street Art Boy

6.45 **A House Through Time** 1/4. Documentary charting 180 years of British history as lived through by the successive inhabitants of a terraced house in Liverpool, from the 1840s to the present day. (S)(R)(AD)
7.45 **Dad's Army** Private Godfrey faces being made homeless. (S)(R)
8.15 **British History's Biggest Fibs with Lucy Worsley** 1/3. Revealing how the past is a concoction of untruths manipulated by whoever was in power at the time. (S)(R)(AD)
9.15 NEW **Keith Haring: Street Art Boy** Profile of the pop artist and activist, who died in 1990, using a combination of archive footage, interviews with his contemporaries and audio of the artist's own words. (S)(AD)
10.45 **TOTP2: 80s Special** Including music by Adam Ant, Bucks Fizz, Yazz, Duran Duran, Wham! and Culture Club. (S)(R)
12.15 AM FILM **Two Days, One Night** Drama with Marion Cotillard and Fabrizio Rongione. A woman has a weekend to persuade her former work colleagues to give up their bonuses so the company can rehire her. Subtitled. (2014, 15, 90min) ★★★★★
1.45 **to 6.20** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
9.25 **James Martin's Saturday Morning** With former footballer Chris Kamara and *First Dates* mixologist Merlin Griffiths. (S)(R)
11.35 **John and Lisa's Weekend Kitchen** New edition Summer salads, including a spiced lentil and salmon centrepiece. (S)
12.40 PM **James Martin's American Adventure** James visits the site of the State Fair of Texas. (S)(R)(AD)
1.10 **ITV News** (S)
1.25 LIVE **ITV Racing: From Epsom** Ed Chamberlin and Francesca Cumani present coverage of the 3.40 Oaks and the 4.55 Derby. Plus, three support races at 1.50, 2.25 and 4.15. (S)
5.30 **ITV News** (S)
5.50 **Local News** (S)

7.30 Alan Carr's Epic Gameshow

6.00 **Tipping Point: Best Ever Finals** Compilation of the most dramatic endgames. (S)(R)
6.30 **Ninja Warrior UK** Competitors from across the UK test their strength, speed and courage in the semi-final of the obstacle-course challenge. (S)(R)(AD)
7.30 **Alan Carr's Epic Gameshow** Series finale 6/6. The comedian hosts a revival of *Bullseye* with four plucky pairs of contestants competing for prizes that may include the infamous speedboat. (S)(AD)
8.30 FILM **Dr No** James Bond adventure starring Sean Connery as 007. Bond goes to Jamaica to investigate the mysterious death of a fellow agent. With Ursula Andress, Joseph Wiseman and Jack Lord. (S)(AD) (1962, PG, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.40 **ITV News** (S)
11.00 **The British Soap Awards Celebrate 21 Years** Phillip Schofield presents highlights from the only TV awards dedicated to soap, remembering the most memorable winners, favourite storylines and best baddies. (S)(R)
12.00 M'T **You've Been Framed!** (S)(R)
12.35 AM **Ideal World**
3.00 **Babushka** (S)(SL)(R)
3.50 **to 6.00** AM **Nightscreen**

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.00 AM **Everybody Loves Raymond** Double bill. (S2) (S)(R)(AD)
6.50 **Frasier** 23&24/24. Double bill of the series. (S2) (S)(R)(AD)
7.40 **The Big Bang Theory** (S)(R)(AD)
9.25 **The Simpsons** (S)(R)(AD)
12.20 PM **Couples Come Dine with Me** Three Essex couples compete for the cash prize of £1,000. (S)(R)
1.20 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
4.00 **A Place in the Sun** A couple seek a retirement home in the countryside of Murcia. (S)(R)
4.45 **Celebrity Snoop Dogs** Cameras explore the homes of a five-month-old Cockalier and a four-year-old Shar Pei. (S)(R)
5.15 **Grand Designs** A couple build a unique low-impact family house in Pembrokeshire. (S)(R)(AD)

8.15 How to Build British: Bentley

6.15 **News** (S)
6.45 **Formula 1 Austrian Grand Prix Qualifying Highlights** Steve Jones presents action from the battle for pole position in the opening round of the revised calendar, held at Red Bull Ring in Spielberg. With analysis from David Coulthard and Mark Webber. (S)
8.15 NEW TO C4 **How to Build British: Bentley** Behind the scenes at the luxury car manufacturer, following the step-by-step process on the factory floor., with a focus on the Continental GT. *Previously on More4*. (S)(R)(AD)
9.15 FILM **xXx: Return of Xander Cage** Action thriller starring Vin Diesel and Donnie Yen. The spy is brought out of exile to retrieve a powerful weapon that has been stolen by a lethal gang of mercenaries. (S)(AD) (2016, 12, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.15 FILM **Triple 9** Crime thriller. (S)(AD) (2016, 15, 120min) ★★★
1.15 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
2.10 **The Simpsons** (S)(R)(AD)
2.35 **Hollyoaks** (S)(SL)(R)(AD)
3.30 **Building the Dream** (S)(R)(AD)
4.25 **Grand Designs Australia** (S)(R)
5.20 **Jamie: Keep Cooking and Carry On** (S)(SL)(R)(AD)
5.45 **to 6.00** AM **Jamie's Comfort Food**

+1 hour 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.55 **SpongeBob SquarePants** New edition (S)
10.10 **Ryan's Mystery Playdate** New edition (S)
10.20 **Access** Showbiz news. (S)
10.30 **Friends** Triple bill. (S)(R)
12.05 PM **Friends** 14-16/18. Triple bill of episodes. (S10) (S)(R)
1.35 **FILM Beethoven** Comedy starring Charles Grodin, Bonnie Hunt and Dean Jones. (S) (1992, U, 110min) ★★★
3.25 **FILM Bean** Comedy starring Rowan Atkinson. Disaster-prone Mr Bean creates havoc when he accompanies a valuable painting to the US. (S) (1997, PG, 105min) ★★★
5.10 **The National Trust's Great Estates** (S)

9.15 Fergie & Andrew: The Duke...

6.35 **News** (S)
6.40 **Around America by Train with Tony Robinson** 6/6. The final stage of his journey takes the actor to America, beginning in San Francisco and stopping off in Denver, New Orleans and New York City. (S)(R)
8.00 **Jane McDonald: Cruising Scotland** Highlights of the singer's travels around Scotland, which including a journey around the Inner Hebrides that put Jane in touch with her Scottish roots. (S)(R)
9.15 **NEW Fergie & Andrew: The Duke & Duchess of Disaster** The scandals that have surrounded Prince Andrew and Sarah Ferguson since their marriage in 1986, from tabloid stings to the prince's friendship with Jeffrey Epstein. (S)
10.45 **The 90s: TV's Most Controversial Decade!** (R)
12.45 AM **Wonderful World of Chocolate** (S)(R)
1.10 **21.co.uk Live Casino Show**
3.10 **Ben Fogle: New Lives in the Wild** Documentary. (S)(R)
4.00 **Tattoo Disasters UK** (S)(SL)(R)
4.25 **Cruising with Jane McDonald** Visiting Alaska. (S)(SL)(R)
5.10 **Wildlife SOS** (S)(SL)(R)
5.35 **to 6.00** AM **House Doctor** (S)(SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Business** (S)(R)(AD)
9.00 **Modern Family** (S6) (S)(R)
11.00 **Soccer AM** Football magazine.
12.00 NOON **NCIS: Los Angeles** *Praesidium*: 3/24. The team are interrogated by the Department of Justice. (S)(R) **1.00** PM *The 3rd Choir*: 4/24. Hetty is targeted by a figure from her past. (S6) (S)(R)
2.00 **The Simpsons** (S)(R)
2.30 **LIVE Premier League** Leicester City v Crystal Palace: Coverage from the King Power Stadium. Kick-off is at 3.00.
5.15 **PL Greatest Games** Leicester City v Everton from the 2015/16 season. (S)
5.30 **The Simpsons** *Trilogy of Error:* Marge accidentally slices off Homer's thumb. (S)(R)

9.00 Transformers

6.00 **The Simpsons** *I'm Goin' to Praiseland:* Homer and Ned build a theme park. (S)(R) **6.30** *Children of a Lesser Clod:* Homer opens a day-care service. (S)(R)
7.00 **The Simpsons** *Simpsons Tall Tales:* A tramp entertains the family. (S)(R) **7.30** *Homer's Barbershop Quartet:* Homer recalls his musical heyday. With the voice of David Crosby. (S)(R)
8.00 **A League of Their Own** Roisin Conaty, Patrice Evra and Rob Beckett join regulars Jamie Redknapp, Romesh Ranganathan and Andrew Flintoff on the sports-based comedy quiz. (S)(R)(AD)
9.00 **FILM Transformers** Blockbuster sci-fi action adventure inspired by the shape-changing toys, starring Shia LaBeouf, Tyrese Gibson and Josh Duhamel. A geeky teenager finds himself caught up in a titanic struggle between good and evil robots who are battling to recover their life source. (S) (2007, 12, 143min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.45 **Agatha Raisin** *As the Pig Turns:* 4/4. Agatha and the gang visit a fayre, but it is not long before the innocuous event becomes a crime scene. (S3) (R)
1.30 **Road Wars** (S)(R)
2.30 AM **Brit Cops: Frontline Crime UK** (R)
3.30 **Road Wars** (R)
4.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
5.00-6.40pm Scrum V Classics (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
6.45pm The People's News (S)(R) **7.15-7.45pm** Keepin 'er Country at Home (S)(R)
WALES
Sky **971**, Freesat **971**
3.50pm FILM The Jungle Book (S)(AD) (2016, PG, 100min) ★★★★ **5.30** Grand Tours of Scotland (S)(R) **5.45** Inside Central Station (S)(R)(AD) **6.45** Back in Time for the Factory (S)(R) **7.45-8.15pm** Iolo's Street Life (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Trysorau'r Teulu **11.00** Cwpwrdd Epic Chris **11.30** Cegin Bryn: Yn Ffrainc **12.00noon** Ffermio **12.28pm** Y Tywydd **12.30** Cymry ar Gynfas **1.00** Dan Do **1.30** Cynefin **2.30** Y Fets (AD) **3.30** Codi Hwyl **4.00** Ceffylau Cymru **4.30** Caru Siopa (AD) **5.00** Ynys Adra **5.15** Olobobs **5.20** Patrôl Pawennau **5.45** Gêm Gartre **6.15** Clwb Rygbi **7.15** Newyddion S4C a'r Tywydd **7.30** C'mon Midffild **8.00** Miwsig Fy Mywyd New edition (AD) **9.00** Cyngerdd Gwyn Hughes Jones **10.28** Y Tywydd **10.30** Stand Yp **11.30-11.35pm** Y Tywydd

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **This Farming Life** 5/12. A prematurely newborn calf provides cause for concern in Inverness.
8.00 **Earth's Natural Wonders** 2/3. Focusing on the relationships between animals and people, including nomadic people in Siberia hunting herds of reindeer.
9.00 **The Young Montalbano** *The Honest Thief:* 5/6. Salvo investigates the disappearance of a Milanese barmaid with a reputation for promiscuity. Subtitled. (S2)
10.45 **Sicily: Wonder of the Mediterranean** 1/2. Michael Scott traces the history of Sicily.
11.45 **Great Continental Railway Journeys** 1/2. Michael Portillo takes a trip in a Maserati sports car, and is taught how to prepare a tagliatelle al ragu.
12.15 AM **Top of the Pops: 1989**
1.15 **This Farming Life**
2.15 **to 3.15** AM **Earth's Natural Wonders**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.30 **A Place in the Sun: Winter Sun** Triple bill.
12.30 PM **Location, Location, Location** The Peak District.
1.35 **Bake Off: The Professionals**
2.40 **Come Dine with Me**
5.20 **Four in a Bed** Cherry Tree House in Blackpool. **5.50** A visit to The Old Hall Inn in North Yorkshire.
6.25 **Four in a Bed** The third visit is to the Pilot Boat Inn on the Isle of Wight. **6.55** Rutland Terrace in Stamford, Lincolnshire. **7.25** The B&B owners meet for the last time.
8.00 **Devon and Cornwall** Artist Steve Pleydell-Pearce veers off from his normal coastal hotspots.
9.00 **24 Hours in A&E** A 51-year-old is brought in after coming off his bike and doctors are concerned he may have suffered life-changing damage. **10.00** A man is treated after falling off a ladder while fixing his roof.
11.05 **Father Ted** Jack is declared dead after drinking too much floor polish. **11.40** The priests endure a miserable caravan holiday.
12.15 AM **8 Out of 10 Cats Does Countdown**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Totally Bonkers Guinness World Records**
7.15 **Ellen DeGeneres Show**
9.35 **Dress to Impress**
11.35 **Take Me Out**
12.50 PM **Celebrity Catchphrase**
1.55 **You've Been Framed!**
2.55 **FILM Spy Kids 2: Island of Lost Dreams** Children's adventure comedy sequel. (2002, U, 100min) ★★★★
5.00 **FILM Shrek** Animation with the voices of Mike Myers and Cameron Diaz. (2001, U, 90min) ★★★★★
6.50 **FILM The Legend of Tarzan** Adventure starring Alexander Skarsgård, Margot Robbie and Samuel L Jackson. Years after leaving his old home behind, Tarzan is lured back to Africa. (2016, 12, 110min) ★★★
9.00 **Love Island: Australia** A viewers' vote determines whether Cassidy or Mac will be dumped.
10.20 **The Weekender: Boat Party** The boat sets sail from Split, but David lays down the law and Charlotte sees Jordan's birthday as a chance to evaluate their relationship.
11.20 **Family Guy**
12.15 AM **American Dad!**
1.10 **The Cleveland Show**
2.10 **Hey Tracey!**
2.50 **to 3.20** AM **Totally Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Rules of Engagement**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **Don't Tell the Bride**
11.00 **FILM The Spiderwick Chronicles** Fantasy starring Freddie Highmore. (2008, PG, 91min) ★★★★
12.55 PM **Rude(ish) Tube Shorts**
1.00 **The Goldbergs**
2.00 **The Big Bang Theory** Eight episodes, including at: **5.30** 20/24. The guys compete for a tenured professor position. (S6)
6.00 **The Big Bang Theory** 21/24. Raj discovers his new girlfriend Lucy has a blog. **6.30** 22/24. Leonard and Sheldon hire a former TV host to entertain them. (S6)
7.00 **FILM Night at the Museum: Secret of the Tomb** Fantasy comedy sequel starring Ben Stiller and Robin Williams. (2014, PG, 94min) ★★★
9.00 **FILM Ted 2** Comedy sequel starring Mark Wahlberg. The foul-mouthed talking teddy bear fights a court case for the right to be legally recognised as a person. (2015, 15, 112min) ★★★
11.10 **Celebrity Gogglebox USA** With Sharon and Kelly Osbourne.
12.10 AM **Gogglebox**
2.20 **First Dates**
4.10 **to 6.00** AM **Don't Tell the Bride**

+1 hour 235 | 146 | 28 | 123

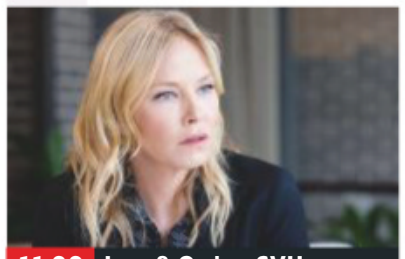
SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 112 111

6.00 AM **UK Border Force**
8.00 **The Real A&E**
9.00 **Children's Hospital**
10.00 **999 Frontline** Norfolk police cope with binge drinkers. **10.30** Firefighters attempt to free a van driver. **11.00** Essex police rush to the aid of a colleague. **11.30** Police race to the scene of a siege.
12.00 NOON **Sun, Sea and A&E**
1.00 PM **Nothing to Declare UK**
2.00 **Nothing to Declare** Ten editions of the documentary.


11.00 Law & Order: SVU

7 PM
7.00 **Blue Bloods** *Only in New York:* 16/22. A distraught man holds Baez at gunpoint in an interrogation room.

8 PM
8.00 **Blue Bloods** *Occupational Hazards:* 17/22. Erin worries she is in danger when her apartment is broken in to. (S5)

9 PM
9.00 **9-1-1** *Athena Begins:* 7/18. A murder weapon from a case close to Athena in the early 1990s resurfaces. (S3)

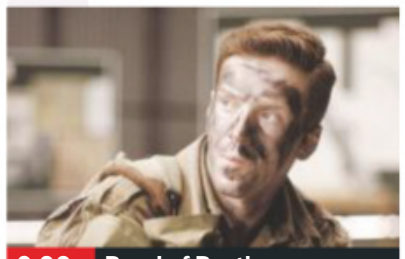
10 PM
10.00 **Blue Bloods** *Hide in Plain Sight:* 18/19. Eddie and Jamie team up to unmask the mastermind behind a robbery. (S10)
11.00 **Law & Order: Special Victims Unit** 9/23. Rollins reveals a secret. (S16)
12.00 M'T **Law & Order: Special Victims Unit** 10/23. (S16)
1.00 AM **Blue Bloods** (S5)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Blue Bloods** (S8&1)
12.00 NOON **Blue Bloods** (S1)
1.00 PM **CSI** 22/23. Catherine's father becomes the prime suspect in a murder. (S4) **2.00** 1/25. A man dressed as an alien is found dead. **3.00** 2/25. A flash flood uncovers two mysteries. **4.00** 3/25. The team search for a missing 12-year-old girl. **5.00** 4/25. A surgeon's patients die mysteriously. **6.00** 7/25. Guest stars Louise Lombard. (S5)


9.00 Band of Brothers

7.00 **CSI** *Mea Culpa:* 9/25. Grissom's handling of an old case comes under examination when he is called to give evidence.
8.00 **CSI** *No Humans Involved:* 10/25. Grissom, Curtis and Greg investigate a shooting and the deaths of three boys. (S5)
9.00 **Band of Brothers** *Currahee:* 1/10. Drama recounting the fact-based story of US paratroop unit Easy Company during World War Two. **10.25** *Day of Days:* 2/10. Winters rallies the troops during the Normandy landings. (S1)
11.30 **FILM Manhunter** Thriller based on a novel by the author of *The Silence of the Lambs*, starring Brian Cox. (1986, 18, 118min) ★★★★
1.50 AM **Elementary** 1&2/24. (S1)
3.45 **Life Itself: Special**
4.00 **to 6.00** AM **Fish Town**

+1 hour 208

GOLD

110 110 810 124 310 392

7.45 AM **The Green Green Grass**
8.20 **Still Open All Hours**
9.00 **Are You Being Served?**
9.40 **Only Fools and Horses**
12.20 PM **Only Fools and Horses**
1.30 **Only Fools and Horses** Eight episodes, including at: **4.05** The Trotters help a damsel in distress. **4.45** Raquel is excited when she lands an audition. **6.00** Tempers flare between the Trotter brothers. **6.40** Rodney's plans to make a film are spoiled by Del-Boy.

8.00 Dial M for Middlesbrough

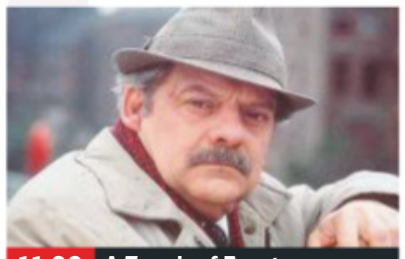
7.20 **Only Fools and Horses** A millionaire offers Del a partnership.
8.00 **Dial M for Middlesbrough** Terry and Gemma from Draper's Tours find themselves forced to take refuge at a sinister and dilapidated caravan park where visitors and residents begin to be bumped off one by one.
10.00 **Michael McIntyre's Comedy Roadshow** Featuring Jason Manford, John Bishop, Sarah Millican and Mick Ferry.
11.00 **Mrs Brown's Boys** Agnes throws Trevor a party.
11.40 **I'm Alan Partridge** Alan tries to save his career. **12.20** AM Alan faces a tough financial decision.
1.00 **to 4.00** AM **I'm Alan Partridge**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **That's My Boy**
6.30 **Agatha Christie's Marple**
8.25 **Coronation Street**
9.55 **Agatha Christie's Poirot**
1.05 PM **Agatha Christie's Marple** *A Murder Is Announced:* A personal column reveals accurate details of a forthcoming murder.
3.10 **Agatha Christie's Poirot** *Evil Under the Sun:* A socialite's body is found on a beach.
5.15 **Lewis** *The Point of Vanishing:* A religious fanatic is found drowned in his bath.


11.00 A Touch of Frost

7.10 **Midsomer Murders** *Wild Harvest:* When a farmer is discovered bound to a tree, doused in truffle oil and mauled to death by a wild boar, the investigation leads Barnaby to a famously tyrannical celebrity chef.
9.00 **Midsomer Murders** *The Made-to-Measure Murders:* Barnaby and Jones investigate when a woman is stabbed to death in a churchyard two years after the death of her husband. Guest stars James Wilby and Gwyneth Strong.
11.00 **A Touch of Frost**
1.05 AM **Agatha Christie's Poirot** *The Third Floor Flat:* A murder takes place in the detective's apartment block.
2.20 **Barging Round Britain with John Sergeant**
2.45 **to 3.20** AM **That's My Boy**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World of Sport**
6.10 **Only When I Laugh**
6.35 **The Saint**
7.30 **The Big Fish Off**
8.25 **Monster Carp**
9.30 **LIVE ITV Racing**
10.30 **The Big Match Revisited**
11.35 **Giant Lobster Hunters**
12.40 PM **FILM The Train Robbers** Western. (1973, U) ★★
2.25 **FILM Smokey and the Bandit** Comedy. (1977, PG) ★★★
4.25 **FILM Octopussy** Adventure. (1983, PG, 130min) ★★★

4.25 Octopussy

7.00 **Tour de France ReCycled: Geraint's Tour** Geraint Thomas presents stage eight of the 2018 race.
8.00 **FILM Cannonball Run II** Car chase comedy sequel starring Burt Reynolds and Shirley MacLaine. A group of madcap contestants race across the US for a $1million prize. (1983, PG, 108min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.15 **FILM Mad Max 2** Futuristic action thriller. (1981, 18, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.15 AM **Car Crash Global: Caught on Camera** Featuring footage of accidents from France and Russia.
1.15 **The Sweeney** Regan and Carter trail stolen goods.
2.15 **to 2.50** AM **Only When I Laugh**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **Andrew Carnegie – Rags to Riches, Power to Peace** Celebrating the life of Andrew Carnegie, a poor immigrant who sailed from Dunfermline to America in the 1840s.
8.15 **Burns in the USA** The influential impact that the poet Robert Burns had in America.
9.15 **Scotland and the Klan** Neil Oliver travels over 2,000 miles to examine links between racism today in the US and its first Scottish settlers.
10.15 **Gary Goes to Hollywood** Tank commander Gary McLintoch finds out what life is like in Los Angeles for fellow Scots.
11.15 PM **to 12.00** M'T **Country at the Quay**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
10.00 **The Dog Whisperer**
1.00 PM **The Dog Whisperer**
3.00 **Stargate SG-1** Five episodes, including at: **6.00** *Entity:* 20/22. An alien probe takes over the computer system. **7.00** *DoubleJeopardy:* 21/22. An old friend seeks help. (S4)
8.00 **Manifest** *Call Sign:* 12/13. Ben helps a passenger deal with his guilt. (S2)
9.00 **The Blacklist** *Victoria Fenberg:* 11/18. Red tracks an art forger who has thwarted his plans to sell stolen pieces. (S7)
10.00 **The Late Late Show with James Corden: Best of the Week**
11.00 **A League of Their Own**
12.00 M'T **A League of Their Own** With Ashley Cole.
4.00 AM **RSPCA Animal Rescue** Double bill.
5.00 **to 6.00** AM **Wild Vets**

Pick

159 159 895 165 11 144 147

6.00 AM **Nothing to Declare**
10.30 **Nothing to Declare UK**
1.00 PM **Customs UK**
2.30 **LIVE Premier League** Leicester City v Crystal Palace: Kick-off 3.00. *Freesat viewers can only see football on Pick HD.*
5.00 **Highway Cops**
7.00 **Caught Red Handed** A man struggles to steal a portrait bigger than he is. **7.40** Police use video analysis to uncover the identity of a robber. **8.20** A crook stealing metal from a church roof.
9.00 **Road Wars Special**
10.00 **Brit Cops: Frontline Crime UK**
11.00 **Banged Up Abroad**
12.00 M'T **The Force: North East**
1.00 AM **Brit Cops: War on Crime**
2.00 **Banged Up Abroad**
4.00 **to 6.00** AM **Highway Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Projects**
8.00 **Top Gear**
9.00 **Rick Stein: From Venice to Istanbul**
10.00 **American Pickers**
12.00 NOON **Storage Hunters**
1.00 PM **Storage Hunters**
2.00 **Border Force: America's Gatekeepers**
3.00 **Eddie Eats America**
4.00 **Top Gear**
6.00 **Would I Lie to You?**
8.00 **Not Going Out** Triple bill of the series, including at: **9.20** Lee and Lucy ponder whether to have another child.
10.00 **Mock the Week**
10.40 **Big Zuu's Big Eats**
11.20 **Mock the Week**
12.00 M'T **Have I Got a Bit More News for You**
1.00 AM **QI** With Jo Brand.
1.40 **Jon Richardson: Ultimate Worrier**
2.45 **Red Dwarf** 6/6. (S5)
3.15 **to 4.00** AM **Josh**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Most Ridiculous Adrenaline Junkies**
8.35 **Most Ridiculous Sports**
9.00 **Friends**
12.30 PM **FILM Big Mommas: Like Father, Like Son** Comedy sequel with Martin Lawrence and Brandon T Jackson. (2011, PG, 107min) ★
2.40 **Friends**
7.10 **FILM Hot Pursuit** Crime comedy starring Reese Witherspoon and Sofia Vergara. (2015, 12, 87min) ★★
9.00 **FILM About a Boy** Comedy drama starring Hugh Grant, Nicholas Hoult, Toni Collette and Rachel Weisz. (2002, 12, 101min) ★★★★
11.15 **Lee Evans: The Ultimate Experience**
1.00 AM **Russell Howard's Good News**
2.00 **South Park**
3.25 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **The Real Housewives of Atlanta**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Be Tasty**
12.10 PM **The Real Housewives of Atlanta**
1.10 **Little Women: LA**
3.55 **Dinner Date**
8.00 **FILM Two Weeks Notice** Romantic comedy starring Sandra Bullock and Hugh Grant. Opposites attract when a liberal lawyer goes to work for a billionaire property tycoon. (2002, 12, 101min) ★★
10.10 **Botched** An ex-*Playboy* model wants to take a second chance at fixing her neck and nose.
11.00 **Vanderpump Rules** Brittany is looking to start something new and exciting in her life.
11.55 PM **to 12.50** AM **Real Housewives of Atlanta**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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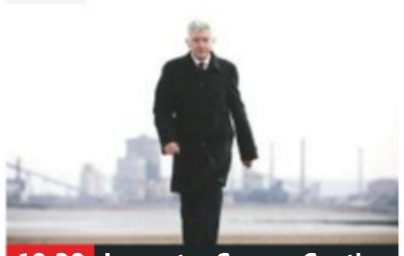
Alibi

132 132 826 | 126 212 | 312 | 382

7.20 AM **Murdoch Mysteries**
10.00 **Miss Marple**
12.25 PM **Death in Paradise** (S1)
3.05 **Inspector Alleyn Mysteries** *Final Curtain*: Artist Agatha Troy asks Alleyn to investigate the death of a Shakespearean actor whose portrait she had been commissioned to paint.
5.15 **Miss Marple** *They Do It with Mirrors*: The sleuth visits the house of an old friend's sister, where a heated argument in a locked room culminates in a man being killed.



10.20 Inspector George Gently

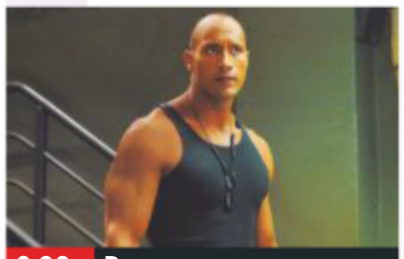
7.40 **Death in Paradise** *Arriving in Paradise*: 1/8. First episode of the drama about a British inspector called in to solve a fellow DI's murder on a Caribbean island.
9.00 **Death in Paradise** *Wicked Wedding Night*: 2/8. Richard investigates the murder of a bride, shot with a spear gun just after getting married. (S1)
10.20 **Inspector George Gently** *Gently Liberated*: The detective reopens an old murder case.
12.20 AM **The Coroner** 4/10. The reopening of a local restaurant ends abruptly when the owner is shot by a sniper. **1.20** 5/10. A man dies shortly after finding some gold coins. Guest stars Katy Brand. (S1)
2.20 **to 4.00** AM **The Coroner**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 | 375

6.00 AM **FILM Battle of Los Angeles** Sci-fi action thriller. (2011, 12, 105min) ★
8.00 **Teleshopping**
11.00 **Fact or Faked: Paranormal Files** Glowing orbs.
12.00 NOON **FILM 2012: Ice Age** Low-budget disaster movie. (2011, 12, 87min) ★
2.00 PM **FILM The Adventures of Aladdin** Fantasy adventure. (2019, PG, 90min) ★★
4.00 **FILM Tomb Invader** Action adventure starring Gina Vitori. (2018, 83min) ★★



9.00 Doom

6.00 **FILM San Andreas: Mega Eruption** Sci-fi drama starring Matthew Atkinson. (2017, PG, 99min) ★★★
8.00 **Pandora** *Time Out of Mind*: 7/13. Jax discovers a deadly secret from her past that she is desperate to understand. (S1)
9.00 **FILM Doom** Sci-fi horror thriller starring Karl Urban and The Rock. A team of tough Marines get sent to Mars to deal with the aftermath after an experiment at a research station goes horribly wrong. (2005, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **FILM 30 Days of Night** Horror. (2007, 18, 113min) ★★
1.20 AM **FILM Assassination Games** Thriller. (2010) ★★
3.20 **Future Man** 12/13. (S1)
4.00 **to 6.00** AM **FILM The 12 Disasters of Christmas** Drama. (2012, 12, 120min) ★★

+1 hour 252 229

W

109 109 809 | 125 211 | 311 | 383

6.10 AM **The Bill**
10.30 **Flip or Flop**
11.00 **Tipping Point**
12.00 NOON **Tipping Point**
1.00 PM **Tipping Point** Triple bill of the game show.
4.00 **Property Brothers: Forever Homes** The outdated layout of a woman's childhood home isn't working for her family. **5.00** A couple who looked at over 50 houses before finding the right one want to maximise every square inch.
6.00 **Outnumbered**

10.00 The Catherine Tate Show

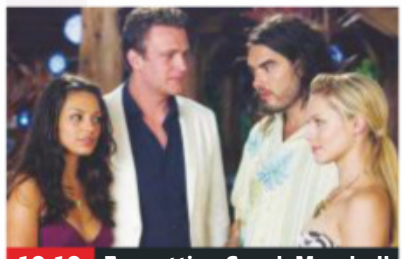
7.20 **Outnumbered** Karen attends a sleepover, and Ben stays at an adventure camp.
8.00 **Inside the Ambulance** Joel and Nic treat a man who's fallen from a ladder while wielding a hedge trimmer.
9.00 **Inside the Ambulance** Mick and Rachel help an amateur stunt driver who has crash-landed and damaged his back.
10.00 **The Catherine Tate Show** Guest stars Leslie Phillips and Rhona Martin. **10.40** The Divine Comedy guest star.
11.20 **The Catherine Tate Show**
12.00 M'T **One Born: What Happened Next?**
1.00 AM **The World According to Kids** Children reveal what they really think of the world.
1.50 **Top Chef**
2.35 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121 | 320 | 385

8.00 AM **Everybody Hates Chris**
10.00 **The Mindy Project** (S5)
12.00 NOON **The Mindy Project**
12.30 PM **The Mindy Project** (S5)
1.30 **30 Rock** Eleven episodes of the sitcom, including at: **5.00** 4/22. Jack must pick the new *TGS* cast member. **5.30** 5/22. The new cast member forces Jenna and Tracy to question themselves. **6.00** 6/22. Liz considers what to do with her apartment. **6.30** 7/22. Liz prepares to film a talk show. (S4)



10.10 Forgetting Sarah Marshall

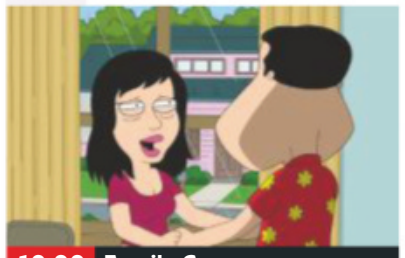
7.00 **FILM Kicking & Screaming** Comedy starring Will Ferrell. A meek man turns into an aggressive maniac after he finds himself pitted against his father as the coaches of rival boys' soccer teams. (2005, PG, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **Betty** 4/6. Sitcom about female skateboarders. (S1)
9.35 **Insecure** 2/10. Lawrence begins to get wary of the new rapport between Issa and Consola. (S4)
10.10 **FILM Forgetting Sarah Marshall** Comedy. (2008, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.25 AM **Chris Rock: Bigger & Blacker** Stand-up comedy from the American comedian.
1.45 **Girls** Four episodes of the series, including at: **3.30** 5/10. Guest stars Patrick Wilson. (S2)
4.05 **The Mindy Project** (S5)
4.30 **to 5.00** AM **Everybody Hates Chris**

+1 hour 241 185 130

FOX

124 124 821 | 157 199

8.00 AM **Bull** (S2)
11.00 **Bones** (S10)
2.00 PM **The Mentalist** 6/24. The team investigate the murder of a police chief. **3.00** 7/24. Jane suspects a blogger of committing multiple murders. (S4)
4.00 **Bones** 5/22. Hodgins becomes a suspect in a murder case. **5.00** 6/22. The team expose a human-trafficking ring. (S10)
6.00 **NCIS** 22/24. Officers find an account funding a network of vigilante justice. (S16)



10.00 Family Guy

7.00 **NCIS: New Orleans** *The River Styx – Part One*: 23/24. Pride and Lasalle travel to war-torn South Ossetia in Russia.
8.00 **NCIS: New Orleans** *Vindicta*: 11/24. Pride and the team hope to take down a group of former intelligence agents. (S5)
9.00 **APB** *Personal Matters*: 2/12. Gideon accompanies Murphy on a ride-along to see the impact of his reforms. (S1)
10.00 **Family Guy** 3/23. Quagmire discovers his sister needs help. **10.30** 4/23. Ryan Reynolds arrives. (S10)
11.00 **American Dad!** (S10)
11.30 **American Dad!** (S2)
12.00 M'T **Family Guy** (S10)
12.30 AM **Family Guy** (S10)
1.00 **Family Guy** (S10)
3.00 **American Dad!** (S2)
3.30 **American Dad!** (S2)
4.00 **to 5.00** AM **Bull**

+1 hour 224 158

Sony Channel

157 189 48 142

6.00 AM **Hart to Hart**
12.00 NOON **Hart to Hart: Old Friends Never Die** Romantic mystery.
4.00 PM **Murder, She Wrote: The Celtic Riddle** Murder mystery starring Angela Lansbury, Sarah-Jane Potts and Fionnula Flanagan.
7.50 **Hart to Hart** *Pounding Harts*: 13/22. Freeway saves the day. (S4)
8.50 **Sony Movie News Extra**
9.00 **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?** Big-prize quiz.
1.00 AM **Randall and Hopkirk (Deceased)**
3.00 **M*A*S*H** 18/24. (S2)
3.30 **Agatha Christie's Partners in Crime**
4.20 **Agatha Christie Hour**
5.10 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Tales of the Unexpected**
8.00 **Discovering**
12.00 NOON **Discovering**
1.00 PM **The Eighties**
3.00 **Norah Jones at Baloise Session**
4.30 **Simply Red: Live in Holland**
6.30 **Take That: Odyssey Greatest Hits Live**
7.45 **Ed Sheeran: Austin City Limits** The singer-songwriter takes to the stage.
9.00 **Beyonce: I Am – World Tour** A concert by the R&B star.
11.15 **Isle of Wight Festival Greatest Hits** Jay-Z's performance in 2010. **11.45** Foo Fighters' 2006 performance. **12.15** AM Snow Patrol's set from 2007.
3.15 **The Nineties**
4.15 **to 6.00** AM **FILM Bachman** Documentary. (2018, 15, 78min) ★★★

4seven

137 143 203 47 127

9.00 AM **Jamie's Quick & Easy Food**
9.30 **Come Dine with Me**
12.00 NOON **Sun, Sea and Selling Houses**
5.00 **Ramsay's Kitchen Nightmares USA**
7.00 **Ramsay's Kitchen Nightmares USA** Gordon Ramsay helps a struggling Italian restaurant in California. **8.00** Gordon Ramsay revisits restaurants he has helped.
9.00 **Celebrity Gogglebox**
10.00 **Naked Attraction** A self-confessed 'dating disaster' and a free-spirited artist choose a date.
11.05 **Celebrity Snoop Dogs**
11.40 **The Supervet: Puppy Special**
12.45 AM **Location, Location, Location**
1.50 **Come Dine with Me**
4.15 **to 5.15** AM **A Place in the Sun**

5USA

141 141 153 21 129

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote**
7.05 **Murder, She Wrote** *Magnum on Ice*: Jessica puts her holiday on hold to clear an investigator of a double murder. **8.05** *Obituary for a Dead Anchor*: An aggressive TV reporter disappears in mysterious circumstances. **9.05** *Stage-Struck*: Death mars the opening night of a play.
10.10 **Law & Order: Special Victims Unit** *Patrimonial Burden*: 7/23. Scandal rocks a popular reality TV show. **11.05** *Melancholy Pursuit*: 8/23. The hunt for a missing teenage girl takes an emotional toll on Sgt Dodds. (S17)
12.00 M'T **Law & Order: Special Victims Unit**
1.55 AM **Remington Steele**
3.50 **to 4.00** AM **Access**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **Two and a Half Men**
12.15 PM **FILM You've Got Mail** Comedy. (1998, PG, 114min) ★★★
2.45 **FILM The Prince & Me** Romantic comedy. (2004, PG, 111min) ★★
5.00 **FILM Practical Magic** Romantic comedy. (1998, 12, 102min) ★★
7.05 **FILM What Happens in Vegas** Romantic comedy starring Cameron Diaz. (2008, 12, 94min) ★★
9.00 **FILM The Wedding Singer** Offbeat romantic comedy. (1998, 12, 97min) ★★★★★
11.05 **FILM The Sweetest Thing** Comedy. (2002, 15, 89min) ★
12.50 AM **Fare Dodgers: At War with the Law**
1.50 **Executed on the Streets: Gang Wars**
2.50 **Can't Pay? We'll Take It Away!**
3.50 **to 4.00** AM **Access**

+1 hour 228 186 141

Drama

143 130 20 158

7.30 AM **Where the Heart Is**
9.20 **Lovejoy**
11.20 **Sharpe**
1.20 PM **As Time Goes By**
6.00 **The Brokenwood Mysteries** *Dead and Buried*: Mike and the team are reacquainted with some familiar faces.
8.00 **Father Brown** *The Missing Man*: The priest investigates an apparent suicide, believing the death of an RAF pilot to be murder.
9.00 **New Tricks** *It Smells of Books*: Brian and the team investigate the death of a professor who perished after falling off the roof of his college.
10.20 **Men Behaving Badly** Dorothy and Gary decide to get married.
11.00 **Silent Witness**
1.15 AM **Where the Heart Is**
3.10 **to 4.00** AM **Lovejoy**

+1 hour 243 226

CBS Drama

147 197 67 134

7.30 AM **Tomorrow's World**
8.00 **Teleshopping**
9.00 **Walker, Texas Ranger**
2.00 PM **Medical Detectives**
4.00 **Judge Judy**
9.00 **Psychic Private Eyes** The team investigate whether a passenger on the *Titanic* survived.
10.00 **Medium** *Everything Comes to a Head:* 22/22. Allison's powers are revealed as she tries to catch the 'recapitator' serial killer. (S3)
11.00 *And Then:* 1/16. Allison dreams about a boy kidnapped from a toy shop.
12.00 M'T *But for the Grace of God:* 2/16. Ariel dreams about Allison's school days.
1.00 AM *To Have and to Hold:* 3/16. An investigation could help Joe secure a job. (S4)
2.00 **Medium**
3.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **The Key of David**
9.00 **Father Dowling Mysteries**
11.00 **Perry Mason**
2.15 PM **NCIS**
7.00 **Scorpion** *Dumbster Fire:* Paige must simplify the science for the geniuses of Team Scorpion.
8.00 *Dork Day Afternoon:* The team inadvertently crash a bank robbery and soon find themselves taken hostage. (S4)
9.00 **CSI: NY** *Risk:* 13/24. A student is killed during an attempt at subway surfing.
10.00 *Stuck on You:* 14/24. A billionaire playboy and his model date are shot. (S2)
11.00 **CSI: NY**
1.50 AM **Perry Mason**
4.45 **Mission: Impossible**
5.35 **to 6.00** AM **Dog Patrol**

+1 hour 69

Challenge

160 164 46 146

7.00 AM **Total Wipeout**
9.00 **Wheel of Fortune**
11.30 **Dale's Supermarket Sweep** Seven editions of the game show.
3.00 **Strike It Lucky** Quiz show in which three teams of two compete to answer questions and move across a series of screens, while avoiding the dreaded Hot Spots.
5.00 **Blankety Blank** Comedy quiz show with celebrity guests, hosted by Les Dawson.
7.00 **The Chase** Quiz show, hosted by Bradley Walsh.
8.00 **The Chase Celebrity Special** Joe Pasquale, Janet Street-Porter, Mark Durden-Smith and Austin Healey pit their wits against The Chaser in the hope of winning a charity cash prize.
9.00 **The Chase**
11.00 **Bullseye**
4.00 **to 6.00** AM **The Chase**

Comedy Central Extra

127 182 308

6.00 AM **Friends**
7.00 **Teleshopping**
9.00 **The Middle**
12.10 PM **Bob's Burgers**
2.20 **The King of Queens**
7.00 **Friends** 24/24. Rachel's former fiancé gets married. (S2)
7.30 1/25. Ross reveals his most secret fantasy.
8.00 2/25. Ross prepares to make an important speech.
8.30 3/25. Phoebe is stalked. With guest star David Arquette. (S3)
9.00 6/24. Ross disagrees with Rachel's choice of nanny. (S9)
10.00 **Friends** (S9)
12.05 AM **South Park**
1.35 **Kevin Bridges Live: The Story Continues**
2.35 **Fin Taylor: Comedy Central Live**
3.05 **Now That's Funny!**
3.50 **to 6.00** AM **The Middle**

+1 hour 227

Sky Documentaries

114 114 814 277 353 368

6.00 AM **The Directors**
8.00 **Urban Secrets**
1.00 PM **PL Legends**
1.40 **Very Ralph**
3.40 **FILM McLaren** The life of Bruce McLaren. (2017, 12, 92min) ★★★
5.25 **Superswede**
7.10 **FILM Ali & Cavett: The Tale of the Tapes** Documentary. (2018, PG, 95min) ★★★
9.00 **NEW On the Record** Investigation into sexual assault allegations against Def Jam co-founder Russell Simmons.
10.55 **Wu-Tang Clan: Of Mics and Men**
1.15 AM **FILM Robin Williams: Come Inside My Mind** A portrait of the comedian and actor, Robin Williams. (2018, 12, 116min) ★★★★
3.30 **PL Legends**
4.00 **to 6.00** AM **Too Young to Die**

Sky Nature

130 130 893 279 385 372

6.00 AM **Ol Pejeta Diaries**
7.00 **Undiscovered Vistas**
1.00 PM **Ol Pejeta Diaries**
2.00 **Life's Journey**
5.00 **David Attenborough's Galapagos**
8.00 **Africa's Claws and Jaws** New edition People dedicated to learning about the sharks along the coast of southern Africa.
9.00 **Valley of Flood and Fire** New edition The start of the dry season in the Luangwa Valley.
10.00 **Colombia's Wild Coast** A female crab undertakes a journey
11.00 **Amazing Animal Friends**
12.00 M'T **Coastal Africa**
1.00 AM **Big Cats: Amazing Animal Family**
2.00 **Africa's Claws and Jaws** As 8.00pm.
3.00 **Valley of Flood...**
4.00 **to 6.00** AM **Great Blue Wild**

E!

151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
10.00 **Dating: No Filter**
11.00 **Second Wives Club**
2.00 PM **Botched** A three-breasted woman wants the perfect pair.
3.00 Paul Nassif steps into the ring to help a boxer's crushed nose.
4.00 An Army Black Hawk crew chief who has been dealing with botched breast surgery.
5.00 A woman whose nipples are too high.
6.00 **Total Bellas**
7.00 **Hollywood Medium with Tyler Henry** Hollywood's go-to medium shares his supernatural gift.
9.00 **True Hollywood Story**
10.00 **Keeping Up with the Kardashians**
2.00 AM **Teleshopping**
3.00 **Famously Single**
4.00 **to 5.00** AM **Rob & Chyna**

Food Network

140 285 41 148

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **The Pioneer Woman**
11.00 **The Grill Dads**
1.30 PM **Rachel Khoo: My Swedish Kitchen**
2.00 **Rachel Allen's Cake Diaries** Double bill.
3.00 **James Martin: Home Comforts** Double bill.
5.00 **Jamie and Jimmy's Friday Night Feast**
7.00 **Rachel Khoo's Simple Pleasures** Double bill.
8.00 **Jamie Cooks Italy**
9.00 **Man v Food** New edition Casey Webb is in Hoboken in New Jersey.
9.30 Casey is in California to tackle a waffle stack challenge.
10.00 **Man v Food with Casey Webb**
10.30 **Man v Food**
12.00 M'T **Mystery Diners**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Flipping Vegas**
8.45 **Flipping Virgins**
12.30 PM **19 Kids & Outnumbered: Bringing Up Bates**
5.10 **The Real Housewives of Beverly Hills**
7.00 **Storage Wars**
8.00 **Hero Ink** A survivor of the Dallas shootings gets a tattoo in honour of the five police officers killed at the rally.
8.30 A police officer tells his story of the largest mass shooting in US history.
9.00 **Ghost Hunters**
10.00 **My Ghost Story: Caught on Camera** The teenager attacked by a tall dark entity.
11.00 **Psychic Kids**
12.00 M'T **Ghost Hunters**
1.00 AM **My Ghost Story: Caught on Camera**
2.00 **Psychic Kids**
3.00 **to 4.00** AM **Storage Wars**

Paramount Network

150 187 150 31 132

9.00 AM **The Gadget Show**
10.00 **WWE SmackDown Highlights** New edition
11.00 **Extreme Weather: Caught on Camera**
1.00 PM **FILM Copper Canyon** Western. (1950) ★★
2.50 **FILM Fighting Man of the Plains** Western. (1949, PG, 94min) ★★★
4.45 **FILM The Bounty Hunter** Western. (1954, U, 79min) ★★
6.25 **FILM Rio Lobo** Western. (1970, PG, 110min) ★★★
9.00 **FILM Missing in Action** Action adventure. (1984, 15, 101min) ★★
11.10 **FILM Death Warrant** Drama. (1990, 18) ★★
1.00 AM **19-2**
2.55 **Empire** 14/18. (S4)
3.45 **Star** 9/18. (S2)
4.35 **Now That's Funny!**
5.25 **Criminals: Caught on Camera** CCTV footage.
5.50 **to 6.00** AM **Access**

+1 hour 250 94

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Patrol**
11.00 **Stop, Search, Seize**
1.00 PM **UK Border Force**
2.00 **Brit Cops: Rapid Response**
5.00 **Brit Cops: Law & Disorder**
6.00 **Snapped**
8.00 **Killer in My Village** A look into the killing of Alethea Taylor.
9.00 **World's Most Evil Killers** The murderous mother and son Sante and Kenneth Kimes.
10.00 **A Killer Uncaged** A murderer's reintroduction into society.
10.45 **Britain's Most Evil Killers** Stephen Seddon.
11.50 **Britain's Most Evil**
3.00 **World's Most Evil**
4.00 **Brit Cops: Law & Disorder**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

CBS Reality

146 148 66 135

7.00 AM **My Perfect Eyes**
7.30 **Teleshopping**
8.00 **Teleshopping**
9.00 **Judge Judy**
5.00 PM **Unsolved Mysteries**
7.00 **Something's Killing Me** Doctors try to find out what different patients have in common.
8.00 Experts discuss theories behind what happens when you die.
9.00 **Ice Cold Killers** An examination of murders in Alaska, beginning with a violent night in Anchorage that left seven people dead.
10.00 The rape and murder of 11-year-old Mandy Lemaire.
11.00 **Voice of a Serial Killer**
1.00 AM **Ice Cold Killers**
3.00 **I Survived**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Bondi Rescue**

+1 hour 246 71 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **Cops UK: Bodycam Squad** Double bill.
4.00 **Helicopter ER**
9.00 **Ghost Adventures: Quarantine** New edition The crew quarantine themselves inside Zak's museum.
10.00 **NEW SERIES Ghost Brothers: Haunted House Party** The team look back at their scariest moments.
11.00 **Kindred Spirits**
12.00 M'T **Unexplained: Caught on Camera**
1.00 AM **Help! My House Is Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Cops UK: Bodycam Squad**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
11.00 **Pawn Stars**
4.00 PM **Unidentified** Six editions, including at:
7.00 Two more eyewitnesses come forward to describe a mass sighting of UFOs.
8.00 Emerging evidence connecting UFOs to the most destructive weapons in human history.
9.00 The team travel to an allied European country.
10.00 **UFO** The accounts of people who claim to have survived close encounters with aliens.
12.00 M'T **Ancient Aliens**
1.00 AM **Search for the Lost Giants**
2.00 **Barbarians Rising**
3.00 **Wicked Tuna**
4.00 **WW2 Treasure Hunters**
5.00 **to 6.00** AM **American Restoration**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: Atlanta**
12.00 NOON **Say Yes to the Dress: Lancashire**
1.00 PM **Curvy Brides Boutique**
3.00 **Dr Pimple Popper**
5.00 **Say Yes... UK**
6.00 **Say Yes... America**
7.00 **Say Yes to the Dress: Lancashire** A bride needs a practical yet elegant dress.
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **Dr Pimple Popper** Josh has a large knot on his head sustained from a car crash 18 years ago.
11.00 **Say Yes to the Dress: Lancashire** As 7.00pm.
12.00 M'T **Say Yes to the Dress** As 8.00pm.
1.00 AM **Say Yes... UK**
2.00 **Dr Pimple Popper**
3.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT

153 152 54 133

9.10 AM **The Dog Rescuers with Alan Davies**
12.00 NOON **Walking Britain's Lost Railways** Six editions including at:
5.00 Rob Bell visits Wales to examine the story of a lost line.
6.00 **Walking Britain's Roman Roads**
7.00 **The Highland Vet** Heidi, an 11-month-old Chihuahua, arrives under the weather and heavily pregnant.
8.00 **This Week on the Farm** A one-tonne shire horse has an appointment with a blacksmith.
9.00 **Freddie Mercury: A Bohemian Rhapsody** Exploring two of the most important years in the Queen singer's life.
11.00 **Carpenters: Their Greatest Hits**
12.00 M'T **to 4.00** AM **The Dog Rescuers with Alan Davies**

Quest

144 144 831 169 12 114 172

6.00 AM **Border Control: Spain** Double bill.
7.00 **HMS Ark Royal**
8.00 **Wheeler Dealers**
3.00 PM **Plane Reclaimers**
4.00 **Gold Divers**
5.00 **Aussie Gold Hunters**
6.00 **Vintage Voltage**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **EFL on Quest** A round-up of goals and highlights from the English Football League.
10.30 **Wheeler Dealers: Stripped Down** New edition An AMC Pacer.
11.00 **Gold Divers**
12.00 M'T **Jungle Gold**
1.00 AM **Secrets Underground**
2.00 **American Chopper**
3.00 **Ultimate Airport Dubai**
4.00 **Dirty Jobs**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **Bondi Vet**
9.00 **My 600lb Life: Where Are They Now?**
11.00 **My 600lb Life**
1.00 PM **Disappeared**
2.00 **Say Yes... UK**
3.00 **Say Yes to the Dress**
6.00 **Long Island Medium**
8.00 **Hoarding: Buried Alive**
9.00 **Evil Online** The story of an online prankster.
10.00 **Welcome to Killer Town** The case of Charlie Kinkel.
11.00 **The Murder Tapes** New edition
12.00 M'T **Crime Stories**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops San Francisco**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Fast N' Loud** The team face one of their biggest challenges to date.
7.00 The Monkeys gear up to finish the 1972 Buick Riviera.
8.00 The crew try to make a record-breaking profit.
9.00 The Monkeys drop a Hellcat motor in their 1979 International Scout.
10.00 Richard decides to restore his 1937 Buick Racer.
11.00 The Gas Monkeys race to finish their Buick Indy Racer.
12.00 NOON **Gold Rush: Parker's Trail** Seven editions.

4.00 Gold Rush: Parker's Trail

6.00 **Deadliest Catch** As winter hits the fleet, the Coast Guard responds to a Mayday call and the captains brace themselves.
8.00 **Fast N' Loud** The group race to finish the 1968 Ford Galaxie XL, and dig through a barn to reach a Camaro in Minnesota.
9.00 **Outback Truckers** Australia's toughest drivers hit the open road and reveal the adventure of trucking.
10.00 **Two Weeks in Hell** The selection process of US Special Forces troops, who face a fortnight of gruelling tasks.
12.00 M'T **Wheeler Dealers** Mike and Ant take on a 1987 Alfa Romeo Spider Quadrifoglio with a rare hard-top.
1.00 AM Mike Brewer and Edd China work on an Aston Martin DB7.
2.00 **Wheeler Dealers**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cops Houston** Ten editions, including at:
1.00 PM Two horses are rescued from a paddock.
2.00 Pit bulls allegedly used for fighting are seized.
3.00 A boa constrictor is found in Galveston.
4.00 **My Cat from Hell** A cat that is seemingly trying to destroy its owner's love life.
5.00 A feline rejects her owner's new girlfriend.
6.00 A couple realise that they are fostering a feral cat.

6.00 My Cat from Hell

7.00 **Nature's Strangest Mysteries: Solved** How a moose got stuck in a tree.
7.30 Creatures that prey on sheep.
8.00 **Saved By the Barn** As summer arrives, the team hosts a car wash to raise money for cows and donkeys.
9.00 **The Zoo** A sea lion falls ill, endangered snakes are coupled for breeding and Andean bear cubs meet their fans.
10.00 **Legends of the Wild** Damian Duffy and Matt Hoffman trek into some of the world's most dangerous areas.
11.00 **Pit Bulls & Parolees** After a teenager is attacked by pit bulls, Tia Torres tries a rescue mission to save an innocent dog caught up in the storm.
12.00 M'T **Pit Bulls & Parolees**
4.40 AM **Nature's Strangest Mysteries: Solved**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Area 51: I Was There**
9.00 **Area 51: The CIA's Secret Files** An exposé of activity at Groom Lake Testing Facility.
10.00 **1917: The Forgotten D-Day**
11.00 **Nazi Megastructures: America's War**
12.00 NOON **Hitler's Secret Attack on America** The story of Operation Drumbeat.
1.00 PM **9/11: Control the Skies**
2.00 **Inside 9/11**
4.00 **Apollo: Missions to the Moon**
6.00 **The Challenger Disaster: Lost Tapes**

9.00 Osama Bin Laden: The...

7.00 **9/11: Elite Rescue Cops** The courage and huge sacrifice demonstrated by the NYPD Emergency Service Unit on 9/11.
8.00 **9/11 Firehouse** Exploring the fire station that now stands as a memorial to the fallen heroes of the 9/11 terror attacks.
9.00 **Osama Bin Laden: The Last Days** Revealing how intelligence to launch the 2011 raid against Osama Bin Laden was gathered.
10.00 **9/11: Inside the Pentagon** Survivors of the 2001 terrorist attack on the Pentagon share their personal accounts.
11.00 **Nazi Megastructures: America's War** The Germans' attack in the Ardennes.
12.00 M'T **Nazi Megastructures: America's War**
2.00 AM **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Cosmos: Possible Worlds**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **Forged in Fire**
7.00 **American Pickers**
8.00 **Architects of Darkness**
10.00 **Brunel: The Man Who Built Britain**
11.00 **Warrior's Way**
12.00 NOON **American Pickers**
2.00 PM **Storage Wars** Ten editions, including at:
5.30 Mary searches for showbiz-related items.
6.00 The buyers head to Huntington Beach.
6.30 Rene brings his dad to the auction.

9.00 Washington

7.00 **Brunel: The Man Who Built Britain** Rob Bell explores the work of engineer Isambard Kingdom Brunel.
8.00 **Black Patriots: Heroes of the Revolution** Black heroes of the American Revolution who stood up against British rule.
9.00 NEW SERIES **Washington** The myth, the legend and the truth behind George Washington, one of the most influential men in American history.
11.00 **LA Burning: The Riots 25 Years Later** The racial injustice in LA that led up to the riots of 29 April, 1992, and the life-changing events that followed as told through the eyes of those who lived it.
1.00 AM **Washington** As 9.00pm.
3.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **SAS: Rogue Warriors**
8.00 **How The Beatles Changed The World** As 7.00pm.
10.00 **Train Truckers**
1.00 PM **David Attenborough's Natural Curiosities**
2.00 **Planet Earth II** Wildlife that inhabits the world's grasslands.
3.00 **Wild Japan** Rural Japan.
4.00 The tropical Southwest Islands in the south of Japan.
5.00 Exploring the changing climate of Hokkaido.
6.00 **Blue Planet II** Wildlife inhabiting kelp forests.

9.00 Private Lives of the...

7.00 NEW **How The Beatles Changed The World** Through exclusive interviews and a wealth of rarely seen footage, this film reveals the previously untold story of how four men from Liverpool transformed the world forever. **7 PM**
8 PM
9.00 **Private Lives of the Monarchs** Tracy Borman explores the decadent Reformation court of Charles II. **9 PM**
10.00 **Private Lives of the Monarchs** Tracy Borman examines the life of Henry VIII, revealing his physical deterioration in old age. **10 PM**
11.00 **The Architecture The Railways Built** Tim Dunn visits Swindon's railway village and explores Milan's monumental station.
12.00 M'T **The True Story of the Mary Celeste**
1.00 **to 3.00** AM **SAS: Rogue Warriors**

+1 hour 255 200 75

Disc. History

171 257

6.00 AM **Prehistoric**
8.00 **Expedition Unknown**
1.00 PM **Expedition Unknown: Hunt for Extraterrestrials**
3.00 **Code of the Wild** Eight editions, including at:
7.00 Chris and Casey Keefer go in search of a colony of giants.
8.00 Casey and Chris are in search of the lost City of Gold.
9.00 Casey and Chris head to Florida in search of the treasure of pirate Jose Gaspa.
10.00 The Keefer brothers are in New York tracking the lost fortune of Dutch Schultz.
11.00 **World War II: Witness to War** Double bill.
1.00 AM **Edge of War**
2.00 **Gunslingers**
3.00 **to 6.00** AM **Code of the Wild**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
11.30 **David Attenborough's Natural Curiosities**
12.00 NOON **World of Oceans** Five editions.
3.00 PM **The Zoo**
5.30 **David Attenborough's Natural Curiosities**
6.00 **World of Oceans**
9.00 **The Zoo** An elderly rhino recovering from a skin condition needs additional treatment.
9.30 A sudden heatwave poses a unique set of challenges for the zookeepers.
10.00 Two of the zoo's sea lions prepare to give birth.
10.30 **The Zoo**
11.30 **David Attenborough's Natural Curiosities**
12.00 M'T **World of Oceans**
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Stranger Than Nature: Unhinged**
12.00 NOON **Snakes in the City** Triple bill.
3.00 PM **Ten Deadliest Snakes with Nigel Marven** Double bill.
5.00 **Venom Quest**
6.00 **Snake Island: Wild & Deadly** Tiger snakes on an Australian island.
7.00 **Monster Constrictors** Documentary about some of the world's deadliest pythons.
8.00 **Snakes In The City: Best Of** Highlights from the series.
11.00 **King Cobra: Cannibal Snake**
12.00 M'T **America's Super Snake**
1.00 AM **Dangerous Encounters**
2.00 **Snakes in the City**
4.00 **to 5.00** AM **Ten Deadliest Snakes with Nigel Marven**

Sky History 2

163 163 894 272 330 390

8.00 AM **Great Britons**
9.00 **The Trump Dynasty**
3.00 PM **Custer: The Final Mystery**
6.00 **Custer's Last Man: I Survived Little Big Horn** The apparent only survivor of the Battle of the Little Bighorn in June 1876.
8.00 **Lost Worlds** Ancient cities on the hilltop of Har Megiddo in Israel.
9.00 **Alcatraz Escape: The Lost Evidence** Documentary following the family of the Anglin brothers as they search for answers about their escape from Alcatraz prison in 1962 – America's most notorious cold case.
11.00 **Patton 360**
12.00 M'T **Great Britons**
1.00 AM **Custer: The Final Mystery**
4.00 **to 5.00** AM **Lost Worlds** As 8.00pm.

PBS America

174 273 91 155

8.00 AM **Beautiful Serengeti**
8.30 **Billy the Kid**
9.40 **The Feud**
10.50 **Jesse James**
11.55 **Wyatt Earp**
1.00 PM **Beautiful Serengeti**
1.35 **Bonnie & Clyde**
2.45 **Billy the Kid**
3.55 **The Feud**
5.10 **Jesse James**
6.20 **Wyatt Earp** The truth behind American legend Wyatt Earp.
7.35 **Bonnie & Clyde** The story of the most famous criminal couple in American history.
8.40 **Billy the Kid** The story of the American outlaw.
9.55 **The Wild West** The story of Wyatt Earp.
11.00 The death of George Custer.
12.15 AM Myths about Billy the Kid.
1.25 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **On the Case with Paula Zahn**
8.00 **Killer in Plain Sight**
11.00 **Motive to Murder**
12.00 NOON **Fear Thy Neighbour**
2.00 PM **Crimes That Shook Britain**
3.00 **Nightmare in Suburbia**
4.00 **Homicide: Hours to Kill**
5.00 **Homicide Hunter**
6.00 **Buried in the Backyard**
7.00 **Accused: Guilty Or Innocent?**
8.00 **Murder for Hire**
9.00 **Sex, Lies and Murder** New edition A burnt corpse is discovered.
10.00 **Cruise Ship Killers**
11.00 **The Jail: 60 Days In**
1.00 AM **Police Patrol**
2.00 **Sex, Lies and Murder**
3.00 **Crimes That Shook Britain**
4.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SATURDAY Films

Saturday

Sky Cinema Premiere

301 301 842 401 501

6.05 AM **Blood on Her Name** Thriller. (2019, 15) ★★★
7.35 **Standing Up, Falling Down** Comedy. (2019, 15) ★★★
9.10 **Frozen II** As 6.00pm.
11.00 **PREMIERE The Goldfinch**
1.30 PM **Downton Abbey**
3.45 **The 2020 Top Ten Show**
4.00 **Stray Dolls** Crime thriller. (2019, 15, 97min) ★★★
5.45 **Free Preview Military Wives**
6.00 **Frozen II** Animated sequel. (2019, U, 103min) ★★★★

8.00 The Goldfinch

8 PM

8.00 **PREMIERE The Goldfinch** Drama starring Ansel Elgort, Nicole Kidman and Jeffrey Wright. A boy in New York is taken in by a rich Upper East Side family after his mother is killed in a bombing at the Metropolitan Museum of Art. (2019, 15, 149min) ★★★ *See review, page 23*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.30 **Downton Abbey** Drama based on the TV series, starring Hugh Bonneville and Maggie Smith. The Crawley family prepare for a royal visit. (2019, PG, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

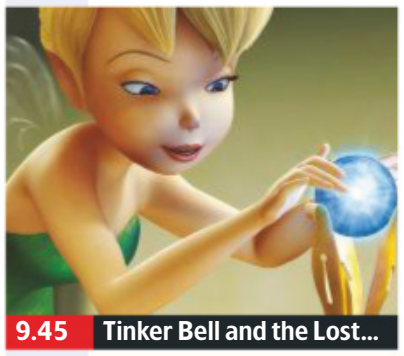
11 PM

12.40 AM **Jay and Silent Bob Reboot** Comedy sequel. (2019, 15, 105min) ★★
2.30 **The Wolf Hour** Psychological drama. (2019, 15, 99min) ★★
4.15 **to 6.00** AM **Strike** Animated adventure. (2018, PG, 100min) ★★★

Sky Cinema Disney

305 305 846 405 505

7.25 AM **Herbie Goes Bananas** As shown at 2.30am.
9.05 **Aladdin** As 4.15pm.
10.40 **Aladdin** As 5.50pm.
12.50 PM **Inside Out** As 8.00pm.
2.30 **The Nutcracker and the Four Realms** As 12.40am.
4.15 **Aladdin** Animated fantasy. (1992, U, 90min) ★★★★★
5.50 **Aladdin** Live-action re-imagining of the animated fantasy, starring Will Smith. (2019, PG, 128min) ★★★★


9.45 Tinker Bell and the Lost...

8.00 **Inside Out** Animated fantasy with the voice of Amy Poehler. The team in charge of a girl's emotions faces a crisis when she has to move to a new city. (2015, U, 102min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.45 **Tinker Bell and the Lost Treasure** Animation with the voice of Lucy Liu. A fairy goes on a quest to restore her world's supply of pixie dust. (2009, U, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **Tinker Bell and the Great Fairy Rescue** Animation. (2010, U, 76min) ★★★
12.40 AM **The Nutcracker and the Four Realms** Fantasy. (2018, PG, 99min) ★★★
2.30 **Herbie Goes Bananas** Comedy. (1980, U, 93min) ★
4.15 **Tinker Bell and the Lost Treasure** As 9.45pm.
5.50 **to 7.20** AM **Tinker Bell and the Great Fairy Rescue** Animation, as 11.10pm.

Sky Cinema Family

306 306 847 406 506

6.55 AM **Babe** As 5.20pm.
8.40 **Bernie the Dolphin**
10.20 **Teen Titans Go! To the Movies** As 7.00pm.
12.00 NOON **A Boy Called Sailboat**
1.40 PM **Mission: Panda** Animated adventure, as 8.40pm.
3.20 **The Goonies** As 10.20pm.
5.20 **Babe** Comedy drama. (1995, U, 92min) ★★★★★
7.00 **Teen Titans Go! To the Movies** Animated adventure. (2018, PG, 84min) ★★★

8.40 Mission: Panda

8.40 **Mission: Panda** Animation with the voice of Pauly Shore. A stork delivers a baby panda to the wrong home, so a bear and a rabbit attempt to return it to its family. (2019, PG, 84min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.20 **The Goonies** Adventure. with Sean Astin. A gang of children come across a counterfeiting gang's hideout while searching for pirate treasure. (1985, 12, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.20 AM **Christopher Robin** Comedy adventure with Ewan McGregor and Hayley Atwell. (2018, PG, 104min) ★★★
2.15 **A Boy Called Sailboat** Drama. (2017, 12, 92min) ★★★
3.50 **Bernie the Dolphin** Adventure. (2018, U) ★★
5.30 **to 7.25** AM **Christopher Robin** As 12.20am.

Sky Cinema Action

307 307 848 407 507

6.00 AM **2012** As 5.10pm.
8.50 **The Hurricane Heist** Action thriller, as shown at 3.45am.
10.45 **Crawl** As 8.00pm.
12.25 PM **Twister** As 9.30pm.
2.30 **Armageddon** As 1.10am.
5.10 **2012** Epic disaster movie starring John Cusack and Amanda Peet. A struggling writer strives to get his family to safety after he learns of an impending global catastrophe. (2009, 12, 151min) ★★

9.30 Twister

8.00 **Crawl** Horror with Kaya Scodelario. A woman attempting to save her father during a hurricane, finds herself trapped in a rapidly flooding house. (2019, 15, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.30 **Twister** Disaster movie starring Helen Hunt and Bill Paxton. An estranged couple of meteorologists reunite to chase tornadoes across the American Midwest. (1996, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **Poseidon** Disaster movie remake starring Kurt Russell and Richard Dreyfuss. (2006, 12, 98min) ★★★
1.10 AM **Armageddon** Sci-fi action adventure starring Bruce Willis, Ben Affleck and Liv Tyler. (1998, 12, 151min) ★★
3.45 **The Hurricane Heist** Action thriller starring Toby Kebbell. (2018, 12, 103min) ★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 849 408 508

7.05 AM **Arizona** As 1.05am.
8.40 **Tootsie** As 2.40am.
10.45 **Instant Family** As 6.00pm.
12.50 PM **Stuber** As 8.00pm.
2.30 **Big Daddy** As 11.20pm.
4.15 **Groundhog Day** Romantic fantasy comedy starring Bill Murray and Andie MacDowell. (1993, PG, 103min) ★★★★★
6.00 **Instant Family** Comedy starring Mark Wahlberg, Rose Byrne and Isabela Merced. (2018, 12, 118min) ★★★★

6.00 Instant Family

8.00 **Stuber** Action comedy starring Dave Bautista. A wild journey ensues for a mild-mannered Uber driver when he picks up an aggressive cop who is on the hunt for a killer. (2019, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.45 **Undercover Brother 2** Comedy starring Vince Swann. Sixteen years on, Undercover Brother's brother tries to finish the job they began together. (2019, 12, 84min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **Big Daddy** Comedy starring Adam Sandler, Kristy Swanson and Joey Lauren Adams. (1999, 12, 95min) ★★★
1.05 AM **Arizona** Dark comedy starring Danny McBride. (2017, 15, 85min) ★★
2.40 **Tootsie** Comedy with Dustin Hoffman and Jessica Lange. (1982, 15, 116min) ★★★★
4.40 **to 6.30** AM **Groundhog Day** Romantic fantasy comedy, as shown at 4.15pm.

Sky Cinema Hits

303 403 503

7.00 AM **The Legend of Zorro**
9.15 **Edge of Tomorrow** Sci-fi. (2014, 12, 113min) ★★★
11.15 **The Secret Life of Pets 2** Animation. (2019, U) ★★★
12.50 PM **The Twilight Saga: Eclipse** Fantasy. (2010, 12) ★★★
3.00 **The Twilight Saga: Breaking Dawn – Part 1** (2011) ★★
5.00 **The Twilight Saga: Breaking Dawn – Part 2** (2012) ★★★

Sky Cinema Greats

304 304 845 404 504

6.30 AM **The Karate Kid Part II** Adventure. (1986, PG) ★★
8.30 **Remember the Titans** Drama. (2000, PG, 113min) ★★★
10.30 **The Guns of Navarone** War adventure. (1961, PG) ★★★★
1.10 PM **Notting Hill** Comedy. (1999, 15, 120min) ★★★★
3.20 **The Firm** Thriller. (1993) ★★★
6.00 **Mission: Impossible** Adventure. (1996, PG, 110min) ★★★

TCM Movies

315 415 416 512 526

6.00 AM **Close Up** As 3.30am.
7.30 **Hollywood's Best Directors**
8.00 **Ben Miller Off Set**
8.15 **Beau Geste** (1939) ★★★★
10.35 **The Green Berets** (1968) ★
1.25 PM **Cattle Town** (1952) ★★
3.00 **Support Your Local Gunfighter**
4.50 **I Killed Wild Bill Hickock** Western. (1956, PG) ★★
6.00 **Destry Rides Again** Western. (1939, b/w, PG) ★★★★★

Talking Pictures

328 445 81 306

6.00 AM **Hammer the Toff** (1952)
7.30 **Sir Francis Drake** 3/26. (S1)
8.00 **Old Bill and Son** (1940) ★★
10.00 **Hawkeye & the Last of the Mohicans** 15/39. (S1)
10.30 **There Was a Young Lady**
12.15 PM **Blitz on Britain** (1960)
1.30 **Warlords of Atlantis** (1978) ★★
3.30 **Nate and Hayes** (1983) ★★
5.30 **The Adventures of Sir Lancelot**
6.00 **Cross Channel** (1956) ★★

Horror

317 149 70 138

8.00 AM **Journey to the Far Side of the Sun** Sci-fi starring Ian Hendry. (1969, PG, 99min) ★★
10.00 **First Wave** (S2&3)
3.00 PM **Tomb Invader** Adventure. (2018, 12, 83min) ★★
4.35 **Nostradamus** Sci-fi fantasy thriller. (2000, 15, 90min) ★★
6.20 **Starman** Sci-fi fantasy starring Jeff Bridges and Karen Allen. (1984, PG, 115min) ★★★★

primetime

7.00 **Gemini Man** Action drama starring Will Smith and Mary Elizabeth Winstead. An ageing assassin is targeted by a mysterious enemy that seems able to anticipate his every move. (2019, 12, 117min) ★★
9.00 **Fantastic Beasts: The Crimes of Grindelwald** Fantasy adventure starring Eddie Redmayne and Katherine Waterston. Newt Scamander tries to scupper a sorcerer's plans. (2018, 12, 134min) ★★★
11.15 **Captain America: The First Avenger** Fantasy. (2011) ★★★
1.25 AM **300** Epic adventure. (2006, 15, 116min) ★★★★
3.25 **White Boy Rick** Crime drama. (2018, 15, 111min) ★★★
5.20 **to 7.30** AM **Batman & Robin** Fantasy. (1997, PG, 125min) ★★

8.00 **Mission: Impossible II** Action thriller sequel with Tom Cruise. Special agent Ethan Hunt teams up with a cat burglar in order to track down a villain who has a deadly virus at his disposal. (2000, 15, 124min) ★★★★
10.10 **Mission: Impossible III** Action spy thriller starring Tom Cruise. Secret agent Ethan Hunt attempts to free his kidnapped wife from the clutches of an international arms dealer. (2005, 12, 126min) ★★★★
12.20 AM **Collateral** Thriller starring Tom Cruise and Jamie Foxx. (2004, 15, 120min) ★★★★
2.30 **The Bodyguard** Thriller. (1992, 15, 129min) ★★★
4.50 **to 6.40** AM **Jason and the Argonauts** Adventure. (1963, U, 99min) ★★★★

7.35 **Apache Territory** Western starring Rory Calhoun. A group of travellers are trapped at a waterhole by marauding Apaches. (1958, U, 77min) ★★
9.00 **Sherlock Holmes: A Game of Shadows** Action adventure sequel starring Robert Downey Jr and Jude Law. Sherlock Holmes and Dr Watson strive to thwart the evil genius behind a wave of bombings and assassinations across Europe. (2011, 12, 128min) ★★★
11.40 **The Glimmer Man** Action thriller. (1996, 18, 91min) ★
1.35 AM **Animal Crackers** Comedy. (1930, b/w, U, 98min) ★★★★
3.20 **Off Set**
3.20 **to 6.00** AM **Close Up**

+1 hour 316 417

7.15 **Blowing Wild** Romantic drama starring Barbara Stanwyck as a headstrong woman married to a tycoon oilman but attracted to a prospector. With Gary Cooper. (1953, b/w, PG, 90min) ★★
9.00 **The Spy Who Came in from the Cold** Spy thriller starring Richard Burton and Claire Bloom. A British agent fakes his resignation as a ruse to get even with his East German opponent. (1965, b/w, PG, 107min) ★★★★
11.15 **The Hunter** Fact-based thriller. (1980, 15, 95min) ★★★
1.15 AM **Too Young to Love** Drama. (1960, b/w, 12, 84min) ★★
2.55 **The Shipbuilders** Drama. (1943, b/w, PG, 92min) ★★
4.30 **to 6.00** AM **The Man Who Changed His Name** (1934) ★★

8.30 **Tales from the Darkside** *Trick or Treat:* A small-town meanie gets his comeuppance.
9.00 **PREMIERE The Rezort** Horror starring Dougray Scott. In the aftermath of a zombie outbreak, the undead are hunted for sport by the wealthy on a secure island. (2015, 15, 93min) ★★
10.50 **Halloween III: Season of the Witch** Horror starring Dan O'Herlihy as a maniacal toymaker plotting to kill children. (1983, 15, 98min) ★★★
12.45 AM **Lake Placid 3** Horror sci-fi sequel starring Colin Ferguson. (2010, 18, 93min) ★★
2.35 **to 4.20** AM **Oceans Rising** Disaster thriller starring Jason Tobias. (2016, 12, 99min) ★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.25 AM **Ride** As shown at 2.15am.
7.50 **Salt** As shown at 3.25pm.
9.35 **The Equalizer 2** As 9.00pm.
11.40 **Disturbing the Peace** Thriller. (2019, 15, 91min) ★
1.25 PM **The Hand That Rocks the Cradle** Revenge thriller. (1992, 15, 110min) ★★★★
3.25 **Salt** Thriller. (2010, 12) ★★★
5.10 **The Bone Collector** Thriller. (1999, 15, 117min) ★★★
7.10 **The Taking of Pelham 1 2 3** Thriller. (2009, 15) ★★★

7.10 The Taking of Pelham 1 2 3

7.10 The Taking of Pelham 1 2 3 (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The Equalizer 2 Action thriller sequel starring Denzel Washington and Pedro Pascal. When a CIA friend is murdered, the former black ops agent Robert McCall sets out to avenge her death. With Bill Pullman. (2018, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Come to Daddy** Comedy thriller starring Elijah Wood. (2019, 18, 96min) ★★★
12.45 AM **Rise of the Footsoldier: Marbella** Action comedy. (2019, 18, 85min) ★
2.15 **Ride** Thriller starring Bella Thorne. (2017, 15, 79min) ★★
3.35 **The Vanishing** Thriller. (2018, 15, 107min) ★★★
5.30 **to 7.15** AM **Angel Flight Down** True-story adventure. (1996, PG, 88min) ★★

Sky Cinema Drama

310 310 851 410 510

6.20 AM **A Few Good Men** Courtroom drama, as 3.20pm.
8.40 **First Man** As 5.40pm.
11.00 **A Star Is Born: Extended Version** As 8.00pm.
1.30 PM **Field of Dreams** Fantasy drama, as shown at 12.10am.
3.20 **A Few Good Men** Courtroom drama starring Tom Cruise. (1992, 15, 132min) ★★★★
5.40 **First Man** Drama starring Ryan Gosling and Claire Foy. (2018, 12, 141min) ★★★★

8.00 A Star Is Born: Extended...

8.00 A Star Is Born: Extended Version Extended version of the Oscar-winning drama starring Lady Gaga and Bradley Cooper, who also directed. A fading music star falls in love with a nightclub singer-songwriter as he helps her on the road to stardom. (2018, 15, 150min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 The Breakfast Club Comedy drama about five students spending a Saturday in detention. Stars Emilio Estevez and Judd Nelson. (1984, 15, 97min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Field of Dreams** Fantasy. (1989, PG, 106min) ★★★★★
2.00 **Sunset** Drama. Subtitled. (2018, 15, 146min) ★★★★
4.25 **to 6.00** AM **Memories of Christmas** Romantic drama. (2018, U, 120min) ★★

Sky Cinema Sci-Fi/Horror

311 411 511

6.05 AM **The Nun** As 3.25pm.
7.55 **The Curse of La Llorona**
9.45 **Annabelle Comes Home**
11.45 **The Scorpion King** As 9pm.
1.30 PM **Pet Sematary** Horror. (2019, 15, 101min) ★★★
3.25 **The Nun** Supernatural horror. (2018, 15, 96min) ★★★
5.15 **The Curse of La Llorona** Horror. (2018, 15, 93min) ★★
7.00 **Annabelle Comes Home** Horror starring Vera Farmiga. (2019, 15, 106min) ★★★

7.00 Annabelle Comes Home

Annabelle Comes Home (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The Scorpion King Fantasy starring The Rock. An Egyptian warrior is hired by the nomadic people of the desert to destroy an evil warlord. (2002, 12, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 Us Horror thriller starring Lupita Nyong'o. A family's life turns into a nightmare when a group of strangers begin to terrorise them. (2019, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Dark Red** Mystery. (2019, 15, 101min) ★★★★
2.20 **Evil Dead 2** Horror sequel. (1987, 18, 85min) ★★★
3.50 **Slender Man** Horror thriller. (2018, 15, 90min) ★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Star Wars

302 402 502

8.00 AM **Star Wars: Episode II – Attack of the Clones**
10.30 **Star Wars: Episode III – Revenge of the Sith**
1.00 PM **Star Wars: Episode IV – A New Hope** Sci-fi. (1977, U, 124min) ★★★★★
3.15 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi. (1980, U, 124min) ★★★★★
5.30 **Star Wars: Episode VI – Return of the Jedi** Sci-fi. (1983, U, 133min) ★★

8.00 Star Wars: The Rise of...

8.00 Star Wars: The Rise of Skywalker Fantasy adventure starring Daisy Ridley. Rey and the surviving members of the resistance face the evil First Order once more. With Adam Driver, Oscar Isaac and Ian McDiarmid. (2019, 12, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 Star Wars: Episode I – The Phantom Menace Sci-fi adventure prequel starring Liam Neeson. (1999, U, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Star Wars: Episode II – Attack of the Clones** Sci-fi. (2002, PG, 142min) ★★
3.15 **Star Wars: The Clone Wars** Computer-animated fantasy. (2008, PG, 98min) ★★
5.00 **to 7.30** AM **Star Wars: Episode III – Revenge of the Sith** Sci-fi adventure. (2005, 12, 140min) ★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Straight Story** David Lynch's offbeat true story. (1999, U, 111min) ★★★★
1.15 PM **Back to the Future Part III** Time-travelling adventure. (1990, PG, 112min) ★★★★
3.45 **Young Sherlock Holmes** Adventure with Nicholas Rowe. (1985, PG, 109min) ★★★
6.00 **Independence Day** Sci-fi adventure starring Will Smith. (1996, 12, 145min) ★★★

6.00 Independence Day

Independence Day (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 Independence Day: Resurgence Sci-fi adventure starring Jeff Goldblum, Liam Hemsworth and Bill Pullman. Two decades after the world was saved from an alien attack, a second even deadlier invasion begins. (2016, 12, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.20 **Insidious: The Last Key** Horror with Lin Shaye and Angus Sampson. A parapsychologist returns to her family home to investigate supernatural disturbances. (2018, 15, 105min) ★★★
1.25 **to 3.30** AM **Magic Magic** Thriller starring Juno Temple. (2013, 15, 94min) ★★

11 PM

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **Mr Blandings Builds His Dream House** (1948) ★★★★★
7.50 **Fire Down Below** (1957) ★★★
10.10 **The African Queen** Adventure. (1951, U, 100min) ★★★★★
12.20 PM **First Men in the Moon** Sci-fi. (1964, U, 99min) ★★★
2.30 **Walk, Don't Run** Romantic comedy. (1966, U, 114min) ★★
4.50 **Cover Girl** Musical. (1944, b/w, U, 100min) ★★★★

7.05 Bus Stop Comedy drama starring Marilyn Monroe as a sultry torch singer who is kidnapped by a naive but boisterous cowboy. With Don Murray and Arthur O'Connell. (1956, U, 96min) ★★★★
9.00 An Affair to Remember Classic drama starring Cary Grant and Deborah Kerr. An ex-singer and a wealthy playboy fall in love on board a transatlantic liner, but a tragic accident intervenes. (1957, U, 115min) ★★★

11.20 Austin Powers: International Man of Mystery (1997) ★★★★
1.10 AM **They Live by Night** (1948)
3.00 **Appointment in London** (1952)
4.35 **to 6.00** AM **The Giants of Thessaly** Fantasy. (1960) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Final Verdict** Crime drama. (2009, PG, 105min) ★★
10.45 **Framed for Murder: A Fixer Upper Mystery** Mystery starring Jewel Kilcher.
12.30 PM **Paul Blart: Mall Cop 2** Comedy. (2015, PG, 92min) ★★
2.25 **Raising Helen** Comedy drama. (2004, PG, 119min) ★★
4.45 **Nine Months** Romantic comedy. (1995, 12, 103min) ★★★

6.50 Sweet Home Alabama Comedy starring Reese Witherspoon. A New York fashion designer returns home to Alabama to get a divorce. (2002, 12, 109min) ★★★
9.00 Die Hard with a Vengeance Action thriller sequel starring Bruce Willis, Jeremy Irons and Samuel L Jackson. John McClane plays a deadly game when a terrorist mastermind holds New York to ransom. (1995, 15, 128min) ★★★

11.30 **First Kill** Action thriller. (2017, 15, 97min) ★★
1.45 AM **War Pigs** War adventure. (2015, 15, 88min) ★★
3.40 **to 6.00** AM **Upside Down** Fantasy. (2012, 12, 115min) ★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Long John Silver** (1954)
7.50 **Appointment In Berlin** (1943)
9.30 **Marine Raiders** (1944) ★★
11.20 **Instrument Of War** Drama. (2017, 12, 90min) ★★
1.10 PM **The Bamboo Prison** War drama. (1954, PG, 79min) ★★
2.50 **36 Hours of Hell** Adventure. (1969, 15, 93min) ★★
4.45 **The Rats of Tobruk** Wartime drama. (1944, PG, 68min) ★★

6.50 Castle Keep War adventure with Burt Lancaster. American GIs attempt to defend a Belgian castle against the Germans during the Battle of the Bulge. (1969, 15, 107min) ★★★
9.00 Battle for the Skies World War Two drama starring Nicholas Van Der Bijl and Adam Boys. A South African volunteer must lead an RAF bomber crew to safety when they are stranded in Nazi Germany. (2013, 15, 98min) ★★

11.05 **War Pigs** War adventure. (2015, 15, 88min) ★★
12.55 AM **Red Scorpion** Adventure. (1989, 15, 102min) ★
3.00 **to 4.00** AM **From Remagen to the Elbe** Documentary.

+1 hour 324

Movies 24

325 419

7.00 AM **Christmas Festival of Ice**
9.00 **The Christmas Card** (2006)
11.00 **A Dream of Christmas** Festive romance. (2016, U, 83min) ★★
1.00 PM **Christmas Magic** Fantasy drama. (2011, PG, 84min) ★★
3.00 **The Most Wonderful Time of the Year** Romantic drama. (2008, PG, 86min) ★★★
5.00 **Two Turtle Doves** Festive drama. (2019, PG, 120min) ★★

7.00 A Gingerbread Romance Romantic drama starring Tia Mowry-Hardrict. A young architect teams up with a chef to enter a contest to design a life-sized gingerbread house. (2018, PG, 90min) ★★
9.00 Picture a Perfect Christmas Drama with Merritt Patterson. A photographer taking care of her grandmother gets involved with a neighbour who needs help in looking after his young nephew. (2019, PG, 90min) ★★

11.00 **Christmas with a View** Drama. (2017, PG, 120min) ★★
1.00 AM **Will You Merry Me?** Comedy. (2008, PG) ★★
3.00 **to 5.00** AM **Christmas on the River** Comedy. (2019, PG) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.00 PM **San Andreas: Mega Eruption** *Syfy* Sci-fi. ★★
6.25 **Rio Lobo** *Paramount Network* Western adventure. ★★★
6.50 **The Legend of Tarzan** *ITV2* Adventure. ★★★
7.00 **Night at the Museum: Secret of the Tomb** *E4* Fantasy. ★★★
7.00 **Kicking & Screaming** *Sky Comedy* Comedy. ★★
7.05 **What Happens in Vegas** *5STAR* Romantic comedy. ★★
7.10 **Hot Pursuit** *Comedy Central* ★★
7.10 **Ali & Cavett: The Tale of the Tapes** *Sky Documentaries* ★★★
8.00 **Cannonball Run II** *ITV4* ★
8.30 **Dr No** *ITV* Thriller. ★★★★
9.00 **Transformers** *Sky One* ★★★★
9.00 **Ted 2** *E4* Comedy. ★★★
9.00 **The Wedding Singer** *5STAR* Offbeat comedy. ★★★★★
9.00 **About a Boy** *Comedy Central* Comedy drama. ★★★★
9.00 **Doom** *Syfy* Sci-fi horror. ★★★
9.00 **Missing in Action** *Paramount Network* Action adventure. ★★
9.15 **xXx: Return of Xander Cage** *Channel 4* Action thriller. ★★★
10.10 **Forgetting Sarah Marshall** *Sky Comedy* Comedy. ★★★★

SATURDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

- **6.00** AM **LIVE ANZ Premiership Netball Pulse v Steel.** Centre-pass 6.00am.
- **7.30** **LIVE Super Rugby Highlanders v Crusaders.** Kick-off 8.05am.
- **10.10** **LIVE Super Rugby Brumbies v Rebels.** Kick-off 10.15am.
- **12.00** NOON **LIVE EFL Derby County v Nottingham Forest.** From Pride Park. Kick-off 12.30pm.
- **2.30** PM **LIVE Premier League Leicester City v Crystal Palace.** The match at the King Power Stadium. Kick-off 3.00pm.
- **5.15** **LIVE Premier League Wolverhampton Wanderers v Arsenal.** All the action from the top-flight fixture at Molineux. Kick-off 5.30pm.
- **7.45** **LIVE Premier League Chelsea v Watford.** Coverage of the top-flight tie at Stamford Bridge. Kick-off 8.00pm.
- **10.30** **Formula 1: Qualifying Hlts**
- **12.15** AM **Sky Sports News**
- **4.00** **to 7.00** AM **LIVE Super Rugby Chiefs v Hurricanes.** Coverage from the FMG Stadium Waikato. Kick-off 4.35am.

Sky Sports Premier League

402 402 856 | 512 502

- **6.00** AM **PL Greatest Games**
- **7.00** **Premier League Years**
- **9.00** **Premier League Preview**
- **9.30** **Premier League Match Pack**
- **10.00** **Gary Neville's Soccerbox**
- **10.30** **Gary Neville's Soccerbox**
- **11.00** **Soccer AM**
- **12.00** NOON **Gillette Soccer Saturday**
- **2.30** PM **LIVE Premier League Leicester City v Crystal Palace.** The match at the King Power Stadium. Kick-off 3.00pm.
- **5.15** **LIVE Premier League Wolverhampton Wanderers v Arsenal.** All the action from the top-flight fixture at Molineux. Kick-off 5.30pm.
- **7.45** **LIVE Premier League Chelsea v Watford.** Coverage of the top-flight tie at Stamford Bridge. Kick-off 8.00pm.
- **10.30** **PL Greatest Games**
- **11.00** **Merse Meets Michael Carrick**
- **12.00** M'T **PL Retro**
- **2.00** AM **Premier League Years**
- **4.00** **Best PL Goals 2018/19**
- **5.00** **Best PL Goals: Tottenham v Chelsea** Memorable goals.
- **5.30** **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

- **6.00** AM **League 1 Play-Off Semi-Final** Double bill.
- **11.00** **Soccer AM**
- **12.00** NOON **LIVE EFL Derby County v Nottingham Forest.** Coverage of the Championship clash from Pride Park. Kick-off 12.30pm.
- **2.45** PM **LIVE EFL Bristol City v Cardiff City.** Coverage of the Championship clash from Ashton Gate. Kick-off 3.00pm.
- **5.30** **Best Moments From The Championship Play-Off Final**
- **6.00** **EFL Highlights**
- **6.30** **Best Moments From The Championship Play-Off Final**
- **7.00** **EFL Play Off Final League 1 16/17** Bradford City v Millwall.
- **8.00** **Retro Championship Playoff Semi-Final 2010: Cardiff V Leicester** At Wembley Stadium.
- **10.30** **EFL Highlights**
- **10.45** **SPFL Greatest Games**
- **11.00** **EFL Greatest Games**
- **12.00** M'T **EFL Cup Final 2013**
- **1.00** AM **EFL Play-Off Final Highlights** From 2011/12.
- **2.00** **EFL Play Off Finals League 2 13/14** At Wembley Stadium.
- **3.00** **Championship Review 15/16**
- **4.00** **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 858 | 514 504

- **6.00** AM **2018 T20 Blast Final**
- **10.00** **ICC Cricket World Cup**
- **1.00** PM **ICC Cricket World Cup**
- **2.00** **ICC Cricket World Cup**
- **3.00** **ICC Cricket World Cup** Australia v South Africa: Action from the group-stage match at Old Trafford.
- **6.00** **ICC Cricket World Cup** India v New Zealand: Action from day one of the first semi-final at Old Trafford in Manchester.
- **7.00** **ICC Cricket World Cup** India v New Zealand: The second day of first semi-final which took place at Old Trafford, and carried over to a second day because of rain.
- **8.00** **The Cricket Lockdown Vodcast**
- **9.00** **ICC Cricket World Cup** Australia v England: Action from the second semi-final which took place at Edgbaston in Birmingham.
- **10.00** **The Cricket Lockdown Vodcast**
- **11.00** **World Cup Bitesize**
- **12.45** AM **ICC Cricket World Cup**
- **1.00** **ICC World Cup 2019 Semi Final Bitesize** Double bill.
- **1.30** **ICC Cricket World Cup**
- **3.30** **World Cup Bitesize**
- **5.15** **ICC Cricket World Cup**
- **5.30** **to 6.00** AM **ICC W Cup 2019 Semi Final Bitesize**

Sky Sports Golf

405 405 859 | 515 505

- **6.00** AM **European Tour Golf** Highlights of day four of the 2017 HNA Open de France.
- **7.00** **Golf Pass With Rory McIlroy**
- **7.30** **PGA Tour Golf** Action from the second day of the Rocket Mortgage Classic in Detroit.
- **10.30** **Loopers: The Caddies Long Walk** Bill Murray narrates this insight into the bond shared between a golfer and a caddie.
- **12.00** NOON **Golf Academy**
- **1.00** PM **LIVE PGA Tour Golf** Coverage of the featured groups on day three of the 2020 Rocket Mortgage Classic from Detroit Golf Club in Michigan.
- **6.00** **LIVE PGA Tour Golf** Further coverage of day three of the 2020 Rocket Mortgage Classic from Detroit Golf Club in Michigan.
- **11.00** **Feherty Talks To**
- **12.00** M'T **Tiger Tales**
- **1.00** AM **PGA Tour Golf** Highlights of day four of the 2014 Quicken Loans National in Maryland.
- **2.00** **PGA Tour Golf** Action from all four days of the 2018 Quicken Loans National in Maryland.
- **3.00** **to 6.00** AM **European Tour Golf**

BT Sport 1

413 413 867 | 527 | 408 430

- **6.00** AM **Highlights**
- **8.00** **Premier League Match Pack**
- **8.30** **ESPN FC** Football news.
- **9.00** **WWE Friday Night SmackDown** Wrestling action.
- **10.30** **Premier League Preview**
- **11.00** **Early Kick-Off**
- **12.00** NOON **LIVE Premier League Norwich City v Brighton & Hove Albion.** Kick-off 12.30pm.
- **2.30** PM **LIVE Premier League Manchester United v Bournemouth.** Kick-off 3.00pm.
- **5.30** **Bundesliga Special**
- **6.00** **German Cup Highlights**
- **6.30** **LIVE German Cup Football Bayer Leverkusen v Bayern Munich.** Kick-off 7.00pm.
- **9.15** **Meet The Managers**
- **10.15** **What I Wore: Jens Lehmann**
- **10.30** **Bundesliga Highlights Show**
- **11.30** **Premier League World**
- **12.00** M'T **Isolation eRacing Series**
- **1.30** AM **Inside Sailing**
- **2.00** **World Sailing**
- **2.30** **Fishing: On The Bank**
- **3.30** **Ligue 1 Goals Of The Season**
- **4.00** **to 7.00** AM **LIVE AFL Adelaide Crows v Fremantle Dockers.** Bounce-up 4.05am.

BT Sport 2

414 414 868 | 528 | 409 431

- **6.00** AM **Moto3: Grand Prix of Germany 2019**
- **7.00** **Moto2: Grand Prix of Germany 2019**
- **8.00** **MotoGP: Grand Prix of Germany 2019**
- **9.00** **MotoGP: GP of Czech Republic 2019**
- **10.00** **In Depth with...**
- **10.30** **LIVE AFL Brisbane Lions v Port Adelaide Power.** Coverage of the match from Brisbane Cricket Ground. Bounce-up 10.40am.
- **1.30** PM **WWE The Broken Skull Sessions** Wrestling action.
- **3.00** **WWE Raw**
- **5.00** **What Went Down: Joe Calzaghe** Memorable fights.
- **7.00** **LIVE Super Lig** Action from the Turkish top flight.
- **9.00** **WWE Friday Night SmackDown** Wrestling action.
- **10.30** **WWE NXT Highlights**
- **11.30** **In Depth with Graham Bensinger** Oscar De La Hoya.
- **12.00** M'T **30 for 30: Chuck and Tito**
- **1.30** AM **30 for 30: Vick – Part 1**
- **3.30** **30 for 30: Vick – Part 2**
- **5.30** **to 6.00** AM **In Depth with Graham Bensinger**

BT Sport 3

417 417 869 | 529 | 410 432

- **6.00** AM **Classic MOTD – Thrillers**
- **6.30** **Wembley Gold**
- **9.00** **FA Cup Classics**
- **10.00** **Classic Premier League**
- **12.00** NOON **FA Cup Final Classics**
- **1.00** PM **Classic Bundesliga**
- **2.30** **MotoGP Classics: Donington 1997** Action from the 1997 British Grand Prix.
- **3.30** **MotoGP Classics: Donington 2000** We revisit the 2000 British Grand Prix at Donington.
- **4.30** **UCL Stories of the Finals**
- **5.00** **AFL: Collingwood v Essendon**
- **7.00** **AFL** Brisbane Lions v Port Adelaide: Action from The Gabba.
- **9.00** **Boxing: Ali v Liston II 1965** Muhammad Ali v Sonny Liston.
- **9.30** **Boxing: Tyson v Spinks 1988** Mike Tyson v Michael Spinks.
- **10.00** **SC: UFC Fight Camp**
- **10.30** **UFC Reloaded** Michael Bisping v Dan Henderson: Action from the middleweight title bout at UFC 204 from 2016 in Manchester.
- **1.00** AM **UFC: Beyond The Octagon Classic Fights**
- **2.00** **DTM: Season Preview**
- **3.00** **WRC Review: Rally France**
- **4.00** **to 6.00** AM **Irish Rally Review 2015**

Sky Sports Action

407 407 861 | 517 507

- **6.00** AM **Super Rugby Classics**
- **7.00** **Rugby Union Retro**
- **7.30** **LIVE Super Rugby Highlanders v Crusaders.** Coverage of the match at Forsyth Barr Stadium. Kick-off 8.05am.
- **10.00** **Rugby Greatest Games**
- **10.10** **LIVE Super Rugby Brumbies v Rebels.** Coverage from GIO Stadium. Kick-off 10.15am.
- **12.00** NOON **Super Rugby**
- **1.45** PM **Rugby Union Retro**
- **2.00** **Anthony Joshua: 1989 – 2014** Boxing special.
- **4.00** **Super Rugby**
- **5.45** **Rugby Retro: Jamie Heaslip '09**
- **6.00** **Super Rugby** Action from Highlanders v Crusaders.
- **7.45** **Rugby Union Retro**
- **8.00** **Haye v Bellew: The Best Bits**
- **9.00** **Boxing Gold**
- **9.15** **Bellator MMA**
- **10.30** **Conor McGregor: Notorious**
- **12.15** AM **Top 10 Boxing Ringwalks**
- **1.00** **Haye v Bellew: The Best Bits**
- **2.00** **Fight Night** Anthony Joshua v Alexander Povetkin.
- **4.00** **to 7.00** AM **LIVE Super Rugby Chiefs v Hurricanes.** Coverage from FMG Stadium Waikato. Kick-off 4.35am.

Sky Sports Mix

145 145 838 | 520 510

- **6.00** AM **LIVE ANZ Premiership Netball Pulse v Steel.**
- **7.30** **The Greatest Solheim Cup**
- **9.30** **Sporting Heroes: Gary Newbon Interviews Kelly Holmes**
- **10.30** **Fight Night International**
- **11.30** **The Rise of Fallon Sherrock**
- **12.00** NOON **Sporting Heroes: Gary Newbon Interviews Martina Hingis** A chat with the tennis star.
- **1.00** PM **How the Women's ICC World Cup 2017 Was Won**
- **2.00** **Sporting Heroes: Gary Newbon Interviews Billie Jean King**
- **3.00** **Fight Night**
- **5.00** **English Roses**
- **6.00** **ANZ Premiership Netball**
- **7.30** **Netball Superleague**
- **9.30** **Sporting Heroes: Gary Newbon Interviews Kelly Holmes**
- **10.30** **Fight Night International**
- **11.30** **The Rise of Fallon Sherrock**
- **12.00** M'T **Sporting Heroes: Gary Newbon Interviews Martina Hingis** A chat with the tennis star.
- **1.00** AM **How the Women's ICC World Cup 2017 Was Won**
- **2.00** **Sporting Heroes: Gary Newbon Interviews Billie Jean King**
- **3.00** **Fight Night**
- **5.00** **to 6.00** AM **English Roses**

BT Sport/ESPN

423 423 872 | 530 | 411 434

- **6.00** AM **ESPN FC** Football news.
- **6.30** **MLB Prime 9: H2**
- **7.00** **CBB: 2008 California vs UCLA**
- **8.45** **CBB: 2007 Texas vs Kansas**
- **10.45** **ESPN FC** Football news.
- **11.15** **MLB: Twins @ Yankees 1998**
- **1.15** PM **MLB: Expos @ Yankees 99**
- **3.15** **MLB Classic: Baseball Seasons 1983**
- **4.15** **MLB: Royals @ Yankees 1990**
- **6.00** **CFB: LSU v Alabama 2012**
- **8.00** **LIVE The Basketball Tournament** Big X v Jackson.
- **10.00** **LIVE The Basketball Tournament** Brotherly Love v Stillwater Stars.
- **12.00** M'T **LIVE The Basketball Tournament** The House of 'Paign v War Tampa.
- **2.00** AM **LIVE The Basketball Tournament** Team CP3 take on Mid American Unity in Game 4.
- **4.00** **CBB: 2008 California vs UCLA**
- **5.45** **to 6.00** AM **MLB Classic**

Eurosport 1

410 410 864 | 521 | 412 435

- **6.00** AM **Masters Final: O'Sullivan v Trump** The 2019 final.
- **8.00** **Cycling: Tour de France 2012**
- **10.15** **Cycling: UK Women's Road Series** The 2019 Lincoln GP.
- **10.45** **Cycling: Paris-Roubaix**
- **11.00** **Football**
- **12.00** NOON **Ultimate Tennis Showdown** Double bill.
- **2.00** PM **Tour de France: Wiggins 2012** Action from the 19th stage.
- **4.00** **LIVE Ultimate Tennis Showdown** Coverage of day one of the fourth round.
- **6.30** **Cycling: Virtual Tour de France**
- **8.30** **Tour de France: Wiggins 2012**
- **10.30** **Cycling: Cancellara – The Day When**
- **11.00** **World Poker Tour**
- **12.00** M'T **Climbing World Championships**
- **1.00** AM **Hall of Fame – Pyeongchang Radical**
- **2.00** **Tour de France: Wiggins 2012**
- **5.00** **to 6.00** AM **Triathlon**

Eurosport 2

411 411 865 | 522 | 413 436

- **7.15** AM **Cycling: UK Women's Road Series** The 2019 Lincoln GP.
- **7.45** **Cycling: Amstel Gold Race**
- **8.00** **Fencing: Best of 2019/20**
- **10.00** **Superbikes**
- **12.00** NOON **Superbikes: MotoAmerica**
- **1.00** PM **Snooker: Trump v O'Sullivan** Action from 2019.
- **3.00** **Motocross World Championship**
- **4.00** **LIVE Speedway European Championship** Coverage of round one from Torun, Poland.
- **6.30** **WSBK: Phillip Island 2010**
- **7.15** **Best of Bikes**
- **7.25** **LIVE Football Valerenga v Aalesunds FK.** Coverage of the Eliteserien match at Intility Arena in Norway. Kick-off 7.25pm.
- **9.25** **Climbing World Championships** From Japan.
- **10.00** **Bennetts British Superbikes 2018** Double bill.
- **2.00** **to 8.00** AM **Highlights**

Sky Sports Arena

408 408 862 | 518 508

- **6.00** AM **LIVE NRL Gold Coast Titans v Cronulla-Sutherland Sharks.** Kick-off 6.00am.
- **7.55** **Super League Gold**
- **8.00** **Super League 2019 Highlights**
- **8.30** **LIVE NRL New Zealand Warriors v Brisbane Broncos.** Kick-off 8.30am.
- **10.25** **Super League Gold**
- **10.35** **LIVE NRL Wests Tigers v Panthers.** Kick-off 10.35am.
- **12.30** PM **Rugby Stars Quiz: Heaslip v Habana**
- **1.00** **Super Rugby Classics**
- **3.00** **Boxing**
- **5.00** **ANZ Premiership Netball**
- **6.30** **Super League Super 8s**
- **9.00** **NBA Retro Games: 1990 NBA Finals Game 5: Detroit Pistons Vs. Portland Trail Blazers**
- **11.00** **NBA: Portland @ LA Clippers**
- **12.45** AM **NBA: Detroit @ Philadelphia**
- **3.00** **NBA: Golden State @ Portland**
- **5.00** **to 6.00** AM **NBA Classic Games: Warriors @ Knicks 2013**

Sky Sports F1

406 406 860 | 516 506

- **6.00** AM **Highlights**
- **9.20** **LIVE Formula 3** Coverage of race one in Spielberg.
- **10.10** **Highlights**
- **10.45** **LIVE Formula 1** The Austrian Grand Prix third practice.
- **12.10** PM **Highlights**
- **1.30** **LIVE Formula 1** The Austrian Grand Prix qualifying session.
- **3.30** **F1 Cars Through 1000 Races**
- **3.35** **LIVE Formula 2** Coverage of race one in Spielberg.
- **4.55** **Alfa Romeo 1950**
- **5.00** **LIVE Indycar Grand Prix: Indianapolis** The GMR Grand Prix. Start-time 5.00pm.
- **7.00** **Ferrari Challenge Europe**
- **8.00** **Formula 1: Qualifying Hlts**
- **9.45** **Formula 3: Race 1**
- **10.35** **Carlos Sainz v Lando Norris**
- **11.00** **Formula 2: Race 1**
- **12.20** AM **Jenson's Memories**
- **12.30** **Formula 1 GP: Practice 3 Hlts**
- **1.45** **to 6.00** AM **Highlights**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Sunday

5 July

Evening Planner

Motorsport

F1: Austrian Grand Prix
Sky Sports F1 HD, race starts 2.10pm
After six months of no races, it's the 2020 season opener in Spielberg, where Max Verstappen won in 2019

Documentary

Bear: Koala Hero
Sky Nature HD, 7pm
The rescue efforts of a detection team and dog Bear to find and rehabilitate koalas injured in the 2020 bush fires

Documentary

Alex Brooker: Disability and Me
BBC2 HD, 9pm
Alex explores the day-to-day realities of life in the UK for a disabled person

Comedy

The Kemps: All True
BBC2 HD, 10pm
A mockumentary charting the latest projects of Martin and Gary Kemp – a film franchise and a vegan food range

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	‹ 6.35 MOTD – Live: Southampton v Manchester City (Kick-off 7.00)				9.00 The Luminaries		10.00 News	10.30 Match of the...
102 BBC2	7.00 Colombia with Simon Reeve		8.00 Dragons' Den: Best Ever Pitches		9.00 Alex Brooker: Disability and Me		10.00 The Kemps: All True	
103 ITV	7.00 The Durrells		8.00 Maigret – Dead Man				10.00 News	10.20 The Comedy Years
104 CHANNEL 4	‹ 6.30 Formula 1 Austrian Grand Prix Highlights				9.00 Film: The Great Wall			
105 CHANNEL 5	7.00 Rich Kids, Skint Holiday		8.00 Filthy Britain SOS		9.00 Rich House, Poor House		10.00 Bargain-Loving Brits in Blackpool	
106 SKY ONE	7.00 The Simpsons				9.00 Film: Happy Gilmore			
ENTERTAINMENT								
116 BBC4	7.00 The Hidden Wilds of the Motorway			8.30 Canal Boat...	9.00 Much Ado About Nothing: Royal Shakespeare Company			
118 ITV2	‹ 6.40 Film: Green Lantern				9.00 Love Island: Australia			10.25 The Weekender...
136 MORE4	‹ 6.55 Come Dine with Me		8.00 Grand Designs		9.00 999: On the Front Line – Heart Attacks		10.00 24 Hours in A&E	
135 E4	‹ 6.05 Film: The Hunger Games: Catching Fire				9.00 Batwoman		10.00 Naked Attraction	
107 SKY WITNESS	7.00 Ghost Whisperer				9.00 Coroner		10.00 Law & Order: Special Victims Unit	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Film: Born on the Fourth of July			
110 GOLD	‹ 6.20 Only Fools and Horses			8.20 Dad's Army: The Lost...	9.00 Still Open All Hours			10.20 Mrs Brown's Boys
111 DAVE	7.00 Top Gear		8.00 Ross Noble: Off Road		9.00 Have I Got a Bit More News for You		10.00 QI XL	
119 ITV3	‹ 6.10 Midsomer Murders		8.00 Long Lost Family		9.00 Sunday Night at the Palladium		10.00 Deep Water	
120 ITV4	7.00 Tour de France ReCycled: Geraint's Tour		8.00 Film: City Slickers: The Legend of Curly's Gold					10.15 Film: Cobra
112 COMEDY CENTRAL	7.00 Film: Clueless				9.00 Film: Bad Teacher			
152 SYFY	‹ 6.50 Film: Goosebumps				9.00 Film: Bad Boys II			
109 W	7.00 Amazing Hotels: Life Beyond the Lobby		8.00 One Born Every Minute		9.00 One Born Every Minute Australia		10.00 Inside the Ambulance	
113 SKY COMEDY	7.00 Film: HouseSitter				9.00 Film: Patch Adams			
124 FOX	7.00 NCIS: New Orleans		8.00 NCIS		9.00 Emergence		10.00 American Dad!	10.30 Family Guy
122 SKY ARTS	‹ 6.30 Pink Floyd – Live at...	7.45 Oasis Live at Barrowlands			9.00 Billie Eilish: Austin City Limits			10.15 Isle of Wight Festival...
DOCUMENTARY								
125 DISCOVERY	7.00 How Do Animals Do That		8.00 Monsters of the Abyss				10.00 In Search of Monsters	
162 ANIMAL PLANET	7.00 Alaska: The Last Frontier		8.00 Alaskan Bush People		9.00 Homestead Rescue		10.00 Amanda to the Rescue	
129 NAT GEO	7.00 JFK: The Lost Bullet		8.00 Kingdom of the Mummies		9.00 Lost Cities with Albert Lin		10.00 Apocalypse: Cold War	
123 SKY HISTORY	7.00 Ancient Impossible				9.00 Washington			
155 YESTERDAY	7.00 The Architecture The Railways Built		8.00 'Allo 'Allo!				10.00 Auf Wiedersehen, Pet	
166 EDEN	7.00 Life on Earth: A New Prehistory				9.00 Spying on Animals		10.00 Ten Deadliest Snakes with Nigel...	
FILMS - Sky Cinema								
301 PREMIERE	‹ 6.15 Frozen II		8.00 Sprinter				10.00 Downton Abbey	
303 HITS	‹ 6.45 Spider-Man: Far From Home				9.00 Once Upon a Time... in Hollywood			
304 GREATS	‹ 6.00 Edge of Tomorrow		8.00 Jack Reacher					10.15 Oblivion
305 DISNEY	‹ 5.45 Mary Poppins Returns		8.00 The Princess and the Frog			9.50 Return to Oz		
306 FAMILY	‹ 6.00 Babe: Pig in the City	7.50 Monster Family				9.35 Four Kids and It		
307 ACTION	‹ 6.45 White House Down				9.00 Men in Black: International			
308 COMEDY	‹ 6.10 Wayne's World 2		8.00 The Dead Don't Die				10.00 Jay and Silent Bob Reboot	
309 THRILLER	‹ 6.15 Searching		8.00 The Hunt for Red October					10.15 Patriot Games
310 DRAMA	‹ 5.55 Frost/Nixon		8.00 Yesterday					10.10 Flashdance
311 SCI-FI	‹ 5.40 Godzilla	7.45 Godzilla: King of the Monsters					10.00 The Meg	
302 STAR WARS	‹ 5.00 Star Wars...	7.30 Star Wars: Episode I – The Phantom Menace					10.00 Star Wars: Episode II – Attack of the...	
313 FILM4	‹ 6.55 Home Alone				9.00 Dawn of the Planet of the Apes			
315 TCM MOVIES	7.15 The Quick Gun				9.00 U.S. Marshals			
SPORT								
401 MAIN EVENT	7.00 PGA Tour Golf – Live: Day four of the 2020 Rocket Mortgage Classic from Detroit Golf Club in Michigan							
402 PREMIER LEAGUE	7.00 Premier League Icons		8.00 Gary Neville's Soccerbox		9.00 Merse Meets Joe Cole		10.00 PL Retro	
403 FOOTBALL	7.00 The Women's Football Show		8.00 EFL Cup Retro 11				10.00 SPFL Greatest Games	
404 CRICKET	7.15 ICC World Cup Final Watchalong						10.00 The World Cup Through Their Eyes	
413 BT SPORT 1	7.00 Turkish Super Lig – Live: Action from the Turkish Super Lig				9.00 WWE The Broken Skull Sessions			10.15 WWE SmackDown
414 BT SPORT 2	7.00 AFL				9.00 O.J: Made in America			

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Sunday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
7.50 **Match of the Day** (S)(R)
9.00 **The Andrew Marr Show** (S)
10.15 **Politics England – Live from Salford** News and debate. (S)
10.45 **Sunday Morning Live** New edition With Sean Fletcher and Sally Phillips. (S)
11.45 **Countryfile Spring Diaries** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Points of View** New edition (S)
2.05 **Andy Murray's Greatest Hits** 2/2. Series finale (S)
4.05 **Arthur Ashe: More Than a Champion** The story of the 1975 Wimbledon champion. (S)(R)(AD)
5.10 **BBC News** (S)
5.25 **Local News** (S)
5.35 **Countryfile** New edition (S)

6.35 MOTD: Southampton v Man City

6 PM — **6.35** LIVE **MOTD** Southampton v Manchester City: All the action from the Premier League tie at St Mary's Stadium. Kick-off is at 7.00. (S)

7 PM

8 PM

9 PM — **9.00** **The Luminaries** New episode *The Other Half:* 4/6. In 1865, Carver threatens Anna – now heavily pregnant and addicted to opium – to try to force Emery to reveal where Crosbie is. (S1) (S)(AD)

10 PM — **10.00** **BBC News** (S)
10.20 **Local News** (S)
10.30 **Match of the Day 2** Mark Chapman reviews the day's Premier League action. (S)
11.45 **Just Call Me Martina** Sue Barker presents a profile of former tennis star Martina Navratilova, documenting her achievements. (S)(R)(AD)
12.45 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.50 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.20 AM **The Edible Garden** (S)(R)(AD)
6.50 **The Instant Gardener** (S)(R)
7.35 **Countryfile** (S)(R)
8.30 **Gardeners' World** (S)(R)
9.30 **Beechgrove** New edition (S)
10.00 **Saturday Kitchen Best Bites** New edition Highlights. (S)
11.30 **Rick Stein's Spain** (S)(R)(AD)
12.30 PM **The Hairy Bikers' Bakeation** The duo go baking in Slovakia, Hungary and Romania. (S)(R)
1.00 **Nature's Perfect Partners: Natural World** (S)(R)(AD)
2.00 **The Choir: Singing for Britain** Gareth Malone collaborates with the UK's key workers. (S)(R)(AD)
3.00 **60s Icons: Talking Pictures** Interviews from yesteryear. (S)(R)
3.40 FILM **Ice Station Zebra** Cold War thriller starring Rock Hudson. (S) (1968, U, 140min) ★★★

3.40 Ice Station Zebra

6.00 **Saving Lives at Sea** 1/4. A retired woman is in danger after attempting to rescue her two dogs when they became cut off by the rising tide, and three crew members' lives are in jeopardy. (S)(R)(AD)

7.00 **Colombia with Simon Reeve** Simon explores the country as 50 years of civil war draw to a close, meeting farmers in need of government support and guerrillas who have pledged to lay down their arms. (S)(R)

8.00 **Dragons' Den: Best Ever Pitches** Series finale 6/6. Compilation of the show's most passionate contestants, including a food entrepreneur who confused the panel with noodles. (S)(AD)

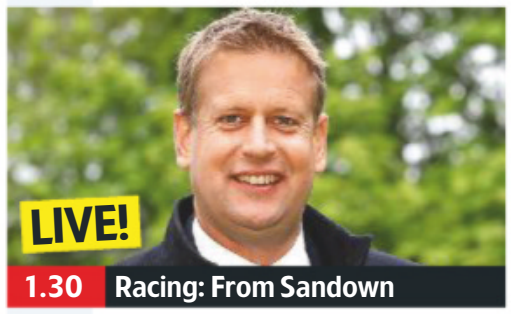
9.00 NEW **Alex Brooker: Disability and Me** The presenter confronts what disability really means in Britain today, chatting to Paralympian Susie Rodgers. (S)(AD)
■ Repeated on Wednesday

10.00 NEW **The Kemps: All True** Mockumentary with Gary and Martin Kemp, following them as they launch new careers in the wake of Spandau Ballet's 40th anniversary celebrations. *See feature, page 11*. (S)(AD)
11.00 **I Love 1983** Roland Rat looks back at the year when he was credited with rescuing ailing breakfast station TV-am from ratings collapse. (S)(R)
11.30 **Top of the Pops 1983: Big Hits** Performers include The Police, Culture Club and UB40. (S)(R)
12.30 **to 3.00** AM **Sign Zone: Defying Gravity – Our Lives** (S)(R)(AD)
1.00 **Sign Zone: Ambulance** (S)(R)(AD)
2.00 **Sign Zone: Holby City** (S)(R)(SL)
3.00 **to 6.15** AM **Previews**

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
7.30 **Mighty Mike** (S)(R)
8.30 **Martin & Roman's Sunday Best!** New edition (S)
9.25 **James Martin's Islands to Highlands** On Jersey. (S)(R)
10.20 **John and Lisa's Weekend Kitchen** Summer salads. (S)(R)
11.20 **Beautiful Baking with Juliet Sear** Tasty treats. (S)(R)
12.20 PM **Grow Your Own at Home with Alan Titchmarsh** (S)(R)(AD)
12.50 **Britain's Brightest Celebrity Family** 6/7. Quiz show. (S)(R)
1.20 **ITV News** (S)
1.30 LIVE **ITV Racing: From Sandown** Ed Chamberlin presents. (S)
4.00 **Alan Carr's Epic Gameshow** (R)
5.00 **Tipping Point: Best Ever Finals** (R)
5.30 **ITV News** (S)
5.50 **Local News** (S)



1.30 Racing: From Sandown

6.00 **The Chase Celebrity Special** Ann Widdecombe, Sam Nixon, Mark Rhodes and Jimmy Carr answer questions and work as a team to take on quiz genius The Chaser and secure a cash prize for charity. (S)(R)

7.00 **The Durrells** 1/6. Period drama based on Gerald Durrell's trilogy of Corfu memoirs, with Keeley Hawes. In 1935, Louisa Durrell relocates her family from Bournemouth to Corfu. (S1) (S)(R)(AD)

8.00 **Maigret – Dead Man** The detective is distracted from a string of attacks on three farms by a series of anonymous phone calls from a man claiming a gang are trying to kill him. (S1) (S)(R)(AD)

10.00 **ITV News** (S)
10.20 **The Comedy Years** Comedy milestones of 1984, including the arrival of cult hits such as *The Young Ones* and *Alas Smith and Jones*. Narrated by Hugh Bonneville. (S)(R)
11.10 **Last Laugh in Vegas** 3/5. There is just a week to go until the Nevada gig, but with nothing going to plan, US producer Frank Marino plans to pull the show. (S)(R)(AD)
12.15 AM **Ideal World**
3.00 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour | 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.00 AM **Everybody Loves Raymond** 3-5/25. Triple bill. (S2) (S)(R)(AD)
7.15 **The Big Bang Theory** 3-6/24. Triple bill. (S4) (S)(R)(AD)
8.30 **Bake Off: The Professionals** The four remaining teams face Chocolate Week. (S)(R)(AD)
9.30 **Sunday Brunch** New edition With guests comedian Jenny Eclair and presenter Alex Brooker. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
2.05 FILM **Stuart Little** Children's fantasy adventure. (S)(AD) (1999, U, 100min) ★★★★★
3.45 **A Place in the Sun** (S)(R)
4.50 **Channel 4 News with NHS Thank You Clap** (S)
5.30 NEW TO C4 **Jimmy's Forest** 1/4. Jimmy Doherty charts the seasonal transformation of a Norfolk forest. *Previously on More4.* (S)(AD)

9.00 The Great Wall

6.30 **Formula 1 Austrian Grand Prix Highlights** Steve Jones presents action from the opening round of the revised calendar, held at Red Bull Ring in Spielberg. With analysis from David Coulthard and Mark Webber. (S)

9.00 FILM **The Great Wall** Fantasy adventure starring Matt Damon. A mercenary is pulled into a battle between Chinese warriors and giant lizard-like monsters. (S)(AD) (2016, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.55 FILM **Now You See Me** Heist thriller starring Jesse Eisenberg, Mark Ruffalo, Woody Harrelson and Isla Fisher. (S)(AD) (2013, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.05 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.55 **Couples Come Dine with Me** (R)
2.50 **Animal Airport** (S)(R)(AD)
3.45 **Animal Rescue School** (S)(SL)(R)
4.40 **Car S.O.S** (S)(R)(AD)
5.35 **Kirstie's Vintage Gems** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

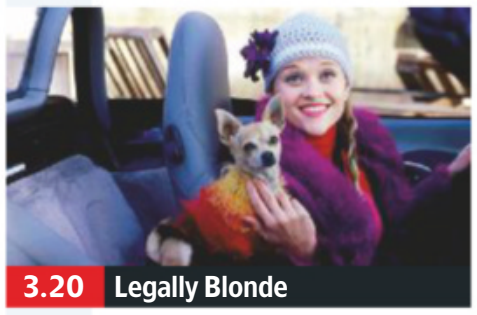
+1 hour | 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
10.00 **SpongeBob SquarePants** New edition (S)
10.15 **Ryan's Mystery Playdate** New edition (S)
10.25 **Access** Showbiz news. (S)
10.35 **WWE Raw Highlights** The latest wrestling action. (S)
11.40 **Friends** (S)(R)
12.10 PM **Friends** (S)(R)
1.45 NEW **Flower Shop Mystery: Dearly Depotted** Mystery sequel starring Brooke Shields and Brennan Elliott. (S)
3.20 FILM **Legally Blonde** Comedy starring Reese Witherspoon. (S) (2001, 12, 125min) ★★★
5.25 **News** (S)
5.30 **Can't Pay? We'll Take It Away!** Officers chase a debt of nearly £50,000 in unpaid rent. (S)(R)


3.20 Legally Blonde

6.20 **Can't Pay? We'll Take It Away!** The sheriffs chase £10,000 owed by a publican to a contractor in Coventry. (S)(R)
7.00 NEW TO CHANNEL 5 **Rich Kids, Skint Holiday** Well-to-do teenagers are taught the value of money by swapping first-class getaways for micro-budget breaks. *Previously on 5STAR*. (S)
8.00 **Filthy Britain SOS** New edition 6/10. Braintree's Waste Enforcement Officers crack down on dog owners. Plus, Malvern waste warriors hunt bags of rotten refuse. (S)
9.00 **Rich House, Poor House** 5/6. Swindon retirees who live off a comfortable pension and a single mother who lives in a council house and works as a cleaner swap homes and budgets. (S)(R)
10.00 **Bargain-Loving Brits in Blackpool** 4/6. Cabaret managers offer a glimpse of the local drag scene. (S)(R)
10.50 **Celebs Go Bust: Bankrupt & Broke** (S)(R)
12.20 AM **Greatest Ever Celebrity Wind Ups** (S)(R)
1.15 **21.co.uk Live Casino Show**
3.15 **Extraordinary People: Coma Boys** Young brothers from Pakistan who suffer a nocturnal state of paralysis. (S)(R)
4.00 **Tattoo Disasters UK** (S)(SL)(R)
4.25 **OMG: My Barbie Body** (S)(R)
5.15 **to 6.00** AM **The Secret Life of Puppies: Terrible Twos** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Hour of Power**
7.00 **Monkey Business** (S)(R)(AD)
9.00 **Modern Family** (S6&7) (S)(R)
11.30 LIVE **Renault Super Sunday** Burnley v Sheffield United: Kick-off is at 12.00.
2.00 PM **Magnum P.I.** 8&9/20. Double bill. (S2) (S)(R)(AD)
4.00 **The Simpsons** *Cape Feare:* Bart goes on the run. (S)(R) **4.30** *Rosebud:* Mr Burns vows to reclaim his beloved teddy bear from Maggie. (S)(R) **5.00** *Homer Goes to College:* Homer is sent back to college after a monumental blunder at the power station. (S)(R) **5.30** *Treehouse of Horror IV:* Homer sells his soul to the Devil for a doughnut, and a gremlin attacks the school bus. (S)(R)

9.00 Happy Gilmore

6.00 **Austrian F1 GP Highlights** The Austrian Grand Prix. Highlights from the opening round of the season at Red Bull Ring in Spielberg.
7.00 **The Simpsons** *Marge on the Lam:* Marge and new friend Ruth set off for a girls' night out. (S)(R) **7.30** *Bart's Inner Child:* Homer and Marge seek a better life. (S)(R)
8.00 **The Simpsons** *Boy Scoutz 'n the Hood:* Homer and Bart go on a rafting expedition. (S)(R) **8.30** *The Last Temptation of Homer:* With the guest voice of Michelle Pfeiffer. (S)(R)
9.00 FILM **Happy Gilmore** Comedy starring Adam Sandler and Christopher McDonald. A charming but volatile ice-hockey player turns his hand to golf and enters a tournament in the hope of saving his grandmother's house. (1996, 12, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.45 **A League of Their Own: European Road Trip** Sports challenges. (S)(R)
11.50 **The Blacklist** 11/18. Red tracks an art forger who has thwarted his plans to sell stolen pieces, while Aram's love life becomes more complicated. (S7) (R)
12.50 AM **Brit Cops: Frontline Crime UK** Street crime. (R) **1.50** Police officers in west Wales deal with a dangerous domestic incident. (R)
2.55 **to 6.00** AM **Road Wars** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45 Bargain Hunt (S)(R)(AD) **12.30-1.00pm** Tudur's TV Flashback (S)(R)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
8.00-9.00pm Sport Re-run (S)
WALES
Sky **971**, Freesat **971**
1.00pm The A to Z of TV Cooking (S)(R) **1.10** FILM Ice Station Zebra (S) (1968, U, 140min) ★★★ **3.30** Colombia with Simon Reeve (S)(R) **4.30** Katherine Jenkins at 40 (S)(R) **5.30** Saving Lives at Sea (S)(R)(AD) **6.00** Remarkable Places to Eat (S)(R) **7.00-8.00pm** Llangollen 2019 (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.50** NEW SERIES Penblwyddi Cyw **8.55** Pen-Blwydd Pwy? New edition **9.00** Cefn Gwlad (AD) **10.00** Blwyddyn y Bugail: Ioan Doyle **10.30** Dechrau Canu Dechrau Canmol **11.00** Oedfa Dechrau Canu Dechrau Canmol New edition **11.30** Dal Ati **12.28pm** Y Tywydd **12.30** Y Sioe Fwyd (AD) **1.00** Heno Aur **1.30** Sgwrs Dan y Lloer **2.00** 04 Wal **2.30** 04 Wal **3.00** Am Dro! **4.00** Ty am Ddim **5.00** Corau Rhys Meirion **5.55** Ffermio **6.25** Pobol y Cwm **6.50** Pobol y Cwm **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Goreuon Priodas Pum Mil New edition (AD) **9.00** Clwb Rygbi: Super Rugby Aotearoa **10.00** Lowri Morgan: Her 333 **10.28** Y Tywydd **10.30** Y Fets (AD) **11.33-11.35pm** Y Tywydd

TV&Satellite week Best for Sky and Virgin

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **The Hidden Wilds of the Motorway** Author Helen Macdonald searches for wildness and natural beauty near the M25.
8.30 **Canal Boat Diaries** 4/5. Robbie Cumming travels along the Rochdale Canal from Sowerby Bridge to Manchester.
9.00 NEW TO BBC4 **Much Ado About Nothing: Royal Shakespeare Company** Michelle Terry and Edward Bennett star in the Bard's classic comedy. In autumn 1918, Benedick and Beatrice reignite their combative courtship. *Previously on BBC iPlayer*.
11.30 **Dames of Classic Drama at the BBC** 2/2. Archive footage of acting legends at early stages of their careers.
12.30 AM **Apples, Pears and Paint: How to Make a Still Life Painting** The history of the art form.
2.00 **to 4.00** AM **Classic EastEnders**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Car S.O.S**
11.55 **Come Dine with Me**
2.35 PM **Four in a Bed** Five editions, including at: **4.15** A couple welcome their guests to The Peaks Inn in Derbyshire. **5.20** **Come Dine with Me** A fitness instructor hosts the first party in Warwickshire. **5.50** A nautical-themed evening in Warwickshire.
6.25 **Come Dine with Me** There is Bollywood dancing on the third night in Warwickshire. **6.55** PA Pinky hosts an evening of sophistication. **7.25** A driving instructor hosts the final dinner party in Warwickshire.
8.00 **Grand Designs** Kevin McCloud revisits a couple who built an oak-framed hexagonal house.
9.00 **999: On the Front Line – Heart Attacks** New edition Looking at heart-attack cases faced by West Midlands paramedics.
10.00 **24 Hours in A&E** Patients include a 54-year-old man involved in a cycling accident.
11.05 **999: What's Your Emergency?** Demands on police in Northamptonshire.
12.05 AM **Ramsay's Kitchen Nightmares USA**
1.05 **999: On the Front Line – Heart Attacks**
2.10 **24 Hours in A&E**
3.15 **to 3.45** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Totally Bonkers Guinness World Records**
7.15 **Ellen DeGeneres Show**
8.50 **Dress to Impress**
11.50 **Celebrity Catchphrase**
12.50 PM **Take Me Out**
1.55 **You've Been Framed! Gold: A-Z!** Comical clips.
2.50 FILM **The Nut Job** Animated comedy with the voice of Will Arnett. (2014, U, 86min) ★★★
4.35 FILM **Casper** Fantasy starring Christina Ricci. (1995, PG, 96min) ★★★★
6.40 FILM **Green Lantern** Superhero adventure starring Ryan Reynolds and Mark Strong. A maverick test pilot is recruited by aliens to help defend the galaxy against a mysterious evil force. (2011, 12, 113min) ★★
9.00 **Love Island: Australia** Love blossoms around the villa, but a surprise Recoupling Ceremony sends one Islander home.
10.25 **The Weekender: Boat Party** The crew members set sail on their final journey, and newly single Jordan is determined to make the most of his freedom.
11.25 **Family Guy**
12.20 AM **American Dad!**
1.20 **The Cleveland Show**
2.15 **The Stand Up Sketch Show** With Marlon Davis and Russell Kane.
2.45 **to 3.25** AM **Mysticons**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **Don't Tell the Bride**
11.00 **The Goldbergs**
1.00 PM **The Big Bang Theory** Ten episodes including at: **4.30** 24/24. Leonard is offered a job abroad. (S6) **5.00** 1/24. The gang gather for Penny and Leonard's second wedding ceremony. **5.35** 2/24. Penny reveals Bernadette is pregnant to their work colleagues. (S10)
6.05 FILM **The Hunger Games: Catching Fire** Adventure sequel starring Jennifer Lawrence. A teenager sparks flames of rebellion in a totalitarian future nation, but is forced to fight for life in another televised contest. (2013, 12, 143min) ★★★★
9.00 **Batwoman** New episode *Through the Looking Glass:* 15/20. Kate begins to question her instincts, and Alice seeks her sister's help with a special task. (S1)
10.00 **Naked Attraction** 4/6. With singletons from Newquay and Sheffield.
11.00 **Naked Attraction**
12.05 AM **Supernatural** New episode 15/20. (S14)
1.05 **The Big Bang Theory**
2.05 **Gogglebox**
3.00 **Batwoman**
3.50 **Don't Tell the Bride**
4.45 **to 6.00** AM **Hollyoaks**

+1 hour 235 | 146 | 28 | 123

SUNDAY Entertainment

Sunday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
9.00 **Paramedics** Trainee paramedic David progresses from the classroom to emergency calls.
10.00 **Sun, Sea and A&E** A reveller in Palma is admitted with a deep cut to his head.
11.00 **Caught on Dashcam**
12.00 NOON **Caught on Dashcam**
1.00 PM **UK Border Force**
2.00 **Nothing to Declare** Ten editions of the documentary series following the work of customs officers in Australia.

9.00 Coroner

7 PM
7.00 **Ghost Whisperer** *Delusions of Grandview:* 17/23. Melinda investigates a newly-built haunted nursery school.

8 PM
8.00 **Ghost Whisperer** *Leap of Faith:* 18/23. Melinda discovers an intruder in the basement of her shop. (S4)

9 PM
9.00 **Coroner** *Quick or Dead:* 4/8. Jenny tries to identify a mass murderer on a reign of terror across the city. (S1)

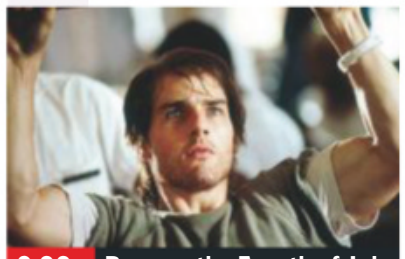
10 PM
10.00 **Law & Order: Special Victims Unit** *Agent Provocateur:* 11/23. Benson investigates a star accused of assault. (S16)
11.00 **Law & Order: Special Victims Unit** 12/23. (S16)
12.00 M'T **Law & Order: Special Victims Unit** 13/23. A victim accuses the wrong man. (S16)
1.00 AM **Ghost Whisperer** (S4)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **CSI** 11-17/25. (S5)
12.00 NOON **CSI** 18/25. (S5)
1.00 PM **Blue Bloods** 7/22. Erin tries to make a teacher testify against his gangster brother. **2.00** 8/22. An incident threatens Jamie's career. **3.00** 11/22. Frank is haunted by an unsolved case. **4.00** 12/22. A Russian mobster's son is murdered. **5.00** 13/22. An undercover agent is shot in Central Park. **6.00** 14/22. Police investigate a suspected kidnapping. (S1)


9.00 Born on the Fourth of July

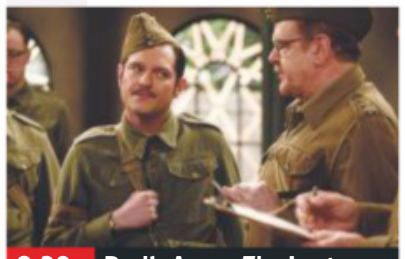
7.00 **Blue Bloods** *Dedication:* 15/22. The Reagans band together to track down a gunman after Frank is injured in a shooting.
8.00 **Blue Bloods** *Age of Innocence:* 16/22. A girl is found murdered outside a hotel hosting a debutante ball. (S1)
9.00 **FILM Born on the Fourth of July** Oliver Stone's fact-based drama starring Tom Cruise as Vietnam veteran turned anti-war campaigner Ron Kovic. With Kyra Sedgwick. (1989, 18, 138min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **Dexter** 9/12. (S4)
12.50 AM **Perry Mason** 2/8. **2.00** New episode 3/8. Maynard Barnes goes public with a new development. (S1)
3.10 **CSI** 15/25. (S5)
4.10 **Storm City**
5.10 **to 6.00** AM **The Guest Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.30 AM **dinnerladies diaries**
8.25 **Only Fools and Horses**
12.20 PM **Only Fools and Horses**
1.00 **Only Fools and Horses** Seven episodes of the comedy, including at: **4.20** Tempers flare between the Trotter brothers as they fall for the same girl. **5.00** Rodney's plans to make a film are spoiled by Del-Boy. **5.40** A millionaire offers Del-Boy a partnership. **6.20** The Trotters dabble in the diamond import business.


8.20 Dad's Army: The Lost...

Only Fools and Horses (started at 6.20pm)
8.20 **Dad's Army: The Lost Episodes** Walker is called up to serve in the regular Army.
9.00 **Still Open All Hours** Granville faces being left alone at Christmas as all his friends make plans. **9.40** Granville has a new idea and branches out into offering fitness classes.
10.20 **Mrs Brown's Boys** Trevor has decided to work for a mission project in Africa.
11.00 **I'm Alan Partridge** Alan has the misfortune of meeting his biggest fan. **11.40** Alan's career takes an upturn when Tony Hayers dies in a bizarre accident.
12.20 **to 4.00** AM **I'm Alan Partridge**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Coronation Street**
7.25 **Emmerdale**
8.55 **Agatha Christie's Marple**
10.55 **Agatha Christie's Poirot**
2.05 PM **Agatha Christie's Marple**
4.05 **Agatha Christie's Poirot** *Death on the Nile*: The Belgian sleuth investigates the murder of an American heiress on board an old steamer in Egypt.
6.10 **Midsomer Murders** *Let Us Prey*: A killer uses ancient torture methods to punish modern-day 'sinners.' Guest stars Rebecca Front.

9.00 Sunday Night at the...

Midsomer Murders (started at 6.10pm)
8.00 **Long Lost Family** A woman looks to put an end to a secret that has haunted her family for more than 50 years.
9.00 **Sunday Night at the Palladium** Stephen Mulhern welcomes Alfie Boe, Little Mix, Alan Davies and Bryan Adams.
10.00 **Deep Water** 6/6. Roz finally decides to confess to Lisa about what happened between her and Wayne. (S1)
11.00 **Agatha Christie's Poirot** *Appointment with Death:* An aristocrat's wife is stabbed to death. Guest stars Tim Curry.
1.00 AM **The Loch**
2.00 **A Touch of Frost**
4.00 **Emmerdale**
5.15 **to 5.40** AM **That's My Boy**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World of Sport**
6.15 **The Professionals**
7.10 **The Car Chasers**
7.55 **Auto Mundial**
8.25 **Junk and Disorderly**
9.25 **The Motorbike Show**
10.30 **The Big Match Revisited**
11.35 **FILM The Train Robbers** Western. (1973, U, 92min) ★★
1.30 PM **FILM Shalako** Western. (1968, PG, 118min) ★★
3.45 **FILM Battle of the Bulge** World War Two drama. (1965, PG, 141min) ★★★

8.00 City Slickers: The...

7.00 **Tour de France ReCycled: Geraint's Tour** Geraint Thomas introduces action from stage nine of the 2018 race.
8.00 **FILM City Slickers: The Legend of Curly's Gold** Comedy Western sequel starring Billy Crystal, Daniel Stern and Jon Lovitz as city dudes who head West in search of hidden gold. With Jack Palance. (1994, 12, 116min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.15 **FILM Cobra** Crime thriller starring Sylvester Stallone. (1986, 18, 87min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Minder** The Daleys move into the high-spending world of corporate hospitality. Guest stars Samantha Womack.
1.05 AM **Take the Tower** With Dolph Lundgren.
2.10 **to 2.45** AM **Only When I Laugh**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **As BBC2 except:**
12.00 NOON **The Service**
12.30 PM **to 7.00** PM **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **Sportscene Classics** New edition A look back at Andy Murray's 2012 Olympic tennis gold medal at the All England club in England.
9.00 **Rise of the Clans** 2/3. Following the rise of Clan Stewart to become Scotland's Royal dynasty.
10.00 **Still Game** 9/9. Jack feels miserable after watching a video of his family, while Winston and Isa grow closer. (S2)
10.30 **Gary: Tank Commander** 5/6. A training exercise is complicated when Gary agrees to pick up a cooker for his father. (S1)
11.00 PM **to 12.00** M'T **Seven Days**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
10.00 **The Crystal Maze**
1.00 PM **The Crystal Maze**
3.00 **Stargate SG-1** Five episodes, including at: **6.00** *Ascension:* 3/22. Carter has a blackout while on a mission. **7.00** *The Fifth Man:* 4/22. Teal'c and Daniel return to the SGC. (S5)
8.00 **Grey's Anatomy** *Give a Little Bit:* 18/20. Meredith battles to keep things under control. (S16)
9.00 **Station 19** *Something About What Happens When We Talk:* A psychologist visits the firefighters. (S3)
10.00 **Blue Bloods** (S10)
11.00 **9-1-1** 7/18. (S3)
12.00 M'T **How to Get Away with Murder** (S6)
1.00 AM **Ross Kemp: Extreme World**
4.00 **Police Ten 7**
5.00 **to 6.00** AM **Wild Vets**

Pick

159 159 895 165 11 144 147

6.00 AM **Border Patrol**
9.00 **Highway Patrol**
10.30 **Highway Cops**
11.30 **LIVE Renault Super Sunday** Burnley v Sheffield United: Kick-off 12.00. *Freesat viewers can only see football on Pick HD.*
2.00 PM **Monkey Life**
6.00 **Monkeys: An Amazing Animal Family** Biologist Patrick Aryee reveals the origins of each of the primate species.
7.00 **Frontline Police**
8.00 **Nothing to Declare**
9.00 **World's Most Evil Killers** Gary Ridgway.
10.00 **Murders That Shocked the Nation** Lord Lucan.
11.00 **Killer in My Village**
12.00 M'T **The Force: North East**
1.00 AM **Banged Up Abroad**
4.00 **to 6.00** AM **Motorway Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Projects**
8.00 **Rick Stein: From Venice to Istanbul**
9.00 **Eat Your Heart Out with Nick Helm**
10.00 **Top Gear**
12.00 NOON **American Pickers**
1.00 PM **Drug Wars**
2.00 **Storage Hunters**
4.00 **Would I Lie to You?**
6.00 **Eddie Eats America**
7.00 **Top Gear**
8.00 **Ross Noble: Off Road** 2/3. Team Noble are in crisis as the challenges mount.
9.00 **Have I Got a Bit More News for You**
10.00 **QI XL** With Sara Cox.
11.00 **Live at the Apollo**
12.00 M'T **Mock the Week**
12.40 AM **Have I Got a Bit More News for You**
1.40 **Dave Gorman: Modern Life Is Goodish**
3.20 **to 4.00** AM **Mock the Week**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Friends**
11.30 **FILM Masters of the Universe** Sci-fi fantasy adventure. (1987, PG, 106min) ★★★
1.30 PM **FILM Paul Blart: Mall Cop** Comedy starring Kevin James. (2009, PG, 91min) ★
3.30 **Friends**
7.00 **FILM Clueless** Satirical comedy starring Alicia Silverstone. (1995, 12, 97min) ★★★★
9.00 **FILM Bad Teacher** Comedy starring Cameron Diaz and Justin Timberlake. (2011, 15, 92min) ★★
11.00 **Utterly Outrageous X-Rated Comedy**
12.00 M'T **FILM Hellboy II: The Golden Army** Comic-book horror fantasy. (2008, 12, 119min) ★★★★
2.05 AM **South Park**
4.15 **to 5.00** AM **Friends**

+1 hour 212 133 119

ITV Be

131 119 179 26 118

7.00 AM **The Real Housewives of Atlanta**
8.50 **Be Beautiful**
9.00 **LittleBe**
12.00 NOON **Buying and Selling**
12.55 PM **Real Housewives of Beverly Hills**
4.30 **The Real Housewives of New York City**
5.15 **Growing Up Chrisley**
6.15 **Bachelor in Paradise** New edition
8.00 **Celebrity Dinner Date** With Casey Batchelor.
9.00 **The Real Housewives of Atlanta** New edition NeNe is confronted about a shady comment.
10.00 **Botched** A transgender woman wants to have her collapsed nose fixed.
10.55 **Atlanta Plastic** A mother-of-four decides it is time for a makeover.
11.55 PM **to 12.50** AM **Married to Medicine: Houston**

+1 hour 231 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Miss Marple**
9.20 **Death in Paradise** (S1)
12.00 NOON **Inspector George Gently** *Gently Liberated*: The detective reopens an old case.
2.00 PM **The Doctor Blake Mysteries** Double bill. (S4)
4.00 **The Coroner** 4/10. A businessman is shot dead in public by a sniper. **5.00** 5/10. A man dies shortly after finding some gold coins. **6.00** 6/10. A man is found dead in a container that has washed up on the beach.

6.00 The Coroner

7.00 **Unforgettable** *We Can Be Heroes:* 7/13. Carrie and Al investigate a missing child case and uncover a grudge. (S4)
8.00 **Reef Break** *Welcome to the Jungle:* 4/13. Cat and Ana Dumont find themselves in a dangerous situation. (S1)
9.00 **Stumptown** *Reality Checks Don't Bounce:* 10/18. Dex is hired by a famous TV judge to help find his brother. (S1)
10.00 **Murdoch Mysteries** *Murdoch and the Cursed Caves:* 5/18. Murdoch's camping adventure goes awry. (S13)
11.00 **Murdoch Mysteries** *The Philately Fatality*: Murdoch investigates the murder of a man with a collection of unusual stamps.
12.00 M'T **The Doctor Blake Mysteries** Double bill.
2.25 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **FILM 2012: Ice Age** Drama. (2011, 12, 87min) ★
8.00 **Teleshopping**
11.00 **FILM Battle of Los Angeles** Thriller. (2011, 12, 105min) ★
1.00 PM **FILM San Andreas: Mega Eruption** Sci-fi adventure starring Matthew Atkinson. (2017, PG, 99min) ★★★
3.00 **FILM My Pet Dinosaur** Adventure with Jordan Dulieu. (2017, PG, 98min) ★★
5.00 **FILM Cloudy with a Chance of Meatballs** Animation. (2009, U, 89min) ★★★

6.50 Goosebumps

6.50 **FILM Goosebumps** Fantasy adventure starring Jack Black and Dylan Minnette. A teenager accidentally releases the monsters in a popular series of books into the real world to cause chaos. (2015, PG, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **FILM Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. With Gabrielle Union and Joe Pantoliano. (2003, 15, 147min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 **Spides** 3/8. Peter steals some documents. (S1)
12.50 AM **The Leftovers** (S1)
3.10 **Fact or Faked: Paranormal Files** Truck-stop apparitions.
4.00 **to 6.00** AM **FILM 100 Degrees Below Zero** Disaster drama. (2013, 12, 89min) ★

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.05 AM **Flip or Flop**
6.30 **Tipping Point**
10.30 **Doctor Who** 12&13/13. (S5)
12.35 PM **Doctor Who**
2.00 **Doctor Who** 1/13. The Time Lord meets Richard Nixon. **3.00** 2/13. The Doctor launches a revolution. **4.00** 3/13. The TARDIS lands on board a pirate ship. (S6)
5.00 **Outnumbered** The Brockmans attend a funeral. **5.40** Sue grows tired of the boys' attitude to housework. **6.20** Karen attends a sleepover.

7.00 Amazing Hotels: Life...

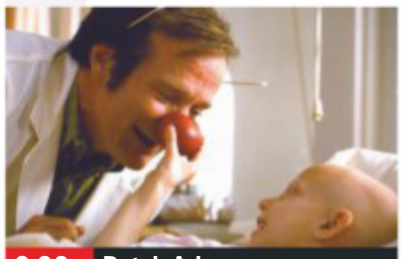
7.00 **Amazing Hotels: Life Beyond the Lobby** Giles Coren and Monica Galetti work in Icehotel in Jukkasjarvi, Sweden.
8.00 **One Born Every Minute** A couple who went through years of fertility treatment await a C-section.
9.00 **One Born Every Minute Australia** How midwives support each other and the couples during the birthing processes.
10.00 **Inside the Ambulance** Joel and Nic treat a man who's fallen from a ladder while wielding a hedge trimmer.
11.00 **Inside the Ambulance** Mick and Rachel help a stunt driver.
12.00 M'T **One Born: What Happened Next?**
1.00 AM **The World According to Kids**
1.50 **Top Chef**
2.35 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121 | 320 385

8.00 AM **Everybody Hates Chris**
9.30 **The Mindy Project** (S5)
12.00 NOON **The Mindy Project**
12.30 PM **The Mindy Project** (S6)
1.00 **The Mindy Project** (S6)
1.30 **Parks and Recreation** Eleven episodes, including at: **5.30** 21/22. Andy decides to retire from the band. **6.00** 22/22. A campaign is launched to have Leslie removed from office. (S5) **6.30** 1/22. Ben and Andy try to get a grant from a wealthy Englishman. (S6)



9.00 Patch Adams

7.00 **FILM HouseSitter** Romantic comedy starring Steve Martin and Goldie Hawn. A kooky waitress moves into an architect's dream house and pretends to be his wife. (1992, PG, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **FILM Patch Adams** Fact-based comedy drama starring Robin Williams as an unorthodox medical student at odds with the establishment for his use of laughter as therapy. (1998, 12, 115min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.15 **Chris Rock: Never Scared** The comedian scrutinises America's rich and famous.
12.55 AM **Chris Rock: Kill the Messenger** Compilation from the comedian's shows.
2.35 **Parks and Recreation**
3.05 **The Mindy Project** (S5)
4.00 **to 6.00** AM **Everybody Hates Chris**

+1 hour 113 113 813 | 122 121 | 320 385

FOX

124 124 821 | 157 199

8.00 AM **Bull** (S2)
11.00 **Bones** (S10)
1.00 PM **The Mentalist** 8/24. A policewoman is murdered. **2.00** 9/24. A former football star survives a car bomb. **3.00** 10/24. Jane reverts to his former con-artist self. (S4)
4.00 **Bones** 9/22. The remains of a psychology professor are found scattered around town. **5.00** 10/22. A special 200th episode set in Hollywood. **6.00** 11/22. A dead body is discovered in a tree. (S10)

7.00 NCIS: New Orleans

7.00 **NCIS: New Orleans** *Vindicta:* 11/24. The team go after a secret group of former intelligence agents. (S5)
8.00 **NCIS** *Daughters:* 24/24. Ex-FBI agent Tobias Fornell pleads with Gibbs to take down drug dealers in the area. (S16)
9.00 **Emergence** *Applied Sciences:* 11/13. Piper is intent on saving Benny from Helen's mysterious mission. (S1)
10.00 **American Dad!** Stan and Steve enter an e-sports game tournament. (S16)
10.30 **Family Guy** 6/23. Joe's son returns. (S10)
11.00 **Brockmire** 8/8. Artificial intelligence attempts to take over baseball. (S4)
11.30 **Family Guy** (S10)
12.00 M'T **Family Guy** (S10)
12.30 AM **Family Guy** (S10)
2.30 **American Dad!** (S2)
4.00 **to 5.00** AM **Bull**

+1 hour 224 158

Sunday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **4.00** *Threshold of Fear*: Guest stars Cynthia Nixon and David Soul. **5.00** *The Big Kill*: A corporate rescue bid results in murder. **6.00** *Dead to Rights*: Jessica defends a pathological liar. **7.00** *A Virtual Murder*: Jessica thinks she has witnessed a murder. **8.00** *Bloodlines*: Jessica unravels the death of her friend. Guest stars Mickey Rooney.
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **Hart to Hart**
2.50 **Sony Movie News Extra**
3.00 **M*A*S*H**
3.30 **Touched by an Angel**
5.00 **Sony Movie News Extra**
5.10 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 123 156

6.00 AM **I Am La Scala**
7.00 **Tales of the Unexpected**
9.15 **Il Volo with Placido Domingo: A Tribute to the Three Tenors**
11.30 **Hamilton: One Shot to Broadway**
1.00 PM **The Eighties**
3.00 **Alicia Keys: Live at Baloise Session**
5.00 **Festival No 6**
6.30 **Pink Floyd – Live at Pompeii**
7.45 **Oasis Live at Barrowlands** A 2001 concert by the band.
9.00 **NEW Billie Eilish: Austin City Limits** A performance by the pop singer-songwriter.
10.15 **Isle of Wight Festival Greatest Hits** Amy Winehouse in 2007. **10.45** George Ezra. **11.15** Kings of Leon. **11.45** Simple Minds. **12.15** AM The Specials.
1.15 **to 6.00** AM **Discovering**

4seven

137 143 203 47 127

9.00 AM **Couples Come Dine with Me** Double bill.
11.00 **A Place in the Sun**
1.00 PM **A Place in the Sun**
4.00 **Ramsay's Kitchen Nightmares USA**
6.00 **Ramsay's Kitchen Nightmares USA** The chef revisits restaurants he has helped. **7.00** A failing cafe in Philadelphia. **8.00** The chef travels to Flamangos restaurant in Whitehouse, New Jersey.
9.00 **Grand Designs** A couple build a unique family house in the rural hills of Pembrokeshire.
10.00 **Celebrity Gogglebox** A rolling cast of famous faces appraise the week's television.
11.05 **FILM Touching the Void** Dramatised documentary. (2003, 15, 106min) ★★★★★
1.15 AM **How to Build British: Bentley**
2.15 **to 4.45** AM **Four in a Bed**

5USA

141 141 153 21 129

9.00 AM **Murder, She Wrote**
10.00 **Columbo: A Friend In Deed** Murder mystery.
12.00 NOON **Columbo: Murder with Too Many Notes** Detective thriller.
1.55 PM **Columbo: Grand Deceptions** Mystery.
3.55 **Columbo: Murder, Smoke and Shadows**
5.55 **Columbo: Suitable for Framing** Mystery.
7.25 **Columbo: The Most Crucial Game** Drama.
9.00 **Law & Order: Criminal Intent** *Betrayed:* 13/22. A writer's husband disappears. (S7)
10.00 **Law & Order: Special Victims Unit** *Depravity Standard:* 9/23. Barba relies on old evidence as he seeks to prosecute a child abductor. (S17)
10.55 **Law & Order: Special Victims Unit** (S16)
1.45 AM **Remington Steele**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun** 16/26. (S2)
8.20 **Two and a Half Men**
10.05 **Can't Pay? We'll Take It Away!** Triple bill.
1.00 PM **Can't Pay? We'll Take It Away!** Triple bill.
4.00 **Nightmare Tenants, Slum Landlords**
8.00 **FILM Steel Magnolias** Comedy drama starring Sally Field, Shirley MacLaine and Julia Roberts. (1989, PG, 115min) ★★★★
10.25 **FILM Erin Brockovich** Fact-based drama starring Julia Roberts and Albert Finney. (2000, 15, 133min) ★★★★
1.05 AM **FILM The Secret in Their Eyes** Thriller starring Ricardo Darín and Soledad Villamil. Subtitled. (2009, 18, 129min) ★★★★
3.10 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **The Bill**
11.00 **Bramwell**
12.00 NOON **Catherine Cookson's Tilly Trotter**
4.05 PM **A Place to Call Home** Double bill.
6.05 **Keeping Up Appearances**
7.20 **Keeping Up Appearances** Hyacinth plans a special supper.
8.00 **Death in Paradise** *Damned If You Do:* 3/8. The president of the local military re-enactment society dies mid-battle. (S4)
9.20 **Harrow** *Pater Familias:* 10/10. The doctor comes face to face with his greatest fears. (S2)
10.20 **Taggart** *Fallen Angels:* Three children and their father are found dead.
11.20 **Silent Witness**
1.40 **to 4.00** AM **A Place to Call Home**

+1 hour 243 226

CBS Drama

147 197 67 134

7.30 AM **The Key of David**
8.00 **Teleshopping**
9.00 **Father Dowling Mysteries**
2.00 PM **Unsolved Mysteries**
6.00 **Matlock** *Mr Awesome:* 18/22. Conrad asks Matlock to defend a waitress who is accused of murder. **7.00** *The Evening News – Part One*: 19/22. Matlock defends a man who is accused of murdering a co-worker after being fired. **8.00** *The Evening News – Part Two*: 20/22. The real killer is found – and then murdered. **9.00** *The Assassination – Part One*: 21/22. The mayor is assassinated. **10.00** *The Assassination – Part Two*: 22/22. Matlock joins forces with Leanne. (S6)
11.00 **CSI: Miami**
4.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **Tomorrow's World**
9.00 **Diagnosis Murder**
11.00 **Perry Mason**
2.15 PM **NCIS**
7.00 **Scorpion** *Gator Done:* Team Scorpion head to the bayou to track down a cagey alligator. **8.00** *Foul Balls:* The team use their IQs to win a softball game. (S4)
9.00 **NCIS: Los Angeles** *Familia:* 24/25. The team tries to find out why Hetty resigned. (S2) **10.00** *Lange, H:* 1/24. The team visit Romania. **11.00** *Cyber Threat:* 2/24. The CEO of a company is kidnapped. **12.00** M'T *Backstopped:* 3/24. Sam goes undercover as a bomb specialist.
12.55 AM **NCIS: Los Angeles**
1.50 **Perry Mason**
4.45 **Mission: Impossible**
5.35 **to 6.00** AM **Dog Patrol**

+1 hour 69

Challenge

160 164 46 146

7.00 AM **The Chase**
9.00 **Wheel of Fortune** With Nicky Campbell.
11.30 **Catchphrase** Game show in which contestants try to deduce everyday phrases and sayings from visual clues.
1.00 PM **Bruce's Price Is Right** Bruce Forsyth invites audience members to come on down and compete for prizes including cars.
2.00 **Bruce Forsyth's Play Your Cards Right** Game show in which host Bruce Forsyth offers contestants the chance to win big cash prizes on the turn of a card.
3.00 **Pointless** Quiz hosted by Alexander Armstrong.
5.00 **The Chase** Quiz show with Bradley Walsh.
11.00 **Classic Who Wants to Be a Millionaire?**
2.00 **to 6.00** AM **The Chase**

Comedy Central Extra

127 182 308

6.00 AM **Friends**
7.00 **Teleshopping**
9.00 **Bob's Burgers**
2.05 PM **Everybody Loves Raymond**
7.00 **Friends** 4/25. Phoebe is an unpopular choice as Joey's agent. **7.30** 17/25. Ross and Rachel's separation begins to cause friction among the pals. (S3) **8.00** 6/24. Ross disagrees with Rachel's choice of nanny. (S9)
8.40 **Friends**
11.10 **The Ricky Gervais Show** Double bill of the offbeat podcast.
12.10 AM **Bob's Burgers**
1.05 **Lee Evans Live from the West End**
2.35 **Now That's Funny!**
4.10 **Most Ridiculous Adrenaline Junkies**
4.30 **Most Ridiculous Sports**
4.55 **to 6.00** AM **The Middle**

+1 hour 227

Sky Documentaries

114 114 814 277 353 368

6.00 AM **The Directors**
9.00 **Discovering**
12.00 NOON **Discovering**
1.00 PM **Discovering**
2.00 **My Icon**
2.20 **King's Point**
3.05 **Maralinga**
4.10 **Women of Troy**
5.20 FILM **Dinosaur 13** The story of one of history's greatest dinosaur discoveries. (2014, PG, 95min) ★★★★
7.05 FILM **Project Nim** Documentary. (2011, 12, 99min) ★★★★
9.00 FILM **Listen to Me Marlon** Portrait of Marlon Brando. (2015, 15, 100min) ★★★
11.00 **Ferrari: Race To Immortality**
12.45 AM FILM **Everything Is Copy** Documentary. (2015, 12) ★★★★
2.30 **Hillary**
3.45 **My Icon**
4.00 **to 6.00** AM **Too Young to Die**

Sky Nature

130 130 893 279 385 372

6.00 AM **Ol Pejeta Diaries**
7.00 **Volcanic Odysseys**
1.00 PM **Volcanic Odysseys** New edition
2.00 **Secrets of Wild Australia** Four editions.
6.00 **David Attenborough's Conquest of the Skies**
7.00 NEW **Bear: Koala Hero** A dog helping rescue injured koalas from burnt-out bushland.
8.00 NEW SERIES **Wild Tales from the Farm** Drama, friendship and rivalry on a British farm.
9.00 **Dogs: An Amazing Animal Family**
10.00 **Bear: Koala Hero**
11.00 **David Attenborough's Conquest of the Skies**
12.00 M'T **Wild Tales from the Farm** As 8.00pm.
1.00 AM **Into the Wild: India**
2.00 **Brazil Untamed**
3.00 **Dogs: An Amazing...**
4.00 **to 6.00** AM **Great Blue Wild**

E!

151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians** Six editions, including at: **5.00** Part one of two. Kris takes her family on a surprise holiday. **6.00** Part two of two. The family holiday in Vail continues.
7.00 **Botched** A drag queen seeks to rejuvenate his breast implants. **8.00** A cosplayer hopes to make her body more comical.
9.00 **Hollywood Medium with Tyler Henry** Hollywood's go-to medium shares his gift.
11.00 **True Hollywood Story**
12.00 M'T **Very Cavallari**
1.00 AM **The Platinum Life**
2.00 **Teleshopping**
3.00 **Famously Single**
4.00 **to 5.00** AM **Revenge Body with Khloe Kardashian**

Food Network

140 285 41 148

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **The Pioneer Woman**
11.00 **Barefoot Contessa – Back to Basics**
1.00 PM **Barefoot Contessa – Back to Basics**
1.30 **Rachel Khoo: My Swedish Kitchen**
2.00 **Rachel Allen's Cake Diaries** Double bill.
3.00 **James Martin: Home Comforts** Double bill.
5.00 **The Hairy Bikers' Food Tour of Britain**
7.00 **Nigel Slater's Real Food Show** Double bill.
8.00 **Rachel Khoo's Simple Pleasures** Double bill.
9.00 **Paul Goes To Hollywood** Doube bill.
11.00 **Diners, Drive-Ins and Dives** New edition
11.30 **Diners, Drive-Ins...**
12.00 M'T **Mystery Diners**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Police Patrol**
11.35 **Little Women: Atlanta**
3.15 PM **Bring It!**
5.10 **Dance Moms** Gia, Nina and Sarah battle it out for a chance to land solos at nationals. **6.05** Abby choreographs her most personal group dance yet. **7.00** A group routine piles on the pressure as the ALDC head to nationals. **8.00** Jai Rodriquez rounds up the cast to set the record straight. **9.00** The most shocking, hilarious and touching moments from all of *Dance Moms'* history.
10.00 FILM **Oscar Pistorius: Blade Runner Killer** True-life drama. (2017, 12, 90min) ★★
11.45 **Little Women: Atlanta**
3.30 **to 4.00** AM **Police Patrol**

Paramount Network

150 187 150 31 132

9.10 AM **Thieves & Thugs: Caught On Camera**
10.15 **Police Interceptors**
1.15 PM **Police Interceptors**
3.15 FILM **In Old California** Western. (1942, b/w, PG, 88min) ★★
5.05 FILM **The Tall T** Action-packed Western. (1957, PG, 78min) ★★
6.45 FILM **The Bridge at Remagen** Drama with George Segal and Robert Vaughn. (1968, PG, 116min) ★★★
9.00 FILM **F/X – Murder by Illusion** Thriller starring Bryan Brown. (1985, 15, 103min) ★★★
11.15 FILM **The Shooter** Action thriller starring Dolph Lundgren and Maruschka Detmers. (1995, 18, 101min) ★
1.25 AM **19-2**
3.20 **Street Hawk**
5.00 **Now That's Funny!** (S2)
5.50 **to 6.00** AM **Access**

+1 hour 250 94

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
11.00 **Highway Patrol**
12.00 NOON **Highway Cops**
1.00 PM **Brit Cops: Law & Disorder**
3.00 **Road Wars**
6.00 **Snapped**
7.00 **Britain's Most Evil Killers** Double bill.
9.00 **A Killer Uncaged** New edition Series following a convicted killer's reintroduction into society.
9.45 **Killer Families** Documentary exploring what happens when family feuds turn fatal.
10.50 **The Cambridge Rapist** The eight-month search for Peter Cook in 1974.
11.55 **World's Most Evil Killers** Double bill.
2.00 AM **Motive for Murder**
3.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

CBS Reality

146 148 66 135

7.00 AM **My Perfect Eyes**
7.30 **Tomorrow's World**
8.00 **The Key of David**
8.30 **The Lord's Challenge**
9.00 **Judge Judy**
5.00 PM **Egg Factor** New edition Documentary series following people trying to start families.
6.00 **Airline**
7.00 **Medical Detectives**
8.00 **Uncovering Melanie's Murderer** How DNA profiling can enhance traditional investigative techniques.
9.00 **Ice Cold Killers** The hunt for Charles Sinclair, a cross-country killer. **10.00** The manhunt for a suspected serial killer.
11.00 **Teens Who Kill**
1.00 AM **Ice Cold Killers**
3.00 **I Survived**
3.50 **Unsolved Mysteries**
5.10 **to 6.00** AM **Bondi Rescue**

+1 hour 246 71 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In Dorset.
7.00 **Teleshopping**
8.00 **DIY SOS: The Big Build**
10.00 **DIY SOS**
11.00 **Antiques Road Trip**
4.00 PM **A Place in the Sun: Summer Sun**
6.00 **A Place in the Sun**
7.00 **A Place in the Sun: Summer Sun** An academic looks for a property on the Croatian island of Hvar.
8.00 **Ambulance**
9.00 **Embarrassing Bodies** The physical effects of heavy drinking and risky behaviour.
10.00 **Dr Pimple Popper** Nick unwisely removed a lipoma at home.
11.00 **Helicopter ER**
12.00 M'T **Kings Cross ER**
1.00 AM **Road Cops**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze

164 216 63 162

6.00 AM **Ancient Aliens**
8.00 **UFO**
10.00 **UFO Hunters**
12.00 NOON **Secret Access: UFOs Off the Record**
2.00 PM **Storage Wars: Texas** Ten editions.
7.00 **Ozzy & Jack's American Road Trip** The duo visit Cuba.
8.00 **Captain Cook's Pacific with Sam Neill** Captain Cook's first interactions with the Maori people.
9.00 **Search for the Lost Giants** Giant skeletons.
10.00 **Barbarians Rising**
11.05 **Inside Area 51's Secrets**
12.05 AM **UFOs: The Untold Stories**
1.05 **UFO Hunters**
2.00 **Parking Wars**
3.00 **Swamp People**
4.00 **WW2 Treasure Hunters**
5.00 **to 6.00** AM **American Restoration**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: Atlanta**
10.00 **Say Yes to the Dress**
1.00 PM **Say Yes to the Dress** Four editions.
3.00 **Say Yes to the Dress: UK** Four editions.
5.00 **Dr Pimple Popper**
6.00 **OutDaughtered**
7.00 **90 Day Fiancé** A look back at the series' biggest breakups.
8.00 **90 Day Fiancé: Before the 90 Days** People in online relationships prepare to meet in person.
9.00 **90 Day Fiancé** New edition The dramatic story of Tania and Syngin's relationship.
12.00 M'T **Love After Lock Up**
1.00 AM **90 Day Fiancé** As shown at 9.00pm.
4.00 **Love After Lock Up**
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hour 233 172

5SELECT

153 152 54 133

9.05 AM **Criminals: Caught on Camera**
9.25 **The Gadget Show**
10.25 FILM **An Inspector Calls** Drama. (1954, b/w, PG, 79min) ★★★★
12.05 PM FILM **Twice Round the Daffodils** Comedy with Juliet Mills. (1962, b/w, PG, 89min) ★★★
2.00 **Walking Britain's Lost Railways** Six editions.
7.55 **Mega Containers: Shipping the World**
9.00 FILM **Dead Man Walking** Oscar-winning prison drama based on a true story, starring Susan Sarandon. (1995, 15, 122min) ★★★★★
11.35 **The Secret World of Your Rubbish**
12.35 AM **The Dog Rescuers with Alan Davies**
2.30 **The Dog Rescuers at Christmas**
3.30 **Criminals: Caught on Camera** CCTV footage.
3.55 **to 4.00** AM **Access**

Quest

144 144 831 169 12 114 172

6.00 AM **Outback Pilots**
7.00 **Chasing Classic Cars**
8.00 **Vintage Voltage**
9.00 **Salvage Hunters: The Restorers**
10.00 **EFL on Quest**
11.30 **Wheeler Dealers: Stripped Down**
12.00 NOON **Find It, Fix It, Flog It**
1.00 PM **The Repair Shop**
3.00 **Born Mucky**
4.00 **Border Control: Spain**
5.00 **Chasing Classic Cars**
6.00 **Plane Reclaimers**
7.00 **Salvage Hunters**
8.00 **Salvage Hunters: The Restorers**
9.00 **The Repair Shop**
10.00 **Aussie Gold Hunters**
11.00 **NASA's Unexplained**
12.00 M'T **Mummies Unwrapped**
1.00 AM **What On Earth?**
2.00 **American Chopper**
3.00 **to 6.00** AM **Highlights**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **Bondi Vet**
9.00 **My 600lb Life: Where Are They Now?**
11.00 **My 600lb Life**
1.00 PM **Disappeared**
2.00 **Say Yes... UK**
3.00 **Say Yes... Australia**
6.00 **Long Island Medium**
7.00 **How to Look Good Naked** With Gok Wan.
8.00 **Hoarding: Buried Alive**
9.00 **Born to Kill?** Serial killer Aileen Wuornos.
10.00 **My 3000lb Family**
11.00 **The 50 Stone Man: Shocking Story**
12.00 M'T **Crime Stories**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Wheeler Dealers**
12.00 NOON **Mighty Ships** An exploration of the *Yasin Bey*.
1.00 PM The *MSC Oscar*.
2.00 The *Norrona* ferry.
3.00 MSC Cruises' vessel, *The Meraviglia*.
4.00 Heavy-lift pipe-laying vessel, *Sapura 3500*.
5.00 The *Edda Freya*, which repairs and replaces gas platform pipelines.
6.00 Legends of the Wild Kangaroos are mysteriously being mauled in Victoria.

7.30 How Do Animals Do That

7.00 How Do Animals Do That Whether wolves are smarter than dogs.
7.30 If woodpeckers get headaches.

8.00 Monsters of the Abyss Richie Kohler and Evan Kovacs investigate the World War Two sinking of U-boat 85 near Scotland, focusing on claims that it was attacked by a mysterious sea creature.

10.00 In Search of Monsters Paranormal investigators reveal a bold new theory about the origins of the legendary Wendigo.

11.00 Strange World Christopher Garetano seeks closure to his own nightmares as he investigates the phenomena that haunts our world at night.
12.00 M'T **Mysteries of the Deep**
1.00 AM **Monsters of the Abyss**
3.00 UFOs: The Lost Evidence
5.30 to 6.00 AM **How It's Made**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **My Cat from Hell**
12.00 NOON **The Zoo**
4.00 PM **Nature's Strangest Mysteries: Solved** How spiders were able to cover an entire town in webs overnight.
4.30 Including why the fish crossed the road, and what creatures are breaking into thousands of cars every year.
5.00 The Zoo A sea lion falls ill after eating a foreign object.
6.00 Saved By the Barn The team hosts a car wash to raise money for cows and donkeys.

9.00 Homestead Rescue

7.00 Alaska: The Last Frontier Otto surveys the condition of his rusting barge after it has spent the winter in drydock.

8.00 Alaskan Bush People When an ostrich lays its first egg, the Brown siblings rush to work out how to incubate it.

9.00 Homestead Rescue The Raneys help the Johnson family, who have no drinking water or food sources.

10.00 Amanda to the Rescue Amanda rescues three dogs from the California wildfires, including a pregnant Chihuahua.

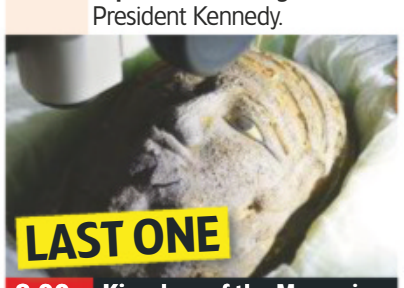
11.00 My Cat from Hell Jackson Galaxy examines and tries to tame aggressive cat Symone, which launches into an attack whenever it hears owner Kelly laughing or crying.
12.00 M'T **My Cat from Hell**
4.40 AM **How Do Animals Do That**
5.10 to 6.00 AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Nazi Attack on America**
9.00 Seconds from Disaster
11.00 Nazi Megastructures: America's War Double bill.
1.00 PM **9/11: I Was There** The stories of people caught up in the terrorist attacks.
2.00 Inside 9/11 Recalling the 11 September attacks of 2001.
3.00 The terror attack on the Pentagon.
4.00 Apollo: Back To The Moon
6.00 JFK: The Lost Assassination Tapes The shooting of President Kennedy.



8.00 Kingdom of the Mummies

7.00 JFK: The Lost Bullet Re-examining the film that captured John F Kennedy's assassination in Dallas, Texas.

8.00 Kingdom of the Mummies Series finale Dr Ramadan Hussein and his team find two priests buried side by side.

9.00 Lost Cities with Albert Lin The explorer visits the site of Petra in Jordan, investigating the ancient civilisation that built it.

10.00 Apocalypse: Cold War How the Allied powers became ideologically opposed in the aftermath of World War Two.

11.00 Apocalypse: Cold War The key events of 1947, as Mao Zedong establishes his totalitarian reign.
12.00 M'T **Apocalypse: Cold War**
2.00 AM **Ultimate Airport Dubai**
3.00 Car S.O.S
4.00 to 5.00 AM **Cosmos: Possible Worlds**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **Highway Thru Hell**
8.00 Storage Wars
11.00 Eating History
12.00 NOON **The Curse of Oak Island: Top 10 Countdown**
1.00 PM **Pawn Stars** Five editions of the series, including at:
4.00 Rick hopes to get his hands on a rare war relic.
5.00 Rick gets hold of Kareem Abdul-Jabbar's prized personal memorabilia.
6.00 Secrets in the Ice The discovery of frozen remains of a woolly mammoth.

6.00 Secrets in the Ice

7.00 Ancient Impossible Taking a look at the technology behind the ancient Greeks' Trireme war vessels.

8.00 Ancient Impossible How oil was obtained without modern drills, and how a bridge was built across the Rhine in just 10 days.

9.00 Washington New edition How new commander-in-chief George Washington tackled the difficult task of defeating the world's most seasoned army – the British.

11.00 The Real Vikings Actors Clive Standen and Maude Hirst explore the pagan beliefs and warrior culture of the Vikings.
12.00 M'T **Hitler's War**
1.00 AM **Washington** As 9.00pm.
3.00 Secrets in the Ice
4.00 to 6.00 AM **Ancient Impossible**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **The Churchills**
8.00 Nazi Murder Mysteries
9.00 The Day When Churchill Chose War Recreations of pivotal moments in history.
10.00 World War Weird
1.00 PM **The Architecture The Railways Built** Six editions of the series, including at:
5.00 Tim Dunn follows his family's roots by exploring Metroland.
6.00 Tim explores the disused tube station Down Street in Mayfair.

10.00 Auf Wiedersehen, Pet

7 PM

7.00 The Architecture The Railways Built Tim Dunn visits the Netherlands to learn more about Amsterdam Centraal.

8 PM

8.00 'Allo 'Allo! The British send their finest secret agent to René's cafe.
8.40 Rene and Geering are mistaken for an ammunition convoy and targeted by the Resistance.
9.20 Monsieur Alphonse wants to duel with pistols to win Edith's hand.

9 PM

10 PM

10.00 Auf Wiedersehen, Pet *Love and Other Four-Letter Words:* 12/13. Dennis's wife reveals she is visiting Germany. (S1)

11.00 Auf Wiedersehen, Pet *When the Boat Goes Out:* 13/13. Work on the site ends with a bang as Barry's bike explodes, destroying most of the lads' possessions. (S1)
12.00 M'T **Secrets of the Solar System** A mission to Pluto.
1.00 to 3.00 AM **The Churchills**

+1 hour 255 200 75

Disc. History

171 257

6.00 AM **Prehistoric**
8.00 Expedition Unknown
10.00 Extreme Engineering
1.00 PM **Extreme Engineering**
6.00 Planes That Changed the World A look at the Airbus A380, a double-decked aircraft that is designed to carry 800 passengers..
7.00 A look at pioneering aircraft.
8.00 A look at the SR-71 Blackbird.
9.00 Aircrash Confidential Revolutionary airplane, the Airbus A320.
10.00 A 1985 plane crash in Canada in which 256 passengers died.
11.00 World War II: Witness to War Double bill.
1.00 AM **Edge of War**
2.00 Gunslingers
3.00 to 6.00 AM **Code of the Wild**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **Spying on Animals**
10.00 Ten Deadliest Snakes with Nigel Marven
12.00 NOON **Life on Earth: A New Prehistory**
3.00 PM **Spying on Animals**
4.00 Ten Deadliest Snakes with Nigel Marven
6.00 Life on Earth: A New Prehistory Revolutionary discoveries in the field of palaeontology.
7.00 How the discovery of feathered fossils overturned theories about the origins of birds.
8.00 New insight into the evolution of mammals.
9.00 Spying on Animals
10.00 Ten Deadliest Snakes with Nigel Marven
12.00 M'T **Life on Earth: A New Prehistory**
5.30 to 6.00 AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Monster Fish**
12.00 NOON **Snakes in the City** Triple bill.
3.00 PM **Ten Deadliest Snakes with Nigel Marven** Double bill.
5.00 Search for King Cobra
6.00 Cobra Mafia
7.00 America's Super Snake
8.00 Snake Underworld Rock star Henry Rollins examines America's secret snake subculture.
9.00 World's Deadliest: Shark Frenzy! Footage of dangerous sharks.
10.00 Legend of the Giant Squid A look at the ocean giants thriving in Antarctica.
11.00 World's Deadliest Whale Killer whales.
12.00 M'T **When Sharks Attack: Best Of**
2.00 AM **Snakes in the City**
4.00 to 5.00 AM **Ten Deadliest Snakes with Nigel Marven**

Sky History 2

163 163 894 272 330 390

8.00 AM **Lost Worlds**
9.00 Patton 360
10.00 Empire Builders
12.00 NOON **Shaun Ryder on UFOs** Four editions.
4.00 PM **Ancient Assassins**
6.00 Ancient Aliens Strange stone structures on New England's landscape.
7.00 The depiction of serpent gods in religious texts.
8.00 Concorde: From Triumph to Tragedy Part two of two. BA's attempts to make the aircraft profitable.
9.00 9/11 Inside Air Force One The events of 11 September, 2001, from inside Air Force One.
11.00 History's Most Notorious
12.00 M'T **Ancient Aliens**
2.00 AM **Concorde: From Triumph to Tragedy**
3.00 to 5.00 AM **Empire Builders**

PBS America

174 273 91 155

8.00 AM **The First World War from Above**
9.20 WWI Tunnels of Death: The Big Dig
11.40 The First World War from Above
1.00 PM **Beautiful Serengeti**
1.35 This Is Greece
7.20 WWI Tunnels of Death: The Big Dig Part one of two. Archaeologists explore the battlefields near Messines in Belgium.
8.35 Part two of two. A camera is sent more than 60ft down a German mineshaft.
9.40 The First World War from Above Fergal Keane examines aerial film of the conflict.
11.00 WWI Tunnels of Death: The Big Dig As 7.20pm.
12.15 AM As 8.35pm.
1.30 to 2.00 AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 Unusual Suspects
10.00 Murder for Hire
11.00 A Killer's Mistake
12.00 NOON **Homicide Hunter** Double bill.
2.00 PM **The First 48**
3.00 Cruise Ship Killers
7.00 Homicide Hunter
8.00 Crimes That Shook Britain Recalling the tragic case of five-year-old April Jones.
9.00 The Jail: 60 Days In
10.00 Buried in the Backyard
11.00 Accused: Guilty Or Innocent?
12.00 M'T **Jo Frost on Britain's Killer Kids**
1.00 AM **Kids Who Kill: Evil Up Close**
2.00 Crimes That Shook Britain
3.00 The First 48
4.00 to 6.00 AM **Homicide Hunter**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SUNDAY Films

Sunday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Beyond the River** Drama. (2017, 12, 113min) ★★★
8.00 **PREMIERE Sprinter** As 8pm.
10.00 **Frozen II** As 6.15pm.
11.50 **Jay and Silent Bob Reboot** Comedy starring Kevin Smith. (2019, 15, 105min) ★★
1.40 PM **Downton Abbey** Drama, as shown at 10.00pm.
3.45 **The Goldfinch** Drama. (2019, 15, 149min) ★★★
6.15 **Frozen II** Animated sequel. (2019, U, 103min) ★★★★

8.00 Sprinter

8 PM

8.00 **PREMIERE Sprinter** Drama starring Lorraine Toussaint and David Alan Grier. After being separated from his mother, a boy looks set to be Jamaica's next track-and-field sensation. (2018, 15, 114min) ★★★ *See review, page 22*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **Downton Abbey** Drama based on the TV series starring Hugh Bonneville and Maggie Smith. The Crawley family prepare for a royal visit. (2019, PG, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.15 AM **The Goldfinch** As shown at 3.45pm.
2.45 **Blood on Her Name** Thriller starring Bethany Anne Lind. (2019, 15, 85min) ★★★
4.15 **to 6.00** AM **Strike** Animated adventure. (2018, PG, 100min) ★★★

Sky Cinema Disney

305 305 846 405 505

7.20 AM **The Aristocats** As 1.35am.
8.50 **Brother Bear** As 3.05am.
10.25 **Mary Poppins Returns** Musical fantasy, as 5.45pm.
12.40 PM **Ralph Breaks the Internet** Animated adventure. (2018, PG, 112min) ★★★★
2.40 **Dumbo** Animation. (1941, U, 64min) ★★★★★
3.55 **Tangled** As 11.45pm.
5.45 **Mary Poppins Returns** Musical starring Emily Blunt. (2018, U, 130min) ★★★★

5.45 Mary Poppins Returns

8.00 **The Princess and the Frog** Animation with the voices of Anika Noni Rose and Bruno Campos. In 1920s New Orleans, a waitress and a penniless prince get turned into frogs by a voodoo doctor. (2009, U, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.50 **Return to Oz** Fantasy sequel to *The Wizard of Oz*, starring Fairuza Balk. Dorothy returns to help from her friends in Oz. (1985, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **Tangled** Animated musical featuring the voices of Mandy Moore and Zachary Levi. (2010, PG, 100min) ★★★★
1.35 AM **The Aristocats** Disney animated musical adventure. (1970, U, 78min) ★★★★★
3.05 **Brother Bear** Disney animated adventure. (2003, U, 85min) ★★★
4.35 **Dumbo** As 2.40pm.
5.50 **to 7.50** AM **Return to Oz** Fantasy sequel, as 9.50pm.

Sky Cinema Family

306 306 847 406 506

7.25 AM **Herbie Goes to Monte Carlo** As shown at 4.30am.
9.20 **Mission: Panda** Animation. (2019, PG, 84min) ★
11.00 **Babe: Pig in the City** As 6pm.
12.50 PM **Four Kids and It**
2.50 **The Emperor's New Groove** Animation. (2000, U) ★★★
4.20 **Dr Seuss' The Lorax**
6.00 **Babe: Pig in the City** Drama. (1998, U, 96min) ★★★★
7.50 **Monster Family** Animation. (2017, PG, 96min) ★★

7.50 Monster Family

Monster Family (film started at 7.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Four Kids and It** Fantasy starring Matthew Goode. A group of children on holiday in Cornwall meet a magical creature on the beach with the power to grant wishes. (2020, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.35 **Dr Seuss' The Lorax** Animated adventure based on the children's book by Dr Seuss, featuring the voices of Danny DeVito and Ed Helms. (2012, U, 82min) ★★★
1.15 AM **The Emperor's New Groove** As 2.50pm.
2.50 **Monster Family** As 7.50pm.
4.30 **to 6.20** AM **Herbie Goes to Monte Carlo** Comedy adventure starring Dean Jones. (1977, U, 105min) ★★

Sky Cinema Action

307 307 848 407 507

6.00 AM **King Arthur** Adventure. (2004, 12, 126min) ★★★
8.15 **Van Helsing** Adventure. (2004, 12, 132min) ★★
10.40 **White House Down**
12.55 PM **Men in Black: International** As 9.00pm.
2.55 **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★
4.55 **The Bourne Supremacy** Spy thriller. (2004, 12) ★★★★
6.45 **White House Down** Thriller. (2013, 12, 128min) ★★★

6.45 White House Down

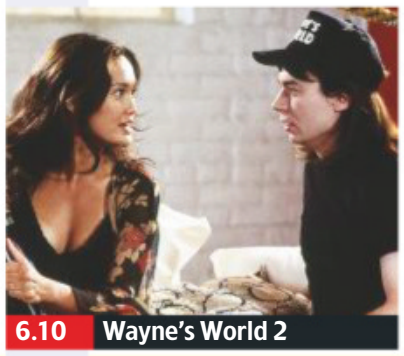
White House Down (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Men in Black: International** Fantasy sequel starring Chris Hemsworth and Tessa Thompson. The intergalactic law enforcers tackle their biggest threat – a mole in the Men in Black organisation. (2019, 12, 114min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **The Punisher** Action thriller starring John Travolta and Tom Jane. (2004, 18, 123min) ★
1.10 AM **Enemy of the State** Conspiracy thriller starring Will Smith and Gene Hackman. (1998, 15, 127min) ★★★★
3.30 **Mad Max Beyond Thunderdome** Action thriller starring Mel Gibson. (1985, 15, 107min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 849 408 508

6.30 AM **Superbad** As 11.55pm.
8.35 **Jay and Silent Bob Reboot**
10.35 **Grand-Daddy Day Care**
12.20 PM **The Dead Don't Die** Comedy horror, as 8.00pm.
2.20 **How to Lose a Guy in 10 Days** Romantic comedy. (2003, 12, 116min) ★★★
4.25 **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
6.10 **Wayne's World 2** Comedy sequel starring Mike Myers. (1993, PG, 95min) ★★★



6.10 Wayne's World 2

8.00 **The Dead Don't Die** Comedy horror starring Bill Murray and Adam Driver. The town of Centerville finds itself battling a zombie horde as the dead start rising from their graves. (2019, 15, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.00 **Jay and Silent Bob Reboot** Fantasy comedy starring Kevin Smith. (2019, 15, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.55 **Superbad** Raunchy teen comedy starring Jonah Hill, Michael Cera, Seth Rogen and Christopher Mintz-Plasse. (2007, 15, 108min) ★★★★
1.55 AM **Grand-Daddy Day Care** Comedy starring Danny Trejo, Reno Wilson, Roxana Ortega and Barry Bostwick. (2019, 12, 96min) ★
3.40 **Wayne's World** As 4.25pm.
5.25 **to 7.15** AM **Wayne's World 2** Comedy sequel, as 6.10pm.

Sky Cinema Hits

303 403 503

7.30 AM **Pokemon Detective Pikachu** As 4.50pm.
9.20 **The Secret Life of Pets 2** Animation. (2019, U) ★★★
10.50 **Journey 2: The Mysterious Island** Fantasy. (2012) ★★★
12.30 PM **The Lion King** (2019) ★★★
2.30 **Fantastic Beasts: The Crimes of Grindelwald** (2018) ★★★
4.50 **Pokemon Detective Pikachu** Fantasy. (2019, PG) ★★★

Sky Cinema Greats

304 304 845 404 504

6.40 AM **The Karate Kid: Part III** Adventure. (1989, PG) ★
8.40 **3 Men and a Baby** (1987)
10.25 **The Bridge on the River Kwai** War drama. (1957) ★★★★★
1.10 PM **Jerry Maguire** Romance. (1996, 15, 139min) ★★★★
3.30 **Minority Report** Sci-fi thriller. (2002, 12, 145min) ★★★★
6.00 **Edge of Tomorrow** Sci-fi. (2014, 12, 113min) ★★★

TCM Movies

315 415 416 512 526

6.00 AM **Close Up**
7.00 **Ben Miller Off Set**
7.15 **The Blue Dahlia** (1945) ★★★★
9.05 **The Maltese Falcon** (1941)
11.15 **Shoot-Out at Medicine Bend** Western. (1957, b/w, U) ★★★
1.15 PM **Sierra** Western. (1950) ★★
3.00 **The Big Gundown** (1966) ★★
4.55 **San Antonio** Western. (1945, PG, 111min) ★★★
7.05 **Off Set**

Talking Pictures

328 445 81 306

6.00 AM **Incident in Shanghai**
7.20 **The Adventures of William Tell**
7.50 **Blue Pullman**
8.15 **Time Flies** Comedy. (1944) ★★
10.00 **Hawkeye & the Last of the...**
10.30 **Just William's Luck** (1947) ★★
12.20 PM **Foreman Went to France**
2.00 **Wolves of Willoughby Chase** (1988, PG, 93min) ★★
3.60 **The Dummy Talks** (1943)
5.30 **The Adventures of Robin Hood**

Horror

317 149 70 138

8.00 AM **Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
10.00 **Star Trek: The Next Generation** 13-17/22. (S2)
3.00 PM **Dark Skies** Sci-fi thriller starring Shawn Roberts. (2009, 12, 90min) ★★
5.00 **Post Impact** Sci-fi adventure starring Dean Cain and Joanna Taylor. (2003, 15, 91min) ★★

primetime

6.45 **Spider-Man: Far From Home** Adventure sequel starring Tom Holland. The webslinger's European vacation leads to a battle with elemental monsters. (2019, 12, 129min) ★★★★
9.00 **Once Upon a Time... in Hollywood** Drama starring Leonardo DiCaprio. A faded TV actor and his stunt double strive to achieve success in the film industry during the final years of Hollywood's Golden Age. (2019, 18, 161min) ★★★★★
11.45 **Widows** Thriller with Viola Davis. (2018, 15, 129min) ★★★★
2.00 AM **The Darkest Minds** Thriller. (2018, 12, 104min) ★★
3.50 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
5.25 **to 6.50** AM **Antz** Animation. (1998, PG, 83min) ★★★

8.00 **Jack Reacher** Action thriller starring Tom Cruise. Former military cop Jack Reacher uncovers a conspiracy after an unseen gunman shoots five people in Pittsburgh. (2012, 15, 130min) ★★★
10.15 **Oblivion** Epic sci-fi adventure starring Tom Cruise. A solitary drone repairman on a post-apocalyptic future Earth discovers that his world isn't what is seems. (2013, 12, 124min) ★★★★
12.25 AM **William Shakespeare's Romeo + Juliet** Romance. (1996, 12, 120min) ★★★★
2.35 **Saturday Night Fever** Drama. (1977, 18, 119min) ★★★★
4.45 **to 6.15** AM **The Sword in the Stone** Classic Disney animated feature. (1963, U, 75min) ★★★

7.15 **The Quick Gun** Western starring Audie Murphy. A young gunfighter defends his hostile hometown against a gang of desperadoes. With Merry Anders. (1964, PG, 87min) ★★
9.00 **U.S. Marshals** Action thriller sequel to *The Fugitive*, starring Tommy Lee Jones and Wesley Snipes. A US marshal pursues an escaped prisoner and discovers that he is an ex-CIA agent who has been framed. (1998, 15, 131min) ★★★
11.40 **Firewall** Crime thriller. (2006, 12, 105min) ★★★
1.50 AM **The Law and Jake Wade** Western. (1958, U) ★★★★
3.20 **Off Set**
3.30 **to 6.00** AM **Close Up**

+1 hour 316 417

6.00 **The Country Girl** Drama starring Bing Crosby as an alcoholic singer trying to make a comeback. With Grace Kelly. (1954, b/w, PG, 104min) ★★★
8.05 **Dial-A-Bus in Harlow**
8.30 **Tell Me Another**
9.00 **Sunday Night at the London Palladium** With Cliff Richard.
10.05 **Harlow** Biopic of Jean Harlow, charting her rise to fame and how her image contrasted with her private life. Starring Carroll Baker. (1965, 18, 125min) ★★
12.40 AM **Mr Denning Drives North** Comedy thriller with John Mills. (1951, b/w, PG, 93min) ★★
2.30 **The Velvet Touch** Mystery drama starring Rosalind Russell. (1948, b/w, PG, 92min) ★★
4.25 **to 6.00** AM **The Madame Gambles** Comedy. (1951) ★★

6.50 **Terror Peak** Disaster movie starring Lynda Carter, Parker Stevenson and Emily Barclay. (2003, PG, 96min) ★
9.00 **Road Games** Thriller starring Andrew Simpson and Josephine de La Baume. Two hitch hikers are picked up by a mysterious motorist, only to discover he is a serial killer. (2015, 15, 91min) ★
10.55 **Boogeyman 2** Horror thriller starring Danielle Savre, Tobin Bell and Renée O'Connor. (2007, 18, 89min) ★
12.45 AM **Frozen** Thriller starring Kevin Zegers and Emma Bell. (2010, 15, 93min) ★★
2.35 **to 4.30** AM **Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

7.15 AM **The Wedding Guest** Thriller. (2018, 15, 94min) ★★
8.55 **Hotel Mumbai** (2018) ★★★★
11.00 **Killerman** Action drama. (2018, 15, 112min) ★★★
12.55 PM **Spider in the Web** Thriller. (2019, 15, 113min) ★★
2.50 **We Die Young** Drama. (2018, 15, 95min) ★★
4.25 **State Like Sleep** Mystery. (2018, 15, 104min) ★★
6.15 **Searching** Thriller. (2018, 12, 102min) ★★★★

6.15 Searching

8.00 **The Hunt for Red October** Cold War suspense thriller based on the novel by Tom Clancy, and set on a nuclear-powered submarine, starring Sean Connery, Alec Baldwin and Scott Glenn. (1990, PG, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Patriot Games** Action thriller starring Harrison Ford. A retired CIA agent becomes the target of a vengeful IRA man after foiling an assassination attempt on a politician. (1992, 15, 116min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Clear and Present Danger** Action thriller. (1994, 12, 141min) ★★★
2.45 **The Sum of All Fears** Action thriller starring Ben Affleck. (2002, 12, 119min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 851 410 510

6.00 AM **Vita & Virginia** Biopic. (2018, 12, 110min) ★★★
7.50 **Frost/Nixon** As 5.55pm.
9.55 **Tell It to the Bees** As 11.55pm.
11.45 **Yesterday** As 8.00pm.
1.45 PM **Alfie** Comedy drama. (1966, 15, 114min) ★★★★
3.50 **Good Morning, Vietnam** Comedy drama. (1987, 15, 120min) ★★★★
5.55 **Frost/Nixon** Ron Howard's drama starring Michael Sheen. (2008, 15, 122min) ★★★★

10.10 Flashdance

8.00 **Yesterday** Danny Boyle's comedy starring Himesh Patel and Lily James. A musician wakes up after being hit by a bus to find he is the only person in the world who remembers The Beatles. (2019, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Flashdance** Adrian Lyne's glossy dance drama starring Jennifer Beals. (1983, 15, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Tell It to the Bees** Drama starring Holliday Grainger and Anna Paquin. Two women must keep their relationship secret in 1950s Britain. (2018, 15, 108min) ★★★
1.50 AM **Good Morning, Vietnam** Comedy drama, as 3.50pm.
4.00 **to 6.00** AM **Step Up** Romantic dance film starring Channing Tatum, Damaine Radcliff and Jenna Dewan. (2006, PG, 104min) ★★★

Sky Cinema Sci-Fi/Horror

311 411 511

6.00 AM **King Kong** As 2.05am.
9.15 **Jaws** As 12.00m't.
11.25 **The Meg** As 10.00pm.
1.25 PM **The Incredible Hulk** Sci-fi action fantasy adventure. (2008, 12, 107min) ★★★
3.25 **Pacific Rim** Sci-fi action. (2013, 12, 131min) ★★★
5.40 **Godzilla** Monster thriller. (2014, 12, 123min) ★★★
7.45 **Godzilla: King of the Monsters** Fantasy sequel. (2019, 12, 132min) ★★★

10.00 The Meg

Godzilla: King of the Monsters (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Meg** Action thriller starring Jason Statham. A rescue diver is hired to save the crew of a deep-sea submersible from a 75ft-long prehistoric shark. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Jaws** Monster thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. (1975, 12, 125min) ★★★★★
2.05 AM **King Kong** Monster movie remake starring Naomi Watts. (2005, 12, 187min) ★★★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Star Wars

302 402 502

7.30 AM **Star Wars: The Rise of Skywalker** As 5.00pm.
10.00 **Star Wars: Episode IV – A New Hope** As 3.00am.
12.15 PM **Star Wars: Episode V – The Empire Strikes Back**
2.30 **Star Wars: Episode VI – Return of the Jedi** (1983)
5.00 **Star Wars: The Rise of Skywalker** (2019) ★★★
7.30 **Star Wars: Episode I – The Phantom Menace** Sci-fi. (1999, U, 132min) ★★★

7.30 Star Wars: Episode I...

Star Wars: Episode I – The Phantom Menace (film started at 7.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Star Wars: Episode II – Attack of the Clones** Sci-fi adventure continuing George Lucas' epic space saga, starring Ewan McGregor, Natalie Portman and Hayden Christensen. (2002, PG, 142min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Star Wars: Episode III – Revenge of the Sith** Sci-fi. (2005, 12, 140min) ★★★★
3.00 **Star Wars: Episode IV – A New Hope** Sci-fi adventure. (1977, U, 124min) ★★★★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The SpongeBob Movie: Sponge Out of Water** Animation. (2015, U) ★★★
12.50 PM **Carry On Nurse** Comedy. (1959, b/w, PG, 85min) ★★★
2.35 **Local Hero** Whimsical comedy. (1983, PG, 110min) ★★★★★
4.45 **Romancing the Stone** Romantic adventure. (1984, 12, 105min) ★★★★
6.55 **Home Alone** Comedy. (1990, PG, 100min) ★★★★

4.45 Romancing the Stone

Home Alone (film started at 6.55pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Dawn of the Planet of the Apes** Sci-fi thriller sequel starring Andy Serkis, Jason Clarke and Gary Oldman. The leader of a colony of intelligent apes tries to prevent his tribe going to war against the human race. (2014, 12, 127min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **American Assassin** Action thriller starring Dylan O'Brien. The survivor of a terrorist attack becomes a master of unarmed combat before the government use him for black ops. (2017, 18, 112min) ★★★ **11 PM**
1.45 **to 3.55** AM **Marshland** Thriller starring Raúl Arévalo and Javier Gutiérrez. Subtitled. (2014, 15, 105min) ★★★★

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **The Fugitive** (1947) ★★★★
8.00 **Son of Paleface** Western. (1952, U, 95min) ★★★★
9.55 **The Princess and the Pirate** Comedy. (1944, U, 94min) ★★★
11.50 **The Detective** Comedy thriller. (1954, b/w, U, 90min) ★★★
1.40 PM **You Must Be Joking!** Comedy. (1965, U) ★★★
3.45 **The Swimmer** Offbeat drama. (1967, PG, 94min) ★★★★★

5.40 **From Here to Eternity** Drama set on the US Army base on Hawaii just before the Japanese attack on Pearl Harbor, starring Burt Lancaster. (1953, b/w, PG, 118min) ★★★★★
8.00 **Birdman of Alcatraz** Prison drama starring Burt Lancaster as an imprisoned murderer who becomes a world-renowned ornithologist. (1962, b/w, PG, 148min) ★★★★
11.05 **The Taking of Pelham One Two Three** Thriller. (1998) ★★

1.10 AM **Build My Gallows High** Thriller. (1947, b/w) ★★★★★
3.00 **Mayflower: The Pilgrims' Adventure** Drama. (1979) ★
4.35 **to 6.00** AM **Machine Gun Kelly** Drama. (1958, 12) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Ring of Deceit** Mystery thriller. (2009, PG, 90min) ★
10.45 **Cradle of Lies** Mystery thriller. (2015, PG, 90min) ★
12.40 PM **Fun with Dick and Jane** Comedy. (2005, 12, 90min) ★★
2.30 **The Truman Show** Comedy. (1997, PG, 99min) ★★★★
4.35 **Picture Perfect** Romantic comedy with Jennifer Aniston. (1997, PG, 106min) ★★★

6.40 **A Good Year** Ridley Scott's comedy drama starring Russell Crowe and Marion Cotillard. (2006, 12, 117min) ★★★
9.00 **I Am Wrath** Crime thriller starring John Travolta and Christopher Meloni. A widower is shocked when his wife's killers manage to evade justice, so he takes the law into his own hands. (2016, 15, 90min) ★★
10.50 **Criminal Activities** Crime thriller starring John Travolta. (2015, 15, 94min) ★★★

12.55 AM **Sahara** World War Two action drama starring James Belushi. (1995, 15, 106min) ★★
3.20 **to 6.00** AM **All the King's Men** Period political drama with Sean Penn. (2005, 12, 128min) ★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Anything for a Friend** Western. (1973, 12, 90min) ★★
7.55 **The Big Sky** (1952) ★★★
10.15 **They Rode West** (1954) ★★
12.00 NOON **A Lawless Street** Western. (1955, U, 78min) ★★
1.40 PM **Utah Blaine** (1957) ★★
3.15 **Buffalo Bill** Western with Joel McCrea. (1944, PG, 90min) ★★
4.50 **Broken Arrow** Western. (1950, PG, 93min) ★★★★

6.55 **The Legend of the Lone Ranger** Adventure starring Klinton Spilsbury. The sole survivor of an ambushed group of Texas Rangers seeks justice for his fallen comrades. (1981, PG, 98min) ★★
9.00 **Seraphim Falls** Western starring Pierce Brosnan and Liam Neeson. A lone man finds himself relentlessly pursued by a posse led by a man with a burning mission of revenge. (2006, 15, 111min) ★★★★

11.15 **Mackenna's Gold** Western. (1968, 15, 136min) ★★★
1.55 AM **The Fighting Lady** War documentary narrated by Robert Taylor. (1944, U, 61min) ★★
3.00 **to 4.00** AM **Allied Armour**

+1 hour 324

Movies 24

325 419

7.00 AM **Enchanted Christmas**
9.00 **Journey Back to Christmas** Fantasy. (2016, PG, 90min) ★★
11.00 **A Rose for Christmas** Drama. (2017, U, 120min) ★★
1.00 PM **A Christmas Duet** Comedy. (2019, PG, 100min) ★★
3.00 **Write Before Christmas** Drama. (2019, PG, 90min) ★★
5.00 **The Christmas Train** Romantic drama. (2017, U, 90min) ★★★

7.00 **A Christmas Bride** Romantic comedy starring Rachael Leigh Cook, Benjamin Ayres and Christie Burke. A hotel manager returns to her hometown to help her sister plan a wedding. (2019, PG, 120min) ★★
9.00 **The Christmas Club** Romantic comedy starring Elizabeth Mitchell and Paul Essiembre. Strangers Olivia and Edward fall in love when they help an elderly woman. With Zoe Fish. (2019, PG, 100min) ★★

11.00 **Christmas Bells Are Ringing** Drama. (2018, PG, 90min) ★★
1.00 AM **A Heavenly Christmas** Drama. (2016, U, 92min) ★★★
3.00 **to 5.00** AM **Christmas Around the Corner** Drama. (2018) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.05 PM **The Hunger Games: Catching Fire** *E4* ★★★★
6.40 **Green Lantern** *ITV2* ★★
6.45 **The Bridge at Remagen** *Paramount Network* ★★★
6.50 **Goosebumps** *Syfy* ★★★
7.00 **HouseSitter** *Sky Comedy* ★★★
7.00 **Clueless** *Comedy Central* Satirical teen comedy. ★★★★
7.05 **Project Nim** *Sky Documentaries* Documentary. ★★★★
8.00 **City Slickers: The Legend of Curly's Gold** *ITV4* Comedy. ★
8.00 **Steel Magnolias** *5STAR* ★★★★
9.00 **The Great Wall** *C4* ★★★
9.00 **Happy Gilmore** *Sky One* ★★★
9.00 **Dead Man Walking** *5SELECT* Oscar-winning drama. ★★★★★
9.00 **Patch Adams** *Sky Comedy* ★★
9.00 **Bad Teacher** *Comedy Central* Comedy with Cameron Diaz. ★★
9.00 **Bad Boys II** *Syfy* Comedy. ★★★
9.00 **F/X – Murder by Illusion** *Paramount Network* ★★★
9.00 **Listen to Me Marlon** *Sky Documentaries* ★★★
10.00 **Oscar Pistorius: Blade Runner Killer** *Lifetime* Drama. ★★
10.15 **Cobra** *ITV4* Crime thriller. ★★
10.25 **Erin Brockovich** *5STAR* ★★★★

SUNDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

- **7.00** AM **Super League Gold**
- **7.05** **LIVE NRL Manly-Warringah Sea Eagles v Newcastle Knights.** Coverage of the match from the eighth round of fixtures, taking place at Central Coast Stadium. Kick-off **7.05am**.
- **9.00** **The Women's Football Show**
- **10.00** **The Sunday Supplement**
- **11.30** **LIVE Renault Super Sunday Burnley v Sheffield United.** The Premier League fixture at Turf Moor. Kick-off **12.00noon**.
- **2.00** PM **LIVE Renault Super Sunday Newcastle United v West Ham United.** All the action from the Premier League match at St James' Park. Kick-off **2.00pm**.
- **4.15** **LIVE Renault Super Sunday Liverpool v Aston Villa.** All the action from the Premier League match at Anfield. Kick-off **4.30pm**.
- **7.00** **LIVE PGA Tour Golf** The 2020 Rocket Mortgage Classic. Day four of the tournament from Detroit Golf Club in Michigan.
- **11.00** PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

- **6.00** AM **PL Greatest Games**
- **7.00** **Premier League Years**
- **9.00** **Premier League World**
- **9.30** **Premier League Icons**
- **10.00** **The Sunday Supplement**
- **11.30** **LIVE Renault Super Sunday Burnley v Sheffield United.** The Premier League fixture at Turf Moor. Kick-off **12.00noon**.
- **2.00** PM **LIVE Renault Super Sunday Newcastle United v West Ham United.** All the action from the Premier League match at St James' Park. Kick-off **2.00pm**.
- **4.15** **LIVE Renault Super Sunday Liverpool v Aston Villa.** All the action from the Premier League match at Anfield. Kick-off **4.30pm**.
- **7.00** PM **Premier League Icons**
- **8.00** **Gary Neville's Soccerbox**
- **9.00** **Merse Meets Joe Cole**
- **10.00** **PL Retro**
- **2.00** AM **Premier League Years**
- **4.00** **Best PL Goals 93/94**
- **5.00** **Best PL Goals: North London Derby** Goals in matches between Arsenal and Tottenham Hotspur.
- **5.30** **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

- **6.00** AM **EFL Greatest Games**
- **6.45** **SPFL Greatest Games**
- **7.00** **Football's Greatest Players**
- **7.30** **Football Countdowns**
- **8.00** **Football Years** A look back at the 1999/2000 season.
- **8.30** **EFL Greatest Games**
- **9.00** **The Women's Football Show** The latest news from the Women's Super League.
- **10.00** **The Sunday Supplement** The latest football stories.
- **11.30** **LIVE EFL Swansea City v Sheffield Wednesday.** Coverage of the Championship clash from Liberty Stadium. Kick-off **12.00noon**.
- **2.30** PM **EFL Highlights**
- **7.00** **The Women's Football Show**
- **8.00** **EFL Cup Retro** Birmingham City v Arsenal in the 2011 final.
- **10.00** **SPFL Greatest Games**
- **11.00** **EFL Greatest Games**
- **12.00** M'T **EFL Cup Final 2014**
- **1.00** AM **EFL Play-Off Final Highlights** From 2012/2013.
- **2.00** **EFL Play Off Final League 1** Action from 2014/2015.
- **3.00** **Championship Season Review** The 2016/2017 season.
- **4.00** **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 858 | 514 504

- **6.00** AM **ICC World Cup 2019 Semi Final Bitesize**
- **6.30** **Best Of 2019: ICC World Cup Final** England v New Zealand: Action from the final from Lord's.
- **6.30** PM **World Cup Debate** A panel discuss the final between New Zealand and England.
- **7.15** **ICC World Cup Final Watchalong** Relive one of the most dramatic days in cricketing history and watch along as England took on New Zealand in the final of the 2019 ICC Cricket World Cup.
- **10.00** **The World Cup Through Their Eyes** Look back at England's victorious Cricket World Cup through the eyes of the players.
- **12.00** M'T **Best Of 2019: ICC World Cup Final** England v New Zealand: Action from the final from Lord's in London.
- **1.00** AM **World Cup Debate**
- **1.45** **World Cup Bitesize**
- **2.05** **The World Cup Through Their Eyes** As 10.00pm.
- **4.00** **Best Of 2019: ICC World Cup Final** As 12.00m't.
- **4.55** **World Cup Debate**
- **5.40** **to 6.00** AM **World Cup Bitesize**

Sky Sports Golf

405 405 859 | 515 505

- **6.00** AM **European Tour Golf** Action from day four of the Amundi Open de France.
- **7.00** **PGA Tour Golf** Action from the third day of the Rocket Mortgage Classic from Detroit Golf Club in Michigan.
- **12.00** NOON **School of Golf** Advice for everyone from beginners to scratch players.
- **1.00** PM **LIVE PGA Tour Golf** Coverage of the featured groups on day four of the 2020 Rocket Mortgage Classic from Detroit Golf Club in Michigan.
- **6.00** **LIVE PGA Tour Golf** Further coverage of day four of the 2020 Rocket Mortgage Classic from Detroit Golf Club in Michigan.
- **11.00** **Ryder Cup 2008 Official Film** A chance to relive the best moments from the 37th staging of the biennial competition, held at Valhalla Golf Club in Louisville, Kentucky, in 2008.
- **12.30** AM **Feherty Talks To**
- **1.30** **The Greatest Solheim Cup** Take a look back at a dramatic 2019 Solheim Cup.
- **3.30** **Ryder Cup 2008 Official Film**
- **5.00** **to 6.00** AM **Feherty Talks To**

BT Sport 1

413 413 867 | 527 | 408 430

- **7.00** AM **Ligue 1 Goals**
- **7.30** **Bundesliga Special**
- **8.00** **UEFA Champions League**
- **8.30** **PL 100: Ryan Giggs**
- **9.00** **LIVE AFL GWS Giants v Hawthorn Hawks.** At Spotless Stadium. Bounce-up **9.05am**.
- **12.00** NOON **DTM: Season Preview**
- **1.00** PM **V8 Supercars Highlights**
- **3.00** **German Cup Football**
- **4.30** **Bundesliga Special** A look back at the 2019/20 Bundesliga campaign as Bayern Munich won their eighth straight title.
- **5.00** **UEFA Champions League**
- **5.30** **Turkish Super Lig**
- **7.00** **LIVE Turkish Super Lig** Action from the Turkish Super Lig.
- **9.00** **WWE The Broken Skull Sessions** Action from the *WWE Stone Cold Steve Austin: The Broken Skull Sessions*.
- **10.15** **WWE SmackDown Highlights** Highlights from the latest episode of *WWE Friday Night SmackDown*.
- **11.15** **WWE NXT**
- **1.00** AM **WWE Monday Night Raw**
- **3.30** **What Went Down: WWE – Royal Rumble**
- **4.00** **to 6.00** AM **V8 Supercars Highlights**

BT Sport 2

414 414 868 | 528 | 409 431

- **6.00** AM **Premier League**
- **7.30** **Man Utd v Bournemouth**
- **9.00** **German Cup Football**
- **10.30** **Turkish Super Lig**
- **12.00** NOON **ESPN FC** Football news.
- **12.30** PM **V8 Supercars Highlights**
- **2.30** **The WRC Magazine**
- **3.00** **Packer: The Man Who Changed Cricket**
- **4.30** **Daniel Dubios – KO King**
- **5.00** **AFL** Action from the AFL as Adelaide Crows and Fremantle battle it out at Metricon Stadium.
- **7.00** **AFL** Action from the AFL as GWS Giants and Hawthorn go head-to-head at Spotless Stadium.
- **9.00** **O.J. Made in America** Episode one of this Oscar-winning documentary examines how a young OJ Simpson rose to fame as an American football star.
- **11.00** **The Football Archives: UCL 2008/09&2009/10**
- **12.00** M'T **30 For 30: Lance – Part 1**
- **2.00** AM **30 For 30: Lance – Part 2**
- **4.00** **ESPN Films: Roll Tide War Eagle** A look at the rivalry between Auburn University and the University of Alabama.
- **5.00** **to 6.00** AM **In Depth with Graham Bensinger**

BT Sport 3

417 417 869 | 529 | 410 432

- **6.00** AM **FA Cup Final 1986**
- **6.30** **FA Cup Final 1987**
- **7.00** **Wembley Gold: Chelsea v Tottenham**
- **8.00** **WWE NXT Highlights**
- **9.00** **WWE Raw Highlights**
- **10.00** **WWE NXT UK**
- **11.00** **Fishing: On The Bank**
- **12.00** NOON **Bundesliga Special**
- **12.30** PM **Inside Sailing**
- **1.00** **World Sailing**
- **1.30** **WWE Broken Skull Sessions**
- **3.15** **Ligue 1 Goals Of The Season**
- **3.30** **DTM: Season Preview**
- **4.30** **The WRC Magazine**
- **5.00** **Bundesliga Highlights Show**
- **6.00** **UEFA Champions League**
- **6.15** **UEFA Champions League Goals Show Retro**
- **7.15** **ESPN Classic Boxing**
- **7.45** **Boxing: Foreman v Peralta I**
- **8.30** **ESPN Classic Boxing**
- **9.00** **UFC Reloaded**
- **11.30** **UFC Top 10: Comebacks**
- **12.00** M'T **UFC Main Event**
- **1.00** AM **UFC: The Ultimate Fighter**
- **2.00** **UFC Fight Flashback**
- **2.30** **UFC Ultimate Knockouts**
- **3.00** **WRC Review: Rally Argentina**
- **4.00** **to 6.00** AM **Irish Rally Review 2015**

Sky Sports Action

407 407 861 | 517 507

- **7.00** AM **World Cup of Darts**
- **8.00** **World Grand Prix Darts**
- **10.00** **Super Rugby**
- **11.45** **Rugby Union Retro**
- **12.00** NOON **NFL: Wildcard 2019 Hlts** Action from New Orleans Saints v Minnesota Vikings.
- **1.00** PM **NFL: Wildcard 2019 Hlts** Action from New England Patriots v Tennessee Titans.
- **2.00** **Road to the Super Bowl 2019** Action from Green Bay Packers v Seattle Seahawks.
- **3.00** **NFL: Titans Tuesday**
- **4.00** **NFL: Race To The Super Bowl 19/20** Back-to-back action from the Super Bowl including at: **5.00** Action from San Francisco 49ers v Minnesota Vikings. **6.00** Highlights from Kansas City Chiefs v Tennessee Titans. **7.00** Action from San Francisco 49ers v Green Bay Packers.
- **8.00** **NFL Super Bowl LIV**
- **10.00** **I Am Bolt** Documentary about the life and career of world-record breaking sprinter Usain Bolt.
- **12.00** M'T **World Matchplay Darts**
- **2.00** AM **World Grand Prix Darts**
- **4.00** **to 6.00** AM **Grand Slam of Darts**

Sky Sports Mix

145 145 838 | 520 510

- **6.00** AM **LIVE ANZ Premiership Netball Pulse v Magic.** Action from the fourth round of fixtures, at Auckland Netball Centre. Centre-pass **6.00am**.
- **7.30** **Premier League 100 Club**
- **8.30** **PL Legends: Paolo Di Canio**
- **9.00** **Premier League Years**
- **11.00** **PL Legends: Andrew Cole**
- **11.30** **Premier League 100 Club**
- **12.00** NOON **NFL Highlights** Kansas City Chiefs v Houston Texans. **1.00** Action from San Francisco 49ers v Minnesota Vikings. **2.00** Highlights from Kansas City Chiefs v Tennessee Titans. **3.00** Action from San Francisco 49ers v Green Bay Packers.
- **4.00** **NFL Super Bowl LIV**
- **6.00** **ANZ Premiership Netball**
- **7.30** **Premier League 100 Club**
- **8.00** **The Women's Football Show**
- **9.00** **Premier League Years** Memorable moments from the 2008/2009 season.
- **11.00** **PL Legends: Andrew Cole** A profile of Andrew Cole.
- **11.30** **Premier League 100 Club**
- **12.00** M'T **NFL Highlights** As 12-4pm.
- **4.00** **to 6.00** AM **NFL Super Bowl LIV**

BT Sport/ESPN

423 423 872 | 530 | 411 434

- **6.00** AM **ESPN FC** Football news.
- **6.30** **The WRC Magazine**
- **7.00** **DTM: Season Preview**
- **8.00** **MLB Classic**
- **9.00** **ESPN FC** Football news.
- **9.30** **College Football Classics**
- **1.00** PM **The Basketball Tournament**
- **8.00** **LIVE The Basketball Tournament** Action from The Basketball Tournament as Team Hines face Sideline Cancer.
- **10.00** **LIVE The Basketball Tournament** Action from The Basketball Tournament as Heartfire take on Men of Mackey.
- **12.00** M'T **LIVE The Basketball Tournament** Armored Athlete v Power of the Paw in Game 7.
- **2.00** AM **LIVE The Basketball Tournament** Best Virginia v Herd That in Game 8.
- **4.00** **MLB: Royals @ Yankees 1990**
- **5.45** **to 6.00** AM **MLB: Caps Off**

Eurosport 1

410 410 864 | 521 | 412 435

- **6.00** AM **Snooker: O'Sullivan v Hawkins** Action from 2013.
- **8.00** **Tour de France: Wiggins 2012**
- **11.00** **Tennis: Laver Cup**
- **12.00** NOON **Ultimate Tennis Showdown** Double bill.
- **2.00** PM **Tour de France: Wiggins 2012** Action from the final stage.
- **4.00** **LIVE Ultimate Tennis Showdown** Coverage of day two of the fourth round of the event.
- **6.30** **Cycling: Virtual Tour de France** Action from stage two of the race.
- **8.30** **Tour de France: Wiggins 2012**
- **10.30** **Cycling: Cancellara – The Day When**
- **11.00** **World Poker Tour**
- **12.00** M'T **Climbing World Championships**
- **1.15** AM **Hall of Fame – Sprinters**
- **1.45** **Cycling: Tour of Flanders**
- **2.00** **Tour de France: Wiggins 2012**
- **5.00** **Snooker Vodcast**
- **5.30** **to 7.00** AM **Snooker: O'Sullivan v Trump**

Eurosport 2

411 411 865 | 522 | 413 436

- **8.00** AM **Olympics: Hall of Fame**
- **9.00** **Athletics: Diamond League**
- **10.00** **Best of Bikes – Brands Hatch**
- **10.15** **Speedway European Championship** From Poland.
- **11.15** **LIVE Porsche Supercup** The Austrian Grand Prix in Spielberg.
- **12.15** PM **Superbikes**
- **2.15** **Speedway European Champs**
- **3.15** **World Superbikes: Hockenheim 1996**
- **3.45** **Best of Bikes**
- **3.55** **Football**
- **4.55** **LIVE Football Odd v FK Haugesund.** Kick-off **4.55pm**.
- **6.55** **Snooker Vodcast: O'Sullivan**
- **7.25** **LIVE Football Stabaek v Rosenborg.** Kick-off **7.25pm**.
- **9.30** **Climbing: Olympics Qualifier**
- **10.00** **Superbikes**
- **11.30** **Bennetts British Superbikes**
- **12.00** M'T **Masters Final: O'Sullivan v Trump** The 2019 final.
- **2.00** **to 8.00** AM **Highlights**

Sky Sports Arena

408 408 862 | 518 508

- **6.00** AM **Jamie Peacock: Legend of League** A profile of the prop.
- **7.05** **LIVE NRL Manly-Warringah Sea Eagles v Newcastle Knights.** Kick-off **7.05am**.
- **9.00** **Super League 2019 Highlights**
- **9.30** **LIVE NRL Canterbury-Sutherland Bulldogs v South Sydney Rabbitohs.** At Bankwest Stadium. Kick-off **9.30am**.
- **11.25** **Super League Gold**
- **11.30** **Super League 2018 Rerun**
- **12.00** NOON **Boxing**
- **2.00** PM **Super League Season So Far**
- **2.15** **Super League 2019 Highlights**
- **2.30** **Netball Superleague**
- **3.30** **ANZ Premiership Netball**
- **6.30** **Utah Jazz @ LA Lakers 2016**
- **8.30** **NBA Retro Games: 1998 NBA Finals Chicago Bulls Vs. Utah Jazz 'Game 6: The Movie'**
- **10.30** **NBA Special: The 1984 Draft**
- **12.00** M'T **Boxing**
- **2.00** AM **Betfred Super League**
- **4.00** **to 6.00** AM **Super Rugby**

Sky Sports F1

406 406 860 | 516 506

- **6.00** AM **Highlights**
- **8.35** **LIVE Formula 3** Race two.
- **9.35** **Johnny & Damon Relive '95**
- **10.00** **LIVE Formula 2** Race two.
- **11.05** **Small Talk with Lewis Hamilton**
- **11.20** **LIVE Porsche Supercup** The Austrian Grand Prix in Spielberg.
- **12.05** PM **At Home with Crofty**
- **12.30** **Lewis & Martin: Secret Cinema**
- **1.00** **LIVE Formula 1: On The Grid** The build-up to the Grand Prix.
- **2.05** **LIVE Formula 1** The Austrian Grand Prix from Spielberg.
- **4.00** **LIVE Chequered Flag Austria**
- **5.00** **The Notebook**
- **5.30** **Carlos Sainz v Lando Norris**
- **5.55** **F1 Cars Through 1000 Races**
- **6.00** **Austrian F1 GP Highlights**
- **7.00** **Ferrari Challenge Europe**
- **8.00** **Grand Prix Sunday: Austria**
- **9.05** **Austrian F1 Grand Prix**
- **11.00** **Chequered Flag Austria**
- **12.00** M'T **At Home With...**
- **12.25** **to 6.00** AM **Highlights**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Monday

6 July

Evening Planner

Documentary

The Repair Shop: Fixing Britain
BBC1 HD, 4.30pm
Jay Blades looks into the history of some of the heirlooms featured in the series

Drama

The Secrets She Keeps
BBC1 HD, 9pm
Downton Abbey's Laura Carmichael stars in an Australian thriler in which the lives of two pregnant women converge

Documentary

Long Lost Family: What Happened Next
ITV HD, 9pm
Davina McCall follows the stories of a long-lost twin and a meeting in Jamaica

OnDemand

Trump in Tweets
Available 6am
The US President's cohorts, including Rudy Giuliani, explain how his use of social media impacts on policy

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Britain's...†	8.00 EastEnders...	8.30 Would I Lie to...	9.00 The Secrets She Keeps		10.00 News	
102 BBC2	7.00 Princess Margaret: The Rebel Royal		8.00 Wimbledon: The Best of the...		9.00 Pluto: Back from the Dead			10.15 Mock the Week
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Birds of a...	8.30 Coronation...	9.00 Long Lost Family: What Happened Next		10.00 News	
104 CHANNEL 4	7.00 News		8.00 Devon and Cornwall		9.00 Kevin's Grandest Design		10.00 Catching a Killer: A Bullet Through...	
105 CHANNEL 5	7.00 Great Luxury Railway Journeys		8.00 Police Interceptors		9.00 A&E After Dark		10.00 100 Stone & On the Dole	
106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own: European...		9.00 Film: Judge Dredd			
ENTERTAINMENT								
116 BBC4	7.00 Yorkshire Walks	7.30 The Joy of...	8.00 Black and British: A Forgotten History		9.00 Being Beethoven		10.00 The Long Song	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Roswell, New Mexico		9.00 Love Island: Australia			10.05 Bromans
136 MORE4	◂ 6.55 Escape to the Chateau...		7.55 Grand Designs		9.00 Dunkirk: The Forgotten Heroes		10.00 Sarah Millican: Home Bird Live	
135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Film: The Inbetweeners 2			
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Ghost Whisperer		9.00 Criminal Minds		10.00 Blue Bloods	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Perry Mason			10.10 True Blood
110 GOLD		7.20 Dad's Army: The Lost...	8.00 Only Fools and Horses			9.40 Bottom		10.20 Men Behaving Badly
111 DAVE	7.00 Richard Osman's...	7.40 QI			9.00 Live at the Apollo		10.00 QI	
119 ITV3	◂ 6.55 Downton Abbey		8.00 Endeavour				10.00 Agatha Christie's Poirot	
120 ITV4	7.00 Tour de France ReCycled: Geraint's Tour		8.00 River Monsters		9.00 Giant Lobster Hunters		10.00 Film: On Deadly Ground	
112 COMEDY CENTRAL	7.00 Friends				9.00 Naughty Toddlers Caught On Camera		10.00 Film: 50 First Dates	
152 SYFY	7.00 A Town Called Eureka				9.00 Film: The Party Crasher			
109 W	7.00 Property Brothers: Forever Homes		8.00 Inside the Ambulance		9.00 One Born Every Minute		10.00 Louis Theroux: Behind Bars	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Flight of the Conchords			10.10 Film: Funny People
124 FOX	7.00 NCIS				9.00 Emergence		10.00 NCIS: New Orleans	
122 SKY ARTS	7.00 Exhibition on Screen		8.00 Portrait Artist of the Year 2020		9.00 André Rieu: Welcome to My World		10.00 Nat King Cole: Afraid of the Dark	
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Texas Metal		9.00 G.A.S. Extreme Customs		10.00 Street Outlaws: Memphis	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 Alaska: The Last Frontier		9.00 Animal Cops Houston			
129 NAT GEO	7.00 Air Crash Investigation		8.00 Gathering Storm		9.00 America's Hardest Prisons		10.00 Russia's Toughest Prisons	
123 SKY HISTORY	7.00 Forged in Fire		8.00 American Restoration		9.00 Washington			
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Chris Tarrant: Extreme Railway Journeys		9.00 Auf Wiedersehen, Pet			
166 EDEN	7.00 Atlantic: The Wildest Ocean on Earth		8.00 Earth: The Power of the Planet		9.00 The Zoo	9.30 Jungle Planet	10.00 Rhino Orphanage	
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.15 The Goldfinch		8.00 Frozen II				10.00 Buffaloed	
303 HITS	◂ 6.00 Avengers: Endgame				9.00 Fast & Furious Presents Hobbs & Shaw			
304 GREATS	◂ 5.40 Fury		8.00 Full Metal Jacket				10.00 Interstellar	
305 DISNEY	◂ 6.00 Dumbo		8.00 Tomorrowland: A World Beyond					10.15 A Bug's Life
306 FAMILY	◂ 6.00 Rio	7.45 Maleficent: Mistress of Evil				9.45 Alpha		
307 ACTION	◂ 6.25 First Blood		8.00 Rambo: First Blood Part II			9.45 Rambo III		
308 COMEDY	◂ 5.55 Think Like a Man		8.00 Night School				10.00 Austin Powers: The Spy Who Shagged...	
309 THRILLER	7.00 Paycheck				9.00 Argo			
310 DRAMA	◂ 6.00 Hearts and Bones		8.00 Unforgiven					10.15 The Vanishing of Sidney Hall
311 SCI-FI	7.00 Thor				9.00 Glass			
302 BLOCKBUSTERS	◂ 5.50 Aladdin		8.00 Bohemian Rhapsody					10.20 Batman v Superman...
313 FILM4	◂ 6.35 Life of Pi				9.00 Alien: Covenant			
315 TCM MOVIES	◂ 6.40 Escape to Victory				9.00 Absolute Power			
SPORT								
401 MAIN EVENT	◂ 4.30 EFL – Live	7.30 MNF – Live: Tottenham Hotspur v Everton: From Tottenham Hotspur Stadium (Kick-off 8.00)						10.30 News
402 PREMIER LEAGUE	7.00 Gary Neville's...	7.30 MNF – Live: Tottenham Hotspur v Everton: From Tottenham Hotspur Stadium (Kick-off 8.00)						10.30 Gary Neville's...
403 FOOTBALL	◂ 4.30 EFL – Live: Oxford United v Portsmouth (Kick-off 5.00); Wycombe Wanderers v Fleetwood Town (Kick-off 7.30)						10.00 SPFL Greatest...	10.30 Best Moments...
404 CRICKET	◂ 3.25 ICC 2016 World T20 Final				9.00 ICC 2016 T20 Final Watchalong			10.35 ICC 2016...
413 BT SPORT 1	◂ 6.15 Bundesliga Relegation...	7.45 Bundesliga – Live: Action from Germany's top flight					10.00 ESPN FC	10.30 UEFA...
414 BT SPORT 2	7.00 Turkish Super Lig – Live: Action from the Turkish Super Lig				9.00 Fishing: On The Bank		10.00 O.J: Made in America	

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Monday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 NEW SERIES **Rip Off Britain** (S)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Caught Red Handed** (S)(R)(AD)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Heights** New episode (S)(AD)
2.15 **Impossible** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 NEW SERIES **Home Is Where the Art Is** 1/15. Three artists are challenged to create pieces for people they have not met. (S)(AD)
4.30 NEW SERIES **The Repair Shop: Fixing Britain** 1/15. The history of items restored on the show. (S)(AD)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

3.45 Home Is Where the Art Is

7 PM

7.00 **The One Show** The first visit of the week to *The One Show* studio. (S)
7.30 **Britain's Cancer Crisis – Panorama** New edition The impact of COVID-19 on cancer care. (S)

8 PM

8.00 **EastEnders: Secrets from the Square** New edition 3/14. With Davood Ghadami. (S)(AD)
8.30 **Would I Lie to You?** With Jo Brand, Simon Day and Henning Wehn. (S)(R)

9 PM

9.00 NEW SERIES **The Secrets She Keeps** 1/6. Drama starring Jessica De Gouw. *See feature, page 8. All episodes available on BBC iPlayer* (S1) (S)(AD)
9.45 **Staged** 1/6. Comedy. (S1) (S)(R)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **I May Destroy You** New episode 9/12. Arabella is more glued to her phone than ever. (S1) (S)(AD)
■ Continues tomorrow

11.15 NEW TO BBC1 **Canada's Drag Race** 1/10. Elisha Cuthbert hosts as 12 drag queens compete. *Previously on BBC3 Online.* (S)
12.15 AM **Peter Crouch: Save Our Summer** 5/8. (S)(R)
1.00 **Weather for the Week Ahead** Seven-day forecast. (S)
1.05 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.15 AM **Greatest Escapes to the Country** Rural properties. (S)(R)
6.45 **The Bidding Room** (S)(R)
7.30 **Sign Zone: Springwatch** (S)(R)
8.30 **The Week in Parliament** (S)(R)
9.00 **Britain's Secret Seas** (S)(R)(AD)
10.00 **BBC News** (S)
1.00 PM **The Boss** Quiz show. (S)(R)
1.45 **Terry and Mason's Great Food Trip** Terry Wogan and Mason McQueen explore Bath. (S)(R)
2.15 **Wimbledon Rewind** New edition Clare Balding presents action from the 1980 singles finals at the All England Club. (S)
5.15 **Flog It!** From Milestones Museum in Basingstoke. (S)(R)
6.00 **Eggheads** Quiz show. (S)(R)
6.30 **Greatest Escapes to the Country** New edition 11/15. Looking back at memorable conversions. (S)

10.00 Comedians: Home Alone

7.00 **Princess Margaret: The Rebel Royal** 1/2. Documentary profile of the Queen's sister, whose life and loves reflected the social and sexual revolution that transformed Britain during the 20th century. (S)(R)(AD)

8.00 **Wimbledon: The Best of the Championships** New edition Sue Barker is joined by Tim Henman and Boris Becker in the studio and by John McEnroe and Martina Navratilova via video link to look back at highlights. (S)

9.00 NEW **Pluto: Back from the Dead** Looking at how images sent back by the *New Horizons* space probe have revealed Pluto to be an active world, on which some scientists even believe that life could exist. (S)

10.00 **Comedians: Home Alone** New edition 3/7. Al Murray, The Pub Landlord is locked down and locked in. (S1) (S)
10.15 **Mock the Week** With James Acaster. (S)(R)
10.45 **Newsnight** (S)

11.25 **Weather** (S)
11.30 **Italy's Frontline: A Doctor's Diary** Life on the Covid frontline in Italy with a doctor. (S)(R)(AD)
12.30 AM **Sign Zone: Countryfile** (S)(R)
1.30 **Sign Zone: Saving Our Nurses** 3/5. A nurse struggles to cope with life in one of the busiest A&E departments. (S)(R)(SL)(AD)
2.15 **Sign Zone: Miss World 1970: Beauty Queens and Bedlam** The famous protest. (S)(R)(SL)(AD)
3.15 **to 6.45** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Good Morning Britain with Lorraine** With Lorraine Kelly. (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the dealers are in Warwick, where Stewart Hofgartner assesses a pair of accordions and Henry Nicholls casts his eye over a diamond solitaire ring. (S)(R)
3.00 **Tenable** Quiz show. (S)(R)
4.00 **Tipping Point** Quiz show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Coronation Street: Stories...

7.00 **Emmerdale** Moira uncovers Harriet's secret, and Bob and Wendy go on a date. (S)(AD)
7.30 **Coronation Street** Michael reveals that he's got a date with Grace. (S)(AD)

8.00 **Birds of a Feather** 2/8. Sharon amazes the others with her IQ. (S11) (S)(R)(AD)
8.30 NEW SERIES **Coronation Street: Stories That Gripped the Nation** 1/8. Memorable plots. (S)(AD)

9.00 NEW SERIES **Long Lost Family: What Happened Next** Davina McCall and Nicky Campbell revisit more of the programme's searches, following a woman who meets her sister in Jamaica. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Broadchurch** 5/8. Miller realises the evidence Jack handed over does not tally with her knowledge of Danny's possessions. (S1) (S)(R)(AD)

11.45 **European Cup Winners: Liverpool** A look at Liverpool's four European Cup triumphs between 1977 and 1984. (S)(R)
12.35 AM **All Elite Wrestling: Dynamite** Action from the latest edition of the weekly AEW event. (S)
1.25 **Ideal World**
3.00 **Culinary Genius** (S)(SL)(R)(AD)
3.50 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** (S9) (S)(R)
7.20 **Mike & Molly** (S6) (S)(R)
8.05 **The Big Bang Theory** (S)(R)(AD)
9.00 **Frasier** 1-3/24. (S3) (S)(R)(AD)
10.30 **Come Dine with Me** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** (S)(R)
3.00 **A Place in the Sun** (S)(R)
4.00 **Sun, Sea and Selling Houses** New edition Two friends search for a property in Almeria. (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Come Dine with Me** New edition A social worker hosts the first dinner party in Cumbria. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Edward panics when he hears Tony wants a second doctor's opinion. (S)(AD)

5.30 Come Dine with Me

7.00 **News** (S)

8.00 NEW TO C4 **Devon and Cornwall** 1/8. Documentary examining life in the two counties, with the Devon village of Clovelly's rowing team taking part in the annual regatta. *Previously shown on More4.* (S)(R)(AD)

9.00 **Kevin's Grandest Design** Kevin McCloud reveals his top five properties from the show, revisiting the buildings and people who have most inspired him, reflecting on what it takes to build a truly great *Grand Designs* project. (S)(R)(AD)

10.00 **Catching a Killer: A Bullet Through the Window** Documentary following the investigation by Thames Valley Police into a fatal shooting through an open window, in the early hours of the morning in a Milton Keynes street. (S)(R)(AD)

11.25 **24 Hours in A&E** (S)(R)(AD)
12.25 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.20 **Couples Come Dine with Me** (R)
2.15 **Bake Off: The Professionals** Chocolate week. (S)(SL)(R)(AD)
3.10 **Kirstie: Keep Crafting and Carry On** Mexican tin art. (S)(SL)(R)
4.05 **The Fantastical Factory of Curious Craft** (S)(SL)(R)(AD)
5.00 **Car S.O.S** (S)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Can't Pay? We'll Take It Away!** Documentary. (S)(R)
12.10 PM **News** (S)
12.15 **The Golden Girls** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM **Killer in Paradise** Thriller starring Jackie Moore. (S) (2018, 12, 105min) ★★
4.00 **Friends** 3&4/24. (S1) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Russell Brand gives some tips to wannabe writer Toadie. (S)(R)(AD)
6.00 **Home and Away** Marilyn is beside herself with worry as Tori's tests show that John has a brain aneurysm. (S)(R)(AD)
6.30 **News** (S)

9.00 A&E After Dark

7.00 **Great Luxury Railway Journeys** Trips on five of the world's most luxurious train rides with window seats for the most beautiful scenery on the planet. Narrated by Bill Nighy. (S)(R)

8.00 **Police Interceptors** 10/10. Dan is given the runaround by an uninsured driver, Mike meets two late-night speeders, and Jon deals with a shoplifter caught by members of the public. (S)(R)

9.00 **A&E After Dark** Series finale 6/6. A man has to be restrained by police and security personnel, while a 73-year-old is rushed in with serious injuries after being thrown off his horse and cart. (S)

10.00 **100 Stone & On the Dole** Welfare claimants who struggle with their weight, including a 31st man confined to his home by his agoraphobia, and a 27st woman who wants to be a plus-size model. (S)(R)

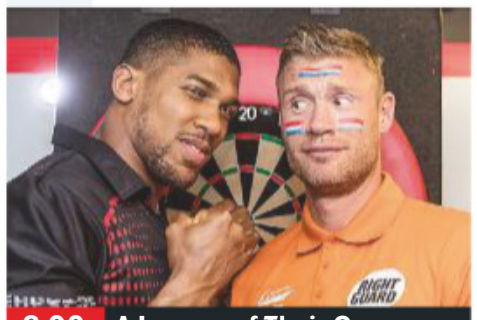
11.05 FILM **Thelma & Louise** Road movie starring Susan Sarandon and Geena Davis. (S) (1991, 15, 145min) ★★★★★
1.30 AM **21.co.uk Live Casino Show**
3.30 **OMG! Rise of the Insta-Babes** Documentary. (S)(R)
4.20 **Tattoo Disasters UK** (S)(SL)(R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.15 **to 6.00** AM **The Secret Life of Puppies: Terrible Twos** (SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Business** (S)(R)(AD)
7.00 **RSPCA Animal Rescue** (S)(R)
8.00 **The Flash** (S1) (S)(R)
9.00 **Supergirl** (S1) (S)(R)
10.00 **The Simpsons** (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
3.00 **Magnum P.I.** (S2) (S)(R)(AD)
4.00 **Modern Family** (S7) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **Futurama** *A Farewell to Arms:* Fry uncovers an ancient Martian prophecy revealing the world is going to end. (S)(R)
6.00 *Decision 3012:* Leela decides to enter politics. (S)(R)
6.30 **The Simpsons** *$pringfield (Or How I Learned to Stop Worrying and Love Legalised Gambling)* Mr Burns decides to open a casino in Springfield. (S)(R)



8.00 A League of Their Own...

7.00 **The Simpsons** *Homer the Vigilante:* Grampa reveals the identity of the mysterious cat burglar. (S)(R)
7.30 *Bart Gets Famous:* Bart lands a job on *The Krusty the Clown Show* and becomes a celebrity. (S)(R)

8.00 **A League of Their Own: European Road Trip** Jamie Redknapp and Andrew Flintoff race through Paris on its Formula E circuit, before playing darts with Anthony Joshua and Tom Davis in Rotterdam. (S)(R)(AD)

9.00 FILM **Judge Dredd** Sci-fi action thriller based on stories from the cult comic *2000 AD*, starring Sylvester Stallone and Armand Assante as good and evil adversaries in a crime-ridden 21st-century metropolis. With Diane Lane and Max von Sydow. (1996, 12, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.50 **Road Wars** A driver speeds through the grounds of a hospital. (S)(R)

11.50 **Condor** 5/10. Bob tries to extract information. (S)(R)
12.55 AM 6/10. Caleb tells Joe about his source. (S1) (S)(R)
2.00 **Manifest** 12/13. Saanvi asks for help to protect herself. (S2) (R)
3.00 **Brit Cops: Frontline Crime UK** Police officers deal with a domestic incident in Wales. (R)
4.00 **Highway Patrol** (S)(R)
5.00 **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
7.30-8.00pm Landward New edition **10.45** Britain's Cancer Crisis – Panorama New edition **11.15** I May Destroy You New episode **11.45** NEW SERIES Canada's Drag Race **12.45am** Peter Crouch: Save Our Summer **1.30** Weather for the Week Ahead **1.35-6.00am** BBC News

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.45pm Northern Ireland on The One Show **11.15** I May Destroy You New episode **11.45** NEW SERIES Canada's Drag Race **12.45am** Peter Crouch: Save Our Summer **1.30-6.00am** BBC News

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am Bargain Hunt New edition **12.30-1.00pm** Wales Today Coronavirus Daily Update New edition **8.30-9.00pm** Gareth Edwards' Great Welsh Adventure

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00pm NEW Go Domhain san Fhuil **10.30-10.45pm** Comedians: Home Alone New episode

WALES
Sky **971**, Freesat **971**
7.00-8.00pm Remarkable Places to Eat

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Cymoedd Roy Noble **12.28pm** Y Tywydd **12.30** Datganiad Dyddiol COVID-19 New edition **1.00** Heno **1.30** Ar Werth **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Goreuon Priodas Pum Mil **4.00** Awr Fawr **5.00** Stwnsh **6.00** Clwb Rygbi: Super Rugby Aotearoa **6.58** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Sgwrs Dan y Lloer New edition **8.25** Garddio a Mwy New edition **8.55** Newyddion S4C a'r Tywydd **9.00** Ffermio New edition **9.30** Rygbi: Clasuron Bermuda **10.00** Dim Ysgol: Maesincla **10.58** Y Tywydd **11.00** Y Ditectif **11.33-11.35pm** Y Tywydd

TV&Satellite week
New issue on sale tomorrow

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Yorkshire Walks** 1/4. Wensleydale, walking from Leyburn to Bolton Castle.
7.30 **The Joy of Painting** New edition A water scene.
8.00 **Black and British: A Forgotten History** 4/4. The forces that shaped black British identity.
9.00 NEW SERIES **Being Beethoven** 1/3. A profile of Ludwig van Beethoven to mark the 250th anniversary of his birth, focusing on the real, complex and often difficult man behind the great composer.
10.00 **The Long Song** 1&2/3. Drama starring Tamara Lawrance and Hayley Atwell.
12.00 M'T **Seven Ages of Britain**
1.00 AM **Cindy Sherman Untitled** A profile of Cindy Sherman, featuring an audio interview with one of the most elusive living artists.
2.00 **The Joy of Painting**
2.30 **Yorkshire Walks**
3.00 **to 4.00** AM **Being Beethoven**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** Dressing a table.
9.20 **A Place in the Sun: Winter Sun** The Azores.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau**
1.15 **Building the Dream**
2.20 **Four in a Bed**
4.55 **Find It, Fix It, Drive It** Fixing up vintage vehicles.
5.55 **The Supervet**
6.55 **Escape to the Chateau: Restoring the Dream** A look back at the transformation of the Strawbridges' 45-room chateau in France.
7.55 **Grand Designs** Kevin McCloud follows the progress of a couple as they try to build a four-storey mansion in Brighton.
9.00 **Dunkirk: The Forgotten Heroes** The untold story of what happened after the Dunkirk evacuation.
10.00 **Sarah Millican: Home Bird Live** A stand-up show recorded in 2014 at Newcastle's Tyne Theatre & Opera House.
11.10 **8 Out of 10 Cats Does Countdown** With Katherine Ryan and Joe Wilkinson.
12.15 AM **Father Ted**
1.20 **Ramsay's Kitchen Nightmares USA**
2.15 **8 Out of 10 Cats Does Countdown**
3.20 **to 3.50** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **World Records**
7.25 **Ellen DeGeneres Show**
8.05 **Emmerdale**
8.35 **Coronation Street**
9.05 **You've Been Framed!**
9.30 **Supermarket Sweep**
10.30 **Ellen's Game of Games**
11.30 **Dress to Impress**
12.30 PM **Emmerdale**
1.00 **Coronation Street**
1.30 **You've Been Framed!**
2.00 **The Ellen DeGeneres Show** New edition
3.00 **Dress to Impress**
4.00 **Supermarket Sweep**
5.00 **Ellen's Game of Games** New edition Game show.
6.00 **You've Been Framed!**
8.00 **Roswell, New Mexico** New episode *Champagne Supernova:* 11/13. The town prepare for the UFO Emporium reopening gala, while Liz and the others find themselves on a collision course with an unlikely enemy. (S1)
9.00 **Love Island: Australia** Romance ignites in the villa as International Love Island Day kicks off.
10.05 **Bromans** 7/8. The citizens are training harder than ever.
11.05 **Family Guy** Double bill of the animated comedy.
12.05 AM **American Dad!**
1.00 **The Cleveland Show**
1.55 **Through the Keyhole**
2.55 **to 3.25** AM **Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **How I Met Your Mother**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Brooklyn Nine-Nine**
5.00 **The Goldbergs**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks** Darren opens up to Nancy about his own attempt to take his life.
7.30 **Married at First Sight Australia** New edition The newlyweds are sent off to various destinations across the country and Pacific Ocean region for their honeymoons.
9.00 FILM **The Inbetweeners 2** Comedy starring Simon Bird and James Buckley. The teenagers find university does not live up to their expectations, so embark on an adventure to Australia. (2014, 15, 94min) ★★
11.00 **Buffy the Vampire Slayer**
12.00 M'T **Rick and Morty**
1.00 AM **The Big Bang Theory**
2.00 **Gogglebox**
2.55 **First Dates**
3.50 **The Big Bang Theory**
4.40 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Air Ambulance ER**
9.00 **Blue Bloods** 1/22. (S2)
10.00 **Law & Order** 17/24. (S15)
11.00 **Criminal Minds** 17/20. (S3)
12.00 NOON **Elementary** 5/24. (S3)
1.00 PM **Blue Bloods** 2/22. An undercover cop is shot. (S2)
2.00 **Law & Order** 18/24. A celebrity chef is suspected of killing a TV executive. (S15)
3.00 **Air Ambulance ER**
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

10.00 Blue Bloods

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Ghost Whisperer** *Pilot:* 1/22. Melinda is contacted by the spirit of a soldier who claims he is lost. (S1)

9 PM

9.00 **Criminal Minds** *Seek and Destroy:* 10/22. The team investigate a series of home invasions in upscale San Diego. (S12)

10 PM

10.00 **Blue Bloods** *Family Secrets:* 19/19. A major family secret is unearthed when Sean does some detective work. (S10)
11.00 **FBI** 20/22. (S1)
12.00 M'T **Ghost Whisperer** (S1)
1.00 AM **9-1-1** 7/18. (S3)
2.00 **Coroner** 4/8. (S1)
3.00 **The Good Doctor** 1/18. (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Fish Town**
7.00 **The Guest Wing**
8.00 **Richard E Grant's Hotel Secrets** Double bill.
10.00 **CSI** 16-18/25. (S5)
1.00 PM **Elementary** 4/24. (S1)
2.00 **Blue Bloods** 14&15/22. (S1)
4.00 **CSI** 20/25. Jim Brass searches for his daughter's missing friend in Hollywood. **5.00** 21/25. A patient is murdered at a hospital. **6.00** 22/25. Catherine unwittingly flirts with a murder suspect. (S5)

9.00 Perry Mason

7.00 **Blue Bloods** *Silver Star:* 17/22. Danny investigates the death of a former Marine, and Frank's conflict escalates.

8.00 **Blue Bloods** *To Tell the Truth:* 18/22. Danny arrests the notorious Raymundo Salazar on suspicion of murder. (S1)

9.00 **Perry Mason** New episode *Chapter 3:* 3/8. Maynard Barnes goes public with a shocking new development. (S1)

10.10 **True Blood** *Me and the Devil:* 5/12. Sookie bonds with Eric, and Bill gets personally involved in the necromancy crisis. (S4)
11.25 **True Blood** 6/12. (S4)
12.40 AM **Das Boot** 7/8. Hoffmann shows up at Cassandra's place. **1.50** 8/8. Margot continues her plan. Subtitled. (S2)
3.00 **CSI**
4.00 **Blue Bloods**
5.00 **to 6.00** AM **The British**

+1 hour 208

GOLD

110 110 810 124 310 392

7.15 AM **dinnerladies diaries**
8.10 **The Green Green Grass**
8.50 **Still Open All Hours**
9.30 **Are You Being Served?**
10.10 **Last of the Summer Wine**
12.10 PM **Dad's Army: The Lost Episodes** As 7.20pm.
12.40 **Still Open All Hours**
2.00 **Are You Being Served?**
2.40 **The Green Green Grass**
3.20 **Dad's Army: The Lost...**
4.00 **Last of the Summer Wine**
6.00 **Are You Being Served?**
6.40 **The Green Green Grass**

9.40 Bottom

7.20 **Dad's Army: The Lost Episodes** Walker is called up to serve in the regular Army.

8.00 **Only Fools and Horses** Del becomes a showbiz entrepreneur after discovering a sensational Tom Jones-style singer. **9.05** Del jumps at the opportunity to decorate a local restaurant.

9.40 **Bottom** Richie and Eddie's nocturnal peace is disturbed by a violent encounter with a burglar.

10.20 **Men Behaving Badly** Gary celebrates his reunion with Dorothy.
11.00 **Live at the Apollo** With Dara O Briain, Nina Conti and Danny Bhoy.
12.00 M'T **Bottom** As 9.40pm.
12.40 AM **Men Behaving Badly**
1.20 **Live at the Apollo** As 11pm.
2.20 **Green Wing**
3.15 **to 4.00** AM **The Rebel**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Heartbeat**
9.05 **Bless This House**
10.05 **That's My Boy**
10.40 **Agatha Christie's Marple**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders** *A Tale of Two Hamlets:* An actor's death exposes a centuries-old feud.
5.55 **Heartbeat** *Dirty Len:* A labourer is poisoned.

8.00 Endeavour

6.55 **Downton Abbey** 2/8. Robert has to make what could be a far-reaching decision about the recent bombshell. (S5)

8.00 **Endeavour** *Icarus:* Morse investigates the disappearance of a teacher from a secretive public school, while Thursday is determined to find a link between Eddie Nero and a series of unsolved murders.

10.00 **Agatha Christie's Poirot** *Cat Among the Pigeons:* A schoolgirl is embroiled in a mystery. Guest stars Harriet Walter.
12.05 AM **A Touch of Frost** *House Calls:* Following a series of assaults on children, Frost decides not to charge a man he arrested years before for similar offences.
2.10 **to 3.20** AM **Agatha Christie's Poirot**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **Quincy ME**
8.10 **The Saint**
9.15 **Minder**
10.20 **The Professionals**
11.30 **The Sweeney**
12.35 PM **The Saint**
1.40 **Quincy ME**
3.45 **Minder** Arthur attends an Italian wedding.
4.50 **The Professionals** Bodie and Doyle stalk Cowley.
5.55 **The Sweeney** A road accident victim proves to be a villain.

10.00 On Deadly Ground

7.00 **Tour de France ReCycled: Geraint's Tour** Geraint Thomas introduces a look back at the first rest day of the 2018 race.

8.00 **River Monsters** Jeremy Wade travels to Australia, to investigate the disappearance of six men following a plane crash.

9.00 **Giant Lobster Hunters** New edition Team *Bold Contender* is off to a blistering start in the final leg of its winter run.

10.00 **FILM On Deadly Ground** Thriller starring Steven Seagal and Michael Caine. (1994, 15, 102min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.05 AM **Car Crash Global: Caught on Camera** Featuring dash-cam footage of accidents from China and Eastern Europe.
1.00 **The Sweeney**
2.00 **Only When I Laugh**
2.35 **to 2.50** AM **World of Sport**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **As BBC2 except:**
12.00 NOON **This Is BBC Scotland**
1.30 PM **Sign Zone: The Last Explorers**
2.30 **Sign Zone: Beechgrove**
3.00 **Sign Zone: The Mart**
3.30 **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Beechgrove**
7.30 **The Mountain**
8.00 **Scottish Vets Down Under** New edition 7/12. A newborn foal with colic has Mike and the team on edge.
8.30 **Born to Be Wild**
9.00 **The Nine**
10.00 **River City Rewind** New episode Raymond is forced to move on.
11.00 **Short Stuff** New edition Sketch show.
11.15 **Nico's Menu Mission**
11.45 PM **to 12.00** M'T **NEW That Joke Isn't Funny Any More**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Four Weddings**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **RSPCA Animal Rescue** Documentary.
1.00 **Vet Adventures**
3.00 **Babylon 5** (S4)
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** (S5)
8.00 **Road Wars** Police officers engage in a high-speed pursuit. **9.00** Members of the Road Crime Unit chase a drug dealer travelling along the M5.
10.00 **NCIS: Los Angeles** *Keepin' It Real:* 6/24. A Marine falls to his death from a rooftop bar. (S1)
11.00 **Blue Bloods** (S10)
12.00 M'T **Police Ten 7**
2.00 AM **Duck Quacks Don't Echo** Panle show.
3.00 **A League of Their Own**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
11.00 **Road Wars**
12.00 NOON **Motorway Patrol**
1.00 PM **Police Force: Australia** Double bill.
2.00 **Border Patrol**
3.00 **Nothing to Declare**
5.00 **UK Border Force**
6.00 **Star Trek: The Next Generation** 19/26. (S5)
7.00 **Hawaii Five-0** (S9)
8.00 **Merlin** 5/13. (S4)
9.00 **Hunt For The Shoe Rapist – Nowhere To Hide**
10.00 **Killer Colleagues**
11.00 **CSI** 3/25. (S5)
12.00 M'T **Road Wars**
1.00 AM **Brit Cops: Law & Disorder**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Projects**
8.00 **American Pickers**
9.00 **Storage Hunters**
10.00 **American Pickers**
12.00 NOON **Modern Wheels or Classic Steals**
1.00 PM **Top Gear**
2.00 **Expedition with Steve Backshall**
3.00 **Rick Stein's Long Weekends** In Bordeaux.
4.00 **Top Gear**
6.00 **Taskmaster**
7.00 **Richard Osman's House of Games** With Susie Dent, Nick Owen and Chemmy Alcott.
7.40 **QI** With Anneka Rice, Sean Lock and Bill Bailey. **8.20** With Jo Brand, Sean Lock and Rich Hall.
9.00 **Live at the Apollo**
10.00 **QI** Double bill.
11.20 **Taskmaster**
12.20 AM **Mock the Week**
1.00 **QI** Double bill.
2.25 **Live at the Apollo**
3.15 **to 4.00** AM **Josh**

+1 hour 211 131

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle**
9.00 **Bob's Burgers**
10.00 **The King of Queens**
11.00 **Everybody Loves Raymond** Double bill.
12.00 NOON **Fresh Off the Boat** Double bill.
1.00 PM **Friends**
9.00 **Naughty Toddlers Caught On Camera** Iain Lee narrates a collection of comic clips featuring children that have gone viral.
10.00 **FILM 50 First Dates** Romantic comedy starring Adam Sandler. A vet falls for a woman with short-term memory loss and finds that he has to woo her afresh every day. (2004, 12, 99min) ★★★
12.00 M'T **Russell Howard's Good News**
1.00 AM **8 Out of 10 Cats**
2.00 **South Park**
2.30 **Two and a Half Men**
3.25 **to 5.00** AM **Friends**

+1 hour 212 133 119

ITV Be

131 119 179 26 118

7.00 AM **Bachelor in Paradise** Double bill.
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Be Tasty**
12.10 PM **Income Property**
12.40 **The Real Housewives of Melbourne**
1.35 **Million Dollar Listing New York: Ryan's Wedding**
2.30 **The Only Way Is Essex**
3.10 **Dallas Cowboys Cheerleaders**
4.05 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Chrisley Knows Best**
10.00 **Botched by Nature** A man whose implant is threatening his life.
11.00 **Marriage Boot Camp: Reality Stars**
11.55 PM **to 12.40** AM **The Only Way Is Essex**

+1 hour 231 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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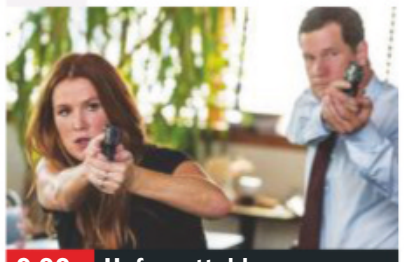
Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries** (S13)
9.00 **Father Brown** As 10.00pm.
10.00 **The Doctor Blake Mysteries**
11.00 **New Tricks** 3/10. (S9)
12.00 NOON **Major Crimes** (S3)
1.00 PM **Unforgettable** 3/22. (S1)
2.00 **Shakespeare & Hathaway – Private Investigators** 2/10. Frank and Luella investigate the death of a care home worker. (S1)
3.00 **Murdoch Mysteries** (S6)
6.00 **Major Crimes** 12/19. Two people are attacked with a pair of scissors at a party. (S3)



9.00 Unforgettable

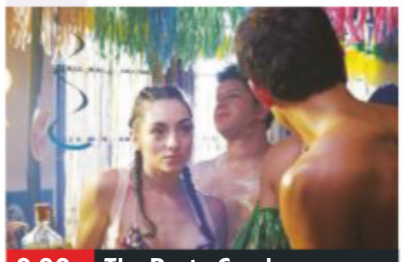
7.00 **Unforgettable** *Friended:* 6/22. Carrie has to pretend she is still in a relationship with Al during a visit to her mother. (S1)
8.00 **Shakespeare & Hathaway – Private Investigators** *The Chimes at Midnight:* 2/10. As shown at 2.00pm. (S1)
9.00 **Unforgettable** New episode *Breathing Space:* 8/13. Carrie and Delina go undercover in an attempt to find a killer. (S4)
10.00 **Father Brown** *The Alchemist's Secret:* The Roman Catholic priest investigates a 300-year-old secret.
11.00 **New Tricks** *Queen and Country:* Sandra reopens an investigation into the apparent suicide of a diplomat. Guest stars Simon Day.
12.20 AM **Maisie Raine** 1/6. (S1)
1.20 **Murdoch Mysteries** (S9)
3.10 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **A Town Called Eureka**
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S3)
1.00 PM **Star Trek: Voyager** 13&14/26. Double bill. (S4)
3.00 **Star Trek: Deep Space Nine** 5/26. Kira and Dukat embark on a mission. **4.00** 6/26. Dax meets up with an old flame. (S4)
5.00 **Star Trek: The Next Generation** 1/26. Riker faces a life-or-death decision. **6.00** 2/26. Picard returns to his roots in France. (S4)



9.00 The Party Crasher

7.00 **A Town Called Eureka** *Omega Girls:* 15/20. Beverly fires a weapon that puts everyone in the town into a coma.
8.00 **A Town Called Eureka** *Of Mites and Men:* 16/20. Henry and Grace argue over a risky heart procedure. (S4)
9.00 **FILM** **The Party Crasher** Horror with Jacob Artist. A group of college kids throw a Hawaiian-themed party to banish the winter blues, but it isn't long before an evil entity makes itself at home. (2018, 15, 93min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **FILM** **30 Days of Night** Horror. (2007, 18, 113min) ★★
1.20 AM **Star Trek: The Next Generation** As 5.00pm.
2.20 **Spides** 3/8. (S1)
3.20 **Future Man** 13/13. (S1)
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **The Three Day Nanny**
12.00 NOON **Property Brothers: Forever Homes** The brothers update a well-loved family home for the fourth generation living there.
1.00 PM **Tipping Point**
4.00 **My Dream Home** A couple seek a suburban home. **5.00** A pair of tennis players seek a home in the country.
6.00 **Tipping Point** Game show.

7.00 Property Brothers...

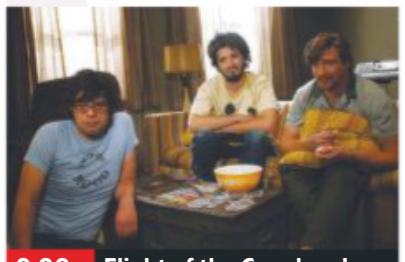
7.00 **Property Brothers: Forever Homes** Drew and Jonathan step in to overhaul a living room, kitchen and dining room.
8.00 **Inside the Ambulance** Paramedics come to the aid of a 74-year-old man with a long list of serious health problems.
9.00 **One Born Every Minute** Cameras follow a couple who are about to become parents after six years of trying to conceive.
10.00 **Louis Theroux: Behind Bars** The journalist spends time in America's notorious San Quentin State Prison.
11.00 **Inside the Ambulance** A woman who might be having a stroke receives help.
12.00 M'T **One Born Every Minute**
1.00 AM **Louis Theroux: Behind Bars** As 10.00pm.
1.50 **Top Chef**
2.35 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S6)
10.30 **30 Rock** (S4)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S10)
2.30 **Everybody Hates Chris** (S3)
3.30 **Parks and Recreation** (S6)
5.00 **30 Rock** 12/22. Liz takes Frank in as a lodger. **5.30** 13/22. Liz gets root canal treatment on Valentine's Day. **6.00** 14/22. Avery tells Jack about a possible buyout. (S4)
6.30 **Modern Family** 21/22. (S10)



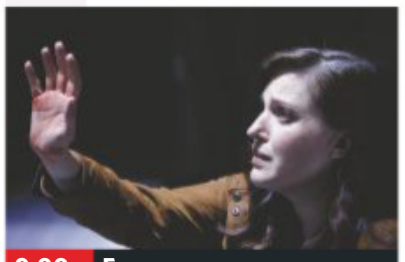
9.00 Flight of the Conchords

7.00 **Modern Family** (S10)
7.30 **The Mindy Project** 5/10. Mindy accidentally reunites Beverly with someone from her past. (S6)
8.00 **The Mindy Project** 6/10. Mindy has a run-in with someone from her past. **8.30** 7/10. Guest stars Reese Witherspoon. (S6)
9.00 **Flight of the Conchords** 4/10. Bret and Jemaine insult Murray's best friend. **9.35** 5/10. Jemaine accidentally falls for an Australian girl. (S2)
10.10 **FILM** **Funny People** Comedy drama. (2009, 15, 145min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.10 AM **Bored to Death** 1/8. A policeman hires Jonathan to retrieve incriminating evidence from a sex club he frequents, while George is horrified when his new boss clamps down on expenses. (S2)
1.50 **Parks and Recreation** 6-8/22. Triple bill. (S6)
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S2)
9.00 **Bones** 10/22. (S10)
10.00 **Bull** 20/22. (S2)
11.00 **NCIS** 4/20. (S17)
12.00 NOON **Bones** (S10)
2.00 PM **The Mentalist** 10/24. (S4)
3.00 **NCIS** 5/20. The team investigate a corporal suspected of murder. (S17)
4.00 **Bull** 21/22. (S2)
5.00 **Bones** 13/22. An ex-con's body is found in pieces. (S10)
6.00 **The Mentalist** 11/24. The team discover a murdered lawyer had ties to a Mob boss. (S4)



9.00 Emergence

7.00 **NCIS** *Institutionalised:* 6/20. Kasie's lifelong best friend is suspected of the murder of a petty officer's son.
8.00 **NCIS** *No Vacancy:* 7/20. The NCIS team uncover a labyrinth of live-streaming spy cameras hidden in the rooms of a motel. (S17)
9.00 **Emergence** New episode *Killshot-Part 1:* 12/13. Jo makes a high-stakes deal to take down Helen and keep Piper safe. (S1)
10.00 **NCIS: New Orleans** *Desperate Navy Wives:* 12/24. Gregorio joins a social club for military wives. (S5)
11.00 **American Dad!** (S2)
12.00 M'T **Family Guy** (S10)
12.30 AM **Family Guy** (S10)
1.00 **American Dad!** (S2)
2.00 **Family Guy** (S10)
3.00 **American Dad!** (S2)
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Monday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 3/24. (S1)
7.10 **Hart to Hart**
9.10 **Days of Our Lives**
10.00 **Hart to Hart** 7/20. (S2)
11.00 **Charlie's Angels** (S4)
12.00 NOON **Hart to Hart**
4.00 PM **Murder, She Wrote**
7.00 **M*A*S*H** 7/24. Corporal Walker goes native. **7.30** 8/24. Nurse Meg Cratty saves the day. (S2)
8.00 **Randall and Hopkirk (Deceased)** 1/26. First-ever episode of the detective fantasy. (S1)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **Celebrity Who Wants to Be a Millionaire? Couples Special** Game show.
2.00 **Charlie's Angels** (S4)
3.00 **M*A*S*H** 20/24. (S2)
3.30 **Due South** 6/18. (S2)
4.15 **Sony Movie News Extra**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **LSO: Sir Simon Rattle Conducts...**
9.00 **Tales of the Unexpected**
10.00 **Landscape Artist of the Year 2018**
11.00 **Discovering**
12.00 NOON **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Comedy Legends**
3.00 **Landscape Artist of the Year 2018**
4.00 **Classic Albums**
5.00 **Discovering**
7.00 **Exhibition on Screen** New edition A closer look at the enigmatic artist Edouard Manet.
8.00 **Portrait Artist of the Year 2020**
9.00 **André Rieu: Welcome to My World**
10.00 **Nat King Cole: Afraid of the Dark**
12.00 M'T **Making Waves: The Art of Cinematic Sound**
2.00 AM **Discovering**
4.00 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Couples Come Dine with Me**
10.00 **A New Life in the Sun**
11.00 **A Place in the Sun**
12.00 NOON **A Place in the Sun: Home or Away**
1.00 PM **Four in a Bed**
1.30 **Come Dine with Me**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier** 18&19/24. (S2)
4.00 **Couples Come Dine with Me**
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Location, Location...**
9.00 **The School That Tried to End Racism**
10.00 **How to Build British: Bentley**
11.05 **The Supervet**
12.10 AM **Four Rooms...**
1.10 **Big Ben: Saving the World's Most Famous Clock**
2.45 **Big Ben: Countdown...**
3.45 **to 4.45** AM **Sun, Sea and Selling Houses**

5USA

141 141 153 21 129

9.00 AM **Access**
9.10 **Murder, She Wrote**
10.10 **Castle** 17/23. (S7)
11.05 **Law & Order**
1.05 PM **Law & Order**
5.00 **NCIS** (S11)
7.00 **NCIS** *Crescent City – Part Two:* 19/24. **8.00** *Page Not Found:* 20/24. McGee's girlfriend makes a breakthrough in a case. (S11) **9.00** *High Tide:* 11/24. Torres and Bishop go undercover. (S15)
10.00 **Law & Order: Special Victims Unit** *Townhouse Incident:* 11/23. A home invasion escalates into a hostage situation. **10.55** *A Misunderstanding:* 12/23. A high-school rape case descends into a messy debacle. (S17)
11.55 **Law & Order: Special Victims Unit** (S16)
12.50 AM **Remington Steele**
3.50 **to 4.00** AM **Access**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun** Triple bill.
9.10 **My Wife and Kids**
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Benefits Britain: Life on the Dole**
8.00 **Car Crime UK: Caught on Camera**
9.00 **FILM** **Hercules** Mythological adventure. (2014, 12, 98min) ★★★
11.00 **FILM** **Creed** Boxing drama. (2015, 12, 133min) ★★★★
1.40 AM **Can't Pay? We'll Take It Away!**
2.40 **Will & Grace**
3.25 **Two and a Half Men**
3.50 **to 4.00** AM **Access**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Holby City**
11.00 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.25 **Birds of a Feather**
6.05 **Waiting for God**
6.40 **'Allo 'Allo!**
7.30 **Last of the Summer Wine** Compo and Foggy drink too much at Ernie Mordue's funeral.
8.05 **Dalziel & Pascoe** *Fallen Angel:* A jockey collapses at the racecourse.
10.00 **New Tricks** *Home Truths:* An old investigation is reopened following the discovery of bloodstained clothing.
11.20 **Silent Witness**
1.55 AM **The Bill**
2.55 **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

MONDAY

Documentaries

CBS Drama
147 197 67 134

9.00 AM **NCIS: Los Angeles**
11.00 **CSI: Miami** 19/24. (S3)
12.00 NOON **CSI: NY** (S1)
1.00 PM **Bonanza** (S10)
3.00 **Perry Mason** (S9)
5.00 **Unsolved Mysteries**
7.00 **Judge Judy**
9.00 **Medium** *Girls Ain't Nothing But Trouble:* 5/16. Allison takes a job with a lawyer. (S4)
10.00 **CSI: Miami** *Killer Date:* 20/24. Horatio investigates the murder of a woman working for a dating agency. Valera uncovers evidence connecting a rape victim to the case. (S3)
11.00 **Unsolved Mysteries** A priest who seemingly had healing powers.
12.00 M'T **Judge Judy**
1.00 AM **ER** 14/22. (S3)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Urban Legends**
5.00 **to 6.00** AM **Matlock**

CBS Justice
148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **CSI: Cyber** 8/13. (S1)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 7/26. (S3)
2.05 **CSI: Miami** 17/24. (S5)
3.00 **NCIS** 11/24. (S11)
4.00 **NCIS: Los Angeles** (S3)
5.00 **CSI: Cyber** 9/13. (S1)
6.00 **Perry Mason** (S1)
7.05 **NCIS** 14/24. (S10)
8.00 **Walker, Texas Ranger**
9.00 **CSI: NY** *Live or Let Die:* 18/24. The team try to find a hijacked plane transporting a liver. (S2)
10.00 **NCIS: Los Angeles** *Sacrifice:* 5/24. (S3)
11.00 **NCIS** 15/24. (S10)
12.00 M'T **CSI: Miami** (S5)
1.00 AM **CSI: NY** As 9.00pm.
1.55 **NCIS** As 11.00pm. (S10)
2.50 **Walker, Texas Ranger**
3.45 **CSI: Cyber** (S1)
4.25 **Mission: Impossible**
5.15 **to 6.00** AM **Dog Patrol**

+1 hour 69

Challenge
160 164 46 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill of the game show.
11.00 **Bruce Forsyth's Play Your Cards Right**
12.00 NOON **Wheel of Fortune**
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Bruce's Price Is Right**
4.00 **Wheel of Fortune**
5.00 **Catchphrase**
6.00 **Bullseye** Double bill of the darts-based quiz.
7.00 **Pointless** Quiz hosted by Alexander Armstrong.
8.00 **The Chase** Quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **One Hundred and Eighty!** Darts-based game show hosted by Davina McCall and Andrew Flintoff.
12.00 M'T **The Chase**
4.00 AM **Strike It Lucky**
5.00 **to 6.00** AM **Bullseye**

Comedy Central Extra
127 182 308

6.00 AM **Friends**
7.00 **Teleshopping**
9.00 **Takeshi's Castle**
10.00 **Wipeout USA**
11.00 **Friends** (S3)
1.00 PM **Impractical Jokers Summer Vacation**
1.25 **Impractical Jokers: Inside Jokes**
2.20 **Impractical Jokers: Joker Bowl**
2.45 **Impractical Jokers**
3.10 **The King of Queens**
5.00 **Two and a Half Men**
7.00 **Everybody Loves Raymond** (S3)
9.00 **Russell's Good News**
10.00 **Gary and His Demons**
10.30 **South Park**
12.00 M'T **Bob's Burgers**
1.00 AM **Kevin Bridges Live**
2.00 **Russell's Good News**
3.45 **Tosh.0** (S10)
4.05 **Bob's Burgers** (S2)
4.30 **Fresh Off the Boat**
5.15 **to 6.00** AM **The Middle**

+1 hour 227

Sky Documentaries
114 114 814 277 353 368

6.00 AM **Meeting Gorbachev**
7.45 **My Icon**
8.00 **Too Young to Die**
9.00 **Discovering**
10.00 **The Directors**
11.00 **Fish Town**
12.00 NOON **Urban Secrets**
1.00 PM **Too Young to Die**
2.00 **Meeting Gorbachev**
3.45 **My Icon**
4.00 **Discovering**
5.00 **The Directors**
6.00 **Fish Town**
7.00 **Hollywood Couples**
8.00 **The Sixties**
9.00 **NEW The Biggest Little Farm** A modern-day sustainable farm on the edge of Los Angeles.
10.45 **Heroin: Cape Cod USA**
12.15 AM **Drunk Stoned Brilliant Dead: The Story of the National Lampoon**
2.10 **Wu-Tang Clan: Of Mics and Men**
4.30 **PL Legends**
5.00 **to 6.00** AM **Too Young to Die**

Sky Nature
130 130 893 279 385 372

6.00 AM **Ol Pejeta Diaries**
7.00 **Monkey Life**
8.00 **Undiscovered Vistas**
9.00 **Great Blue Wild**
10.00 **Volcanic Odysseys**
11.00 **Secrets of Wild Australia**
12.00 NOON **Surviving the Amazon**
1.00 PM **Monkey Life**
2.00 **Undiscovered Vistas**
3.00 **Great Blue Wild**
4.00 **Volcanic Odysseys**
5.00 **Secrets of Wild Australia**
6.00 **Surviving the Amazon**
7.00 **Monkey Life**
8.00 **Into the Wild: India** New edition
9.00 **Brazil Untamed**
10.00 **Surviving the Amazon**
11.00 **Secrets of Wild Australia**
12.00 M'T **Amazing Animal Friends**
1.00 AM **Land of Primates**
2.00 **Into the Wild: India**
3.00 **to 6.00** AM **Highlights**

E!
151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
9.00 **Total Bellas**
10.00 **Botched**
11.00 **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Kourtney & Kim Take New York**
3.30 **Tom Brady: In the Room**
4.00 **Hollywood Medium with Tyler Henry**
6.00 **Keeping Up with the Kardashians**
10.00 **Botched** A woman with a mutated backside. **11.00** Terry Dubrow helps a cancer survivor reconstruct her breasts and abdomen.
12.00 M'T **Temptation Island**
1.00 AM **Wags: LA**
2.00 **Teleshopping**
3.00 **Famously Single**
4.00 **to 5.00** AM **Stewarts and Hamiltons**

Food Network
140 285 41 148

6.00 AM **Jamie's Super Food**
7.00 **Giada in Italy**
9.00 **Valerie's Home Cooking** Double bill.
10.00 **Farmhouse Rules**
12.00 NOON **Jamie's Super Food** Four editions.
2.00 PM **James Martin's Favourite Feasts**
3.00 **Ainsley's Market Menu**
4.00 **Man Fire Food** New editions Double bill.
5.00 **The Pioneer Woman**
6.00 **Heston Blumenthal: In Search of Perfection**
7.00 **Nigel Slater's Dish of the Day** Double bill.
8.00 **River Cottage Spring**
9.00 **Gordon Ramsay's Ultimate Home Cooking** Double bill.
10.00 **John Torode's Australia** Cuisine in Queensland.
11.00 **Mystery Diners**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime
187 208 329 384

7.00 AM **Flipping Vegas**
7.50 **Storage Wars**
8.45 **Bring It!**
9.45 **Dance Moms**
10.45 **Little Women: LA**
11.45 **Police Patrol**
1.10 PM **Pawn Stars**
2.05 **Storage Wars**
3.05 **Hardcore Pawn**
4.00 **Bring It!**
5.00 **Property Virgins** New editions
6.00 **Flipping Virgins**
7.00 **Dance Moms**
8.00 **19 Kids & Outnumbered: Bringing Up Bates** New editions Double bill.
9.00 **Knightfall** *You'd Know What to Do:* 1/10. (S1)
10.00 **Storage Wars**
10.55 **Hardcore Pawn**
11.50 **Pawn Stars**
12.45 AM **Police Patrol**
1.40 **Flipping Virgins**
2.35 **Hardcore Pawn**
3.30 **to 4.00** AM **Police Patrol**

Paramount Network
150 187 150 31 132

9.10 AM **The A-Team**
10.10 **Knight Rider**
11.10 **FILM The Restless Breed** Western. (1957, PG, 86min) ★★
12.55 PM **FILM The High and the Mighty** Aerial adventure. (1954, U, 147min) ★★★★
4.00 **The A-Team**
6.00 **Traffic Cops**
7.00 **Police Interceptors** A pursuit from London arrives in the Essex area.
8.00 **Trucking Hell**
9.00 **FILM Jonah Hex** Fantasy Western with Josh Brolin. (2010, 15, 81min) ★
10.35 **FILM xXx** Action thriller. (2002, 12, 124min) ★★
1.00 AM **19-2**
2.55 **Airwolf** 11/22. (S2)
3.50 **Star** (S2)
4.35 **Now That's Funny!**
5.25 **Criminals: Caught on Camera** CCTV footage.
5.50 **to 6.00** AM **Access**

+1 hour 250 94

Sky Crime
121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Patrol**
8.00 **Canada's Front Line**
9.00 **Border Security USA**
10.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Patrol**
1.00 PM **How I Caught the Killer**
2.00 **Murders That Shocked the Nation**
3.00 **Canada's Front Line**
4.00 **Road Wars**
5.00 **Brit Cops**
6.00 **Motorway Patrol**
7.00 **Snapped**
8.00 **Murders That Shocked the Nation**
9.00 **Killer Families** New edition
10.00 **Snapped**
11.00 **Britain's Most Evil**
12.00 M'T **World's Most Evil**
2.00 AM **Snapped**
3.00 **Murders That Shocked the Nation**
4.00 **to 6.00** AM **Highlights**

+1 hour 221 207

CBS Reality
146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** The murderers who burned their victim's body to cover their crime. **7.30** The investigation into sexual assaults on four Indiana women.
8.00 **Murder for Hire** A scheming sociopath who hired a hitman to gun down his ex-wife.
9.00 **It Takes a Killer** A look at murder cases from recent years.
10.00 **Evidence of Evil** An examination of the case of David Jackson.
11.00 **Wives with Knives**
12.00 M'T **48 Hours: Mystery**
1.00 AM **It Takes a Killer**
2.00 **Evidence of Evil**
3.00 **I Survived**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Bondi Rescue**

+1 hour 246 71 201 136

Really
142 128 17 160

6.00 AM **The Sheriffs Are Coming: Compilation**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** In Durham.
9.00 **A Place in the Sun: Winter Sun**
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Homes Under the Hammer**
2.00 **Escape to the Country**
3.00 **The Sheriffs Are Coming: Compilation**
4.00 **Animal Cops Houston**
5.00 **Animal Cops Phoenix**
6.00 **Antiques Road Trip**
9.00 **Ambulance**
10.00 **Helicopter ER** New edition A seven-year-old boy is hit by a car.
11.00 **Paranormal Lockdown**
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze
164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Auction Hunters**
8.00 **Curse of Oak Island**
9.00 **In Search Of**
10.00 **Ancient Aliens**
11.00 **Air Crash: Disasters Uncovered**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Pawn Stars**
2.00 **Hardcore Pawn**
3.00 **Curse of Oak Island**
4.00 **UFO Hunters**
5.00 **Ancient Aliens**
6.00 **Auction Hunters**
7.00 **Storage Wars: Texas**
8.00 **American Pickers**
9.00 **WW2 Treasure Hunters: WW1 Special**
10.00 **Storage Wars**
11.00 **Auction Hunters**
12.00 M'T **Hardcore Pawn**
1.00 AM **Pawn Stars**
2.00 **American Pickers**
3.00 **Swamp People**
4.00 **Mountain Men**
5.00 **to 6.00** AM **Storage Wars: Texas**

TLC
133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: The Big Day**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides**
11.00 **Say Yes to the Dress**
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
5.00 **Curvy Brides**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Outdaughtered: Busby Quints** New edition
9.00 **Say Yes... UK**
10.00 **Cake Boss**
11.00 **Dr Pimple Popper**
12.00 M'T **Outdaughtered: Busby Quints**
1.00 AM **Say Yes to the Dress: UK** Double bill.
2.00 **Cake Boss**
3.00 **Dr Pimple Popper**
4.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT
153 152 54 133

9.10 AM **FILM Did I Kill My Mother?** Mystery thriller. (2018, PG, 90min) ★★
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Dog Rescuers with Alan Davies**
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **The Highland Vet** New edition
10.00 **Secret Scotland**
11.00 **The Dog Rescuers with Alan Davies**
12.00 M'T **Conspiracy: Faking the Moon Landings**
1.00 AM **World's Deadliest Weather: Caught on Camera**
2.00 **Walking Britain's Lost Railways**
3.00 **The Dog Rescuers with Alan Davies**
3.55 **to 4.00** AM **Access**

Quest
144 144 831 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **History in the Making**
7.10 **Deadliest Catch**
9.00 **Outback Truckers**
10.00 **The Repair Shop**
11.00 **Chasing Classic Cars**
12.00 NOON **Salvage Hunters: Classic Cars**
1.00 PM **Aussie Gold...**
2.00 **Deadliest Catch**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters** New edition
10.00 **Gold Divers**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **American Pickers**
2.00 **American Chopper**
3.00 **Ultimate Airport Dubai**
4.00 **Dirty Jobs**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 72 168

Quest Red
149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **French Collection**
8.00 **Posh Pawnbrokers**
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **Disappeared**
3.00 **The Perfect Murder**
4.00 **Say Yes to the Dress: UK** Four editions.
6.00 **Curvy Brides Boutique**
7.00 **Long Lost Family US**
8.00 **My 600lb Life**
9.00 **Sister Wives**
10.00 **Say Yes to the Dress: Atlanta** Double bill.
11.00 **FBI Case Files**
12.00 M'T **Crime Stories**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Insane Pools: Off the Deep End** A pool in a small yard.
9.00 **Alaskan Bush People**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Rush: White Water**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**

9.00 **G.A.S. Extreme Customs**

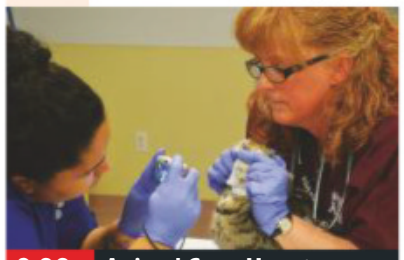
7.00 **Supertruckers** Steve and Sam have to negotiate the capital's traffic to deliver a crane near the London Stadium.
8.00 **Texas Metal** Bill customises a brand-new 2018 Yukon Denali by dropping it to the floor on 28x15 wheels.
9.00 **NEW SERIES G.A.S. Extreme Customs** Series following Galphin Motors as they restore and upgrade classic cars.
10.00 **Street Outlaws: Memphis** New edition The Memphis family head to Battlefield Dragway in Mississippi.
11.00 **Fast N' Loud**
12.00 M'T **G.A.S. Extreme Customs**
1.00 AM **Street Outlaws: Memphis** As 10.00pm.
2.00 **Deadliest Catch**
3.00 **G.A.S. Extreme Customs**
3.50 **Kindig Customs**
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cribs**
8.00 **Pit Bulls & Parolees**
10.00 **Crikey! It's the Irwins**
12.00 NOON **Devil Sharks**
1.00 PM **My Cat from Hell**
2.00 **Coyote Peterson: Brave the Wild** The funnel web spider.
2.30 **Meet the Sloths** The team try to save a poisoned sloth.
3.00 **Dr Dee: Alaska Vet**
5.00 **Pit Bulls & Parolees** Tia's leg injury is making work difficult.
6.00 **Bondi Vet** Dr Chris Brown's work at Kyabram Vet Clinic in Victoria continues.



9.00 **Animal Cops Houston**

7.00 **Animal Cops Philadelphia** The team try to find who was responsible for attacking a puppy with a machete.
8.00 **Alaska: The Last Frontier** Otto and Eivin fight to douse a coal fire on Kilcher beach that threatens the homestead.
9.00 **Animal Cops Houston** A rookie carer wins the hearts of everyone by performing emergency surgery on a dog.
10.00 **Animal Cops Houston** The team receive a report of 50 animals being held at the home of a suspected hoarder.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **Nature's Strangest Mysteries: Solved**
2.00 **Alaska: The Last Frontier**
3.00 **Animal Cops Houston**
3.50 **Pit Bulls & Parolees**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Supercar Megabuild**
9.00 **Supercars**
10.00 **Strippers: Cars for Cash**
11.00 **Air Crash Investigation**
1.00 PM **Hitler's Last Stand**
2.00 **Nazi Megastructures**
3.00 **Mega Volcano: Draining the Pacific** The geological forces in an area infamous for natural disasters.
4.00 **Drain the Oceans**
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a classic 1960s Mercedes.
6.00 With James Nesbitt.

8.00 **Gathering Storm**

7.00 **Air Crash Investigation** A reconstruction of TAM Airlines Flight 3054 crash at Sao Paulo's Congonhas airport.
8.00 **Gathering Storm** New edition An emerging super-typhoon in the Pacific Ocean creates havoc for Japan.
9.00 **America's Hardest Prisons** A juvenile faces a choice between gang life and an education.
10.00 **Russia's Toughest Prisons** Documentary offering a never-before seen look inside three Russian prisons.
11.00 **Air Crash Investigation**
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: First Class** A woman and her stepdaughter smuggle drugs.
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Cosmos: Possible Worlds**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **American Pickers**
11.00 **Ancient Aliens**
12.00 NOON **Ultimate Blitzkrieg: WW2 Battle of Crete**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars**
6.00 **Swamp People** The 10 most legendary alligators that are lurking in the bayou.

8.00 **American Restoration**

7.00 **Forged in Fire** A sword wielded by some of history's fiercest soldiers – the Two-Handed Landsknecht Sword.
8.00 **American Restoration** On a tight budget and with a 30-day deadline, Rick and the team restore a 1956 Ford pick-up.
9.00 **Washington** Series finale How George Washington shaped the US, post-Revolution, becoming the inevitable, though reluctant, hero the young republic needed.
11.00 **Storage Wars**
12.00 M'T **The UnXplained with William Shatner**
1.00 AM **American Restoration**
2.00 **Ultimate Blitzkrieg: WW2 Battle of Crete**
3.00 **Forged in Fire**
4.00 **Swamp People**
5.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **Waterloo Dead**
7.10 **Abandoned Engineering**
8.00 **Medieval Murder Mysteries**
9.00 **World War Weird**
10.00 **The Architecture The Railways Built**
11.00 **Abandoned Engineering**
12.00 NOON **The Architecture...**
1.00 PM **Antiques Roadshow**
2.00 **Natural Curiosities**
3.00 **The Architecture...**
4.00 **Abandoned Engineering**
5.00 **Unearthing WWII**
6.00 **World War Weird**

7.00 **Great British Railway...**

7 PM **Great British Railway Journeys** A journey from Norwich to Chichester. **7.30** From Ipswich to Chelmsford by rail.
8 PM **Chris Tarrant: Extreme Railway Journeys** Chris travels along the Alaska Railroad, riding through Anchorage and Eklutna.
9 PM **Auf Wiedersehen, Pet** *Love and Other Four-Letter Words:* 12/13. Dennis's wife Vera reveals she is coming to Germany.
10 PM **Auf Wiedersehen, Pet** *When the Boat Goes Out:* 13/13. Work on the site ends with a bang as Barry's bike explodes. (S1)
11.00 **Open All Hours** Arkwright has a rival for Nurse Gladys Emmanuel's attention. **11.40** Granville changes his image with some new clothes. **12.20** AM Granville places an ad in a lonely hearts column.
1.00 **Unearthing WWII**
2.00 **to 3.00** AM **Waterloo Dead**

+1 hour 255 200 75

Disc. History

171 257

6.00 AM **Wildest Europe**
7.00 **100 Miles from Nowhere**
8.00 **How We Invented the World**
9.00 **Tony Robinson's WWI**
10.00 **Blowing Up History**
11.00 **100 Miles from...**
12.00 NOON **Mysteries at the Museum**
1.00 PM **Combat Dealers**
2.00 **Expedition Unknown**
3.00 **Combat Dealers**
4.00 **Tony Robinson's WWI**
5.00 **How Trains Changed the World**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **America: Facts vs Fiction**
10.00 **Blood and Fury: America's Civil War**
11.00 **America's Lost Vikings**
12.00 M'T **Expedition...**
1.00 **to 6.00** AM **Highlights**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.30 **Jungle Planet**
10.00 **Rhino Orphanage**
11.00 **Africa**
12.00 NOON **Natural Curiosities**
1.00 PM **Atlantic: Wildest Ocean on Earth**
2.00 **Earth: The Power of the Planet**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **Rhino Orphanage**
5.00 **Africa**
6.00 **Natural Curiosities**
7.00 **Atlantic: The Wildest...**
8.00 **Earth: The Power of...**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **Rhino Orphanage**
11.00 **Africa**
12.00 M'T **Natural Curiosities**
1.00 AM **Atlantic: The...**
2.00 **Earth: The Power of...**
3.00 **The Zoo**
3.25 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Out There With Jack Randall** Triple bill.
12.00 NOON **Wild Animal A&E**
1.00 PM **Africa's Deadliest**
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Monster Croc Wrangler** A gang of saltwater crocodiles are spotted in a ranch's river. **7.30** A crocodile terrorised a remote fishing camp.
8.00 **Stranger Than Nature: Unhinged** Series finale The discovery of dead sharks washed up on Californian beaches.
9.00 **Wild Florida** Exploring the wildlife of the state.
10.00 **Antarctica**
11.00 **Wild Nordic**
12.00 M'T **Animals Gone Wild**
2.00 **to 5.00** AM **Africa's Deadliest**

Sky History 2

163 163 894 272 330 390

8.00 AM **The Curse of Civil War Gold**
10.00 **Lost Gold of WWII**
11.00 **How the Earth Was Made**
12.00 NOON **Ancient Aliens**
2.00 PM **Battles BC**
3.00 **The Curse of Civil War Gold: Diving Deeper**
5.00 **Dogfights**
6.00 **The Universe**
7.00 **Lost Gold of WWII** The team battle a typhoon.
8.00 **In Search Of** The phenomena of Superhuman strength.
9.00 **Empires of Blood** The dynasties and warlords of China.
10.00 **The Secret History of the White House**
11.00 **Deadliest Warrior**
12.00 M'T **Ancient Aliens**
2.00 AM **Empires of Blood**
3.00 **The Secret History of the White House**
4.00 **to 5.00** AM **In Search Of**

PBS America

174 273 91 155

8.00 AM **The Story of China**
9.20 **The Dust Bowl**
10.35 **The Stuarts**
11.50 **The Poison Squad**
1.00 PM **Beautiful Serengeti**
1.30 **The Story of China**
2.50 **The Dust Bowl**
3.55 **The Stuarts**
5.00 **The Poison Squad**
6.10 **The Story of China**
7.30 **The Dust Bowl** The worst man-made ecological disaster in the United States' history.
8.40 **The Stuarts** Clare Jackson examines the history of the 17th-century royal family.
9.50 **The Poison Squad** The story of a chemist who took on powerful food manufacturers in the United States.
11.00 **The Dust Bowl**
12.15 AM **The Stuarts**
1.30 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **When Missing Turns to Murder**
1.00 PM **Nightmare in Suburbia**
2.00 **Murder for Hire**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour**
8.00 **NEW SERIES I Knew My Murderer**
9.00 **999: Killer on the Line**
10.00 **Crimes That Shook Britain**
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Nightmare in Suburbia**
2.00 **When Missing Turns to Murder**
3.00 **Murder for Hire**
4.00 **to 6.00** AM **Highlights**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

MONDAY Films

Monday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Standing Up, Falling Down** Comedy. (2019) ★★★
7.45 **Blood on Her Name** (2019)
9.15 **The 2020 Top Ten Show**
9.30 **Strike** Animation. (2018) ★★★
11.15 **Frozen II** As 8.00pm.
1.15 PM **The 2020 Top Ten Show**
1.30 **PREMIERE Buffaloed**
3.15 **Beyond the River** Drama. (2017, 12, 113min) ★★★
5.15 **The Goldfinch** Drama. (2019, 15, 149min) ★★★
7.45 **The 2020 Top Ten Show**

10.00 Buffaloed

8 PM

8.00 **Frozen II** Animated adventure featuring the voices of Kristen Bell, Idina Menzel and Josh Gad. Haunted by a mysterious voice, Elsa the Snow Queen travels to the enchanted forests beyond her kingdom. (2019, U, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **PREMIERE Buffaloed** Comedy starring Zoey Deutch. (2019, 15, 95min) ★★★ *See review, page 22*
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

11.45 **Sprinter** Drama starring Lorraine Toussaint, David Alan Grier and Bryshere Y Gray. (2018, 15, 114min) ★★★
1.45 AM **Jay and Silent Bob Reboot** Comedy starring Kevin Smith and Jason Mewes. (2019, 15, 105min) ★★
3.45 **The Wolf Hour** Psychological drama starring Naomi Watts. (2019, 15, 99min) ★★
5.30 **to 6.00** AM **Hotel Mumbai: Special**

Sky Cinema Disney

305 305 846 405 505

7.50 AM **A Goofy Movie** Animated comedy, as shown at 4.15am.
9.25 **Christopher Robin** Comedy adventure, as 12.00m't.
11.25 **Dumbo** As 6.00pm.
1.25 PM **A Bug's Life** As 10.15pm.
3.10 **Mulan II** Animated sequel. (2004, U, 75min) ★★★
4.40 **The Return of Jafar** Animated adventure sequel. (1994, U, 66min) ★★
6.00 **Dumbo** Fantasy adventure. (2019, PG, 112min) ★★★

8.00 Tomorrowland: A World...

8.00 **Tomorrowland: A World Beyond** Fantasy starring George Clooney and Britt Robertson. A gifted teenage inventor discovers a mysterious futuristic world, and attempts to uncover its secrets. (2015, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **A Bug's Life** Animated fantasy featuring the voices of Kevin Spacey and Dave Foley. (1998, U, 94min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Christopher Robin** Comedy adventure starring Ewan McGregor, Bronte Carmichael and Hayley Atwell. (2018, PG, 104min) ★★★
2.00 AM **Tomorrowland: A World Beyond** As shown at 8.00pm.
4.15 **A Goofy Movie** Animated comedy with the voice of Bill Farmer. (1995, U, 78min) ★★
5.50 **to 7.20** AM **Mulan II** Animated sequel, as 3.10pm.

Sky Cinema Family

306 306 847 406 506

6.20 AM **The Haunted Mansion**
7.55 **Leo Da Vinci: Mission Mona Lisa** As 4.30pm.
9.25 **Maleficent: Mistress of Evil**
11.30 **Star Wars: The Clone Wars**
1.15 PM **Rio** As 6.00pm.
2.55 **The Haunted Mansion** Comedy. (2003, PG) ★★
4.30 **Leo Da Vinci: Mission Mona Lisa** Animation. (2018, U) ★★
6.00 **Rio** Animation. (2011) ★★★★
7.45 **Maleficent: Mistress of Evil** Fantasy sequel. (2019) ★★★

6.00 Rio

Maleficent: Mistress of Evil (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Alpha** Adventure starring Kodi Smit-McPhee. A young prehistoric man attempts to survive in the wilderness after he is left for dead by his tribe. (2018, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Race to Witch Mountain** Sci-fi fantasy adventure starring Dwayne Johnson, AnnaSophia Robb and Alexander Ludwig. (2009, PG, 94min) ★★★★
1.10 AM **School Spirits** Comedy adventure with Alysia Reiner, Audrey Whitby and Teala Dunn. (2017, PG, 88min) ★★
2.45 **Alpha** As 9.45pm.
4.35 **to 6.25** AM **Star Wars: The Clone Wars** As 11.30am.

Sky Cinema Action

307 307 848 407 507

6.00 AM **Judge Dredd** As 2.50pm.
7.45 **Escape Plan 3** As 1.15am.
9.30 **Cliffhanger** As 4.30pm.
11.30 **First Blood** As 6.25pm.
1.10 PM **Rambo: First Blood Part II** As 8.00pm.
2.50 **Judge Dredd** Sci-fi action thriller. (1995, 15, 95min) ★★
4.30 **Cliffhanger** Action adventure. (1993, 15, 112min) ★★★
6.25 **First Blood** Action adventure starring Sylvester Stallone. (1982, 15, 93min) ★★★★

9.45 Rambo III

8.00 **Rambo: First Blood Part II** Action sequel starring Sylvester Stallone. Rambo returns to the jungles of South East Asia on a mission to rescue American PoWs. (1985, 15, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Rambo III** Violent action adventure sequel starring Sylvester Stallone as the Vietnam vet on a rescue mission in Russian-occupied Afghanistan. (1987, 18, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Rambo** Action drama sequel starring Sylvester Stallone. Rambo takes on the Burmese army to rescue a captive group of missionaries. (2008, 18, 92min) ★★★
1.15 AM **Escape Plan 3** Action thriller sequel starring Sylvester Stallone and 50 Cent. (2019, 15, 97min) ★
3.05 **Rambo III** As 9.45pm.
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 849 408 508

7.15 AM **Better Start Running** Action comedy, as 1.30am.
8.50 **Think Like a Man** As 5.55pm.
10.55 **Night School** As 8.00pm.
12.55 PM **James vs His Future Self** Sci-fi comedy, as 11.45pm.
2.35 **Austin Powers: The Spy Who Shagged Me** As 10pm.
4.15 **Evan Almighty** Fantasy. (2007, PG, 95min) ★★
5.55 **Think Like a Man** Romantic ensemble comedy. (2012, 12, 116min) ★★★

4.15 Evan Almighty

8.00 **Night School** Comedy starring Kevin Hart. Seventeen years after dropping out of high school, a salesman finds himself unemployed. In the hope of getting a job, he and a band of adults attend night classes. (2018, 15, 111min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Austin Powers: The Spy Who Shagged Me** Spy spoof with Mike Myers. (1999, 12, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **James vs His Future Self** Sci-fi comedy starring Daniel Stern and Jonas Chernick. (2019, 15, 94min) ★★★
1.30 AM **Better Start Running** Action comedy starring Analeigh Tipton and Jeremy Irons. (2018, 15, 92min) ★★
3.10 **Lost in London** Comedy starring Woody Harrelson. (2017, 12, 103min) ★★★★
5.10 **to 6.50** AM **Evan Almighty** Fantasy, as 4.15pm.

primetime

Sky Cinema Hits

303 403 503

6.50 AM **Little** Comedy with Regina Hall. (2019, 12, 109min) ★★
8.45 **Pearl Harbor** Romantic war drama. (2001, 12, 183min) ★
11.50 **Fast & Furious Presents Hobbs & Shaw** As 9.00pm.
2.10 PM **Spider-Man: Far From Home** Adventure sequel. (2019, 12, 129min) ★★★★
4.25 **Brightburn** Superhero horror. (2019, 15, 90min) ★★★

6.00 **Avengers: Endgame** Fantasy starring Robert Downey Jr. Iron Man, Captain America, Thor and the reunited heroes make a last stand against Thanos. (2019, 12, 181min) ★★★★
9.00 **Fast & Furious Presents Hobbs & Shaw** Adventure starring Dwayne Johnson and Jason Statham. Luke Hobbs and Deckard Shaw must put their differences aside and team up to stop a major terror threat. (2019, 12, 137min) ★★★

11.20 **Crank** Offbeat thriller. (2006, 18, 88min) ★★★★
12.55 AM **BlacKkKlansman** Drama. (2018, 15, 135min) ★★★★
3.15 **Assassination Nation** Comedy. (2018, 18, 108min) ★★★★
5.10 **to 7.00** AM **Nanny McPhee** Fantasy. (2004, U, 98min) ★★★

Sky Cinema Greats

304 304 845 404 504

6.15 AM **The Rock** Action thriller. (1996, 15, 136min) ★★★★
8.40 **The Blind Side** Drama. (2009, 12, 129min) ★★★
11.00 **Full Metal Jacket** As 8.00pm.
1.00 PM **Interstellar** As 10.00pm.
3.50 **Dangerous Minds** Drama. (1995, 15, 101min) ★★★
5.40 **Fury** World War Two drama with Brad Pitt and Shia LaBeouf. (2014, 15, 131min) ★★★

8.00 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama starring Matthew Modine as a GI in the thick of the action at the battle for Hue in 1968. (1987, 15, 115min) ★★★★★
10.00 **Interstellar** Sci-fi drama starring Matthew McConaughey and Anne Hathaway. A spacecraft goes in search of a new home for the human race before a devastated Earth becomes uninhabitable. (2014, 12, 166min) ★★★★

12.50 AM **The Wolf of Wall Street** Fact-based business drama. (2013, 18, 176min) ★★★★
3.50 **Weird Science** Teenage fantasy. (1985, 12, 94min) ★★★
5.30 **to 7.45** AM **The Sons of Katie Elder** Western with John Wayne. (1965, U, 122min) ★★★

TCM Movies

315 415 416 512 526

6.00 AM **Close Up**
7.00 **It's a Gift** (1934) ★★★★
8.20 **Battle of the Bulge** (1965)
11.30 **Son of a Gunfighter** Western. (1965, U, 92min) ★
1.30 PM **Operation Crossbow** War drama. (1965, PG) ★★★
3.55 **The Hired Gun** Western. (1957, b/w, U, 63min) ★★★
5.10 **The Cimarron Kid** Western. (1951, U, 84min) ★★

6.40 **Escape to Victory** World War Two drama starring Sylvester Stallone and Michael Caine as Allied PoWs who use a football match as cover for an escape attempt. (1981, PG, 111min) ★★
9.00 **Absolute Power** Thriller starring Clint Eastwood. An ageing master thief is set up to take the rap for a murder involving the US president. (1996, 15, 121min) ★★★
11.30 **Charley Varrick** Crime thriller. (1973, 15, 111min) ★★★★

1.50 AM **The Green Berets** Vietnam War drama starring John Wayne. (1968, PG, 141min) ★
4.20 **Off Set**
4.30 **Hollywood's Best Directors**
5.00 **to 6.00** AM **Close Up**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **The Love Lottery** (1953)
7.45 **Open All Night** (1934) ★★
9.00 **Sir Francis Drake** 4/26. (S1)
9.30 **Ladies Who Do** (1963) ★★
11.10 **Stars from the Screen**
11.25 **Grand National Night** (1953)
1.00 PM **Fiddlers Three** (1944) ★★
2.45 **Salisbury Hall: The Ghost Of Nell Gwyn**
3.00 **The October Man** (1947) ★★★
5.00 **Catweazle** 11/13. (S2)

5.30 **The Three of Us**
5.45 **The Way Ahead** War drama. (1944, b/w, U, 110min) ★★★★
8.00 **Hannay** Von Schwabing kidnaps and blackmails Hannay.
9.00 **Special Branch** Craven is put in charge of security when a prisoner is interrogated at a derelict mental institution.
10.00 **The Gentle Touch** A man is found stabbed to death on the London Underground.
11.00 **Circus of Fear** Mystery chiller. (1967, PG, 83min) ★★

12.45 AM **Little Fauss and Big Halsy** Drama. (1970, 15, 95min) ★★
2.45 **Lulu Belle** Melodrama. (1948, b/w, PG, 86min) ★
4.30 **The Fall of the House of Usher** Horror. (1950) ★★
5.50 **to 6.00** AM **Kings of England: Glimpses**

Horror

317 149 70 138

8.00 AM **Under the Dome** (S2)
9.00 **Star Trek: The Next Generation** 17/22. (S2)
10.00 **Star Trek** 17/24. (S3)
11.00 **Terror Peak** Disaster movie. (2003, PG, 96min) ★
1.00 PM **Ice Twisters** Sci-fi thriller. (2009, PG, 91min) ★★
3.00 **Space 1999** 12/24. (S2)
4.00 **Alien Convergence** Thriller. (2017, 15, 120min) ★★

6.00 **Star Trek** 18/24. (S3)
7.00 **Star Trek: The Next Generation** 18/22. (S2)
8.00 **First Wave** *The Flight of Francis Jeffries:* 5/22. Foster investigates an alien experiment. (S3)
9.00 **Don't Blink** Horror with Mena Suvari. A mystery confronts 10 friends when they become stranded in a mountain resort. (2014, 15, 88min) ★★
10.50 **I Spit on Your Grave** Horror remake starring Sarah Butler. (2010, 18, 107min) ★★

12.55 AM **The Reef** Australian horror with Damian Walshe-Howling. (2010, 15, 84min) ★★★
2.40 **to 4.30** AM **An American Haunting** Chiller with Sissy Spacek. (2005, 15, 90min) ★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.00 AM **Paycheck** As 7.00pm.
8.00 **Argo** As shown at 9.00pm.
10.05 **The Hunt for Red October** Cold War suspense thriller. (1990, PG, 135min) ★★★★
12.25 PM **Patriot Games** Action thriller. (1992, 15, 116min) ★★
2.25 **Clear and Present Danger** Thriller. (1994, 12) ★★★
4.50 **The Sum of All Fears** Action thriller. (2002, 12) ★★★★
7.00 **Paycheck** Sci-fi thriller. (2003, 12, 119min) ★★★

7.00 Paycheck

Paycheck (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

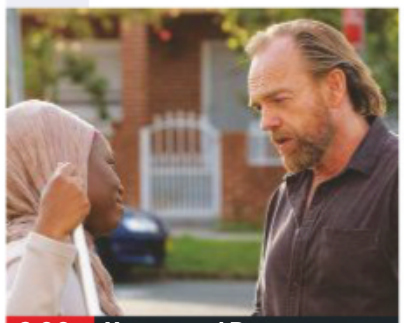
9.00 **Argo** Fact-based thriller directed by and starring Ben Affleck. A CIA agent creates a fake sci-fi movie project as a cover story for his plot to smuggle six fugitive American diplomats out of Iran. With Alan Arkin. (2012, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **The Intruder** Mystery horror starring Michael Ealy. (2019, 15, 102min) ★★
12.50 AM **Brothers in Arms** Action thriller starring Jai Courtney. (2018, 15, 99min) ★★★
2.40 **Eye for an Eye** Mystery thriller starring John Travolta. (2019, 15, 98min) ★
4.30 **to 6.15** AM **Sam Churchill: Search for a Homeless Man** Thriller with John Schneider. (1997, PG, 88min) ★★

Sky Cinema Drama

310 310 851 410 510

6.00 AM **Jellyfish** Drama. (2018, 15, 101min) ★★★
7.55 **Unforgiven** As 8.00pm.
10.15 **The Vanishing of Sidney Hall**
12.25 PM **Singin' in the Rain** Classic musical starring Gene Kelly. (1952, U, 102min) ★★★★★
2.20 **The Front Runner** Drama, as shown at 12.20am.
4.20 **Motherhood** Comedy. (2017, 15, 100min) ★★★★
6.00 **Hearts and Bones** Drama. (2019, 15, 111min) ★★★



6.00 Hearts and Bones

8.00 **Unforgiven** Academy Award-winning Western directed by and starring Clint Eastwood. A reformed killer is forced out of retirement to earn a living. With Gene Hackman and Morgan Freeman. (1992, 15, 130min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

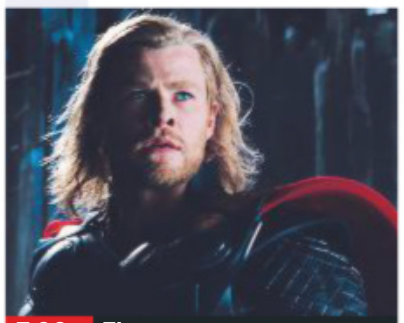
10.15 **The Vanishing of Sidney Hall** Mystery drama starring Logan Lerman. A man finds success and unexpected love at an early age, but then disappears without a trace. With Elle Fanning. (2017, 15, 119min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Front Runner** Drama. (2018, 15, 113min) ★★★
2.25 **Hot Summer Nights** Comedy. (2016, 18, 107min) ★★
4.15 **to 6.00** AM **Singin' in the Rain** As shown at 12.25pm.

Sky Cinema Sci-Fi/Horror

311 411 511

6.00 AM **Thor** As 7.00pm.
8.10 **Terminator 2: Judgment Day** Sci-fi. (1991) ★★★★★
10.50 **Terminator Salvation** Sci-fi. (2009, 12, 110min) ★★★
12.50 PM **Glass** As 9.00pm.
3.05 **Upgrade** Sci-fi thriller. (2018, 15, 100min) ★★★★
5.00 **Blade Runner: The Final Cut** Sci-fi thriller. (1982, 15, 117min) ★★★★★
7.00 **Thor** Fantasy adventure. (2011, 12, 114min) ★★★



7.00 Thor

Thor (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Glass** Fantasy thriller starring James McAvoy, Bruce Willis and Samuel L Jackson. A gifted security guard uses his supernatural abilities to track a disturbed man with 24 personalities. With Anya Taylor-Joy. (2019, 15, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Escape Room** Psychological thriller with Deborah Ann Woll. (2019, 15, 99min) ★★★
12.55 AM **Halloween** Horror starring Jamie Lee Curtis. (1978, 18, 92min) ★★★★★
2.30 **Friday the 13th Part IV: The Final Chapter** Horror thriller sequel. (1984, 18, 91min) ★
4.05 **Pledge** Horror thriller. (2018, 18, 77min) ★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Blockbusters

302 402 502

6.00 AM **The Grinch** As 5.25am.
7.30 **Bohemian Rhapsody**
9.50 **The Mummy** Adventure. (1999, 15, 124min) ★★★
12.00 NOON **The Mummy Returns**
2.15 PM **The Mummy: Tomb of the Dragon Emperor** Action adventure sequel. (2008, 12, 112min) ★★★
4.15 **Aladdin** Animated fantasy. (1992, U, 90min) ★★★★★
5.50 **Aladdin** Action fantasy. (2019, PG, 128min) ★★★★

5.50 Aladdin

8.00 **Bohemian Rhapsody** Biopic starring Rami Malek. While Queen become one of the biggest rock bands in the world, Freddie Mercury struggles with his personal life. with Lucy Boynton. (2018, 12, 134min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Batman v Superman: Dawn of Justice** Action adventure starring Ben Affleck and Henry Cavill. The superheroes' mutual distrust leads them into a battle to the death. (2016, 12, 164min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **The Bodyguard** Thriller. (1992, 15, 129min) ★★★
3.10 **The Mummy Returns** Action adventure sequel. (2001, 12, 129min) ★★★★
5.25 **to 7.00** AM **The Grinch** Animated festive fantasy. (2018, U, 85min) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Run for Cover** Western. (1954, PG, 92min) ★★
12.50 PM **Pursued** Western starring Robert Mitchum. (1947, b/w, PG, 101min) ★★★
2.55 **Winchester '73** Western. (1950, b/w, U, 92min) ★★★
4.45 **Hell Is for Heroes!** Drama. (1962, b/w, 12, 90min) ★★★
6.35 **Life of Pi** Oscar-winning director Ang Lee's adventure. (2012, PG, 127min) ★★★★★

11.20 Custody

Life of Pi (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Alien: Covenant** Ridley Scott's sci-fi thriller starring Katherine Waterston and Michael Fassbender. A crew of colonists sent to populate an alien planet have their mission diverted by a mysterious signal. (2017, 15, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.20 **FILM PREMIERE** **Custody** Drama starring Lea Drucker. A father enters a custody battle for access to his estranged family, but his ex-wife and children seem frightened of him. (2017, 15, 93min) ★★★
1.10 **to 3.00** AM **The Selfish Giant** Drama starring Conner Chapman and Shaun Thomas. (2013, 15, 91min) ★★★★

11 PM

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **Woman on the Beach**
7.30 **Don't Panic Chaps** (1959)
9.15 **The Great Lover** (1949) ★★
10.55 **My Favourite Brunette** (1947)
12.45 PM **Barbary Coast** Melodrama. (1935, b/w, PG, 110min) ★★
2.35 **The Loneliness of the Long Distance Runner** Drama. (1962, b/w, 12, 100min) ★★★★
4.45 **My Foolish Heart** Romantic drama. (1949, b/w, U) ★★★

6.50 **The Running Man** Suspense drama starring Laurence Harvey. A man fakes his own death so that his 'widow' can collect the insurance money. (1963, PG, 101min) ★★★
9.00 **The Day of the Jackal** Thriller based on the novel by Frederick Forsyth, starring Edward Fox as an assassin hired to kill French president Charles de Gaulle. (1973, 15, 142min) ★★★★★
11.45 **All the Young Men** War drama. (1960, b/w, PG, 86min) ★★★

1.30 AM **One Against One – No Mercy** Western. (1968, PG) ★★
3.10 **The Sword of El Cid** Historical drama. (1962, 12, 86min) ★★
4.35 **to 6.00** AM **The Giants of Thessaly** Fantasy. (1960) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Demons from Her Past**
11.05 **White Hot: The Mysterious Murder of Thelma Todd** Drama. (1991, PG, 97min) ★★
1.00 PM **Lost Letter Mysteries: Signed Sealed Delivered** Drama with Eric Mabius.
2.50 **Driven Underground** Drama. (2015, PG, 90min) ★★
4.45 **Marie Antoinette** Period drama. (2006, 12, 123min) ★★★

7.10 **The Beaver** Offbeat comedy drama starring Mel Gibson and Jodie Foster. A depressed toy company boss finds that he can only communicate through a beaver hand-puppet. (2011, 12, 90min) ★★★
9.00 **Indecent Proposal** Romantic drama starring Robert Redford, Demi Moore and Woody Harrelson. A gambler offers a yuppie couple $1 million if the wife will sleep with him. (1993, 15, 117min) ★★

11.20 **21 Grams** Tragic drama. (2003, 15, 124min) ★★★★
1.50 AM **Drone** Thriller starring Sean Bean. (2017, 15, 91min) ★★
3.40 **to 6.00** AM **Short Circuit 2** Comedy. (1988, PG, 110min) ★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Sealed Cargo** (1951) ★★★
7.45 **The White Tower** (1950) ★★
9.35 **Wildfire 7: The Inferno** Disaster movie. (2002) ★★
11.25 **The Sword of El Cid** Historical drama. (1962, 12, 86min) ★★
1.10 PM **Wagon Master** Western. (1950, b/w, PG, 86min) ★★★★
2.55 **The Gift Horse** War adventure. (1952, b/w, PG, 100min) ★★★
5.00 **1914-1918: War Planes**

6.55 **Titanic** Drama starring Barbara Stanwyck, Robert Wagner and Clifton Webb. A woman trying to elude her husband boards the luxury liner *Titanic* as it sets sail on its ill-fated maiden voyage across the Atlantic in 1912. (1953, b/w, PG, 94min) ★★★
9.00 **Titanic: Secrets Revealed** Documentary exploring the wreck of the liner, from the ballrooms and dining salon to the gates leading to the third-class passenger level.

11.00 **Second in Command** Action thriller. (2006, 15, 91min) ★★
12.45 AM **Diamond Dogs** Adventure. (2007, 15, 94min) ★★
2.35 **to 4.00** AM **Fatal Flip** Thriller. (2015, 15, 86min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Christmas Hero** (2016) ★★
9.00 **Write Before Christmas** (2019)
11.00 **Two Turtle Doves** Festive drama. (2019, PG, 120min) ★★
1.00 PM **A Twist of Christmas** Drama. (2018, PG, 90min) ★★
3.00 **A Christmas Love Story** Drama. (2019, PG, 120min) ★★
5.00 **Christmas Wishes and Mistletoe Kisses** Romantic comedy. (2019, PG, 84min) ★★

7.00 **Christmas Mail** Romantic comedy starring Ashley Scott and AJ Buckley. A postman falls in love with a woman who is working the holiday season at the post office, answering children's letters to Santa Claus. (2010, U, 88min) ★★
9.00 **Christmas at Graceland** Festive romance starring Wes Brown. A Chicago-based business executive travels to Memphis and reunites with an old flame. (2018, U, 85min) ★★

11.00 **No Time Like Christmas** Drama. (2019, PG, 85min) ★★
1.00 AM **A Nutcracker Christmas** Drama. (2016, U, 86min) ★★
3.00 **to 5.00** AM **Christmas Festival of Ice** Drama. (2017, PG) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **Judge Dredd** *Sky One* Sci-fi starring Sylvester Stallone. ★★
9.00 **The Inbetweeners 2** *E4* Comedy with Simon Bird. ★★
9.00 **Hercules** *5STAR* Adventure starring Dwayne Johnson. ★★★
9.00 **The Party Crasher** *Syfy* Horror starring Jacob Artist, Jayson Blair and Molly Tarlov. ★
9.00 **Jonah Hex** *Paramount Network* Fantasy Western, based on a 1970s cult *DC Comics* series. ★
10.00 **On Deadly Ground** *ITV4* Action thriller starring Steven Seagal. ★
10.00 **50 First Dates** *Comedy Central* Romantic comedy. ★★★
10.10 **Funny People** *Sky Comedy* Bittersweet comedy. ★★★
10.35 **xXx** *Paramount Network* Espionage action thriller with Vin Diesel and Asia Argento. ★★
11.00 **Creed** *5STAR* Boxing drama with Michael B Jordan. ★★★★
11.05 **Thelma & Louise** *Channel 5* Controversial road movie, directed by Ridley Scott and starring Susan Sarandon and Geena Davis. ★★★★★
11.10 **30 Days of Night** *Syfy* Horror thriller based on a graphic novel, with Josh Hartnett. ★★

MONDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Sky Sports News**
8.00 LIVE **ANZ Premiership Netball Magic v Stars** Coverage of the match from Claudelands Arena, Hamilton. Centre-pass **8.00am**.
9.30 **My Icon** John Amaechi talks about the individuals that have inspired him over the course of his .
10.00 **The Football Show**
12.00 NOON **Sky Sports News**
4.00 **Fit In 5: Intro To Fit In 5**
4.10 **Fit In 5: Kirsty & Marvin: Muscular Endurance**
4.20 **Fit In 5: Kirsty & Marvin: Legs & Core** Fitness routine.
4.30 LIVE **EFL Oxford United v Portsmouth.** Coverage of the League One play-off semi-final second-leg encounter at Kassam Stadium. Kick-off **5.00pm**.
7.15 **My Icon** Thierry Henry speaks about the individuals that have been an inspiration to him.
7.30 LIVE **MNF Tottenham Hotspur v Everton.** Coverage of the Premier League encounter at Tottenham Hotspur Stadium. Kick-off **8.00pm**.
10.30 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Jamie Carragher**
7.30 **Premier League** Action from Burnley v Sheffield United.
10.00 **The Football Show**
12.00 NOON **Premier League** Highlights from Newcastle United v West Ham United. **2.15** A chance to see the action from Liverpool v Aston Villa.
5.00 PM **Premier League 100 Club**
6.00 **PL Legends: Gary Neville** A profile of former Manchester United defender Gary Neville.
6.30 **PL Legends: Robbie Fowler**
7.00 **Gary Neville's Soccerbox** With Dimitar Berbatov.
7.30 LIVE **MNF Tottenham Hotspur v Everton.** Coverage of the top-flight match at Tottenham Hotspur Stadium. Kick-off **8.00pm**.
10.30 **Gary Neville's Soccerbox**
11.00 **MNF Extra : Fletcher & Deeney**
12.00 M'T **Best PL Goals 94/95**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 95/96**
5.00 **Best PL Goals: Man Utd v Newcastle** Memorable strikes.
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **Highlights**
9.15 **SPFL Greatest Games**
9.30 **Football's Greatest Players**
10.00 **Football Countdowns**
10.30 **Football Years**
11.00 **EFL: Play Off Finals**
12.00 NOON **EFL Greatest Games**
12.45 PM **SPFL Greatest Games**
1.00 **Football's Greatest Players**
1.30 **Football Countdowns**
2.00 **Football Years**
2.30 **EFL League 2 Play-Off Finals**
3.30 **EFL League 2 Play-off Final**
4.30 LIVE **EFL Oxford United v Portsmouth.** The League One play-off semi-final second-leg at Kassam Stadium. Kick-off **5pm**.
7.15 LIVE **EFL Wycombe Wanderers v Fleetwood Town.** The second leg of the League One play-off semi-final, held at Adams Park. Kick-off **7.30pm**.
10.00 **SPFL Greatest Games**
10.30 **Best Moments From The Championship Play-Off Final**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Final 15**
1.00 AM **EFL Play Off Finals C'Ship**
2.00 **EFL: Play Off Finals**
3.00 **EFL: Championship Review**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Cricket Classics** The first ever Twenty20 International for the England team from 2005.
8.30 **ICC World Twenty20 – 2010 Final** England v Australia: Extended highlights of the match which took place at the Kensington Oval in Bridgetown.
1.30 PM **ICC 2016 World T20 Semi Final** New Zealand v England. Action from the opening semi-final at Feroz Shah Kotla Ground in Delhi, where the first place in the final was decided.
3.25 **ICC 2016 World T20 Final** England v West Indies: Action from the final of the tournament, held at Eden Gardens in Kolkata.
9.00 **ICC 2016 T20 Final Watchalong** England v West Indies. Action from the final of the tournament, which took place at Eden Gardens in Kolkata, as the successors to 2014 champions Sri Lanka were crowned.
10.35 **ICC 2016 World T20 Semi Final** New Zealand v England.
11.30 **ICC 2016 World T20 Semi Final** West Indies v India.
12.25 AM **to 6.00** AM **ICC 2016 World T20 Final**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **European Tour Golf**
9.00 **Feherty Talks To**
10.00 **PGA Tour Golf** Another chane to see the action from the fourth day of the Rocket Mortgage Classic.
3.00 PM **Chronicles of a Champion Golfer** A profile of Jack Nicklaus. **3.30** A profile of Nick Faldo.
4.00 **European Tour Golf** The Open de France: Highlights from the fourth and final day's play at Le Golf National in Paris.
5.00 **Feherty Talks To**
6.00 **Hall or Nothing: Georgia's Story** As shown at 10.00pm.
7.00 **PGA Tour Golf** Action from the Rocket Mortgage Classic in Detroit.
8.00 **The Greatest Solheim Cup**
10.00 **Hall or Nothing: Georgia's Story** Documentary exploring the journey of 2018 Women's British Open champion Georgia Hall.
11.00 **PGA Tour Golf**
12.00 M'T **The Greatest Solheim Cup**
2.00 AM **Chronicles of a Champion Golfer** As 3.00pm & 3.30pm.
3.00 **Hall or Nothing: Georgia's Story** As shown at 10.00pm.
4.00 **Feherty Talks To**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **DTM: Season Preview**
7.00 **Turkish Super Lig**
8.30 **ESPN FC** Football news.
9.00 **German Cup Football**
10.30 **Turkish Super Lig**
1.30 PM **German Cup Football**
3.00 **Premier League**
4.30 **Man Utd v Bournemouth**
6.00 **Ligue 1 Goals Of The Season**
6.15 **Bundesliga Relegation Playoff** Action from the first leg of the Bundesliga relegation playoff.
7.45 LIVE **Bundesliga** Action from Germany's top flight.
9.45 **Ligue 1 Goals Of The Season**
10.00 **ESPN FC** A round-up of the latest news from the world of football at the ESPN studios in Connecticut.
10.30 **UEFA Champions League Magazine** The latest news and updates from the UEFA Champions League.
11.00 **WWE Raw Highlights**
12.00 M'T **WWE SmackDown Highlights**
1.00 AM LIVE: **WWE Monday Night Raw** Wrestling action.
4.15 **Ligue 1 Goals Of The Season**
4.30 **Bundesliga Special**
5.00 **to 6.00** AM **V8 Supercars Highlights**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **BT Sport Goals Reload**
6.30 **PL Legends: Andrew Cole**
7.00 **WWE SmackDown Highlights**
8.00 **WWE NXT UK**
9.00 **Bundesliga Special**
9.30 **PL 100: Ryan Giggs**
10.00 **International GT Open Championship**
11.30 **Mic'd Up: Russell Martin**
12.00 NOON **MotoGP Films: Head to Head** A look back at some of MotoGP's most exciting duels.
1.15 PM **ESPN Films: The Announcement**
2.45 **Arnold's Blueprint**
3.00 **30 for 30: Kings Ransom**
4.00 **WWE Raw**
6.00 **30 for 30: The 16th Man** Showcasing the South African national rugby team and its impact on the nation's transition from segregation to integration.
7.00 LIVE **Turkish Super Lig** Action from the Turkish Super Lig.
9.00 **Fishing: On The Bank**
10.00 **O.J: Made in America**
12.00 M'T **ESPN Films: Unguarded**
1.30 AM **ESPN Films: Morningside 5**
3.00 **30 For 30: Be Water**
5.00 **to 6.00** AM **ESPN Films: The Little Master**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **The Big Match Revisited – 1974/75** Double bill.
8.00 **FA Cup Classics**
10.00 **Classic Premier League**
12.00 NOON **FA Cup Final Classics**
1.00 PM **MotoGP Classics: Paul Ricard 1998** The French GP.
2.00 **MotoGP Classics: Barcelona 1997** The 1997 Catalunya GP.
3.00 **Classic Bundesliga**
4.30 **UCL Stories of the Finals**
5.00 **UEFA Champions League – Stories of the Finals**
5.30 **UEFA Champions League Goals Reload** Double bill.
6.00 **UEFA Champions League Goals Show Retro**
7.00 **ESPN Classic Boxing** *Tyson Raw & Uncut* looks at Mike Tyson's unprecedented rise to the pinnacle of world boxing.
9.00 **UFC: Thompson v Till** Stephen Thompson v Darren Till: The welterweight bout in Liverpool.
12.00 M'T **UFC: Johnson v Elliott**
1.00 AM **UFC: The Ultimate Fighter**
2.00 **UFC Fight Flashback**
3.00 **WRC Review: Rally Portugal 2018** The Rally Portugal.
4.00 **to 6.00** AM **Irish Rally Review 2015**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **NFL: America's Game**
8.00 **World Matchplay Darts**
9.00 **World Cup of Darts**
10.00 **Fight Night Classics** A chance to relive some classic nights from the world of boxing.
12.00 NOON **NFL Highlights** Houston Texans v Indianapolis Colts. **1.00** PM Action from Dallas Cowboys v Seattle Seahawks.
2.00 **Grand Slam of Darts**
6.00 **World Matchplay Darts** The final of the 2019 tournament.
7.00 **World Cup of Darts** Action from Hamburg.
8.00 **NFL: A Football Life** Documentary series focusing on the lives of NFL players, coaches, owners and teams.
9.00 **Million Dollar Monday** Anthony Crolla v Jorge Linares: A chance to see the WBA World Lightweight title bout at Manchester Arena.
12.00 M'T **NFL: Wildcard Highlights 18/19** Texans v Colts.
1.00 AM **NFL: Battle To The Super Bowl 2018**
2.00 **World Matchplay Darts**
3.00 **World Cup of Darts**
4.00 **to 6.00** AM **Fight Night Classics**

Sky Sports Mix

145 145 838 | 520 510

6.00 AM **My Icon**
7.00 **Fighting Fit 2020**
7.30 **Fit In 5: Strength**
7.40 **Fit In 5: Abs & Core 2**
7.50 **Fit In 5: Challenger**
8.00 LIVE **ANZ Premiership Netball Magic v Stars.** From Auckland Netball Centre. Centre-pass **8.00am**.
9.30 **Game Changers Revisited**
10.00 **PGA Tour Golf**
3.00 PM **My Icon**
4.00 **Sporting Greats**
4.30 **School of Golf**
5.00 **Fighting Fit 2020**
5.30 **Fit In 5: Strength**
5.40 **Fit In 5: Abs & Core 2**
5.50 **Fit In 5: Challenger**
6.00 **ANZ Premiership Netball**
7.30 **ICC World Twenty20 – 2010 Final** England v Australia.
11.45 **Ashes Greats**
12.00 M'T **ICC 2016 World T20 Semi Final** New Zealand v England. 1.00 AM West Indies v India.
2.00 **Ashes in the 80s**
2.30 **Chronicles of a Champion Golfer** A profile of Jack Nicklaus.
3.00 **The Greatest Solheim Cup**
5.00 **to 6.00** AM **Hall or Nothing: Georgia's Story**

BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **In Depth with Bensinger**
7.00 **ESPN SportsCenter**
7.15 **MLB Classic: 1986**
8.15 **College Football Classics**
10.45 **ESPN FC** Football news.
11.15 **In Depth with Bensinger** Graham Bensinger sits down with Scott Hamilton who discusses the diagnosis of a third brain tumour.
11.45 **ESPN SportsCenter**
12.00 NOON **The Basketball Tournament**
7.00 PM LIVE **The Basketball Tournament** Eberlein Drive take on Game two winner.
9.00 LIVE **The Basketball Tournament** Golden Eagles take on Game four winner.
11.00 **ESPN SportsCenter** Phil Murphy looks at all the news of the day with interviews and special guests from the world of sport.
11.15 PM **to 6.00** AM **College Football Classics**

Eurosport 1

410 410 864 | 521 | 412 435

7.00 AM **Ultimate Tennis Showdown** Round four.
8.00 **Tour de France: Wiggins 2012**
11.00 **Ultimate Tennis Showdown**
12.00 NOON **Wimbledon 2018: Women's Final**
1.30 PM **Hall of Fame – Greatest Gymnasts** Olympic gymnasts.
2.00 **Tour de France: Froome 2015**
5.00 **Wimbledon 2018: Women's Final** Highlights of the match.
6.30 **Hall of Fame – Greatest Gymnasts** A look at some of the outstanding Olympic gymnasts.
7.00 **Football** Odd v FK Haugesund.
8.00 **Tour de France: Froome 2015** Action from the second stage.
11.00 **World Poker Tour**
12.00 M'T **Snooker: World Champs Final 2014** From Sheffield.
2.00 AM **Tour de France: Froome 2015** As shown at 8.00pm.
5.00 **Snooker Vodcast: The Debate**
5.30 **to 7.00** AM **Snooker: Liang v Trump**

Eurosport 2

411 411 865 | 522 | 413 436

8.00 AM **Wimbledon 2016: Men's QFs** Day nine of the tournament.
9.30 **Olympics – Greatest Tennis Players** Olympic tennis stars.
10.30 **Hall of Fame – Greatest Swimmers** Olympic swimmers.
11.00 **Snooker: Masters Final 2018**
1.00 PM **Football**
6.00 **Speedway European Championship** In Poland.
7.00 **Superbikes: BSB Lockdown Lowdown**
8.30 **Bennetts British Superbikes**
9.00 **WTCR Virtual Championship**
10.00 **Porsche Supercup**
11.00 **Superbikes: BSB Lockdown Lowdown** With Alastair Seeley.
12.00 M'T **Climbing World Championships** Double bill.
2.00 AM **Hall of Fame – Atlanta 1996** The 1996 Olympics.
3.00 **Snooker: World Champs Final 2012** From Sheffield.
5.00 **to 8.00** AM **Tour de France: Froome 2015**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Super League Gold**
7.00 **Sporting Heroes: John Smit Interviews Francois Pienaar**
8.00 LIVE **ANZ Premiership Netball Magic v Stars.** Coverage from Auckland Netball Centre. Centre-pass **8.00am**.
9.30 **Netball World Cup 2019**
11.30 **NBA Champions: 2009 LA Lakers** 2008-2009 season.
1.00 PM **Super Rugby**
3.00 **Super League 2019 Highlights**
4.00 **Netball World Cup**
6.00 **ANZ Premiership Netball**
7.30 **NBA Retro Games: 1990 Detroit Pistons v Portland Trail Blazers** Game five.
9.30 **NBA: Portland @ Houston**
11.15 **NBA: Sounds of the Finals**
11.45 **Super League 2019 Highlights**
1.00 AM **Sporting Heroes: Gary Newbon Interviews Carl Lewis**
2.00 **Netball World Cup 2019**
4.00 **to 6.00** AM **NBA Classic Games: Mavericks @ Jazz 2012**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1** The Austrian Grand Prix first practice session.
12.45 PM **Formula 1** The Austrian Grand Prix second practice.
2.30 **Formula 1** The Austrian Grand Prix third practice session.
3.45 **Small Talk with Lewis Hamilton**
4.00 **Formula 1** The Austrian Grand Prix qualifying session.
5.45 **Karun Drives the W10**
5.55 **F1 Cars Through 1000 Races**
6.00 **Formula 1** The Austrian Grand Prix: Action from the opening round of the season taking place at Red Bull Ring in Spielberg.
8.15 **The Notebook**
8.45 **Lewis in the W196 with Martin**
8.55 **F1 Cars Through 1000 Races**
9.00 **F1 Classic Races**
9.45 **Small Talk with Lewis Hamilton**
10.00 **Austrian F1 GP Highlights**
11.00 **Lewis & Martin: Secret Cinema**
11.30 **Carlos Sainz v Lando Norris**
12.00 M'T **Austrian F1 GP Highlights**
1.00 **to 6.00** AM **The Home of F1**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Tuesday

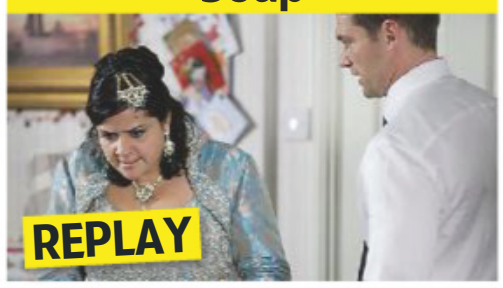
7 July

Evening Planner

Football

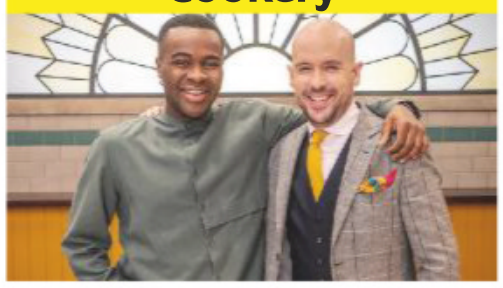
Premier League
Sky Sports Main Event HD, kick-offs 6pm & 8.15pm
Crystal Palace v Chelsea, and Arsenal v Leicester are among tonight's matches

Soap



EastEnders: Amira & Syed's Wedding
BBC1 HD, 7.25pm
Zainab reels from Christian's revelation in an episode from New Year's Day 2010

Cookery



Bake Off: The Professionals
C4 HD, 8pm
Liam Charles and Tom Allen offer advice as the three best teams join forces

Documentary

The Battle of Britain...
Channel 5 HD, 9pm
Kate Humble and Dan Snow present a guide to the aerial battle, centring on accounts from pilots and ground crew

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One...	7.25 EastEnders: Amira...	8.00 Holby City		9.00 The Secrets She Keeps		10.00 News	
102 BBC2	7.00 Princess Margaret: The Rebel Royal		8.00 Wimbledon: The Best of the...		9.00 The Choir: Singing for Britain		10.00 Live at the Apollo	
103 ITV	7.00 Doc Martin		8.00 Who Wants to Be a Millionaire?		9.00 The Secret Mediterranean with Trevor...		10.00 News	
104 CHANNEL 4	7.00 News		8.00 Bake Off: The Professionals		9.00 24 Hours in A&E		10.00 Celebrity Gogglebox	
105 CHANNEL 5	7.00 Dogs Behaving (Very) Badly		8.00 This Week on the Farm		9.00 The Battle of Britain: 3 Days That...		10.00 Film: Hacksaw Ridge	
106 SKY ONE	◂ 5.30 Premier League – Live		8.00 The Simpsons		9.00 Karl Pilkington: The Moaning of Life		10.00 Condor	
ENTERTAINMENT								
116 BBC4	7.00 Yorkshire Walks	7.30 The Joy of...	8.00 Pavlopetri – The City Beneath the...		9.00 Black Nurses: The Women Who Saved...		10.00 The Long Song	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Roswell, New Mexico		9.00 Love Island: Australia			10.20 Bromans
136 MORE4	◂ 6.55 Escape to the Chateau...	7.55 Grand Designs			9.00 Britain's Most Historic Towns		10.00 999: On the Front Line – Heart Attacks	
135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 The Inbetweeners			10.05 Derry Girls
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Ghost Whisperer		9.00 9-1-1		10.00 Coroner	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Film: Jarhead			
110 GOLD	◂ 6.55 Only Fools and Horses					9.40 Bottom		10.20 Men Behaving Badly
111 DAVE	7.00 Richard Osman's...	7.40 QI			9.00 Live at the Apollo		10.00 This Country	
119 ITV3	◂ 6.55 Downton Abbey		8.00 Midsomer Murders				10.00 Agatha Christie's Poirot	
120 ITV4	7.00 Tour de France ReCycled: Geraint's Tour		8.00 Giant Lobster Hunters		9.00 Gordon, Gino and Fred: American...		10.00 Film: Mad Max 2	
112 COMEDY CENTRAL	7.00 Friends		8.00 Film: Beetlejuice				10.00 Al Murray's Great British Pub Quiz	
152 SYFY	7.00 A Town Called Eureka				9.00 Spides		10.00 Film: The Grudge 2	
109 W	7.00 Property Brothers: Forever Homes		8.00 Inside the Ambulance		9.00 Inside the Vets		10.00 Louis Theroux's Altered States: Love...	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Insecure	9.35 Betty		10.15 Girls
124 FOX	7.00 NCIS				9.00 American Dad!	9.30 Family Guy		
122 SKY ARTS	7.00 Tate Britain's Great British Walks		8.00 Landscape Artist of the Year 2019		9.00 Portrait Artist of the Year 2020		10.00 Beyoncé: I Am – World Tour	
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Mighty Planes		9.00 Deadliest Catch		10.00 All on the Line	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 The Zoo		9.00 Crikey! It's the Irwins		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Viking Warrior Women		9.00 Kingdom of the Mummies		10.00 King Solomon's Treasures	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Counting Cars		9.00 The UnXplained with William Shatner		10.00 Mystery Weapons	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 David Jason: Planes, Trains and...		9.00 Open All Hours			
166 EDEN	7.00 Ganges		8.00 Earth: The Power of the Planet		9.00 The Zoo	9.30 Jungle Planet	10.00 Rhino Orphanage	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Frozen II		8.00 The Goldfinch					10.30 Sprinter
303 HITS	7.00 The Little Stranger				9.00 Shazam!			
304 GREATS	◂ 5.50 The Twilight Saga: Eclipse		8.00 The Twilight Saga: Breaking Dawn – Part 1				10.00 The Twilight Saga: Breaking Dawn...	
305 DISNEY	◂ 6.00 Enchanted		8.00 Ralph Breaks the Internet				10.00 Remember the Titans	
306 FAMILY	7.00 Dora and the Lost City of Gold				9.00 Breakthrough			
307 ACTION	◂ 6.00 300		8.00 Beverly Hills Cop				10.00 The Matrix	
308 COMEDY	◂ 6.00 Miss Congeniality		8.00 Miss Congeniality 2: Armed and Fabulous				10.00 Austin Powers in Goldmember	
309 THRILLER	◂ 6.40 Ocean's Twelve				9.00 Ocean's Thirteen			
310 DRAMA	◂ 6.15 Becks		8.00 Tolkien					10.05 The Aftermath
311 SCI-FI	◂ 6.35 Star Wars: Episode II – Attack of the Clones				9.00 Star Wars: Episode III – Revenge of the Sith			
302 BLOCKBUSTERS	◂ 6.00 Rise of the Planet of the Apes		8.00 Captain Marvel					10.10 Armageddon
313 FILM4	◂ 6.35 Snow White and the Huntsman				9.00 Passengers			
315 TCM MOVIES		7.20 The Adventures of Sherlock Holmes			9.00 The Glimmer Man			
SPORT								
401 MAIN EVENT	◂ 5.30 Premier League – Live: Crystal Palace v Chelsea: From Selhurst Park (Kick-off 6.00); Arsenal v Leicester City: From Emirates Stadium (Kick-off 8.15)							
402 PREMIER LEAGUE	◂ 5.30 Premier League – Live: Watford v Norwich City: From Vicarage Road (Kick-off 6.00); Arsenal v Leicester City: From Emirates Stadium (Kick-off 8.15)							
403 FOOTBALL	◂ 4.30 EFL – Live	7.30 SPFL Greatest...	8.00 Arsenal v Leicester Watchalong – Live: From Emirates Stadium (Kick-off 8.15)					10.15 SPFL Greatest Games
404 CRICKET	7.00 Viv Richards: Through His Eyes			8.30 Michael Holding: Whispering Death		9.30 The Cricket Lockdown Vodcast		10.30 Test Cricket
413 BT SPORT 1	◂ 6.00 Turkish Super...	7.30 UEFA...	8.00 UEFA Champions League Goals Show...		9.00 WWE Monday Night Raw			
414 BT SPORT 2	◂ 6.15 MotoGP Films...	7.30 Gearing Up	8.00 Backstory: Banned for Life		9.00 Brothers in Football			

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

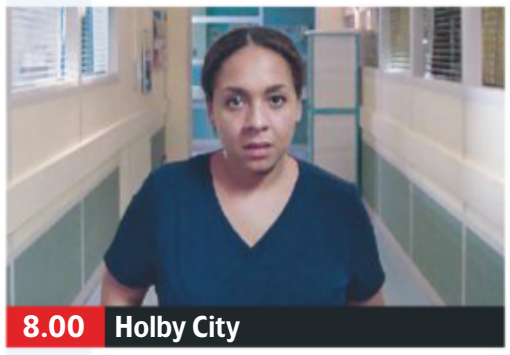
Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Tuesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Rip Off Britain** New edition (S)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Caught Red Handed** (S)(R)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Heights** New episode (S)(AD)
2.15 **Impossible** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Home Is Where the Art Is** New edition 2/15. Today's three artists try to create seaside-themed masterpieces. (S)(AD)
4.30 **The Repair Shop: Fixing Britain** New edition 2/15. Three unique items from World War Two. (S)(AD)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)



8.00 Holby City

7 PM

7.00 **The One Show** Alex Jones presents live chat and topical reports. (S)
7.25 **EastEnders: Amira & Syed's Wedding** Zainab questions Christian in an episode from 2010. (S)(R)(AD)

8 PM

8.00 **Holby City** A tragic incident pushes Nicky over the edge, Ange tells Cameron he is not ready to take the next step in his career, and Sacha decides to respect Essie's wishes concerning her cancer treatment. (S)(AD)

9 PM

9.00 **The Secrets She Keeps** New episode 2/6. Agatha is forced to change her plans when Meghan's due date is brought forward. (S1) (S)(AD)
9.45 **Staged** 2/6. Michael is caught breaking the law. (S1) (S)(R)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **I May Destroy You** New episode 10/12. Painful memories come up when Arabella attends her mother's birthday dinner. (S1) (S)(AD)
11.15 NEW TO BBC1 **How's Your Head, Hun? with Michelle Visage** Talk show. *Previously on BBC3 Online.* (S)
11.50 **Ambulance** 4/6. A burglar breaks his leg trying to escape. (S)(R)
12.50 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.45 AM **The Repair Shop: Fixing Britain** (S)(R)(AD)
7.30 **Greatest Escapes to the Country** With Nicki Chapman. (S)(R)
8.00 **Sign Zone: The Repair Shop** A rocking horse. (S)(R)(SL)(AD)
9.00 **Britain's Secret Seas** (S)(R)(AD)
10.00 **BBC News** (S)
1.00 PM **The Boss** Quiz show. (S)(R)
1.45 **Terry and Mason's Great Food Trip** Terry Wogan and Mason McQueen visit Harrogate. (S)(R)
2.15 **Wimbledon Rewind** New edition Billie Jean King v Ann Jones, and Roger Federer v Andy Roddick. (S)
5.15 **Flog It!** From Hendon. (S)(R)
6.00 **Eggheads** Quiz show. (S)(R)
6.30 **Greatest Escapes to the Country** New edition 12/15. Jules Hudson brings together some of the show's properties in Norfolk. (S)

9.00 The Choir: Singing for Britain

7.00 **Princess Margaret: The Rebel Royal** 2/2. Experts analyse Margaret's marriage to Lord Snowdon at the start of the 1960s, as the VIPs ride the wave of a cultural revolution that is transforming Britain. (S)(R)(AD)

8.00 **Wimbledon: The Best of the Championships** New edition Sue Barker is joined by Tim Henman and Boris Becker in the studio and by John McEnroe and Martina Navratilova via video link to look back at highlights. (S)

9.00 **The Choir: Singing for Britain** Series finale 3/3. The final episode features the country's most vulnerable people, who contribute to the project while self-shielding. (S)(AD)

10.00 **Live at the Apollo** Jason Manford hosts an evening of stand-up, introducing routines by Chris Ramsey and Doc Brown. (S)(R)
10.45 **Newsnight** (S)
11.25 **Weather** (S)
11.30 **Priest School** The oldest Scottish institution abroad – The Pontifical Scots College in Rome. (S)(R)
12.30 AM **Sign Zone: The Great British Sewing Bee** 9/10. The four remaining contestants take part in the semi-final. (S)(R)(AD)
1.30 **Sign Zone: Beechgrove** Garden pests. (S)(R)(SL)(AD)
2.00 **Sign Zone: Big Night at the Bingo – Our Lives** (S)(R)(SL)(AD)
2.30 **to 6.45** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Good Morning Britain with Lorraine** With Lorraine Kelly. (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit Lincoln, where a car-boot find makes a tidy profit on Karen Dalmeny's table, and a lemonade set painted with images of dogs surprises at auction. (S)(R)
3.00 **Tenable** Quiz show. (S)(R)
4.00 **Tipping Point** Quiz show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Doc Martin

7.00 **Doc Martin** *From the Mouths of Babies:* 5/8. Louisa has problems at school with Angela Sim's nephew, Al has a 'Large Whiskey' order, and Mrs Tishell seems to be having a delayed onset of mourning. (S8) (S)(R)(AD)

8.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson puts six more contestants through their paces to see who will have the opportunity to answer 15 questions to win the prize of £1 million. (S)(R)

9.00 **The Secret Mediterranean with Trevor McDonald** 2/4. The broadcaster explores an unusual hotel on Santorini, before meeting movie mogul Tarak Ben Ammar in Tunisia and the cowboys of the Camargue in France. (S)(R)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Billion Pound Cruises: All at Sea** A report on how the pandemic brought the cruise industry to a standstill. (S)(R)(AD)
11.45 **Ross Kemp: Living with 'Forced Out' Families** 4/4. How some vulnerable families are being moved miles away from home by local councils. (S)(R)(AD)
12.10 AM **Ideal World**
3.00 **Who's Doing the Dishes?** DJ and TV presenter Toby Anstis plays host. (S)(R)(AD)
3.50 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** 5&6/27. (S9) (S)(R)
7.20 **Mike & Molly** 1&2/24. (S1) (S)(R)
8.05 **The Big Bang Theory** (S)(R)(AD)
9.00 **Frasier** 4-6/24. (S3) (S)(R)(AD)
10.30 **Come Dine with Me** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** (S)(R)
3.00 **A Place in the Sun** (S)(R)
4.00 **Sun, Sea and Selling Houses** New edition A couple want a home that they can rent out. (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Come Dine with Me** New edition An evening of construction-themed comfort food. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Sebastian returns home, but things are awkward between Warren and Sienna. (S)(AD)

9.00 24 Hours in A&E

7.00 **News** (S)

8.00 **Bake Off: The Professionals** New edition The three best teams join forces to face new rivals and their toughest challenges, including an insect-inspired showpiece, kouign-amann and babas. (S)(AD)
■ Repeated Thursday on 4seven

9.00 **24 Hours in A&E** New edition A teenager with anorexia nervosa is rushed into the paediatrics emergency department with dangerously low blood pressure, while her mother reflects on feeling unable to protect her. (S)(AD)

10.00 **Celebrity Gogglebox** Some of Britain's best-loved personalities become the country's most opinionated viewers as they critique popular TV shows. (S)(R)(AD)
11.05 **Ramsay's 24 Hours to Hell and Back** 10/10. (S)(R)(AD)
12.00 M'T **Ramsay's Kitchen Nightmares USA** (S)(R)
12.55 AM **Couples Come Dine with Me**
1.50 **The School That Tried to End Racism** (S)(SL)(R)(AD)
2.45 **The Supervet** (S)(R)(AD)
3.40 **Animal Rescue School** (S)(SL)(R)
4.35 **Car S.O.S** (S)(R)(AD)
5.25 **Jamie: Keep Cooking...** (S)(SL)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Can't Pay? We'll Take It Away!** In Manchester. (S)(R)
12.10 PM **News** (S)
12.15 **The Golden Girls** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM **A Body to Die For** Thriller starring Sunny Mabrey. (S) (2018, 12, 105min) ★★
4.00 **Friends** 5&6/24. (S1) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Toadie's fears grow as Hugo is reported missing. (S)(R)(AD)
6.00 **Home and Away** A troubled Jasmine begins to take stock, only to end up pushing Willow away. (S)(R)(AD)
6.30 **News** (S)

10.00 Hacksaw Ridge

7.00 **Dogs Behaving (Very) Badly** Trainer Graeme Hall tries to solve more dog behavioural problems, visiting a family in East Sussex struggling with a Rottweiler-Rhodesian ridgeback cross. (S)(R)

8.00 **This Week on the Farm** New edition 4/6. Rob and Dave assist the police in dealing with a road accident on the M1 involving a deer, before returning to the farm to bag up and store hay for the winter ahead. (S)

9.00 NEW SERIES **The Battle of Britain: 3 Days That Saved the Nation** 1/3. A guide to the aerial battle, beginning with the account of a 19-year-old WAAF member. (S)
■ Continues tomorrow

10.00 FILM **Hacksaw Ridge** Fact-based drama starring Andrew Garfield. The story of the first man in US history to receive the Medal of Honor without firing a shot. (S) (2016, 15, 160min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

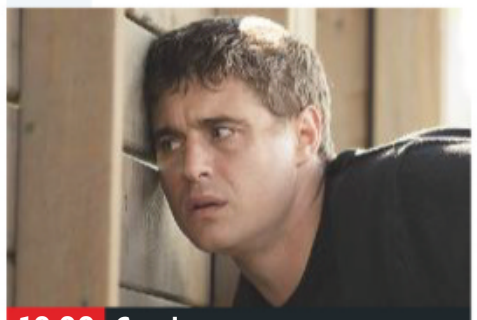
12.40 AM **Criminals: Caught on Camera** Video footage. (S)(R)
1.05 **21.co.uk Live Casino Show**
3.05 **Access** Showbiz news. (S)
3.10 **The Railways That Built Britain with Chris Tarrant** (R)
4.00 **Great Scientists** (S)(R)
4.25 **House Doctor** (S)(SL)(R)
4.50 **Wildlife SOS** (S)(SL)(R)
5.15 **to 6.00** AM **The Secret Life of Puppies** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Business** (S)(R)(AD)
7.00 **RSPCA Animal Rescue** (S)(R)
8.00 **The Flash** (S1) (S)(R)
9.00 **Supergirl** (S1) (S)(R)
10.00 **The Simpsons** (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
3.00 **Magnum P.I.** 14/20. Jin learns that a woman is the target of a deadly hit. (S2) (S)(R)(AD)
4.00 **Modern Family** 7/22. Gloria and Jay prepare to pull off a surprise for everyone. (S)(R) **4.30** 8/22. The Pritchett-Dunphy-Tuckers win a family therapy session with a famous doctor. (S7) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 LIVE **Premier League** Watford v Norwich City: From Vicarage Road. Kick-off is at 6.00.



10.00 Condor

LIVE Premier League (started at 5.30pm)

8.00 **The Simpsons** *Homer and Apu:* Apu is fired from the supermarket for selling rancid meat. (R) **8.30** *Lisa v Malibu Stacy:* Lisa takes offence at a new doll that supposedly demeans women. (R)

9.00 **Karl Pilkington: The Moaning of Life** Karl sets off around the world to understand why people want children, including visits to a fertility festival in Japan and a natural birthing centre in Bali. (S)(R)(AD)

10.00 **Condor** *Within a Dark Wood:* 7/10. Sharla comes face to face with Joe, and Iris confides to Mae that she has information about Alden's work and death. Meanwhile, Mailer gets closer to Mecca. (S1) (S)(R)

11.00 **Condor** 8/10. Bob deploys a capture mission without Reuel's approval. (S1) (S)(R)
12.00 M'T **Agatha Raisin** *As the Pig Turns:* 4/4. Agatha and the gang visit a fayre. (S3) (R)
2.00 AM **Road Wars** Footage of youths stealing a car. (S)(R)
3.00 **Brit Cops: Rapid Response** (R)
4.00 **Highway Patrol** (S)(R)
5.00 **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.45pm The Chronicles of Erne (S)(R) **11.15** I May Destroy You New episode (S)(AD) **11.45** The People's News (S)(R) **12.15am** NEW SERIES How's Your Head, Hun? with Michelle Visage (S) **12.50** Ambulance (S)(R) **1.50-6.00am** BBC News (S)
WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am Bargain Hunt (S)(R)(AD) **12.30-1.00pm** Wales Today Coronavirus Daily Update New edition (S) **10.45** The Wedding Guru Series finale (S) **11.15** I May Destroy You New episode (S)(AD) **11.45** NEW SERIES How's Your Head, Hun? with Michelle Visage (S) **12.20am** Ambulance (S)(R) **1.20-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations
WALES
Sky **971**, Freesat **971**
7.00-8.00pm The Pembrokeshire Coast: A Wild Year (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Codi Hwyl **12.28pm** Y Tywydd **12.30** Datganiad Dyddiol COVID-19 New edition **1.00** Heno **1.30** Ffermio **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Y Fets (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Natur a Ni **6.30** Rownd a Rownd (AD) **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm **8.25** Rownd a Rownd (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Cefn Gwlad New edition (AD) **10.00** NEW SERIES Tewach Na Dwr **10.58** Y Tywydd **11.00** Bad Achub Porthdinllaen (AD) **11.33-11.35pm** Y Tywydd

TV&Satellite week
New issue on sale today

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Yorkshire Walks**
7.30 **The Joy of Painting** New edition A soft purple sky.
8.00 **Pavlopetri – The City Beneath the Waves** Archaeologists investigate the world's oldest submerged city.
9.00 **Black Nurses: The Women Who Saved the NHS** The story of the Caribbean and African women who joined the new NHS 70 years ago.
10.00 **The Long Song** 3/3. Robert takes violent revenge on the workers.
10.55 **Imagine: Andrea Levy: Her Island Story** Profile of novelist Andrea Levy.
12.10 AM **Being Beethoven** 1/3. A profile of composer Ludwig van Beethoven to mark the 250th anniversary of his birth.
1.10 **The Joy of Painting**
1.40 **Yorkshire Walks**
2.10 **to 3.10** AM **Black Nurses: The Women Who Saved the NHS**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** A memory quilt.
9.20 **A Place in the Sun: Winter Sun** In Spain.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau: Restoring the Dream**
1.15 **Building the Dream**
2.20 **Four in a Bed** Five editions.
4.55 **Find It, Fix It, Drive It**
5.55 **The Supervet**

6.55 **Escape to the Chateau: Designing the Dream** How Angel Adoree's creativity has brought the chateau back to life.
7.55 **Grand Designs** Featuring an update on a couple who transformed a cottage into a modern home.
9.00 **Britain's Most Historic Towns** 1/6. Alice Roberts explores the history of Dover, visiting the base where the Dunkirk evacuation was planned and getting a taste of the Battle of Britain.
10.00 **999: On the Front Line – Heart Attacks** Heart-attack cases faced by West Midlands paramedics.
11.05 **8 Out of 10 Cats Does Countdown** With Harriet Kemsley and Catherine Tate.
12.05 AM **Father Ted**
1.15 **Ramsay's Kitchen Nightmares USA**
2.15 **8 Out of 10 Cats Does Countdown**
3.15 **to 3.45** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Totally Bonkers Guinness World Records**
7.25 **Ellen DeGeneres Show**
8.05 **Emmerdale**
8.35 **Coronation Street**
9.05 **You've Been Framed!**
9.30 **Supermarket Sweep**
10.30 **Ellen's Game of Games**
11.30 **Dress to Impress**
12.30 PM **Emmerdale**
1.00 **Coronation Street**
1.30 **You've Been Framed!**
2.00 **Ellen DeGeneres Show**
3.00 **Dress to Impress**
4.00 **Supermarket Sweep**
5.00 **Ellen's Game of Games** New edition Game show.
6.00 **You've Been Framed!**
8.00 **Roswell, New Mexico** New episode *Creep:* 12/13. Alex, Michael and Kyle uncover the truth about Project Shepard, and a major revelation leads to a clash between Max, Michael and Isobel. (S1)
9.00 **Love Island: Australia** A surprise text dampens the girls' spa day.
10.20 **Bromans** 8/8. The men compete in the Emperor's Games in front of a packed crowd at the Colosseum.
11.20 **Family Guy**
12.20 AM **American Dad!**
1.15 **The Cleveland Show**
1.40 **The Almost Impossible Gameshow**
2.45 **to 3.15** AM **Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **How I Met Your Mother**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Brooklyn Nine-Nine**
5.00 **The Goldbergs**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks** The day of Kyle's funeral arrives.
7.30 **Married at First Sight Australia** New edition The couples are brought back together at a dinner party, where Michael and Scarlett argue openly, and Deb walks out after hearing the others talking about her.
9.00 **The Inbetweeners** 1/6. The gang go on a field trip. **9.35** 2/6. Will is given a work experience placement.
10.05 **Derry Girls** 3/6. Erin, Clare, Michelle, Orla and James get ready for a concert. **10.35** 4/6. The Quinns cause uproar. (S2)
11.05 **Buffy the Vampire Slayer**
12.05 AM **Rick and Morty**
1.05 **The IT Crowd**
2.10 **The Inbetweeners**
3.10 **Gogglebox**
4.05 **to 6.00** AM **The Big Bang Theory**

+1 hour 235 | 146 | 28 | 123

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Air Ambulance ER**
9.00 **Blue Bloods** 2/22. (S2)
10.00 **Law & Order** 18/24. (S15)
11.00 **Criminal Minds** 18/20. (S3)
12.00 NOON **Elementary** 6/24. A thief commits murder to steal a rare map. (S3)
1.00 PM **Blue Bloods** 3/22. (S2)
2.00 **Law & Order** 19/24. A cult is linked to child abuse. (S15)
3.00 **Air Ambulance ER**
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

9.00 9-1-1

7 PM

7.00 **Nothing to Declare** Documentary accessing the world of national security at Australia's biggest airports.

8 PM

8.00 **Ghost Whisperer** *The Crossing:* 2/22. Melinda helps a spirit reassure his mother she was not to blame for his death. (S1)

9 PM

9.00 **9-1-1** *Malfunction:* 8/18. Technology issues keep the team on their toes as a self-driving car is involved in a crash. (S3)

10 PM

10.00 **Coroner** *All's Well:* 5/8. Jenny's work and personal lives collide when she hosts a Thanksgiving dinner. (S1)
11.00 **FBI** 21/22. (S1)
12.00 M'T **Ghost Whisperer**
1.00 AM **Grey's Anatomy** (S16)
2.00 **Station 19** (S3)
3.00 **The Good Doctor**
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Fish Town**
7.00 **Urban Secrets**
8.00 **Richard E Grant's Hotel Secrets** Miami's South Beach.
9.00 **Elementary** 4/24. (S1)
10.00 **CSI** 20–22/25.(S5)
1.00 PM **Elementary** 5/24. (S1)
2.00 **Blue Bloods** 17&18/22. (S1)
4.00 **CSI** 23/25. A body is found in a crop circle. **5.00** 24/25. Stokes is buried alive in a glass coffin. **6.00** 25/25. The forensic team continue to search for Nick Stokes. (S5)

9.00 Jarhead

7.00 **Blue Bloods** *Model Behaviour:* 19/22. Danny and Jackie discover a sinister side to the world of modelling.

8.00 **Blue Bloods** *All That Glitters:* 20/22. Frank is forced to fend off the media's attempts to sensationalise a story. (S1)

9.00 **FILM Jarhead** Drama starring Jake Gyllenhaal and Jamie Foxx. During the first Gulf War, a platoon of American Marines try to come to terms with stress and boredom while waiting to see action in Iraq. (2005, 15, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Six Feet Under** 5/13. Ruth gets a new live-in apprentice. **12.35** AM 6/13. Nate and Lisa go on a camping trip. (S3)
1.45 **Penny Dreadful: City of Angels** 1/10. (S1)
3.00 **Elementary** 3/24. (S1)
4.00 **to 6.00** AM **The British**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **Still Open All Hours**
7.45 **The Green Green Grass**
9.00 **Porridge**
9.40 **Are You Being Served?**
10.20 **Last of the Summer Wine**
12.20 PM **Only Fools and Horses**
1.00 **Porridge** Fletcher helps new inmate Godber settle in.
1.40 **Are You Being Served?**
2.20 **The Green Green Grass**
3.00 **Only Fools and Horses**
3.40 **Last of the Summer Wine**
5.40 **Are You Being Served?**
6.20 **The Green Green Grass**

11.00 Live at the Apollo

6.55 **Only Fools and Horses** Del becomes a showbiz entrepreneur after discovering a sensational Tom Jones-style singer.

8.00 **Only Fools and Horses** Del is invited to a school reunion at the Nag's Head organised by old adversary Roy Slater.

9.05 **Only Fools and Horses** Del and Rodney agree to let Grandad accompany them on holiday.
9.40 **Bottom** Richie and Eddie hear of a fixed horse race.
10.20 **Men Behaving Badly** Gary dedicates himself to nursing Dorothy back to health after an operation.
11.00 **Live at the Apollo** With Rhod Gilbert, Jon Richardson and Kerry Godliman.
12.00 M'T **Bottom** As 9.40pm.
12.40 AM **Men Behaving Badly**
1.20 **Live at the Apollo**
2.20 **Green Wing**
3.15 **to 4.00** AM **The Rebel**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Heartbeat**
9.05 **Bless This House**
10.10 **That's My Boy**
10.45 **Midsomer Murders**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *Growing Apart:* Merton tries to catch a thief who has been stealing tractors from farms around Aidensfield.

8.00 Midsomer Murders

6.55 **Downton Abbey** 3/8. Lady Mary's secret with Lord Gillingham is almost exposed – until Violet saves the day. (S5)

8.00 **Midsomer Murders** *The Flying Club:* Barnaby and Nelson discover that the exciting world of stunt pilots and military heroes hides many dark secrets after the owner of Finchmere Airfield is hit on the head and dropped to his death from a plane.

10.00 **Agatha Christie's Poirot** *Murder on the Orient Express:* A businessman is murdered on board the *Orient Express*.
12.05 AM **A Touch of Frost** *True Confessions:* A woman's body is pulled from the river, reminding Frost that he investigated the death of her husband's first wife years ago.
2.10 **to 3.25** AM **Agatha Christie's Poirot**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **Quincy ME**
8.10 **The Saint**
9.15 **Minder**
10.20 **The Professionals**
11.25 **The Sweeney**
12.35 PM **The Saint**
1.40 **Quincy ME**
3.45 **Minder**
4.50 **The Professionals** A 'ghost' with a vendetta causes chaos.
5.55 **The Sweeney** A businessman is blackmailed for his part in a massacre while in the Army.

9.00 Gordon,Gino and Fred...

7.00 **Tour de France ReCycled: Geraint's Tour** Another chance to see the action from the 2018 La Course women's race.

8.00 **Giant Lobster Hunters** Team *Bold Contender* is off to a blistering start in the final leg of its winter run, but they hit a crisis.

9.00 **Gordon, Gino and Fred: American Road Trip** Gordon wants to show Fred and Gino that US food has great value.

10.00 **FILM Mad Max 2** Futuristic action thriller starring Mel Gibson. (1981, 18, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **FILM Cannonball Run II** Car chase comedy sequel starring Burt Reynolds and Shirley MacLaine. A group of madcap contestants race across the US for a $1million prize. (1983, PG, 108min) ★
2.00 **to 3.00** AM **Lethal Weapon**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Scotland's Home of the Year** 10/10. The judges have scoured the country, visiting 27 incredible homes and now, the finalists gather as the judges choose the overall winner.
8.00 **Corner Shop Cook-Off** 1/6. Chefs compete to make the best three-course meal for £15 with food from a corner shop. With Clare Grogan.
9.00 **The Nine**
10.00 **NEW The Boxer** Documentary about Kristen Fraser, Scotland's first professional female boxer. The programme also explores her career as a marine engineer in the oil and gas industry, and her campaigning for women's rights.
11.00 PM **to 12.00** M'T **Rise of the Clans**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Four Weddings**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **RSPCA Animal Rescue**
1.00 **Vet Adventures**
3.00 **Babylon 5** (S4)
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** (S5)
8.00 **The Flash** *Revenge of the Rogues:* 10/23. Captain Cold is back in Central City. (S1)
9.00 **SEAL Team** *Ghosts of Christmas Future:* 4/22. Jason is recognised while on a mission. (S1)
10.00 **Ross Kemp: Extreme World** In Mozambique.
11.00 **9-1-1** 8/18. (S3)
12.00 M'T **Police Ten 7**
2.00 AM **Duck Quacks Don't Echo** Panel show.
3.00 **A League of Their Own**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
11.00 **Road Wars**
12.00 NOON **Motorway Patrol** Double bill.
1.00 PM **Police Force: Aus**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
5.00 **Canada's Front Line**
5.30 **LIVE Premier League** Watford v Norwich City: Kick-off is at 6.00. *Freesat viewers can only see football on Pick HD.*
8.00 **Merlin** 6/13. (S4)
9.00 **Killer Colleagues**
10.00 **Britain's Most Evil Killers** Beverley Allitt.
11.00 **CSI** 4/25. (S5)
12.00 M'T **Brit Cops**
1.00 AM **Road Wars**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Projects**
8.00 **American Pickers**
9.00 **Storage Hunters**
10.00 **American Pickers**
12.00 NOON **Modern Wheels or Classic Steals**
1.00 PM **Top Gear**
2.00 **Expedition with Steve Backshall**
3.00 **Rick Stein's Long Weekends** In Reykjavik.
4.00 **Top Gear**
6.00 **Taskmaster**
7.00 **Richard Osman's House of Games**
7.40 **QI** Double bill.
9.00 **Live at the Apollo**
10.00 **This Country** 1&2/6. Spoof documentary starring Daisy May and Charlie Cooper. (S1)
11.20 **Taskmaster**
12.20 AM **Mock the Week**
1.00 **QI** Double bill.
2.30 **This Country**
3.25 **to 4.00** AM **Mock the Week**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle**
9.00 **Bob's Burgers**
10.00 **The King of Queens**
11.00 **Everybody Loves Raymond** Double bill.
12.00 NOON **Fresh Off the Boat** Double bill.
1.00 PM **Friends**
8.00 **FILM Beetlejuice** Fantasy comedy starring Michael Keaton, Alec Baldwin and Geena Davis. (1988, 15, 92min) ★★★★
10.00 **Al Murray's Great British Pub Quiz** The comedian hosts teams from across the UK in a traditional pub quiz.
11.00 **Al Murray One Man, One Guvnor**
12.50 AM **Russell Howard's Good News**
1.50 **Kiri Pritchard-McLean: Comedy Central Live**
2.20 **Two and a Half Men**
3.15 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **Bachelor in Paradise**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Real Housewives of Melbourne**
1.25 **Million Dollar Listing New York**
2.25 **The Only Way Is Essex**
3.10 **Dallas Cowboys Cheerleaders**
4.05 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **The Real Housewives of Atlanta** NeNe is confronted about a shady comment.
10.00 **Marriage Boot Camp: Reality Stars** New edition Half the boot campers are left in jail.
11.00 **Don't Be Tardy**
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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Alibi

132 132 826 | 126 212 | 312 | 382

7.10 AM **Murdoch Mysteries** (S13)
9.00 **Father Brown** 11/15. (S5)
10.00 **The Doctor Blake Mysteries**
11.00 **New Tricks** 4/10. (S9)
12.00 NOON **Major Crimes** (S3)
1.00 PM **Unforgettable** 4/22. (S1)
2.00 **Shakespeare & Hathaway – Private Investigators** (S1)
3.00 **Murdoch Mysteries** 13/13. Julia is sentenced to hang. (S6) **4.00** 1/18. The detective sets sail on a passenger liner. (S7) **5.00** 2/18. Dr Grace is puzzled by a case. (S7)
6.00 **Major Crimes** 13/19. (S3)

10.00 Father Brown

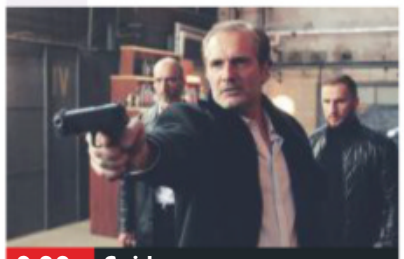
7.00 **Unforgettable** *Road Block:* 7/22. The team are called when a man is found stabbed and his daughter is missing. (S1)
8.00 **Shakespeare & Hathaway – Private Investigators** 3/10. An undertaker is visited by two strange hitmen. (S1)
9.00 **The Coroner** *The Deep Freeze:* 9/10. The owner of an ice-cream factory is found dead in the facility's walk-in freezer. (S1)
10.00 **Father Brown** *The Sins of Others:* Father Brown struggles to save Sid when he vows vengeance on his former barrister.
11.00 **New Tricks** *The Girl Who Lived:* The team's feathers are ruffled by the arrival of a retired detective from Glasgow brought in to help on a case.
12.20 AM **Maisie Raine** 2/6. (S1)
1.20 **Murdoch Mysteries** (S10)
3.10 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 | 375

6.00 AM **A Town Called Eureka**
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S4)
1.00 PM **Star Trek: Voyager** (S4)
3.00 **Star Trek: Deep Space Nine** 7/26. The *Defiant* is trapped. **4.00** 8/26. Quark crash-lands in 1940s Roswell. (S4)
5.00 **Star Trek: The Next Generation** 3/26. Data's planned reunion with his creator is disrupted. **6.00** 4/26. Picard encounters a human child who has been adopted by aliens. (S4)



9.00 Spides

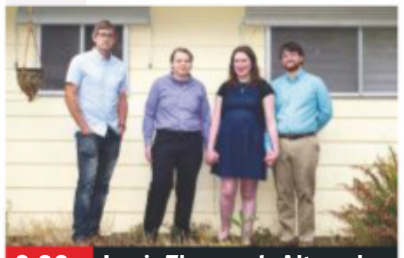
7.00 **A Town Called Eureka** *Clash of the Titans:* 17/20. The robot dispatched to explore Saturn's largest moon returns.
8.00 **A Town Called Eureka** *This One Time at Space Camp:* 18/20. The *Astreus* space vessel is sabotaged ahead of its launch. (S4)
9.00 **Spides** New episode *The Ties That Bind:* 4/8. Nora doesn't believe her sister is dead and decides to search for her. (S1)
10.00 **FILM The Grudge 2** Supernatural thriller starring Amber Tamblyn. (2006, 15, 92min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Spides** As 9.00pm.
1.10 **Star Trek: The Next Generation** As 5&6.00pm.
3.00 **Fact or Faked: Paranormal Files** Truck-stop apparitions and odd lights in a graveyard.
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 | 383

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **The Three Day Nanny**
12.00 NOON **Property Brothers: Forever Homes**
1.00 PM **Tipping Point**
4.00 **My Dream Home** A couple seek a permanent end to their rental situation. **5.00** Brothers Drew and Jonathan Scott help couple with a baby on the way find an allergy-free home.
6.00 **Tipping Point**



9.00 Louis Theroux's Altered...

7.00 **Property Brothers: Forever Homes** Jonathan and Drew overhaul a tired kitchen, living room and dining area.
8.00 **Inside the Ambulance** A woman has a suspected stroke, and a boy raises the alarm after his mother collapses.
9.00 **Inside the Vets** A 17-year-old cat has life-threatening surgery, while the vets also have two troublesome rats.
10.00 **Louis Theroux's Altered States: Love without Limits** Louis explores the changing face of US culture in Portland.
11.00 **Inside the Ambulance** A taxi-driver is injured in a head-on collision with a car.
12.00 M'T **One Born Every Minute**
1.00 AM **Louis Theroux's Altered States: Love without Limits**
1.50 **Top Chef**
2.35 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S6)
10.30 **30 Rock** (S4)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S1)
2.30 **Everybody Hates Chris** (S3)
3.30 **Parks and Recreation** (S6)
5.00 **30 Rock** 15/22. Jack tries to re-establish himself within the new corporate structure. **5.30** 16/22. Liz has to deal with Floyd's return. **6.00** 17/22. Liz starts attending singles events. (S4)
6.30 **Modern Family** 1/24. (S1)

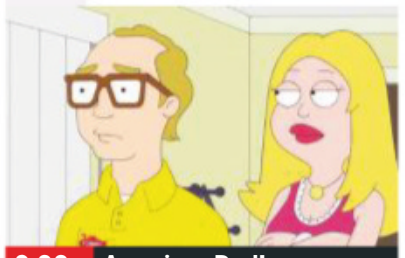
9.00 Insecure

7.00 **Modern Family** (S1)
7.30 **The Mindy Project** 8/10. Mindy tries to support Annette when she is diagnosed with cancer.
8.00 **The Mindy Project** 9/10. Mindy and Danny can't agree on the best way to care for Annette. **8.30** 10/10. (S6)
9.00 **Insecure** New episode 3/10. Lawrence attends a Friendsgiving. (S4)
9.35 **Betty** New episode 5/6. Kirt turns to alternative medicine to heal her friendships. (S1)
10.15 **Girls** 7&8/10. Double bill of episodes. (S2)
11.25 **Entourage** 3/20. Vince has a visit from an old friend – who is also a former convict. **12.00** M'T 4/20. Vince sets his sights on his next dream movie. (S3)
12.40 AM **Ballers** (S5)
1.20 **Bored to Death** (S2)
2.00 **Parks and Recreation**
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S2)
9.00 **Bones** 12/22. (S10)
10.00 **Bull** 21/22. (S2)
11.00 **NCIS: New Orleans** (S5)
12.00 NOON **Bones** (S10)
2.00 PM **The Mentalist** 11/24. (S4)
3.00 **NCIS** 7/20. The team uncover spy cameras hidden in the rooms of a motel. (S17)
4.00 **Bull** 22/22. (S2)
5.00 **Bones** 15/22. A case sends Booth back into the world of gambling. (S10)
6.00 **The Mentalist** 12/24. (S4)



9.00 American Dad!

7.00 **NCIS** *Musical Chairs:* 8/20. The team investigate the murder of a musician in the US Navy's most elite band.
8.00 **NCIS** *IRL:* 9/20. The team investigate a petty officer's murder that was live-streamed on a popular gaming app. (S17)
9.00 **American Dad!** New episode Stan is keen to right an old wrong. (S16)
9.30 **Family Guy** 14/18. The family hit the jackpot. (S5)
10.00 **Family Guy** 15/18. The Griffins move to Texas. **10.30** 16/18. Chris is expelled for being bottom of the class. (S5)
11.00 **American Dad!** 12&13/16. Double bill of episodes. (S2)
12.00 M'T **Family Guy** (S10)
1.00 AM **American Dad!** (S2)
2.00 **Family Guy** (S10)
3.00 **American Dad!**
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Tuesday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 4/24. (S1)
7.10 **Hart to Hart**
9.10 **Days of Our Lives**
10.00 **Hart to Hart** 8/20. (S2)
11.00 **Charlie's Angels** (S4)
12.00 NOON **Hart to Hart: Harts in High Season**
2.00 PM **Hart to Hart** (S4)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** 9/24. A sergeant learns a lesson about prejudice. (S2) **7.30** 10/24. Henry is besieged. (S2)
8.00 **Randall and Hopkirk (Deceased)** 2/26. (S1)
9.00 **Classic Who Wants to Be a Millionaire?** Quiz.
1.00 AM **Who Wants to Be a Millionaire?** Quiz show.
2.00 **Charlie's Angels** (S4)
3.00 **M*A*S*H** 21/24. (S2)
3.30 **Due South** 7/18. (S2)
4.15 **Sony Movie News**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Montserrat Caballé: Legends of Opera**
7.00 **Callas, Kennedy, Onassis: Two Queens for a King**
9.00 **Tales of the Unexpected**
10.00 **Landscape Artist 2018**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Comedy Legends**
3.00 **Landscape Artist of the Year 2018**
4.00 **Classic Albums**
5.00 **Discovering**
7.00 **Tate Britain's Great British Walks**
8.00 **Landscape Artist of the Year 2019**
9.00 **Portrait Artist 2020**
10.00 **Beyonce: I Am – World Tour**
12.15 AM **The Devil's Horn**
2.00 **EM Forster: His Longest Journey**
3.00 **Discovering**
4.00 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Couples Come...**
10.00 **A New Life in the Sun**
11.00 **A Place in the Sun**
12.00 NOON **A Place in the Sun: Summer Sun**
1.00 PM **Four in a Bed**
1.30 **Come Dine with Me**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier** 20&21/24. (S2)
4.00 **Couples Come...**
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **How to Build British: Bentley**
9.00 **George Clarke's Amazing Spaces**
10.00 **Kevin's Grandest Design**
11.05 **24 Hours in A&E**
1.15 AM **Bake Off: The Professionals**
2.20 **The Supervet: Puppy Special**
3.25 **Sun, Sea and Selling Houses**
4.25 **to 4.55** AM **A Place in the Sun**

5USA

141 141 153 21 129

9.10 AM **Murder, She Wrote**
10.10 **Castle** 18/23. (S7)
11.10 **Law & Order**
1.05 PM **Law & Order**
5.05 **NCIS** Four episodes of the drama including at: **8.00** *Shooter:* 22/24. The team look into the killing of a Marine photographer (S11)
9.00 **Law & Order: Criminal Intent** *Please Note We Are No Longer Accepting Letters of Recommendation from Henry Kissinger:* 15/22. Three murders are linked to a school. (S7)
10.00 **Law & Order: Special Victims Unit** *Forty-One Witnesses:* 13/23. A woman is raped by teenage thugs in her apartment block. (S17)
10.55 **Law & Order: Special Victims Unit** (S17)
1.50 AM **Remington Steele**
3.50 **to 4.00** AM **Access**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun**
9.10 **My Wife and Kids**
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **100 Incredible Moments Caught on Camera**
9.00 **Can't Pay? We'll Take It Away!**
10.00 **Good Girls' Guide to Kinky Sex**
11.00 **FILM The Sweetest Thing** Romantic comedy starring Cameron Diaz. (2002, 15, 89min) ★
12.55 AM **Can't Pay? We'll Take It Away!**
2.50 **Will & Grace**
3.35 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Holby City**
11.00 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Foggy is rescued from the police.
8.00 **An Inspector Calls** Adaptation of JB Priestley's stage play.
9.45 **New Tricks** *A Delicate Touch:* The squad look into the unsolved murder of a barrister found bound and gagged in his car.
11.10 **Silent Witness**
1.50 AM **The Bill**
2.45 **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBS Drama

147 197 67 134

- **9.00** AM **NCIS: Los Angeles**
- **11.00** **CSI: Miami** 20/24. (S3)
- **12.00** NOON **CSI: NY** (S1)
- **1.00** PM **Bonanza** (S10)
- **3.00** **Perry Mason** (S9)
- **5.00** **Unsolved Mysteries**
- **7.00** **Judge Judy**
- **9.00** **Medium** *Aftertaste:* 6/16. Allison dreams about Devalos's strongest supporter. (S4)
- **10.00** **CSI: Miami** *Recoil:* 21/24. After a bitter custody battle, a child's mother is shot at outside the courthouse. The aggrieved father is suspected, but it turns out the woman has more than a few enemies. (S3)
- **11.00** **Unsolved Mysteries**
- **12.00** M'T **Judge Judy**
- **1.00** AM **ER** 15/22. (S3)
- **2.00** **Medium** As 9.00pm.
- **3.00** **CSI: Miami** As 10.00pm.
- **4.00** **Urban Legends**
- **5.00** **to 6.00** AM **Matlock**

CBS Justice

148 192 39 137

- **9.00** AM **Diagnosis Murder**
- **11.00** **CSI: Cyber** 9/13. (S1)
- **12.00** NOON **Perry Mason**
- **1.05** PM **Walker, Texas Ranger** 8/26. (S3)
- **2.05** **CSI: Miami** 18/24. (S5)
- **3.00** **NCIS** 12/24. (S11)
- **4.00** **NCIS: Los Angeles** (S3)
- **5.00** **CSI: Cyber** 10/13. (S1)
- **6.00** **Perry Mason** (S1)
- **7.05** **NCIS** 15/24. (S10)
- **8.00** **Walker, Texas Ranger**
- **9.00** **CSI: NY** *Super Men:* 19/24. A man dressed in a superhero costume is found dead. (S2)
- **10.00** **NCIS: Los Angeles** *Lone Wolf:* 6/24. (S3)
- **11.00** **NCIS** 16/24. (S10)
- **12.00** M'T **CSI: Miami** (S5)
- **1.00** AM **CSI: NY** As 9.00pm.
- **1.55** **NCIS** As 11.00pm.
- **2.50** **Walker, Texas Ranger**
- **3.45** **CSI: Cyber** (S1)
- **4.25** **Mission: Impossible**
- **5.15** **to 6.00** AM **Dog Patrol**

+1 hour 69

Challenge

160 164 46 146

- **7.00** AM **The Chase**
- **10.00** **Dale's Supermarket Sweep** Double bill of the game show.
- **11.00** **Bruce Forsyth's Play Your Cards Right**
- **12.00** NOON **Wheel of Fortune** Game show.
- **1.00** PM **Catchphrase**
- **2.00** **Family Fortunes**
- **3.00** **Bruce's Price Is Right**
- **4.00** **Wheel of Fortune**
- **5.00** **Catchphrase**
- **6.00** **Bullseye** Double bill of the darts-based quiz.
- **7.00** **Pointless** Quiz hosted by Alexander Armstrong.
- **8.00** **The Chase** Quiz show hosted by Bradley Walsh.
- **10.00** **Classic Who Wants to Be a Millionaire?**
- **11.00** **One Hundred and Eighty!** Darts game show, with professionals Michael Van Gerwen and James Wade.
- **12.00** M'T **The Chase**
- **4.00** AM **Strike It Lucky**
- **5.00** **to 6.00** AM **Bullseye**

Comedy Central Extra

127 182 308

- **6.00** AM **Friends**
- **7.00** **Teleshopping**
- **9.00** **Takeshi's Castle**
- **10.00** **Wipeout USA**
- **11.00** **Friends** (S9)
- **1.00** PM **Impractical Jokers**
- **3.10** **The King of Queens**
- **5.00** **Two and a Half Men**
- **7.00** **Everybody Loves Raymond** (S3)
- **9.00** **Russell Howard's Good News** The comedian offers his perspective on stories in the media.
- **10.00** **Gary and His Demons** 2/8. Gary finds out that a demon named Fleshler might still be alive. (S1)
- **10.30** **South Park**
- **12.00** M'T **Bob's Burgers**
- **1.00** AM **RuPaul's Drag Race**
- **2.45** **Lee Evans Live from the West End**
- **4.05** **Bob's Burgers**
- **4.30** **Fresh Off the Boat**
- **5.15** **to 6.00** AM **The Middle**

+1 hour 227

Sky Documentaries

114 114 814 277 353 368

- **6.00** AM **Women of Troy**
- **7.15** **PL Legends**
- **8.00** **Too Young to Die**
- **9.00** **Discovering**
- **10.00** **The Directors**
- **11.00** **Fish Town**
- **12.00** NOON **Urban Secrets**
- **1.00** PM **Too Young to Die**
- **2.00** **Women of Troy**
- **3.15** **PL Legends**
- **4.00** **Discovering**
- **5.00** **The Directors**
- **6.00** **Fish Town**
- **7.00** **Hollywood Couples**
- **8.00** **The Sixties**
- **9.00** **NEW Wig** Documentary exploring the history and influence of the Wigstock drag festival.
- **10.45** **Risky Drinking**
- **12.20** AM **FILM The Cold Blue** Documentary. (2018, PG, 101min) ★★★★
- **1.25** **PL Legends**
- **2.00** **Hollywood Couples**
- **4.25** **PL Legends**
- **5.00** **to 6.00** AM **Too Young to Die**

Sky Nature

130 130 893 279 385 372

- **6.00** AM **Ol Pejeta Diaries**
- **7.00** **Monkey Life**
- **8.00** **Undiscovered Vistas**
- **9.00** **Great Blue Wild**
- **10.00** **Volcanic Odysseys**
- **11.00** **Secrets of Wild Australia**
- **12.00** NOON **Surviving the Amazon**
- **1.00** PM **Monkey Life**
- **2.00** **Undiscovered Vistas**
- **3.00** **Great Blue Wild**
- **4.00** **Volcanic Odysseys**
- **5.00** **Secrets of Wild Australia**
- **6.00** **Surviving the Amazon**
- **7.00** **Monkey Life**
- **8.00** **Amazing Animal Friends** New edition
- **9.00** **Land of Primates** New edition
- **10.00** **Surviving the Amazon**
- **11.00** **Secrets of Wild Australia**
- **12.00** M'T **Arabian Inferno**
- **1.00** AM **Africa's Wild Horizons**
- **2.00** **to 6.00** AM **Highlights**

E!

151 151 834 140 139 321 386

- **7.00** AM **Keeping Up with the Kardashians**
- **9.00** **Total Bellas**
- **10.00** **News: Daily Pop**
- **10.30** **Dating: No Filter**
- **11.00** **Keeping Up with the Kardashians**
- **1.00** PM **Keeping Up with the Kardashians**
- **3.00** **Kourtney & Kim Take New York**
- **4.00** **Hollywood Medium with Tyler Henry**
- **5.00** **Botched by Nature**
- **6.00** **Keeping Up with the Kardashians**
- **10.00** **Botched** Providing help for a woman whose face was disfigured in a car accident.
- **11.00** **Nightly Pop**
- **11.30** **Dating: No Filter**
- **12.00** M'T **Temptation Island**
- **1.00** AM **Wags: LA**
- **2.00** **Teleshopping**
- **3.00** **Famously Single**
- **4.00** **to 5.00** AM **Stewarts and Hamiltons**

Food Network

140 285 41 148

- **6.00** AM **Jamie's Super Food**
- **7.00** **Giada in Italy**
- **9.00** **Valerie's Home Cooking** Double bill.
- **10.00** **Farmhouse Rules**
- **12.00** NOON **Jamie's Super Food** Four editions.
- **2.00** PM **James Martin's Favourite Feasts**
- **3.00** **River Cottage Spring**
- **4.00** **Man Fire Food** New editions Double bill.
- **5.00** **The Pioneer Woman**
- **6.00** **Gordon Ramsay's Ultimate Home Cooking** Double bill.
- **7.00** **Nigel Slater's Dish of the Day** Double bill.
- **8.00** **River Cottage Spring**
- **9.00** **Gordon Ramsay's Ultimate Home Cooking** Double bill.
- **10.00** **John Torode's Australia** In South Australia.
- **11.00** **Mystery Diners**
- **1.00** **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

- **7.00** AM **Flipping Virgins**
- **7.50** **Storage Wars**
- **8.45** **Bring It!**
- **9.45** **Dance Moms**
- **10.45** **Police Patrol**
- **1.10** PM **Pawn Stars**
- **2.05** **Storage Wars**
- **3.05** **Hardcore Pawn**
- **4.00** **Bring It!**
- **5.00** **Property Virgins** New editions
- **6.00** **Flipping Virgins**
- **7.00** **Dance Moms**
- **8.00** **19 Kids & Outnumbered: Bringing Up Bates** New editions Double bill.
- **9.00** **Black Sails** *XXIX:* 1/10. Flint and Silver lead the fight to reclaim Nassau.
- **10.15** **Storage Wars**
- **11.15** **Hardcore Pawn**
- **12.15** AM **Pawn Stars**
- **1.10** **Police Patrol**
- **1.40** **Flipping Virgins**
- **2.35** **Hardcore Pawn**
- **3.30** **to 4.00** AM **Police Patrol**

Paramount Network

150 187 150 31 132

- **9.15** AM **The A-Team**
- **11.15** **Knight Rider**
- **12.15** PM **FILM The Shooting** Western. (1966, 15, 82min) ★★★
- **2.05** **FILM The Denver and Rio Grande** Western adventure starring Edmond O'Hanlon. (1952, U, 89min) ★★★
- **4.00** **The A-Team**
- **6.00** **Traffic Cops**
- **7.00** **Police Interceptors**
- **8.00** **Traffic Cops**
- **9.00** **Sewermen**
- **10.00** **Worldwide Police Patrol**
- **11.00** **World's Toughest Prisons** In Dallas.
- **12.00** M'T **Airport Security: Peru**
- **1.00** AM **19-2**
- **3.00** **The Virginian: Men from Shiloh**
- **4.20** **Remington Steele**
- **5.10** **to 6.00** AM **Now That's Funny!**

+1 hour 250 94

Sky Crime

121 121 819 136 135

- **6.00** AM **Motorway Patrol**
- **7.00** **Highway Patrol**
- **8.00** **Canada's Front Line**
- **9.00** **Border Security USA**
- **10.00** **Road Wars**
- **11.00** **Brit Cops**
- **12.00** NOON **Highway Patrol**
- **1.00** PM **How I Caught the Killer**
- **2.00** **Murders That Shocked the Nation**
- **3.00** **Canada's Front Line**
- **4.00** **Road Wars**
- **5.00** **Brit Cops**
- **6.00** **Motorway Patrol**
- **7.00** **Snapped**
- **8.00** **Murders That Shocked the Nation**
- **9.00** **World's Most Evil Killers** New edition
- **10.00** **Snapped**
- **11.00** **Britain's Most Evil**
- **12.00** M'T **World's Most Evil**
- **1.00** AM **Cambridge Rapist**
- **2.00** **Snapped**
- **3.00** **to 6.00** AM **Highlights**

+1 hour 221 207

CBS Reality

146 148 66 135

- **9.00** AM **Judge Judy**
- **1.00** PM **Judge Judy**
- **7.00** **Medical Detectives** A couple who were murdered during a suspected drug deal. **7.30** The story of a man suspected of poisoning his girlfriend.
- **8.00** **Murder for Hire** A failed rock star trains to be a sniper with a covert organisation.
- **9.00** **It Takes a Killer** A look at murder cases from recent years.
- **10.00** **Evidence of Evil** The murder of Lynette White.
- **11.00** **Wives with Knives**
- **12.00** M'T **48 Hours: Mystery**
- **1.00** AM **It Takes a Killer**
- **2.00** **Evidence of Evil**
- **3.00** **I Survived**
- **3.45** **Unsolved Mysteries**
- **5.10** **to 6.00** AM **Bondi Rescue**

+1 hour 246 71 201 136

Really

142 128 17 160

- **6.00** AM **The Sheriffs Are Coming: Compilation**
- **7.00** **Teleshopping**
- **8.00** **Homes Under the Hammer** In Derby.
- **9.00** **A Place in the Sun: Winter Sun**
- **10.00** **Celebrity Antiques Road Trip**
- **11.00** **Antiques Road Trip**
- **1.00** PM **Homes Under the Hammer** As 8.00am.
- **2.00** **Escape to the Country**
- **3.00** **The Sheriffs Are Coming: Compilation**
- **4.00** **Animal Cops Houston**
- **5.00** **Animal Cops Phoenix**
- **6.00** **Antiques Road Trip**
- **9.00** **Salvage Hunters**
- **10.00** **Born Mucky: Life on the Farm**
- **11.00** **Paranormal Lockdown UK** Drakelow Tunnels.
- **12.00** M'T **Ghost Adventures**
- **1.00** AM **Most Haunted**
- **2.00** **Teleshopping**
- **4.00** **to 6.00** AM **Antiques Road Trip**

Blaze

164 216 63 162

- **6.00** AM **Hardcore Pawn**
- **7.00** **Auction Hunters**
- **8.00** **Curse of Oak Island**
- **9.00** **In Search Of**
- **10.00** **Ancient Aliens**
- **11.00** **Air Crash: Disasters Uncovered**
- **12.00** NOON **Storage Wars: Texas** Double bill.
- **1.00** PM **Pawn Stars**
- **2.00** **Hardcore Pawn**
- **3.00** **Curse of Oak Island**
- **4.00** **UFO Hunters**
- **5.00** **Ancient Aliens**
- **6.00** **Auction Hunters**
- **7.00** **Storage Wars: Texas**
- **8.00** **American Pickers**
- **9.00** **Ozzy & Jack's American Road Trip**
- **10.00** **Swamp People**
- **11.00** **Auction Hunters**
- **12.00** M'T **Hardcore Pawn**
- **1.00** AM **Pawn Stars**
- **2.00** **American Pickers**
- **3.00** **Swamp People**
- **4.00** **Mountain Men**
- **5.00** **to 6.00** AM **Storage Wars: Texas**

TLC

133 133 827 167 323 377

- **6.00** AM **Say Yes to the Dress: The Big Day**
- **8.00** **Say Yes to the Dress: UK** Double bill.
- **9.00** **Say Yes to the Dress**
- **10.00** **Curvy Brides**
- **11.00** **Say Yes to the Dress**
- **12.00** NOON **Say Yes to the Dress: Atlanta**
- **2.00** PM **Dr Pimple Popper**
- **3.00** **Sister Wives**
- **5.00** **Curvy Brides**
- **6.00** **Say Yes to the Dress**
- **7.00** **Say Yes to the Dress: Lancashire** Double bill.
- **8.00** **Dr Pimple Popper** Double bill of editions.
- **10.00** **Cake Boss** The Valastros head to Italy, visiting the birthplaces of Mama and Buddy Sr.
- **11.00** **Love After Lock Up**
- **1.00** AM **Dr Pimple Popper**
- **3.00** **Love After Lock Up**
- **5.00** **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT

153 152 54 133

- **9.10** AM **FILM Serial Killer Cove** Thriller. (2018, PG, 90min) ★★
- **11.00** **Ben Fogle: New Lives in the Snow**
- **12.00** NOON **The Dog Rescuers**
- **2.00** PM **GPs: Behind Closed Doors** Double bill.
- **4.00** **The Yorkshire Vet**
- **6.00** **GPs: Behind Closed Doors** Double bill.
- **8.00** **The Yorkshire Vet**
- **9.00** **Mega Containers: Shipping the World** New edition
- **10.00** **Sunken Treasures Revealed: Drain the Ocean**
- **11.00** **The Dog Rescuers**
- **12.00** M'T **World's Deadliest Weather: Caught on Camera**
- **1.05** AM **Cruising with Jane McDonald**
- **2.00** **Doomsday of Pompeii: Rome's Lost Civilisation**
- **3.00** **The Dog Rescuers**
- **3.50** **to 4.00** AM **Access**

Quest

144 144 831 169 12 114 172

- **6.00** AM **How Do They Do It?**
- **6.20** **History in the Making**
- **7.10** **Deadliest Catch**
- **9.00** **Outback Truckers**
- **10.00** **Wheeler Dealers**
- **11.00** **Chasing Classic Cars**
- **12.00** NOON **Salvage Hunters: Classic Cars**
- **1.00** PM **Aussie Gold...**
- **2.00** **Deadliest Catch**
- **3.00** **American Pickers**
- **4.00** **Salvage Hunters**
- **5.00** **Outback Truckers**
- **6.00** **Wheeler Dealers**
- **7.00** **Aussie Gold Hunters**
- **8.00** **Salvage Hunters**
- **9.00** **Plane Reclaimers** New edition
- **10.00** **Border Control: Spain** New editions
- **11.00** **How Do They Do It?**
- **12.00** M'T **Wheeler Dealers**
- **1.00** AM **American Pickers**
- **2.00** **American Chopper**
- **3.00** **Ultimate Airport Dubai**
- **4.00** **to 6.00** AM **Highlights**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

- **6.00** AM **Say Yes to the Dress: Atlanta**
- **7.00** **French Collection**
- **8.00** **Posh Pawnbrokers**
- **9.00** **Animal Cops Houston**
- **11.00** **Forensic Detectives**
- **1.00** PM **Disappeared**
- **3.00** **Reasonable Doubt**
- **4.00** **Say Yes... UK**
- **6.00** **Curvy Brides Boutique**
- **7.00** **Long Lost Family US**
- **8.00** **My 600lb Life: Where Are They Now?** New edition
- **10.00** **NEW SERIES The Nolans Go Cruising**
- **11.00** **FBI Case Files**
- **12.00** M'T **Crime Stories**
- **1.00** AM **Murder on CCTV**
- **2.00** **Murder Comes to Town**
- **3.00** **FBI Files**
- **3.50** **Animal Cops Philadelphia**
- **4.40** **Bondi Vet**
- **5.30** **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

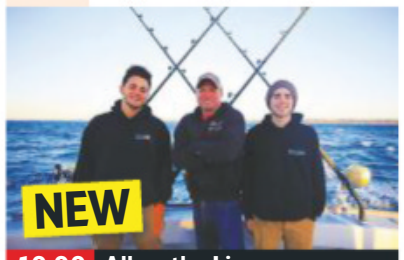
+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Insane Pools: Off the Deep End** An old pool is remodelled.
9.00 **Alaskan Bush People**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Rush: White Water**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**



10.00 All on the Line

7.00 **Supertruckers** Steve and Sam race to take a dockside container-stacker from Sunderland for shipping to Sweden.
8.00 **Mighty Planes** A profile of the *Nolinor*, a versatile aircraft that has been described as 'the workhorse of the north'.
9.00 **Deadliest Catch** New edition Following Alaskan crab fishermen as they brave the treacherous waves of the Bering Sea.
10.00 NEW SERIES **All on the Line** To keep their businesses afloat, two boats band together in their hunt for bluefin tuna.
11.00 **NASA's Unexplained Files** Strange 'alien' deposits found on Earth's surface.
12.00 M'T **Deadliest Catch**
1.00 AM **All on the Line**
2.00 **Deadliest Catch**
3.50 **Kindig Customs**
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cribs**
8.00 **Pit Bulls & Parolees**
10.00 **Crikey! It's the Irwins**
12.00 NOON **Future Shark**
1.00 PM **My Cat from Hell**
2.00 **Coyote Peterson: Brave the Wild** The koala bear.
2.30 **Meet the Sloths**
3.00 **The Vet Life** The work of a trio of Houston vets. **4.00** Dr Lavigne performs an emergency C-section.
5.00 **Pit Bulls & Parolees**
6.00 **Bondi Vet** Chris Brown helps pets affected by bushfires.

8.00 The Zoo

7.00 **Animal Cops Philadelphia** A cat's injury shocks the staff, and the team soon find more abused animals.
8.00 **The Zoo** New edition Two sickly newborn fawns form an unbreakable bond as they are hand-reared by staff.
9.00 **Crikey! It's the Irwins** Terri helps release a wild leopard, while Bindi meets an all-female anti-poaching team.
10.00 **Animal Cops Houston** The team recalls some of its most shocking cases from the thousands dealt with each year.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **Nature's Strangest Mysteries: Solved**
2.00 **The Zoo** As 8.00pm.
3.00 **Animal Cops Houston**
3.50 **Pit Bulls & Parolees**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Supercar Megabuild**
9.00 **Supercars**
10.00 **Strippers: Cars for Cash**
11.00 **Air Crash Investigation**
1.00 PM **Hitler's Last Stand**
2.00 **Nazi Megastructures**
3.00 **Nazi Secrets Revealed: Draining the Ocean**
4.00 **Drain the Oceans**
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a Jaguar Mk2 for its owner. **6.00** Tragedy strikes while Tim and Fuzz are fixing up a World Rally-winning car.

10.00 King Solomon's Treasures

7.00 **Air Crash Investigation** The accident that befell West Caribbean Airways Flight 708, when the plane stalled in mid-air.
8.00 **Viking Warrior Women** New evidence that female Viking warriors fought alongside their male comrades.
9.00 **Kingdom of the Mummies** Dr Ramadan Hussein and his team discover two priests buried side by side.
10.00 **King Solomon's Treasures** Experts examine new clues long buried in the Jordanian desert.
11.00 **Air Crash Investigation**
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: First Class** A drug smuggler makes it onto a plane.
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Cosmos: Possible Worlds**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Black Patriots: Heroes of the Revolution**
11.00 **Ancient Aliens**
12.00 NOON **Ultimate Blitzkrieg: WW2 Battle of Crete**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars** Rick embarks on a search for a fire truck.
6.00 **Swamp People**

10.00 Mystery Weapons

7.00 **Forged in Fire** Four expert bladesmiths are tasked with forging a Crusader's Dagger from a thick rod of steel.
8.00 **Counting Cars** Brann Dailor, drummer for the heavy metal band Mastodon, brings in his Cadillac Coupe DeVille.
9.00 **The UnXplained with William Shatner** New edition Strange and mysterious weather phenomenon.
10.00 NEW **Mystery Weapons** How cutting-edge breakthroughs may bring death rays, laser beams and force fields to life.
11.00 **Ancient Aliens**
12.00 M'T **The Curse of Oak Island: Top 10 Countdown**
1.00 AM **Counting Cars**
2.00 **Ultimate Blitzkrieg: WW2 Battle of Crete**
3.00 **Forged in Fire**
4.00 **Swamp People**
5.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **The First Silent Night**
7.10 **Abandoned Engineering**
8.00 **Royal Murder Mysteries**
9.00 **World War Weird**
10.00 **Antiques Roadshow**
11.00 **Abandoned Engineering**
12.00 NOON **Great British Railway Journeys** Double bill.
1.00 PM **Antiques Roadshow**
2.00 **Natural Curiosities**
3.00 **The Architecture The Railways Built**
4.00 **Abandoned Engineering**
5.00 **Unearthing WWII**
6.00 **World War Weird**

8.00 David Jason: Planes...

7 PM **7.00** **Great British Railway Journeys** Michael travels through Essex and Kent. **7.30** Michael travels from Faversham to Dorking.

8 PM **8.00** **David Jason: Planes, Trains and Automobiles** The actor samples the luxury of 1930s aviation and rides a steam train.

9 PM **9.00** **Open All Hours** Arkwright has a rival for Nurse Gladys Emmanuel's attention. **9.40** Granville changes his image with the help of some trendy clothes. **10.20** Shop boy Granville places an ad in a lonely hearts magazine.

10 PM

11.00 **The Green Green Grass** Marlene tries to help her son mend his broken heart. **11.40** Elgin spots a money-making opportunity.
12.20 AM **The Green Green Grass**
1.00 **Unearthing WWII**
2.00 **to 3.00** AM **The First Silent Night**

+1 hour 255 200 75

Disc. History

171 257

6.00 AM **Wildest Europe**
7.00 **100 Miles from Nowhere**
8.00 **Combat Dealers**
9.00 **Tony Robinson's WWI**
10.00 **How Trains Changed the World**
11.00 **100 Miles from...**
12.00 NOON **Blowing Up History**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Combat Dealers**
4.00 **Tony Robinson's WWI**
5.00 **How Trains Changed...**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **America: Facts vs Fiction**
10.00 **Blood and Fury: America's Civil War**
11.00 **America's Lost Vikings**
12.00 M'T **Expedition...**
1.00 **to 6.00** AM **Highlights**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.35 **Jungle Planet**
10.00 **Rhino Orphanage**
11.00 **Africa**
12.00 NOON **Natural Curiosities**
1.00 PM **Ganges**
2.00 **Earth: The Power of the Planet**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **Rhino Orphanage**
5.00 **Africa**
6.00 **Natural Curiosities**
7.00 **Ganges**
8.00 **Earth: The Power of...**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **Rhino Orphanage**
11.00 **Africa**
12.00 M'T **Natural Curiosities**
1.00 AM **Ganges**
2.00 **Earth: The Power of...**
3.00 **The Zoo**
3.25 **Jungle Planet**
3.50 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Wild 24: Africa's Savannah**
10.00 **Wild 24: Chile's Atacama**
11.00 **Wild 24: Tasmania: The Devil's Island**
12.00 NOON **Wild Animal A&E** Helping a deer.
1.00 PM **Africa's Deadliest**
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Monster Croc Wrangler** Double bill.
8.00 NEW **Dog Impossible: No Bad Dogs** Matt Beisner takes on dogs suffering from trauma.
9.00 **The Incredible Dr Pol** New edition The vets are kept busy by a champion dairy feeder.
10.00 **Antarctica**
11.00 **Wild Nordic**
12.00 M'T **Animals Gone Wild**
2.00 **to 5.00** AM **Africa's Deadliest**

Sky History 2

163 163 894 272 330 390

8.00 AM **The Curse of Civil War Gold: Diving Deeper**
10.00 **Lost Gold of WWII**
11.00 **How the Earth Was Made**
12.00 NOON **Ancient Aliens**
2.00 PM **Battles BC**
3.00 **The Curse of Civil War Gold: Diving Deeper**
5.00 **Dogfights**
6.00 **The Universe**
7.00 **Lost Gold of WWII**
8.00 **In Search Of**
9.00 **Brunel: The Man Who Built Britain**
10.00 **Epic Warrior Women**
11.00 **Deadliest Warrior** New edition A hypothetical battle between Joan of Arc and William the Conqueror.
12.00 M'T **Ancient Aliens**
2.00 AM **Brunel: The Man Who Built Britain**
3.00 **Epic Warrior Women**
4.00 **to 5.00** AM **In Search Of**

PBS America

174 273 91 155

8.00 AM **The Story of China**
9.20 **The Dust Bowl**
10.35 **The Stuarts**
11.45 **The Poison Squad**
1.00 PM **The Story of China**
2.20 **The Dust Bowl**
3.35 **The Stuarts**
4.50 **The Poison Squad**
6.10 **The Story of China**
7.30 **The Dust Bowl** How farmers coped with the destruction of their land.
8.40 **The Stuarts** How the unprecedented religious violence of the Wars of the Three Kingdoms shaped political culture.
9.50 **The Poison Squad** Dr Harvey Wiley, who laid the groundwork for US consumer protection laws and the Food and Drug Administration.
11.00 **The Dust Bowl**
12.15 AM **The Stuarts**
1.30 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **I Knew My Murderer**
12.00 NOON **When Missing Turns to Murder**
1.00 PM **Nightmare in Suburbia**
2.00 **Murder for Hire**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour**
8.00 **I Knew My Murderer** New editions
9.00 NEW SERIES **Murder Masterminds**
10.00 **Accused: Guilty Or Innocent?** New edition
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Murder Masterminds**
2.00 **Accused: Guilty Or Innocent?**
3.00 **to 6.00** AM **Highlights**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

TUESDAY Films

Tuesday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Beyond the River** (2017)
8.00 **Strike** Animation. (2018) ★★★
9.45 **PREMIERE The Runaways**
11.45 **The 2020 Top Ten Show**
12.00 NOON **Frozen II** As 6.00pm.
2.00 PM **The Wolf Hour** Drama. (2019, 15, 99min) ★★
3.45 PM **PREMIERE The Runaways** Drama. (2019, 12) ★★★ *See review, page 23*
5.45 **The 2020 Top Ten Show**
6.00 **Frozen II** Animated sequel. (2019, U, 103min) ★★★★

2.00 The Wolf Hour

8 PM

8.00 **The Goldfinch** Drama starring Ansel Elgort, Nicole Kidman and Jeffrey Wright. A boy in New York is taken in by a rich Upper East Side family after his mother is killed in a bombing at the Metropolitan Museum of Art. With Sarah Paulson. (2019, 15, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.30 **Sprinter** Drama starring Lorraine Toussaint and David Alan Grier. (2018, 15, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

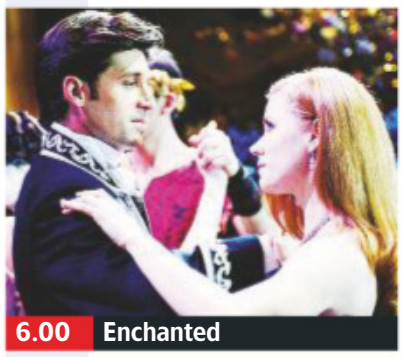
11 PM

12.30 AM **Buffaloed** Comedy drama. (2019, 15, 95min) ★★★
2.15 **Blood on Her Name** Thriller. (2019, 15, 85min) ★★★
3.45 **Standing Up, Falling Down** Comedy starring Billy Crystal. (2019, 15, 91min) ★★★
5.30 **to 6.00** AM **Anon: Special**

Sky Cinema Disney

305 305 846 405 505

7.20 AM **The Story of Robin Hood and His Merrie Men**
8.50 **Remember the Titans**
10.45 **Ralph Breaks the Internet** Animation, as 8.00pm.
12.40 PM **Enchanted** As 6.00pm.
2.30 **Tarzan** Animated adventure. (1999, U, 88min) ★★★★
4.05 **The Game Plan** Comedy. (2007, U, 105min) ★★★
6.00 **Enchanted** Romantic fantasy comedy starring Amy Adams. (2007, PG, 107min) ★★★★★


6.00 Enchanted

8.00 **Ralph Breaks the Internet** Animation with the voice of John C Reilly. Six years after the events of *Wreck-It Ralph*, the destructive video game character and his friend Vanellope embark on a new adventure. (2018, PG, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Remember the Titans** True-story sporting drama starring Denzel Washington, Will Patton and Wood Harris. (2000, PG, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Story of Robin Hood and His Merrie Men** Disney adventure starring Richard Todd. (1952, U, 83min) ★★★
1.45 **The Game Plan** As 4.05pm.
3.45 **Bedknobs and Broomsticks** Fantasy with David Tomlinson and Angela Lansbury. (1971, U, 117min) ★★★★
5.50 **to 7.30** AM **Tarzan** Animated adventure, as 2.30pm.

Sky Cinema Family

306 306 847 406 506

6.25 AM **Leo Da Vinci: Mission Mona Lisa** (2018) ★★
8.00 **Bedtime Stories** As 1.15pm.
9.45 **An Elephant's Journey**
11.25 **Dora and the Lost City of Gold** As shown at 7.00pm.
1.15 PM **Bedtime Stories** Fantasy. (2008, PG, 99min) ★★★
3.00 **The Karate Kid Part II**
5.00 **The Karate Kid: Part III** Adventure. (1989, PG) ★
7.00 **Dora and the Lost City of Gold** Adventure. (2019) ★★★

7.00 Dora and the Lost City of...

Dora and the Lost City of Gold (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Breakthrough** Fact-based drama starring Chrissy Metz, Josh Lucas and Topher Grace. When her adopted 14-year-old son falls through the ice on a frozen lake, Joyce Smith refuses to give up hope. (2019, 12, 116min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Karate Kid Part II** Martial arts adventure sequel starring Ralph Macchio and Noriyuki 'Pat' Morita. (1986, PG, 113min) ★★
1.00 AM **The Karate Kid: Part III** Martial arts adventure sequel, as shown at 5.00pm.
3.00 **Breakthrough** As 9.00pm.
5.05 **to 6.50** AM **An Elephant's Journey** Drama starring David Arquette and Jenna Ortega. (2018, PG, 95min) ★★

Sky Cinema Action

307 307 848 407 507

6.00 AM **Hudson Hawk** Comedy. (1991, 15, 97min) ★★★
7.45 **The Wolf's Call** Thriller. (2019, 15, 115min) ★★★
9.45 **The Bounty Hunter** Adventure. (2010, 12) ★★★
11.45 **Beverly Hills Cop** As 8pm.
1.45 PM **The Matrix** As 10.00pm.
4.05 **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
6.00 **300** Epic action adventure. (2006, 15, 116min) ★★★★

6.00 300

8.00 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy as a brash Detroit police detective investigating a friend's murder in Beverly Hills. With Judge Reinhold and John Ashton. (1984, 15, 105min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Matrix** Sci-fi action thriller starring Keanu Reeves. A hacker learns that he is destined to save humanity from enslavement by a network of artificially intelligent computers. (1999, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Red Heat** Action thriller. (1988, 18, 106min) ★★★
2.10 **Desperado** Action thriller. (1995, 18, 105min) ★★★
4.00 **Daughter of the Wolf** Thriller. (2019, 15, 88min) ★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 849 408 508

6.50 AM **Miss Congeniality** Comedy, as shown at 6.00pm.
8.50 **Miss Congeniality 2: Armed and Fabulous** As 8.00pm.
10.50 **You, Me and Him** Comedy. (2017, 15, 98min) ★★
12.35 PM **Eaten by Lions** Comedy, as shown at 11.45pm.
2.20 **Little Monsters** As 1.30am.
4.05 **Twins** Action comedy. (1988, PG, 107min) ★★★
6.00 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★

8.00 Miss Congeniality 2...

8.00 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel starring Sandra Bullock. An FBI agent becomes a media celebrity, until the kidnapping of Miss United States reawakens her crime-fighting instincts. (2005, 12, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Austin Powers in Goldmember** Spy spoof starring Mike Myers. (2002, 12, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Eaten by Lions** Comedy starring Antonio Aakeel, Jack Carroll and Asim Chaudhry. (2018, 12, 95min) ★★★
1.30 AM **Little Monsters** Horror comedy starring Lupita Nyong'o, Alexander England and Josh Gad. (2019, 15, 93min) ★★★★
3.10 **Austin Powers in Goldmember** As 10.00pm.
4.55 **to 6.45** AM **Twins** Comedy, as shown at 4.05pm.

primetime

Sky Cinema Hits

303 403 503

7.00 AM **Bad Times at the El Royale** Mystery starring Jeff Bridges. (2018, 15, 141min) ★★★★
9.30 **Super Troopers 2** Comedy. (2018, 15, 99min) ★★
11.20 **Shazam!** As 9.00pm.
1.40 PM **Avengers: Endgame** Fantasy starring Robert Downey Jr. (2019, 12, 181min) ★★★★
4.45 **Mary Poppins Returns** Musical. (2018, U, 130min) ★★★★

7.00 **The Little Stranger** Horror with Domhnall Gleeson. A doctor is called to a house he first visited as a boy which has become home to a chilling secret that haunts the inhabitants. (2018, 12, 111min) ★★★★
9.00 **Shazam!** Comedy adventure starring Zachary Levi. Youngster Billy Batson is chosen by the ancient wizard Shazam as his new champion, and receives various superpowers. (2019, 12, 132min) ★★★★

11.15 **Captain America: The First Avenger** Fantasy. (2011) ★★★
1.25 AM **The Girl in the Spider's Web** Thriller. (2018, 15) ★★★
3.25 **Holmes & Watson** Comedy. (2018, 12, 90min) ★
5.05 **to 7.00** AM **Nanny McPhee & The Big Bang** (2010) ★★★

Sky Cinema Greats

304 304 845 404 504

7.45 AM **Sister Act** (1992) ★★★★
9.30 **Sister Act 2: Back in the Habit** Comedy. (1993, PG, 107min) ★★
11.30 **Elizabeth: The Golden Age** Drama. (2007, 12, 114min) ★★★
1.30 PM **Twilight** Fantasy thriller. (2008, 12, 122min) ★★★
3.35 **The Twilight Saga: New Moon** Thriller. (2009, 12) ★★★
5.50 **The Twilight Saga: Eclipse** Thriller. (2010, 12, 123min) ★★★

8.00 **The Twilight Saga: Breaking Dawn – Part 1** Supernatural romance thriller starring Kristen Stewart. Newlyweds Edward and Bella consummate their love, but their honeymoon is cut short when Bella becomes pregnant. (2011, 12, 117min) ★★
10.00 **The Twilight Saga: Breaking Dawn – Part 2** Supernatural romance thriller starring Kristen Stewart, Robert Pattinson and Taylor Lautner. (2012, 12, 110min) ★★★

12.00 M'T **Basic Instinct** Erotic thriller starring Michael Douglas. (1992, 18, 128min) ★★★
2.15 AM **American Gigolo** Stylish thriller. (1980, 18, 117min) ★★★
4.15 **to 6.10** AM **Sands of Iwo Jima** World War Two adventure. (1949, b/w, PG, 109min) ★★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Film Directors** Triple bill.
7.25 **The Quick Gun** (1964) ★★
8.55 **Support Your Local Gunfighter** (1971) ★★★
10.50 **The Charge of the Light Brigade** Drama. (1968) ★★★
1.30 PM **Air Force** (1943) ★★★
4.00 **Gunsmoke in Tucson** (1958)
5.35 **The Maltese Falcon** Thriller. (1941, b/w, PG) ★★★★★

7.20 **The Adventures of Sherlock Holmes** Vintage mystery thriller starring Basil Rathbone and Nigel Bruce. Sherlock Holmes and Dr Watson try to stop the dastardly Moriarty from stealing the crown jewels. (1939, b/w, PG, 83min) ★★★★★
9.00 **The Glimmer Man** Action thriller starring Steven Seagal and Keenen Ivory Wayans. A former CIA agent turned cop tracks down a serial killer. (1996, 18, 91min) ★

10.55 **Gremlins** Comedy fantasy. (1984, 12, 106min) ★★★
1.05 AM **To Each His Own** (1946)
3.20 **Off Set**
3.30 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Let's Be Famous** (1939) ★★
7.40 **The Blue Parrot** (1953) ★★
9.00 **The Adventures of William Tell**
9.30 **Don't Ever Leave Me** (1948)
11.10 **Whistle Down the Wind** (1961)
1.10 PM **The Country Girl** (1954)
3.15 **SOS Pacific** (1959) ★★
5.00 **Catweazle** 12/13. (S2)
5.30 **The Team**
5.35 **Spring in Park Lane** Comedy. (1948, b/w, U, 90min) ★★

7.25 **Remembering John Gregson**
7.50 **The Captain's Table** Mystery starring Percy Marmont. A passenger on a cruise liner sets out to expose a killer. (1936, b/w, PG, 54min) ★★
9.00 **Budgie** The small-time crook pays a visit to a luxury hotel.
10.00 **Forbidden** Thriller starring Patricia Burke. An actor refuses to grant her husband a divorce, so he makes plans to murder her instead. (1948, b/w, PG, 87min) ★★

11.45 **The Shakedown** Crime thriller. (1959, b/w, 15, 92min) ★★
1.35 AM **Tread Softly Stranger** Thriller. (1957, b/w, PG) ★★
3.20 **Scarlet Thread** Crime drama. (1951, b/w, PG, 85min) ★★
4.50 **to 6.00** AM **Looking for Sophia** (2004, PG) ★★★

Horror

317 149 70 138

8.00 AM **Under the Dome** 11/13. (S2)
9.00 **Star Trek: The Next Generation** 18/22. (S2)
10.00 **Star Trek** 18/24. (S3)
11.00 **Alien Convergence** Thriller. (2017, 15, 120min) ★★
1.00 PM **Independence Daysaster** Thriller. (2013, PG, 90min) ★
3.00 **Space 1999** 11/24. (S2)
4.00 **Lava Storm** Disaster movie. (2008, 12, 92min) ★★★

6.00 **Star Trek** 19/24. (S3)
7.00 **Star Trek: The Next Generation** 19/22. (S2)
8.00 **First Wave** *Still at Large:* 6/22. A Chicago police station may hold vital evidence. (S3)
9.00 **Hannibal Rising** Thriller prequel starring Gaspard Ulliel and Rhys Ifans. Hannibal resolves to exact a savage revenge on the war criminals responsible for the murder of his sister at the close of World War Two. (2007, 18, 120min) ★★★

11.20 **Victor Crowley** Horror comedy. (2017, 18, 83min) ★
12.55 AM **Feral** Horror starring Lew Temple. (2017, 15, 90min) ★★
2.45 **to 4.30** AM **The Jurassic Games** Thriller. (2016, 15) ★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.15 AM **Ocean's Eleven** Caper thriller, as shown at 4.35pm.
8.25 **Ocean's Twelve** As 6.40pm.
10.45 **The Italian Job** As 12.50am.
12.50 PM **Inside Man: Most Wanted** As 2.50am.
2.50 **The Old Man & the Gun** Drama, as shown at 11.10pm.
4.35 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★
6.40 **Ocean's Twelve** Caper thriller sequel with George Clooney. (2004, 12, 125min) ★★★★

11.10 The Old Man & the Gun

Ocean's Twelve (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

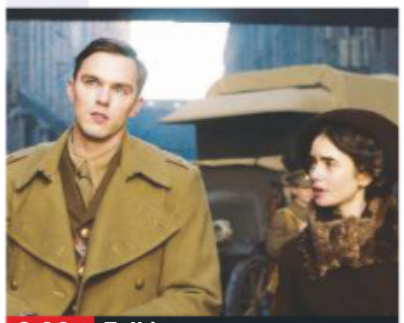
9.00 Ocean's Thirteen Caper thriller sequel starring George Clooney and Brad Pitt. A charismatic thief and his hand-picked gang of crooks plot an elaborate revenge against a megalomaniac casino owner. (2007, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 The Old Man & the Gun Light-hearted drama starring Robert Redford. (2018, 12, 93min) ★★★★
12.50 AM **The Italian Job** Crime thriller starring Mark Wahlberg and Edward Norton. (2003, 12, 110min) ★★★
2.50 **Inside Man: Most Wanted** Thriller starring Aml Ameen. (2019, 15, 105min) ★★
4.45 **to 7.00** AM **Ocean's Thirteen** Caper thriller, as 9.00pm.

Sky Cinema Drama

310 310 851 410 510

6.00 AM **Head Full of Honey** Drama, as shown at 4.00pm.
8.20 **Becks** As 6.15pm.
10.05 **Tolkien** As 8.00pm.
12.05 PM **The Aftermath** Drama, as shown at 10.05pm.
2.05 **What They Had** As 12.10am.
4.00 **Head Full of Honey** Drama starring Matt Dillon and Nick Nolte. (2018, 12, 127min) ★
6.15 **Becks** Drama starring Lena Hall and Mena Suvari. (2017, 15, 98min) ★★★★



8.00 Tolkien

8.00 Tolkien Biopic starring Nicholas Hoult. Before going on to write classic fantasy books, orphaned author JRR Tolkien finds friendship, love and artistic inspiration among a group of fellow outcasts at school. (2019, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 The Aftermath Drama starring Keira Knightley. In post-war Hamburg, tensions arise for a British colonel and his wife after they move into a house with a German widower. With Jason Clarke. (2019, 15, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **What They Had** Drama starring Hilary Swank. (2018, 15, 101min) ★★★
2.05 **to 6.00** AM **The Ten Commandments** Epic biblical drama with Charlton Heston. (1956, U, 219min) ★★★★

Sky Cinema Sci-Fi/Horror

311 411 511

6.00 AM **Slender Man** (2018) ★
7.35 **Star Wars: Episode I – The Phantom Menace** As 4.15pm.
9.55 **Star Wars: Episode II – Attack of the Clones**
12.20 PM **Star Wars: Episode III – Revenge of the Sith** As 9pm.
2.40 **Gravity** (2013) ★★★★
4.15 **Star Wars: Episode I – The Phantom Menace** (1999)
6.35 **Star Wars: Episode II – Attack of the Clones** Sci-fi. (2002, PG, 142min) ★★

9.00 Star Wars: Episode III...

Star Wars: Episode II – Attack of the Clones (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

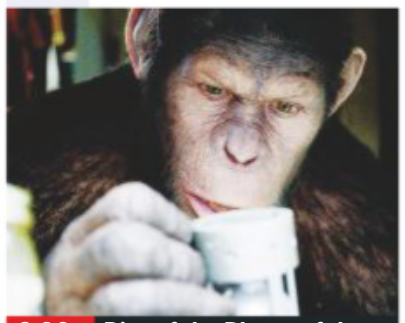
9.00 Star Wars: Episode III – Revenge of the Sith Sci-fi adventure with Ewan McGregor and Hayden Christensen. Jedi knight Anakin Skywalker turns from his mentor Obi-Wan Kenobi and falls prey to the dark side. (2005, 12, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 Happy Death Day 2U Horror comedy starring Jessica Rothe and Israel Broussard. (2019, 15, 100min) ★★★★
1.20 AM **Friday the 13th: Part VI – Jason Lives** Stalk 'n' slash horror with Thom Matthews. (1986, 18, 87min) ★
3.00 **Halloween** Horror starring Jamie Lee Curtis. (2018, 18, 106min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Blockbusters

302 402 502

7.00 AM **Aladdin** Animated fantasy. (1992, U, 90min) ★★★★★
8.45 **Aladdin** Live-action fantasy starring Will Smith. (2019, PG, 128min) ★★★★
11.00 **Captain Marvel** As 8.00pm.
1.15 PM **Armageddon** As 10.10pm.
4.00 **Cars** Animated adventure. (2006, PG, 121min) ★★★
6.00 **Rise of the Planet of the Apes** Sci-fi thriller with Andy Serkis and James Franco. (2011, 12, 104min) ★★★★



6.00 Rise of the Planet of the...

8.00 Captain Marvel Fantasy adventure starring Brie Larson and Samuel L Jackson. An alien warrior crashes on Earth and joins forces with agent Nick Fury in an attempt to solve the mysteries of her past. With Jude Law and Ben Mendelsohn. (2019, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

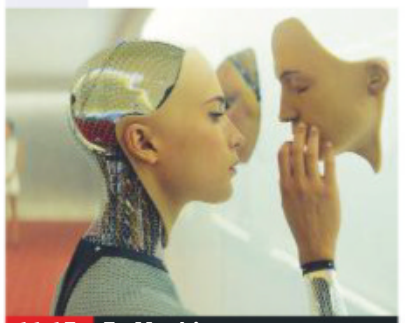
10.10 Armageddon Sci-fi adventure starring Bruce Willis. An oil driller and his team of roughnecks try to destroy an asteroid that is on a collision course with Earth. (1998, 12, 151min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Batman** Tim Burton's comic-book adventure. (1989, 15, 121min) ★★★★
3.00 **Rise of the Planet of the Apes** As shown at 6.00pm.
4.50 **to 8.30** AM **Gone With the Wind** Epic romance. (1939, PG, 224min) ★★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Flying Tigers** Adventure. (1942, b/w, PG, 103min) ★★
1.10 PM **Tora! Tora! Tora!** War epic. (1970, U, 144min) ★★★
4.00 **McLintock!** Comedy Western an updated version of *The Taming of the Shrew*. (1963, U, 127min) ★★★
6.35 **Snow White and the Huntsman** Fantasy adventure starring Kristen Stewart. (2012, 12, 127min) ★★★



11.15 Ex Machina

Snow White and the Huntsman (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Passengers Fantasy adventure starring Jennifer Lawrence, Chris Pratt and Michael Sheen. Two travellers on a spaceship are woken 90 years before the end of their colonisation mission. (2016, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 Ex Machina Sci-fi drama starring Domhnall Gleeson and Alicia Vikander. A computer programmer becomes embroiled in testing the artificial intelligence of a beautiful robot girl. (2014, 15, 106min) ★★★★
1.25 **to 3.15** AM **Daphne** Drama starring Emily Beecham. (2017, 15, 88min) ★★★★

+1 hour 314 430 45 301

Tuesday

8 PM

9 PM

10 PM

11 PM

Sony Movies Classic

319 424 50 303

6.00 AM **Gunga Din** Adventure. (1939, b/w, U, 117min) ★★★★
8.20 **Fire Down Below** Drama. (1957, PG, 116min) ★★★
10.40 **The Wrong Box** Black comedy. (1966, U, 101min) ★★★
12.50 PM **Waterloo** Historical drama. (1970, U, 132min) ★★★
3.30 **Walk, Don't Run** Romantic comedy starring Cary Grant. (1966, U, 114min) ★★

5.50 **A Farewell to Arms** World War One drama starring Rock Hudson and Jennifer Jones. A hospitalised ambulance driver falls in love with a nurse. (1957, PG, 150min) ★★
9.00 **Awakenings** True-story medical drama based on the experiences of Dr Oliver Sacks, starring Robert De Niro and Robin Williams. A neurologist 'awakens' patients who have been trapped in comas for years. (1990, 12, 117min) ★★★★

11.25 **My Favorite Brunette** (1947)
1.10 AM **Anything for a Friend**
3.00 **Mayflower: The Pilgrims' Adventure** Drama. (1979) ★
4.35 **to 6.00** AM **Machine Gun Kelly** Drama. (1958, 12) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **The Boy She Met Online** Drama. (2010, PG, 89min) ★★
10.50 **Menu for Murder** Mystery. (1990, PG, 96min) ★★
1.00 PM **Lost Letter Mysteries for Christmas** Festive comedy. (2014, PG, 84min) ★★
2.50 **Wrong Swipe** Thriller. (2016, U, 122min) ★★
4.35 **Ricki and the Flash** Comedy drama. (2015, 12, 99min) ★★★

6.40 **Just Go With It** Romantic comedy starring Adam Sandler and Jennifer Aniston. A plastic surgeon asks his assistant to pose as his wife and then begins to realise that he has feelings for her. (2011, 12, 116min) ★
9.00 **Seraphim Falls** Western starring Pierce Brosnan and Liam Neeson. A lone man finds himself relentlessly pursued by a posse led by a man with a burning mission of revenge. (2006, 15, 111min) ★★★★

11.15 **Braven** Action thriller. (2018, 15, 94min) ★★★
1.15 AM **Sniper: Ghost Shooter** Thriller. (2016, 15, 99min) ★★
3.20 **to 6.00** AM **A League of Their Own** Drama. (1992) ★★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Rattler Kid** (1967) ★★
7.40 **The Blitz on Coventry**
8.40 **One Minute to Zero** (1952) ★★
10.45 **Reunion at Fairborough** (1985)
1.00 PM **The Legend of the Lone Ranger** Adventure. (1981) ★★
3.05 **The War Lover** War drama. (1962, b/w, PG, 105min) ★★★
5.15 **Ike: Countdown to D-Day** Fact-based war drama. (2004, PG, 85min) ★★★

7.05 **Arctic Blast** Sci-fi thriller starring Michael Shanks and Alexandra Davies. A solar eclipse tears a hole in Earth's atmosphere and starts a chain reaction that threatens to begin a new Ice Age. With Bruce Davison. (2010, 12, 93min) ★★
9.00 **Breakout** Action thriller starring Brendan Fraser and Dominic Purcell. An environmental activist breaks out of custody to rescue his daughter and son. (2013, 15, 85min) ★

10.50 **The Hard Corps** Action thriller with Jean-Claude Van Damme. (2006, 15, 110min) ★★★
1.00 AM **King Arthur: Excalibur Rising** Fantasy. (2017, 15) ★★
3.00 **to 4.00** AM **Allied Armour**

+1 hour 324

Movies 24

325 419

7.00 AM **The Christmas Club** Comedy. (2019, PG, 100min) ★★
9.00 **A Dream of Christmas** As 3am.
11.00 **A Gingerbread Romance** Drama. (2018, PG, 90min) ★★
1.00 PM **Christmas on the River** Comedy. (2019, PG, 88min) ★★
3.00 **Enchanted Christmas** Romance. (2017, U, 84min) ★★
5.00 **Mr Miracle** Fantasy comedy. (2014, PG, 120min) ★★

7.00 **Christmas in the Highlands** Romantic comedy starring Dan Jeannotte. A New York sales manager travels to the Scottish Highlands to acquire a special perfume from a dashing earl. (2019, PG, 90min) ★★
9.00 **Christmas at Graceland: Home for the Holidays** Comedy starring Adrian Grenier. A traveller returns to Memphis for the holidays and nannies for a widower, leading to romance. (2019, PG, 120min) ★★

11.00 **A Grandpa for Christmas** Comedy drama. (2007, U) ★★
1.00 AM **Christmas Hero** Romantic drama. (2016, PG, 90min) ★★
3.00 **to 5.00** AM **A Dream of Christmas** Drama. (2016) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

8.00 PM **Beetlejuice** *Comedy Central* Fantasy comedy starring Michael Keaton, Alec Baldwin and Geena Davis. A newly dead couple summon up a 'bio-exorcist' to rid their home of its obnoxious new owners. ★★★★
10.00 **Hacksaw Ridge** *Channel 5* Director Mel Gibson's fact-based drama, starring Andrew Garfield, Sam Worthington and Luke Bracey. ★★★★
10.00 **Mad Max 2** *ITV4* Futuristic thriller starring Mel Gibson as a lone road warrior rescuing a beleaguered community from barbarian bikers. ★★★★
10.00 **The Grudge 2** *Syfy* Supernatural thriller sequel starring Amber Tamblyn, Edison Chen and Jennifer Beals. ★★★
11.00 **The Sweetest Thing** *5STAR* Comedy starring Cameron Diaz as a lovelorn young woman who embarks on a madcap quest to find the man of her dreams. ★
12.20 AM **The Cold Blue** *Sky Documentaries* A look at the misisons of World War Two's Eighth Air Force. ★★★★

TUESDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

- **6.00** AM **Sky Sports News** A round-up of today's talking points.
- **8.00** **Fighting Fit 2020**
- **8.30** **Fit In 5: Kirsty & Marvin**
- **8.50** **Fit In 5: Mel & Marvin: Cardio**
- **9.00** **Sky Sports News**
- **11.00** **The Football Show**
- **12.00** NOON **Sky Sports News**
- **4.00** PM **Fit In 5: Mel & Marvin**
- **4.30** **Fit In 5: Cardio Blast**
- **4.40** **Fit In 5: Endurance & Core**
- **4.50** **Fit In 5: High Intensity Interval Training 1** A beginners high intensity interval workout.
- **5.00** **Sky Sports News** A round-up of the day's talking points.
- **5.30** **LIVE Premier League Crystal Palace v Chelsea** Coverage of the top-flight fixture at Selhurst Park. Kick-off **6.00pm**.
- **8.00** **LIVE Premier League Arsenal v Leicester City** Coverage of the top-flight meeting at the Emirates Stadium. Kick-off **8.15pm**.
- **10.45** **PL Greatest Games** Another chance to see the action from Manchester United v Derby County in 1997.
- **11.00** PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

- **6.00** AM **PL Greatest Games**
- **7.00** **PL Legends: Juninho**
- **7.30** **PL Legends: Tony Adams**
- **8.00** **Best PL Goals: Arsenal**
- **9.00** **PL 100 Club: England's Finest**
- **9.30** **Premier League 100 Club**
- **10.00** **The Football Show**
- **12.00** NOON **Premier League Icons**
- **1.30** PM **Best PL Goals**
- **2.30** **MNF**
- **5.30** **LIVE Premier League Watford v Norwich City.** Coverage of the top-flight clash at Vicarage Road. Kick-off **6.00pm**.
- **8.00** **LIVE Premier League Arsenal v Leicester City.** Coverage of the Premier League encounter at the Emirates Stadium. Kick-off **8.15pm**.
- **10.45** **Premier League Icons**
- **11.15** **PL Greatest Games** Highlights from Tottenham Hotspur v Manchester United from 2001.
- **11.30** **Premier League Icons**
- **12.00** M'T **Best PL Goals 96/97**
- **1.00** AM **Premier League Years**
- **3.00** **PL Greatest Games**
- **4.00** **Best PL Goals 97/98**
- **5.00** **Best PL Goals: Newcastle**
- **5.30** **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

- **6.00** AM **EFL Greatest Games**
- **6.45** **SPFL Greatest Games**
- **7.00** **Football's Greatest Players**
- **7.30** **Football Countdowns**
- **8.00** **Football Years**
- **8.30** **EFL Greatest Games**
- **9.15** **SPFL Greatest Games**
- **9.30** **Football's Greatest Players**
- **10.00** **Football Countdowns**
- **10.30** **Football Years** A look back at the 1995/1996 season.
- **11.00** **EFL League 1: Play-Off Semi-Final 2nd Leg**
- **4.30** PM **LIVE EFL Nottingham Forest v Fulham.** Coverage of the Championship clash from the City Ground. Kick-off **5.00pm**.
- **7.30** **SPFL Greatest Games**
- **7.45** **EFL Greatest Games**
- **8.00** **LIVE Arsenal V Leicester Watchalong** A chance to watch the Premier League fixture at Emirates Stadium alongside fans and celebrities. Kick-off **8.15pm**.
- **10.15** **SPFL Greatest Games**
- **11.00** **EFL Greatest Games**
- **12.00** M'T **EFL Cup Final 16**
- **1.00** AM **EFL Play Off Finals C'Ship**
- **2.00** **EFL League 1 Play-Off Finals**
- **3.00** **One2Eleven**
- **3.15** **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 858 | 514 504

- **6.00** AM **Best of England v Windies**
- **8.00** **Best of Alastair Cook: WI 2017** England v West Indies.
- **10.00** **Test Cricket** As 10.30pm.
- **11.00** **Test Cricket** England v West Indies: Another chance to see all five days of the second Test, which took place at Headingley.
- **4.00** PM **Best of Ben Stokes: W Indies 2017** England v West Indies. Highlights of the opening day of the third Test held at Lord's.
- **5.00** **Best of J Anderson: 500th Wicket** England v West Indies.
- **6.00** **Test Cricket** England v West Indies: The third day of the third Test, which took place at Lord's.
- **7.00** **Viv Richards: Through His Eyes**
- **8.30** **Michael Holding: Whispering Death** Michael Holding's career.
- **9.30** **The Cricket Lockdown Vodcast**
- **10.30** **Test Cricket** England v West Indies: Highlights of the third day of the first Test, which took place at Edgbaston, Birmingham.
- **11.30** **Test Cricket**
- **1.30** AM **Viv Richards: Through His Eyes** Vivian Richards' career.
- **3.00** **Test Cricket** England v West Indies: Fifth day of the second Test.
- **4.00** **to 6.00** AM **Test Cricket**

Sky Sports Golf

405 405 859 | 515 505

- **6.00** AM **Best of the Open Zone 2017** From Royal Birkdale.
- **7.00** **Golf Academy**
- **7.30** **School of Golf**
- **8.00** **British Masters Masterclass**
- **9.00** **PGA Tour Golf**
- **10.00** **Best of the Open Zone 2017**
- **11.00** **Golf Pass with Rory McIlroy**
- **11.30** **The Golf Fitness Show**
- **12.00** NOON **Golf Academy**
- **1.00** PM **School of Golf**
- **2.00** **British Masters Masterclass**
- **3.00** **PGA Tour Golf**
- **4.00** **Golf Pass with Rory McIlroy**
- **4.30** **The Golf Fitness Show**
- **5.00** **School of Golf**
- **5.30** **Golf Academy**
- **6.00** **Nick Dougherty's Tee Time Tips**
- **7.00** **PGA Tour Golf**
- **8.00** **How the 2010 Ryder Cup Was Won** The 38th staging.
- **10.00** **Ian Poulter: Europe's Postman**
- **11.00** **School of Golf**
- **12.00** M'T **Golf Pass with Rory McIlroy**
- **12.30** AM **The Golf Fitness Show**
- **1.00** **Best of the Open Zone 2017**
- **2.00** **British Masters Masterclass**
- **3.00** **Golf Academy**
- **4.00** **School of Golf**
- **5.00** **to 6.00** AM **British Masters Masterclass**

BT Sport 1

413 413 867 | 527 | 408 430

- **6.00** AM **V8 Supercars Highlights**
- **7.00** **WWE Friday Night SmackDown** Wrestling action.
- **8.45** **ESPN FC** Football news.
- **9.15** **Turkish Super Lig**
- **10.45** **LIVE FIM CEV Repsol** Action from the opening round of the FIM CEV Repsol International Championship at the Circuito do Estoril, featuring the Moto2, Moto3 and superbike classes.
- **4.00** PM **WWE NXT Highlights**
- **5.00** **Fishing: On The Bank**
- **6.00** **Turkish Super Lig** Action from a recent top-flight match.
- **7.30** **UEFA Champions League Magazine** The latest news and updates from the UEFA Champions League.
- **8.00** **UEFA Champions League Goals Show Retro** A look back at some of the most iconic Champions League games.
- **9.00** **WWE Monday Night Raw** Watch your favourite WWE superstars face-off inside the ring on *WWE Monday Night Raw*.
- **11.30** **WWE NXT**
- **1.15** AM **Ligue 1 Goals Of The Season** The 2019/2020 season.
- **1.30** **to 6.00** AM **FIM CEV Repsol**

BT Sport 2

414 414 868 | 528 | 409 431

- **6.00** AM **BT Sport Goals Reload**
- **6.30** **Moto3: Grand Prix of Austria**
- **7.30** **Moto2: Grand Prix of Austria**
- **8.30** **MotoGP: Grand Prix of Austria**
- **9.30** **In Depth with Graham Bensinger** With Kelsey Grammer.
- **10.00** **International GT Open Championship** From Barcelona.
- **11.30** **BT Sport Mic'd Up: Danny Cowley** At Lincoln City.
- **12.00** NOON **ESPN Films: Son of the Congo** Profile of Serge Ibaka.
- **1.00** PM **Here Now**
- **1.15** **30 for 30: The Best That Never Was** Marcus Dupree.
- **3.15** **30 for 30: Little Big Men**
- **4.15** **30 for 30: Jordan Rides the Bus** Documentary.
- **5.15** **The House of Steinbrenner**
- **6.15** **MotoGP Films: The Route to Glory** Documentary.
- **7.30** **Gearing Up**
- **8.00** **Backstory: Banned for Life**
- **9.00** **Brothers in Football**
- **10.45** **O.J: Made in America**
- **12.45** AM **Dwayne Wade: Life Unexpected** Documentary.
- **2.45** **30 For 30: Long Gone Summer** Documentary.
- **4.45** **to 6.00** AM **There's No Place Like Home**

BT Sport 3

417 417 869 | 529 | 410 432

- **6.00** AM **The Big Match Revisited – 1974/75** Four editions.
- **10.00** **Classic Premier League**
- **12.00** NOON **FA Cup Final Classics**
- **1.00** PM **Classic Bundesliga**
- **2.30** **MotoGP Classics: Jerez 1997**
- **3.30** **MotoGP Classics: Brno 1996**
- **4.30** **UEFA Champions League – Stories of the Finals**
- **5.00** **UCL Stories of the Finals**
- **5.30** **UEFA Champions League Goals Reload**
- **6.00** **UEFA Champions League Goals Show Retro** Newcastle United's 1997/1998 Champions League clash with Barcelona.
- **7.00** **ESPN Classic Boxing** *Tyson Raw & Uncut* looks at Mike Tyson's unprecedented rise to the pinnacle of world boxing.
- **9.00** **UFC 229 – Khabib v McGregor** Khabib Nurmagomedov v Conor McGregor: The lightweight championship bout in Nevada.
- **12.00** M'T **UFC Main Event**
- **1.00** AM **UFC: The Ultimate Fighter**
- **2.00** **UFC Fight Flashback**
- **3.00** **WRC Review: Rally Italy 2018**
- **4.00** **to 6.00** AM **Irish Rally Review 2015**

Sky Sports Action

407 407 861 | 517 507

- **6.00** AM **NFL: America's Game**
- **8.00** **Finals Day**
- **10.00** **Fight Night Classics**
- **12.00** NOON **NFL: Wildcard 2019 Hlts** Action from New England Patriots v Tennessee Titans.
- **1.00** PM **NFL: Titans Tuesday**
- **2.00** **NFL: Texans Tuesday**
- **4.00** **NFL: Race To The Super Bowl 19/20** Highlights from Kansas City Chiefs v Houston Texans.
- **5.00** **Tony Tuesday**
- **5.30** **LIVE Premier League Crystal Palace v Chelsea.** Coverage of the top-flight fixture at Selhurst Park. Kick-off **6.00pm**.
- **8.00** **NFL: Thanksgiving Games 2018** Highlights from Detroit Lions v Chicago Bears.
- **9.00** **Tony Tuesday** The WBC Cruiserweight champion reflects on his victory over Ilunga Makabu.
- **9.30** **Tony Tuesday** A chance to see David Haye v Tony Bellew.
- **10.30** **Tony Tuesday** Action from Tony Bellew v David Haye.
- **12.00** M'T **NFL Highlights**
- **1.00** AM **NFL: America's Game**
- **2.00** **Finals Day**
- **4.00** **to 6.00** AM **Fight Night Classics**

Sky Sports Mix

145 145 838 | 520 510

- **6.00** AM **My Icon**
- **7.00** **Sporting Greats**
- **7.30** **School of Golf**
- **8.00** **Fighting Fit 2020**
- **8.30** **Fit In 5**
- **9.00** **Motorsport Mundial**
- **9.30** **Wildfly Fishing**
- **10.00** **US Open 9-Ball Pool**
- **11.00** **Red Bull Ultimate Rush**
- **12.00** NOON **F1 2019: Brazilian GP Race** Action from the Brazilian Grand Prix held at Interlagos.
- **2.05** PM **F1 2019 Hlts: Abu Dhabi**
- **3.00** **My Icon**
- **4.00** **Sporting Greats**
- **4.30** **School of Golf**
- **5.00** **Fighting Fit 2020**
- **5.30** **Fit In 5**
- **6.00** **Motorsport Mundial**
- **6.30** **Wildfly Fishing**
- **7.00** **US Open 9-Ball Pool**
- **8.00** **Red Bull Ultimate Rush**
- **9.00** **F1 2019: Brazilian GP Race**
- **11.05** **F1 2019 Hlts: Abu Dhabi**
- **12.00** M'T **Motorsport Mundial**
- **12.30** AM **Wildfly Fishing**
- **1.00** **US Open 9-Ball Pool**
- **2.00** **Red Bull Ultimate Rush**
- **3.00** **F1 2019: Brazilian GP Race**
- **5.05** **to 6.00** AM **F1 2019 Hlts: Abu Dhabi**

BT Sport/ESPN

423 423 872 | 530 | 411 434

- **6.00** AM **ESPN FC** Football news.
- **6.30** **In Depth with Bensinger**
- **7.00** **ESPN SportsCenter**
- **7.15** **MLB: Expos @ Yankees 1999**
- **9.15** **MLB Classic**
- **9.45** **ESPN SportsCenter**
- **10.00** **College Football Classics**
- **11.45** **MLB Classic**
- **2.45** PM **ESPN FC** Football news.
- **3.15** **ESPN SportsCenter**
- **3.30** **The Basketball Tournament**
- **7.00** **LIVE The Basketball Tournament** Challenge Als take on Game five winner.
- **9.00** **LIVE The Basketball Tournament** Boheim's Army take on Game six winner.
- **11.00** **ESPN SportsCenter**
- **11.15** **MLB Classic: 1987**
- **12.15** AM **In Depth with Bensinger**
- **12.45** **DTM: Season Preview**
- **1.45** **CFB: Miami @ Florida State**
- **5.00** **MLB Epic Moments**
- **5.30** **to 6.00** AM **In Depth with Graham Bensinger**

Eurosport 1

410 410 864 | 521 | 412 435

- **7.00** AM **Ultimate Tennis Showdown** Round four.
- **8.00** **Tour de France: Froome 2015**
- **11.00** **Ultimate Tennis Showdown**
- **12.00** NOON **Wimbledon 2018**
- **1.30** PM **Olympics – Greatest Tennis Players**
- **2.00** **Tour de France: Froome 2015**
- **5.00** **Wimbledon 2018**
- **6.30** **Olympics – Greatest Tennis Players** Olympic tennis stars.
- **7.00** **Football** Stabaek v Rosenborg in Norway's Eliteserien.
- **8.00** **Tour de France: Froome 2015** Action from the third stage of the race, a 159.5km course from Antwerp to Huy in Belgium.
- **11.00** **World Poker Tour**
- **12.00** M'T **Snooker: World Champs Final 2012** From Sheffield.
- **2.00** AM **Tour de France: Froome 2015** Action from the third stage.
- **5.00** **Snooker Vodcast: The Debate**
- **5.30** **to 7.00** AM **Snooker: King v Hawkins** A 2016 clash.

Eurosport 2

411 411 865 | 522 | 413 436

- **8.00** AM **Wimbledon 2016**
- **9.30** **Hall of Fame – Beijing 2008**
- **10.00** **Judo: Season Highlights**
- **12.00** NOON **Olympics: Transform My Meal**
- **1.00** PM **Olympics: Arriba Cuba**
- **2.00** **Athletics: Diamond League**
- **3.00** **Snooker: European Masters Final** The final from Austria.
- **5.00** **Superbikes: MotoAmerica**
- **6.00** **Speedway European Championship** From Poland.
- **7.00** **Superbikes: Whit & Friends**
- **9.00** **Speedway European Championship** From Poland.
- **10.00** **Superbikes: MotoAmerica**
- **11.00** **Superbikes: BSB Lockdown Lowdown** With Brad Jones.
- **12.00** M'T **Climbing World Championships** Double bill.
- **2.00** AM **Hall of Fame – Sydney 2000** The 2000 Olympics.
- **3.00** **Snooker: O'Sullivan v Wilson**
- **5.00** **to 8.00** AM **Tour de France: Froome 2015**

Sky Sports Arena

408 408 862 | 518 508

- **6.00** AM **Super League Gold**
- **7.00** **Super Rugby**
- **9.00** **Netball World Cup**
- **11.00** **NBA Champions**
- **12.30** PM **NBA: Sounds of the Finals**
- **1.00** **Super Rugby**
- **3.00** **Super League 2019 Highlights**
- **3.45** **NBA: Knicks @ Clippers**
- **5.30** **LIVE Premier League Watford v Norwich City.** Coverage of the top-flight clash at Vicarage Road. Kick-off **6.00pm**.
- **8.00** **The Golden Point Vodcast**
- **8.30** **Rugby Stars Quiz: Biggar v George** With England's Jamie George and Wales' Dan Biggar.
- **9.00** **NRL Try Time**
- **10.00** **International Rugby Union**
- **12.00** M'T **Super League Highlights**
- **1.00** AM **Sporting Heroes: Ellery Hanley Interviews Frank Bruno**
- **2.00** **Netball World Cup**
- **4.00** **NBA Champions**
- **5.30** **to 6.00** AM **NBA: Sounds of the Finals 2018**

Sky Sports F1

406 406 860 | 516 506

- **6.00** AM **The Home of F1**
- **11.00** **Grand Prix Sunday: Austria**
- **12.05** PM **Austrian F1 Grand Prix**
- **2.00** **Chequered Flag Austria**
- **3.00** **Jenson's F1 Memories 2009**
- **3.30** **Austrian F3 GP: Race 1**
- **4.15** **Small Talk with Lewis Hamilton**
- **4.30** **Austrian F3 GP: Race 2**
- **5.30** **Carlos Sainz v Lando Norris**
- **6.00** **Austrian F2 GP: Race 1**
- **7.20** **Box Box Box**
- **7.50** **Karun Drives the W10**
- **8.00** **Austrian F1 GP Highlights**
- **9.00** **When Toto Met Lewis**
- **9.35** **Jenson's Memories**
- **9.45** **F1 Cars Through 1000 Races**
- **9.50** **Lewis & Martin: Secret Cinema**
- **10.20** **At Home with Johnny Herbert**
- **11.00** **Austrian F1 GP Highlights**
- **12.00** M'T **At Home with Johnny Herbert** The best moments.
- **12.40** AM **Lewis in the W196 with Martin** With Lewis Hamilton.
- **12.50** **Jenson's Memories**
- **1.00** **to 6.00** AM **The Home of F1**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Wednesday 8 July

Evening Planner

Cricket

England v West Indies
Sky Sports Main Event HD & Sky Sports Cricket HD, play starts 10.30am
At the Ageas Bowl, the opening day of the three-match Test marks cricket's return

Drama

Mrs America
BBC2 HD, 9pm & 9.45pm
Tracey Ullman is feminist Betty Friedan in a US drama charting opposition to the Equal Rights Amendment in the 1970s

Documentary

The Underdog vs The State: The Battle for Kenya
BBC4 HD, 10pm
How Boniface 'Softie' Mwangi tried to run a clean campaign in a regional election

OnDemand

NETFLIX

Stateless
Available today
Cate Blanchett stars in an Australian drama chronicling the lives of four strangers in an immigration detention centre

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.35 Talking Heads		8.15 The Repair Shop	9.00 Celebrity MasterChef		10.00 News	
102 BBC2	7.00 Cricket: England v West Indies Test...		8.00 Wimbledon: The Best of the...		9.00 Mrs America			10.30 Grand Tours...
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Bradley Walsh & Son: Breaking Dad		9.00 Benidorm		10.00 News	
104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 George Clarke's Amazing Spaces		10.00 Naked Attraction	
105 CHANNEL 5	7.00 Great British Bike Rides		8.00 Traffic Cops		9.00 The Battle of Britain: The Longest Day		10.00 Wormwood Scrubs: Violence Behind...	
106 SKY ONE	7.00 The Simpsons		8.00 Golf's Funniest Moments		9.00 Film: Happy Gilmore			
ENTERTAINMENT								
116 BBC4	7.00 Yorkshire Walks	7.30 The Joy of...	8.00 Confucius: Genius of the Ancient World		9.00 Ian Hislop's Stiff Upper Lip: An...		10.00 The Underdog vs The State: The...	
118 ITV2	7.00 You've Been...	7.30 You've Been...	8.00 Roswell, New Mexico		9.00 Love Island: Australia			10.15 Evil Monkeys
136 MORE4	◂ 6.55 Escape to the Chateau: The...	7.55 Grand Designs			9.00 24 Hour Baby Hospital		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks...	7.30 Married at First Sight Australia			9.00 Celebrity Gogglebox USA		10.00 Celebrity Gogglebox	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Ghost Whisperer		9.00 Grey's Anatomy		10.00 Station 19	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Penny Dreadful: City of Angels		10.05 Perry Mason	
110 GOLD	◂ 6.55 Only Fools and Horses					9.45 Bottom		10.20 Men Behaving Badly
111 DAVE	7.00 Richard Osman's...	7.40 QI			9.00 Live at the Apollo		10.00 Big Zuu's Big Eats	
119 ITV3	◂ 6.55 Downton Abbey		8.00 Lewis				10.00 Agatha Christie's Poirot	
120 ITV4	7.00 Tour de France ReCycled: Geraint's Tour		8.00 Film: Octopussy					
112 COMEDY CENTRAL	7.00 Friends				9.00 Jason Manford Live: First World...		10.00 Russell Howard Live: Wonderbox	
152 SYFY	7.00 A Town Called Eureka				9.00 Film: Doom			
109 W	7.00 Property Brothers: Forever Homes		8.00 Inside the Ambulance				10.00 Louis Theroux: Dark States – Heroin...	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Silicon Valley			10.15 Girls
124 FOX	7.00 NCIS				9.00 APB		10.00 NCIS: New Orleans	
122 SKY ARTS	7.00 Treasures of the British Library		8.00 What Was Virginia Woolf Afraid Of?		9.00 Landscape Artist of the Year 2019		10.00 The South Bank Show 40th...	
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Mighty Planes		9.00 Gold Divers		10.00 Outback Truckers	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 Saved By the Barn		9.00 Nature's Strangest Mysteries: Solved		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Witness to Disaster		9.00 Rescued		10.00 Wicked Tuna	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Counting Cars		9.00 Jesse James' Hidden Treasure			
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 War Factories		9.00 The Green Green Grass			
166 EDEN	7.00 Ganges		8.00 Earth: The Power of the Planet		9.00 The Zoo	9.30 Jungle Planet	10.00 Rhino Orphanage	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 The Runaways		8.00 Frozen II				10.00 The Heist of the Century	
303 HITS	7.00 Dumbo				9.00 Transformers			
304 GREATS	◂ 5.20 Zero Dark Thirty		8.00 No Country for Old Men				10.05 Scarface	
305 DISNEY	◂ 6.00 The Lion King		8.00 Prince of Persia: The Sands of Time				10.00 101 Dalmatians	
306 FAMILY	7.00 National Treasure: Book of Secrets				9.10 Luis and the Aliens			10.40 Look...
307 ACTION	◂ 5.40 The Matrix Reloaded		8.00 The Equalizer 2				10.00 Beverly Hills Cop II	
308 COMEDY		7.10 Can You Ever Forgive Me?			9.00 Along Came Polly			10.40 Sorry...
309 THRILLER	7.00 Extremely Wicked, Shockingly Evil and Vile				9.00 Manhunter			
310 DRAMA	◂ 6.05 The Browning Version		8.00 Bohemian Rhapsody					10.25 Footloose
311 SCI-FI		7.15 Star Wars: The Clone Wars			9.00 Star Wars: Episode IV – A New Hope			
302 BLOCKBUSTERS	◂ 5.40 A Star Is Born		8.00 Jaws				10.10 Venom	
313 FILM4	◂ 6.20 Ghostbusters				9.00 Independence Day			
315 TCM MOVIES		7.15 The Big Gundown			9.00 The Shepherd			
SPORT								
401 MAIN EVENT	◂ 5.30 Premier League – Live: Sheffield United v Wolverhampton Wanderers: From Molineux (Kick-off 6.00); Brighton & Hove Albion v Liverpool: From the Amex Stadium (Kick-off 8.15)							
402 PREMIER LEAGUE	◂ 5.30 Premier League – Live: Sheffield United v Wolverhampton Wanderers: From Molineux (Kick-off 6.00); Brighton & Hove Albion v Liverpool: From the Amex Stadium (Kick-off 8.15)							
403 FOOTBALL	◂ 4.30 EFL – Live	7.30 EFL...	8.00 EFL Championship Highlights		9.00 EFL		10.00 SPFL...	10.30 SPFL Highlights
404 CRICKET		7.15 Cricket Debate	8.00 Test Cricket		9.00 Cricket Debate		10.00 Test Cricket	
413 BT SPORT 1	◂ 5.30 Premier League – Live			8.15 PL 100	8.45 Bundesliga Special		10.00 WWE NXT UK	
414 BT SPORT 2	◂ 5.45 Premier League – Live			8.15 State of Play...	9.00 No Hunger in Paradise			10.30 State of Play...

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Wednesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Rip Off Britain** New edition (S)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Caught Red Handed** (S)(R)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Heights** New episode (S)(AD)
2.15 **Impossible** (S)(R)
3.00 **Escape to the Country** Searching for a home in Norfolk. (S)(R)(AD)
3.45 **Home Is Where the Art Is** New edition 3/15. Artworks to complement a recently completed house renovation. (S)(AD)
4.30 **The Repair Shop: Fixing Britain** New edition 3/15. (S)(AD)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Celebrity MasterChef

7 PM

7.00 The One Show Magazine with stories of interest from around the UK. (S)

7.35 Talking Heads New episode *Miss Fozzard Finds Her Feet*: 11/12. Maxine Peake performs the tale of a woman whose chiropodist drops the bombshell that he is moving. (S1) (S)(AD)

8 PM

8.15 The Repair Shop Jay Blades and the team tackle a concertina that survived combat in World War One, and a cocktail table with a secret compartment. (S)(R)

9 PM

9.00 Celebrity MasterChef New edition 4/15. Actor Phil Daniels, drag artist Baga Chipz, Olympic gold medallist Sam Quek, conductor Karen Gibson and TV presenter Dominic Littlewood compete. (S)(AD)
■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **Match of the Day** Premier League action featuring Brighton & Hove Albion v Liverpool, and Manchester City v Newcastle United. (S)

12.05 AM **Michael McIntyre's Big Laughs** 4/4. Michael looks back at Send to Alls from Emma Bunton and Robbie Savage. (S)(R)
1.05 **Weather for the Week Ahead** Seven-day forecast. (S)
1.10 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.45 AM **The Repair Shop: Fixing Britain** (S)(R)(AD)
7.30 **Greatest Escapes to the Country** Properties in Norfolk. (S)(R)
8.00 **Sign Zone: Great Asian Railway Journeys** (S)(R)(SL)(AD)
9.00 **Into the Wild with Gordon Buchanan** (S)(R)(AD)
10.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **The Boss** Quiz show. (S)(R)
1.45 **Terry and Mason's Great Food Trip** Winchester. (S)(R)
2.15 **Wimbledon Rewind** New edition Steffi Graf v Jana Novotna. (S)
5.15 **Flog It!** From Norwich. (S)(R)
6.00 **Eggheads** Quiz show. (S)(R)
6.30 **Greatest Escapes to the Country** New edition 13/15. Steve Brown looks back at some of the show's greatest properties in Cornwall. (S)

9.00 Mrs America

7.00 Cricket: England v West Indies Test Match Highlights Isa Guha presents action from the opening day of the first Test in the three-match series at the Ageas Bowl in Southampton. With commentary by Alastair Cook and Phil Tufnell. (S)

8.00 Wimbledon: The Best of the Championships New edition Sue Barker is joined by Tim Henman and Boris Becker in the studio and by John McEnroe and Martina Navratilova via video link to look back at highlights. (S)

9.00 NEW SERIES **Mrs America** *Phyllis:* 1/9. Drama about the political movement to pass the US Equal Rights Amendment. With Margo Martindale. *See feature, page 6.* (S)(AD)

9.45 Mrs America New episode *Gloria:* 2/9. Phyllis Schlafly uses her grassroots campaign to stop ERA ratification. *All episodes available on BBC iPlayer.* (S1) (S)

10.30 Grand Tours of the Scottish Islands (S)(R)
10.45 Newsnight (S)

11.25 **Weather** (S)
11.30 **Alex Brooker: Disability and Me** Documentary. (S)(R)(AD)
12.30 AM **Sign Zone: You Are What You Wear** Volunteers include a man who has put off his wedding because of his looks. (S)(R)(SL)
1.30 **Sign Zone: Inside Monaco: Playground of the Rich** Documentary giving an insight into the principality on the French Riviera. (S)(R)(SL)(AD)
2.30 **to 6.45** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Good Morning Britain with Lorraine** With Lorraine Kelly. (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson is joined by a team of antiques dealers at Cheltenham, where one expert is keen to purchase a Royal Doulton vase before it can go to auction. (S)(R)
3.00 **Tenable** Quiz show hosted by Warwick Davis. (S)(R)
4.00 **Tipping Point** Quiz show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Emmerdale

7.00 Emmerdale Jamie sets off to find his wife, and Leanna feels sorry for her dad Liam. (S)(AD)

7.30 Coronation Street Sally tries to convince Tim of Geoff's villainy. (S)(AD)

8.00 Bradley Walsh & Son: Breaking Dad New edition After a pit stop at Niagara Falls, the Walshes head to Lake Placid for a game of ice hockey, stay at the Trapp Family Lodge, and go bowling and lobster fishing. (S)(AD)

9.00 Benidorm 5/7. Tiger and Joey have a run-in with a hiker who takes exception to their behaviour, Eddie and Rob both land themselves dates, and a stranger turns up asking for Mateo. (S8) (S)(R)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 Peston Political magazine show hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)

11.45 **Tenable** Five family members from Bournemouth take on the Tenable Tower, answering questions on subjects including chemical elements and Beatrix Potter. Warwick Davis hosts. (S)(R)
12.35 AM **Ideal World**
3.00 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** Following Robert Rinder as he takes on real-life cases in a studio courtroom. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** (S9) (S)(R)
7.20 **Mike & Molly** 3&4/24. (S1) (S)(R)
8.05 **The Big Bang Theory** (S)(R)(AD)
9.00 **Frasier** 7-9/24. (S3) (S)(R)(AD)
10.30 **Come Dine with Me** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** (S)(R)
3.00 **A Place in the Sun** (S)(R)
4.00 **Sun, Sea and Selling Houses** New edition Linda and Charlotte Rodriguez help a sewing enthusiast and her husband. (S)
5.00 **Four in a Bed** New edition From the Mode Lytham Hotel. (S)
5.30 **Come Dine with Me** New edition Council refuse worker Vicki hosts the third dinner party of the week in and around Cumbria. (S)
6.00 **The Simpsons** (S)(R)(AD)

9.00 George Clarke's Amazing...

7.00 **News** (S)

8.00 Location, Location, Location 3/9. Kirstie Allsopp and Phil Spencer are house-hunting in and around Glasgow for a young couple buying their first home and pair of grandparents who want a bungalow to retire to. (S)(R)

9.00 George Clarke's Amazing Spaces New edition George is amazed by a couple's plan to turn a coach into a mobile home, and he also meets a pilot who has created a garden den from a small plane. (S)(AD)

10.00 Naked Attraction Judith, a 57-year-old breast cancer survivor from Nuneaton, and Rigby, a 27-year-old hot-tub installer from Chesterfield, take part. (S)(R)(AD)

11.05 **Celebrity Gogglebox** (S)(R)(AD)
12.10 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.00 **The Simpsons** (S)(R)(AD)
1.25 FILM **Boyhood** Drama starring Ellar Coltrane, Patricia Arquette and Ethan Hawke. (S)(SL) (2014, 15, 165min) ★★★★★
4.10 **Grand Designs Australia** In Elsternwick, Victoria. (S)(R)(AD)
5.00 **Car S.O.S** (S)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Can't Pay? We'll Take It Away!** Mistaken identity. (S)(R)
12.10 PM **News** (S)
12.15 **The Golden Girls** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM **The Nanny Betrayal** Thriller starring Michelle Borth, Antonio Cupo and Olesya Rulin. (S) (2018, 12, 105min) ★★
4.00 **Friends** 7&8/24. (S1) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** With no other option, Andrea agrees to Heather's plan. (S)(R)(AD)
6.00 **Home and Away** Maggie is pleased to find Dean and Ziggy doing well. (S)(R)(AD)
6.30 **News** (S)

9.00 The Battle of Britain...

7.00 Great British Bike Rides Larry and George Lamb head into Wales, testing themselves against the mountainous peaks of Snowdonia, before hitting the cliffs and beaches of the Pembrokeshire Coast. (S)(R)

8.00 Traffic Cops Dan and Nick tail three suspected drug dealers into a car park, while Ant and Mark's dogged pursuit of a stolen moped takes them off their patch into the estates of Sheffield. (S)(R)

9.00 The Battle of Britain: The Longest Day New edition 2/3. Dan Snow and Kate Humble tell the story of 30 August 1940 – the RAF's most intense day of fighting. (S)
■ Concludes tomorrow

10.00 Wormwood Scrubs: Violence Behind Bars The history of the famous prison, which has been used to incarcerate serial killers Ian Brady and Peter Sutcliffe as well as rock star Pete Doherty. (S)(R)

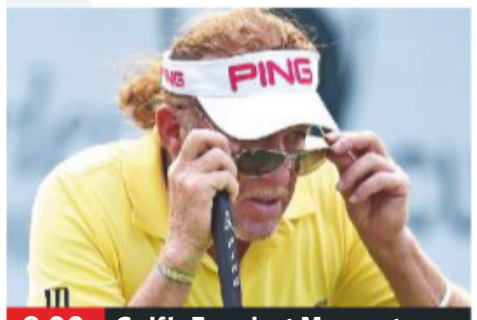
11.05 **A&E After Dark – Uncut** (S)(R)
12.05 AM **Police Raids: Caught by Surprise** (S)(R)
1.00 **21.co.uk Live Casino Show**
3.10 **The Railways That Built Britain with Chris Tarrant**(R)
4.00 **Great Scientists** (S)(SL)(R)
4.25 **House Doctor** (S)(SL)(R)
4.50 **Wildlife SOS** (S)(SL)(R)
5.15 **to 6.00** AM **The Secret Life of Puppies** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Business** (S)(R)(AD)
7.00 **RSPCA Animal Rescue** (S)(R)
8.00 **The Flash** (S1) (S)(R)
9.00 **Supergirl** (S1) (S)(R)
10.00 **The Simpsons** (S)(R)
11.00 **NCIS: Los Angeles** (R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
3.00 **Magnum P.I.** 15/20. (S2) (R)
4.00 **Modern Family** (S7) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **Futurama** *The Butterjunk Effect:* Leela and Amy become addicted to a steroid. (S)(R)
6.00 *The Six Million Dollar Mon:* Hermes is disheartened to discover he's the least-valued Planet Express employee. (S)(R)
6.30 **The Simpsons** *Deep Space Homer:* NASA decide to send an average American into space as a publicity stunt. (S)(R)



8.00 Golf's Funniest Moments

7.00 The Simpsons *Homer Loves Flanders:* Homer becomes Ned's best friend. (S)(R)
7.30 *Bart Gets an Elephant:* Bart wins an elephant that eats the family out of house and home. (S)(R)

8.00 Golf's Funniest Moments A chance to revisit some of the sport's most amusing moments. (S)(R)(AD)

9.00 FILM **Happy Gilmore** Comedy starring Adam Sandler and Christopher McDonald. An ice-hockey player turns his hand to golf and enters a tournament. (1996, 12, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.45 A League of Their Own: European Road Trip Racing on Paris' Formula E circuit. (S)(R)(AD)

11.45 **Road Wars** On-board dashcams offer an insight into vehicle crime. (S)(R)(AD)
12.45 AM **The Blacklist** (S7) (R)
1.40 **DC's Legends of Tomorrow** The Legends find themselves in a 1984-esque world. (S5) (R)
2.35 **Road Wars** (S)(R)(AD)
3.05 **NCIS: Los Angeles** (S)(R)
4.00 **Highway Patrol** (S)(R)
5.00 **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.45pm True North: Shankill by the Sea (S)(R) **11.15** Match of the Day (S) **12.35am** Michael McIntyre's Big Laughs (S)(R) **1.35-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am Bargain Hunt (S)(R)(AD) **12.30-1.00pm** Wales Today Coronavirus Daily Update New edition (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
1.45pm First Minister's Questions (S) **2.35** Wimbledon Rewind (S) **5.35-6.00pm** Flog It! (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Caru Siopa (AD) **12.28pm** Y Tywydd **12.30** Datganiad Dyddiol COVID-19 New edition **1.00** Heno **1.30** Natur a Ni **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Dim Ysgol: Maesincla **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Ty Cymreig **6.30** Gêm Gartre **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Heno Aur New edition **8.25** Y Sioe Fwyd New edition (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Ar Werth New edition (AD) **9.30** Clwb Rygbi **10.28** Y Tywydd **10.30** Miwsig Fy Mywyd (AD) **11.33-11.35pm** Y Tywydd

TV&Satellite week
More channels than any other TV magazine

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Yorkshire Walks**
7.30 **The Joy of Painting** New edition A cabin in a warm setting of lush lakeside greenery.
8.00 **Confucius: Genius of the Ancient World** 3/3. A profile of the influential Chinese thinker Confucius.
9.00 **Ian Hislop's Stiff Upper Lip: An Emotional History of Britain** 2/3. Victorian attitudes to emotion and stoicism.
10.00 NEW **The Underdog vs The State: The Battle for Kenya – Storyville** The tough reality of running for politics in a country riven by corruption.
11.35 **British Empire: Heroes and Villains – A Timewatch Guide** The British Empire on TV.
12.35 AM **Pride and Prejudice**
1.25 **The Joy of Painting**
1.55 **Yorkshire Walks**
2.25 **to 3.25** AM **Confucius: Genius of the Ancient World**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** A fun bedroom.
9.20 **A Place in the Sun: Winter Sun** In Orlando.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau: Designing the Dream**
1.15 **Building the Dream**
2.20 **Four in a Bed** Five editions.
4.55 **Find It, Fix It, Drive It**
5.55 **The Supervet**
6.55 **Escape to the Chateau: The Great Outdoors** A look at how the abandoned walled garden stole the Strawbridges' hearts.
7.55 **Grand Designs** A couple who built a light-filled glass pavilion in Scotland.
9.00 **24 Hour Baby Hospital** New edition Expectant mum Kayleigh hopes she will break the family tradition of always having a C-section. Zosia is determined to have as little intervention as possible in her first labour.
10.00 **24 Hours in A&E** A 53-year-old man is rushed into hospital with severe chest and lung injuries.
11.05 **24 Hours in A&E** A man is rushed to hospital after severely dislocating and fracturing his ankle.
12.15 AM **8 Out of 10 Cats Does Countdown**
1.15 **24 Hour Baby Hospital**
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Totally Bonkers Guinness World Records**
7.25 **Ellen DeGeneres Show**
8.05 **You've Been Framed!**
9.30 **Supermarket Sweep**
10.30 **Ellen's Game of Games**
11.30 **Dress to Impress**
12.30 PM **You've Been Framed!**
1.00 **Celebrity Catchphrase**
2.00 **Ellen DeGeneres Show**
3.00 **Dress to Impress**
4.00 **Supermarket Sweep**
5.00 **Ellen's Game of Games** New edition Game show.
6.00 **You've Been Framed!**
7.00 **You've Been Framed! Gold** Comical clips.
7.30 **You've Been Framed!**
8.00 **Roswell, New Mexico** Series finale *Recovering the Satellites:* 13/13. Liz has a dangerous encounter, and Kyle begins to spiral, while Max and Michael find themselves at a dead end with the fourth alien. (S1)
9.00 **Love Island: Australia** Excitement in the villa peaks when two new boys enter.
10.15 **Evil Monkeys** Game show in which celebrities take on a series of challenges on an island ruled by apes.
11.15 **Family Guy** Double bill of the animated comedy.
12.15 AM **American Dad!**
1.15 **The Cleveland Show**
1.50 **Iain Stirling's CelebAbility**
2.35 **to 3.30** AM **Release the Hounds**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Rules of Engagement**
7.00 **How I Met Your Mother**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Brooklyn Nine-Nine**
5.00 **The Goldbergs**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks Favourites** New episode Mandy cannot wake Grace.
7.30 **Married at First Sight Australia** New edition The couples meet with the experts, who explain a new part of the experiment.
9.00 **Celebrity Gogglebox USA** New edition Appraisals of *Jersey Shore: Family Vacation*, *Magic for Humans*, and *The Shawshank Redemption*. (S1)
10.00 **Celebrity Gogglebox** Shows under scrutiny include *Love Island* and *Nigella: At My Table*.
11.00 **Buffy the Vampire Slayer**
12.00 M'T **Rick and Morty**
1.00 AM **The Big Bang Theory**
2.00 **Gogglebox**
2.55 **First Dates**
3.50 **The Big Bang Theory**
4.40 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

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★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Air Ambulance ER**
9.00 **Blue Bloods** 3/22. (S2)
10.00 **Law & Order** 19/24. (S15)
11.00 **Criminal Minds** 19/20. (S3)
12.00 NOON **Elementary** 7/24. (S3)
1.00 PM **Blue Bloods** 4/22. (S2)
2.00 **Law & Order** 20/24. (S15)
3.00 **Air Ambulance ER** The team race to the rescue of a couple who have been involved in a serious crash on the A66.
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

9.00 Grey's Anatomy

7 PM
7.00 **Nothing to Declare** Documentary following the lives of customs and immigration officers at Australia's airports.

8 PM
8.00 **Ghost Whisperer** *Ghost, Interrupted:* 3/22. A girl's spirit receives Melinda's help in apologising to her identical twin sister. (S1)

9 PM
9.00 **Grey's Anatomy** New episode *Love of My Life:* 19/20. Richard's issues with Catherine get in the way. (S16)

10 PM
10.00 **Station 19** *No Days Off:* Andy and Sullivan's lunch with Pruitt takes a turn when immigration officials raid the restaurant. (S3)
11.00 **FBI** 22/22. (S1)
12.00 M'T **Ghost Whisperer**
1.00 AM **CSI** 19/23. (S4)
2.00 **How to Get Away with Murder** (S6)
3.00 **The Good Doctor**
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Fish Town**
7.00 **Urban Secrets**
8.00 **Richard E Grant's Hotel Secrets** Hotels in Hong Kong.
9.00 **Elementary** 5/24. (S1)
10.00 **CSI** 23-25/25. (S5)
1.00 PM **Elementary** 6/24. (S1)
2.00 **Blue Bloods** 19&20/22. (S1)
4.00 **CSI** 1/24. An explosion at a trailer park kills two people. **5.00** 2/24. A movie star is found dead in his hotel room. **6.00** 3/24. A man reports his wife's death, claiming she fell downstairs in their home. (S6)

9.00 Penny Dreadful: City of...

7.00 **Blue Bloods** *Cellar Boy:* 21/22. Danny investigates when the Reagan family's neighbours are found stabbed to death.
8.00 **Blue Bloods** *The Blue Templar:* 22/22. Jamie reveals to his family that he has been investigating the Blue Templar. (S1)
9.00 **Penny Dreadful: City of Angels** New episode 2/10. Councilman Townsend capitalises on the conflict in the city. (S1)
10.05 **Perry Mason** *Chapter 3:* 3/8. Maynard Barnes goes public with a new development, and gains access to evidence. (S1)
11.15 **The Sopranos** 9/13. Tension mounts between Tony and Johnny Sack. (S5)
12.25 AM **Dexter** 10/12. (S4)
1.30 **Californication** 10/12. (S7)
2.00 **Richard E Grant's Hotel...**
3.10 **Elementary**
4.00 **to 6.00** AM **The British**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **Porridge**
7.45 **The Green Green Grass**
9.00 **Porridge**
9.40 **Are You Being Served?**
10.20 **Last of the Summer Wine**
12.20 PM **Only Fools and Horses**
1.00 **Porridge** Betting fever sweeps the prison.
1.40 **Are You Being Served?**
2.20 **The Green Green Grass**
3.00 **Only Fools and Horses**
3.40 **Last of the Summer Wine**
5.40 **Are You Being Served?**
6.20 **The Green Green Grass**

10.20 Men Behaving Badly

6.55 **Only Fools and Horses** Del is invited to a school reunion at the Nag's Head, organised by old adversary Roy Slater.
8.00 **Only Fools and Horses** Uncle Albert falls victim to muggers, so Del-Boy resolves to take the law into his own hands.
9.05 **Only Fools and Horses** Del tries to improve his social standing.
9.45 **Bottom** Wretched flatmates Richie and Eddie go camping.
10.20 **Men Behaving Badly** Gary returns home from a weekend away to find Dorothy in bed with Tony.
11.00 **Live at the Apollo** With routines by Kevin Bridges, Phill Jupitus and Sara Pascoe.
12.00 M'T **Bottom** As 9.45pm.
12.40 AM **Men Behaving Badly**
1.20 **Live at the Apollo**
2.15 **Green Wing**
3.05 **to 4.00** AM **Smack the Pony**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Heartbeat**
9.05 **Bless This House**
10.10 **That's My Boy**
10.40 **Midsomer Murders**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *A Many Splendoured Thing:* The arrival of Lord Ashfordly's new wife causes excitement.

10.00 Agatha Christie's Poirot

6.55 **Downton Abbey** 4/8. Sarah continues her one-woman war against the Crawleys – only to push them too far. (S5)
8.00 **Lewis** *Counter Culture Blues:* The detective discovers his favourite 1970s band are on the verge of a comeback – but soon suspects they may be mixed up in the murder of an orphan.
10.00 **Agatha Christie's Poirot** *Third Girl:* A former nanny is found soaked in blood and it is believed she had turned to drink and drugs.
12.05 AM **A Touch of Frost** *No Other Love:* Pawnbroker Peter Lawson is shot dead in an armed robbery at his premises and Frost's investigations unearth a tragic family secret.
2.15 **to 3.25** AM **Agatha Christie's Poirot**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **Quincy ME**
8.10 **The Saint**
9.15 **Minder**
10.20 **The Professionals**
11.25 **The Sweeney**
12.35 PM **The Saint**
1.35 **Quincy ME**
3.45 **Minder**
4.50 **The Professionals**
5.50 **Golf: PGA Tour Highlights** Highlights of the Rocket Mortgage Classic from Detroit Golf Club in Michigan.

10.35 The Fugitive

7.00 **Tour de France ReCycled: Geraint's Tour** Another chance to see the action from stage 11 of the 2018 race.
8.00 **FILM Octopussy** James Bond adventure starring Roger Moore and Maud Adams. British secret agent 007 tangles with an international smuggling gang led by the mysterious Octopussy. (1983, PG, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.35 **FILM The Fugitive** Action thriller. (1993, 15, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.10 AM **Fishing Impossible** The guys head to the Bahamas in search of the invasive lionfish, highly venomous creatures which are wreaking havoc.
2.15 **to 2.50** AM **Only When I Laugh** The patients decide to go on a hunger strike.

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Fish Town** James Cosmo narrates a documentary about the port of Peterhead.
7.30 **Scottish Vets Down Under** Helping wildlife affected by bushfires.
8.00 NEW SERIES **Great Escapes with Colin and Justin** 1/8. Colin McAllister and Justin Ryan explore the North American wilderness.
8.25 **Beechgrove Repotted** Using weeds in cooking.
8.30 NEW **Outdoor Life** A wander around the outdoors with talent from BBC The Social.
9.00 **The Nine**
10.00 **Rab C Nesbitt**
10.30 **Taken Down** 3/6. Abeni fears for her life. (S1)
11.20 **Scotland Unsolved**
11.30 PM **to 12.00** M'T **Des Doesn't Do – Outdoors**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Four Weddings**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **RSPCA Animal Rescue**
1.00 **Vet Adventures**
3.00 **Babylon 5** (S4)
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** (S5)
8.00 **The Flash** *The Sound and the Fury:* 11/23. (S1)
9.00 **SEAL Team** *Collapse:* 5/22. The US embassy in South Sudan comes under threat. (S1)
10.00 **Ross Kemp: Extreme World** The actor looks at Colombia's drug trade.
11.00 **Grey's Anatomy** (S16)
12.00 M'T **Station 19** (S3)
1.00 AM **Police Ten 7**
2.00 **Duck Quacks Don't Echo** Panel show.
3.00 **A League of Their Own**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
11.00 **Road Wars**
12.00 NOON **Motorway Patrol** Double bill.
1.00 PM **Police Force: Australia** Double bill.
2.00 **Border Patrol**
3.00 **Nothing to Declare**
5.00 **UK Border Force**
6.00 **Star Trek: The Next Generation** 20/26. (S5)
7.00 **Hawaii Five-0** (S9)
8.00 **Merlin** 7/13. (S4)
9.00 **The Good Doctor** (S1)
10.00 **Paramedics: Life on the Line**
11.00 **CSI** 5/25. (S5)
12.00 M'T **Brit Cops: Law & Disorder**
1.00 AM **Road Wars**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Projects**
8.00 **American Pickers**
9.00 **Storage Hunters**
10.00 **American Pickers**
12.00 NOON **Modern Wheels or Classic Steals**
1.00 PM **Top Gear**
2.00 **Expedition with Steve Backshall**
3.00 **Rick Stein's Long Weekends** In Berlin.
4.00 **Top Gear**
6.00 **Taskmaster**
7.00 **Richard Osman's House of Games**
7.40 **QI** Double bill.
9.00 **Live at the Apollo** With Jessica Fostekew and Stephen Bailey.
10.00 **Big Zuu's Big Eats**
10.40 **Taskmaster**
11.40 **QI** With Jimmy Carr.
12.20 AM **Mock the Week**
12.55 **QI** Double bill.
2.25 **Sliced**
3.00 **to 4.00** AM **Live at the Apollo**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle**
9.00 **Bob's Burgers**
10.00 **The King of Queens**
11.00 **Everybody Loves Raymond** Double bill.
12.00 NOON **Fresh Off the Boat** Double bill.
1.00 PM **Friends**
9.00 **Jason Manford Live: First World Problems** Stand-up performance recorded in Liverpool.
10.00 **Russell Howard Live: Wonderbox** A stand-up gig recorded in Bristol.
11.00 **Bob's Burgers** (S10)
12.00 M'T **Russell Howard's Good News**
1.00 AM **RuPaul's Drag Race** New edition The queens must razzle and dazzle in their very own magic show.
2.30 **RuPaul's Drag Race: Untucked!** New edition
3.00 **Two and a Half Men**
3.25 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **Bachelor in Paradise**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Be Tasty**
12.10 PM **Income Property**
12.40 **The Real Housewives of Beverly Hills**
1.40 **Million Dollar Listing New York: Ryan's Wedding**
2.30 **The Only Way Is Essex**
3.15 **Dallas Cowboys Cheerleaders**
4.05 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date** New edition Gracie chooses three blind dates from five potential partners.
9.00 **Botched** Double bill.
10.55 **Atlanta Plastic** Dr Crawford delivers some difficult news.
11.50 PM **to 12.40** AM **The Only Way Is Essex**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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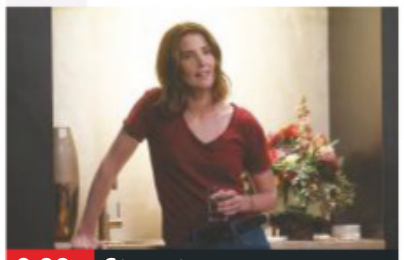
Alibi

132 132 826 | 126 212 | 312 | 382

7.10 AM **Murdoch Mysteries** (S13)
9.00 **Father Brown** 12/15. (S5)
10.00 **The Doctor Blake Mysteries**
11.00 **New Tricks** 5/10. (S9)
12.00 NOON **Major Crimes** (S3)
1.00 PM **Unforgettable** 5/22. Al's former mentor is killed. (S1)
2.00 **Shakespeare & Hathaway – Private Investigators** (S1)
3.00 **Murdoch Mysteries** 3–5/18. Triple bill of episodes. (S7)
6.00 **Major Crimes** 14/19. A gang member is acquitted and released, causing a problem for the team. (S3)



9.00 Stumptown

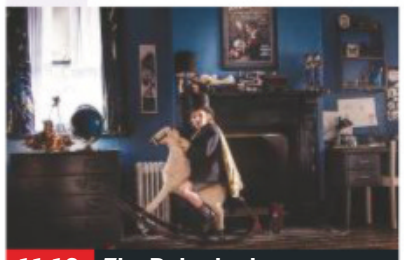
7.00 **Unforgettable** *Lost Things:* 8/22. Carrie and Al become entwined in a revenge plot about to be played out in court. (S1)
8.00 **Shakespeare & Hathaway – Private Investigators** 4/10. A woman dies after being part of a magic trick. (S1)
9.00 **Stumptown** New episode *The Past And The Furious:* 11/18. Grey goes undercover to bust a car-ring operation. (S1)
10.00 **Father Brown** *The Theatre of the Invisible:* The landlady of a house visiting radio stars are staying at is murdered.
11.00 **New Tricks** *Body of Evidence:* The body of a tech expert turns up in a morgue under a false name, so Strickland asks the team to investigate.
12.20 AM **Maisie Raine** 3/6. (S1)
1.20 **Murdoch Mysteries** (S10)
3.10 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 | 375

6.00 AM **A Town Called Eureka**
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S4)
1.00 PM **Star Trek: Voyager** (S4)
3.00 **Star Trek: Deep Space Nine** 9/26. Worf searches for a Klingon artefact. **4.00** 10/26. Bashir confronts a holodeck malfunction. (S4)
5.00 **Star Trek: The Next Generation** 5/26. Beverly Crusher sees the crew disappear around her. **6.00** 6/26. The crew meet Tasha Yar's sister. (S4)



11.10 The Babadook

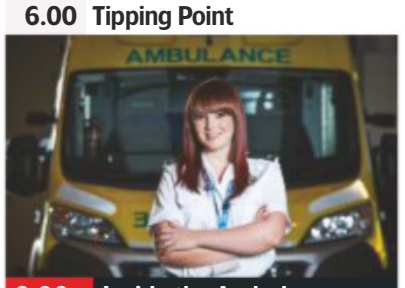
7.00 **A Town Called Eureka** *One Small Step:* 19/20. Bat droppings turn into a high-strength acid that can liquefy any object.
8.00 **A Town Called Eureka** *One Giant Leap:* 20/20. Allison prepares the star voyagers for their trip to Titan. (S4)
9.00 **FILM Doom** Sci-fi horror thriller starring Karl Urban and The Rock. A team of tough Marines get sent to Mars to deal with the aftermath after an experiment at a research station goes horribly wrong. (2005, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **FILM The Babadook** Horror starring Essie Davis. (2014, 15, 92min) ★★★★
1.10 AM **Star Trek: The Next Generation** As 5&6.00pm.
3.00 **Pandora** 7/13. (S1)
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 | 383

6.15 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **The Three Day Nanny** Kathryn Mewes witnesses extreme behaviour in Northamptonshire.
12.00 NOON **Property Brothers: Forever Homes** Brothers Jonathan and Drew overhaul a kitchen, living room, dining area and basement.
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Tipping Point**



9.00 Inside the Ambulance

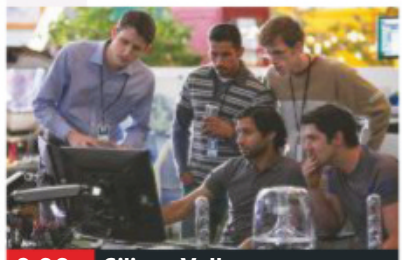
7.00 **Property Brothers: Forever Homes** Jonathan and Drew help Rina and Nilesh who are frustrated by their dated kitchen.
8.00 **Inside the Ambulance** Gaz offers some much-needed support to a mother whose toddler is suffering convulsions.
9.00 **Inside the Ambulance** Paramedics deal with a patient who's struggling to breathe and a man who's fallen from a ladder.
10.00 **Louis Theroux: Dark States – Heroin Town** A community that is being devastated by widespread heroin use.
11.00 **Inside the Ambulance** A 74-year-old man with a long list of health problems.
12.00 M'T **One Born Every Minute**
1.00 AM **Louis Theroux: Dark States – Heroin Town**
1.50 **Top Chef**
2.35 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S6)
10.30 **30 Rock** (S4)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S1)
2.30 **Everybody Hates Chris** (S3)
3.30 **Parks and Recreation** (S6)
5.00 **30 Rock** 18/22. Liz tries to loosen up around her staff. **5.30** 19/22. Jack receives an inheritance. **6.00** 20/22. The cast and crew of *TGS* have to deal with visits on Mother's Day. (S4)
6.30 **Modern Family** 3/24. (S1)



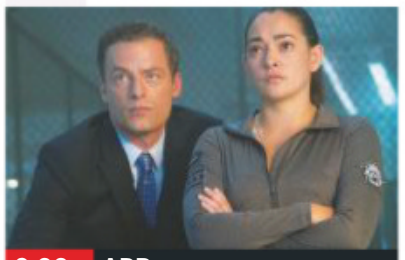
9.00 Silicon Valley

7.00 **Modern Family** 4/24. Mitchell and Claire's mother visits. (S1)
7.30 **The Mindy Project** 1/24. First episode. (S1)
8.00 **The Mindy Project** 2/24. Mindy is asked to recruit a new nurse. **8.30** 3/24. Mindy meets a lawyer on an outing. (S1)
9.00 **Silicon Valley** 1/8. Comedy starring Thomas Middleditch. **9.35** 2/8. Peter Gregory demands to see a full business plan. (S1)
10.15 **Girls** 9/10. Shoshanna tries to avoid Ray. **10.50** 10/10. Ray makes a career move. (S2)
11.25 **Entourage** 5/20. Two of Vince's future projects clash. **12.00** M'T 6/20. Vince makes more monetary demands for *Aquaman 2*. (S3)
12.40 AM **Ballers** (S5)
1.20 **Bored to Death** (S2)
2.00 **Parks and Recreation**
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S3)
9.00 **Bones** 14/22. (S10)
10.00 **Bull** 22/22. (S2)
11.00 **NCIS** 8/20. (S17)
12.00 NOON **Bones** (S10)
2.00 PM **The Mentalist** 12/24. (S4)
3.00 **NCIS** 9/20. The team investigate a petty officer's murder. (S17)
4.00 **Bull** 1/22. (S3)
5.00 **Bones** 17/22. A murder case forces Brennan to re-examine her own past. (S10)
6.00 **The Mentalist** 13/24. (S4)



9.00 APB

7.00 **NCIS** *The North Pole:* 10/20. Gibbs and the team assist Ziva, and learn everything they knew about her was a lie.
8.00 **NCIS** *In the Wind:* 11/20. Gibbs must face the consequence of his actions after he and the team assist Ziva. (S17)
9.00 **APB** New episode *Hate of Comrades:* 3/12. A group of robbers kill a security guard who was a former police officer. (S1)
10.00 **NCIS: New Orleans** *The River Styx – Part One:* 23/24. Pride and Lasalle travel to war-torn South Ossetia in Russia. (S5)
11.00 **American Dad!** 14&15/16. Double bill of episodes. (S2)
12.00 M'T **Family Guy** (S10)
1.00 AM **American Dad!** (S2)
2.00 **Family Guy** (S10)
3.00 **American Dad!**
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 5/24. (S1)
7.10 **Hart to Hart**
9.10 **Days of Our Lives**
10.00 **Hart to Hart** 9/20. (S2)
11.00 **Charlie's Angels** (S4)
12.00 NOON **Hart to Hart: Till Death Do Us Hart**
3.00 PM **Hart to Hart** (S4)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** 13/24. Radar has an accident. **7.30** 14/24. Hot Lips dumps Frank. (S2)
8.00 **Randall and Hopkirk (Deceased)** 3/26. (S1)
9.00 **Classic Who Wants to Be a Millionaire?** Quiz.
1.00 AM **Celebrity Who Wants to Be a Millionaire? School's Out** Quiz show.
2.00 **Charlie's Angels** (S4)
3.00 **M*A*S*H** 22/24. (S2)
3.30 **Due South** 8/18. (S2)
4.15 **Sony Movie News**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Dante & the Invention of Hell**
6.55 **Royal Ballet: Ashton Triple Bill**
9.05 **Tales of the Unexpected**
10.00 **Landscape Artist 2018**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Comedy Legends**
3.00 **Landscape Artist of the Year 2018**
4.00 **Classic Albums**
5.00 **Discovering**
7.00 **Treasures of the British Library**
8.00 **What Was Virginia Woolf Afraid Of?**
9.00 **Landscape Artist of the Year 2019**
10.00 **The South Bank Show 40th Anniversary Special**
12.00 M'T **The Directors**
1.00 AM **Bafta: Life in Pictures** 1/6. (S1)
2.00 **Discovering**
4.00 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Couples Come...**
10.00 **A New Life in the Sun**
11.00 **A Place in the Sun**
12.00 NOON **A Place in the Sun: Summer Sun**
1.00 PM **Four in a Bed**
1.30 **Come Dine with Me**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier** 1&2/24. (S3)
4.00 **Couples Come...**
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen...**
8.00 **Bake Off: The Professionals**
9.00 **The Supervet: Puppy Special**
10.00 **Catching a Killer: A Bullet Through the Window**
11.30 **The School That Tried to End Racism**
12.35 AM **George Clarke's Amazing Spaces**
1.40 **Location, Location...**
2.45 **Grand Designs**
3.50 **to 4.50** AM **Sun, Sea and Selling Houses**

5USA

141 141 153 21 129

9.10 AM **Murder, She Wrote**
10.10 **Castle** 19/23. (S7)
11.05 **Law & Order** Five episodes of the drama.
1.05 PM **Law & Order**
5.00 **NCIS** Four episodes of the drama including at: **7.00** *The Admiral's Daughter:* 23/24. DiNozzo is sent on assignment to France. **8.00** *Honour Thy Father:* 24/24. Gibbs travels to his home town. (S11)
9.00 **Law & Order: Criminal Intent** *Reunion:* 16/22. A rock 'n' roll chat show hostess is killed. (S7)
10.00 **Law & Order: Special Victims Unit** *Collateral Damages:* 15/23. The team take down a child pornographer. (S17)
10.55 **Law & Order: Special Victims Unit** (S17)
1.45 AM **Remington Steele**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun**
9.10 **My Wife and Kids**
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Benefits Britain: Life on the Dole** People living on state welfare.
8.00 **FILM 2012** Epic disaster movie with John Cusack. (2009, 12, 151min) ★★
11.05 **FILM Limitless** Thriller with Bradley Cooper and Abbie Cornish. (2011, 15, 104min) ★★★★
1.10 AM **Iceland: Britain's Biggest Budget Supermarket**
2.10 **Will & Grace**
3.05 **Two and a Half Men**
3.55 **to 4.00** AM **Access**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Holby City**
11.00 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Howard asks his pals to deliver a gift.
8.00 **Inspector George Gently** *Blue for Bluebird:* The duo investigate a murder in a family holiday camp.
10.00 **New Tricks** *Family Business:* An assault case is re-opened.
11.20 **Silent Witness**
1.55 AM **The Bill**
2.55 **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

WEDNESDAY

Documentaries

CBS Drama
147 197 67 134

9.00 AM **NCIS: Los Angeles**
11.00 **CSI: Miami** 21/24. (S3)
12.00 NOON **CSI: NY** (S1)
1.00 PM **Bonanza** (S11)
3.00 **Perry Mason** (S9)
5.00 **Unsolved Mysteries**
7.00 **Judge Judy**
9.00 **Medium** *Burn Baby Burn – Part One:* 7/16. Allison works on an arson case. (S4)
10.00 **CSI: Miami** *Vengeance:* 22/24. A sports star is murdered at a school reunion, and it turns out there were plenty of ex-classmates who'd be more than happy to see the back of him. (S3)
11.00 **Unsolved Mysteries** Investigating a possible case of reincarnation.
12.00 M'T **Judge Judy**
1.00 AM **ER** 16/22. (S3)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Urban Legends**
5.00 **to 6.00** AM **Matlock**

CBS Justice
148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **CSI: Cyber** 10/13. (S1)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 9/26. (S3)
2.05 **CSI: Miami** 19/24. (S5)
3.00 **NCIS** 13/24. (S11)
4.00 **NCIS: Los Angeles** (S3)
5.00 **CSI: Cyber** 11/13. (S1)
6.00 **Perry Mason** (S1)
7.05 **NCIS** 16/24. (S10)
8.00 **Walker, Texas Ranger**
9.00 **CSI: NY** *Run Silent, Run Deep:* 20/24. The team go to a stadium where the remains of a gang member are found. (S2)
10.00 **NCIS: Los Angeles** (S3)
11.00 **NCIS** 17/24. (S10)
12.00 M'T **CSI: Miami** (S5)
1.00 AM **CSI: NY** As 9.00pm.
1.55 **NCIS** As 11.00pm.
2.50 **Walker, Texas Ranger**
3.45 **CSI: Cyber** (S1)
4.25 **Mission: Impossible**
5.15 **to 6.00** AM **Dog Patrol**

+1 hour 69

Challenge
160 164 46 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill of the game show.
11.00 **Bruce Forsyth's Play Your Cards Right**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Strike It Lucky**
2.00 **Family Fortunes**
3.00 **Bruce's Price Is Right**
4.00 **Wheel of Fortune**
5.00 **Catchphrase**
6.00 **Bullseye** Double bill of the darts-based quiz.
7.00 **Pointless** Quiz hosted by Alexander Armstrong.
8.00 **The Chase** Quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **One Hundred and Eighty!** Darts-based game show hosted by Davina McCall and Freddie Flintoff.
12.00 M'T **The Chase**
4.00 AM **Strike It Lucky**
5.00 **to 6.00** AM **Bullseye**

Comedy Central Extra
127 182 308

6.00 AM **Friends**
7.00 **Teleshopping**
9.00 **Takeshi's Castle**
10.00 **Wipeout USA**
11.00 **Friends** (S10)
1.00 PM **Impractical Jokers**
3.10 **The King of Queens**
5.00 **Two and a Half Men**
7.00 **Everybody Loves Raymond** (S3)
9.00 **Russell's Good News**
10.00 **Gary and His Demons**
10.30 **South Park** Cartman takes over the morning school announcements. **11.00** Mrs Garrison saves a lesbian bar from a takeover. **11.30** The boys meet a talking whale.
12.00 M'T **Bob's Burgers**
1.00 AM **Russell Howard's Good News**
3.45 **Tosh.0** (S10)
4.05 **Bob's Burgers** (S2)
4.30 **Fresh Off the Boat**
5.15 **to 6.00** AM **The Middle**

+1 hour 227

Sky Documentaries
114 114 814 277 353 368

6.00 AM **War Dog: A Soldier's Best Friend**
7.30 **PL Legends**
8.00 **Too Young to Die**
9.00 **Discovering**
10.00 **The Directors**
11.00 **Fish Town**
12.00 NOON **Urban Secrets**
1.00 PM **Too Young to Die**
2.00 **War Dog: A Soldier's Best Friend**
3.30 **PL Legends**
4.00 **Discovering**
5.00 **The Directors**
6.00 **Fish Town**
7.00 **Hollywood Couples**
8.00 **The Sixties**
9.00 NEW SERIES **The Trade** Documentary lifting the lid on America's heroin crisis.
11.10 **On the Record**
1.05 AM **Hillary**
2.20 FILM **Everything Is Copy** Documentary. (2015, 12) ★★★★
4.05 **Discovering**
5.00 **to 6.00** AM **Too Young to Die**

Sky Nature
130 130 893 279 385 372

6.00 AM **Ol Pejeta Diaries**
7.00 **Monkey Life**
8.00 NEW SERIES **Monkey Island**
9.00 **Great Blue Wild**
10.00 **Volcanic Odysseys**
11.00 NEW SERIES **Rewilding**
12.00 NOON **Surviving the Amazon**
1.00 PM **Monkey Life**
2.00 **Monkey Island**
3.00 **Great Blue Wild**
4.00 **Volcanic Odysseys**
5.00 **Rewilding**
6.00 **Surviving the Amazon**
7.00 **Monkey Life**
8.00 **Arabian Inferno** New edition
9.00 NEW SERIES **Africa's Hidden Kingdoms**
10.00 **Surviving the Amazon**
11.00 **Rewilding**
12.00 M'T **Mysteries of the Mekong**
1.00 AM **Coastal Africa**
2.00 **Arabian Inferno**
3.00 **Africa's Hidden...**
4.00 **to 6.00** AM **Highlights**

E!
151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
9.00 **Total Bellas**
10.00 **News: Daily Pop**
10.30 **Dating: No Filter**
11.00 **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Kourtney & Kim Take New York**
4.00 **Hollywood Medium with Tyler Henry**
5.00 **Very Cavallari**
6.00 **Keeping Up with the Kardashians**
10.00 **Botched** Surgeons Terry Dubrow and Paul Nassif salvage a man's dog-bitten nose. **11.00** A fire-breathing DJ wants heel implants.
12.00 M'T **Temptation Island**
1.00 AM **Wags: LA**
2.00 **Teleshopping**
3.00 **Famously Single**
4.00 **to 5.00** AM **Kourtney & Kim Take Miami**

Food Network
140 285 41 148

6.00 AM **Jamie's Super Food**
7.00 **Giada in Italy**
9.00 **Valerie's Home Cooking** Double bill.
10.00 **Farmhouse Rules**
12.00 NOON **Jamie's Super Food** Four editions.
2.00 PM **James Martin: Sweet** Double bill.
3.00 **River Cottage Spring**
4.00 NEW SERIES **Burgers, Brew & 'Que**
5.00 **The Pioneer Woman**
6.00 **Gordon Ramsay's Ultimate Home Cooking** Double bill.
7.00 **Nigel Slater's Dish of the Day** Double bill.
8.00 **River Cottage Spring**
9.00 **Gordon Ramsay's Ultimate Home Cooking** Double bill.
10.00 **John Torode's Australia** The chef visits Adelaide.
11.00 **Mystery Diners**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime
187 208 329 384

7.00 AM **Flipping Virgins**
7.50 **Storage Wars**
8.45 **Bring It!**
9.45 **Dance Moms**
10.45 **19 Kids & Outnumbered: Bringing Up Bates**
11.15 **Police Patrol**
1.10 PM **Pawn Stars**
2.05 **Storage Wars**
3.05 **Hardcore Pawn**
4.00 **Bring It!**
5.00 **Property Virgins**
6.00 **Flipping Virgins**
7.00 **Dance Moms**
8.00 **19 Kids & Outnumbered: Bringing Up Bates**
9.00 **X-Company** *Pilot:* 1/8. Wartime spy drama. (S1)
10.00 **Storage Wars**
10.55 **Hardcore Pawn**
11.50 **Pawn Stars**
12.45 AM **Police Patrol**
1.40 **Flipping Virgins**
2.35 **Hardcore Pawn**
3.30 **to 4.00** AM **Police Patrol**

Paramount Network
150 187 150 31 132

9.10 AM **The A-Team**
10.10 **Knight Rider**
11.15 FILM **Goin' South** Western drama. (1978, PG, 109min) ★★★
1.25 PM FILM **The Key** War melodrama. (1958, b/w, 12, 134min) ★★★
4.00 **The A-Team** (S4)
6.00 **Traffic Cops**
7.00 **Police Interceptors**
9.00 FILM **Missing in Action** Action adventure. (1984, 15, 101min) ★★
11.15 FILM **Born to Raise Hell** Action thriller starring Steven Seagal. (2010, 18, 92min) ★★
1.05 AM **WWE – NXT UK** New edition
2.05 **19-2**
3.55 **Army Recruits: Squaddies at Breaking Point**
4.45 **Now That's Funny!**
5.35 **to 6.00** AM **Criminals: Caught on Camera**

+1 hour 250 94

Sky Crime
121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Patrol**
8.00 **Canada's Front Line**
9.00 **Border Security USA**
10.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Patrol**
1.00 PM **How I Caught the Killer**
2.00 **Murders That Shocked the Nation**
3.00 **Canada's Front Line**
4.00 **Road Wars**
5.00 **Brit Cops**
6.00 **Motorway Patrol**
7.00 **Snapped**
8.00 **Murders That Shocked the Nation**
9.00 **Britain's Most Evil**
10.00 **Snapped**
11.00 **Britain's Most Evil**
12.00 M'T **World's Most Evil**
1.00 AM **Killer in My Village**
2.00 **Snapped**
3.00 **Murders That Shocked the Nation**
4.00 **to 6.00** AM **Highlights**

+1 hour 221 207

CBS Reality
146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A Sunday school teacher who doubled as a killer. **7.30** A case involving an abandoned car in Philadelphia.
8.00 **Murder for Hire** Dalia Dippolito's plot to kill her husband.
9.00 **It Takes a Killer** An in depth look at some of the most horrific and notorious murder cases of recent years.
10.00 **Evidence of Evil** The case of Wales' first documented serial killer.
11.00 **Wives with Knives**
12.00 M'T **48 Hours: Mystery**
1.00 AM **It Takes a Killer**
2.00 **Evidence of Evil**
3.00 **I Survived**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Bondi Rescue**

+1 hour 246 71 201 136

Really
142 128 17 160

6.00 AM **The Sheriffs Are Coming: Compilation**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** In Kent.
9.00 **A Place in the Sun: Winter Sun**
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Homes Under the Hammer** As 8.00am.
2.00 **Escape to the Country**
3.00 **The Sheriffs Are Coming: Compilation**
4.00 **Animal Cops Houston**
5.00 **Animal Cops Phoenix**
6.00 **Antiques Road Trip**
9.00 **The Hotel Inspector** A hotel in the middle of an equine centre.
10.00 **Dr Pimple Popper**
11.00 **Paranormal Lockdown**
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze
164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Auction Hunters**
8.00 **Curse of Oak Island**
9.00 **In Search Of**
10.00 **Ancient Aliens**
11.00 **Air Crash: Disasters Uncovered**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Pawn Stars**
2.00 **Hardcore Pawn**
3.00 **Curse of Oak Island**
4.00 **UFO Hunters**
5.00 **Ancient Aliens**
6.00 **Auction Hunters**
7.00 **Storage Wars: Texas**
8.00 **American Pickers** Frank and Mike talk their way into a salvage yard.
9.00 **In Search Of**
11.00 **Auction Hunters**
12.00 M'T **Hardcore Pawn**
1.00 AM **Pawn Stars**
2.00 **American Pickers**
3.00 **Swamp People**
4.00 **Mountain Men**
5.00 **to 6.00** AM **Storage Wars: Texas**

TLC
133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: The Big Day**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides**
11.00 **Say Yes to the Dress**
12.00 NOON **Say Yes... Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
5.00 **Curvy Brides**
6.00 **Say Yes to the Dress**
7.00 **Unpolished**
8.00 **90 Day Fiancé: The Other Way** New edition
9.00 **90 Day Fiancé: The Other Way – Pillow Talk** New edition
10.00 **Extreme Cheapskates**
11.00 **Dr Pimple Popper**
12.00 M'T **90 Day Fiancé: The Other Way**
1.00 AM **90 Day Fiancé: The Other Way – Pillow...**
2.00 **Extreme Cheapskates**
3.00 **Dr Pimple Popper**
4.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT
153 152 54 133

9.10 AM FILM **Killer Grandma** Thriller starring Kelly Sullivan and Nana Visitor. (2018, PG, 90min) ★★
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Dog Rescuers with Alan Davies**
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Britain's Lost Roman Roads** New edition
10.00 **Secrets of the Gladiators: Rome Unwrapped**
11.00 **The Dog Rescuers with Alan Davies**
12.00 M'T **Cruising with Jane McDonald**
1.00 AM **The Hotel Inspector**
2.00 **Secret Scotland**
3.00 **The Dog Rescuers with Alan Davies**
3.50 **to 4.00** AM **Access**

Quest
144 144 831 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **History in the Making**
7.10 **Deadliest Catch**
8.00 **Aussie Gold Hunters**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Salvage Hunters: Classic Cars**
1.00 PM **Aussie Gold...**
2.00 **Deadliest Catch**
3.00 **American Pickers**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Salvage Hunters: The Restorers** New edition
10.00 **Salvage Hunters: Bitesize** New edition
10.30 **EFL on Quest**
12.00 M'T **Wheeler Dealers**
1.00 AM **American Pickers**
2.00 **American Chopper**
3.00 **Ultimate Airport Dubai**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 213 72 168

Quest Red
149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **French Collection**
8.00 **Posh Pawn**
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **Disappeared**
3.00 **Reasonable Doubt**
4.00 **Say Yes... UK**
6.00 **Curvy Brides Boutique**
7.00 **Long Lost Family US**
8.00 **My 600lb Life: Where Are They Now?**
9.00 **My Extreme Excess Skin**
10.00 **How to Look Good Naked** With Gok Wan.
11.00 **FBI Case Files**
12.00 M'T **Crime Stories**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Insane Pools: Off the Deep End** A jungle backyard.
9.00 **Alaskan Bush People**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Rush: White Water**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**

9.00 Gold Divers

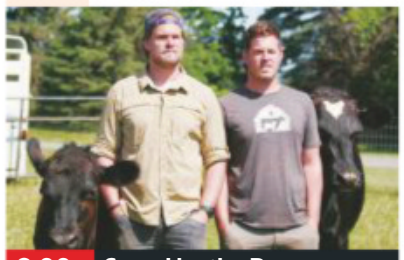
7.00 **Supertruckers** John, Steve, Deano and Simon move four huge 90-ton dumper trucks from south Wales to Tilbury.
8.00 **Mighty Planes** A look back at the best planes from all three series, including Donald Trump's private plane.
9.00 **Gold Divers** New edition Shawn uses a new tool to hunt for hotspots, and Kris gambles on an alliance to improve his season.
10.00 **Outback Truckers** New edition Australia's toughest drivers hit the open road and reveal the adventure of trucking.
11.00 **NASA's Unexplained Files** A structure on Mars' surface.
12.00 M'T **Gold Divers** As 9.00pm.
1.00 AM **Outback Truckers**
2.00 **Deadliest Catch**
3.00 **Gold Divers** As 9.00pm.
3.50 **Kindig Customs**
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cribs**
8.00 **Pit Bulls & Parolees**
10.00 **Crikey! It's the Irwins**
12.00 NOON **Great White Shark Babies** Searching for where the great white sharks of Guadalupe give birth.
1.00 PM **My Cat from Hell**
2.00 **Coyote Peterson: Brave the Wild** Coyote searches for the world's largest snake species.
2.30 **Meet the Sloths**
3.00 **The Vet Life**
5.00 **The Zoo**
6.00 **Bondi Vet**



8.00 Saved by the Barn

7.00 **Animal Cops Philadelphia** A dog is brought in to the centre weighing only a third of a healthy bodyweight.
8.00 **Saved by the Barn** New edition The team welcome a blind goat called Charlie and two new ducklings.
9.00 **Nature's Strangest Mysteries: Solved** A cow's carcass is stolen. **9.30** Creatures that prey on sheep.
10.00 **Animal Cops Houston** Chief investigator Jim Boller leads the mission to rescue a deer that has sustained severe injuries.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **Nature's Strangest Mysteries: Solved**
2.00 **Saved By the Barn**
3.00 **Animal Cops Houston**
3.50 **The Zoo**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Supercar Megabuild**
9.00 **Supercars**
10.00 **Strippers: Cars for Cash**
11.00 **Air Crash Investigation**
1.00 PM **Hitler's Last Stand**
2.00 **Nazi Megastructures**
3.00 **Drain the Ocean: Dinosaurs from the Deep**
4.00 **Drain the Oceans**
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore an Aston Martin DB6. **6.00** Fuzz Townshend and Tim Shaw restore a 1965 German classic car.

10.00 Wicked Tuna

7.00 **Air Crash Investigation** Documentary exploring the mysterious accident involving Arrow Air Flight 1285 in December 1985.
8.00 **Witness to Disaster** The story of the largest wildfire in Portugal's history, which devastated a rural community.
9.00 **Rescued** An accident severs a professional cyclist's artery miles from medical help, and a skier gets buried alive.
10.00 **Wicked Tuna** The captains have to weigh risk versus reward, and everyone wants to prove their mettle in rough seas.
11.00 **Air Crash Investigation**
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: First Class** A mother takes her children on a smuggling trip.
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Cosmos: Possible Worlds**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Counting Cars**
11.00 **Ancient Aliens**
12.00 NOON **Ultimate Blitzkrieg: WW2 Battle of Crete**
1.00 PM **Forged in Fire Tournament of Champions**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars** Rick checks out a Funko Pop! Mystery Box.
6.00 **Swamp People**

9.00 Jesse James' Hidden...

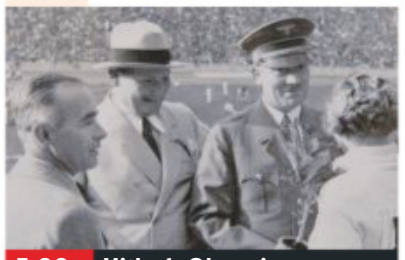
7.00 **Forged in Fire** Four bladesmiths build their own coal forges using materials scavenged from a storage unit.
8.00 **Counting Cars** Danny has big plans for a street rocket known as a Manta, and the crew commission a 1980s-era Corvette.
9.00 **NEW Jesse James' Hidden Treasure** Documentary questioning whether Jesse James was stealing for himself or taking large sums in order to finance one of the most clandestine societies in America.
11.00 **American Pickers**
12.00 M'T **Forged in Fire**
1.00 AM **Counting Cars**
2.00 **Ultimate Blitzkrieg: WW2 Battle of Crete**
3.00 **Forged in Fire Tournament of Champions**
4.00 **Swamp People**
5.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **Highlights**
8.00 **Royal Murder Mysteries**
9.00 **World War Weird**
10.00 **Antiques Roadshow**
11.00 **Abandoned Engineering**
12.00 NOON **Great British Railway Journeys** Double bill.
1.00 PM **Antiques Roadshow**
2.00 **David Attenborough's Natural Curiosities**
3.00 **The Architecture The Railways Built**
4.00 **Abandoned Engineering**
5.00 **Hitler's Olympics**
6.00 **World War Weird**



5.00 Hitler's Olympics

7.00 **Great British Railway Journeys** Michael Portillo reaches Chichester. **7.30** Michael travels from Liverpool to Eccles.
8.00 **War Factories** The untold story of how the German aviation industry came to dominate the skies of Europe.
9.00 **The Green Green Grass** Tyler falls into a deep depression after his girlfriend leaves him. **9.40** Boycie and Marlene accompany Tyler to his gig with Puddle of Agony. **10.20** Marlene is keen to make the most of a visit by *Antiques Roadshow*.
11.00 **Abandoned Engineering** Projects include a ruined compound in Colombia.
12.00 M'T **World War Weird**
1.00 AM **Hitler's Olympics: The Boys of '36**
2.00 **to 3.00** AM **Shakespeare – The Legacy with John Nettles**

+1 hour 255 200 75

Wednesday 7 PM 8 PM 9 PM 10 PM

Disc. History

171 257

6.00 AM **Wildest Indochina**
7.00 **100 Miles from Nowhere**
8.00 **Combat Dealers**
9.00 **Tony Robinson's WWI**
10.00 **How Trains Changed the World**
11.00 **100 Miles from...**
12.00 NOON **Blowing Up History**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Combat Dealers**
4.00 **American Revolution**
5.00 **How Trains Changed...**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **America: Facts vs Fiction**
10.00 **Blood and Fury: America's Civil War**
11.00 **America's Lost Vikings**
12.00 M'T **Expedition...**
1.00 **to 6.00** AM **Highlights**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.30 **Jungle Planet**
10.00 **Rhino Orphanage**
11.00 **Africa**
12.00 NOON **Natural Curiosities**
1.00 PM **Ganges**
2.00 **Earth: The Power of the Planet**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **Rhino Orphanage**
5.00 **Africa**
6.00 **Natural Curiosities**
7.00 **Ganges**
8.00 **Earth: The Power of...**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **Rhino Orphanage**
11.00 **Africa**
12.00 M'T **Natural Curiosities**
1.00 AM **Ganges**
2.00 **Earth: The Power of...**
3.00 **The Zoo**
3.25 **Jungle Planet**
3.50 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **The Incredible Dr Pol**
12.00 NOON **Wild Animal A&E**
1.00 PM **Africa's Deadliest**
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Monster Croc Wrangler** A couple living near a rising river fear a crocodile attack. **7.30** Matt relocates crocodiles from a cattle ranch.
8.00 **Africa's Wild Side** Footage of animals raising their young in the Botswanan wilderness.
9.00 **Battle of the Swamp Dragons** Crocodiles and alligators fight in South Florida.
10.00 **Antarctica**
11.00 **Wild Nordic**
12.00 M'T **Animals Gone Wild**
2.00 **to 5.00** AM **Africa's Deadliest**

Sky History 2

163 163 894 272 330 390

8.00 AM **Curse of Civil War Gold: Diving Deeper**
10.00 **Lost Gold of WWII**
11.00 **How the Earth Was Made**
12.00 NOON **Ancient Aliens**
2.00 PM **Battles BC**
3.00 **Custer: The Final Mystery**
4.00 **The Colour of War**
5.00 **Dogfights**
6.00 **The Universe**
7.00 **Lost Gold of WWII**
8.00 **In Search Of** Zach sets out to research the strangest creatures.
9.00 **Who Killed Tupac?** The relationship between Tupac and Marion 'Suge' Knight.
10.00 **Einsatzgruppen: Nazi Death Squads**
11.00 **Deadliest Warrior**
12.00 M'T **Ancient Aliens**
2.00 AM **Who Killed Tupac?**
3.00 **Einsatzgruppen: Nazi Death Squads**
4.00 **to 5.00** AM **In Search Of**

PBS America

174 273 91 155

8.00 AM **The Story of China**
9.20 **The Dust Bowl**
10.35 **The Stuarts**
11.50 **Plane Resurrection**
1.00 PM **Beautiful Serengeti**
1.30 **The Story of China**
2.45 **The Dust Bowl**
3.55 **The Stuarts**
5.00 **Plane Resurrection**
6.10 **The Story of China**
7.30 **The Dust Bowl** Early efforts to reclaim the damaged land.
8.40 **The Stuarts** How the Stuarts became fatally divided by religion, with brothers in opposition and two daughters supporting the overthrow of their father.
9.50 **Plane Resurrection** Enthusiasts restore a Douglas A-1 Skyraider.
11.00 **The Dust Bowl**
12.15 AM **The Stuarts**
1.30 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

166 166 839 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **I Knew My Murderer**
12.00 NOON **When Missing Turns to Murder**
1.00 PM **Nightmare in Suburbia**
2.00 **Murder for Hire**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour**
8.00 **I Knew My Murderer** New editions
9.00 **Cruise Ship Killers** New edition
10.00 **Sex, Lies and Murder**
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Cruise Ship Killers**
2.00 **When Missing Turns to Murder**
3.00 **Murder for Hire**
4.00 **Fear Thy Neighbour**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

WEDNESDAY Films

Wednesday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Strike** (2018) ★★★
7.45 **The 2020 Top Ten Show**
8.00 **Buffaloed** Comedy drama. (2019, 15, 95min) ★★★
9.45 **Standing Up, Falling Down** Comedy. (2019, 15) ★★★
11.30 **Frozen II** As 8.00pm.
1.30 PM **PREMIERE The Heist of the Century** As 10.00pm.
3.30 **The Goldfinch** Drama. (2019, 15, 149min) ★★★
6.00 **The Runaways** Drama. (2019, 12, 113min) ★★★

10.00 The Heist of the Century

8 PM

8.00 **Frozen II** Animated adventure, featuring the voices of Kristen Bell, Idina Menzel and Josh Gad. Haunted by a mysterious voice, Elsa the Snow Queen travels to the enchanted forests beyond her kingdom. (2019, U, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **PREMIERE The Heist of the Century** Comedy with Guillermo Francella and Diego Peretti. In 2006, a group of thieves perform one of the most famous bank heists in Argentina's history. (2020, 15, 114min) ★★★
See review, page 23
SEX ●●● VIOLENCE ●●● LANG ●●●

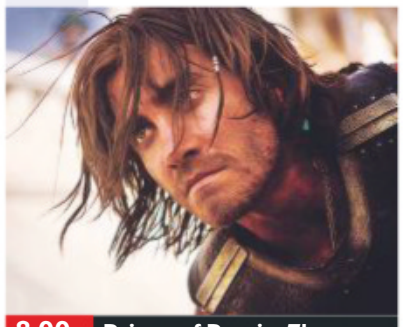
11 PM

12.00 M'T **Sprinter** Sporting drama. (2018, 15, 114min) ★★★
2.00 AM **Beyond the River** Drama. (2017, 12, 113min) ★★
4.00 **Blood on Her Name** (2019)
5.30 **to 6.00** AM **Final Score: Special**

Sky Cinema Disney

305 305 846 405 505

7.30 AM **Underdog** As 11.50pm.
9.05 **The Nutcracker and the Four Realms** As 1.25am.
10.55 **101 Dalmatians** As 10.00pm.
12.50 PM **The Lion King** As 6pm.
2.55 **Tarzan II** Animated prequel. (2005, U, 68min) ★★★
4.20 **Homeward Bound: The Incredible Journey** Adventure. (1992, U, 84min) ★★★
6.00 **The Lion King** Animated fantasy adventure remake. (2019, PG, 118min) ★★★


8.00 Prince of Persia: The...

8.00 **Prince of Persia: The Sands of Time** Fantasy adventure starring Jake Gyllenhaal. In ancient Persia, a young prince seizes a dagger that can turn back time, but must go on the run after being framed. (2010, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **101 Dalmatians** Comedy starring Glenn Close and Jeff Daniels. (1996, U, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Underdog** Canine comedy starring Jim Belushi and featuring the voice of Jason Lee. (2007, U, 78min) ★★
1.25 AM **The Nutcracker and the Four Realms** Fantasy adventure starring Mackenzie Foy. (2018, PG, 99min) ★★★
3.15 **Prince of Persia: The Sands of Time** As shown at 8.00pm.
5.20 **to 7.00** AM **Homeward Bound: The Incredible Journey** As 4.20pm.

Sky Cinema Family

306 306 847 406 506

6.50 AM **Bernie the Dolphin**
8.30 **A Boy Called Sailboat**
10.10 **Dr Seuss' The Lorax**
11.50 **Luis and the Aliens**
1.30 PM **Mission: Panda** Animation. (2019, PG, 84min) ★
3.10 **Dr Seuss' The Lorax** Animation. (2012, U) ★★★
4.45 **National Treasure** Adventure. (2004, PG, 131min) ★★★★
7.00 **National Treasure: Book of Secrets** Adventure caper. (2007, PG, 119min) ★★★

9.10 Luis and the Aliens

National Treasure: Book of Secrets (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.10 **Luis and the Aliens** Animation with the voice of Callum Maloney. A lonely lad embarks on an adventure to help three extraterrestrials return to their mother ship. (2018, U, 86min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Look Who's Talking** Comedy starring John Travolta and Kirstie Alley. (1989, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Bernie the Dolphin** Adventure starring Lola Sultan. (2018, U, 88min) ★★
2.10 **A Boy Called Sailboat** Drama. (2017, 12, 92min) ★★★
3.45 **Look Who's Talking** Comedy, as shown at 10.40pm.
5.30 **to 7.10** AM **Mission: Panda** Animation, as 1.30pm.

Sky Cinema Action

307 307 848 407 507

6.00 AM **Battle of Leningrad** World War Two drama. (2019, 15, 96min) ★★★
7.50 **Jarhead: Law of Return**
9.35 **The Matrix Reloaded**
11.55 **The Equalizer 2** As 8.00pm.
2.00 PM **Beverly Hills Cop II**
3.45 **Flight of the Phoenix** Action adventure with Dennis Quaid. (2004, 12, 113min) ★★★
5.40 **The Matrix Reloaded** Sci-fi action thriller sequel. (2003, 15, 137min) ★★★

5.40 The Matrix Reloaded

8.00 **The Equalizer 2** Action thriller starring Denzel Washington. When a CIA friend is murdered, vigilante Robert McCall sets out to avenge her death, and winds up fighting for survival in his home town. (2018, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Beverly Hills Cop II** Action comedy sequel starring Eddie Murphy. (1987, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Bouncer** French action thriller starring Jean-Claude Van Damme. Subtitled. (2018, 15, 94min) ★★★
1.25 AM **Streetfighter** Martial arts action drama starring Jean-Claude Van Damme. (1994, 12, 102min) ★★
3.10 **Jarhead: Law of Return** War drama starring Yael Eitan. (2019, 15, 103min) ★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 849 408 508

6.45 AM **A Very Bad Day** Comedy drama. (2017, 15, 81min) ★★
8.15 **Being Frank** As 2.15am.
10.15 **Along Came Polly** As 9pm.
11.50 **Sorry to Bother You**
1.45 PM **The Bromley Boys** Comedy. (2018, PG) ★★★
3.45 **Straight Up** Comedy. (2019, 15, 95min) ★★★
5.35 **Benchwarmers 2: Breaking Balls** Comedy. (2019, 12) ★
7.10 **Can You Ever Forgive Me?** Comedy. (2018, 15) ★★★★

5.35 Benchwarmers 2...

Can You Ever Forgive Me? (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Along Came Polly** Comedy with Ben Stiller and Jennifer Aniston. An overly cautious risk assessor begins dating a free-spirited woman. (2003, 12, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Sorry to Bother You** Comedy starring Lakeith Stanfield. A telemarketer finds his career takes a sinister turn after he finds success using his 'white voice'. (2018, 15, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Straight Up** As 3.45pm.
2.15 **Being Frank** Comedy starring Anna Gunn, Samantha Mathis and Danielle Campbell. (2018, 12, 109min) ★★
4.10 **to 6.00** AM **The Bromley Boys** As shown at 1.45pm.

primetime

Sky Cinema Hits

303 403 503

7.00 AM **Lego Batman: The Movie – DC Super Heroes Unite** Animation. (2013, PG) ★★
8.15 **Juliet, Naked** Romantic comedy. (2018, 15, 97min) ★★★
10.00 **First Man** Biopic. (2018) ★★★★
12.25 PM **Transformers** As 9.00pm.
2.50 **Mary Queen of Scots** Drama. (2018, 15, 124min) ★★
5.00 **Ant-Man** Superhero adventure. (2015, 12, 117min) ★★★

7.00 **Dumbo** Tim Burton's live action remake of the fantasy about an elephant, whose oversized ears enable him to fly, starring Colin Farrell and Eva Green. (2019, PG, 112min) ★★★
9.00 **Transformers** Sci-fi action adventure starring Shia LaBeouf. A geeky teenager finds himself caught up in a titanic struggle between good and evil robots who are battling to recover their life source. (2007, 12, 143min) ★★★★

11.30 **The Kitchen** Action drama. (2019, 15, 102min) ★★
1.20 AM **Unstoppable** Action thriller. (2010, 12, 98min) ★★★★
3.05 **Miss Bala** Drama. (2019) ★★
4.55 **to 6.20** AM **LEGO DC Comics Super Heroes: Justice League – Gotham City Breakout**

Sky Cinema Greats

304 304 845 404 504

6.10 AM **Father of the Bride** (1991)
8.00 **Spartacus** Adventure. (1960, PG, 184min) ★★★★★
11.15 **The Hand That Rocks the Cradle** Thriller. (1992) ★★★★
1.10 PM **The Italian Job** Crime caper. (1969, PG) ★★★★★
2.55 **The Great Gatsby** Period drama. (2013, 12, 143min) ★★★
5.20 **Zero Dark Thirty** Drama. (2012, 15, 157min) ★★★★★

8.00 **No Country for Old Men** Crime thriller starring Tommy Lee Jones, Javier Bardem and Josh Brolin. A dogged lawman and a ruthless contract killer pursue a Texan who has made off with $2million in drug money. (2007, 15, 117min) ★★★★
10.05 **Scarface** Brian De Palma's crime thriller about the rise and fall of a Cuban gangster in Miami's violent drugs underworld, starring Al Pacino. (1983, 18, 163min) ★★★★

12.55 AM **Carlito's Way** Crime thriller. (1993, 18, 145min) ★★★★
3.25 **The French Connection** Thriller starring Gene Hackman. (1971, 18, 104min) ★★★★★
5.15 **to 6.50** AM **The Ladykillers** Comedy starring Alec Guinness. (1955, U, 97min) ★★★★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Film Directors** Triple bill.
7.30 **Off Set** With Michael Douglas.
8.20 **Frankenstein** (1931) ★★★★★
9.40 **Sherlock Holmes and the Secret Weapon** (1942) ★★
11.10 **The Sugarland Express** (1974)
1.30 PM **Darby's Rangers** (1958)
3.55 **I Killed Wild Bill Hickock** Western. (1956, PG, 63min) ★★
5.15 **Beau Geste** (1939) ★★★★

7.15 **The Big Gundown** Spaghetti Western starring Lee Van Cleef. A Texas lawman goes in pursuit of a Mexican peasant accused of raping a young girl. Subtitled. (1966, 15, 84min) ★★
9.00 **The Shepherd** Action thriller starring Jean-Claude Van Damme. A troubled border officer becomes obsessed with bringing down a drug-smuggling operation on the Mexico border. With Scott Adkins. (2008, 15, 91min) ★★

11.00 **Firewall** Crime thriller. (2006, 12, 105min) ★★★
1.15 AM **Analyze This** Comedy. (1999, 15, 103min) ★★★★
3.05 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Rhythm Racketeer** (1937)
7.30 **The Cuckoo Patrol** (1967) ★★
9.00 **The Adventures of Robin Hood**
9.30 **Scrooge** Drama. (1935) ★★★★
11.05 **Curtain Up!** (1952) ★★★
12.45 PM **Terminus**
1.25 **Time Without Pity** (1957) ★★
3.10 **The Laughing Lady** (1946) ★★
5.00 **Catweazle** 13/13. (S2)
5.30 **The Large Rope** Crime thriller. (1953, b/w, PG, 72min) ★★

6.55 **Nate and Hayes** Historical adventure starring Tommy Lee Jones and Michael O'Keefe. A pirate helps a missionary to rescue his wife, who has been kidnapped on a South Pacific island. (1983, PG, 95min) ★★
8.55 **Glimpses**
9.00 **Rumpole of the Bailey**
10.05 **The Medusa Touch** Horror starring Richard Burton as the man with 'the Medusa touch' – incredible telekinetic powers. (1978, PG, 109min) ★★

12.15 AM **The Passenger** Thriller starring Jack Nicholson. (1975, 12, 121min) ★★★★
2.45 **Psyche 59** Mystery starring Patricia Neal and Curt Jurgens. (1964, b/w, 18, 94min) ★★
4.45 **to 6.00** AM **Landslide** Mystery. (1937, b/w, PG, 67min) ★★

Horror

317 149 70 138

8.00 AM **Under the Dome** 12/13. (S2)
9.00 **Star Trek: The Next Generation** 19/22. (S2)
10.00 **Star Trek** 19/24. (S3)
11.00 **Lava Storm** Disaster movie. (2008, 12, 92min) ★★★
1.00 PM **Sharknado** Shark-attack thriller. (2013, 15, 86min) ★★
3.00 **Space 1999** 15/24. (S2)
4.00 **Island of Terror** Sci-fi horror. (1966, PG, 90min) ★★★

6.00 **Star Trek** 20/24. (S3)
7.00 **Star Trek: The Next Generation** 20/22. (S2)
8.00 **First Wave** *Asylum:* 7/22. Eddie is admitted to a psychiatric hospital. (S3)
9.00 **Black Water** Australian thriller starring Diana Glenn. A crocodile menaces three holidaymakers stranded in a flooded mangrove swamp. (2007, 15, 85min) ★★★★
10.50 **The Dead 2** Chiller with Joseph Millson. (2013, 18, 98min) ★★

12.45 AM **Urban Legends: Final Cut** Stalk-and-slash thriller sequel. (2000, 15, 98min) ★
2.40 **to 4.30** AM **Halloween II** Horror sequel with Jamie Lee Curtis. (1981, 18, 92min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

7.00 AM **Killers Anonymous** Crime mystery. (2019, 15, 95min) ★
8.50 **The Mule** As 4.50pm.
11.00 **Grand Isle** Thriller. (2019) ★★
12.50 PM **Extremely Wicked, Shockingly Evil and Vile**
2.55 **Dirty Harry** Thriller. (1971, 18, 103min) ★★★★★
4.50 **The Mule** Drama. (2018, 15, 116min) ★★★★
7.00 **Extremely Wicked, Shockingly Evil and Vile** Biopic. (2019, 15) ★★★★

9.00 Manhunter

Extremely Wicked, Shockingly Evil and Vile (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Manhunter** Thriller based on a novel by the author of *The Silence of the Lambs*, starring Brian Cox and William L Petersen. An ex-FBI agent comes out of retirement to catch a serial killer. (1986, 18, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Se7en** Dark thriller starring Brad Pitt, Gwyneth Paltrow and Morgan Freeman. (1995, 18, 127min) ★★★★
1.20 AM **Dirty Harry** As 2.55pm.
3.15 **A Good Woman Is Hard to Find** Thriller starring Edward Hogg and Sarah Bolger. (2019, 18, 97min) ★★★★
5.05 **to 6.50** AM **Angel Flight Down** True-story adventure starring Patricia Kalember. (1996, PG, 88min) ★★

Sky Cinema Drama

310 310 851 410 510

6.00 AM **Girls of the Sun** Drama, as shown at 3.55pm.
8.10 **The Browning Version** Drama, as shown at 6.05pm.
10.05 **Benjamin** Comedy drama. (2018, 15, 85min) ★★★
11.45 **Footloose** As 10.25pm.
1.45 PM **Through the Fire** Drama. (2018, 15, 116min) ★★★
3.55 **Girls of the Sun** Drama. (2018, 15, 115min) ★★★★
6.05 **The Browning Version** Drama. (1994, 15, 97min) ★★

3.55 Girls of the Sun

8.00 **Bohemian Rhapsody** Biopic starring Rami Malek. While Queen become one of the biggest rock bands in the world, Freddie Mercury struggles with his personal life. with Lucy Boynton. (2018, 12, 134min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Footloose** Teen musical starring Kevin Bacon as a foot-tapping Chicago kid who moves to the Midwest Bible Belt where rock 'n' roll is banned. With Lori Singer. (1984, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Escape from Sobibor** Russian drama with Konstantin Khabenskiy. Subtitled. (2018, 15, 110min) ★★★
2.40 **Through the Fire** As 1.45pm.
4.50 **to 6.00** AM **Tom and Jerry: A Nutcracker Tale** Animation. (2007, U, 47min) ★★★

Sky Cinema Sci-Fi/Horror

311 411 511

6.00 AM **Anna and the Apocalypse** (2017) ★★★
7.45 **Prey** Adventure. (2018) ★★★
9.15 **Howard... A New Breed of...**
11.15 **Star Wars: The Clone Wars**
1.05 PM **Star Wars: Episode IV – A New Hope** As 9.00pm.
3.15 **The Green Hornet** Fantasy. (2011, 12, 118min) ★★★
5.15 **Howard... A New Breed of Hero** Fantasy. (1986) ★★★
7.15 **Star Wars: The Clone Wars** Animation. (2008, PG) ★★

5.15 Howard...

Star Wars: The Clone Wars (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Star Wars: Episode IV – A New Hope** Sci-fi adventure starring Mark Hamill, Harrison Ford and Carrie Fisher. A young farm boy undertakes to rescue a captive princess and defeat an evil empire. With Alec Guinness. (1977, U, 124min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Edge of Tomorrow** Sci-fi adventure with Tom Cruise. (2014, 12, 113min) ★★★
1.20 AM **Friday the 13th Part VII: The New Blood** Horror sequel starring Lar Park Lincoln. (1988, 18, 88min) ★
3.05 **Friday the 13th Part VIII: Jason Takes Manhattan** Horror with Jensen Daggett. (1989, 18, 100min) ★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Blockbusters

302 402 502

8.30 AM **Beauty and the Beast** Animation, as 4.10pm.
10.00 **Jaws** As 8.00pm.
12.10 PM **Cars** Animated adventure. (2006, PG, 121min) ★★★
2.10 **Venom** As 10.10pm.
4.10 **Beauty and the Beast** Animated fantasy. (1991, U, 84min) ★★★★★
5.40 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper, who also directed. (2018, 15, 136min) ★★★★★

8.00 Jaws

8.00 **Jaws** Steven Spielberg's monster thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. A killer shark goes on the rampage and terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Venom** Fantasy starring Tom Hardy. Following a probe's return to Earth, a journalist gains superhuman strength when his body merges with an alien organism. (2018, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Pearl Harbor** Romantic war drama starring Ben Affleck. (2001, 12, 183min) ★
3.10 **A Star Is Born** As 5.40pm.
5.30 **to 8.15** AM **Batman v Superman: Dawn of Justice** Superhero adventure. (2016, 12, 164min) ★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **7th Cavalry** Western. (1956, U, 77min) ★★★
12.35 PM **Retreat, Hell!** War drama. (1952, b/w, PG, 96min) ★★
2.25 **Destroyer** War drama starring Edward G Robinson. (1943, b/w, U, 99min) ★★
4.30 **Night Passage** Western. (1957, U, 90min) ★★
6.20 **Ghostbusters** Fantasy comedy starring Kristen Wiig. (2016, 12, 116min) ★★★

6.20 Ghostbusters

Ghostbusters (film started at 6.20pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Independence Day** Sci-fi adventure starring Will Smith, Bill Pullman and Jeff Goldblum. The US president, a computer genius and a fighter pilot lead the fight against an alien invasion. (1996, 12, 145min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Purge: Anarchy** Horror with Frank Grillo. A gun-toting loner protects a group of people lost on the streets during a dangerous night when all laws are suspended. (2014, 15, 101min) ★★★ **11 PM**
1.55 **to 3.50** AM **Metallica: Through the Never** Thriller starring Dane DeHaan. (2013, 15, 93min) ★★★★

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **The Orient Express**
7.10 **Barbary Coast** (1935) ★★
9.00 **Son of Paleface** (1952) ★★★★
10.55 **My Foolish Heart** Drama. (1949, b/w, U, 98min) ★★★
1.00 PM **You Must Be Joking!** Comedy. (1965, U) ★★★
3.05 **The Running Man** Drama. (1963, PG, 101min) ★★★
5.15 **The Princess and the Pirate** Comedy. (1944, U) ★★★

7.10 **The Long Haul** Drama starring Victor Mature. A GI gets a job as a long-haul driver in Britain. (1957, PG, 100min) ★★★
9.00 **Cash on Demand** Crime thriller starring Peter Cushing. A criminal holds a bank manager's family hostage, and forces him to help with a robbery. (1961, b/w, PG, 84min) ★★
10.40 **The Taking of Pelham One Two Three** Thriller with Walter Matthau and Robert Shaw. (1974, 15, 104min) ★★★★

12.50 AM **Storm Over the Nile** Adventure. (1955, U) ★★★
3.00 **Long John Silver** Adventure. (1954, U, 109min) ★★★
4.35 **to 6.00** AM **The Warrior and the Slave Girl** (1958) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Enemy Within** (2007) ★★
11.00 **A Family Lost** (2007) ★★
12.00 NOON **A Family Lost** Thriller. (2007, PG, 88min) ★★
1.00 PM **Lost Letter Mysteries: From Paris with Love** Drama starring Eric Mabius.
2.50 **My Neighbor's Keeper** Mystery thriller. (2007, PG, 91min) ★★
4.35 **The Double** Crime thriller. (2011, 12, 94min) ★★

6.25 **All the King's Men** Political drama starring Sean Penn. In 1950s Louisiana, a politician rises to the office of state governor on a tide of popular support, but his power corrupts him. (2005, 12, 128min) ★★
9.00 **A Most Violent Year** Thriller starring Oscar Isaac and Jessica Chastain. An immigrant living in New York in 1981 struggles to keep his business going against a rise in violent crime. (2014, 15, 120min) ★★★★★

11.30 **I Am Wrath** Crime thriller. (2016, 15, 90min) ★★
1.30 AM **Flight of Fury** Action thriller. (2007, 15, 98min) ★
3.30 **to 6.00** AM **Marie Antoinette** Period drama. (2006) ★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Hannah's Law** (2012) ★★
7.45 **The Giants of Thessaly** (1960)
9.30 **Candlelight in Algeria** Thriller. (1943, b/w, PG, 85min) ★★★
11.10 **The Hot Potato** Comedy crime caper. (2010, PG, 95min) ★★
1.15 PM **Utah Blaine** Western. (1957, PG, 100min) ★★
2.55 **The Victors** War drama. (1963, b/w, PG, 186min) ★★
6.00 **The Luftwaffe**

7.15 **Jetstream** Disaster movie starring David Chokachi. Scientists seek the help of a TV weatherman when freak winds threaten to devastate the planet. (2012, 12, 88min) ★★
9.00 **Sniper: Ghost Shooter** Thriller starring Billy Zane and Chad Michael Collins. A pair of elite snipers protect a pipeline in the Middle East from terrorists – only to come up against an unknown shooter. With Enoch Frost. (2016, 15, 99min) ★★

11.05 **Out of Reach** Action thriller. (2004, 15, 82min) ★
12.45 AM **Mojave** Thriller. (2015, 15, 91min) ★★★
2.35 **to 4.00** AM **A Fall from Grace** Thriller. (2012, 15, 87min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **A Hobo's Christmas** (1987)
9.00 **Will You Merry Me?** Comedy. (2008, PG, 120min) ★★
11.00 **No Time Like Christmas** Drama. (2019, PG, 85min) ★★
1.00 PM **A Heavenly Christmas** Drama. (2016, PG) ★★★
3.00 **Christmas Around the Corner** Drama. (2018, PG, 90min) ★★
5.00 **A Rose for Christmas** Drama. (2017, U, 120min) ★★

7.00 **Christmas with a View** Romantic drama starring Vivica A Fox. Two chefs connect while working over Christmas at Thunder Mountain Ski Resort. (2017, PG, 120min) ★★
9.00 **Northern Lights of Christmas** Romantic drama starring Ashley Williams. Zoey Hathaway has been working hard to become a pilot, but then inherits a reindeer farm, along with a handsome employee. (2018, PG, 120min) ★★

11.00 **The Christmas Train** Romantic drama. (2017, U, 90min) ★★★
1.00 AM **A Twist of Christmas** Drama. (2018, PG, 90min) ★★
3.00 **to 5.00** AM **Christmas at Graceland** Drama. (2018) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

8.00 PM **Octopussy** *ITV4* James Bond adventure starring Roger Moore and Maud Adams. ★★★
8.00 **2012** *5STAR* Epic disaster movie starring John Cusack and Chiwetel Ejiofor. ★★
9.00 **Happy Gilmore** *Sky One* Comedy with Adam Sandler and Christopher McDonald. ★★★
9.00 **Doom** *Syfy* Sci-fi horror thriller starring Karl Urban. ★★★
9.00 **Missing in Action** *Paramount Network* Action adventure. ★★
10.35 **The Fugitive** *ITV4* Action thriller starring Harrison Ford and Tommy Lee Jones. ★★★★
11.05 **Limitless** *5STAR* Action thriller starring Bradley Cooper. ★★★★
11.10 **The Babadook** *Syfy* Horror starring Essie Davis. ★★★★
11.15 **Born to Raise Hell** *Paramount Network* Action thriller. ★★
1.25 AM **Boyhood** *Channel 4* Richard Linklater's drama filmed over the course of 12 years, starring Ellar Coltrane, Patricia Arquette and Ethan Hawke. ★★★★★
2.20 **Everything Is Copy** *Sky Documentaries* Documentary looking at the life and work of Nora Ephron. ★★★★

WEDNESDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

8 July

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Sky Sports News**
7.00 **Total Goals**
8.00 **Fighting Fit 2020**
8.30 **Fit In 5: Cardio Blast**
8.40 **Fit In 5: Endurance & Core**
8.50 **Fit In 5: High Intensity Interval Training 1**
9.00 **Total Goals**
10.00 **My Icon: Christine Ohuruogu**
10.15 **My Icon: Deta Hedman**
10.30 **LIVE Test Cricket: England v West Indies.** Coverage of day one of the first Test in the three-match series, held at Ageas Bowl in Southampton. *See feature, page 28.*
5.30 PM **LIVE Premier League Sheffield United v Wolverhampton Wanderers.** All the action from the fixture at Molineux. Kick-off **6.00pm**.
8.00 **LIVE Premier League Brighton & Hove Albion v Liverpool** Coverage of the top-flight match at the Amex Stadium. Kick-off **8.15pm**.
10.45 **PL Greatest Games** The best of the action from Bournemouth v Liverpool in 2016.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Peter Schmeichel**
7.30 **Premier League** Action from Watford v Norwich City.
10.00 **The Football Show**
12.00 NOON **Premier League**
2.30 PM **PL Greatest Games**
2.45 **Premier League** Highlights from Arsenal v Leicester City.
5.30 **LIVE Premier League Sheffield United v Wolverhampton Wanderers.** Coverage of the top-flight match at Molineux. Kick-off **6.00pm**.
8.00 **LIVE Premier League Brighton & Hove Albion v Liverpool.** Coverage of the Premier League match at the Amex Stadium. Kick-off **8.15pm**.
10.45 **Premier League World** A round-up of the latest news.
11.15 **PL Greatest Games**
11.30 **Premier League Icons**
12.00 M'T **Best PL Goals 00/01**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 02/03**
5.00 **Best PL Goals: Tottenham v Chelsea** Memorable strikes.
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **Highlights**
9.15 **SPFL Greatest Games**
9.30 **Football's Greatest Players**
10.00 **Football Countdowns**
10.30 **Football Years**
11.00 **EFL Play Off Finals C'Ship**
12.00 NOON **EFL Greatest Games**
12.45 PM **SPFL Greatest Games**
1.00 **Football's Greatest Players**
1.30 **Football Countdowns**
2.00 **Football Years**
2.30 **EFL Play Off Final C'Ship** Hull City v Sheffield Wednesday.
3.30 **EFL Championship Highlights**
4.30 **LIVE EFL West Brom v Derby.** The Championship clash at The Hawthorns. Kick-off **5.00pm**.
7.30 **EFL Championship Highlights**
7.45 **EFL Highlights**
8.00 **EFL Championship Highlights**
8.45 **SPFL Greatest Games**
9.00 **EFL**
10.00 **SPFL Greatest Games**
10.30 **SPFL Highlights**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Final 17**
1.00 AM **EFL Play Off Final C'Ship**
2.00 **EFL League 2 Play-Off Finals**
3.00 **EFL: Championship Review**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Best of England v Windies**
7.00 **Michael Holding: Whispering Death** Michael Holding's career.
8.00 **Viv Richards: Through His Eyes**
9.30 **The Cricket Lockdown Vodcast**
10.30 **LIVE Test Cricket England v West Indies.** Day one of the first Test in the three-match series, at Ageas Bowl in Southampton. *See feature, page 28.*
7.00 PM **Test Cricket Bitesize**
7.15 **Cricket Debate** Highlights from England v West Indies.
8.00 **Test Cricket** England v West Indies: Action from the first day of the First Test in the three-match series, held at Ageas Bowl.
9.00 **Cricket Debate** Action from England v West Indies.
9.45 **Test Cricket Bitesize**
10.00 **Test Cricket** England v West Indies: Highlights of the first day of the first Test in the three-match series, held at Ageas Bowl.
11.00 **Cricket Debate**
11.45 **Test Cricket Bitesize**
12.00 M'T **Captain's Log**
1.00 AM **Vitality T20 Blast Cricket** Action from Surrey v Middlesex.
5.00 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **European Tour Golf**
8.00 **PGA Tour Golf** Another chance to see the action from the fourth day of the John Deere Classic.
1.00 PM **European Tour Golf** The 2013 Scottish Open: Highlights of the fourth and final round held at Castle Stuart in Inverness. **2.00** The 2014 Scottish Open: Action from the fourth and final round at Royal Aberdeen, where Phil Mickelson entered as the defending champion.
7.00 **Golf Vodcast** Enjoy this series of golf vodcasts with some of the biggest names from the sport.
8.00 **PGA Tour: The Cut** A look behind the scenes of the tour.
8.30 **Chronicles of a Champion Golfer** As shown at 11.30pm.
9.00 **Feherty Talks To** The pundit chats to leading players.
10.00 **Golf Vodcast**
11.00 **PGA Tour: The Cut**
11.30 **Chronicles of a Champion Golfer** With Padraig Harrington.
12.00 M'T **Feherty Talks To**
1.00 AM **PGA Tour Golf**
2.00 **European Tour Golf**
4.00 **Feherty Talks To**
5.00 **to 6.00** AM **PGA Tour Golf**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Fishing: On The Bank**
7.00 **WWE Monday Night Raw**
9.30 **ESPN FC** Football news.
10.00 **FIM CEV Repsol**
1.45 PM **What I Wore: Jamie Vardy**
2.00 **UEFA Champions League**
2.30 **Bundesliga Special**
3.00 **WWE SmackDown Highlights**
4.00 **WWE Raw Highlights**
5.00 **ESPN FC** Football news.
5.30 **LIVE Premier League Manchester City v Newcastle United.** Coverage of the top-flight match at Etihad Stadium. Kick-off **6.00pm**.
8.15 **Premier League 100**
8.45 **Bundesliga Special** A review of the 2019/20 Bundesliga season.
9.45 **What Went Down: Fowler & Macca**
10.00 **WWE NXT UK** All the action from *WWE NXT UK* as the next generation of Superstars showcase their talents.
11.00 **WWE NXT Highlights**
12.00 M'T **WWE Raw Highlights**
1.00 AM **LIVE WWE NXT**
3.15 **Ligue 1 Goals Of The Season**
3.30 **Badminton Unlimited**
4.00 **to 6.00** AM **V8 Supercars Highlights**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **BT Sport Goals Reload**
6.30 **Moto3: British Grand Prix 2019** Action from Silverstone.
7.30 **Moto2: British Grand Prix 2019** Action from Silverstone.
8.30 **MotoGP: British Grand Prix 2019** Action from Silverstone.
9.30 **In Depth with Graham Bensinger** Discussion show.
10.00 **International GT Open Championship** From Italy.
11.30 **BT Sport Mic'd Up: Lee Bowyer**
12.00 NOON **The Class That Saved Coach K** Documentary.
1.30 PM **30 for 30: The Guru of Go**
2.30 **30 for 30: Elway to Marino**
4.00 **This is What They Want**
5.00 **What Went Down: Fowler & Macca** Discussion series.
5.15 **Bundesliga Special**
5.45 **LIVE Premier League Manchester City v Newcastle United.** Kick-off **6.00pm**.
8.15 **State of Play: Sam Allardyce**
8.45 **Ligue 1 Goals Of The Season**
9.00 **No Hunger in Paradise**
10.30 **State of Play: The Player**
11.00 **O.J. Made in America**
1.00 AM **30 for 30: The U**
5.00 **to 6.00** AM **In Depth with Graham Bensinger**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **The Big Match Revisited**
10.00 **Classic Premier League**
12.00 NOON **FA Cup Final Classics**
1.00 **Classic Bundesliga**
2.30 **Champions League Extra: Zidane** Profile of the footballer.
3.00 **Turkish Super Lig**
4.30 **LIVE Turkish Super Lig** Action from the Turkish Super Lig.
6.30 **UCL Stories of the Finals**
7.00 **LIVE Turkish Super Lig** Action from the Turkish Super Lig.
9.00 **Dan Hardy's Open Mat** UFC commentator and leading analyst Dan Hardy is joined by some of the biggest names in the sport.
9.30 **UFC Countdown** Counting down to UFC 252 as Stipe Miocic and Daniel Cormier bout for the third time. Heavyweights Junior Dos Santos and Jairzinho Rozenstruik are also on the card.
10.30 **UFC 212 – Aldo v Holloway**
11.30 **Dan Hardy's Open Mat**
12.00 M'T **UFC Main Event**
1.00 AM **UFC: The Ultimate Fighter**
2.00 **UFC Fight Flashback**
2.30 **Dan Hardy's Open Mat**
3.00 **WRC Review: Rally Finland 18**
4.00 **Irish Rally Review 2015**
5.00 **to 6.00** AM **Irish Rally Review**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **NFL: America's Game**
8.00 **World Matchplay Darts**
10.00 **Fight Night Classics**
12.00 NOON **NFL: Battle To The Super Bowl '18**
1.00 PM **NFL: Wildcard Highlights**
2.00 **Boxing Rivalries**
3.00 **Tony Tuesday**
4.00 **Boxing Rivalries**
5.00 **Froch v Groves – The Fight**
6.00 **Boxing Rivalries** Carl Frampton v Scott Quigg: The world title unification fight for the IBF and WBA Super Bantamweight belts at Manchester Arena.
8.00 **NFL: A Football Life**
9.00 **Whyte Wednesday** Dillian Whyte talks to Frank Bruno.
9.30 **Dillian Whyte: Heavy Duty** The boxer gives his thoughts on fights in his heavyweight division.
10.00 **Whyte v Chisora: Bad Blood** A look back at the first fight between Dillian Whyte and Dereck Chisora.
11.00 **Motorsport Mundial**
11.30 **Wildfly Fishing**
12.00 M'T **NFL Highlights**
1.00 AM **NFL: America's Game**
2.00 **World Matchplay Darts**
4.00 **to 6.00** AM **Fight Night Classics**

Sky Sports Mix

145 145 838 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Greats**
7.30 **School of Golf**
8.00 **Fighting Fit 2020**
8.30 **Fit In 5**
9.00 **NBA Classic Games**
10.00 **Players Only: Kobe & Shaq**
11.00 **NFL: America's Game**
1.00 PM **Netball World Cup 2019**
3.00 **My Icon**
4.00 **Sporting Greats**
4.30 **School of Golf**
5.00 **Fighting Fit 2020**
5.30 **Fit In 5**
6.00 **My Icon**
6.15 **NBA: Philadelphia @ Boston** Highlights from Boston Celtics v Philadelphia 76ers.
8.00 **NBA: Minnesota @ Houston** Action from Houston Rockets v Minnesota Timberwolves.
10.00 **NFL 2019 Season Rewind** Pittsburgh Steelers v Buffalo Bills.
11.00 **NFL 2019 Season Rewind** Highlights from Tennessee Titans v Houston Texans.
1.00 AM **NFL: America's Game**
2.00 **NBA Classic Games**
3.00 **Players Only: Kobe & Shaq**
4.00 **to 6.00** AM **Netball World Cup 2019**

BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **In Depth with Bensinger**
7.00 **ESPN SportsCenter**
7.15 **MLB: Diamondbacks @ Braves 2004** A look back at the game.
9.15 **MLB Classic**
10.15 **College Football Classics**
12.15 PM **In Depth with Bensinger**
12.45 **College Football Classics**
2.45 **ESPN FC** Football news.
3.15 **ESPN SportsCenter**
3.30 **The Basketball Tournament**
7.00 **LIVE The Basketball Tournament** Red Scare take on Game one winner.
9.00 **LIVE The Basketball Tournament** Carmen's Crew v Game three winner.
11.00 **ESPN SportsCenter**
11.15 **MLB Classic: 1988**
12.15 AM **CFB: LSU v Alabama 2012**
2.15 **ESPN SportsCenter**
2.30 **Most Memorable Game**
4.30 **MLB Classic**
5.30 **to 6.00** AM **In Depth**

Eurosport 1

410 410 864 | 521 | 412 435

7.00 AM **Ultimate Tennis Showdown** Round four.
8.00 **Tour de France: Froome 2015**
11.00 **Ultimate Tennis Showdown**
12.00 NOON **Wimbledon 2019**
1.30 PM **Olympics – Greatest Tennis Players**
2.00 **Tour de France: Froome 2015**
5.00 **Wimbledon 2019** Action from day 11 of the third Grand Slam of the year.
6.30 **Olympics – Greatest Tennis Players** Olympic tennis stars.
7.00 **Cycling: Road World Championships** The 2011 event from Copenhagen, Denmark.
8.00 **Tour de France: Froome 2015** Action from the sixth stage.
11.00 **World Poker Tour**
12.00 M'T **Snooker: O'Sullivan v Wilson** 2017 English Open final.
2.00 AM **Tour de France: Froome 2015** Action from the sixth stage.
5.00 **to 7.00** AM **Snooker: UK Championship Final 2016**

Eurosport 2

411 411 865 | 522 | 413 436

8.00 AM **Wimbledon 2016**
9.30 **Ultimate Tennis Showdown**
10.30 **Hall of Fame – Beijing 2008**
11.00 **Snooker: English Open Final**
1.00 PM **Football**
2.00 **Athletics: Diamond League**
3.00 **Snooker: Trump v Wilson**
5.00 **Speedway European Championship** Action from the first round in Torun, Poland.
6.00 **LIVE Speedway European Championship** Coverage of the second round of the campaign from Bydgoszcz, Poland.
8.30 **Superbikes: MotoAmerica**
10.00 **Superbikes: BSB Lockdown Lowdown**
11.30 **Bennetts British Superbikes**
12.00 M'T **Climbing World Championships**
2.00 AM **Hall of Fame – Athens 2004** The 2004 Olympics.
3.00 **Snooker: NI Open Final 2017**
5.00 **to 8.00** AM **Tour de France: Froome 2015**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Super League Gold**
7.00 **Super Rugby**
9.00 **Netball World Cup**
10.45 **WNBA**
12.30 PM **NBA Classic Games**
1.00 **Sporting Heroes: Ellery Hanley Interviews Frank Bruno**
2.00 **NRL Try Time**
3.00 **The Golden Point Vodcast**
3.30 **Wildfly Fishing**
4.00 **NBA: Utah @ LA Lakers**
6.00 **NBA Retro Games: 1998 NBA Finals Chicago Bulls Vs. Utah Jazz 'Game 6: The Movie'**
8.00 **NBA Heatcheck**
9.00 **NBA Retro**
11.00 **NBA Classic Games**
12.00 M'T **Wildfly Fishing**
12.30 AM **Super League Highlights**
1.00 **Sporting Heroes: Kriss Akabusi Interviews Daley Thompson**
2.00 **Netball World Cup**
3.45 **WNBA**
5.30 **to 6.00** AM **NBA Classic Games**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Austrian F3 GP: Race 1**
11.45 **Jenson's Memories**
11.55 **Karun Drives the W10**
12.05 PM **Austrian F3 GP: Race 2**
1.05 **Vettel In Fiorano**
1.20 **F1 Cars Through 1000 Races**
1.25 **Austrian F2 GP: Race 1**
2.45 **Karun Drives the W10**
2.55 **F1 Cars Through 1000 Races**
3.00 **Austrian F2 GP: Race 2**
4.05 **Williams Stock Car**
4.30 **Porsche Super Cup**
5.15 **Small Talk with Lewis Hamilton**
5.30 **Austrian F1 GP Highlights** The Austrian Grand Prix.
6.30 **Ferrari Challenge Europe**
8.30 **The Inside Line**
9.00 **Austrian F1 GP Highlights**
10.00 **The Inside Line**
10.30 **Austrian F1 Grand Prix**
12.45 AM **F1 Cars Through 1000 Races** Memorable cars.
12.50 **Lewis in the W196 with Martin** With Lewis Hamilton.
1.00 **to 6.00** AM **The Home of F1**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Thursday

9 July

Evening Planner

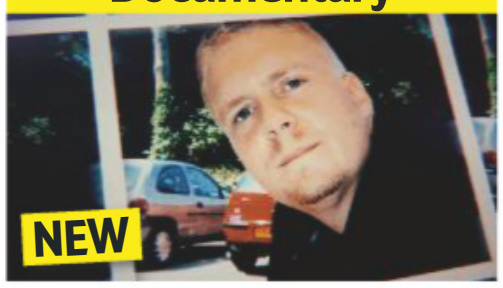
Crime drama

FBI
Sky Witness HD, 9pm
As series two of the police procedural starts, OA goes undercover when a bomb is set off at a restaurant he knows

Comedy drama

Get Shorty
Sky Atlantic HD, 9pm
Ray Romano returns for series three, which picks up two years on, with Rick and Amara relocating to Guatemala

Documentary



Manhunt: The Raoul Moat Story
ITV HD, 9pm
Meeting the family of victims, witnesses and journalists linked to the shootings

Comedy

There She Goes
BBC2 HD, 9.30pm
Series two of the dual time-frame comedy drama, with Bafta-winner Jessica Hynes, begins with a library trip

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Celebrity MasterChef		8.30 Talking Heads	9.00 Ambulance		10.00 News	
102 BBC2	7.00 Cricket: England v West Indies Test...		8.00 Wimbledon: The Best of the...		9.00 QI	9.30 There She Goes	10.00 What We Do in the Shadows	
103 ITV	7.00 You've Been...	7.30 Holidays...†	8.00 Britain's...	8.30 The Martin...	9.00 Manhunt: The Raoul Moat Story		10.00 News	
104 CHANNEL 4	7.00 News		8.00 The Supervet: Noel Fitzpatrick		9.00 National Treasure		10.00 The Man with the 10-Stone Testicles	
105 CHANNEL 5	7.00 Yorkshire: A Year in the Wild		8.00 The Red Arrows: A Year in the Sky		9.00 Battle of Britain: Our Finest Hour		10.00 The Royals in Wartime	
106 SKY ONE	◂ 5.30 Premier League – Live		8.00 The Simpsons		9.00 The Blacklist		10.00 Film: The Hurricane Heist	
ENTERTAINMENT								
116 BBC4	7.00 Yorkshire Walks	7.30 The Joy of...	8.00 Tess of the D'Urbervilles		9.00 Film: Borg vs McEnroe			
118 ITV2	7.00 Supermarket Sweep		8.00 Roswell, New Mexico		9.00 Love Island: Australia			10.15 Joel Dommett: Finding Emo
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 Outlander		10.10 8 Out of 10 Cats Does...	
135 E4	7.00 Hollyoaks...	7.30 Married at First Sight Australia			9.00 The Big Bang Theory		10.00 The Good...	10.30 Brooklyn...
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Ghost Whisperer		9.00 FBI		10.00 How to Get Away with Murder	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Get Shorty		10.10 Penny Dreadful: City of Angels	
110 GOLD	◂ 6.55 Only Fools and Horses					9.40 Bottom		10.20 Men Behaving Badly
111 DAVE	7.00 Richard Osman's...	7.40 QI			9.00 Live at the Apollo		10.00 Famalam	10.30 Sliced
119 ITV3	◂ 6.55 Downton Abbey		8.00 Midsomer Murders				10.00 Agatha Christie's Poirot	
120 ITV4	7.00 Tour de France ReCycled: Geraint's Tour		8.00 The Motorbike Show		9.00 Film: U.S. Marshals			
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Bad Teacher			
152 SYFY	7.00 A Town Called Eureka				9.00 Pandora		10.00 Film: 30 Days of Night	
109 W	7.00 Property Brothers: Forever Homes		8.00 Inside the Ambulance		9.00 999 Rescue Squad		10.00 Louis Theroux: Under the Knife	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Film: Forgetting Sarah Marshall			
124 FOX	7.00 NCIS				9.00 L.A.'s Finest		10.00 Family Guy	
122 SKY ARTS	7.00 BAFTA: Life in Pictures		8.00 Great Film Composers: The Music of...		9.00 The Directors		10.00 What She Said: The Art of Pauline Kael	
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Mighty Ships		9.00 Mysteries of the Deep		10.00 Legends of the Wild	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 Dr Jeff: Rocky Mountain Vet		9.00 Project Grizzly		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Food Factory		9.00 Wicked Tuna		10.00 Gathering Storm	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Counting Cars		9.00 Forged in Fire		10.00 Eating History	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Abandoned Engineering		9.00 Train Truckers		10.00 The World at War	
166 EDEN	7.00 Ganges		8.00 Earth: The Power of the Planet		9.00 The Zoo	9.30 Jungle Planet	10.00 Animal Homes	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.15 Frozen II		8.00 Sprinter				10.00 The Goldfinch	
303 HITS	7.00 Us				9.00 Downton Abbey			
304 GREATS	◂ 5.40 Captain Phillips		8.00 Philadelphia				10.10 The Green Mile	
305 DISNEY	7.00 Maleficent: Mistress of Evil				9.10 Mary Poppins Returns			
306 FAMILY	7.00 Four Kids and It				9.00 The Adventures of Sharkboy and Lavagirl			
307 ACTION	◂ 5.45 The Matrix Revolutions		8.00 The Rock					10.20 Overlord
308 COMEDY	◂ 6.00 O Brother, Where Art Thou?		8.00 Raising Arizona			9.50 The Big Lebowski		
309 THRILLER	◂ 6.25 Blood Diamond				9.00 Shutter Island			
310 DRAMA	◂ 5.40 The Hate U Give		8.00 Whiplash			9.50 Burning		
311 SCI-FI	◂ 6.40 Star Wars: Episode VI – Return of the Jedi				9.00 Star Wars: The Rise of Skywalker			
302 BLOCKBUSTERS	◂ 6.15 Despicable Me 2		8.00 Spider-Man: Far From Home					10.15 Gravity
313 FILM4	◂ 6.45 Back to the Future Part III				9.00 Independence Day: Resurgence			
315 TCM MOVIES	◂ 6.00 Battle of the Bulge				9.00 Demolition Man			
SPORT								
401 MAIN EVENT	◂ 5.30 Premier League – Live: Bournemouth v Tottenham Hotspur: From Vitality Stadium (Kick-off 6.00); Aston Villa v Manchester United: From Villa Park (Kick-off 8.15)							
402 PREMIER LEAGUE	◂ 5.30 Premier League – Live: Bournemouth v Tottenham Hotspur: From Vitality Stadium (Kick-off 6.00); Aston Villa v Manchester United: From Villa Park (Kick-off 8.15)							
403 FOOTBALL	◂ 4.30 EFL – Live	7.30 EFL Highlights	8.00 Aston Villa v Man United Watchalong – Live: From Villa Park (Kick-off 8.15)					10.30 SPFL Highlights
404 CRICKET		7.15 Cricket Debate	8.00 Test Cricket		9.00 Cricket Debate		10.00 Test Cricket	
413 BT SPORT 1	7.00 Turkish Super Lig – Live: Action from the Turkish Super Lig				9.00 WWE NXT			
414 BT SPORT 2	◂ 6.30 WWE Monday Night Raw				9.00 30 for 30 When the Garden Was Eden			10.30 O.J: Made in...

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Thursday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Rip Off Britain** New edition (S)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Caught Red Handed** (S)(R)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Heights** New episode (S)(AD)
2.15 **Impossible** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Home Is Where the Art Is** New edition 4/15. Artists pitch ideas to celebrate a buyer's dog. (S)(AD)
4.30 **The Repair Shop: Fixing Britain** New edition 4/15. Jay Blades looks at how immigration has shaped the UK. (S)(AD)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Ambulance

7 PM

7.00 **The One Show** Live magazine show featuring a mixture of celebrity chat and stories of interest. (S)
7.30 **Celebrity MasterChef** New edition 5/15. The cooks are asked to prepare identical dishes while separated, before a challenge at the McLaren Technology Centre. (S)(AD)
■ Continues tomorrow

8 PM

8.30 **Talking Heads** Series finale *The Shrine:* 12/12. Monica Dolan stars in the second of two new monologues written by Alan Bennett. (S)(AD)

9 PM

9.00 **Ambulance** New edition 5/6. A drink-driver has overturned his vehicle, there is a call-out to a possible assault on a 12-year-old, and a senior paramedic is dispatched to a man slumped in his car in the city centre. (S)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **Match of the Day** Gary Lineker presents highlights of the latest Premier League fixtures, including Everton v Southampton. (S)

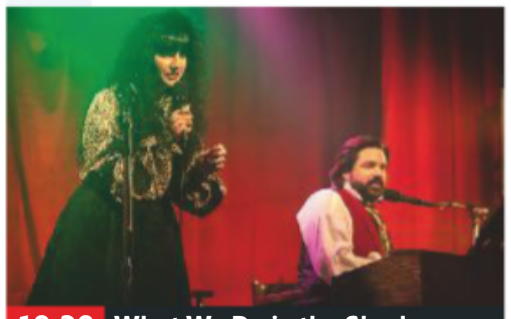
11.30 **The Coronavirus Newscast** Adam Fleming, Laura Kuenssberg and Fergus Walsh discuss the latest on the coronavirus pandemic. (S)
12.05 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.45 AM **The Repair Shop: Fixing Britain** (S)(R)(AD)
7.30 **Greatest Escapes to the Country** Properties in Cornwall. (S)(R)
8.00 **Sign Zone: Springwatch 2020** An unprecedented year. (S)(R)
9.00 **Into the Wild with Gordon Buchanan** (S)(R)(AD)
10.00 **BBC News** (S)
1.00 PM **The Boss** Quiz show. (S)(R)
1.45 **Terry and Mason's Great Food Trip** Birmingham. (S)(R)
2.15 **Wimbledon Rewind** New edition Featuring Serena Williams v Agnieszka Radwanska, and Pete Sampras v Pat Rafter. (S)
5.15 **Flog It!** (S)(R)
6.00 **Eggheads** Quiz show. (S)(R)
6.30 **Greatest Escapes to the Country** New edition 14/15. Conversions on *Escape to the Country*. (S)


10.20 What We Do in the Shadows

7.00 **Cricket: England v West Indies Test Match Highlights** Isa Guha presents action from the second day of the first Test in the three-match series, taking place at the Ageas Bowl in Southampton. With analysis from Michael Vaughan. (S)

8.00 **Wimbledon: The Best of the Championships** New edition Sue Barker is joined by Tim Henman and Boris Becker in the studio and by John McEnroe and Martina Navratilova via video link to look back at highlights. (S)

9.00 **QI** New episode 7/11. With Jessica Fostekew and Susan Calman. (S)
9.30 **NEW SERIES** **There She Goes** 1/5. Comedy drama about a family with a disabled daughter. *See feature, p12.* (S2) (S)(AD)

10.00 **What We Do in the Shadows** New episodes 7/10. The vampires help an enemy. (S)(AD)
10.20 8/10. Nadja and Lazslo revive their old act. (S2) (S)(AD)
10.45 **Newsnight** (S)

11.25 **Weather** (S)
11.30 **Pluto: Back from the Dead** New discoveries from the edge of the solar system are transforming what is known about Pluto, thanks to the *New Horizons* space probe which took the first close-up images of the planet. (S)(R)
12.30 AM **Sign Zone: Dragons' Den: Best Ever Pitches** (S)(R)(SL)(AD)
1.30 **Sign Zone: Inside the Factory: Keeping Britain Going** (S)(R)(SL)
2.30 **to 6.45** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Good Morning Britain with Lorraine** With Lorraine Kelly. (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson is in Walsall, West Midlands, where Aidan Pass tries to buy a set of romantic World War One postcards. (S)(R)
3.00 **Tenable** Quiz show hosted by Warwick Davis. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Britain's Brightest Celebrity...

7.00 **You've Been Framed!** New edition Comical clips narrated by Harry Hill. (S)
7.30 **Holidays: Where Should We Go? Tonight** New edition Prospects for British holiday-makers. (S)

8.00 **Britain's Brightest Celebrity Family** Series finale 7/7. Two families go head-to-head in the final. (S)
8.30 **The Martin Lewis Money Show: Live** Lockdown financial advice. (S)

9.00 **NEW Manhunt: The Raoul Moat Story** Nicky Campbell looks back at the 2010 search for Raoul Moat, who went on the run after shooting dead his ex-girlfriend's new partner. *See feature, page 20.* (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Long Lost Family: What Happened Next** Revisiting some of the programme's most incredible searches. (S)(R)(AD)

11.45 **Tenable** Quiz hosted by Warwick Davis. Five family members from Coventry compete. (S)(R)
12.35 AM **Ideal World**
3.00 **Holidays: Where Should We Go? Tonight** Helen Skelton explores prospects for British holiday-makers. (R)
3.25 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases heard in a studio courtroom. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** 11&12/27. (S9) (S)(R)
7.20 **Mike & Molly** 5&6/24. (S1) (S)(R)
8.05 **The Big Bang Theory** (S)(R)(AD)
9.00 **Frasier** 10–12/24. (S3) (S)(R)(AD)
10.30 **Come Dine with Me** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** (S)(R)
3.00 **A Place in the Sun** (S)(R)
4.00 **Sun, Sea and Selling Houses** (R)
5.00 **Four in a Bed** New edition Villa Farm Cottage in Lincolnshire. (S)
5.30 **Come Dine with Me** New edition The fourth meal in Cumbria. (S)
6.00 **The Simpsons** *Any Given Sundance:* Featuring the guest voices of Jim Jarmusch. (S)(R)(AD)
6.30 **The Simpsons** *Married to the Blob:* Comic Book Guy receives advice from Stan Lee. (S)(R)(AD)

8.00 The Supervet: Noel Fitzpatrick

7.00 **News** (S)

8.00 **The Supervet: Noel Fitzpatrick** New edition Catching up with some of the animals treated by Noel, including a cat with severely deformed front legs and a retriever puppy injured in a dog attack. (S)(AD)

9.00 **National Treasure** 1/4. Robbie Coltrane stars as Paul Finchley, one half of a comedy double act, whose life is turned upside down when he is arrested after an accusation of rape that dates back to the 1990s. (S1) (S)(R)(AD)

10.00 **The Man with the 10-Stone Testicles** The extraordinary story of Las Vegas man Wesley Warren Jr, whose testicles started swelling following an accident in 2008, meaning he could no longer live a normal life. (S)(R)(AD)

11.05 **First Dates** (S)(R)(AD)
12.05 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
12.55 **Couples Come Dine with Me** (R)
1.50 **Flirty Dancing** (S)(R)(AD)
2.40 **FILM Chasing Mavericks** Fact-based drama starring Gerard Butler and Jonny Weston. (S) (2012, PG, 120min) ★★★
4.40 **Car S.O.S** (S)(R)(AD)
5.25 **Kirstie's Handmade Treasures** (R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Can't Pay? We'll Take It Away!** A £3,500 debt. (S)(R)
12.10 PM **News** (S)
12.15 **The Golden Girls** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM **A Life of Deception** Thriller starring Emmanuelle Vaugier and Adam Hurtig. (S) (2017, PG, 105min) ★★
4.00 **Friends** 9&10/24. (S1) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** David and Aaron are thrilled Emmett is staying, until he vanishes. (S)(R)(AD)
6.00 **Home and Away** Evan's optimism in Ryder's presence grates on Roo. (S)(R)(AD)
6.30 **News** (S)

1.15 Home and Away

7.00 **Yorkshire: A Year in the Wild** As winter takes its toll, the grey seals at Ravenscar beach give birth, and short-eared owls land on the moors after long flights from north Europe. (S)(R)

8.00 **The Red Arrows: A Year in the Sky** Two pilots from the famous squadron attempt a series of manoeuvres for the first time as the team begin their training ahead of the RAF centenary celebrations. (S)(R)

9.00 **Battle of Britain: Our Finest Hour** Series finale 3/3. Dan Snow and Kate Humble tell the story of 15 September 1940 – the most decisive day in the battle, as the RAF had a final chance. (S)

10.00 **The Royals in Wartime** Recalling members of the Royal Family who have seen action on the frontline, and revealing how the House of Windsor risked life and limb to help the nation in World War Two. (S)(R)

11.55 **Hitler's Secret Underground Factory** Fighter aircraft. (S)(R)
1.00 **21.co.uk Live Casino Show**
3.00 **Access** Showbiz news. (S)
3.10 **The Railways That Built Britain with Chris Tarrant** (R)
4.00 **Great Scientists** (S)(SL)(R)
4.25 **House Doctor** (S)(SL)(R)
4.50 **Wildlife SOS** (S)(SL)(R)
5.15 **to 6.00** AM **The Wonderful World of Puppies** (S)(SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Business** (S)(R)(AD)
7.00 **RSPCA Animal Rescue** (S)(R)
8.00 **The Flash** (S1) (S)(R)
9.00 **Supergirl** (S1) (S)(R)
10.00 **The Simpsons** (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0**. (S2) (S)(R)
3.00 **Magnum P.I.** 16/20. Thomas and Higgins go undercover, and TC is shaken when he runs into his ex-girlfriend. (S2) (R)
4.00 **Modern Family** 11/22. Mitchell throws a slumber party for Lily's dance troupe. (S)(R) **4.30** 12/22. Jay decides to take up a new hobby. (S7) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 LIVE **Premier League** Bournemouth v Tottenham Hotspur: From the Vitality Stadium. Kick-off is at 6.00.

9.00 The Blacklist

LIVE **Premier League** (started at 5.30pm)

8.00 **The Simpsons** *Burns' Heir:* Mr Burns advertises for a son and heir, and Bart fits the bill. (R) **8.30** *Sweet Seymour Skinner's Baadasssss Song:* Bart's antics with his dog get Principal Skinner fired. (R)

9.00 **The Blacklist** New episode *Cornelius Ruck:* 12/18. Secluded on a private island, Red reunites with an old flame as he plots to make millions from a haul of stolen art. (S7)

10.00 FILM **The Hurricane Heist** Action thriller starring Toby Kebbell. Thieves attempt a major heist against the US Treasury as a Category 5 hurricane approaches. (2018, 12, 103min) ★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.00 M'T **Manifest** 12/13. Saanvi asks for assistance to protect herself from The Major. (S2) (R)
1.00 AM **The Force: North East** A sinister discovery is made. (S)(R)
2.00 **The Late Late Show with James Corden: Best of the Week** Chat show. (R)
3.00 **Brit Cops: Rapid Response** (R)
4.00 **Highway Patrol** (S)(R)
5.00 **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am Bargain Hunt (S) (R) **12.30-1.00pm** Wales Today Coronavirus Daily Update New edition (S) **8.30-9.00pm** Tudur's TV Flashback (S)(R)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations
WALES
Sky **971**, Freesat **971**
9.00pm Talking Heads Series finale (S) **9.30** QI New edition (S) **10.00** NEW SERIES There She Goes (S) **10.30-10.45** Grand Tours of the Scottish Islands (S)(R) **11.30** What We Do in the Shadows New episodes (S) **12.20-12.30am** Coast (S)(R)

ITV

As main ITV except:
WALES
7.00-7.30pm Wales This Week New edition (S) **10.45** You've Been Framed! New edition (S) **11.15** Wales on TV (S) (R) **11.45pm-12.35am** Long Lost Family: What Happened Next (S)(R)(AD)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.28pm** Y Tywydd **12.30** Datganiad Dyddiol COVID-19 New edition **1.00** Heno **1.30** Garddio a Mwy **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Cefn Gwlad (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ar Werth (AD) **6.30** Rownd a Rownd (AD) **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm **8.25** Rownd a Rownd (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Y Fets New edition (AD) **10.00** Goreuon Priodas Pum Mil (AD) **10.58** Y Tywydd **11.00** Caru Siopa (AD) **11.33-11.35pm** Y Tywydd

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Yorkshire Walks** 4/4. Shanaz Gulzar walks around the Bolton Abbey Estate.
7.30 **The Joy of Painting** New edition A serene lakeside.
8.00 **Tess of the D'Urbervilles** 4/4. The Durbeyfields are forced to accept Alec's help.
9.00 FILM **Borg vs McEnroe** Biopic following the rivalry between tennis stars Bjorn Borg and John McEnroe. Stars Sverrir Gudnason and Shia LaBeouf. (2017, 15, 105min) ★★★★
10.40 FILM **The History Boys** Comedy drama starring Richard Griffiths, Frances de la Tour and James Corden. (2006, 15, 109min) ★★★
12.30 AM **Rebel Women: The Great Art Fightback** The story of a revolutionary wave of feminist artists.
1.30 **The Joy of Painting**
2.00 **Yorkshire Walks**
2.30 **to 3.30** AM **Ian Hislop's Stiff Upper Lip: An Emotional History of Britain**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** Making a felt rug.
9.20 **A Place in the Sun: Winter Sun** In Florida.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau: The Great Outdoors**
1.15 **Building the Dream**
2.20 **Four in a Bed** Five editions.
4.55 **Find It, Fix It, Drive It**
5.55 **The Supervet**
6.55 **Escape to the Chateau: DIY** Dick Strawbridge and Angel Adoree give a crash course in the dos and don'ts of chateau shopping.
7.55 **Grand Designs** An update on a woodsman's cottage in Sussex.
9.00 **Outlander** New episode *The Deep Heart's Core:* 10/13. Jamie and Claire keep secrets from each other as they try to help Brianna process her recent trauma. However, they only serve to cause a bigger family rift. (S4)
10.10 **8 Out of 10 Cats Does Countdown** With Kathy Burke and Kevin Bridges.
11.10 **Father Ted**
12.15 AM **24 Hours in A&E** A 78-year-old man has difficulty breathing.
1.20 **Ramsay's Kitchen Nightmares USA**
2.15 **8 Out of 10 Cats Does Countdown**
3.20 **to 3.50** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Totally Bonkers Guinness World Records**
7.25 **Ellen DeGeneres Show**
8.05 **Emmerdale**
8.35 **Coronation Street**
9.05 **You've Been Framed!**
9.30 **Supermarket Sweep**
10.30 **Ellen's Game of Games**
11.30 **Dress to Impress**
12.30 PM **Emmerdale**
1.00 **Coronation Street**
1.30 **You've Been Framed!**
2.00 **Ellen DeGeneres Show**
3.00 **Dress to Impress**
4.00 **Supermarket Sweep**
5.00 **Ellen's Game of Games** New edition Game show.
6.00 **You've Been Framed!**
7.00 **Supermarket Sweep** A revival of the game show.
8.00 NEW SERIES **Roswell, New Mexico** *Stay (I Missed You):* 1/13. Liz focuses on moving out of Roswell with Rosa, who begins experiencing side effects from her resurrection. (S2)
9.00 **Love Island: Australia** A controversial challenge brings some to tears.
10.15 **Joel Dommett: Finding Emo** The comedian tries to re-form his teenage band.
11.15 **Family Guy** Double bill of the animated comedy.
12.10 AM **American Dad!**
1.10 **Timewasters**
1.40 **Iain Stirling's CelebAbility**
2.25 **to 3.25** AM **Release the Hounds**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Rules of Engagement**
7.00 **How I Met Your Mother**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Brooklyn Nine-Nine**
5.00 **The Goldbergs**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks Favourites** New episode Grace cannot be resuscitated.
7.30 **Married at First Sight Australia** New edition The remaining couples move in together.
9.00 **The Big Bang Theory**
10.00 NEW TO E4 **The Good Place** 1/13. Michael returns to give the gang a nudge in the right direction. *Previously on Netflix.* (S3)
10.30 **Brooklyn Nine-Nine** (S7)
11.00 **Buffy the Vampire Slayer**
12.00 M'T **Rick and Morty**
12.30 AM **Robot Chicken** New edition Animated comedy.
12.45 NEW SERIES **The Jellies!**
1.00 **Rick and Morty**
1.30 **Gogglebox**
2.30 **The Good Place**
2.55 **Brooklyn Nine-Nine**
3.20 **The Big Bang Theory**
5.00 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Thursday primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Air Ambulance ER**
9.00 **Blue Bloods** 4/22. (S2)
10.00 **Law & Order** 20/24. (S15)
11.00 **Criminal Minds** 20/20. (S3)
12.00 NOON **Elementary** 8/24. (S3)
1.00 PM **Blue Bloods** 5/22. Danny tries to juggle work and romance. (S2)
2.00 **Law & Order** 21/24. A police commissioner is implicated in two murders. (S15)
3.00 **Air Ambulance ER**
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

9.00 FBI

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Ghost Whisperer** *Mended Hearts:* 4/22. Melinda is approached by a spirit who was killed in a triathlon accident. (S1)

9 PM
9.00 **NEW SERIES FBI** *Little Egypt:* 1/19. OA goes undercover when a bomb detonates at a restaurant. (S2)

10 PM
10.00 **How to Get Away with Murder** New episode *Family Sucks:* Annalise intervenes in Michaela's business. (S6)
11.00 **Criminal Minds** (S13)
12.00 M'T **Ghost Whisperer** As 8pm.
11.00 **CSI** 22/24. (S9)
1.00 AM **CSI** (S9&6)
3.00 **The Good Doctor** 4/18. (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Frontline Crime UK**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Fish Town**
7.00 **Urban Secrets**
8.00 **Richard E Grant's Hotel Secrets** The actor visits Berlin.
9.00 **Elementary** 6/24. (S1)
10.00 **CSI** 1–3/24. (S6)
1.00 PM **Elementary** 8/24. (S1)
2.00 **Blue Bloods** 21&22/22. (S1)
4.00 **CSI** 4/24. The team investigate a suicide cult. **5.00** 5/24. A family of four disappears. **6.00** 6/24. A single mother is found dead in what appears to be a suicide. (S6)

9.00 Get Shorty

7.00 **Blue Bloods** *Mercy:* 1/22. Frank is asked to publicly downplay the significance of the murder of an event organiser.
8.00 **Blue Bloods** *Friendly Fire:* 2/22. Danny's actions are closely scrutinised by IA after he shoots an undercover cop. (S2)
9.00 **NEW SERIES Get Shorty** 1/7. Return of the comedy drama. *See feature, pg12.* (S3) *All eps available on Sky Box Sets and NOW TV.*
10.10 **Penny Dreadful: City of Angels** 2/10. Councilman Townsend capitalises on the conflict in the city for his political goals. (S1)
11.15 **The Sopranos** 10/13. Christopher and Tony Blundetto dispose of a corpse. **12.25** AM 11/13. Tony is haunted by his crimes. (S5)
1.35 **My Brilliant Friend** (S2)
4.00 **The British**
5.00 **to 6.00** AM **Storm City**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **Porridge**
7.45 **The Green Green Grass**
9.00 **Porridge**
9.40 **Are You Being Served?**
10.20 **Last of the Summer Wine**
12.20 PM **Only Fools and Horses**
1.00 **Porridge**
1.40 **Are You Being Served?**
2.20 **The Green Green Grass**
3.00 **Only Fools and Horses**
3.40 **Last of the Summer Wine**
5.40 **Are You Being Served?**
6.20 **The Green Green Grass** Tyler and Earl the dog go missing.

6.55 Only Fools and Horses

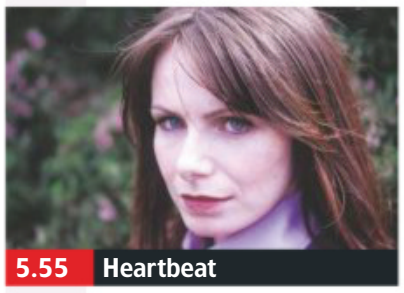
6.55 **Only Fools and Horses** Uncle Albert falls victim to muggers, so Del-Boy resolves to take the law into his own hands.
8.00 **Only Fools and Horses** Rodney and Albert worry the flat will get overcrowded once Raquel and Del's baby arrives.
9.00 **Only Fools and Horses** Rodney sets up a rival business with best mate Mickey Pearce.
9.40 **Bottom** Richie and Eddie become trapped on a fairground ride.
10.20 **Men Behaving Badly** Tony returns from holiday sporting a beard.
11.00 **Only Fools and Horses**
12.05 AM **Only Fools and Horses** As shown at 9.05pm.
12.40 **Bottom** As 9.40pm.
1.20 **Green Wing** 8/9. Mac, Guy and Martin make Caroline an offer she can't refuse. (S2)
2.25 **to 4.00** AM **Green Wing**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Heartbeat**
9.05 **Bless This House**
10.10 **That's My Boy**
10.40 **Midsomer Murders**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *Horses for Courses:* Mike joins forces with Scotland Yard when a gang of thieves arrive in Aidensfield.


5.55 Heartbeat

6.55 **Downton Abbey** 5/8. Simon Bricker returns to discuss the painting with Cora, but his flirting may have crossed the line. (S5)
8.00 **Midsomer Murders** *The Killings of Copenhagen:* The murder of Midsomer resident Eric Calder leads Barnaby and Nelson to Copenhagen. The pair join forces with local female detectives Birgitte Poulsen and Anna Degn in the hunt for the killer.
10.00 **Agatha Christie's Poirot** *The Clocks:* The body of a murder victim is discovered surrounded by stopped clocks.
12.05 AM **A Touch of Frost** *Appendix Man:* Jack dons his well-worn thinking cap to investigate when a man is found hanged – an unsolved case that returns to haunt him.
2.10 **to 3.20** AM **Agatha Christie's Poirot**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World Cup Rivalries: England v Argentina**
6.20 **Quincy ME**
8.05 **The Saint**
9.10 **Minder**
10.20 **The Professionals**
11.20 **The Sweeney**
12.20 PM **The Saint**
1.30 **LIVE ITV Racing** Coverage from Newmarket and York.
4.30 **Minder**
5.35 **The Professionals**
6.40 **World Cup Rivalries: Brazil v Italy**

5.35 The Professionals

7.00 **Tour de France ReCycled: Geraint's Tour** Highlights of stage 12 of the 2018 race, as the riders travelled 175.5km.
8.00 **The Motorbike Show** Henry Cole bikes through the Algarve and then joins Sam Lovegrove on the epic Pioneer Run.
9.00 **FILM U.S. Marshals** Action thriller sequel to *The Fugitive*, starring Tommy Lee Jones. A US Marshal pursues an escaped prisoner and discovers that he is an ex-CIA agent who has been framed. (1998, 15, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **FILM American Sniper** Biopic about sniper Chris Kyle, starring Bradley Cooper. A Navy SEAL finds life back on civvy street difficult to deal with after four tours of Iraq. (2014, 15, 132min) ★★★★
2.20 **to 2.50** AM **The Protectors**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Grand Tours of Scotland's Lochs**
7.30 **Beechgrove** New edition Carole Baxter demonstrates easy-to-grow strawberries.
8.00 **NEW SERIES The Great Food Guys** 1/8. Nick Nairn and Dougie Vipond cook Asian fusion food. (S2)
8.30 **Highland Road Rescue** An intimate portrait of a family-run roadside recovery business.
9.00 **The Nine**
10.00 **Frankie Boyle's Tour of Scotland**
10.30 **Nico's Menu Mission** New edition 3/4. Chef Nico Simeone moves on to Liverpool.
11.00 **Mirror Mirror** 5/12. Norrie recalls the downside of his old job.
11.30 PM **to 12.00** M'T **Fern Brady Goes Viral**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Celebrity Four Weddings**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **RSPCA Animal Rescue** Documentary.
1.00 **Vet Adventures**
3.00 **Babylon 5** (S4)
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** (S5)
8.00 **The Flash** *Crazy for You:* 12/23. Barry has a run-in with a telepathic metahuman. (S1)
9.00 **SEAL Team** 6/22. (S1)
10.00 **Ross Kemp: Extreme World**
11.00 **The Blacklist** (S7)
12.00 M'T **FBI** (S2)
1.00 AM **How to Get Away with Murder** (S6)
2.00 **Duck Quacks Don't Echo** Panel show.
3.00 **A League of Their Own**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Celebrity Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
11.00 **Road Wars**
12.00 NOON **Motorway Patrol** Double bill.
1.00 PM **Police Force: Aus**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
5.00 **Canada's Front Line**
5.30 **LIVE Premier League** Bournemouth v Tottenham Hotspur: Kick-off is at 6.00. *Freesat viewers can only see football on Pick HD.*
8.00 **Merlin** *Lamia:* 8/13. (S4)
9.00 **Magnum P.I.** (S1)
10.00 **Hunt For The Shoe Rapist**
11.00 **CSI** 6/25. (S5)
12.00 M'T **Road Wars**
1.00 AM **Brit Cops**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Projects**
8.00 **American Pickers**
9.00 **Storage Hunters**
10.00 **American Pickers**
12.00 NOON **Modern Wheels or Classic Steals**
1.00 PM **Top Gear**
2.00 **Expedition with Steve Backshall**
3.00 **Rick Stein's Long Weekends** In Vienna.
4.00 **Top Gear**
6.00 **Taskmaster**
7.00 **Richard Osman's House of Games**
7.40 **QI** Double bill.
9.00 **Live at the Apollo** With host Ardal O'Hanlon.
10.00 **Famalam**
10.30 **Sliced**
11.10 **Taskmaster**
12.15 AM **Mock the Week**
12.55 **QI** Double bill.
2.25 **Famalam**
2.50 **Live at the Apollo**
3.40 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle**
9.00 **Bob's Burgers**
10.00 **The King of Queens**
11.00 **Everybody Loves Raymond** Double bill.
12.00 NOON **Fresh Off the Boat** Double bill.
1.00 PM **Friends**
9.00 **FILM Bad Teacher** Comedy starring Cameron Diaz and Justin Timberlake. A gold-digging teacher will stop at nothing to find a rich husband. With Lucy Punch and Jason Segel. (2011, 15, 92min) ★★
11.00 **Bob's Burgers** (S10)
12.00 M'T **Russell Howard's Good News** The comedian's perspective on the news in 2013.
1.00 AM **8 Out of 10 Cats**
2.00 **Tez Ilyas: Comedy Central Live**
2.30 **Two and a Half Men**
3.25 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **Bachelor in Paradise**
8.50 **Be Beautiful**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.50 PM **Real Housewives of Beverly Hills**
1.50 **Million Dollar Listing New York: Ryan's Wedding**
2.40 **The Only Way Is Essex**
3.20 **Dallas Cowboys Cheerleaders**
4.10 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Don't Be Tardy** The family celebrate Kimmie's 40th birthday. **9.30** Kim finds herself struggling.
10.00 **Botched by Nature**
11.00 **Married to Medicine: Houston**
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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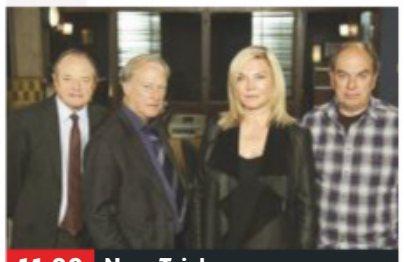
Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries** (S13)
9.00 **Father Brown** 13/15. (S5)
10.00 **The Doctor Blake Mysteries**
11.00 **New Tricks** 6/10. (S9)
12.00 NOON **Major Crimes** (S3)
1.00 PM **Unforgettable** 6/22. An oil heiress is murdered. (S1)
2.00 **Shakespeare & Hathaway – Private Investigators** 5/10. The local mayor is murdered in the dead of night. (S1)
3.00 **Murdoch Mysteries**
6.00 **Major Crimes** 15/19. A man in a Santa suit robs a bank. (S3)



11.00 New Tricks

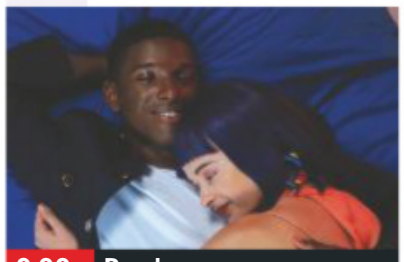
7.00 **Unforgettable** *Golden Bird:* 9/22. Carrie investigates the death of a teenage girl who fell from a building. (S1)
8.00 **Shakespeare & Hathaway – Private Investigators** *Toil and Trouble:* 5/10. The local mayor is murdered. (S1)
9.00 **Inspector George Gently** *Gently and the New Age:* The detective takes on his final case as he prepares to retire, which leads him to investigate a politician who is tipped to become the next prime minister.
11.00 **New Tricks** *Love Means Nothing in Tennis*: The death of a teenage tennis star occupies the team. Guest stars Tamzin Outhwaite.
12.20 AM **Maisie Raine** 4/6. (S1)
1.20 **Murdoch Mysteries** (S10)
3.10 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **A Town Called Eureka**
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S4)
1.00 PM **Star Trek: Voyager** 19&20/26. Double bill. (S4)
3.00 **Star Trek: Deep Space Nine** 11/26. Sisko returns to Earth. **4.00** 12/26. Sisko uncovers a plot among senior officers.
5.00 **Star Trek: The Next Generation** 7/26. Picard gets involved in a power struggle, and Worf confronts Duras. **6.00** 8/26. Riker wakes up 16 years in the future. (S4)



9.00 Pandora

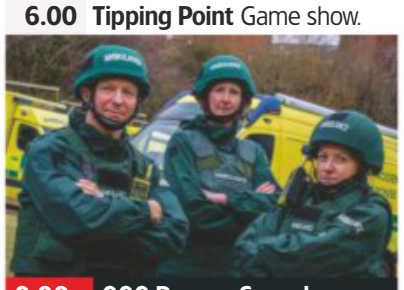
7.00 **A Town Called Eureka** *Do You See What I See:* 1/14. Carter and Allison risk being trapped as cartoons forever.
8.00 **A Town Called Eureka** *Lost:* 2/14. Henry tells Grace he suspects a thought-suppression device is being used. (S5)
9.00 **Pandora** New episode *Under the Red Sky:* 8/13. Xander enlists Jax on a dangerous mission which tests her feelings. (S1)
10.00 FILM **30 Days of Night** Horror thriller starring Josh Hartnett. (2007, 18, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Pandora** As 9.00pm.
1.00 **Star Trek: The Next Generation** As 5&6.00pm.
3.00 **Fact or Faked: Paranormal Files** A shape-shifting apparition in a pub.
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **The Three Day Nanny**
12.00 NOON **Property Brothers: Forever Homes** Jonathan and Drew help a couple whose kitchen is dated.
1.00 PM **Tipping Point**
4.00 **My Dream Home** A couple seeking a 'forever home' in an expensive neighbourhood. **5.00** A couple who want to find a downtown home.
6.00 **Tipping Point** Game show.



9.00 999 Rescue Squad

7.00 **Property Brothers: Forever Homes** Jonathan and Drew take on a living room, dining room, kitchen and powder room.
8.00 **Inside the Ambulance** A young man has a seizure and a police officer is involved in a car accident.
9.00 **999 Rescue Squad** Andy is called in to stand by as bomb disposal experts deal with a mortar dating back to the Boer War.
10.00 **Louis Theroux: Under the Knife** The broadcaster meets an eccentric cosmetic surgeon in California.
11.00 **Inside the Ambulance**
12.00 M'T **One Born Every Minute** An emergency C-section is required to deliver twins.
1.00 AM **Louis Theroux: Under the Knife** As 10.00pm.
1.50 **Top Chef**
2.35 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S6)
10.30 **30 Rock** (S4)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S1)
2.30 **Everybody Hates Chris** (S3)
3.30 **Parks and Recreation** (S6)
5.00 **30 Rock** 21/22. Jack's love triangle grows complicated. **5.30** 22/22. Liz meets the man of her dreams. (S4) **6.00** 1/23. Jack tries to help Liz maintain her relationship with Carol. (S5)
6.30 **Modern Family** 5/24. (S1)

8.30 The Mindy Project

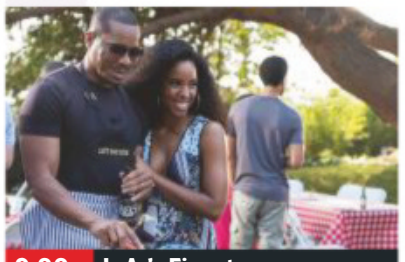
7.00 **Modern Family** 6/24. Jay and Gloria argue. (S1)
7.30 **The Mindy Project** 4/24. Mindy frantically searches for a Halloween costume.
8.00 **The Mindy Project** 5/24. Mindy asks Danny to be her new gynaecologist. **8.30** 6/24. Mindy and Morgan cook dinner. (S1)
9.00 FILM **Forgetting Sarah Marshall** Romantic comedy starring Jason Segel and Kristen Bell. A recently dumped man encounters his ex-girlfriend with her new rock star boyfriend at a Hawaiian resort. (2008, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.15 **Entourage** 7/20. Eric starts falling for the wrong girl. **11.55** 8/20. Vince is shocked to learn that his follow-up has been re-cut and edited. (S3)
12.35 AM **Ballers** 8/8. (S5)
1.15 **Bored to Death** 4/8. (S2)
1.55 **Parks and Recreation** (S6)
3.30 **to 5.00** AM **30 Rock**

+1 hour 113 113 813 | 122 121

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S3)
9.00 **Bones** 16/22. (S10)
10.00 **Bull** 1/22. (S3)
11.00 **NCIS** 10/20. (S17)
12.00 NOON **Bones** (S10)
2.00 PM **The Mentalist** 13/24. (S4)
3.00 **NCIS** 11/20. Gibbs must face the consequence of his actions after he assists Ziva. (S17)
4.00 **Bull** 2/22. (S3)
5.00 **Bones** 19/22. Arastoo is kidnapped by a powerful Iranian politician. (S10)
6.00 **The Mentalist** 14/24. (S4)



9.00 L.A.'s Finest

7.00 **NCIS** *Flight Plan:* 12/20. The team investigate the crash of a fighter aircraft and the subsequent disappearance of the pilot.
8.00 **NCIS** *Sound Off:* 13/20. A body is found at an unmanned aerial vehicle testing site, and the team suspect foul play. (S17)
9.00 **L.A.'s Finest** *Farewell:* 5/13. The team work to solve the mystery behind the murder of a transgender woman. (S1)
10.00 **Family Guy** 11/23. Brian dates a blind girl. **10.30** 12/23. Lois tries to save the life of Stewie's new best friend. (S10)
11.00 **American Dad!** (S2&3)
12.00 M'T **Family Guy** (S11)
12.30 AM **Family Guy** (S10)
1.00 **American Dad!** (S2)
2.00 **Family Guy** (S10)
3.00 **American Dad!** (S2)
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Thursday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 7/24. (S1)
7.10 **Hart to Hart**
9.10 **Days of Our Lives**
10.00 **Hart to Hart** (S2)
11.00 **Charlie's Angels** (S4)
12.00 NOON **Hart to Hart** (S5)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** 15/24. An officers' club is opened. **7.30** 16/24. Henry falls in love. (S2)
8.00 **Randall and Hopkirk (Deceased)** *Never Trust a Ghost:* 4/26. Marty witnesses a murder. (S1)
9.00 **Classic Who Wants to Be a Millionaire?** Quiz.
1.00 AM **Celebrity Who Wants to Be a Millionaire?** Quiz show.
2.00 **Charlie's Angels** (S4)
3.00 **M*A*S*H** 23/24. (S2)
3.30 **Due South** 9/18. (S2)
4.15 **Sony Movie News**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Berlioz: Symphonie Fantastique**
8.00 **Exhibition on Screen**
9.00 **Tales of the Unexpected**
10.00 **Landscape Artist 2018**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Comedy Legends**
3.00 **Landscape Artist of the Year 2018**
4.00 **Classic Albums**
5.00 **Discovering**
7.00 **Bafta: Life in Pictures**
8.00 **Great Film Composers: Music of the Movies**
9.00 **The Directors** New edition Ridley Scott.
10.00 **What She Said: The Art of Pauline Kael**
12.00 M'T **Pink Floyd – Live at Pompeii**
1.15 AM **Isle of Wight Festival Greatest Hits**
1.45 **Billie Eilish: Austin City Limits**
3.00 **Discovering**
4.00 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Couples Come...**
10.00 **A New Life in the Sun**
11.00 **A Place in the Sun**
12.00 NOON **A Place in the Sun: Summer Sun**
1.00 PM **Four in a Bed**
1.30 **Come Dine with Me**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier** 3&4/24. (S3)
4.00 **Couples Come...**
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Jimmy's Forest**
9.00 **Celebrity Gogglebox**
10.00 **Naked Attraction**
11.05 **George Clarke's Amazing Spaces**
12.10 AM **The Supervet: Noel Fitzpatrick**
1.15 **24 Hours in A&E**
2.20 **Bake Off: The Professionals**
3.25 **Sun, Sea and Selling Houses**
4.20 **to 4.50** AM **Jamie: Keep Cooking and Carry On**

5USA

141 141 153 21 129

9.10 AM **Murder, She Wrote**
10.10 **Castle** 20/23. (S7)
11.05 **Law & Order**
1.05 PM **Law & Order**
5.00 **NCIS** Four episodes of the drama including at: **7.00** *Stop the Bleeding:* 1/24. Gibbs fights for his life after being shot. **8.00** *Personal Day:* 2/24. The team work on a case to bring down a drug dealer. (S13)
9.00 **Law & Order: Special Victims Unit** *The Undiscovered Country:* 13/24. Detectives take sides in a family's right-to-die court case. (S19) **10.00** *Manhattan Transfer:* 17/23. An operation targets high-profile figures. (S17)
10.55 **Law & Order: Special Victims Unit** (S17)
1.55 AM **Remington Steele**
3.50 **to 4.00** AM **Access**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun**
9.10 **My Wife and Kids**
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Iceland: Britain's Biggest Budget Supermarket**
8.00 FILM **The Wedding Singer** Comedy. (1998, 12, 97min) ★★★★★
10.00 FILM **The Island** Sci-fi action thriller. (2005, 12, 136min) ★★★
12.40 AM **The Nightmare Neighbour Next Door**
1.40 **Nightmare Tenants, Slum Landlords**
2.40 **Will & Grace**
3.35 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Holby City**
11.00 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Foggy, Clegg and Compo plot to save dreary pal Smiler.
8.00 **Inspector Alleyn Mysteries** *Dead Water:* The sleuth's old teacher receives a death threat.
10.05 **New Tricks** *Trust Me:* A kidnapping case from 1992 is re-opened.
11.25 **Silent Witness**
2.00 AM **The Bill**
3.00 **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBS Drama

147 197 67 134

9.00 AM **NCIS: Los Angeles**
11.00 **CSI: Miami** 22/24. (S3)
12.00 NOON **CSI: NY** (S1)
1.00 PM **Bonanza** (S11)
3.00 **Perry Mason** (S9)
5.00 **Unsolved Mysteries**
7.00 **Judge Judy**
9.00 **Medium** *Burn Baby Burn – Part Two:* 8/16. Allison tries to find the link between her and Ariel's dreams. (S4)
10.00 **CSI: Miami** *Whacked:* 23/24. Valera's competence is called into question when an old murder case is reopened. (S3)
11.00 **Unsolved Mysteries** A plantation built on an Indian burial ground.
12.00 M'T **Judge Judy**
1.00 AM **ER** 17/22. (S3)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Urban Legends**
4.30 **Karma's a B****
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **CSI: Cyber** 11/13. (S1)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 10/26. (S3)
2.05 **CSI: Miami** 20/24. (S5)
3.00 **NCIS** 14/24. (S11)
4.00 **NCIS: Los Angeles** (S3)
5.00 **CSI: Cyber** 12/13. (S1)
6.00 **Perry Mason** (S1)
7.05 **NCIS** 17/24. (S10)
8.00 **Walker, Texas Ranger**
9.00 **CSI: NY** *All Access:* 21/24. Mac and Lindsay investigate when Kid Rock's limo driver is found dead. (S2)
10.00 **NCIS: Los Angeles** (S3)
11.00 **NCIS** 18/24. (S10)
12.00 M'T **CSI: Miami** (S5)
1.00 AM **CSI: NY** As 9.00pm.
1.55 **NCIS** As 11.00pm.
2.50 **Walker, Texas Ranger**
3.45 **CSI: Cyber** (S1)
4.25 **Mission: Impossible**
5.15 **to 6.00** AM **Dog Patrol**

+1 hour 69

Challenge

160 164 46 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill of the game show.
11.00 **Bruce Forsyth's Play Your Cards Right**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Strike It Lucky**
2.00 **Family Fortunes**
3.00 **Bruce's Price Is Right**
4.00 **Wheel of Fortune**
5.00 **Catchphrase**
6.00 **Bullseye** Double bill of the darts-based quiz.
7.00 **Pointless** Quiz hosted by Alexander Armstrong.
8.00 **The Chase** Quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **One Hundred and Eighty!** Darts-based game show, with professionals Phil Taylor and Gary Anderson.
12.00 M'T **The Chase**
4.00 AM **Strike It Lucky**
5.00 **to 6.00** AM **Bullseye**

Comedy Central Extra

127 182 308

6.00 AM **Friends** (S4)
6.25 **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Takeshi's Castle**
10.00 **Wipeout USA**
11.00 **Friends** (S10)
1.00 PM **Impractical Jokers**
1.25 **Impractical Jokers: Inside Jokes**
2.20 **Impractical Jokers**
2.45 **Impractical Jokers UK**
3.10 **The King of Queens**
5.00 **Two and a Half Men**
7.00 **Everybody Loves Raymond** (S3)
9.00 **Russell's Good News**
10.00 **Lee Evans Live**
11.30 **Fin Taylor: Comedy Central Live**
12.00 M'T **The Alternative Comedy Experience**
1.00 AM **Russell Howard's Good News**
3.00 **Lee Evans Live**
4.10 **Bob's Burgers** (S2)
4.30 **Fresh Off the Boat**
5.15 **to 6.00** AM **The Middle**

+1 hour 227

Sky Documentaries

114 114 814 277 353 368

6.00 AM **The Biggest Little Farm**
7.45 **My Icon**
8.00 **Too Young to Die**
9.00 **Discovering**
10.00 **The Directors**
11.00 **Fish Town**
12.00 NOON **Royalty Close Up**
1.00 PM **Too Young to Die**
2.00 **The Biggest Little Farm**
3.45 **My Icon**
4.00 **Discovering**
5.00 **The Directors**
6.00 **Fish Town**
7.00 **Hollywood Couples**
8.00 **The Sixties**
9.00 **The Putin Interviews**
10.15 **The Unknown Known**
12.15 AM **Newspaperman: The Life and Times of Ben Bradlee**
2.00 **Off Camera**
3.15 **PL Legends: Sol Campbell**
4.00 **Discovering: Gene Kelly**
5.00 **to 6.00** AM **Too Young to Die**

Sky Nature

130 130 893 279 385 372

6.00 AM **Ol Pejeta Diaries**
7.00 **Monkey Life**
8.00 **Monkey Island** New edition
9.00 **Over Australia**
10.00 **Wildest New Zealand**
11.00 **Rewilding**
12.00 NOON **Surviving the Amazon**
1.00 PM **Monkey Life**
2.00 **Monkey Island**
3.00 **Over Australia**
4.00 **Wildest New Zealand**
5.00 **Rewilding**
6.00 **Surviving the Amazon**
7.00 **Monkey Life**
8.00 **Mysteries of the Mekong** New edition
9.00 **Coastal Africa**
10.00 **Surviving the Amazon**
11.00 **Rewilding**
12.00 M'T **Malawi Wildlife Rescue**
1.00 AM **Guardians of the Wild**
2.00 **Mysteries of the Mekong** As 8.00pm.
3.00 **to 6.00** AM **Highlights**

E!

151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
9.00 **Total Bellas**
10.00 **News: Daily Pop**
10.30 **Dating: No Filter**
11.00 **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Kourtney & Kim Take New York**
4.00 **Hollywood Medium with Tyler Henry**
5.00 **Botched**
6.00 **Keeping Up with the Kardashians** Four editions, including at: **9.00** Khloe shares big news with her family.
10.00 **The Soup**
10.30 **Nightly Pop**
11.00 **Botched**
12.00 M'T **Temptation Island**
1.00 AM **Wags: LA**
2.00 **Teleshopping**
3.00 **Famously Single**
4.00 **to 5.00** AM **Kourtney & Kim Take New York**

Food Network

140 285 41 148

6.00 AM **Jamie's Super Food**
7.00 **Giada On The Beach**
8.00 **NEW SERIES Giada in Italy** Double bill.
9.00 **Valerie's Home Cooking** Double bill.
10.00 **Farmhouse Rules**
12.00 NOON **Jamie's Super Food** Triple bill.
1.30 PM **Jamie's Summer Food Rave Up**
2.00 **James Martin: Sweet**
3.00 **River Cottage Spring**
4.00 **Burgers, Brew & 'Que** New editions
5.00 **The Pioneer Woman**
6.00 **Ramsay's Ultimate Home Cooking**
7.00 **Nigel Slater's Simple Suppers** Double bill.
8.00 **River Cottage Spring**
9.00 **Rachel Khoo's Simple Pleasures** New editions
10.00 **John Torode's Australia**
11.00 **Mystery Diners**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Flipping Virgins**
7.50 **Storage Wars**
8.45 **Bring It!**
9.45 **Dance Moms**
10.45 **19 Kids & Outnumbered: Bringing Up Bates**
11.45 **Police Patrol**
1.10 PM **Pawn Stars**
2.05 **Storage Wars**
3.05 **Hardcore Pawn**
4.00 **Bring It!**
5.00 **Property Virgins** New edition
6.00 **Flipping Virgins**
7.00 **Dance Moms**
8.00 **19 Kids & Outnumbered: Bringing Up Bates** New edition Double bill.
9.00 **Vikings**
10.00 **Storage Wars**
10.55 **Hardcore Pawn**
11.50 **Pawn Stars**
12.45 AM **Police Patrol**
1.40 **Flipping Virgins**
2.35 **Hardcore Pawn**
3.30 **to 4.00** AM **Police Patrol**

Paramount Network

150 187 150 31 132

9.00 AM **Criminals: Caught on Camera**
9.30 **The A-Team**
11.25 **Knight Rider**
12.30 PM **FILM The Tall T** Budd Boetticher's action-packed Western. (1957, PG, 78min) ★★
2.10 **FILM Copper Canyon** Western with Ray Milland and Hedy Lamarr. (1950, PG, 84min) ★★
4.00 **The A-Team**
6.00 **Traffic Cops**
7.00 **Police Interceptors**
9.00 **Trucking Hell**
10.00 **Army Recruits: Squaddies at Breaking Point**
11.00 **Airport Security: Peru**
12.00 M'T **Mobs & Yobs: Caught on Camera**
1.00 AM **19-2**
3.00 **Street Hawk**
4.45 **Now That's Funny!**
5.35 **to 6.00** AM **Criminals: Caught on Camera**

+1 hour 250 94

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Patrol**
8.00 **Canada's Front Line**
9.00 **Border Security USA**
10.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Patrol**
1.00 PM **How I Caught the Killer**
2.00 **Murders That Shocked the Nation**
3.00 **Canada's Front Line**
4.00 **Road Wars**
5.00 **Brit Cops**
6.00 **Motorway Patrol**
7.00 **Snapped**
8.00 **Murders That Shocked the Nation**
9.00 **Killer in My Village**
10.00 **Snapped**
11.00 **Britain's Most Evil**
12.00 M'T **World's Most Evil**
1.00 AM **Motive for Murder**
2.00 **Snapped**
3.00 **Murders That Shocked the Nation**
4.00 **to 6.00** AM **Highlights**

+1 hour 221 207

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** Recalling the death of a US Presbyterian minister's wife. **7.30** The disappearance of a teenage girl.
8.00 **Murder for Hire** Two brothers turn on each other after commissioning an adult film.
9.00 **It Takes a Killer** Taking a look at murder cases from recent years.
10.00 **Evidence of Evil** A look into the murder of Rachel O'Reilly.
11.00 **Wives with Knives**
12.00 M'T **48 Hours: Mystery**
1.00 AM **It Takes a Killer**
2.00 **Evidence of Evil**
3.00 **I Survived**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Bondi Rescue**

+1 hour 246 71 201 136

Really

142 128 17 160

6.00 AM **The Sheriffs Are Coming: Compilation**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** In Wales.
9.00 **A Place in the Sun: Winter Sun**
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Homes Under the Hammer** As 8.00am.
2.00 **Escape to the Country**
3.00 **The Sheriffs Are Coming: Compilation**
4.00 **Animal Cops Houston**
5.00 **Animal Cops Phoenix**
6.00 **Antiques Road Trip**
9.00 **Portals to Hell** New edition An Ohio jail.
11.00 **Watching with the Osbournes: Portals to Hell**
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Auction Hunters**
8.00 **Curse of Oak Island**
9.00 **In Search Of**
10.00 **Ancient Aliens**
11.00 **Air Crash: Disasters Uncovered**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Pawn Stars**
2.00 **Hardcore Pawn**
3.00 **Curse of Oak Island**
4.00 **UFO Hunters**
5.00 **Ancient Aliens**
6.00 **Auction Hunters**
7.00 **Storage Wars: Texas**
8.00 **American Pickers**
9.00 **World's Toughest Prisons** In Bogota.
10.00 **Storage Wars**
11.00 **Auction Hunters**
12.00 M'T **Hardcore Pawn**
1.00 AM **Pawn Stars**
2.00 **American Pickers**
3.00 **Swamp People**
4.00 **Mountain Men**
5.00 **to 6.00** AM **Storage Wars: Texas**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: The Big Day**
8.00 **Say Yes to the Dress: UK** Double bill.
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides**
11.00 **Say Yes to the Vegas Dress** Double bill.
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
5.00 **Curvy Brides**
6.00 **Say Yes to the Dress**
7.00 **90 Day Fiancé** New edition A look back at the series' most shocking reveals. **8.00** New edition A look back at the series' biggest family feuds.
9.00 **Dr Pimple Popper**
11.00 **Cake Boss**
12.00 M'T **90 Day Fiancé**
2.00 AM **Dr Pimple Popper**
4.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT

153 152 54 133

9.10 AM **FILM Fatal Friend Request** Thriller with Bree Williamson. (2019, PG, 100min) ★★
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Dog Rescuers with Alan Davies**
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Highland Vet** Vets at practices in Thurso.
9.00 **Philip: The King Without a Crown**
10.00 **Wallis & Edward: Victims of Love**
12.00 M'T **The Dog Rescuers with Alan Davies**
1.00 AM **The Hotel Inspector**
2.00 **The World's Biggest Battleship: Draining the Ocean**
3.00 **The Dog Rescuers with Alan Davies**
3.55 **to 4.00** AM **Access**

Quest

144 144 831 169 12 114 172

6.00 AM **History in the Making** New edition
7.00 **EFL on Quest**
8.30 **Wheeler Dealers: Stripped Down**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Salvage Hunters: Classic Cars**
1.00 PM **Aussie Gold...**
2.00 **Deadliest Catch**
3.00 **American Pickers**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Vintage Voltage** New edition
10.00 **Chasing Classic Car**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **American Pickers**
2.00 **American Chopper**
3.00 **Ultimate Airport Dubai**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

6.00 AM **Say Yes... Atlanta**
7.00 **French Collection**
8.00 **Posh Pawn**
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **Disappeared**
3.00 **Reasonable Doubt**
4.00 **Say Yes... UK** F
6.00 **Curvy Brides Boutique**
7.00 **Long Lost Family US**
8.00 **My 600lb Life: Where Are They Now?**
9.00 **The Nolans Go Cruising**
10.00 **Born to Kill?** New edition
10.00 **Inside Death Row with Trevor McDonald**
11.00 **FBI Case Files**
12.00 M'T **Crime Stories**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

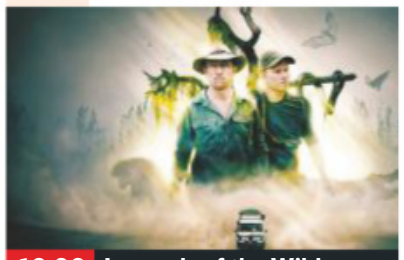
+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Insane Pools: Off the Deep End** A Mediterranean resort.
9.00 **Alaskan Bush People**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Rush: White Water**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**



10.00 **Legends of the Wild**

7.00 **Supertruckers** The team moves a huge cheese vat from a rural Welsh factory to Felixstowe in Suffolk for shipment abroad.

8.00 **Mighty Ships** The work that went into completing the *Norwegian Breakaway* cruise ship.

9.00 **Mysteries of the Deep** New edition Looking into the mystery surrounding the world's most infamous stretch of water.

10.00 **Legends of the Wild** New edition Damian Duffy and Matt Hoffman investigate a creature mutilating livestock.

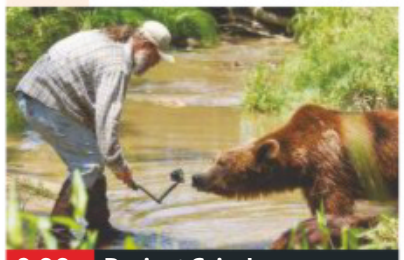
11.00 **NASA's Unexplained Files** A missing nuclear weapon.
12.00 M'T **Mysteries of the Deep**
1.00 AM **Legends of the Wild**
2.00 **Deadliest Catch**
3.00 **Mysteries of the Deep**
3.50 **Kindig Customs**
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cribs**
8.00 **Pit Bulls & Parolees**
10.00 **Crikey! It's the Irwins**
12.00 NOON **How Not to Become Shark Bait** Enthusiasts swim with sharks.
1.00 PM **My Cat from Hell**
2.00 **Coyote Peterson: Brave the Wild** The Yacare Caiman.
2.30 **Meet the Penguins**
3.00 **The Vet Life**
5.00 **The Zoo** A look at daily life in the Bronx Zoo.
6.00 **Bondi Vet** A lemur struggles with a tooth infection.



9.00 **Project Grizzly**

7.00 **Animal Cops Philadelphia** The team find eight dogs tied to metal chains and dog-fighting paraphernalia.

8.00 **Dr Jeff: Rocky Mountain Vet** A dog with a rare disease needs surgery – an operation Dr Jeff has never performed.

9.00 **Project Grizzly** When Bob slashes Jeff in the arm he is forced to reconsider the difficulty of them leaving the nest.

10.00 **Animal Cops Houston** A senior investigator is injured and rushed to hospital while carrying out a raid at a home.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **Nature's Strangest Mysteries: Solved**
2.00 **Dr Jeff: Rocky Mountain Vet**
3.00 **Animal Cops Houston**
3.50 **The Zoo** As 5.00pm.
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Supercar Megabuild**
9.00 **Supercars**
10.00 **Strippers: Cars for Cash**
11.00 **Air Crash Investigation**
12.00 NOON **Mayday**
1.00 PM **Hitler's Last Stand**
2.00 **Nazi Megastructures**
3.00 **Drain The Oceans: Lost Worlds of the Mediterranean** Ruins of ancient civilisations.
4.00 **Drain the Oceans** How the Japanese Empire became the dominant power in the Pacific.
5.00 **Car S.O.S**

8.30 **Food Factory**

7.00 **Air Crash Investigation** A reconstruction of the Continental Express Flight 2574's accident in Texas in September 1991.

8.00 **Food Factory** How many cakes can be made with 15 tons of cream cheese. **8.30** Using a vacuum to prepare roast duck.

9.00 **Wicked Tuna** Series finale There are just 48 hours left to secure final paychecks, and *Kraken* is leading the fleet.

10.00 **Gathering Storm** A super typhoon in the Pacific creates havoc for Japan, and the nation braces for impact.

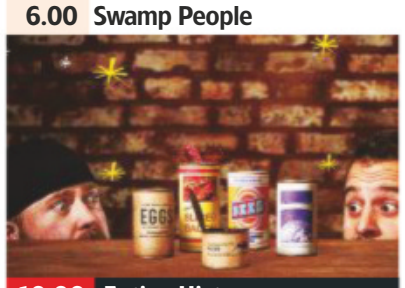
11.00 **Air Crash Investigation**
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: First Class** Two smuggling sisters break down under pressure.
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Cosmos: Possible Worlds**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Counting Cars**
11.00 **Ancient Aliens**
12.00 NOON **The Channel's Superguns**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars** Spencer Victory shows off an ancient Middle Eastern sword.
6.00 **Swamp People**



10.00 **Eating History**

7.00 **Forged in Fire** Four smiths are challenged with forging a Damascus knife using only steel wool and 1095 powder.

8.00 **Counting Cars** Projects include a 21st-century version of the General Lee Dodge Charger from *The Dukes of Hazzard*.

9.00 **Forged in Fire** New edition Two smiths are tasked with forging the Darb Sri Gun Chai – a huge Thai battle sword.

10.00 **Eating History** New editions Spacey spuds and revolutionary rice. **10.30** 'Slap testing' water rations from 1953.

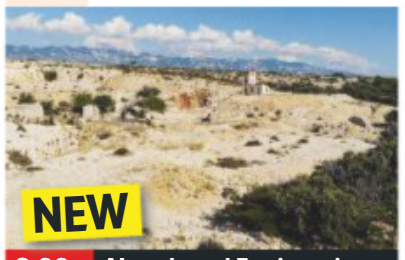
11.00 **Brothers in Arms** Constructing a suppressor for a Revolutionary War cannon.
12.00 M'T **Secret Wars Uncovered**
1.00 AM **Counting Cars**
2.00 **The Channel's Superguns**
3.00 **Forged in Fire**
4.00 **Swamp People**
5.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **Mike Hawthorn**
7.10 **Abandoned Engineering**
8.00 **Royal Murder Mysteries**
9.00 **World War Weird**
10.00 **Antiques Roadshow**
11.00 **Abandoned Engineering**
12.00 NOON **Great British Railway Journeys** Double bill.
1.00 PM **Antiques Roadshow**
2.00 **Natural Curiosities**
3.00 **The Architecture The Railways Built**
4.00 **Abandoned Engineering**
5.00 **WW2 – Battles for Europe**
6.00 **Nazi Hunters**



8.00 **Abandoned Engineering**

7.00 **Great British Railway Journeys** From Manchester to Bury. **7.30** The Embsay and Bolton Abbey railway.

8.00 NEW SERIES **Abandoned Engineering** Investigating what happened to a pirate city in Jamaica.

9.00 **Train Truckers** Documentary following the exploits of a family-run crew of heavy-haulage specialists.

10.00 **The World at War** How the myth of German invincibility was finally debunked by their defeat at the Battle of Stalingrad.

11.00 **Porridge** Fletcher helps new inmate Godber settle in. **11.40** Betting fever sweeps the prison. **12.20** AM Fletcher and Godber while away a night.
1.00 **WW2 – Battles for Europe**
2.00 **to 3.00** AM **Mike Hawthorn: On the Limit**

+1 hour 255 200 75

Thursday

7 PM

8 PM

9 PM

10 PM

Disc. History

171 257

6.00 AM **Wildest Indochina**
7.00 **100 Miles from Nowhere**
8.00 **Combat Dealers**
9.00 **American Revolution**
10.00 **How Trains Changed the World**
11.00 **100 Miles from...**
12.00 NOON **Blowing Up History**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the...**
3.00 **Combat Dealers**
4.00 **American Revolution**
5.00 **How Trains Changed the World**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **America: Facts vs Fiction**
10.00 **Blood and Fury: America's Civil War**
11.00 **America's Lost Vikings**
12.00 M'T **Expedition...**
1.00 **to 6.00** AM **Highlights**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.30 **Jungle Planet**
10.00 **Animal Homes**
11.00 **Africa**
12.00 NOON **Natural Curiosities**
1.00 PM **Ganges**
2.00 **Earth: The Power of the Planet**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **Animal Homes**
5.00 **Africa**
6.00 **Natural Curiosities**
7.00 **Ganges**
8.00 **Earth: The Power of...**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **Animal Homes**
11.00 **Africa**
12.00 M'T **Natural Curiosities**
1.00 AM **Ganges**
2.00 **Earth: The Power of...**
3.00 **The Zoo**
3.25 **Jungle Planet**
3.50 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **America's Wild Spaces**
12.00 NOON **Wild Animal A&E**
1.00 PM **Africa's Deadliest**
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Monster Croc Wrangler** Matt builds his biggest ever trap. **7.30** The team visit an area where crocodiles have sunk a boat.
8.00 **Africa's Wild Side** Animals that reshape their environment to suit their needs.
9.00 **Croc Caves of Africa** Following a mother crocodile and hippopotamus.
10.00 **Antarctica**
11.00 **Wild Nordic**
12.00 M'T **The Incredible Dr Pol** New edition
2.00 **to 5.00** AM **Africa's Deadliest**

Sky History 2

163 163 894 272 330 390

8.00 AM **Custer: The Final Mystery**
9.00 **The Colour of War**
10.00 **Lost Gold of WWII**
11.00 **How the Earth Was Made**
12.00 NOON **Ancient Aliens**
2.00 PM **Battles BC**
3.00 **Custer: The Final Mystery**
4.00 **The Colour of War**
5.00 **Dogfights**
6.00 **The Universe**
7.00 **Sean Bean on Waterloo** Napoleon's final defeat.
8.00 **In Search Of** People who claim to have moved through time.
9.00 **Last Days of the Nazis**
10.00 **The Lost Evidence**
11.00 **Deadliest Warrior**
12.00 M'T **Ancient Aliens**
2.00 AM **Last Days of the Nazis**
3.00 **The Lost Evidence**
4.00 **to 5.00** AM **In Search Of**

PBS America

174 273 91 155

8.00 AM **Beautiful Serengeti**
8.30 **The Story of China**
9.45 **The Dust Bowl**
10.50 **The Charge of the Light Brigade**
11.55 **Plane Resurrection**
1.00 PM **Beautiful Serengeti**
1.30 **The Story of China**
2.50 **The Dust Bowl**
3.55 **The Charge of the Light Brigade**
5.00 **Plane Resurrection**
6.10 **The Story of China**
7.30 **The Dust Bowl** The reclamation of land lost to the dust storms of the 1930s.
8.40 **The Charge of the Light Brigade** A reassessment of the ill-fated advance.
9.50 **Plane Resurrection**
11.00 **The Dust Bowl**
12.10 AM **The Charge of the Light Brigade**
1.25 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

166 166 839 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **I Knew My Murderer**
12.00 NOON **When Missing Turns to Murder**
1.00 PM **Nightmare in Suburbia**
2.00 **Murder for Hire**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour**
8.00 **I Knew My Murderer** New editions
9.00 **The First 48** New edition
10.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **The First 48**
2.00 **When Missing Turns to Murder**
3.00 **Murder for Hire**
4.00 **Fear Thy Neighbour**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

THURSDAY Films

Thursday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **PREMIERE Okko's Inn**
7.40 **Frozen II** As 6.15pm.
9.25 **Blood on Her Name**
10.55 **Buffaloed** Comedy drama. (2019, 15, 95min) ★★★
12.35 PM **The Heist of the Century** Comedy. (2020, 15) ★★★
2.35 **The Runaways** (2019) ★★★
4.35 **PREMIERE Okko's Inn** Animation. (2018, PG, 94min) ★★★ *See review, page 23*
6.15 **Frozen II** Animated sequel. (2019, U, 103min) ★★★★

6.15 Frozen II

8 PM

8.00 **Sprinter** Drama starring Lorraine Toussaint, David Alan Grier and Bryshere Y Gray. After being separated from his mother, a boy looks set to be Jamaica's next track-and-field sensation. (2018, 15, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **The Goldfinch** Drama with Ansel Elgort. A boy is taken in by a rich family after his mother is killed in a bombing at the Metropolitan Museum of Art. With Nicole Kidman. (2019, 15, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.30 AM **Beyond the River** Drama. (2017, 12, 113min) ★★
2.25 **Blood on Her Name** Thriller. (2019, 15, 85min) ★★★
3.55 **Standing Up, Falling Down** Comedy starring Billy Crystal. (2019, 15, 91min) ★★★
5.30 **to 6.00** AM **The Hurricane Heist: The Eye of the Storm**

Sky Cinema Disney

305 305 846 405 505

7.00 AM **The Sword in the Stone** Animation. (1963, U) ★★★
8.30 **The Aristocats** As 11.30pm.
10.00 **Finding Nemo** As 5.10pm.
11.50 **Maleficent: Mistress of Evil**
2.00 PM **Brother Bear** As 1.05am.
3.35 **Homeward Bound II: Lost in San Francisco** Adventure sequel. (1996, U, 88min) ★★
5.10 **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
7.00 **Maleficent: Mistress of Evil** Fantasy. (2019, PG) ★★★

7.00 Maleficent: Mistress of Evil

Maleficent: Mistress of Evil (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.10 **Mary Poppins Returns** Musical fantasy starring Emily Blunt and Dick Van Dyke. The practically perfect nanny returns, using her magical skills to dazzle the Banks family once again. (2018, U, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Aristocats** Animated musical adventure featuring the voice of Phil Harris. (1970, U, 78min) ★★★★★
1.05 AM **Brother Bear** Disney animated adventure featuring the voice of Joaquin Phoenix. (2003, U, 85min) ★★★
2.45 **Mary Poppins Returns** Musical fantasy, as 9.10pm.
5.05 **to 6.50** AM **Homeward Bound II: Lost in San Francisco** As 3.35pm.

Sky Cinema Family

306 306 847 406 506

7.10 AM **Four Kids and It** As 7pm.
9.10 **Toys & Pets** As 3.50am.
10.50 **Problem Child** As 12.15am.
12.25 PM **Return to Oz** As 1.50am.
2.25 **National Treasure** Adventure caper starring Nicolas Cage. (2004, PG, 131min) ★★★★
4.45 **National Treasure: Book of Secrets** Adventure caper. (2007, PG, 119min) ★★★
7.00 **Four Kids and It** Fantasy starring Matthew Goode. (2020, PG, 110min) ★★★

9.00 The Adventures of...

Four Kids and It (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Adventures of Sharkboy and Lavagirl** Fantasy adventure starring Taylor Lautner, Taylor Dooley, Cayden Boyd and David Arquette. (2005, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Look Who's Talking Too** Comedy sequel starring Kirstie Alley, John Travolta and the voices of Bruce Willis and Roseanne Barr. (1990, 12, 77min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Problem Child** Comedy. (1990, PG, 81min) ★
1.50 **Return to Oz** Disney sequel to *The Wizard of Oz*. (1985, PG, 110min) ★★★
3.50 **Toys & Pets** Animation. (2017, U, 98min) ★★
5.30 **to 7.05** AM **Look Who's Talking Too** As 10.45pm.

Sky Cinema Action

307 307 848 407 507

6.00 AM **The Karate Kid Part II**
8.00 **Doom: Annihilation** Fantasy. (2019, 15, 96min) ★★
9.40 **The Matrix Revolutions**
11.50 **Terminator Salvation** Sci-fi. (2009, 12, 110min) ★★★
1.50 PM **The Karate Kid Part II** Adventure. (1986, PG) ★★
3.45 **The Karate Kid: Part III** Adventure. (1989, PG) ★
5.45 **The Matrix Revolutions** Sci-fi action thriller. (2003, 15, 129min) ★★★

10.20 Overlord

8.00 **The Rock** Action thriller starring Sean Connery and Nicolas Cage. An FBI chemical weapons expert and a convict try to break into Alcatraz to foil a demented US Marine general who has seized the island. With Ed Harris, John Spencer and David Morse (1996, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

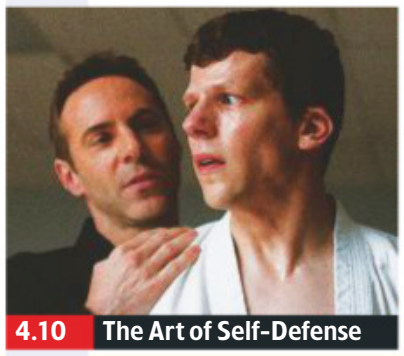
10.20 **Overlord** Thriller starring Jovan Adepo. US soldiers on a mission hours before D-Day stumble across a Nazi lab where bloodthirsty enemies are waiting for them. (2018, 18, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Beverly Hills Cop 3** Comedy thriller sequel. (1994, 15, 104min) ★★
2.15 **The Bourne Legacy** Spy thriller starring Jeremy Renner. (2012, 12, 129min) ★★★
4.40 **to 6.45** AM **The Karate Kid: Part III** As 3.45pm.

Sky Cinema Comedy

308 308 849 408 508

6.00 AM **O Brother, Where Art Thou?** As shown at 6.00pm.
7.50 **Raising Arizona** As 8.00pm.
9.40 **Big Daddy** As 1.40am.
11.20 **The Party's Just Beginning**
12.55 PM **A Serial Killer's Guide to Life** Comedy. (2019) ★★
2.20 **Crash Pad** As 11.55pm.
4.10 **The Art of Self-Defense** Comedy. (2018, 15) ★★★
6.00 **O Brother, Where Art Thou?** Offbeat period comedy. (2000, 12, 106min) ★★★★


4.10 The Art of Self-Defense

8.00 **Raising Arizona** Offbeat crime comedy starring Nicolas Cage and Holly Hunter as a childless couple who resort to kidnapping in their efforts to start a family. (1987, 12, 92min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **The Big Lebowski** Offbeat comedy thriller from the Coen brothers, starring Jeff Bridges and John Goodman. (1998, 18, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Crash Pad** Comedy starring Domhnall Gleeson and Christina Applegate. (2017, 15, 91min) ★★★
1.40 AM **Big Daddy** Comedy starring Adam Sandler. (1999, 12, 95min) ★★★
3.25 **The Party's Just Beginning** Comedy starring Karen Gillan, Lee Pace and Matthew Beard. (2017, 15, 91min) ★★★
5.10 **to 6.55** AM **Gideon** Drama. (1999, PG, 102min) ★★

primetime

Sky Cinema Hits

303 403 503

6.20 AM **Hop** As shown at 3.10pm.
8.00 **The Grinch** Animated fantasy. (2018, U, 85min) ★★★
9.30 **Mr Deeds** Comedy. (2002) ★★
11.10 **Christopher Robin** Adventure. (2018, PG, 104min) ★★★
1.00 PM **Downton Abbey** As 9pm.
3.10 **Hop** Comedy. (2011, U) ★★★
4.55 **The Kid Who Would Be King** Fantasy with Louis Ashbourne Serkis. (2019, PG, 120min) ★★★

7.00 **Us** Horror thriller starring Lupita Nyong'o. A family's life turns into a nightmare when a group of strangers begin to terrorise them. (2019, 15, 116min) ★★★★
9.00 **Downton Abbey** Drama based on the TV series, starring Hugh Bonneville and Maggie Smith. In 1927, Buckingham Palace informs the family that King George V and Queen Mary will visit Downton Abbey during a royal tour through Yorkshire. (2019, PG, 122min) ★★★★

11.10 **The Dead Don't Die** Comedy horror. (2019, 15, 104min) ★★
1.10 AM **Starship Troopers** Sci-fi fantasy. (1997, 18, 129min) ★★
3.25 **Battle: Los Angeles** Sci-fi. (2011, 12, 116min) ★★★
5.30 **to 7.20** AM **Evan Almighty** Fantasy. (2007, PG, 95min) ★★

Sky Cinema Greats

304 304 845 404 504

6.50 AM **That Thing You Do!** (1996)
8.45 **The Terminal** Comedy drama. (2004, 12, 129min) ★★★★
11.00 **Sleepless in Seattle** Comedy. (1993, PG, 105min) ★★★★★
12.50 PM **The Da Vinci Code** Thriller. (2006, 12, 149min) ★★★
3.20 **Angels & Demons** Mystery thriller. (2009, 12, 138min) ★★
5.40 **Captain Phillips** Thriller. (2013, 12, 131min) ★★★★★

8.00 **Philadelphia** Oscar-winning drama starring Tom Hanks and Denzel Washington. A gay lawyer takes his firm to court when he is sacked after his colleagues discover he has Aids. (1993, 12, 122min) ★★★
10.10 **The Green Mile** Supernatural prison drama starring Tom Hanks and David Morse. A Depression-era prison guard encounters a death-row inmate who possesses a magical gift. (1999, 18, 189min) ★★★★

1.15 AM **The Royal Tenenbaums** Comedy with Gene Hackman. (2001, 15, 110min) ★★★
3.15 **The Bodyguard** Thriller. (1992, 15, 129min) ★★★
5.30 **to 7.30** AM **The Goonies** Children's adventure. (1985, 12, 111min) ★★★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.35 **Operation Crossbow** (1965)
10.00 **Sherlock Holmes in Washington** (1943) ★★
11.35 **The Adventures of Sherlock Holmes** (1939) ★★★★★
1.30 PM **Battleground** War drama. (1949, b/w, PG, 118min) ★★★
4.00 **Shoot-Out at Medicine Bend** Western. (1957, b/w, U) ★★★
5.50 **Off Set**

6.00 **Battle of the Bulge** World War Two drama starring Henry Fonda and Robert Shaw. In December 1944, a Nazi panzer commander attempts to turn the tide of the war. (1965, PG, 141min) ★★★
9.00 **Demolition Man** Sci-fi action thriller starring Sylvester Stallone. A disgraced cop is released from cryogenic imprisonment into a pacifist future to catch a criminal. (1993, 15, 114min) ★★★

11.25 **U.S. Marshals** Action thriller. (1998, 15, 131min) ★★★
2.00 AM **Charro!** (1969, U) ★
3.45 **Ben Miller Off Set**
4.00 **to 6.30** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Who Done It?** (1955) ★
7.40 **Dilemma** Thriller. (1962) ★★
9.00 **The Adventures of Sir Lancelot**
9.30 **Operation Bullshine** (1959) ★★
11.15 **Oh Rosalinda!!** (1955) ★★
1.20 PM **Waverley Steps**
2.00 **Rooms**
2.30 **The Dummy Talks** (1943) ★★
4.10 **Glad Tidings** Drama. (1953) ★★
5.25 **The Court Jester** Comedy. (1955, U, 101min) ★★★★★

7.25 **Blowing Wild** Romantic melodrama starring Barbara Stanwyck as a headstrong woman married to a tycoon oilman but attracted to a rough prospector. With Gary Cooper. (1953, b/w, PG, 90min) ★★
9.10 **Harlow** Biopic of movie star Jean Harlow, charting her rise to fame and how her glamorous image contrasted with a troubled private life. Stars Carroll Baker and Red Buttons. (1965, 18, 125min) ★★

11.45 **Steaming** Social drama. (1985, 18, 95min) ★★
1.45 AM **Midnight Fear** Thriller. (1990, 18, 105min) ★★
3.30 **Minesweeper** War drama. (1943, b/w, U, 66min) ★★
4.45 **to 6.00** AM **Home to Danger** Thriller. (1951, b/w, PG) ★★

Horror

317 149 70 138

8.00 AM **Under the Dome** 13/13. (S2)
9.00 **Star Trek: The Next Generation** 20/22. (S2)
10.00 **Star Trek** 20/24. (S3)
11.00 **Island of Terror** Sci-fi horror. (1966, PG, 90min) ★★★
1.00 PM **The Thing... from Another World** Thriller. (1951) ★★★
3.00 **Space 1999** 16/24. (S2)
4.00 **Martian Land** Sci-fi drama. (2015, PG, 90min) ★

6.00 **Star Trek** 21/24. (S3)
7.00 **Star Trek: The Next Generation** 21/22. (S2)
8.00 **First Wave** *Eyes of the Gua:* 8/22. Mabus orders a series of ritual killings. (S3)
9.00 **The Frighteners** Quirky horror comedy starring Michael J Fox and Trini Alvarado. A swindling psychic falls under suspicion when the ghost of a dead serial killer continues his murderous spree from beyond the grave. (1996, 15, 110min) ★★★

11.10 **Dracula** Horror starring Peter Cushing. (1958, 12) ★★★★
12.50 AM **Bait** Australian horror thriller. (2012, 15, 91min) ★★★
2.40 **to 4.30** AM **Don't Blink** Horror. (2014, 15, 88min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.50 AM **My Cousin Vinny** Legal comedy starring Joe Pesci. (1992, 15, 119min) ★★★
9.05 **The Operative** Thriller. (2019, 15, 116min) ★★★
11.15 **Blood Diamond** As 6.25pm.
1.50 PM **Shutter Island** Mystery thriller, as shown at 9.00pm.
4.20 **Killerman** Action drama. (2018, 15, 112min) ★★★
6.25 **Blood Diamond** Thriller starring Leonardo DiCaprio. (2006, 15, 143min) ★★★★

9.00 Shutter Island

Blood Diamond (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

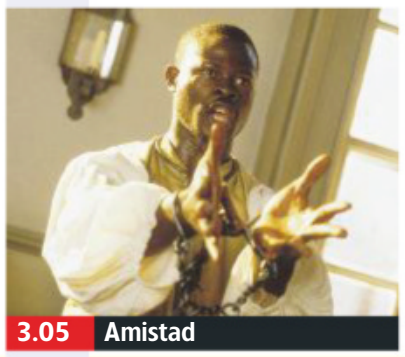
9.00 **Shutter Island** Mystery thriller starring Leonardo DiCaprio and Mark Ruffalo. In 1954, a US marshal investigates the disappearance of a patient from a hospital for the criminally insane on a remote island. (2010, 15, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Disturbing the Peace** Thriller with Guy Pearce and Devon Sawa. (2019, 15, 91min) ★
1.05 AM **Rise of the Footsoldier: Marbella** Action comedy starring Craig Fairbrass. (2019, 18, 85min) ★
2.45 **The Vanishing** Fact-based thriller starring Gerard Butler. (2018, 15, 107min) ★★★
4.45 **to 6.30** AM **Point Last Seen** Drama with Linda Hamilton. (1998, PG, 87min) ★★

Sky Cinema Drama

310 310 851 410 510

6.00 AM **White Boy Rick** Crime drama, as shown at 12.20am.
8.00 **The Hate U Give** As 5.40pm.
10.25 **Burning** As 9.50pm.
1.05 PM **Whiplash** As 8.00pm.
3.05 **Amistad** Steven Spielberg's historical drama starring Morgan Freeman, Anthony Hopkins and Djimon Hounsou. (1997, 15, 155min) ★★★
5.40 **The Hate U Give** Drama starring Amandla Stenberg. (2018, 12, 133min) ★★★★


3.05 Amistad

8.00 **Whiplash** Drama starring Miles Teller. A jazz drummer's dream of enrolling at a prestigious music academy turns into a nightmare thanks to his uncompromising tutor. With JK Simmons. (2014, 15, 104min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Burning** Korean drama starring Ah-in Yoo, Steven Yeun and Jong-seo Jun. The new boyfriend of a writer's old acquaintance sets alarm bells ringing. Subtitled. (2018, 15, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **White Boy Rick** Crime drama starring Bel Powley and Matthew McConaughey. (2018, 15, 111min) ★★★
2.15 **Changeland** Comedy drama with Seth Green and Brenda Song. (2019, 15, 86min)
3.45 **to 6.00** AM **Evita** Epic musical starring Madonna and Antonio Banderas. (1996, PG, 134min) ★★★

Sky Cinema Sci-Fi/Horror

311 411 511

6.00 AM **Star Wars: Episode V – The Empire Strikes Back**
8.10 **Star Wars: Episode VI – Return of the Jedi**
10.30 **Star Wars: The Rise of Skywalker** As 9.00pm.
12.55 PM **The Nun** (2018) ★★★
2.45 **The Curse of La Llorona** Horror. (2018, 15, 93min) ★★
4.30 **Star Wars: Episode V – The Empire Strikes Back** (1980)
6.40 **Star Wars: Episode VI – Return of the Jedi** (1983)

6.40 Star Wars: Episode VI...

Star Wars: Episode VI – Return of the Jedi (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

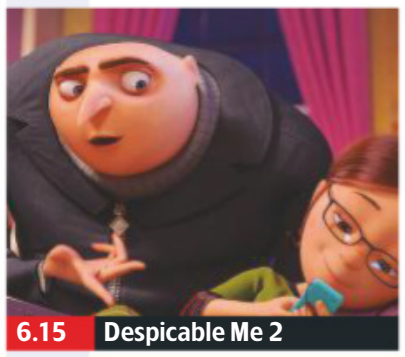
9.00 **Star Wars: The Rise of Skywalker** Fantasy adventure starring Daisy Ridley. Rey and the surviving members of the resistance face the evil First Order once more. With Adam Driver, Oscar Isaac and Ian McDiarmid (2019, 12, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Daniel Isn't Real** Horror thriller starring Miles Robbins. (2019, 15, 100min) ★★★
1.25 AM **Upgrade** Sci-fi thriller with Logan Marshall-Green. (2018, 15, 100min) ★★★★
3.20 **Evil Dead 2** Cult director Sam Raimi's tongue-in-cheek horror sequel starring Bruce Campbell and Sarah Berry. (1987, 18, 85min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Blockbusters

302 402 502

8.15 AM **Despicable Me 2** Animation, as 6.15pm.
10.00 **Spider-Man: Far From Home** Adventure, as 8.00pm.
12.15 PM **Gravity** As 10.15pm.
2.00 **Fast & Furious 5** Action thriller, as shown at 12.00m't.
4.15 **Thor** Fantasy adventure starring Chris Hemsworth. (2011, 12, 114min) ★★★
6.15 **Despicable Me 2** Animated comedy sequel. (2013, U, 97min) ★★★


6.15 Despicable Me 2

8.00 **Spider-Man: Far From Home** Fantasy adventure sequel with Tom Holland and Jake Gyllenhaal. The webslinger's vacation leads to a battle with elemental monsters from another dimension. With Samuel L Jackson. (2019, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Gravity** Space thriller starring Sandra Bullock and George Clooney. A novice astronaut becomes stranded in space during her first NASA mission. (2013, 12, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Fast & Furious 5** Action thriller starring Vin Diesel. (2011, 12, 130min) ★★★
2.15 AM **Thor** As 4.15pm.
4.15 **to 6.00** AM **Tarzan** Animated Disney adventure. (1999, U, 88min) ★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Distant Drums** Western. (1951, U, 99min) ★★
1.05 PM **Moonrise** Crime melodrama with Dane Clark. (1948, b/w, PG, 90min) ★★★
2.50 **Alvarez Kelly** Western. (1966, PG, 116min) ★★
5.00 **Carry On Teacher** Comedy. (1959, b/w, U, 86min) ★★★
6.45 **Back to the Future Part III** Time-travelling adventure. (1990, PG, 112min) ★★★★

6.45 Back to the Future Part III

Back to the Future Part III (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Independence Day: Resurgence** Sci-fi adventure starring Jeff Goldblum and Liam Hemsworth. Two decades after the world was saved from an alien attack, a second even deadlier invasion begins. (2016, 12, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.20 **Dawn of the Planet of the Apes** Sci-fi thriller sequel starring Andy Serkis and Jason Clarke. The leader of a colony of intelligent apes tries to prevent his tribe going to war against the human race. (2014, 12, 127min) ★★★★
1.55 **to 4.00** AM **She, a Chinese** Social drama. Subtitled. (2009, 18, 103min) ★★★

11 PM

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **Faster Than a Speeding Bullet** Documentary.
7.05 **Second Chance** (1953) ★★★
8.45 **The Loneliness of the Long Distance Runner** Drama. (1962, b/w, 12, 100min) ★★★★
10.55 **Waterloo** Drama. (1970) ★★★
1.35 PM **The Swimmer** Drama. (1967, PG, 94min) ★★★★★
3.30 **From Here to Eternity** Drama. (1953, b/w, PG) ★★★★★
5.50 **Birdman of Alcatraz** Prison drama starring Burt Lancaster as an imprisoned murderer who trains himself during long years of solitary confinement to become a world-renowned authority on birds. (1962, b/w, PG, 148min) ★★★★
9.00 **Mackenna's Gold** Western adventure about the search for a legendary canyon of gold. Stars Gregory Peck, Omar Sharif and Telly Savalas. (1968, 15, 136min) ★★★
11.40 **His Name Was King** Western. (1971, PG, 90min) ★★
1.10 AM **The Wrong Box** Comedy. (1966, U, 101min) ★★★
3.15 **Machine-Gun Kelly** (1958) ★★
4.40 **to 6.00** AM **Strongroom** (1961)

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **The Perfect Marriage** Thriller. (2006, PG, 91min) ★★
11.00 **Fatal Trust** Medical thriller. (2006, PG, 89min) ★★
1.00 PM **Lost Letter Mysteries: Truth Be Told** Drama. (2015, PG, 110min) ★★
2.50 **Demons from Her Past** Thriller. (2007, 15, 93min) ★★
5.05 **Paul Blart: Mall Cop 2** Comedy. (2015, PG, 92min) ★★
7.00 **Here Comes the Boom** Sports comedy starring Kevin James and Salma Hayek. A jaded high-school biology teacher becomes a cage fighter in a bid to raise the money to save his school's music programme. (2012, 12, 103min) ★★★
9.00 **Darkman** Fantasy thriller starring Liam Neeson as a disfigured scientist who begins a new life as shadowy superhero Darkman. With Larry Drake. (1990, 18, 95min) ★★★
10.55 **Hitman Redemption** Thriller. (2018, 15, 104min) ★★
1.10 AM **Replicant** Sci-fi action thriller. (2001, 18, 96min) ★
3.15 **to 6.00** AM **Seven Years in Tibet** Adventure. (1997) ★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Station West** (1948) ★★★
7.50 **The Bridge** Drama. (1969) ★★
9.50 **Ike: Countdown to D-Day** Historical drama. (2004) ★★★
11.35 **Strongroom** Thriller. (1961) ★★
1.15 PM **A Lawless Street** (1955)
2.55 **Appointment In Berlin** Drama. (1943, U, 77min) ★★
4.35 **The Desert Rats**
5.35 **Paratroop Command** War adventure. (1959, b/w, PG) ★★
7.05 **Metal Tornado** Sci-fi disaster movie starring Lou Diamond Phillips. A scientific experiment goes wrong, creating a giant magnetic tornado that devours anything made of metal. (2011, 15, 86min) ★★
9.00 **Sniper: Legacy** Action thriller sequel with Chad Michael Collins and Tom Berenger. Father and son sharpshooters join forces to bring down a gunman assassinating military officers. (2014, 15, 94min) ★★
11.05 **The Shepherd** Action thriller. (2008, 15, 91min) ★★
12.55 AM **The Exterminators** Sci-fi adventure. (2013, 15, 90min) ★
2.35 **to 4.00** AM **Stranger in My Bed** Thriller. (2005, 15) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **A Nutcracker Christmas** Drama. (2016, U, 86min) ★★
9.00 **Christmas Festival of Ice** Drama. (2017, PG, 90min) ★★
11.00 **A Hero's Christmas** (2018) ★★
1.00 PM **Picture a Perfect Christmas** Drama. (2019) ★★
3.00 **Christmas at the Plaza** Comedy. (2019, PG, 84min) ★★
5.00 **Christmas at Holly Lodge** Drama. (2017, U, 90min) ★★
7.00 **The Most Wonderful Time of the Year** Romantic drama starring Brooke Burns. A single mother meets a stranger and learns to love Christmas. (2008, PG, 86min) ★★★
9.00 **Christmas Coincidence** Romantic drama starring Kimberley Sustad. After accepting her boyfriend's proposal, a woman takes a trip to Martha's Vineyard, where she falls for a charming inn owner. (2018, PG, 120min) ★★
11.00 **Christmas by the Book** Drama. (2018, PG, 90min) ★★
1.00 AM **A Nutcracker Christmas**
3.00 **to 5.00** AM **Christmas at Graceland: Home for the Holidays** Comedy. (2019) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

8.00 PM **The Wedding Singer** *5STAR* Offbeat romantic comedy starring Adam Sandler and Drew Barrymore. ★★★★★
9.00 **U.S. Marshals** *ITV4* Thriller sequel to *The Fugitive*. ★★★
9.00 **Forgetting Sarah Marshall** *Sky Comedy* Comedy. ★★★★
9.00 **Bad Teacher** *Comedy Central* Comedy with Cameron Diaz. ★★
9.00 **Borg vs McEnroe** *BBC4* Biopic starring Sverrir Gudnason and Shia LaBeouf. ★★★★
10.00 **The Hurricane Heist** *Sky One* Thriller starring Toby Kebbell. ★
10.00 **The Island** *5STAR* Sci-fi action thriller starring Ewan McGregor and Scarlett Johansson. ★★★
10.00 **30 Days of Night** *Syfy* Horror thriller based on a graphic novel, starring Josh Hartnett and Melissa George. ★★
10.40 **The History Boys** *BBC4* Comedy adapted from Alan Bennett's hit stage play. ★★★
11.40 **American Sniper** *ITV4* Biopic about sniper Chris Kyle, starring Bradley Cooper. ★★★★
2.40 AM **Chasing Mavericks** *C4* Fact-based drama about surfing prodigy Jay Moriarty. ★★★

THURSDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Sky Sports News**
7.00 **Total Goals**
8.00 **Fighting Fit 2020**
8.30 **Fit In 5: Leg Attack**
8.40 **Fit In 5: Abs & Core 1**
8.50 **Fit In 5: High Intensity Interval Training 2**
9.00 **Total Goals**
10.00 **My Icon**
10.15 **My Icon** Michael Campbell discusses the individuals that have inspired him over his life.
10.30 LIVE **Test Cricket England v West Indies.** Coverage of day two of the first Test in the three-match series, held at Ageas Bowl in Southampton.
5.30 PM LIVE **Premier League Bournemouth v Tottenham Hotspur.** Coverage of the fixture at the Vitality Stadium. Kick-off **6.00pm**.
8.00 LIVE **Premier League Aston Villa v Manchester United.** All the action from the top-flight encounter at Villa Park. Kick-off **8.15pm**.
10.45 **PL Greatest Games** Arsenal v Tottenham Hotspur from 2010.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Michael Owen**
7.30 **PL Legends: Gianfranco Zola**
8.00 **Best PL Goals: Merseyside Derby** Memorable strikes.
8.30 **Best PL Goals: Manchester Derby** Memorable goals.
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Premier League**
2.30 PM **PL Greatest Games**
2.45 **Premier League**
5.30 LIVE **Premier League Bournemouth v Tottenham Hotspur.** Coverage from the Vitality Stadium. Kick-off **6.00pm**.
8.00 LIVE **Premier League Aston Villa v Manchester United.** Coverage of the top-flight match at Villa Park. Kick-off **8.15pm**.
10.45 **Premier League World**
11.15 **PL Greatest Games**
11.30 **Premier League Icons**
12.00 M'T **Best PL Goals 04/05**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 07/08**
5.00 **Best PL Goals: Merseyside Derby** Memorable strikes.
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **Highlights**
9.15 **SPFL Greatest Games**
9.30 **Football's Greatest Players**
10.00 **Football Countdowns**
10.30 **Football Years**
11.00 **Championship Review 14/15**
12.00 NOON **EFL Greatest Games**
12.45 PM **SPFL Greatest Games**
1.00 **Football's Greatest Players**
1.30 **Football Countdowns**
2.00 **Football Years**
2.30 **Championship Review 15/16**
3.30 **EFL Championship Highlights**
4.30 **EFL**
7.30 **EFL Highlights**
7.45 **EFL Championship Highlights**
8.00 LIVE **Aston Villa v Man United Watchalong** A chance to see the Premier League match at Villa Park alongside fans and celebrities. Kick-off **8.15pm**.
10.15 **SPFL Greatest Games**
10.30 **SPFL Highlights**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Final 18**
12.30 AM **EFL Best Championship Goals 2017/18**
1.00 **EFL Play Off Final C'Ship**
2.00 **Play-off Final Highlights**
3.00 **Championship Review 13/14**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Captain's Log**
7.00 **Viv Richards: Through His Eyes**
8.30 **Test Cricket** Highlights from the first day of the first Test in the three-match series, taking place at Ageas Bowl in Southampton.
9.30 **Cricket Debate**
10.15 **Test Cricket Bitesize**
10.30 LIVE **Test Cricket England v West Indies.** Coverage of the opening day of the first Test in the three-match series, held at Ageas Bowl in Southampton.
7.00 PM **Test Cricket Bitesize**
7.15 **Cricket Debate** Highlights from England v West Indies.
8.00 **Test Cricket** As 10.00pm.
9.00 **Cricket Debate**
9.45 **Test Cricket Bitesize**
10.00 **Test Cricket** England v West Indies: Action from the second day of the first Test in the three-match series, taking place at Ageas Bowl.
11.00 **Cricket Debate**
11.45 **Test Cricket Bitesize**
12.00 M'T **Captain's Log**
1.00 AM **Vitality T20 Blast Cricket** Middlesex v Surrey: The South Division match from Lord's.
5.00 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **PGA Tour Golf** Highlights from the John Deere Classic.
7.00 **European Tour Golf** The 2013 Scottish Open: Highlights of the fourth and final round held at Castle Stuart in Inverness.
8.00 The 2014 Scottish Open: Action from the fourth and final round held at Royal Aberdeen.
9.00 **Golf Vodcast**
10.00 **PGA Tour Golf** Another chance to see the action from the Rocket Mortgage Classic in Detroit.
11.00 **PGA Tour: The Cut** A look behind the scenes of the tour.
11.30 **Golf Vodcast** Enjoy this series of golf vodcasts with some of the biggest names from the sport.
12.30 PM LIVE **PGA Tour Golf** Coverage of the featured groups on the opening day of the Workday Charity Open from Muirfield Golf Club in Dublin, Ohio.
8.00 LIVE **PGA Tour Golf** Further coverage of the Workday Charity Open taking place at Muirfield Golf Club in Dublin, Ohio.
11.00 **European Tour Golf**
2.00 AM **PGA Tour Golf**
3.00 **European Tour Golf**
5.00 **to 6.00** AM **PGA Tour Golf**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Badminton Unlimited**
6.30 **Premier League**
9.30 **ESPN FC** Football news.
10.00 **Premier League 100**
10.30 LIVE **AFL** Action from the Australian Football League.
1.30 PM **Fishing: On The Bank**
2.30 **German Cup Football** Coverage of the DFB-Pokal final as Bayer Leverkusen and Bayern Munich meet at the Olympiastadion.
4.00 **Turkish Super Lig**
7.00 LIVE **Turkish Super Lig** Action from the Turkish Super Lig.
9.00 **WWE NXT** All the action as the next generation of Superstars showcase their talents.
10.45 **Bundesliga Special** A review of the 2019/20 Bundesliga season as Bayern Munich won their eighth successive title.
11.45 **Ligue 1 Goals Of The Season**
12.00 M'T **FIM CEV Repsol** Action from the opening round of the FIM CEV Repsol International Championship at the Circuito do Estoril, featuring coverage of the Moto2, Moto3 and superbike classes.
4.30 AM **Bundesliga Special**
5.00 **to 6.00** AM **Fishing: On The Bank**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **BT Sport Goals Reload**
6.30 **Gearing Up**
7.00 **WWE Raw**
9.00 **Turkish Super Lig**
12.01 PM **MotoGP Films: Great Moments**
1.30 **ESPN Films: Baltimore Boys**
3.00 **30 for 30: Brian and The Boz**
4.30 **Badminton Unlimited**
5.00 **WWE Friday Night SmackDown**
6.30 **WWE Monday Night Raw** Watch Becky Lynch, Kevin Owens, Charlotte Flair, Seth Rollins and more of your favourite WWE Superstars face-off inside the ring on *WWE Monday Night Raw*.
9.00 **30 for 30 When the Garden Was Eden** This *30 for 30* documentary chronicles the glory years of the New York Knicks, when they made the NBA Finals in three out of four seasons, winning two titles.
10.30 **O.J. Made in America** Episode five examines OJ's life in the years that followed his murder acquittal.
12.30 AM **Celtics/Lakers: Best of Enemies**
5.30 **to 6.00** AM **In Depth with Graham Bensinger**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **The Big Match Revisited – 1974/75** Four editions.
10.00 **Classic Premier League**
12.00 NOON **FA Cup Final Classics**
1.00 PM **Classic Bundesliga**
2.30 **MotoGP Classics: Suzuka 1995** The 1995 Japanese GP.
3.30 **MotoGP Classics: Assen 1995**
4.30 **UCL Stories of the Finals**
5.30 **UEFA Champions League – Classics** The 2007/2008 group stage match between Lyon and Rangers at Stade Gerland.
6.00 **UEFA Champions League Goals Show Retro** Manchester United's Champions League clash with Real Madrid from the 2002/2003 season.
7.00 **AFL**
9.00 **UFC Countdown**
10.00 **Dan Hardy's Open Mat**
10.30 **UFC Reloaded** Eddie Alvarez and Rafael dos Anjos: Action from the lightweight bout in 2016.
12.15 AM **UFC Countdown**
1.15 **Dan Hardy's Open Mat**
1.45 **UFC Classics: Brock Lesnar**
2.45 **Sport in Focus: Dubois v Jones**
3.00 **WRC Review: Rally Germany 2018** Action from Rally Germany.
4.00 **to 6.00** AM **Irish Rally Review**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **NFL: America's Game**
8.00 **World Grand Prix Darts**
10.00 **Fight Night Classics** Jawaid Khaliq v Maxim Nesterenko.
11.00 **Fight Night Classics** Johnny Armour v Francis Ampofo.
12.00 NOON **NFL: Texans Tuesday**
1.00 PM **NFL: Wildcard 2019 Hlts**
2.00 **Inside the Huddle**
3.00 **Grand Slam of Darts** Another chance to see the action from the sixth day of the event.
7.00 **NFL: Battle To The Super Bowl 2018** New Orleans Saints v Los Angeles Rams: Action from the NFC Conference Championship at Mercedes-Benz Superdome.
8.00 **Inside the Huddle**
9.00 **Fight Night** Katie Taylor v Jessica McCaskill: Another chance to see the bout for the WBA Lightweight Title, at the York Hall in Bethnal Green, London.
11.00 **Fight Night International** Katie Taylor v Rose Volante.
12.00 M'T **Inside the Huddle**
1.00 AM **NFL: America's Game** A look at the 1995 Super Bowl.
2.00 **World Grand Prix Darts**
4.00 **to 6.00** AM **Fight Night Classics**

Sky Sports Mix

145 145 838 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Greats**
7.30 **School of Golf**
8.00 **Fighting Fit 2020**
8.30 **Fit In 5**
9.00 **S/lge: 2018 Rerun**
9.30 **S/Lge: 2019 Highlights**
9.45 **S/Lge: Season So Far**
10.00 **S/Lge Retro**
12.00 NOON **World Matchplay Darts**
3.00 PM **My Icon**
4.00 **Sporting Greats**
4.30 **School of Golf**
5.00 **Fighting Fit 2020**
5.30 **Fit In 5**
6.00 **S/lge: 2018 Rerun**
6.15 **S/lge: 2018 Rerun**
6.30 **S/Lge: 2019 Highlights**
6.45 **S/Lge: Season So Far**
7.00 **S/Lge Retro** Warrington Wolves v Leeds Rhinos from 2005.
9.00 **World Matchplay Darts** The opening semi-final of 2019.
10.00 The second semi-final.
11.00 The final of the tournament.
12.00 M'T **S/lge: 2018 Rerun**
12.30 AM **S/Lge: 2019 Highlights**
12.45 **S/Lge: Season So Far**
1.00 **S/Lge Retro**
3.00 **to 6.00** AM **World Matchplay Darts**

BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **In Depth with Bensinger**
7.00 **ESPN SportsCenter**
7.15 **MLB: Caps Off**
7.30 **CBB: Georgetown v UNC 1982**
9.15 **CBB: N Carolina vs Wake Forest**
11.00 **CBB: N Carolina v Clemson 83**
12.30 PM **ESPN SportsCenter**
12.45 **MLB: Caps Off**
1.00 **College Basketball Classics**
2.45 **ESPN FC** Football news.
3.15 **ESPN SportsCenter**
3.30 **The Basketball Tournament**
7.00 LIVE **The Basketball Tournament** The Money Team take on Game one winner.
9.00 LIVE **The Basketball Tournament** Overseas Elite take on Game seven winner.
11.00 **ESPN SportsCenter**
11.15 **MLB Classic**
12.15 AM **In Depth with Bensinger**
12.45 **MLB Classic**
1.15 **College Football Classics**
4.45 **to 6.00** AM **MLB**

Eurosport 1

410 410 864 | 521 | 412 435

7.00 AM **Ultimate Tennis Showdown** Round four.
8.00 **Tour de France: Froome 2015**
11.00 **Ultimate Tennis Showdown**
12.00 NOON **Wimbledon 2019**
1.30 PM **Hall of Fame – Greatest Cyclists** Olympic cyclists.
2.00 **Tour de France: Froome 2015**
5.00 **Wimbledon 2019**
6.30 **Hall of Fame – Greatest Cyclists** Olympic cyclists.
7.00 **Cycling: Road World Championships** Action from the 2013 event in Tuscany, Italy.
8.00 **Tour de France: Froome 2015** Action from the 10th stage.
11.00 **World Poker Tour** Nail-biting action from high-stakes events.
12.00 M'T **Snooker: NI Open Final 2017** Action from Belfast.
2.00 AM **Tour de France: Froome 2015** Action from stage 10.
5.00 **Snooker Vodcast: O'Sullivan**
5.30 **to 7.00** AM **Scottish Open 2016: Fu v Higgins**

Eurosport 2

411 411 865 | 522 | 413 436

8.00 AM **Wimbledon 2016**
9.30 **Ultimate Tennis Showdown**
10.30 **Hall of Fame – London 2012**
11.00 **Snooker: Trump v O'Sullivan**
1.00 PM **Football**
2.00 **Athletics: Diamond League**
3.00 **Snooker: Welsh Open Final**
5.00 **Superbikes: Whit & Friends**
6.00 **Speedway European Championship** As 9.00pm.
7.00 **Superbikes: MotoAmerica**
8.00 **Best of Bikes: Hill v Hopkins 2011** The battles between Tommy Hill and John Hopkins.
9.00 **Speedway European Championship** Action from the second round in Poland.
10.00 **Superbikes: Whit & Friends**
12.00 M'T **Climbing World Championships**
2.00 AM **Hall of Fame – Beijing 2008** The 2008 Olympics.
3.00 **Scottish Open Snooker Final**
5.00 **to 8.00** AM **Tour de France: Froome 2015**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Wildfly Fishing**
6.30 **Super League Gold**
7.00 LIVE **Super Rugby Brumbies v Rebels.** Kick-off **10.15am**.
9.00 **Netball World Cup**
10.30 **Super League 2019 Highlights**
10.45 **Super League Gold**
10.50 LIVE **NRL Cowboys v Roosters.** From Queensland Country Bank Stadium. Kick-off **10.50am**.
12.45 PM **Super League Highlights**
1.00 **NBA Heatcheck**
2.00 **Super Rugby Classics**
3.00 **Wildfly Fishing**
3.30 **Super League 2019 Highlights**
4.15 **NBA: Philadelphia @ Houston**
6.00 **Netball World Cup 2019**
8.00 **British and Irish Lions Tour**
11.00 **Sporting Heroes**
12.00 M'T **Super League Highlights**
12.30 AM **Wildfly Fishing**
1.00 **Sporting Heroes**
2.00 **Netball World Cup**
3.30 **NBA Champions**
5.00 **to 6.00** AM **NBA Heatcheck**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Austrian F1 Grand Prix**
1.15 PM **Karun Drives the W10**
1.25 **Alfa Romeo 1950**
1.30 **Ferrari Challenge Europe**
3.30 **Box Box Box: Red Bull's First Win** Red Bull Racing's first victory.
4.00 **Austrian F1 GP Highlights**
5.00 **Johnny & Damon Relive '95**
5.25 **When Toto Met Lewis**
6.00 **Austrian F1 Grand Prix** As shown at 9.00pm.
8.15 **Carlos Sainz v Lando Norris**
8.45 **Small Talk with Lewis Hamilton**
9.00 **Austrian F1 Grand Prix** The Austrian Grand Prix. Action from the opening round of the season at Red Bull Ring in Spielberg.
11.15 **Jenson's Memories: Canada 2011** Jenson Button looks back on the 2011 Canadian Grand Prix.
11.25 **F1 Cars Through 1000 Races**
11.30 **Austrian F1 GP Highlights**
12.30 AM **Lewis & Martin: Secret Cinema** With Lewis Hamilton.
1.00 **to 6.00** AM **The Home of F1**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Friday

10 July

Evening Planner

Comedy

Jack Whitehall's Sporting Nation
BBC1 HD, 8.30pm
Jack looks back at great achievements and rivalries in a sports retrospective

OnDemand

tv+

Greatness Code
Available today
Snowboarder Shaun White is among the sports legends discussing pivotal moments in their careers

OnDemand

tv+

Greyhound
Available today
Writer Tom Hanks stars in a World War Two drama as a captain delivering a convoy of supplies to the Allies across the Atlantic

OnDemand

NETFLIX

The Old Guard
Available today
An actioner based on the comic book, starring Charlize Theron, sees four mercenaries face losing immortality

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 A Question of...	8.00 Celebrity...	8.30 Jack Whitehall's...	9.00 The Other One	9.30 Peter Kay's Car...	10.00 News	
102 BBC2	7.00 Cricket: England v West Indies Test...		8.00 Gardeners' World		9.00 The Fens: A Wild Year		10.00 I Love 1980	
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Vera				10.00 News	
104 CHANNEL 4	7.00 News		8.00 Jamie's Quick...	8.30 Celebrity Snoop...	9.00 Celebrity Gogglebox		10.00 Celebrity First Dates Hotel for SU2C	
105 CHANNEL 5	7.00 The Gadget Show		8.00 Great Coastal Railway Journeys		9.00 A Greek Odyssey with Bettany Hughes		10.00 Film: Shirley Valentine	
106 SKY ONE	7.00 The Simpsons		8.00 Modern Family		9.00 Manifest		10.00 Micky Flanagan Thinking Aloud	
ENTERTAINMENT								
116 BBC4	7.00 Royal Opera House: The Re-Opening			8.30 Top of the Pops: 1989		9.30 Huey Morgan's Latin Music Adventure		10.30 Latin Music...
118 ITV2	7.00 You've Been Framed! Gold		8.00 Roswell, New Mexico		9.00 Love Island: Australia			10.25 Family Guy
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 Code 37: Sex Crimes		10.05 24 Hours in A&E	
135 E4	7.00 Hollyoaks...	7.30 Married at First Sight Australia			9.00 Film: Ted 2			
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Ghost Whisperer		9.00 Criminal Minds		10.00 CSI	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 My Brilliant Friend			
110 GOLD	◂ 6.55 Only Fools and Horses					9.50 Bottom		10.25 Men Behaving...
111 DAVE	7.00 Richard Osman's...	7.40 QI			9.00 Live at the Apollo		10.00 Big Zuu's Big Eats	
119 ITV3	◂ 6.55 Downton Abbey		8.00 Doc Martin				10.00 Lewis	
120 ITV4	7.00 Tour de France ReCycled: Geraint's Tour		8.00 Junk and Disorderly		9.00 Film: Cobra			
112 COMEDY CENTRAL	7.00 Friends		8.00 Film: The Dukes of Hazzard				10.00 Al Murray's Great British Pub Quiz	
152 SYFY	7.00 A Town Called Eureka				9.00 The Leftovers			
109 W	7.00 My Dream Home		8.00 Inside the Ambulance		9.00 The Shift: Women on the Force		10.00 Louis Theroux's LA Stories	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Veep			10.15 Girls
124 FOX	7.00 NCIS				9.00 NCIS: New Orleans		10.00 Emergence	
122 SKY ARTS	7.00 David Bowie: Serious Moonlight				9.00 Pink Floyd: A Delicate Sound of Thunder			
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Mighty Ships		9.00 The Alaska Triangle		10.00 Expedition Unknown	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 Pit Bulls & Parolees		9.00 Amanda to the Rescue		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Border Wars (Compilation)		9.00 Reach for the Stars		10.00 Ultimate Airport Dubai	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Counting Cars		9.00 Secret Wars Uncovered		10.00 Hitler's War	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Wonders of the Solar System		9.00 Porridge			
166 EDEN	7.00 Madagascar		8.00 Earth: The Power of the Planet		9.00 The Zoo	9.30 Jungle Planet	10.00 Climate Change: The Facts	
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.30 The Goldfinch		8.00 It: Chapter Two					
303 HITS	◂ 6.45 Pacific Rim				9.00 Alita: Battle Angel			
304 GREATS	◂ 5.40 Star Wars: Episode VI – Return of...		8.00 Ocean's Eleven				10.00 The Bourne Identity	
305 DISNEY	◂ 5.50 The Princess and...	7.40 Frozen...	8.00 Frozen II				10.00 A Goofy Movie	
306 FAMILY	◂ 6.00 Beethoven	7.40 A Dog's Way Home				9.30 Tomorrowland: A World Beyond		
307 ACTION	◂ 6.05 Lethal Weapon		8.00 The Mummy				10.05 The Mummy Returns	
308 COMEDY	◂ 6.00 Friends with Benefits		8.00 Notting Hill				10.10 Road Trip	
309 THRILLER		7.15 Greta			9.00 The Wolf Hour			
310 DRAMA	◂ 6.00 Grease		8.00 Hotel Mumbai				10.05 Full Metal Jacket	
311 SCI-FI	7.00 Blade Runner: The Final Cut				9.00 Crawl			10.35 Men in...
302 BLOCKBUSTERS	◂ 5.30 Spider-Man 3		8.00 Titanic					
313 FILM4	◂ 6.45 Ender's Game				9.00 War for the Planet of the Apes			
315 TCM MOVIES	◂ 6.50 Support Your Local Gunfighter			8.35 TCM Shorts	9.00 Payback			
SPORT								
401 MAIN EVENT		7.15 Cricket Debate	8.00 PGA Tour Golf – Live: Day two of the Workday Charity Open from Muirfield Golf Club in Dublin, Ohio					
402 PREMIER LEAGUE	7.00 PL Match Pack	7.30 PL World	8.00 PL Retro				10.00 Gary Neville's Soccerbox	
403 FOOTBALL	7.00 EFL Cup Retro 12				9.00 EFL Cup Final 18	9.30 EFL Best...	10.00 SPFL Greatest...	10.30 SPFL Highlights
404 CRICKET		7.15 Cricket Debate	8.00 Test Cricket		9.00 Cricket Debate		10.00 Test Cricket	
413 BT SPORT 1	◂ 6.00 AFL		8.00 UEFA...	8.30 WWE Royal...	9.00 WWE Ruthless Aggression		10.00 WWE NXT UK	
414 BT SPORT 2	◂ 6.00 30 For 30: Long Gone Summer		8.00 No Limits		9.00 BT Sport Films: State of Play			

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Friday

BBC1

101 101/115 801 101 108 1 101 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Rip Off Britain** New edition (S)
10.45 **Homes Under the Hammer** Properties in Ipswich. (S)(R)(AD)
11.45 **Caught Red Handed** (S)(R)(AD)
12.15 PM **Bargain Hunt** New edition From Sawbridgeworth. (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Heights** New episode (S)(AD)
2.15 **Impossible** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Home Is Where the Art Is** New edition 5/15. The artists travel to a home in Birmingham. (S)(AD)
4.30 **The Repair Shop: Fixing Britain** New edition 5/15. (S)(AD)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 A Question of Sport

7 PM

7.00 **The One Show** Alex Jones introduces the final edition of the week. (S)
7.30 **A Question of Sport** New edition With Carl Fogarty, Imani-Lara Lansiquot, Kevin Phillips and Bianca Walkden. (S)

8 PM

8.00 **Celebrity MasterChef** New edition 6/15. A battle for the semi-final places. (S)(AD)
8.30 **NEW SERIES Jack Whitehall's Sporting Nation** 1/6. A comedic celebration of a kingdom united by sport. *See feature, page 4.* (S1) (S)

9 PM

9.00 **The Other One** New episode 6/7. Cathy feels uneasy before her wedding. (S)
9.30 **Peter Kay's Car Share Unscripted** One-off improvised episode starring Peter Kay. (S)(R)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **FILM Rush** Exhilarating sports drama starring Chris Hemsworth. (S) (2013, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 12.40** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 102 102 2 102 102 102/106

6.45 AM **The Repair Shop: Fixing Britain** (S)(R)(AD)
7.30 **Greatest Escapes to the Country** Barn conversions. (S)
7.55 **Sign Zone: Great American Railroad Journeys** (S)(R)(AD)
9.00 **Into the Wild with Gordon Buchanan** (S)(R)(AD)
10.00 **BBC News** (S)
1.00 PM **The Boss** Quiz show. (S)(R)
1.45 **Terry and Mason's Great Food Trip** The duo visit Marlow. (S)(R)
2.15 **Wimbledon Rewind** New edition Novak Djokovic v Roger Federer, and Serena Williams v Simona Halep from the 2019 staging. (S)
5.15 **Flog It!** From Cumbria. (S)(R)
6.00 **Wimbledon: The Best of the Championships** Series finale Sue Barker is joined by Tim Henman and Boris Becker in the studio. (S)

9.00 The Fens: A Wild Year

7.00 **Cricket: England v West Indies Test Match Highlights** Isa Guha presents action from the third day of the first Test in the three-match series, taking place at the Ageas Bowl in Southampton. With analysis from Michael Vaughan. (S)

8.00 **Gardeners' World** New edition At Longmeadow, Monty Don checks the progress of the potatoes he planted earlier in the year and recommends plants for dry shade. Also, water-saving tips from a water scientist. (S)

9.00 **The Fens: A Wild Year** New edition 2/3. The vast patchwork of ancient wetlands and fertile ground that make up the fens of East Anglia, much of which has now been converted into farmland. Narrated by Toby Jones. (S)(AD)

10.00 **I Love 1980** Actor Larry Hagman presents a look back at the highs and lows of the year's pop culture, including the shooting of his character JR in *Dallas*. (S)(R)
10.45 **Newsnight** (S)

11.15 **Weather** (S)
11.20 **Dragons' Den: Best Ever Pitches** Passionate contestants. (S)(R)(AD)
12.20 AM **FILM Anita & Me** Comedy drama starring Chandeep Uppal. A girl from a Punjabi family becomes friends with a rebellious older girl. (S)(AD) (2002, 12, 90min) ★★★
1.50 **Sign Zone: Britain's Cancer Crisis – Panorama** (S)(R)
2.20 **Sign Zone: What We Do in the Shadows** (S)(R)(SL)(AD)
3.05 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 103 103/113 3 103 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Good Morning Britain with Lorraine** With Lorraine Kelly. (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team head to Liverpool, where Tracy Thackray-Howitt's interest is piqued by a collection of jewellery. (S)(R)
3.00 **Tenable** Quiz show hosted by Warwick Davis. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard.
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Coronation Street

7.00 **Emmerdale** Cain receives a worrying call, and Bob may have put his foot in it again. (S)(AD)
7.30 **Coronation Street** Yasmeen is horrified when she gets a call from Geoff. (S)(AD)

8.00 **Vera** *Old Wounds:* When the remains of a teenager are found half-buried in a wood, Vera finds herself investigating a 30-year-old mystery. After the body is dentified as a girl who disappeared during the 1984 miners' strike, the team retrieve news footage from the protests which shows her taking pictures in the background. It appears she got caught up in the unrest, contradicting her father's assertion that she came straight home. (S)(R)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **European Cup Winners: Nottingham Forest** How Brian Clough and his assistant Peter Taylor built a championship-winning team. (S)

11.45 **Play to the Whistle** Frank Lampard and Bradley Walsh are joined by golfer Andrew Johnston and Scarlett Moffatt. (S)(R)
12.35 AM **Ideal World**
3.00 **1000 Heartbeats** Quiz hosted by Vernon Kay, in which contestants' pulses are monitored and they must complete seven rounds before their hearts beat 1,000 times to win the jackpot. (S)(SL)(R)
3.50 **to 6.00** AM **Nightscreen**

+1 hour 203 114 33 112

CHANNEL 4

104 104/138 804 104 104/141 4 104 104

6.30 AM **Cheers** 13&14/27. (S9) (S)(R)
7.20 **Mike & Molly** 7&8/24. (S1) (S)(R)
8.05 **The Big Bang Theory** (S)(R)(AD)
9.00 **Frasier** 13–15/24. (S3) (S)(R)(AD)
10.30 **Come Dine with Me** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **A New Life in the Sun** (S)(R)
2.10 **Countdown** (S)(R)
3.00 **A Place in the Sun** (S)(R)
4.00 **Sun, Sea and Selling Houses** A holiday home in Malaga. (S)(R)
5.00 **Four in a Bed** New edition The B&B owners meet for the last time to find out what they've been paid and settle some scores. (S)
5.30 **Come Dine with Me** New edition Property developer Rob from Cumbria treats his guests to the delights of some local produce. (S)
6.00 **The Simpsons** (S)(R)(AD)

8.30 Celebrity Snoop Dogs

7.00 **News** (S)

8.00 **Jamie's Quick & Easy Food** New edition Jamie Oliver prepares his hot smoked salmon pasta. (S)(AD)
8.30 **Celebrity Snoop Dogs** New edition Inside the homes of a pug and a Maltese. (S)(AD)

9.00 **Celebrity Gogglebox** New edition With Denise Van Outen and partner Eddie, Zoe Ball and son Woody Cook, Maureen Lipman and Gyles Brandreth, Johnny Vegas and PA Bev, and Emilia Fox and mother Joanna David. (S)(AD)

10.00 **Celebrity First Dates Hotel for SU2C** After Duncan James' arrival last week, Ulrika Jonsson, Pete Wicks and AJ Odudu join him in the hotel of romance for a Stand Up to Cancer special. (S)(R)(AD)

11.05 **Father Ted** 1/6. The first episode of the comedy. (S)(R)(AD)
11.40 2/6. Dread descends on Craggy Island. (S)(R)(AD)
12.15 AM 3/6. A campaign for decency (S)(R)(AD)
12.45 5&6/6. Double bill. (S)(R)
1.45 **Come Dine with Me** (S)(R)
4.05 **Building the Dream** (S)(R)(AD)
5.00 **Grand Designs Australia** (S)(R)
5.55 **to 6.00** AM **Kirstie's Vintage Gems** (S)(R)

+1 hour 204 142 15 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Can't Pay Special: Agents Under Attack** (S)(R)
12.10 PM **News** (S)
12.15 **The Golden Girls** (S)(R)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM PREMIERE Morning Show Mystery: Mortal Mishaps** Drama starring Holly Robinson Peete and Rick Fox. (S) (2018, PG, 105min) ★★
4.00 **Friends** 11&12/24. (S1) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Grant makes a shocking revelation. (S)(R)(AD)
6.00 **Home and Away** Maggie pushes Ben and Gemma closer together. (S)(R)(AD)
6.30 **News** (S)

9.00 A Greek Odyssey with...

7.00 **The Gadget Show** New edition 5/12. Georgie Barrat heads into the rugged mountains of North Wales to take a ride on the world's longest zip line, while testing out a robust new drone ready to take to the skies. (S)

8.00 **Great Coastal Railway Journeys** A train ride along the most attractive coastlines in Europe. From Spain's northern seas to the beautiful Welsh coast and the wonders of Norway. (S)(R)

9.00 **A Greek Odyssey with Bettany Hughes** New edition 5/6. The historian arrives in the Peloponnese, a peninsula regarded as home to some of ancient Greece's most vicious warriors. (S)

10.00 **FILM Shirley Valentine** Romantic comedy starring Pauline Collins as a bored housewife who finds sun, wine and love on a Greek island. With Tom Conti. (S) (1989, 15, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.20 AM **Party Pensioners: Sex, Drugs & Bingo** Hard-living pensioners determined to grow old disgracefully. (S)(R)
1.10 **21.co.uk Live Casino Show**
3.10 **OMG: My Barbie Body** (S)(R)
4.00 **House Doctor** (S)(SL)(R)
4.25 **The Wonderful World of Puppies** (S)(SL)(R)
5.15 **to 6.00** AM **The Wonderful World of Puppies** (S)(SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Business** (S)(R)(AD)
7.00 **RSPCA Animal Rescue** (S)(R)
8.00 **The Flash** (S1) (S)(R)
9.00 **Supergirl** (S1) (S)(R)
10.00 **The Simpsons** (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** 17/20. (S2) (R)
4.00 **Modern Family** (S7) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **Futurama** *Viva Mars Vegas:* Fry and the Planet Express crew escape to Mars Vegas. (S)(R)
6.00 *31st Century Fox:* Bender signs up for a fox hunt and is excited – until he discovers the prey is robotic. (S)(R)
6.30 **The Simpsons** *The Boy Who Knew Too Much:* Mayor Quimby's nephew is wrongly accused of assault. (S)(R)

9.00 Manifest

7.00 **The Simpsons** *Lady Bouvier's Lover:* Grandma Bouvier is swept off her feet by Grampa. (S)(R)
7.30 *Secrets of a Successful Marriage:* Homer teaches a course on the secrets of marital bliss. (S)(R)

8.00 **Modern Family** 11/24. Claire relies on a fireman to get Phil to the hospital for treatment. (R)
8.30 12/24. Mitchell and Cameron hire a Hispanic gardener who cannot speak English. (S1) (S)(R)

9.00 **Manifest** Series finale *Icing Condition:* 13/13. Michaela and Ben risk it all in a brave rescue attempt, the clock ticks for Zeke, and Saanvi and Vance make a last-ditch effort to appeal to The Major. (S2)

10.00 **Micky Flanagan Thinking Aloud** The comedian tackles the topics that keep him awake, beginning with men and women as he explores dating, gender identities and equality. (S)(R)(AD)

11.00 **Karl Pilkington: The Moaning of Life** Why people want to have children. (S)(R)(AD)
12.00 M'T **A League of Their Own** With Tracey Neville, Mo Farah and Rob Beckett. (S)(R)(AD)
1.00 AM **Road Wars** (S)(R)
2.00 **The Force: North East** (S)(R)
3.00 **Brit Cops: Rapid Response** (R)
4.00 **Highway Patrol** (S)(R)
5.00 **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
9.30-10.00pm NEW The Paddy Raff Show (S) **10.45** Peter Kay's Car Share Unscripted (S)(R) **11.15 FILM** Rush (S) (2013, 15, 110min) ★★★★ **1.05-6.00am** BBC News (S)
WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am Bargain Hunt New edition (S)(AD) **12.30-1.00pm** Wales Today Coronavirus Daily Update New edition (S) **9.00** Rhod Gilbert's Work Experience (S)(R) **9.30-10.00** The Other One New episode (S) **10.45** Peter Kay's Car Share Unscripted (S)(R) **11.15** The Wedding Guru (S)(R) **11.45 FILM** Rush: As N. Ireland. **1.35-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations
WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Ysgol Ddawns Anti Karen **12.28pm** Y Tywydd **12.30** Datganiad Dyddiol COVID-19 New edition **1.00** Heno **1.30** Y Sioe Fwyd (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Miwsig Fy Mywyd (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Chwys **6.30** Garddio a Mwy **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Gêm Gartre New edition **8.25** Natur a Ni New edition **8.55** Newyddion S4C a'r Tywydd **9.00** Camp Lawn Cymru 2019 **10.00** Sgwrs Dan y Lloer **10.28** Y Tywydd **10.30** Sioe Fach Fawr (AD) **11.33-11.35pm** Y Tywydd

TV&Satellite week
New issue on sale now

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **NEW Royal Opera House: The Re-Opening** Highlights of the Royal Opera House's first post-lockdown performance.
8.30 **Top of the Pops: 1989** Performances by 808 State, Tina Turner and Kaoma. **9.00** Jason Donovan, Big Fun and Sydney Youngblood.
9.30 **Huey Morgan's Latin Music Adventure** New edition 2/3. A moment of reinvention for Cuba.
10.30 **Latin Music: A Session with Daymé Arocena** New edition 2/3. The Cuban singer and composer performs music inspired by her heritage.
11.00 **Classic Albums: Amy Winehouse Back to Black**
12.00 M'T **Better Than the Original: The Joy of the Cover Version**
1.00 AM **Country Music by Ken Burns**
1.55 **Huey Morgan's Latin Music Adventure**
2.55 **to 3.25** AM **Latin Music...**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** Wedding rings.
9.20 **A Place in the Sun: Winter Sun** In Tenerife.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau: DIY**
1.15 **Building the Dream**
2.20 **Four in a Bed** Five editions.
4.55 **Find It, Fix It, Drive It** A classic US pick-up truck.
5.55 **The Supervet**
6.55 **Escape to the Chateau: DIY** Angel Adoree advises two Brits on how to make their wedding business work.
7.55 **Grand Designs** A couple who live in a costly Regency property decide to build a modern low-maintenance house in their back garden.
9.00 **Code 37: Sex Crimes** New episode *Twilight Zone:* A patient in a psychiatric institution is raped and Hannah becomes convinced that the rapist must be from within the institution. Subtitled. (S3)
10.05 **24 Hours in A&E** A man is rushed in with severe leg pain and a pale foot.
11.15 **24 Hours in A&E** Patients whose visions of the world are rocked by life-changing events.
12.15 AM **Ramsay's Kitchen Nightmares USA** An Italian restaurant in Boston.
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Totally Bonkers Guinness World Records**
7.25 **Ellen DeGeneres Show**
8.05 **You've Been Framed!**
9.30 **Supermarket Sweep**
10.30 **Ellen's Game of Games**
11.30 **Dress to Impress**
12.30 PM **You've Been Framed!**
1.00 **Celebrity Catchphrase**
2.00 **Ellen DeGeneres Show**
3.00 **Dress to Impress**
4.00 **Supermarket Sweep**
5.00 **Ellen's Game of Games** New edition Game show.
6.00 **You've Been Framed!**
8.00 **Roswell, New Mexico** New episode *Ladies and Gentlemen We Are Floating in Space:* 2/13. Rosa struggles with her new life, leading Liz to put her latest experiment on hold, while Isobel joins her mother for a day of spiritual healing. (S2)
9.00 **Love Island: Australia** A villa challenge reveals some truths about the Islanders.
10.25 **Family Guy** *Bill and Peter's Bogus Journey:* 13/18. Peter befriends Bill Clinton. (S5) **10.50** *Love Blactually:* 1/16. Brian's new girlfriend leaves him for Cleveland. (S7)
11.20 **Family Guy**
11.50 **American Dad!**
12.50 AM **The Cleveland Show**
1.45 **The Almost Impossible Gameshow**
2.50 **to 3.20** AM **Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Rules of Engagement**
7.00 **How I Met Your Mother**
8.00 **Melissa & Joey**
9.00 **Baby Daddy**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Baby Daddy**
4.00 **Brooklyn Nine-Nine**
5.00 **The Goldbergs**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks Favourites** New episode Diane is rushed to hospital.
7.30 **Married at First Sight Australia** New edition It becomes apparent who has compromised and who has clashed.
9.00 **FILM Ted 2** Comedy sequel starring Mark Wahlberg and Amanda Seyfried. The foul-mouthed talking teddy bear fights a court case for the right to be legally recognised as a person. (2015, 15, 112min) ★★★
11.15 **Buffy the Vampire Slayer**
12.15 AM **Rick and Morty**
1.15 **The Big Bang Theory**
2.15 **Gogglebox**
3.10 **8 Out of 10 Cats Best Bits** Compilation editions of the panel show.
4.05 **The Big Bang Theory**
4.55 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Friday primetime

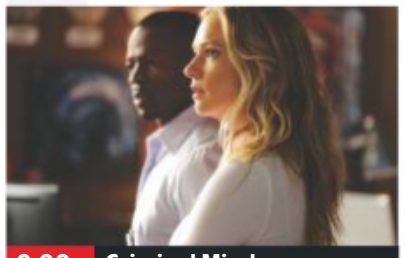
FRIDAY Entertainment

Friday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Air Ambulance ER**
9.00 **Blue Bloods** 5/22. (S2)
10.00 **Law & Order** 21/24. (S15)
11.00 **999 Frontline**
12.00 NOON **Elementary** 9/24. (S3)
1.00 PM **Blue Bloods** 6/22. (S2)
2.00 **Law & Order** 22/24. (S15)
3.00 **Air Ambulance ER** The crew members are pushed to their limits as they try to save a victim of a cardiac arrest.
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**



9.00 Criminal Minds

Sky Atlantic

108 108 808

6.00 AM **Fish Town**
7.00 **Urban Secrets**
8.00 **Richard E Grant's Hotel Secrets** In New Orleans.
9.00 **Elementary** 8/24. (S1)
10.00 **CSI** 4-6/24. (S6)
1.00 PM **Elementary** 10/24. (S1)
2.00 **Blue Bloods** 1&2/22. (S2)
4.00 **CSI** 7/24. A shoot-out leaves four people dead, including a police officer. **5.00** 8/24. The truth emerges about Officer Bell. **6.00** 9/24. A man dies from overeating. (S6)

9.00 My Brilliant Friend

GOLD

110 110 810 124 310 392

7.10 AM **Porridge**
7.45 **The Green Green Grass**
9.00 **Porridge**
9.40 **Are You Being Served?**
10.20 **Last of the Summer Wine**
12.20 PM **Only Fools and Horses**
1.00 **Porridge** Fletcher becomes an agony aunt for the inmates.
1.40 **Are You Being Served?**
2.20 **The Green Green Grass**
3.00 **Only Fools and Horses**
3.40 **Last of the Summer Wine**
5.40 **Are You Being Served?**
6.20 **The Green Green Grass**

6.20 The Green Green Grass

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Heartbeat**
9.05 **Bless This House**
10.05 **That's My Boy**
10.40 **Midsomer Murders**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *Sins of the Fathers:* The village mourns the death of Dr Summerbee, who is subsequently replaced.

6.55 Downton Abbey

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **Quincy ME**
8.05 **The Saint**
9.10 **Minder**
10.20 **The Professionals**
11.20 **The Sweeney**
12.20 PM **The Saint**
1.30 LIVE **ITV Racing** From Newmarket and Market Rasen.
4.30 **Minder**
5.35 **The Professionals**
6.40 **World Cup Top Goalscorers** The best strikers in the history of the football World Cup.

9.00 Cobra

7 PM

7.00 **Nothing to Declare** Documentary following the lives of customs and immigration officers at Australia's airports.

7.00 **Blue Bloods** *Critical Condition:* 3/22. A bank robbery turns into a hostage situation, and Jamie gets a new partner.

6.55 **Only Fools and Horses** Rodney and Albert begin to worry the flat will get overcrowded as the birth of Del-Boy Jr approaches.

6.55 **Downton Abbey** 6/8. Blake's scheming starts to come to fruition and Thomas reveals the truth to Baxter. (S5)

7.00 **Tour de France ReCycled: Geraint's Tour** Highlights of stage 13 of the 2018 race, a flat route of 169.5km.

8 PM

8.00 **Ghost Whisperer** *Lost Boys:* 5/22. Melinda encounters the spirits of three boys and a dog that died in a fire. (S1)

8.00 **Blue Bloods** *Innocence:* 4/22. Erin reopens an 18-year-old rape case that was originally investigated by Frank. (S2)

8.00 **Only Fools and Horses** Part one of two. Del and Rodney get the chance to leave Peckham behind for a holiday in Florida.

8.00 **Doc Martin** *Midwife Crisis:* 6/8. The new midwife persuades Louisa to take a natural approach to treating an infection.

8.00 **Junk and Disorderly** The pair look to make a profit on automobile memorabilia at Normous Newark Autojumble.

9 PM

9.00 **Criminal Minds** *Killer App:* 4/22. The BAU investigate a shooting committed with a state-of-the-art drone. (S13)

9.00 **My Brilliant Friend** New episode *Ghosts:* 7/8. Three years into her time in Pisa, Elena still feels like an outsider.

9.10 **Only Fools and Horses** Rodney tries to help a woman on the street.
9.50 **Bottom** The boys decide to go trick-or-treating on Halloween.

9.00 **Doc Martin** *Do Not Disturb:* 7/8. Pauline finds out about Martin's departure to London and confronts him. (S4)

9.00 FILM **Cobra** Crime thriller starring Sylvester Stallone as a maverick cop on the trail of a serial killer. (1986, 18, 87min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

10.00 **CSI** *Dog Eat Dog:* 9/24. A couple going through an acrimonious divorce are found dead – seemingly killed by their dog. (S6)
11.00 **Criminal Minds** 10/22. (S12)
12.00 M'T **Ghost Whisperer** (S1)
1.00 AM **Blue Bloods** 19/19. (S10)
2.00 **The Good Doctor** (S2)
4.00 **Road Wars** The team tackle Russian scam artists.
5.00 **to 6.00** AM **Brit Cops: Frontline Crime UK**

+1 hour 207 180

10.10 **My Brilliant Friend** Series finale *The Blue Fairy:* 8/8. Elena decides to draft her first novel. Subtitled. (S2)
11.20 **The Sopranos** 12/13. Christopher discovers Adriana's secret. **12.30** AM 11/12. Tony takes desperate measures in order to keep the peace. (S5)
1.40 **Boardwalk Empire** (S3)
4.00 **to 6.00** AM **Storm City**

+1 hour 208

10.25 **Men Behaving Badly** Gary disapproves of the new pub landlord's policies about lock-ins.
11.00 **Only Fools and Horses**
12.50 AM **Bottom** As 9.50pm.
1.30 **Green Wing** 7/9. Statham meets the attractive chaplain. **2.30** 8/9. The tangled web of relationships could finally be resolved. (S1)
3.25 **to 4.00** AM **Snuff Box**

+1 hour 210 194

10.00 **Lewis** *Counter Culture Blues:* The detective discovers his favourite rock band are on the verge of a comeback.
12.05 AM **A Touch of Frost** *One Man's Meat:* The severed arm of a missing health inspector is washed up on the shore and Frost's investigation leads him to a local meat factory.
2.05 **to 3.20** AM **Agatha Christie's Poirot**

+1 hour 219 174 34 116

10.50 **All Elite Wrestling: Dynamite** Hard-hitting action from the world of All Elite Wrestling.
12.55 AM **The Sweeney** Guest stars Eric Morecambe and Ernie Wise are entrusted to guard a consignment of heart pills by the girlfriend of the eminent research chemist developing the medicine.
1.50 **to 3.00** AM **Minder**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Sportscene Classics** New edition Andy Murray v Novak Djokovic in the 2013 Wimbledon final.
9.00 **The Nine**
10.00 **Still Game** 1/6. Victor tags along when Jack goes to visit his daughter and her family in Canada. (S3)
10.30 **Mirror Mirror** New edition 6/12. Themes under discussion include Scots abroad, accents, and looking for love.
11.00 **Gary: Tank Commander** 6/6. Charlie starts a rumour about himself that soon gets out of hand. While, awful presents threaten Gary's hopes for an enjoyable birthday. (S1)
11.30 PM **to 12.00** M'T **Frankie Boyle's Tour of Scotland**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Four Weddings**
10.00 **My Kitchen Rules: Australia** Double bill.
12.40 PM **RSPCA Animal Rescue**
1.10 **America's Next Top Model** Double bill.
3.00 **Babylon 5** (S4)
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** (S5)
8.00 **The Flash** *The Nuclear Man:* 13/23. The team targets Ronnie after he attacks a physicist. (S1)
9.00 **SEAL Team** *Borderlines:* 7/22. A CIA agent is kidnapped. (S1)
10.00 **Ross Kemp: Extreme World** In Ukraine.
11.00 **Manifest** 13/13. (S2)
12.00 M'T **Police Ten 7**
2.00 AM **Duck Quacks Don't Echo** Panel show.
3.00 **A League of Their Own**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
11.00 **Road Wars**
12.00 NOON **Motorway Patrol** Double bill.
1.00 PM **Police Force: Australia** Double bill.
2.00 **Border Patrol**
3.00 **Nothing to Declare**
5.00 **UK Border Force**
6.00 **Star Trek: The Next Generation** 21/26. (S5)
7.00 **Hawaii Five-0** (S9)
8.00 **Merlin** *Lancelot du Lac:* 9/13. Lancelot returns from the dead. (S4)
9.00 **Frontline Police**
10.00 **The Force: North East**
11.00 **CSI** 7/25. (S5)
12.00 M'T **Road Wars**
1.00 AM **Brit Cops**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Projects**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
12.00 NOON **Modern Wheels or Classic Steals**
1.00 PM **Top Gear**
2.00 **Expedition with Steve Backshall**
3.00 **Rick Stein's Long Weekends** In Bologna.
4.00 **Top Gear**
6.00 **Taskmaster**
7.00 **House of Games**
7.40 **QI** Double bill.
9.00 **Live at the Apollo**
10.00 **Big Zuu's Big Eats** New edition 9/10. Big Zuu cooks for Ed Gamble.
10.40 **Taskmaster**
11.40 **QI** With Charlie Higson.
12.20 AM **Mock the Week**
1.00 **QI** With Bill Bailey.
1.40 **Mock the Week**
2.30 **Live at the Apollo**
3.15 **to 4.00** AM **Not Going Out Christmas Special**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle**
9.30 **Bob's Burgers** (S10)
10.00 **The King of Queens**
11.00 **Everybody Loves Raymond** Double bill.
12.00 NOON **Fresh Off the Boat** Double bill.
1.00 PM **Friends**
8.00 FILM **The Dukes of Hazzard** Comedy with Seann William Scott. (2005, 12, 104min) ★
10.00 **Al Murray's Great British Pub Quiz** The comedian hosts teams from across the UK in a traditional pub quiz.
11.00 **Bob's Burgers** (S10)
12.00 M'T **Utterly Outrageous X-Rated Comedy** A look at bodily functions, taboo subjects and death in comedy.
1.00 AM **8 Out of 10 Cats**
2.00 **South Park**
3.25 **Two and a Half Men**
4.15 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **Bachelor in Paradise**
8.00 **The Bachelor**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **Million Dollar Listing: NYC**
2.35 **The Only Way Is Essex**
3.15 **Dallas Cowboys Cheerleaders**
4.05 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 FILM **Two Weeks Notice** Romantic comedy starring Sandra Bullock and Hugh Grant. (2002, 12, 101min) ★★
11.05 **Chrisley Knows Best**
12.05 **to 12.55** AM **The Only Way Is Marbs**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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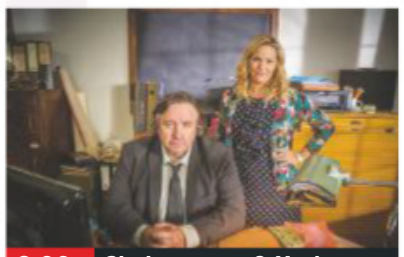
Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries** (S13)
9.00 **Father Brown** 14/15. (S5)
10.00 **The Doctor Blake Mysteries**
11.00 **New Tricks** 7/10. (S9)
12.00 NOON **Major Crimes** (S3)
1.00 PM **Unforgettable** 7/22. (S1)
2.00 **Shakespeare & Hathaway – Private Investigators** 6/10. Frank and Lu investigate death threats made against a former soap star. (S1)
3.00 **Murdoch Mysteries** (S7)
6.00 **Major Crimes** 16/19. A sex offender is found with a body in his truck. (S3)



8.00 Shakespeare & Hathaway

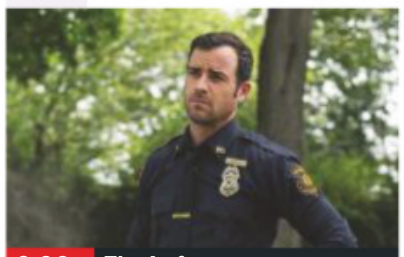
7.00 **Unforgettable** *Trajectories:* 10/22. The team are on hand when a round of gunfire leaves one person dead. (S1)
8.00 **Shakespeare & Hathaway – Private Investigators** *Exit, Pursued by a Bear:* 6/10. As 2.00pm. (S1)
9.00 **Reef Break** New episode *The Green Tide:* 5/13. A refinery explosion threatens countless lives on The Reef. (S1)
10.00 **Father Brown** *The Fire in the Sky:* A missing woman staggers into the police station, claiming a creature is 'trying to get out'.
11.00 **New Tricks** *Dead Poets:* The team unearth the 10-year-old case of a poet from Belfast whose burnt body was found in the scrapyard of a gangster.
12.20 AM **Maisie Raine** 5/6. (S1)
1.20 **Murdoch Mysteries** (S10)
3.10 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **A Town Called Eureka**
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S4)
1.00 PM **Star Trek: Voyager** (S4)
3.00 **Star Trek: Deep Space Nine** 13/26. Odo's feelings for Kira interfere with his duties. **4.00** 14/26. Dukat enlists Kira's aid in regaining his Cardassian status. (S4)
5.00 **Star Trek: The Next Generation** 9/26. Picard takes Wesley on a mission. **6.00** 10/26. An alien force takes over the *Enterprise*. (S4)



9.00 The Leftovers

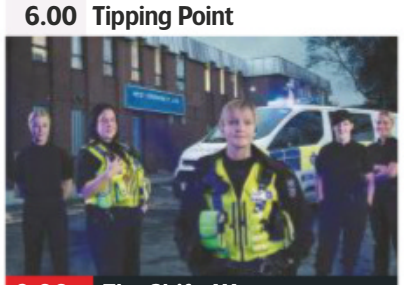
7.00 **A Town Called Eureka** *The Real Thing:* 3/14. Kevin refuses to give up the search for Allison and the *Astreus*' crew.
8.00 **A Town Called Eureka** *Force Quit:* 4/14. Members of the crew have had their minds constrained in a virtual Eureka. (S5)
9.00 **The Leftovers** *Axis Mundi:* 1/10. Police chief Kevin Garvey and his family join a mysterious exodus.
10.10 **The Leftovers** *A Matter of Geography:* 2/10. After the riots, Kevin is drawn into the Murphy family's problems. (S2)
11.20 **Spides** 4/8. (S1)
12.20 AM **FILM Shark Shock** Offbeat thriller starring Tara Reid. (2017, 15, 99min) ★★
2.10 **Star Trek: The Next Generation** As 5&6.00pm.
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **The Three Day Nanny**
12.00 NOON **Property Brothers: Forever Homes**
1.00 PM **Tipping Point**
4.00 **My Dream Home** With a baby on the way, couple Emily and Ken are searching for the perfect suburban home close to family. **5.00** Seeking a home in a lakefront community.
6.00 **Tipping Point**



9.00 The Shift: Women...

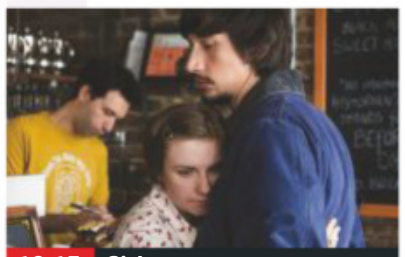
7.00 **My Dream Home** Drew Scott and Jonathan Scott help a couple see the hidden potential of a 'fixer-upper'.
8.00 **Inside the Ambulance** A young motorcyclist needs urgent treatment, and a baby's high heart-rate is causing concern.
9.00 **The Shift: Women on the Force** Acting Inspector Vicky investigates a late-night city centre assault.
10.00 **Louis Theroux's LA Stories** Louis spends time at Los Angeles hostels that are home to sex offenders on parole.
11.00 **Inside the Ambulance**
12.00 M'T **One Born Every Minute** Emma Bunton visits Southmead Hospital.
1.00 AM **Louis Theroux's LA Stories** As 10.00pm.
1.50 **Top Chef**
2.35 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S6)
10.30 **30 Rock** (S4)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S1)
2.30 **Everybody Hates Chris** (S3)
3.30 **Parks and Recreation** (S6)
5.00 **30 Rock** 2/23. Liz tries to charm a difficult video editor. **5.30** 3/23. Jack faces opposition from a Rhode Island congresswoman. **6.00** 5/23. Jack is convinced he is on a roll. (S5)
6.30 **Modern Family** 7/24. (S1)



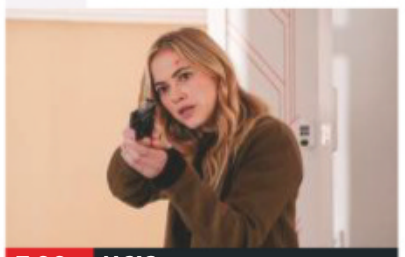
10.15 Girls

7.00 **Modern Family** 8/24. With Edward Norton. (S1)
7.30 **The Mindy Project** 7/24. Mindy's neighbour asks her for contraception.
8.00 **The Mindy Project** 8/24. Dr Shulman retires. **8.30** 9/24. Mindy agrees to host a Christmas party at her flat. (S1)
9.00 **Veep** 9/10. Catherine and Marjorie have a fight. **9.35** 10/10. Selina and her staff get ready for inauguration day. (S5)
10.15 **Girls** 1/12. Hannah and Adam host a dinner. **10.50** 2/12. Hannah, Shoshanna and Adam go on a road trip. (S3)
11.25 **Entourage** (S3)
12.00 M'T **FILM Patch Adams** Comedy drama starring starring Robin Williams and Monica Potter. (1998, 12, 115min) ★★
2.15 AM **Bored to Death** (S2)
2.55 **Parks and Recreation**
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S3)
9.00 **Bones** 18/22. (S10)
10.00 **Bull** 2/22. (S3)
11.00 **NCIS** 12/20. (S17)
12.00 NOON **Bones** (S10)
2.00 PM **The Mentalist** 14/24. (S4)
3.00 **NCIS** 13/20. A body is found at an unmanned aerial vehicle testing site. (S17)
4.00 **Bull** 3/22. (S3)
5.00 **Bones** 21/22. Booth is desperate to beat his gambling addiction. (S10)
6.00 **The Mentalist** 15/24. (S4)



7.00 NCIS

7.00 **NCIS** *On Fire:* 14/20. After he and Bishop are victims of a hit-and-run, Torres fights for his life in the intensive care unit.
8.00 **NCIS** *Lonely Hearts:* 15/20. The lead suspect in an investigation is a woman that Gibbs' friend met on a dating site. (S17)
9.00 **NCIS: New Orleans** *The River Styx – Part Two:* 24/24. Pride is separated from the team and faces grave danger. (S5)
10.00 **Emergence** *Killshot-Part 1:* 12/13. Jo makes a high-stakes deal to take down Helen and keep Piper safe. (S1)
11.00 **American Dad!** 2&3/19. Double bill of episodes. (S3)
12.00 M'T **Family Guy** (S10)
1.00 AM **American Dad!** (S2&3)
2.00 **Family Guy** (S11&10)
3.00 **American Dad!** (S2)
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Friday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 8/24. (S1)
7.10 **Hart to Hart**
9.10 **Days of Our Lives**
10.00 **Hart to Hart** 11/20. (S2)
11.00 **Charlie's Angels** (S4)
12.00 NOON **Hart to Hart**
4.00 PM **Murder, She Wrote**
7.00 **M*A*S*H** 17/24. Hawkeye plays the market. **7.30** 18/24. Hawkeye tackles a nose job. (S2)
8.00 **Randall and Hopkirk (Deceased)** *That's How Murder Snowballs:* 5/26. (S1)
9.00 **Classic Who Wants to Be a Millionaire?** Quiz.
1.00 AM **Celebrity Who Wants to Be a Millionaire?** Quiz.
2.00 **Charlie's Angels** (S4)
3.00 **M*A*S*H** 24/24. (S2)
3.30 **Due South** 10/18. (S2)
4.15 **Sony Movie News**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Darbar Festival**
7.00 **Hollywood in Vienna: Fairytales and Danny Elfman**
9.00 **Tales of the Unexpected**
10.00 **Landscape Artist of the Year 2018**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Comedy Legends**
3.00 **Portrait Artist of the Year 2014**
4.00 **Classic Albums**
5.00 **Discovering**
7.00 **David Bowie: Serious Moonlight** The singer in concert from 1983.
9.00 **Pink Floyd: A Delicate Sound of Thunder**
11.00 **Bad Company Live at Red Rocks**
12.35 AM **Judas Priest: Live at Wacken**
1.50 **Eric Clapton: Live**
3.00 **Discovering**
4.00 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Couples Come...**
10.00 **A New Life in the Sun**
11.00 **A Place in the Sun**
12.00 NOON **A Place in the Sun: Summer Sun**
1.00 PM **Four in a Bed**
1.30 **Come Dine with Me**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier** 5&6/24. (S3)
4.00 **Couples Come...**
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen...**
8.00 **The Supervet: Noel Fitzpatrick**
9.00 **24 Hours in A&E**
10.00 **Ramsay's 24 Hours to Hell and Back**
11.00 **Celebrity Gogglebox**
12.05 AM **Celebrity Snoop Dogs**
12.40 **The Man with the 10-Stone Testicles**
1.50 **Naked Attraction**
2.50 **Celebrity First Dates Hotel for SU2C**
3.50 **to 4.50** AM **Sun, Sea and Selling Houses**

5USA

141 141 153 21 129

9.10 AM **Murder, She Wrote**
10.10 **Castle** 21/23. (S7)
11.10 **Law & Order**
1.00 PM **Law & Order**
5.00 **NCIS** Four episodes of the drama, including at: **7.00** *Incognito:* 3/24. A US Marine is found murdered in Quantico. **8.00** *Double Trouble:* 4/24. A navy seaman is found dead. (S13)
9.00 **Private Eyes** *Full Court Press:* 2/14. A compromising photograph is published on a gossip site. (S3)
10.00 **Law & Order: Special Victims Unit** *Sheltered Outcasts:* 19/23. The team track down a rapist, and trace the culprit to a shelter.
10.55 **Law & Order: Special Victims Unit** (S17)
1.45 AM **Remington Steele**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun**
9.10 **My Wife and Kids**
10.05 **Nightmare Tenants, Slum Landlords**
12.00 NOON **Can't Pay? We'll Take It Away!**
3.00 PM **Neighbours**
3.30 **Home and Away**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Nightmare Tenants, Slum Landlords**
8.00 **The Nightmare Neighbour Next Door**
9.00 **FILM The Commuter** Thriller starring Liam Neeson. (2018, 15, 105min) ★★★
11.05 **FILM The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black* with Vin Diesel. (2004, 15, 119min) ★★★
1.25 AM **Impact Wrestling**
3.20 **Two and a Half Men**
3.50 **to 4.00** AM **Access**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Holby City**
11.00 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Foggy comes up with a crazy idea.
8.00 **Shakespeare & Hathaway – Private Investigators** *The Rascal Cook:* The duo investigate a campaign of culinary sabotage.
9.00 **The Coroner**
10.00 **New Tricks**
11.20 **Silent Witness**
1.55 AM **The Bill**
2.55 **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBS Drama

147 197 67 134

- 9.00 AM **NCIS: Los Angeles**
- 11.00 **CSI: Miami** 23/24. (S3)
- 12.00 NOON **CSI: NY** (S1)
- 1.00 PM **Bonanza** (S11)
- 3.00 **Perry Mason** (S9)
- 5.00 **Unsolved Mysteries**
- 7.00 **Judge Judy**
- 9.00 **Medium** *Wicked Game – Part One:* 9/16. Allison uncovers secrets from Cynthia's past. (S4)
- 10.00 **CSI: Miami** *10-7:* 24/24. A bomb goes off, leading to suspicions that a nuclear device has been hidden in the city. (S3)
- 11.00 **Unsolved Mysteries** The Green Beret Killer claims he is innocent, and a case of black market babies.
- 12.00 M'T **Judge Judy**
- 1.00 AM **ER** 18/22. (S3)
- 2.00 **Medium** As 9.00pm.
- 3.00 **CSI: Miami** As 10.00pm.
- 4.00 **Karma's a B****
- 5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 39 137

- 9.00 AM **Diagnosis Murder**
- 11.00 **CSI: Cyber** 12/13. (S1)
- 12.00 NOON **Perry Mason**
- 1.05 PM **Walker, Texas Ranger** 11/26. (S3)
- 2.05 **CSI: Miami** 21/24. (S5)
- 3.00 **NCIS** 15/24. (S11)
- 4.00 **NCIS: Los Angeles** (S3)
- 5.00 **CSI: Cyber** 13/13. (S1)
- 6.00 **Perry Mason** (S1)
- 7.05 **NCIS** 18/24. (S10)
- 8.00 **Walker, Texas Ranger** *Rodeo:* 12/26. (S3)
- 9.00 **CSI: NY** *Stealing Home:* 22/24. Danny and Lindsay investigate the murder of a woman. (S2)
- 10.00 **NCIS: Los Angeles** (S3)
- 11.00 **NCIS** 19/24. (S10)
- 12.00 M'T **CSI: Miami** (S5)
- 1.00 AM **CSI: NY** As 9.00pm.
- 1.55 **NCIS** As 11.00pm.
- 2.50 **Walker, Texas Ranger**
- 3.45 **CSI: Cyber** (S1)
- 4.25 **Mission: Impossible**
- 5.15 **to 6.00** AM **Dog Patrol**

+1 hour 69

Challenge

160 164 46 146

- 7.00 AM **The Chase**
- 10.00 **Dale's Supermarket Sweep** Double bill of the game show.
- 11.00 **Bruce Forsyth's Play Your Cards Right**
- 12.00 NOON **Wheel of Fortune** Spin-the-wheel game show.
- 1.00 PM **Strike It Lucky**
- 2.00 **Family Fortunes**
- 3.00 **Bruce's Price Is Right**
- 4.00 **Wheel of Fortune**
- 5.00 **Catchphrase**
- 6.00 **Bullseye** Double bill of the darts-based quiz.
- 7.00 **Pointless** Quiz hosted by Alexander Armstrong.
- 8.00 **The Chase** Quiz show hosted by Bradley Walsh.
- 10.00 **Classic Who Wants to Be a Millionaire?**
- 11.00 **One Hundred and Eighty!** With darts stars Peter Wright and Stephen Bunting.
- 12.00 M'T **The Chase**
- 4.00 AM **Golden Balls**
- 5.00 **to 6.00** AM **Bullseye**

Comedy Central Extra

127 182 308

- 6.00 AM **Impractical Jokers**
- 7.00 **Teleshopping**
- 9.00 **Takeshi's Castle**
- 10.00 **Wipeout USA**
- 11.00 **Friends** (S1)
- 1.00 PM **Impractical Jokers UK**
- 1.25 **Impractical Jokers:**
- 3.10 **The King of Queens**
- 5.00 **Two and a Half Men**
- 6.00 **Everybody Loves Raymond** (S3)
- 8.00 **Most Ridiculous Party Crashers** New edition
- 8.30 **Most Ridiculous Dangerous Dads** New edition
- 9.00 **Russell's Good News**
- 10.00 **South Park**
- 11.00 **Gary and His Demons**
- 12.00 M'T **Kevin Bridges Live**
- 1.00 AM **Impractical Jokers**
- 2.00 **Russell's Good News**
- 3.00 **Takeshi's Castle**
- 3.45 **Nathan for You**
- 4.30 **Fresh Off the Boat**
- 5.15 **to 6.00** AM **The Middle**

+1 hour 227

Sky Documentaries

114 114 814 277 353 368

- 6.00 AM **FILM Dinosaur 13** Archaeology documentary. (2014, PG, 95min) ★★★★
- 7.45 **My Icon**
- 8.00 **Too Young to Die**
- 9.00 **Discovering**
- 10.00 **The Directors**
- 11.00 **Fish Town**
- 12.00 NOON **Royalty Close Up**
- 1.00 PM **Ava Gardner: Alegria And Decadence**
- 2.00 **FILM Dinosaur 13** As shown at 6.00am.
- 3.45 **My Icon**
- 4.00 **Discovering**
- 5.00 **The Directors**
- 6.00 **Fish Town**
- 7.00 **Hollywood Couples**
- 8.00 **The Sixties**
- 9.00 **Dan Carter: Perfect 10**
- 10.45 **FILM Next Goal Wins** Documentary. (2014, 15, 95min) ★★★★
- 12.40 AM **Risky Drinking**
- 2.15 **to 6.00** AM **Highlights**

Sky Nature

130 130 893 279 385 372

- 6.00 AM **City Wildlife Rescue**
- 7.00 **Monkey Life**
- 8.00 **Monkey Island** Series finale
- 9.00 **Over Australia**
- 10.00 **Wildest New Zealand**
- 11.00 **Rewilding**
- 12.00 NOON **Surviving the Amazon**
- 1.00 PM **Monkey Life**
- 2.00 **Monkey Island**
- 3.00 **Over Australia**
- 4.00 **Wildest New Zealand**
- 5.00 **Rewilding**
- 6.00 **Surviving the Amazon**
- 7.00 **Monkey Life**
- 8.00 **Bear: Koala Hero**
- 9.00 **Guardians of the Wild**
- 10.00 **Surviving the Amazon**
- 11.00 **Rewilding**
- 12.00 M'T **Africa's Claws and Jaws**
- 1.00 AM **Valley of Flood and Fire**
- 2.00 **Bear: Koala Hero**
- 3.00 **Guardians of the Wild**
- 4.00 **Monkey Island**
- 5.00 **to 6.00** AM **Highlights**

E!

151 151 834 140 139 321 386

- 7.00 AM **Keeping Up with the Kardashians**
- 9.00 **Total Bellas**
- 10.00 **News: Daily Pop**
- 10.30 **Dating: No Filter**
- 11.00 **Keeping Up with the Kardashians**
- 1.00 PM **Keeping Up with the Kardashians**
- 3.00 **Khloe and Lamar**
- 4.00 **Hollywood Medium with Tyler Henry**
- 5.00 **Meet the Frasers**
- 6.00 **Keeping Up with the Kardashians** Four editions, including at: **9.00** Kim and Kourtney take Khloe on a getaway.
- 10.00 **Botched** A woman injured by a dog.
- 11.00 **Nightly Pop**
- 11.30 **Dating: No Filter**
- 12.00 M'T **Temptation Island**
- 1.00 AM **Wags: LA**
- 2.00 **Teleshopping**
- 3.00 **Famously Single**
- 4.00 **to 5.00** AM **Khloe and Lamar**

Food Network

140 285 41 148

- 6.00 AM **Jamie's Summer Food Rave Up**
- 7.00 **Giada On The Beach**
- 8.00 **Giada in Italy** New editions Double bill.
- 9.00 **Valerie's Home Cooking** Double bill.
- 10.00 **Farmhouse Rules**
- 12.00 NOON **Jamie's Summer Food Rave Up**
- 1.00 PM **Jamie's Fish Supper**
- 2.00 **James Martin: Sweet**
- 3.00 **River Cottage Spring**
- 4.00 **Burgers, Brew & 'Que** New editions
- 5.00 **The Pioneer Woman**
- 6.00 **Rachel Khoo's Simple Pleasures** Double bill.
- 7.00 **Nigel Slater's Simple Suppers** Double bill.
- 8.00 **River Cottage Veg**
- 9.00 **James Martin's United Cakes of America**
- 10.00 **John Torode's Australia**
- 11.00 **Mystery Diners**
- 1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

- 7.00 AM **Flipping Virgins**
- 7.50 **Storage Wars**
- 8.45 **Bring It!**
- 9.45 **Dance Moms**
- 10.45 **19 Kids & Outnumbered...**
- 11.45 **Police Patrol**
- 1.10 PM **Pawn Stars**
- 2.05 **Storage Wars**
- 3.05 **Hardcore Pawn**
- 4.00 **Bring It!**
- 5.00 **Property Virgins** New edition
- 6.00 **Flipping Virgins**
- 7.00 **Dance Moms**
- 8.00 **19 Kids & Outnumbered: Bringing Up Bates** New edition
- 9.00 **FILM Oscar Pistorius: Blade Runner Killer** Drama. (2017, 12) ★★
- 10.45 **Storage Wars**
- 11.35 **Hardcore Pawn**
- 12.30 AM **Pawn Stars**
- 1.20 **Police Patrol**
- 1.45 **Flipping Virgins**
- 2.40 **Hardcore Pawn**
- 3.30 **to 4.00** AM **Police Patrol**

Paramount Network

150 187 150 31 132

- 9.00 AM **Criminals: Caught on Camera**
- 9.30 **The A-Team**
- 11.30 **Knight Rider**
- 12.30 PM **FILM In Old California** Western with John Wayne. (1942, b/w, PG, 88min) ★★
- 2.20 **FILM The Bounty Hunter** Western. (1954, U, 79min) ★★
- 4.00 **The A-Team**
- 6.00 **Traffic Cops**
- 7.00 **Police Interceptors**
- 8.00 **Traffic Cops**
- 10.00 **Inside the Worlds' Toughest Prison**
- 11.00 **Worldwide Police Patrol**
- 12.00 M'T **Sewermen**
- 1.00 AM **19-2**
- 3.00 **Airwolf** 13/22. (S2)
- 3.50 **Empire** (S4)
- 4.35 **Now That's Funny!**
- 5.20 **Criminals: Caught on Camera** CCTV footage.
- 5.50 **to 6.00** AM **Access**

+1 hour 250 94

Sky Crime

121 121 819 136 135

- 6.00 AM **Motorway Patrol**
- 7.00 **Highway Patrol**
- 8.00 **Canada's Front Line**
- 9.00 **Border Security USA**
- 10.00 **Road Wars**
- 11.00 **Brit Cops**
- 12.00 NOON **Highway Patrol**
- 1.00 PM **How I Caught the Killer**
- 2.00 **Murders That Shocked the... Jack the Ripper**
- 3.00 **Canada's Front Line**
- 4.00 **Road Wars**
- 5.00 **Brit Cops**
- 6.00 **Motorway Patrol**
- 7.00 **Snapped**
- 8.00 **Murders That Shocked the Nation**
- 9.00 **A Mother's Murder: Dateline – What They Saw** New edition
- 10.00 **A Killer Uncaged**
- 10.45 **Snapped**
- 11.45 **World's Most Evil**
- 12.50 AM **Killer Families**
- 1.55 **Snapped**
- 3.00 **to 6.00** AM **Highlights**

+1 hour 221 207

CBS Reality

146 148 66 135

- 9.00 AM **Judge Judy**
- 1.00 PM **Judge Judy**
- 7.00 **Medical Detectives** The disappearance of a young dancer. **7.30** The poisoning of businessman Phillip Rouss Jr.
- 8.00 **Murder for Hire** An interview with Rosalio Reta.
- 9.00 **It Takes a Killer** A look at murder cases from recent years.
- 10.00 **Evidence of Evil** Looking into the case surrounding the murder of 15-year-old Janet Commins.
- 11.00 **Wives with Knives**
- 12.00 M'T **48 Hours: Mystery**
- 1.00 AM **It Takes a Killer**
- 2.00 **Evidence of Evil**
- 3.00 **I Survived**
- 3.45 **Unsolved Mysteries**
- 5.10 **Bondi Rescue**
- 5.35 **to 6.00** AM **Dog Patrol**

+1 hour 246 71 201 136

Really

142 128 17 160

- 6.00 AM **The Sheriffs Are Coming: Compilation**
- 7.00 **Teleshopping**
- 8.00 **Homes Under the Hammer** In Bristol.
- 9.00 **A Place in the Sun: Winter Sun**
- 10.00 **Celebrity Antiques Road Trip**
- 11.00 **Antiques Road Trip**
- 1.00 PM **Homes Under the Hammer** As 8.00am.
- 2.00 **Escape to the Country**
- 3.00 **The Sheriffs Are Coming: Compilation**
- 4.00 **Animal Cops Houston**
- 5.00 **Animal Cops Phoenix**
- 6.00 **Antiques Road Trip**
- 9.00 **Haunted Towns**
- 10.00 **Ghost Adventures** New edition A demonic entity terrorising a small town.
- 11.00 **Help! My House Is Haunted**
- 12.00 M'T **Ghost Adventures**
- 1.00 AM **Most Haunted**
- 2.00 **Teleshopping**
- 4.00 **to 6.00** AM **Antiques Road Trip**

Blaze

164 216 63 162

- 6.00 AM **Hardcore Pawn**
- 7.00 **Auction Hunters**
- 8.00 **Curse of Oak Island**
- 9.00 **In Search Of**
- 10.00 **Ancient Aliens**
- 11.00 **Air Crash: Disasters Uncovered**
- 12.00 NOON **Storage Wars: Texas** Double bill.
- 1.00 PM **Pawn Stars**
- 2.00 **Hardcore Pawn**
- 3.00 **Curse of Oak Island**
- 4.00 **UFO Hunters**
- 5.00 **Ancient Aliens**
- 6.00 **Auction Hunters**
- 7.00 **Storage Wars: Texas**
- 8.00 **American Pickers**
- 9.00 **Air Crash: Disasters Uncovered**
- 10.00 **Storage Wars**
- 11.00 **Auction Hunters**
- 12.00 M'T **Hardcore Pawn**
- 1.00 AM **Pawn Stars**
- 2.00 **American Pickers**
- 3.00 **Swamp People**
- 4.00 **Mountain Men**
- 5.00 **to 6.00** AM **Storage Wars: Texas**

TLC

133 133 827 167 323 377

- 6.00 AM **Say Yes to the Dress: The Big Day**
- 8.00 **Say Yes to the Dress: UK** Double bill.
- 9.00 **Say Yes to the Dress**
- 10.00 **Curvy Brides**
- 11.00 **Say Yes to the Vegas Dress** Double bill.
- 12.00 NOON **Say Yes to the Dress: Atlanta**
- 2.00 PM **Dr Pimple Popper**
- 3.00 **Sister Wives**
- 5.00 **Curvy Brides Boutique**
- 6.00 **Say Yes to the Dress**
- 7.00 **Say Yes... UK**
- 8.00 **Say Yes to the Dress**
- 9.00 **Say Yes... Lancashire**
- 10.00 **Cake Boss**
- 11.00 **Dr Pimple Popper**
- 12.00 M'T **Say Yes to the Dress** Double bill.
- 1.00 AM **Say Yes to the Dress: Lancashire**
- 2.00 **Cake Boss**
- 3.00 **Dr Pimple Popper**
- 4.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT

153 152 54 133

- 9.10 AM **FILM A Bride's Revenge** Thriller. (2019, PG, 83min) ★★
- 11.00 **Ben Fogle: New Lives in the Wild**
- 12.00 NOON **The Dog Rescuers**
- 2.00 PM **GPs: Behind Closed Doors** Double bill.
- 4.00 **The Highland Vet**
- 5.00 **The Yorkshire Vet**
- 6.00 **GPs: Behind Closed Doors** Double bill.
- 8.00 **The Yorkshire Vet**
- 9.00 **Britain's Lost Roman Roads**
- 10.00 **FILM Dead Man Walking** Oscar-winning prison drama based on a true story, starring Susan Sarandon. (1995, 15, 122min) ★★★★★
- 12.35 AM **The Dog Rescuers**
- 1.35 **WW1 Wrecks: Draining the Ocean**
- 2.35 **The Dog Rescuers**
- 3.30 **Criminals: Caught on Camera** CCTV footage.
- 3.55 **to 4.00** AM **Access**

Quest

144 144 831 169 12 114 172

- 6.00 AM **How Do They Do It?**
- 6.20 **Le Salvager**
- 7.10 **Deadliest Catch**
- 8.00 **Aussie Gold Hunters**
- 9.00 **Outback Truckers**
- 10.00 **Wheeler Dealers**
- 11.00 **Chasing Classic Cars**
- 12.00 NOON **Salvage Hunters: Classic Cars**
- 1.00 PM **Aussie Gold...**
- 2.00 **Deadliest Catch**
- 3.00 **American Pickers**
- 4.00 **Salvage Hunters**
- 5.00 **Outback Truckers**
- 6.00 **Wheeler Dealers**
- 7.00 **Aussie Gold Hunters**
- 8.00 **Salvage Hunters**
- 9.00 **NASA's Unexplained**
- 10.00 **Mummies Unwrapped**
- 11.00 **How Do They Do It?**
- 12.00 M'T **Wheeler Dealers**
- 1.00 AM **American Pickers**
- 2.00 **American Chopper**
- 3.00 **Ultimate Airport Dubai**
- 4.00 **Dirty Jobs**
- 5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

- 6.00 AM **Say Yes... Atlanta**
- 7.00 **French Collection**
- 8.00 **Posh Pawn**
- 9.00 **Animal Cops Houston**
- 11.00 **Forensic Detectives**
- 1.00 PM **Disappeared**
- 3.00 **Reasonable Doubt**
- 4.00 **Say Yes... UK**
- 6.00 **Curvy Brides Boutique**
- 7.00 **Long Lost Family US**
- 8.00 **How to Look Good Naked** With Gok Wan.
- 9.00 **10 Steps to Murder**
- 10.00 **Dr G: Medical Examiner**
- 11.00 **My Murder Story** New edition
- 12.00 M'T **Crime Stories**
- 1.00 AM **Murder on CCTV**
- 2.00 **Murder Comes to Town**
- 3.00 **FBI Files**
- 3.50 **Animal Cops Philadelphia**
- 4.40 **Bondi Vet**
- 5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Insane Pools: Off the Deep End** Series highlights.
9.00 **Alaskan Bush People**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Rush: White Water**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**

9.00 The Alaska Triangle

7.00 **Supertruckers** Matt, Arran and Paul move a giant crane bound for a wind turbine factory over perilous icy roads.
8.00 **Mighty Ships** The work that went into completing the *Norwegian Breakaway* cruise ship before her maiden voyage.
9.00 NEW SERIES **The Alaska Triangle** Series that explores an area in Alaska that is known for unusual activity.
10.00 **Expedition Unknown** New edition Josh has a lead on a shipwreck from 1715 with a potentially massive treasure haul.
11.00 **In Search of Monsters** The truth behind the Mothman.
12.00 M'T **The Alaska Triangle**
1.00 AM **Expedition Unknown**
2.00 **Deadliest Catch**
3.00 **The Alaska Triangle**
3.50 **Kindig Customs**
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Playhouse Masters**
8.00 **Pit Bulls & Parolees**
10.00 **Amanda to the Rescue**
12.00 NOON **How Sharks Hunt**
1.00 PM **My Cat from Hell**
2.00 **Coyote Peterson: Brave the Wild** With Chris Brinton.
2.30 **Meet the Penguins** Crabby greets a new arrival that melts his icy heart.
3.00 **The Vet Life**
5.00 **The Zoo**
6.00 **Bondi Vet** A look at some of Dr Chris Brown's most embarrassing cases.

9.00 Amanda to the Rescue

7.00 **Animal Cops Philadelphia** A dog arrives at the shelter after being attacked by another animal.
8.00 **Pit Bulls & Parolees** Mariah and Marcel help people living on the streets with their dogs by handing out goodie bags.
9.00 **Amanda to the Rescue** Amanda Giese and her family and friends tackle and treat the most hopeless cases.
10.00 **Animal Cops Houston** A team responds to reports of animal cruelty, rescuing pets and dealing with abusive owners.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **How Do Animals Do That**
2.00 **Pit Bulls & Parolees**
3.00 **Animal Cops Houston**
3.50 **The Zoo** A look at daily life in New York's Bronx Zoo.
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Supercar Megabuild**
9.00 **Supercars**
10.00 **Strippers: Cars for Cash**
11.00 **Air Crash Investigation**
1.00 PM **Hitler's Last Stand**
2.00 **Nazi Megastructures**
3.00 **Atlantis: Draining the Lost City** Experts explore evidence of the fabled city of Atlantis.
4.00 **Drain the Oceans**
5.00 **Car S.O.S** Fuzz and Tim restore a Renault 5 GT Turbo. **6.00** Fuzz and Tim go to France in search of a war veteran's old car.

9.30 Reach for the Stars

7.00 **Air Crash Investigation** The 1958 accident in which the plane carrying Matt Busby's Manchester United team crashed.
8.00 **Border Wars** Desperate travellers attempt to cross the US border by rivers and tunnels.
9.00 NEW SERIES **Reach for the Stars** The UAE's National Space Programme. **9.30** New edition
10.00 **Ultimate Airport Dubai** Construction begins on a massive new concourse. using 930,000 cubic metres of concrete.
11.00 **Air Crash Investigation**
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: First Class** A man caught with drugs blames his son-in-law.
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Cosmos: Possible Worlds**

+1 hour 229 267

Sky History

123 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Counting Cars**
11.00 **Ancient Aliens**
12.00 NOON **Eichmann on Trial**
1.00 PM **Forged in Fire Tournament of Champions**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars** Rick tries to prove the worth of an old Gulf sign.
6.00 **Swamp People** Jay Paul and RJ pursue nemesis Houdini.

9.00 Secret Wars Uncovered

7.00 **Forged in Fire** Four bladesmiths must forge judge Ben Abbott's favourite blade, the Celtic Ring Knife.
8.00 **Counting Cars** Danny agrees to prepare several of Hollywood actor Burt Reynolds' personal rides for auction.
9.00 **Secret Wars Uncovered** The facts behind battles that were fought covertly, here looking at the war in the Balkans.
10.00 **Hitler's War** The Battle of Stalingrad, which is considered by many historians to be the turning point in the war.
11.00 **Pawn Stars**
12.00 M'T **Washington**
2.00 AM **Eichmann on Trial**
3.00 **Forged in Fire Tournament of Champions** The smiths have to forge a camp knife from leftover steel.
4.00 **Swamp People**
5.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **John Surtees**
7.10 **Abandoned Engineering**
8.00 **Royal Murder Mysteries**
9.00 **Nazi Hunters**
10.00 **Antiques Roadshow**
11.00 **Abandoned Engineering**
12.00 NOON **Great British Railway Journeys** Double bill.
1.00 PM **Antiques Roadshow**
2.00 **Natural Curiosities**
3.00 **The Architecture The Railways Built**
4.00 **Abandoned Engineering**
5.00 **WW2 – Battles for Europe**
6.00 **Nazi Hunters**

9.00 Porridge

7.00 **Great British Railway Journeys** Michael Portillo visits Pontefract and Hull. **7.30** Bird-watching on Flamborough Head.
8.00 **Wonders of the Solar System** How the galactic forces that formed the solar system also shaped Earth's landscape.
9.00 **Porridge** Crafty con Fletcher helps new inmate Godber settle in. **9.40** Betting fever sweeps Slade Prison, but the stakes rise too high for some of the inmates. **10.20** Fletcher helps cellmate Godber make it through a long night.
11.00 **Abandoned Engineering**
12.00 M'T **Nazi Hunters**
1.00 AM **WW2 – Battles for Europe** Remembering the British and Canadians who fought the Germans to capture the city of Caen.
2.00 **to 3.00** AM **John Surtees: One of a Kind**

+1 hour 255 200 75

Friday

7 PM **8 PM** **9 PM** **10 PM**

Disc. History

171 257

6.00 AM **Wildest Indochina**
7.00 **Hacking the Wild**
8.00 **Combat Dealers**
9.00 **American Revolution**
10.00 **How Trains Changed the World**
11.00 **Hacking the Wild**
12.00 NOON **Blowing Up History**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Combat Dealers**
4.00 **American Revolution**
5.00 **How Trains Changed...**
6.00 **Blowing Up History**
7.00 **Mysteries at the Museum**
8.00 **Expedition Unknown**
9.00 **America: Facts vs Fiction**
10.00 **Blood and Fury: America's Civil War**
12.00 M'T **Expedition...**
1.00 AM **America: Facts...**
2.00 **to 6.00** AM **Highlights**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.30 **Jungle Planet**
10.00 **Climate Change: The Facts**
11.00 **Africa**
12.00 NOON **Natural Curiosities**
1.00 PM **Madagascar**
2.00 **Earth: The Power of the Planet**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **Climate Change...**
5.00 **Africa**
6.00 **Natural Curiosities**
7.00 **Madagascar**
8.00 **Earth: The Power of...**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **Climate Change...**
11.00 **Africa**
12.00 M'T **Natural Curiosities**
1.00 AM **Madagascar**
2.00 **Earth: The Power of...**
3.00 **The Zoo**
3.25 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Wild Yellowstone**
11.00 **Wild Yellowstone: She Wolf**
12.00 NOON **Stranger Than Nature: Unhinged**
1.00 PM **Africa's Deadliest**
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Monster Croc Wrangler** Matt uses a helicopter to search for a crocodile. **7.30** Matt sets out to catch a croc that launched itself onto the back of a fishing boat.
8.00 **Wonders of the Ocean** Ocean-dwelling creatures try to avoid becoming prey.
9.00 **Frozen Islands**
10.00 **Antarctica**
11.00 **Wild Nordic**
12.00 M'T **Animals Gone Wild**
2.00 **to 5.00** AM **Africa's Deadliest**

Sky History 2

163 163 894 272 330 390

8.00 AM **Custer: The Final Mystery**
9.00 **The Colour of War**
10.00 **Sean Bean on Waterloo**
11.00 **How the Earth Was Made**
12.00 NOON **Ancient Aliens**
2.00 PM **Battles BC**
3.00 **Custer: The Final Mystery**
4.00 **The Colour of War**
5.00 **Dogfights**
6.00 **The Universe**
7.00 **Sean Bean on Waterloo** The actor concludes his study of the decisive battle.
8.00 **In Search Of** The causes of sinkholes.
9.00 **Lost Worlds**
10.00 **The Lost Evidence**
11.00 **42 Ways to Kill Hitler**
12.05 AM **Ancient Aliens**
2.00 **Lost Worlds**
3.00 **The Lost Evidence**
4.00 **to 5.00** AM **In Search Of**

PBS America

174 273 91 155

8.00 AM **The Story of China**
10.35 **Battle of Britain: The Real Story**
11.50 **Plane Resurrection**
1.00 PM **The Story of China**
3.35 **Battle of Britain: The Real Story**
4.55 **Plane Resurrection**
6.10 **The Story of China** Michael Wood tells the story of the Qing, China's last empire. **7.20** The impact of China's revolutions.
8.35 **Battle of Britain: The Real Story** James Holland explores the battle from the German point of view.
9.50 **Plane Resurrection** The team takes to the air in a Bell UH-1 Iroquois.
11.00 **Conflict**
12.15 AM **Battle of Britain: The Real Story**.
1.30 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **I Knew My Murderer**
12.00 NOON **When Missing Turns to Murder**
1.00 PM **Nightmare in Suburbia**
2.00 **Murder for Hire**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour**
8.00 **I Knew My Murderer** New editions
9.00 **PD Cam**
10.00 **Police Patrol**
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **PD Cam**
2.00 **When Missing Turns to Murder**
3.00 **Murder for Hire**
4.00 **Fear Thy Neighbour**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

FRIDAY Films

Friday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Beyond the River** (2017)
8.00 **Top Ten: Harry Potter**
8.15 **Frozen II** As 3.30pm.
10.15 **Okko's Inn** As 4.20am.
12.00 NOON **Top Ten: Must-see Movies**
12.15 PM **PREMIERE It: Chapter Two** As shown at 8.00pm.
3.15 **The 2020 Top Ten Show**
3.30 **Frozen II** Animated sequel. (2019, U, 103min) ★★★★
5.30 **The Goldfinch** Drama. (2019, 15, 149min) ★★★

8.00 It: Chapter Two

8 PM

8.00 **PREMIERE It: Chapter Two** Horror starring Jessica Chastain. Twenty-seven years after their first encounter with the terrifying Pennywise, the Losers Club have grown up and moved away, until a phone call brings them back to face their demons. (2019, 15, 169min) ★★★
See review, page 22
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.50 **Sprinter** Drama. (2018, 15, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.50 AM **The Heist of the Century** Comedy starring Guillermo Francella and Luis Luque. (2020, 15, 114min) ★★★
2.50 **Blood on Her Name** Thriller starring Bethany Anne Lind. A woman's decision to cover up an accidental killing leads to disastrous consequences. (2019, 15, 85min) ★★★
4.20 **to 6.00** AM **Okko's Inn** Japanese animated adventure. (2018, PG, 94min) ★★

Sky Cinema Disney

305 305 846 405 505

6.50 AM **The Emperor's New Groove** As shown at 1.10am.
8.25 **Party Central**
8.45 **The Princess and the Frog**
10.35 **Frozen Fever**
10.55 **Frozen II** As 8.00pm.
12.55 PM **Dumbo** (1941) ★★★★★
2.15 **Race to Witch Mountain**
4.10 **Lilo & Stitch** Animated sci-fi. (2002, U, 85min) ★★★
5.50 **The Princess and the Frog** Animation. (2009, U) ★★★★
7.40 **Frozen Fever**

4.10 Lilo & Stitch

8.00 **Frozen II** Animated adventure featuring the voices of Kristen Bell, Idina Menzel and Josh Gad. Haunted by a mysterious voice, Elsa the Snow Queen travels to the enchanted forests beyond her kingdom. (2019, U, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **A Goofy Movie** Animated comedy. with the voice of Bill Farmer. (1995, U, 78min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Race to Witch Mountain** Sci-fi fantasy adventure starring Dwayne Johnson. (2009, PG, 94min) ★★★★
1.10 AM **The Emperor's New Groove** Animated musical comedy featuring the voices of David Spade and Eartha Kitt. (2000, U, 78min) ★★★
2.40 **Lilo & Stitch** As 4.10pm.
4.20 **Dumbo** As 12.55pm.
5.35 **to 7.10** AM **A Goofy Movie** Animation, as 10.00pm.

Sky Cinema Family

306 306 847 406 506

7.05 AM **The Adventures of Sharkboy and Lavagirl** Fantasy. (2005, U) ★★★
8.45 **Monster Family** As 5.30am.
10.30 **Beethoven** As 6.00pm.
12.10 PM **A Dog's Way Home**
2.00 **Prom** As shown at 11.45pm.
4.00 **Strike** Animated adventure. (2018, PG, 100min) ★★★
6.00 **Beethoven** Comedy. (1992, U, 87min) ★★★
7.40 **A Dog's Way Home** Family adventure. (2019, PG) ★★★

6.00 Beethoven

A Dog's Way Home (film started at 7.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Tomorrowland: A World Beyond** Fantasy starring George Clooney and Britt Robertson. A teenage inventor discovers a mysterious futuristic world, and tries to learn its secrets. (2015, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Prom** Teen comedy drama starring Aimee Teegarden and Thomas McDonell. (2011, U, 103min) ★★★
1.35 AM **Tomorrowland: A World Beyond** As 9.30pm.
3.50 **Look Who's Talking Now** Comedy sequel starring John Travolta. (1993, 12, 95min) ★
5.30 **to 7.15** AM **Monster Family** Animated comedy with the voice of Emily Watson. (2017, PG, 96min) ★★

Sky Cinema Action

307 307 848 407 507

6.45 AM **Iron Fury!** War drama. (2018, 12, 139min) ★★
8.50 **Lethal Weapon** As 6.05pm.
10.55 **Armageddon** Adventure. (1998, 12, 151min) ★★
1.30 PM **The Karate Kid** Martial arts drama remake. (2010, PG, 140min) ★★★
3.55 **Captain America: The First Avenger** Action fantasy. (2011, 12, 123min) ★★★
6.05 **Lethal Weapon** Action thriller. (1987, 18, 110min) ★★★★

6.05 Lethal Weapon

8.00 **The Mummy** Action adventure with Brendan Fraser and Rachel Weisz. In 1920s Egypt, a dashing American, an English librarian and her wastrel brother unwittingly revive an evil Egyptian high priest. With John Hannah. (1999, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The Mummy Returns** Adventure sequel starring Brendan Fraser and Rachel Weisz. An ex-legionnaire and his Egyptologist wife confront old and new adversaries. With John Hannah. (2001, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Mummy: Tomb of the Dragon Emperor** Action adventure sequel. (2008, 12, 112min) ★★★
2.10 **Captain America: The First Avenger** As 3.55pm.
4.15 **to 6.35** AM **The Karate Kid** Drama, as shown at 1.30pm.

Sky Cinema Comedy

308 308 849 408 508

6.55 AM **Action Point** As 1.55am.
8.25 **Crazy, Stupid, Love** As 4pm.
10.25 **Notting Hill** As 8.00pm.
12.35 PM **Road Trip** As 10.10pm.
2.15 **The Addams Family** Spooky comedy starring Raul Julia. (1991, PG, 95min) ★★★★
4.00 **Crazy, Stupid, Love** Romantic comedy starring Steve Carell. (2011, 12, 117min) ★★★★
6.00 **Friends with Benefits** Romantic comedy with Mila Kunis. (2011, 15, 109min) ★★★

6.00 Friends with Benefits

8.00 **Notting Hill** Romantic comedy starring Julia Roberts and Hugh Grant. A divorced Notting Hill bookshop owner hesitantly woos a Hollywood movie star. With Rhys Ifans and Alec Baldwin. (1999, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Road Trip** Comedy with Breckin Meyer and Seann William Scott. (2000, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Dirty Cops** French comedy starring Guillaume Canet and Gilles Lellouche. Subtitled. (2018, 18, 118min) ★★
1.55 AM **Action Point** Comedy starring Johnny Knoxville and Eleanor Worthington-Cox. (2018, 15, 90min) ★
3.25 **Friends with Benefits** Romantic comedy, as 6.00pm.
5.20 **to 7.05** AM **The Addams Family** Spooky black comedy, as shown at 2.15pm.

Sky Cinema Hits

303 403 503

7.20 AM **Alpha** Prehistoric adventure. (2018, 12, 96min) ★★★
9.05 **Slaughterhouse Rulez** Comedy horror. (2018, 15, 104min) ★★★
10.55 **Teen Titans Go! To the Movies** Animation. (2018, PG) ★★★
12.25 PM **Alita: Battle Angel** As 9pm.
2.30 **Mortal Engines** Adventure. (2018, 12, 128min) ★★★
4.45 **Edge of Tomorrow** Fantasy. (2014, 12, 113min) ★★★

Sky Cinema Greats

304 304 845 404 504

7.30 AM **3 Men and a Baby** (1987)
9.20 **Twister** Thriller. (1996) ★★★
11.20 **Ocean's Eleven** As 8.00pm.
1.20 PM **Star Wars: Episode IV – A New Hope** (1977) ★★★★★
3.30 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi. (1980, U, 124min) ★★★★★
5.40 **Star Wars: Episode VI – Return of the Jedi** Sci-fi. (1983, U, 133min) ★★

TCM Movies

315 415 416 512 526

6.30 AM **Hollywood's Best Film Directors** Double bill.
7.30 **Air Force** Drama. (1943) ★★★
9.55 **Destry Rides Again** (1939)
12.00 NOON **Apache Territory** (1958)
1.30 PM **Action in the North Atlantic** Drama. (1943) ★★★
4.05 **Murder She Said** Thriller. (1961, b/w, PG, 86min) ★★★
5.40 **The Hired Gun** Western. (1957, b/w, U, 63min) ★★★

Talking Pictures

328 445 81 306

6.00 AM **Davy** Drama. (1957, U) ★★
7.40 **Report On Litter**
7.45 **Marry Me!** Comedy. (1949) ★
9.35 **Mrs Pym of Scotland Yard**
10.50 **Voyage of the Damned** (1976)
2.00 PM **Rooms**
2.30 **Running for Pleasure**
2.55 **Crooks in Cloisters** Comedy caper. (1963, U, 97min) ★★★
4.55 **Blithe Spirit** Comedy. (1945, U, 96min) ★★★★★

Horror

317 149 70 138

8.00 AM **Under the Dome** 1/13. (S3)
9.00 **Star Trek: The Next Generation** 21/22. (S2)
10.00 **Star Trek** 21/24. (S3)
11.00 **Martian Land** Sci-fi drama. (2015, PG, 90min) ★
1.00 PM **Miami Magma** Sci-fi disaster. (2011, 15, 97min) ★★
3.00 **Space 1999** 14/24. (S2)
4.00 **Mega Shark vs. Giant Octopus** Thriller. (2009, 15, 90min) ★

primetime

6.45 **Pacific Rim** Sci-fi action movie starring Charlie Hunnam. Humanity creates giant fighting robots to repel alien monsters emerging through a breach in the Pacific Ocean. With Idris Elba. (2013, 12, 131min) ★★★
9.00 **Alita: Battle Angel** Action fantasy adventure starring Rosa Salazar and Christoph Waltz. In the 26th century, cyborg Alita is repaired by a kindly technician with a dark secret. (2019, 12, 122min) ★★★★

11.05 **Avengers: Endgame** Adventure. (2019, 12, 181min) ★★★★
2.05 AM **Pet Sematary** Horror thriller. (2019, 15, 101min) ★★★
3.50 **Sex Tape** Comedy with Jason Segel. (2014, 15, 92min) ★★
5.30 **to 7.20** AM **The Nutcracker and the Four Realms** (2018)

8.00 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt, Julia Roberts, Andy Garcia and Matt Damon. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
10.00 **The Bourne Identity** Spy thriller starring Matt Damon as an amnesiac man who learns that he is a highly trained assassin with deadly enemies. (2002, 12, 119min) ★★★★★

12.00 M'T **The Bourne Supremacy** Spy thriller. (2004, 12) ★★★★
2.00 AM **Layer Cake** Thriller. (2004, 15, 105min) ★★★★
3.55 **Flash Gordon** Sci-fi adventure romp. (1980, PG, 115min) ★★★
5.50 **to 7.20** AM **The Muppet Christmas Carol** (1992) ★★★★

6.50 **Support Your Local Gunfighter** Western spoof starring James Garner, Suzanne Pleshette and Jack Elam. A con-man hoodwinks a small gold-mining town by passing off a tramp as a gunslinger. (1971, U, 92min) ★★★
8.35 **Michael Caine Off Set**
9.00 **Payback** Action thriller starring Mel Gibson as a professional crook who goes gunning for the partner who betrayed him. (1998, 18, 101min) ★★

11.05 **Resident Evil: Apocalypse** Sci-fi horror. (2004, 15) ★★★
1.00 AM **Charley Varrick** Crime thriller. (1973, 15) ★★★★
3.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

6.55 **Speed Crazy**
7.00 **Venetian Bird** Thriller starring Richard Todd as a private detective who travels to Venice to find a missing person. (1952, PG, 95min) ★★
9.00 **Van der Valk**
10.00 **The Rocky Horror Picture Show** Richard O'Brien's cult comedy horror musical starring Tim Curry. An all-American couple stumble on a house inhabited by a mad scientist. (1975, 15, 95min) ★★★★

12.00 M'T **Nosferatu the Vampyre** German horror. Subtitled. (1979, 15, 107min) ★★★★
2.15 AM **The First Travelling Saleslady** Comedy. (1956) ★★
4.05 **When You Come Home** (1947)
5.55 **to 6.00** AM **Glimspes: Sturminster Carnival 1962**

6.00 **Star Trek** 22/24. (S3)
7.00 **Star Trek: The Next Generation** 22/22. (S2)
8.00 **First Wave** *Skywatchers:* 9/22. A Raven Nation operative disappears. (S3)
9.00 **Skyline** Sci-fi thriller starring Eric Balfour and Scottie Thompson. A group of LA friends wake up after a night of wild partying to find that aliens have invaded the city. With Crystal Reed and Brittany Daniel. (2010, 15, 92min) ★★

10.50 **The Rezort** Horror with Dougray Scott. (2015, 15, 93min) ★★
12.40 AM **Outcast** Supernatural horror. (2010, 18, 97min) ★★★
2.35 **to 4.30** AM **The Hexecutioners** Horror. (2015, 15, 95min) ★★

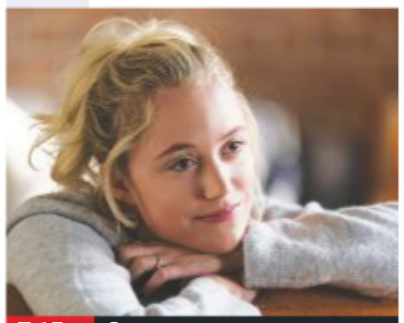
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.30 AM **November Criminals** Drama. (2016, 12, 86min) ★★
8.10 **Into the Ashes** (2018) ★★★
9.55 **Out of Blue** (2018) ★★★
11.55 **Ride** Thriller. (2017, 15) ★★
1.25 PM **The Padre** Crime drama. (2018, 15, 98min) ★★★
3.10 **Butch Cassidy and the Sundance Kid** Western. (1969, PG, 112min) ★★★★★
5.10 **The Sisters Brothers** Western. (2018, 15) ★★★★
7.15 **Greta** Thriller. (2018) ★★★★


7.15 Greta

Greta (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Wolf Hour** Drama starring Naomi Watts. As a wave of violence and murder sweeps New York City in 1977, a woman tries to hide from the chaos in her apartment. (2019, 15, 99min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

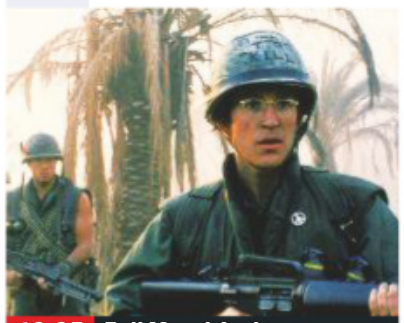
10.45 **Come to Daddy** Comedy thriller with Elijah Wood and Stephen McHattie. (2019, 18, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Pimp** Romantic drama starring Keke Palmer, Lyrica Okano and Vanessa Morgan. (2018, 15, 86min) ★★★
2.15 **The Sisters Brothers** Western, as 5.10pm.
4.30 **to 6.35** AM **Butch Cassidy and the Sundance Kid** Western, as 3.10pm.

Sky Cinema Drama

310 310 851 410 510

6.00 AM **Sometimes Always Never**
7.45 **Sabrina** As shown at 4.05am.
9.50 **Grease** As shown at 6.00pm.
11.55 **The Best of Enemies** Drama, as shown at 12.05am.
2.20 PM **American Summer** Comedy with Blake Cooper. (2016, 15, 100min) ★★
4.15 **Sometimes Always Never** Comedy drama with Bill Nighy. (2018, 12, 91min) ★★★★
6.00 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★


10.05 Full Metal Jacket

8.00 **Hotel Mumbai** Fact-based thriller starring Dev Patel. In 2008, at the Taj Mahal Palace Hotel, four terrorists take the staff and residents hostage. However, employees risk their lives to protect their guests. (2018, 15, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

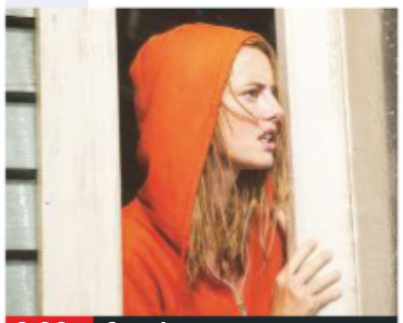
10.05 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama starring Matthew Modine as a GI in the thick of the action at the battle for Hue in 1968. With Adam Baldwin and R Lee Ermey. (1987, 15, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Best of Enemies** Drama with Taraji P Henson. (2019, 12, 133min) ★★★
2.20 **American Summer** Comedy drama, as shown at 2.20pm.
4.05 **to 6.00** AM **Sabrina** Comedy starring Humphrey Bogart. (1954, b/w, U, 113min) ★★★★

Sky Cinema Sci-Fi/Horror

311 411 511

6.00 AM **Radioflash** (2019) ★★
7.55 **Slender Man** Horror. (2018) ★
9.40 **Elysium** Sci-fi. (2013) ★★★★
11.40 **Crawl** As shown at 9.00pm.
1.15 PM **Men in Black: International** As 10.35pm.
3.15 **Escape Room** Thriller. (2019, 15, 99min) ★★★
5.10 **The Darkest Minds** Thriller. (2018, 12, 104min) ★★
7.00 **Blade Runner: The Final Cut** Cult sci-fi thriller. (1982, 15, 117min) ★★★★★


9.00 Crawl

Blade Runner: The Final Cut (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Crawl** Horror with Kaya Scodelario. A woman attempts to save her father during a hurricane, finds herself trapped in a rapidly flooding house. (2019, 15, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Men in Black: International** Fantasy sequel starring Chris Hemsworth, Liam Neeson and Tessa Thompson. (2019, 12, 114min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Satanic Panic** Horror. (2019, 18, 85min) ★★★
2.10 **The Black String** Horror. (2018, 15, 93min) ★★★
3.55 **Play or Die** Horror. (2019, 18, 89min) ★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Blockbusters

302 402 502

6.00 AM **300** As 1.30am.
8.00 **Rio** As 5.45am.
9.45 **Titanic** As 8.00pm.
1.00 PM **Spider-Man** Fantasy adventure starring Tobey Maguire and Kirsten Dunst. (2002, 12, 121min) ★★★★
3.15 **Spider-Man 2** Fantasy sequel starring Tobey Maguire. (2004, PG, 127min) ★★★★
5.30 **Spider-Man 3** Fantasy adventure with Tobey Maguire. (2007, 12, 138min) ★★★

8.00 Titanic

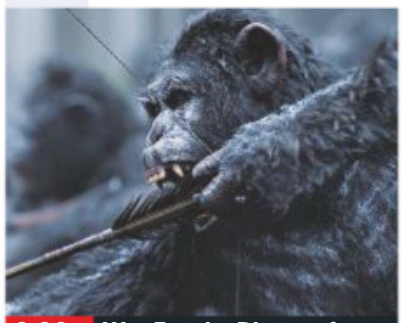
8.00 **Titanic** Director James Cameron's multi-Oscar-winning blockbuster starring Kate Winslet and Leonardo DiCaprio. A poor young artist and the rebellious daughter of a wealthy family meet and fall in love on board the doomed ocean liner as it makes its fateful maiden voyage. With Billy Zane and Kathy Bates. (1997, 12, 195min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Fast & Furious 6** Action thriller sequel starring Paul Walker and Vin Diesel. (2013, 12, 128min) ★★★
1.30 AM **300** Adventure starring Gerard Butler, Dominic West and Lena Headey. (2006, 15, 116min) ★★★★
3.30 **Spider-Man 2** As 3.15pm.
5.45 **to 7.30** AM **Rio** Animated comedy adventure with the voice of Jesse Eisenberg. (2011, U, 95min) ★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Hell Is for Heroes!** World War Two action drama. (1962, b/w, 12, 90min) ★★★
12.50 PM **The Fighting Kentuckian** Western with John Wayne. (1949, b/w, U, 99min) ★★★
2.55 **Funeral in Berlin** Spy thriller. (1966, PG, 100min) ★★★
5.00 **Gun Fury** Western drama. (1953, U, 83min) ★★★
6.45 **Ender's Game** Sci-fi adventure. (2013, 12, 111min) ★★★


9.00 War For the Planet of...

Ender's Game (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **War for the Planet of the Apes** Sci-fi adventure sequel starring Andy Serkis and Woody Harrelson. A devastating conflict erupts between humans and intelligent primates in a post-apocalyptic future. (2017, 12, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.45 **Escape Plan** Action thriller starring Sylvester Stallone. A structural security expert strives to escape from a hi-tech secret prison with help from a fellow inmate. (2013, 15, 113min) ★★★
2.00 **to 4.00** AM **Juan of the Dead** Comedy starring Alexis Diaz de Villegas. (2011, 15, 92min) ★★★

11 PM

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **Stealth – The Art of Deception** Documentary.
7.10 **Convicted** Drama. (1950) ★★★
9.05 **Funny Girl** Musical biopic. (1968, U, 169min) ★★★★
12.00 NOON **Murderers' Row** Spy spoof. (1966, 108min) ★★
2.10 PM **First Men in the Moon** Sci-fi. (1964, U, 99min) ★★★
4.20 **Walk, Don't Run** Romantic comedy. (1966, U, 114min) ★★

6.40 **An Affair to Remember** Classic drama starring Cary Grant and Deborah Kerr. An ex-singer and a wealthy playboy fall in love on board a transatlantic liner. (1957, U, 115min) ★★★
9.00 **How to Marry a Millionaire** Comedy with Marilyn Monroe and William Powell. Three models pool their resources in order to trap wealthy bachelors. (1953, U, 95min) ★★★★
11.05 **Big Trouble** Comedy thriller. (1986, 18, 93min) ★★

12.55 AM **The Big Chill** Drama. (1983, 15, 115min) ★★★★
3.00 **Mayflower: The Pilgrims' Adventure** Drama. (1979) ★
4.35 **to 6.00** AM **What a Carve Up!** Comedy chiller. (1961) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **White Hot: The Mysterious Murder of Thelma Todd** (1991)
10.55 **Christie's Revenge** Thriller. (2007, 12, 125min) ★★
1.00 PM **Lost Letter Mysteries: The Impossible Dream** Drama starring Eric Mabius.
2.50 **The Perfect Bride** Thriller. (1991, 15, 94min) ★★
4.40 **Short Circuit 2** Sci-fi comedy sequel. (1988, PG, 110min) ★

6.55 **Groundhog Day** Romantic fantasy comedy starring Bill Murray. A cynical weatherman finds himself reliving the same 24 hours over and over again. (1993, PG, 103min) ★★★★★
9.00 **Enemy at the Gates** World War Two military drama starring Jude Law. During the battle of Stalingrad, the Russian army search for a hero to inspire their demoralised army in their struggle against the Germans. (2001, 15, 131min) ★★★★

11.35 **Sahara** World War Two action drama. (1995, 15, 106min) ★★
2.00 AM **Awake** Suspense thriller. (2007, 15, 80min) ★★★
3.45 **to 6.00** AM **Fly Away Home** Adventure. (1996, U) ★★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **One Against One – No Mercy** Western. (1968, PG) ★★
7.40 **Appointment In Berlin** (1943)
9.15 **Marine Raiders** (1944) ★★
11.00 **A Prize of Arms** (1961) ★★★
1.10 PM **They Rode West** Western. (1954, U, 97min) ★★
2.55 **Passport to Suez** Thriller. (1943, b/w, PG, 72min) ★★
4.25 **Young Winston** Biopic. (1971, PG, 157min) ★★★

7.15 **Flight World War II** Sci-fi thriller starring Faran Tahir. Holidaymakers get more than they bargained for when their plane is transported to 1940 France. (2015, 12, 85min) ★★
9.00 **Black Water** Action thriller starring Claude Van Damme and Dolph Lundgren. When he is imprisoned aboard a CIA submarine, a deep-cover operative joins forces with another prisoner to break free. (2018, 15, 135min) ★★

11.15 **Half Past Dead** Action thriller. (2002, 15, 98min) ★
1.15 AM **Way of the Wicked** Thriller. (2014, 15, 88min) ★★
3.00 **to 4.00** AM **Submarine Warfare** Documentary.

+1 hour 324

Movies 24

325 419

7.00 AM **The Christmas Card** (2006)
9.00 **Love at the Parade** Romantic drama. (2012, PG, 90min) ★★
11.00 **Love Always, Santa** Drama. (2016, PG, 99min) ★★
1.00 PM **The Christmas List** Drama. (1997, U, 90min) ★★
3.00 **The Christmas Train** Romantic drama. (2017, U, 90min) ★★★
5.00 **A Gingerbread Romance** Drama. (2018, PG, 90min) ★★

7.00 **Two Turtle Doves** Festive drama starring Nikki Deloach. A doctor regains her belief in Christmas miracles when she encounters a little girl and her father. (2019, PG, 120min) ★★
9.00 **Write Before Christmas** Drama starring Torrey DeVitto. A woman sends Christmas cards to people who have influenced her life. As each person receives their card, they are inspired to make their own lives better. (2019, PG, 90min) ★★

11.00 **Christmas Joy** Romantic drama. (2018, U, 90min) ★★
1.00 AM **A Dream of Christmas** Romantic drama. (2016, U) ★★
3.00 **to 5.00** AM **A Christmas Tail** Drama. (2012, U, 84min) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

8.00 PM **The Dukes of Hazzard** *Comedy Central* Comedy. ★
9.00 **Ted 2** *E4* Comedy sequel. ★★★
9.00 **The Commuter** *5STAR* Thriller starring Liam Neeson. ★★★
9.00 **Oscar Pistorius: Blade Runner Killer** *Lifetime* Drama. ★★
10.00 **Shirley Valentine** *Channel 5* Romantic comedy. ★★★★
10.00 **Dead Man Walking** *5SELECT* Oscar-winning drama starring Susan Sarandon. ★★★★★
10.45 **Rush** *BBC1 (NI: 11.15pm, Wales: 11.45pm)* Exhilarating sports drama starring Chris Hemsworth and Daniel Brühl as 1970s Formula 1 drivers James Hunt and Niki Lauda. ★★★★
10.45 **Next Goal Wins** *Sky Documentaries* ★★★★
11.05 **The Chronicles of Riddick** *5STAR* Sci-fi adventure starring Vin Diesel. ★★★
12.00 M'T **Patch Adams** *Sky Comedy* Fact-based comedy drama starring Robin Williams. ★★
12.20 AM **Anita & Me** *BBC2* Comedy with Chandeep Uppal. ★★★
12.20 **Shark Shock** *Syfy* Thriller.
2.15 **The Cold Blue** *Sky Documentaries* ★★★★

Friday

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Sky Sports News**
8.00 **LIVE ANZ Premiership Netball Pulse v Steel** Coverage of the match from the fifth round of fixtures, taking place at Auckland Netball Centre. Centre-pass **8.00am**.
9.30 **My Icon** Heather Watson.
9.45 **My Icon** Nigel Owens.
10.00 **My Icon** Former NBA star John Amaechi talks about the individuals that have inspired him over the course of his career.
10.15 **My Icon** Duke McKenzie talks about the individuals that have been an inspiration to him.
10.30 **LIVE Test Cricket England v West Indies.** Coverage of day three of the first Test in the three-match series, held at Ageas Bowl in Southampton.
7.00 PM **Test Cricket Bitesize** Action from England v West Indies.
7.15 **Cricket Debate**
8.00 **LIVE PGA Tour Golf** Coverage of the second day of the Workday Charity Open from Muirfield Golf Club in Dublin, Ohio.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Gary Neville**
7.30 **PL Legends: Robbie Fowler**
8.00 **Best PL Goals 16/17**
8.30 **Best PL Goals: Man City v Liverpool** Memorable strikes.
9.00 **Premier League 100 Club**
10.00 **TBA**
12.00 NOON **Premier League** A chance to see Bournemouth v Tottenham Hotspur.
2.30 PM **PL Greatest Games**
2.45 **Premier League**
5.30 **Premier League 100 Club**
6.00 **PL Legends: Robbie Fowler**
6.30 **PL Legends: Ian Wright**
7.00 **Premier League Match Pack**
7.30 **Premier League World**
8.00 **PL Retro** Highlights of Liverpool v Newcastle from 1996.
10.00 **Gary Neville's Soccerbox**
11.00 **Premier League Match Pack**
11.30 **Premier League World**
12.00 M'T **Best PL Goals 12/13**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 13/14**
5.00 **Best PL Goals: Manchester Derby** Memorable goals.
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **Highlights**
9.15 **SPFL Greatest Games**
9.30 **Football's Greatest Players**
10.00 **Football Countdowns**
10.30 **Football Years**
11.00 **EFL Cup Final 15**
12.00 NOON **EFL Greatest Games**
12.45 PM **SPFL Greatest Games**
1.00 **Football's Greatest Players**
1.30 **Football Countdowns**
2.00 **Football Years**
2.30 **EFL Cup Final 16**
3.30 **EFL Highlights**
3.45 **EFL Championship Highlights**
4.15 **EFL Highlights**
4.30 **EFL Championship Highlights**
5.00 **Best Moments From The Championship Play-Off Final**
5.30 **Best Moments From The League 1 & 2 Play-Off Final**
6.00 **EFL Championship Highlights**
6.45 **EFL Highlights**
7.00 **EFL Cup Retro 12**
9.00 **EFL Cup Final 18**
9.30 **EFL Best Championship Goals**
10.00 **SPFL Greatest Games**
10.30 **SPFL Highlights**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Final 19**
1.00 AM **EFL Play-off Final**
2.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Captain's Log**
7.00 **Best of England v Windies**
7.30 **The Cricket Lockdown Vodcast**
8.30 **Test Cricket** England v West Indies: Action from the second day of the first Test in the three-match series, taking place at Ageas Bowl in Southampton.
9.30 **Cricket Debate**
10.15 **Test Cricket Bitesize**
10.30 **LIVE Test Cricket England v West Indies.** Coverage of day three of the first Test in the three-match series, held at Ageas Bowl in Southampton.
7.00 PM **Test Cricket Bitesize**
7.15 **Cricket Debate**
8.00 **Test Cricket** As 10.00pm.
9.00 **Cricket Debate**
9.45 **Test Cricket Bitesize**
10.00 **Test Cricket** England v West Indies: Action from the third day of the first Test in the three-match series, taking place at Ageas Bowl.
11.00 **Cricket Debate**
11.45 **Test Cricket Bitesize**
12.00 M'T **Captain's Log**
1.00 AM **T20 Blast 2019 Finals Day**
4.30 **Masterclass: Curtly Ambrose**
5.00 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **Chronicles of a Champion Golfer** A profile of Jack Nicklaus.
6.30 **European Tour Golf** The 2013 Scottish Open: Highlights of the fourth and final round held at Castle Stuart in Inverness.
7.30 The 2014 Scottish Open: Action from the fourth and final round at Royal Aberdeen, where Phil Mickelson entered as the defending champion.
8.30 **PGA Tour Golf** Another chance to see the action from the first day of the Workday Charity Open.
11.30 **Nick Dougherty's Tee Time Tips** Nick Dougherty gives some golf tips from the 2018 Ryder Cup.
12.00 NOON **Golf Pass with Rory McIlroy** With Rory McIlroy.
12.30 PM **LIVE PGA Tour Golf** Coverage of the featured groups on day two of the Workday Charity Open taking place at Muirfield Golf Club in Dublin, Ohio.
8.00 **LIVE PGA Tour Golf** Further coverage of day two of the the Workday Charity Open from Muirfield Golf Club in Dublin, Ohio.
11.00 **PGA Tour Golf**
2.00 AM **European Tour Golf**
5.00 **to 6.00** AM **PGA Tour Golf**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Gearing Up**
6.30 **Premier League 100**
7.00 **WWE Raw Highlights**
8.00 **WWE NXT**
9.45 **Ligue 1 Goals Of The Season**
10.00 **ESPN FC** Football news.
10.30 **LIVE AFL** Action from the Australian Football League.
1.30 PM **Turkish Super Lig**
3.00 **WWE Raw**
5.00 **WWE NXT Highlights**
6.00 **AFL**
8.00 **UEFA Champions League Magazine** The latest news and updates from the UEFA Champions League.
8.30 **WWE Royal Rumble** All the action from the Royal Rumble at Minute Maid Park in Houston.
9.00 **WWE Ruthless Aggression**
10.00 **WWE NXT UK** Action from *WWE NXT UK* as the next generation of superstars showcase their talents.
11.00 **WWE NXT Highlights**
12.00 M'T **WWE SmackDown Highlights** Wrestling action.
1.00 AM **LIVE WWE Friday Night SmackDown** Wrestling action.
3.00 **Fishing: On The Bank**
4.00 **to 6.00** AM **V8 Supercars Highlights**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **BT Sport Goals Reload**
6.30 **Moto3: Grand Prix of Aragon 2019** Action from Spain.
7.30 **Moto2: Grand Prix of Aragon 2019** Action from Spain.
8.30 **MotoGP: Grand Prix of Aragon 2019** Action from Spain.
9.30 **In Depth with Graham Bensinger** Discussion series.
10.00 **World Rallycross Highlights**
11.00 **Pat XO**
12.00 NOON **Moto2 & Moto3 Review 2013** A look at the 2013 season.
1.00 PM **ESPN Films: Elevate**
2.30 **30 for 30: Sole Man**
4.00 **30 for 30 Requiem for the Big East** Documentary.
6.00 **30 For 30: Long Gone Summer**
8.00 **No Limits** A profile of former freediver Audrey Mestre.
9.00 **BT Sport Films: State of Play**
10.45 **State of Play: Dawn Astle**
11.00 **John Barnes: Poetry In Motion**
12.00 M'T **30 for 30: You Don't Know Bo** Profile of Bo Jackson.
1.30 AM **No Crossover: The Trial of Allen Iverson**
3.00 **30 for 30: Run Ricky Run**
4.00 **30 for 30: Once Brothers**
5.30 **to 6.00** AM **In Depth with Graham Bensinger**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **Turkish Super Lig**
7.30 **The Big Match Revisited**
10.30 **Classic Premier League**
12.00 NOON **FA Cup Final Classics**
1.00 PM **Classic Bundesliga**
2.30 **MotoGP Classics: Buenos Aires 1995** The Argentinian GP.
3.30 **MotoGP Classics: Suzuka 1994** The Japanese GP.
4.30 **UEFA Champions League – Stories of the Finals**
5.30 **UEFA Champions League – Classics** Manchester United v FC Porto from 2003/2004.
6.00 **UEFA Champions League Goals Show Retro**
7.00 **Bundesliga Special**
8.00 **Ashes Classics – 1986/87**
9.00 **UFC: Inside the Octagon**
9.30 **SC: UFC Fight Camp**
10.00 **Dan Hardy's Open Mat**
10.30 **UFC Preview** A look ahead to UFC 251 in Abu Dhabi.
11.00 **UFC Countdown**
12.00 M'T **SC: UFC Fight Camp**
12.30 AM **UFC: Inside the Octagon**
1.00 **UFC: The Ultimate Fighter**
2.00 **SC: UFC Fight Camp**
2.30 **Dan Hardy's Open Mat**
3.00 **WRC Review: Turkey 2018**
4.00 **to 6.00** AM **Irish Rally Review**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **NFL: America's Game**
8.00 **Grand Slam of Darts**
10.00 **LIVE Super Rugby Rebels v Reds.** Coverage of the match at AAMI Park. Kick-off **10.05am**.
11.45 **Rugby Union Retro**
12.00 NOON **NFL: Wildcard 2019 Hlts** Highlights from Philadelphia Eagles v Seattle Seahawks.
1.00 PM **NFL: Wildcard 2019 Hlts**
2.00 PM **NFL: Backing Buffalo**
3.00 **NFL 2019 Season Rewind**
4.00 **NFL: Backing Buffalo**
5.00 **Motorsport Mundial**
5.30 **Wildfly Fishing**
6.00 **Super Rugby** Rebels v Reds.
7.45 **Rugby Union Retro**
8.00 **NFL: A Football Life**
9.00 **Froch Friday** Carl Froch v Glen Johnson: The 2011 bout for the WBC Super Middleweight title.
10.00 **Froch Friday** Carl Froch v Mikkel Kessler: The 2013 bout for the IBF and WBA Super Middleweight titles at the O2 Arena in London.
11.00 **Froch Friday**
12.00 M'T **NFL Highlights**
1.00 AM **NFL: America's Game**
2.00 **Grand Slam of Darts**
4.00 **to 6.00** AM **Fight Night Classics**

Sky Sports Mix

145 145 838 | 520 510

6.00 AM **My Icon**
7.00 **Fighting Fit 2020**
7.30 **Fit In 5**
8.00 **LIVE ANZ Premiership Netball Pulse v Steel.** Coverage from Auckland Netball Centre. Centre-pass **8.00am**.
9.30 **Rugby Championship Classic Matches** Australia v New Zealand.
1.00 PM **Fight Night**
3.00 **My Icon**
4.00 **Sporting Greats**
4.30 **School of Golf**
5.00 **Fighting Fit 2020**
5.30 **Fit In 5**
6.00 **ANZ Premiership Netball**
7.30 **Rugby Union Retro**
7.45 **Lions 2013** Australia v British & Irish Lions: Action from the third and final Test at the ANZ Stadium.
8.45 **Rugby Union Retro**
9.00 **Boxing Gold** Action from the fights featuring Errol Spence Jr.
10.00 **Bellator MMA** Action from Daniel Straus v Patricio Freire.
11.15 **Top 10 Boxing Ringwalks**
12.00 M'T **Rugby Championship Classic Matches**
3.30 AM **Fight Night**
5.30 **to 6.00** AM **Top 10 Great Boxing Upsets**

BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **In Depth with Graham Bensinger**
7.00 **ESPN SportsCenter**
7.15 **College Football Classics**
11.00 **ESPN FC** Football news.
11.30 **ESPN SportsCenter**
11.45 **College Football Classics**
3.30 PM **The Basketball Tournament**
7.00 **LIVE The Basketball Tournament** Quarter-final action from the Basketball Tournament, which is a 5-on-5, winner take all tournament with a grand prize of over $1million.
11.00 **ESPN SportsCenter** SportsCenter presented by Phil Murphy looks at all the news of the day with interviews and special guests from the world of sport.
11.15 **MLB Classic** Three classic matches from yesteryear.
3.15 AM **College Football Classics**
5.00 **to 6.00** AM **MLB Classic**

Eurosport 1

410 410 864 | 521 | 412 435

7.00 AM **Ultimate Tennis Showdown** Round four.
8.00 **Tour de France: Froome 2015**
11.00 **Ultimate Tennis Showdown**
12.00 NOON **Wimbledon 2019**
1.30 PM **Hall of Fame – Greatest Cyclists** As 6.30pm.
2.00 **Tour de France: Froome 2015**
5.00 **Wimbledon 2019**
6.30 **Hall of Fame – Greatest Cyclists** A look at the outstanding cyclists in Olympic history.
7.00 **Cycling: Road World Championships** The 2014 event from Ponferrada, Spain.
8.00 **Tour de France: Froome 2015** The 12th stage of the race, which featured a 195km course from Lannemezan to Plateau de Beille.
11.00 **World Poker Tour**
12.00 M'T **Scottish Open Snooker Final** The 2017 final in Glasgow.
2.00 AM **Tour de France: 2015**
5.00 **to 6.00** AM **Snooker: Masters Final 2016**

Eurosport 2

411 411 865 | 522 | 413 436

8.00 AM **Wimbledon 2016**
9.30 **Ultimate Tennis Showdown**
10.30 **Hall of Fame – London 2012**
11.00 **Snooker: Gibraltar Final 2019**
1.00 PM **Speedway European Championship** As 7.00pm.
2.00 **Athletics: Diamond League**
3.00 **Masters Final: O'Sullivan v Trump** The 2019 final from Alexandra Palace, London.
5.00 **Australian Superbikes**
7.00 **Speedway European Championship** Action from the second round of the season.
8.00 **Superbikes: MotoAmerica** Round two from Wisconsin.
9.30 **Football** Stabaek v Rosenborg.
10.30 **Football** Odd v FK Haugesund.
11.30 **Snowboarding**
11.45 **Climbing World Championships**
2.00 AM **Hall of Fame – London**
3.00 **Snooker: UK Champs 2017**
5.00 **to 6.00** AM **Tour de France: Froome 2015**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Highlights**
9.00 **LIVE NRL Titans v Warriors.** From Suncorp Stadium in Brisbane. Kick-off **9.00am**.
10.55 **LIVE NRL Rabbitohs v Wests Tigers.** Kick-off **10.55am**.
12.50 PM **Super League Gold**
1.00 **LIVE Super Rugby Brumbies v Rebels.** Kick-off **10.15am**.
3.00 **Super League Highlights**
4.15 **NBA**
6.00 **LIVE ANZ Premiership Netball Pulse v Steel.** Coverage from Auckland Netball Centre. (Centre-pass **8.00am**).
7.30 **Super League Highlights**
8.00 **S/Lge Retro**
10.00 **Championship Rugby League**
11.00 **Super League 2019 Highlights**
11.15 **Ladbrokes Challenge Cup**
11.30 **Super League Highlights**
1.00 AM **Sporting Heroes: John Barnes Interviews John Conteh**
2.00 **Netball World Cup**
4.00 **to 6.00** AM **NBA Classic Games**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **Highlights**
8.30 **LIVE Formula 3** In Spielberg.
9.20 **Karun Drives the W10**
9.30 **Welcome to the Weekend**
10.00 **LIVE Formula 1** The Styrian Grand Prix first practice session.
11.50 **LIVE Formula 2** In Spielberg.
12.40 PM **Vettel In Fiorano**
12.55 **Alfa Romeo 1950**
1.00 **LIVE Formula 3** In Spielberg.
1.40 **F1 Cars Through 1000 Races**
1.45 **LIVE Formula 1** In Spielberg.
3.45 **Jenson's Memories**
3.55 **F1 Cars Through 1000 Races**
4.00 **LIVE Formula 2** In Spielberg.
4.30 **Story So Far**
5.00 **Ferrari Challenge Europe**
6.00 **Styrian F1 GP: Practice 1 Hlts**
7.45 **Styrian F1 GP: Practice 2 Hlts**
9.30 **Styrian F2 GP: Qualifying**
10.00 **Story So Far – Styria**
10.30 **Lewis & Martin: Secret Cinema**
11.00 **Welcome to the Weekend**
11.30 PM **to 6.00** AM **Highlights**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Kids' Weekly TV Guide

4-10 July

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBBC

613 613 646 | 701 | 201 | 204 | 607 | 600

SATURDAY

7.00am Arthur **7.15** Shaun the Sheep **7.20** Danger Mouse **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** Match of the Day Kickabout New **8.05** The Playlist New **8.25** Newsround **8.30** Deadly 60 **9.00** Dragons **9.25** Boy Girl Dog Cat Mouse Cheese **9.40** She-Ra **10.00** Odd Squad **10.15** Show Me What You're Made Of **10.45** Diddy TV **10.55** The Dog Ate My Homework **11.25** Hey You What If? **11.30** The Dumping Ground **11.45** Nikki Lilly Bakes **11.55** 4 O'Clock Club **12.25pm** Holly Hobbie **12.50** Newsround **12.55** Jamie Johnson **1.20** The Worst Witch **1.50** Newsround **2.00** Malory Towers **2.25** Matilda and the Ramsay Bunch **5.35** My Life **6.00** All Over the Place **6.30** Marrying Mum and Dad **7.00** Show Me What You're Made Of **7.30** Step Up to the Plate **8.00** Operation Ouch! **8.30-9.00pm** Horrible Histories

SUNDAY As Saturday except:

7.45am The Zoo **7.55** Diddy Bits **8.05** Class Dismissed **8.20** Nikki Lilly Bakes **8.30** The Dengineers **9.00** Blue Peter **9.30** Craft Party **9.45** Newsround **9.50** Matilda and the Ramsay Bunch **10.05** Gym Stars **10.30** My Life **10.55** Odd Squad **11.20** Horrible Histories **11.50** Newsround **11.55** Deadly 60 **12.25pm** All Over the Place **12.55** Operation Ouch! **1.25-1.55** Show Me What You're Made Of **2.00** Dumping Ground **2.30** Matilda and the Ramsay Bunch **3.15** Dumping Ground **4.10** Dengineers **4.40** My Life: Take a Breath **5.10** The Playlist **5.30** Gym Stars **5.55** Demon Headmaster **6.25** Malory Towers **6.55** Mustangs FC **7.20** Jamie Johnson **7.50** The Dumping Ground **8.30** The Next Step **8.55-9.00pm** Lifebabble

MONDAY

7.00am Arthur **7.15** Dennis & Gnasher **7.25** Little Big Awesome **7.40** Boy Girl Dog Cat Mouse Cheese **7.50** Odd Squad New **8.05** The Next Step **8.30** Marrying Mum and Dad **9.00** Do Try This at Home **9.15** Newsround **9.20** Absolute Genius Super Tech with Dick & Dom **9.50** Operation Ouch! **10.20** Almost Never **11.45** Nikki Lilly Meets **11.55** Matilda and the Ramsay Bunch **12.10pm** Newsround **12.15** Matilda and the Ramsay Bunch **2.05** 4 O'Clock Club **2.35** The Next Step **3.00** Danger Mouse **3.10** Diddy TV **3.25** Dennis & Gnasher **3.35** Little Big Awesome **3.50** Boy Girl Dog Cat Mouse Cheese **4.00** Newsround **4.05** Hey You What If? **4.15** Odd Squad **4.25** How to Be Epic @ Home **4.40** NEW The Pets Factor **5.00** The Demon Headmaster **5.30** Horrible Histories **6.00** The Deep **6.20** Operation Ouch! **6.50** Nine Minute Ninja **7.00** Deadly 60 **7.30** Horrible Histories **7.55** Millie Inbetween **8.25** Nikki Lilly Meets **8.35-9.00pm** The Demon Headmaster

TUESDAY As Monday except:

10.20am Wild & Weird **10.35am-12.10pm** Matilda and the Ramsay Bunch **2.05-2.35** Blue Peter **5.00** My Life **5.30-6.05** NEW Operation Ouch! Virus Alert **6.25-6.55** Deadly 60 **7.05** Horrible Histories **7.35** Operation Ouch! Virus Alert **8.05** The Next Step **8.30-9.00pm** My Life

WEDNESDAY As Monday except:

10.20am Wild & Weird **10.35am-12.10pm** Matilda and the Ramsay Bunch **2.10-2.35** Deadly 60 **3.35-3.40** Sketchy Comedy **4.25-4.40** All-Star Banter New **5.00** The Next Step New **5.25** My Perfect Landing **5.50** Gym Stars New **6.15-6.25** Little Big Awesome **6.55** Horrible Histories **7.25** Hank Zipzer **7.50** Art Ninja **8.10** Gym Stars **8.35-9.00pm** The Next Step

THURSDAY As Monday except:

9.20-9.50am Absolute Genius **10.20** Wild & Weird **10.35am-12.10pm** Matilda and the Ramsay Bunch **2.10-2.35** Deadly 60 **5.00** Jamie Johnson New **5.30-6.05** Blue Peter New **6.55** Nine Minute Ninja **7.05** Horrible Histories **7.30** Blue Peter **8.00** The Dumping Ground **8.30-9.00pm** Jamie Johnson

FRIDAY As Monday except:

9.20-9.50am Absolute Genius **10.20** Wild & Weird **10.35am-12.10pm** Matilda and the Ramsay Bunch **2.10-2.35** Deadly 60 **3.45-3.50** Sketchy Comedy **5.00** The Dumping Ground **5.30** Nikki Lilly Bakes New **5.40-6.05** She-Ra **6.55** Lifebabble **7.00** Horrible Histories **7.30** She-Ra **7.50** Nikki Lilly Bakes **8.00** So Awkward **8.30-9.00pm** The Dumping Ground

CBEEBIES

614 614 647 | 702 | 202 205 | 608 601

Story Time with Mr Tumble

SATURDAY

6.00am Show Me Show Me **6.25** Baby Jake **6.35** Teletubbies **6.50** Raa Raa **7.00** Postman Pat **7.15** Bing **7.35** Hey Duggee **7.50** Go Jetters **8.00** Peter Rabbit **8.15** Octonauts **8.25** It's Timmy Time **8.30** Tee and Mo **8.35** Furchester Hotel **8.50** Biggleton **9.00** Something Special **9.20** Nick Cope's Popcast New **9.25** The Baby Club at Home New **9.35** Thumbelina **10.20** YolanDa's Band Jam **10.35** Justin's House **11.00** Baby Animals **11.10** Catie's Amazing Machines **11.25** Waffle the Wonder Dog **11.35** Molly and Mack **11.50** Topsy and Tim **12.00noon** My World Kitchen **12.15pm** Apple Tree House **12.30** Melody **12.35** Patchwork Pals **12.40** Down on the Farm **1.00** Where in the World? **1.15** Our Family **1.25** What's the Big Idea? **1.30** Get Well Soon **1.45** Footy Pups **2.00** Something Special **2.20** Aquatic Adventures **2.35** Maddie's Do You Know? **2.50** Amazing Machines **3.05** Go Jetters **3.15** JoJo & Gran Gran **3.30** Waffle the Wonder Dog **3.40** Vet Tales **3.55** Let's Go for a Walk **4.10** The Baby Club **4.25** Magic Hands **4.35** Treasure Champs **4.50** Tinga Tinga Tales **5.00** Safari Adventures **5.15** Molly and Mack **5.30** Katie Morag **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05** Tee and Mo **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

SUNDAY As Saturday except:

9.20-9.25am Story Time with Mr Tumble New **9.35** Numberblocks **9.40** Octonauts Specials **10.05-10.15** Go Jetters **10.55-11.10am** Andy's Prehistoric Adventures

MONDAY-THURSDAY

6.00am Something Special **6.20** Twirlywoos **6.35** Teletubbies **6.50** It's Timmy Time **6.55** Numberblocks **7.00** Bing **7.15** Hey Duggee **7.30** Go Jetters **7.40** Peter Rabbit **7.55** Bitz & Bob **8.05** Octonauts **8.20** Love Monster **8.25** Oti's Boogie Beebies **8.35** Justin's House **9.00** Raa Raa the Noisy Lion **9.10** Kiri & Lou **9.15** Dog Loves Books **9.25** Bing **9.30** Twirlywoos **9.45** Something Special: We're All Friends **10.05** Teletubbies **10.20** The Baby Club **10.35** Hey Duggee **10.40** School of Roars **10.45** Let's Play **11.05** Let's Go for a Walk New **11.20** Pablo **11.35** Patchwork Pals **11.40** Our Family **11.50** Tinga Tales **12.00noon** My World Kitchen **12.15pm** Waffle the Wonder Dog **12.25** Timmy Time **12.30** Molly and Mack **12.45** Sarah & Duck **1.00** Tee and Mo **1.05** Alphablocks **1.10** Yakka Dee! **1.15** Numberblocks **1.20** Bing **1.30** Twirlywoos **1.45** Something Special **2.05** Teletubbies **2.20** Mister Maker at Home **2.30** Ferne and Rory's Vet Tales **2.45** What's the Big Idea? **2.50** Our Family **3.00** Grace's Amazing Machines **3.15** Swashbuckle **3.40** Hey Duggee **3.45** Peter Rabbit **4.00** Love Monster **4.05** Andy's Prehistoric Adventures **4.20** Maddie's Do You Know? **4.35** Bitz & Bob **4.50** Go Jetters **5.00** YolanDa's Band Jam **5.15** Waffle the Wonder Dog **5.40** Sarah & Duck **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

FRIDAY As Monday except:

1.30-1.45pm Messy Goes to OKIDO **2.00-2.20** Teletubbies **5.00** Blue Peter: Six Badges of Summer – Purple Fan Club Week! **5.30** JoJo & Gran Gran **5.40-5.45pm** Woolly & Tig

CITV

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SATURDAY

6.00am Dino Dana **6.10** Super 4 **6.35** Robozuna **7.00** Mission Employable **7.05** Mr Magoo **7.30** Mighty Mike **7.40** Buck & Buddy **7.45** Mr Bean **8.00** NinjaGo **8.15** Ben 10 **8.30** Drop Dead Weird New **9.25** Mr Bean **10.25** Buck & Buddy **10.30** Mighty Mike **11.00** Captain Underpants **11.25** Marvel Super Heroes **11.55** Spider-Man **12.20pm** Scooby-Doo! **12.45** Scrambled! **12.50** Powerpuff Girls **1.45** Robozuna **2.10** Thunderbirds **2.35** Dave Spud **3.15** Mr Bean **4.10** Mr Magoo **4.45** Mighty Mike **5.15** Hotel Transylvania **6.00** Gormiti **6.25** NinjaGo **6.50** Buck & Buddy **6.55** Captain Underpants **7.20** Bagel and Becky **8.00** Drop Dead Weird **8.25** Survival School **8.55-9.00pm** Mission Employable

SUNDAY As Saturday except:

8.30-9.25am Dave Spud: Cartoon fun. **11.55** Scooby-Doo! **12.20-12.45pm** Scooby-Doo: Best of Velma **6.25-6.50pm** NinjaGo

MONDAY

6.00am Dino Dana **6.25** Bagel and Becky **6.50** Ben 10 **7.20** Craig of the Creek **7.45** Buck & Buddy **7.50** Mr Magoo **8.25** Scrambled! **8.30** Scooby-Doo! **9.25** Mr Bean **10.30** Mighty Mike **11.00** Hotel Transylvania **11.40** Dare Master **11.45** Marvel Super Heroes **12.10pm** Thunderbirds Are Go **12.35** Nicky, Ricky, Dicky & Dawn **1.00** Scrambled! **1.05** Hunter Street **1.30** NinjaGo **1.55** Dave Spud **2.30** Mr Magoo **3.00** Mr Bean **4.10** Scooby-Doo! **5.00** Nicky, Ricky, Dicky & Dawn **5.30** Scrambled! **5.35** Hunter Street **6.05** Ben 10 **6.35** Detention Adventure **7.05** Marvel Super Heroes **7.30** Buck & Buddy **7.35** Dave Spud **8.00** Spy School **8.30** Haunted Hathaways **8.55-9.00pm** Dare Master

TUESDAY As Monday except:

8.55-9.25am Scooby-Doo **11.45am-12.10pm** Marvel Super Heroes **4.35-5.00** Scooby-Doo **7.05-7.30pm** Marvel Super Heroes

WEDNESDAY As Monday except:

8.30am Scooby-Doo **8.50** BFI See Yourself On Screen Winner New **8.55-9.25** Scooby-Doo! **12.30-12.35pm** BFI See Yourself... **4.05-4.10** BFI See Yourself... **4.35-5.00** Scooby-Doo! **8.25-8.30pm** BFI See Yourself...

THURSDAY As Monday except:

8.30am Scooby-Doo **8.50** BFI See Yourself On Screen Winner New **8.55-9.25** Scooby-Doo! **11.45am-12.10pm** LEGO Jurassic World **12.30-12.35** BFI See Yourself... **4.05-4.10** BFI See Yourself... **4.35-5.00** Scooby-Doo! **7.05-7.30** Jurassic World **8.25-8.30pm** BFI See Yourself...

FRIDAY As Monday except:

8.50am BFI See Yourself On Screen Winner New **8.55-9.25** Scooby-Doo! **11.45am-12.10pm** Jurassic World **12.30-12.35** BFI See Yourself... **4.05-4.10** BFI See Yourself... **7.05-7.30** Jurassic World **8.25-8.30pm** BFI See Yourself...

NICK JR

615 648 | 715 | 484

SATURDAY & SUNDAY

6.00am Paw Patrol **6.30** Ben and Holly's Little Kingdom **7.00** Peppa Pig **7.30** The Adventures of Paddington **8.00** Paw Patrol: Animated adventure following a squad of six heroic puppies and their tech-savvy 10-year-old leader as they protect the community of Adventure Bay. **9.00** Ryan's Mystery Playdate **9.30** Blaze and the Monster Machines **10.00** Blue's Clues & You **10.30** Paw Patrol **11.30** The Adventures of Paddington **12.00noon** Ben and Holly's Little Kingdom **12.30pm** Peppa Pig **3.30** Butterbean's Cafe **4.00** Peppa Pig **4.30** The Adventures of Paddington **5.00** Paw Patrol **6.30** Peppa Pig **7.30** The Adventures of Paddington **8.30** Paw Patrol **9.00** Peppa Pig **12.00m't** Nella the Princess Knight **1.00am** Bubble Guppies **1.30** Team Umizoomi: Milli, Geo and Bot entertain and educate younger viewers. **2.00** Dora the Explorer: Adventurous escapades with the diminutive heroine. **2.30** Paw Patrol **4.00** Blaze and the Monster Machines **5.00-6.00am** Paw Patrol

MONDAY-FRIDAY

6.00am Paw Patrol **6.30** Ben and Holly's Little Kingdom **7.00** Peppa Pig **7.30** The Adventures of Paddington New episode **8.00** Paw Patrol **8.30** Blue's Clues & You **9.00** Ryan's Mystery Playdate **9.15** Abby Hatcher **9.30** Blaze and the Monster Machines: A monster truck and his human driver go on adventures together while learning about science, technology, engineering and math. **10.00** Ricky Zoom **10.30** Paw Patrol **11.30** Butterbean's Cafe **12.00noon** Ben and Holly's Little Kingdom **12.30pm** Paw Patrol **3.30** Ricky Zoom **4.00** Calvin & Kaison's Play Power **4.15** Peppa Pig **4.30** The Adventures of Paddington **5.00** Paw Patrol **5.30** Blue's Clues & You **6.00** Blaze and the Monster Machines **6.30** Abby Hatcher **6.45** Paw Patrol **7.00** Calvin & Kaison's Play Power **7.15** Peppa Pig **7.30** The Adventures of Paddington **8.00** Paw Patrol **12.00m't** Nella the Princess Knight **1.00am** Bubble Guppies **1.30** Team Umizoomi: Milli, Geo and Bot entertain and educate younger viewers. **2.00** Dora the Explorer: Adventurous escapades with the diminutive heroine. **2.30** Paw Patrol **4.00** Blue's Clues & You **5.00-6.00am** Paw Patrol

+1 hour 628

Highlights

NEW

Elmo's World

Mon, Tiny Pop HD, 7am (Freeview 207; Sky 617; Virgin 737; Freesat 605)

Series two of learning adventures for toddlers with Elmo and his phone pal Smartie starts on the theme of wheels.

NEW

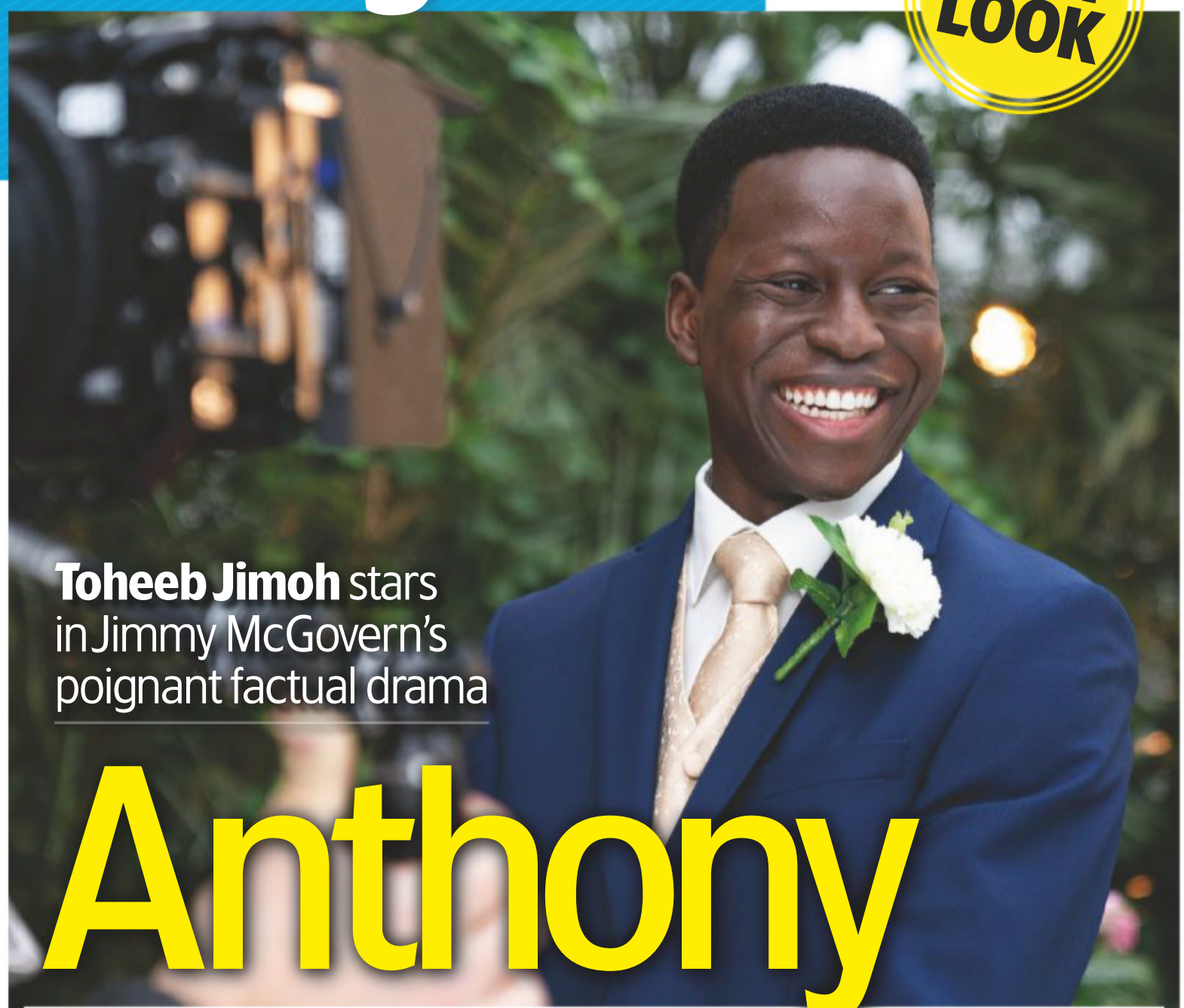
Operation Ouch! Virus Alert

Tue, CBBC HD, 5.30pm

Dr Xand, Dr Chris and Dr Ronx return for series nine, starting with a health special looking at the science behind COVID-19. *Previously on BBC iPlayer.*

Coming soon

FIRST LOOK



Toheeb Jimoh stars in Jimmy McGovern's poignant factual drama

Anthony

This first-look shot is from BBC1's timely and thought-provoking new real-life drama *Anthony*. The one-off film, penned by award-winning writer Jimmy McGovern, centres on 18-year-old Anthony Walker (*The Feed*'s Toheeb Jimoh), who was killed in a racist attack in Merseyside in 2005.

Before his murder, Anthony was doing a college course and hoped to study law at university. He was also keen to visit America, and the drama imagines the life he would have led.

'Anthony's story is a painfully tragic one, but it's also full of hope, joy, promise and love,' says Jimoh. 'I hope this film will serve as a tribute to Anthony and I feel truly honoured to have been asked to play him.'

UNFULFILLED DREAMS

The drama, which also stars Julia Brown, Siobhan McSweeney and Josh Bolt, is inspired by conversations with Anthony's mother Gee, who is played by Rakie Ayola. 'I went to Jimmy because I couldn't think of anyone who would be better suited [to writing the drama] who could draw attention to the hard messages of a life not lived, Anthony's unfulfilled dreams, and the lives he would have impacted upon,' says Gee.

'I'd known Gee for years. Every time I needed to write about loss or grief, I'd gone to her and she'd always been generous with her time and wisdom,' adds McGovern. 'One day she asked me if I would write about her beloved Anthony, and I felt a God-given duty to do it.'

WHAT'S NEXT FOR...

Angelina Jolie

In Disney+'s family film **The One and Only Ivan**, airing from 21 August, the actor voices an elephant who lives with the titular gorilla (Sam Rockwell) in a shopping mall. Bryan Cranston and Dame Helen Mirren co-star.

Ben Whishaw

The actor will play real-life former gynaecologist and obstetrician Adam Kay in BBC2's adaptation of Kay's memoir **This Is Going to Hurt**, which gives a funny, frank and touching view of his time working in the NHS.

Sandra Oh

Netflix's animation **Over the Moon** will see the *Killing Eve* star provide the voice of the stepmother of a young Chinese girl (Cathy Ang), who wants to travel to the moon to see if a legendary goddess really does exist.

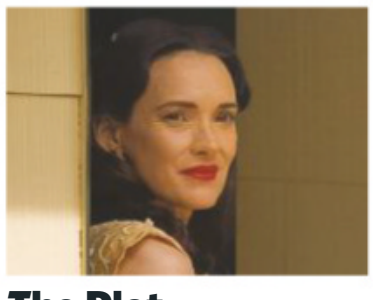
Coming Back

Emma Willis will host a third series of C4's **The Circle**, in which contestants interact via social media. A celeb version for Stand Up to Cancer is also due. 'I can't wait,' says Willis.

Next week *On sale Tuesday 7 July*

Miracle Workers: Dark Ages

Daniel Radcliffe returns for series two of the Sky Comedy show.

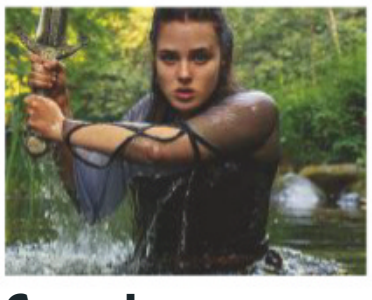


The Plot Against America

Sky Atlantic drama set in 1940s USA, starring Winona Ryder.

The Voice Kids

Paloma Faith joins the panel as more gifted young singers try to impress in the ITV talent show.



Cursed

Nimue (Katherine Langford) takes centre stage in Netflix's spin on the Arthurian legends.

WORDS: CAREN CLARK. PHOTOS: BBC, C4, GETTY, NETFLIX, PA IMAGES, SKY

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161 Marsh Wall
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